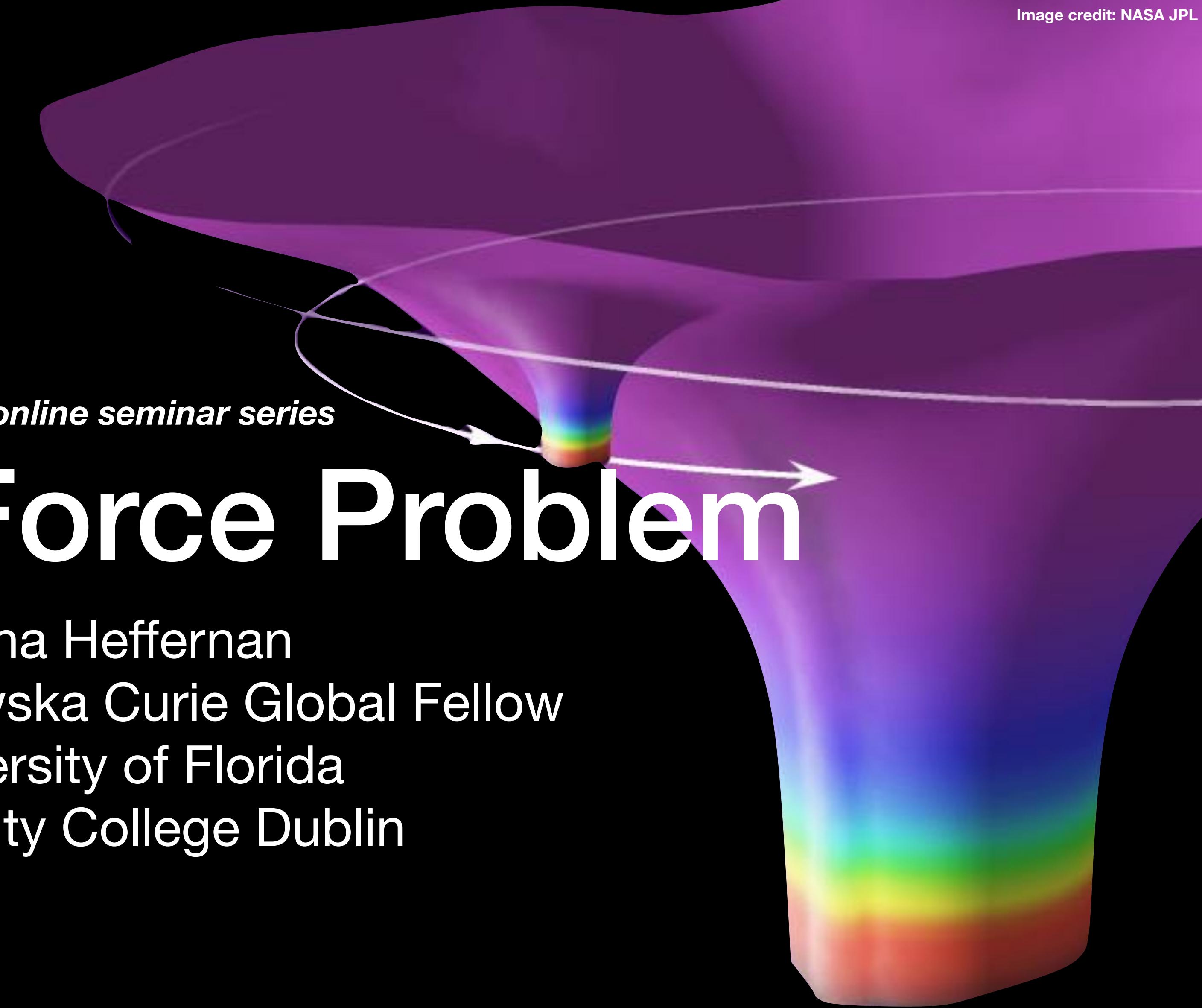




Image credit: NASA JPL



*Virtual Institute of Astroparticle Physics online seminar series*

# The Self-Force Problem

Anna Heffernan  
Marie Skłodowska Curie Global Fellow  
University of Florida  
University College Dublin

**UF** | UNIVERSITY *of*  
**FLORIDA**



# Outline

Image credit: NASA JPL



Image credit: NASA JPL

# Outline

- The two body problem

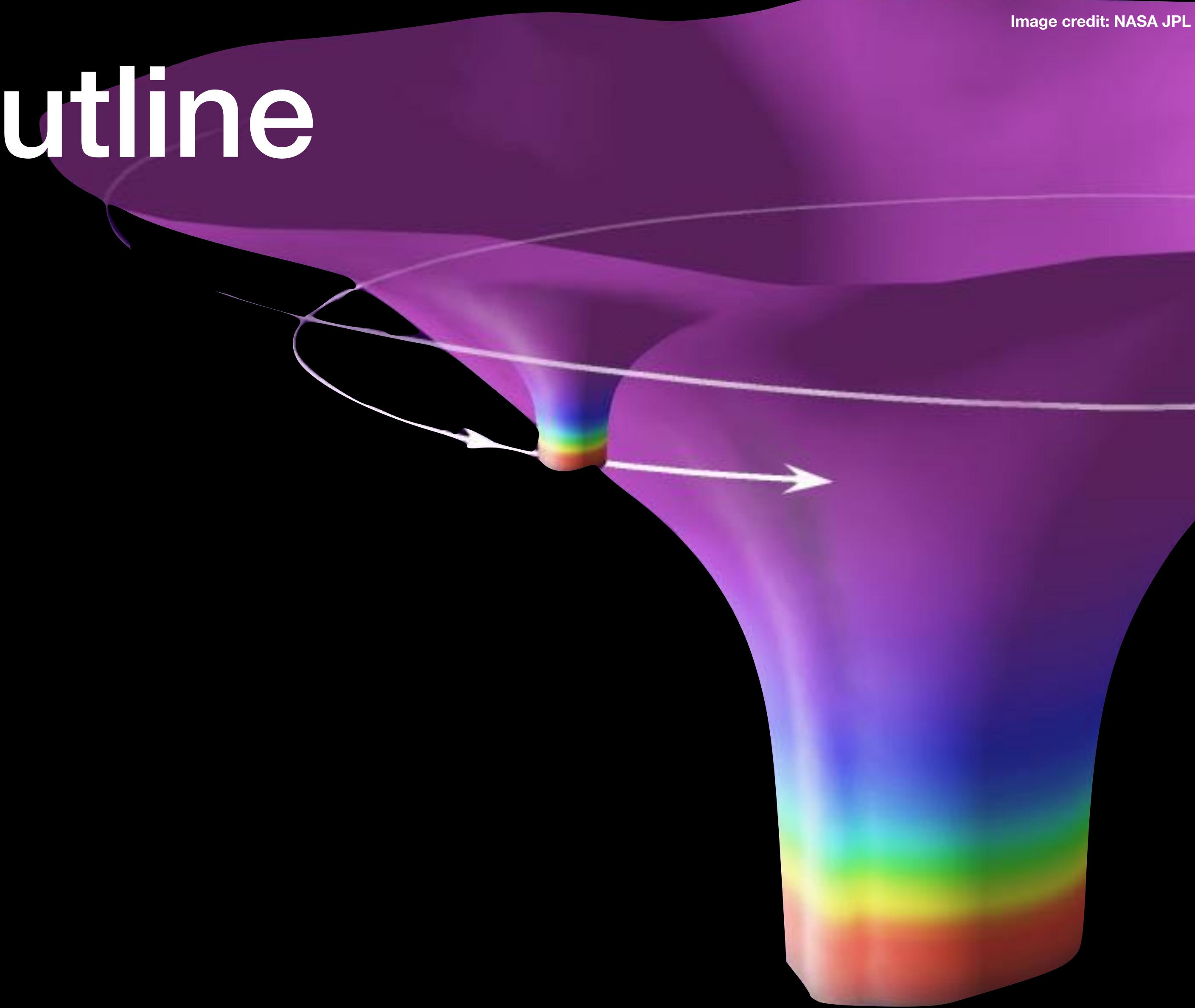




Image credit: NASA JPL

# Outline

- The two body problem
- What is the self-force?

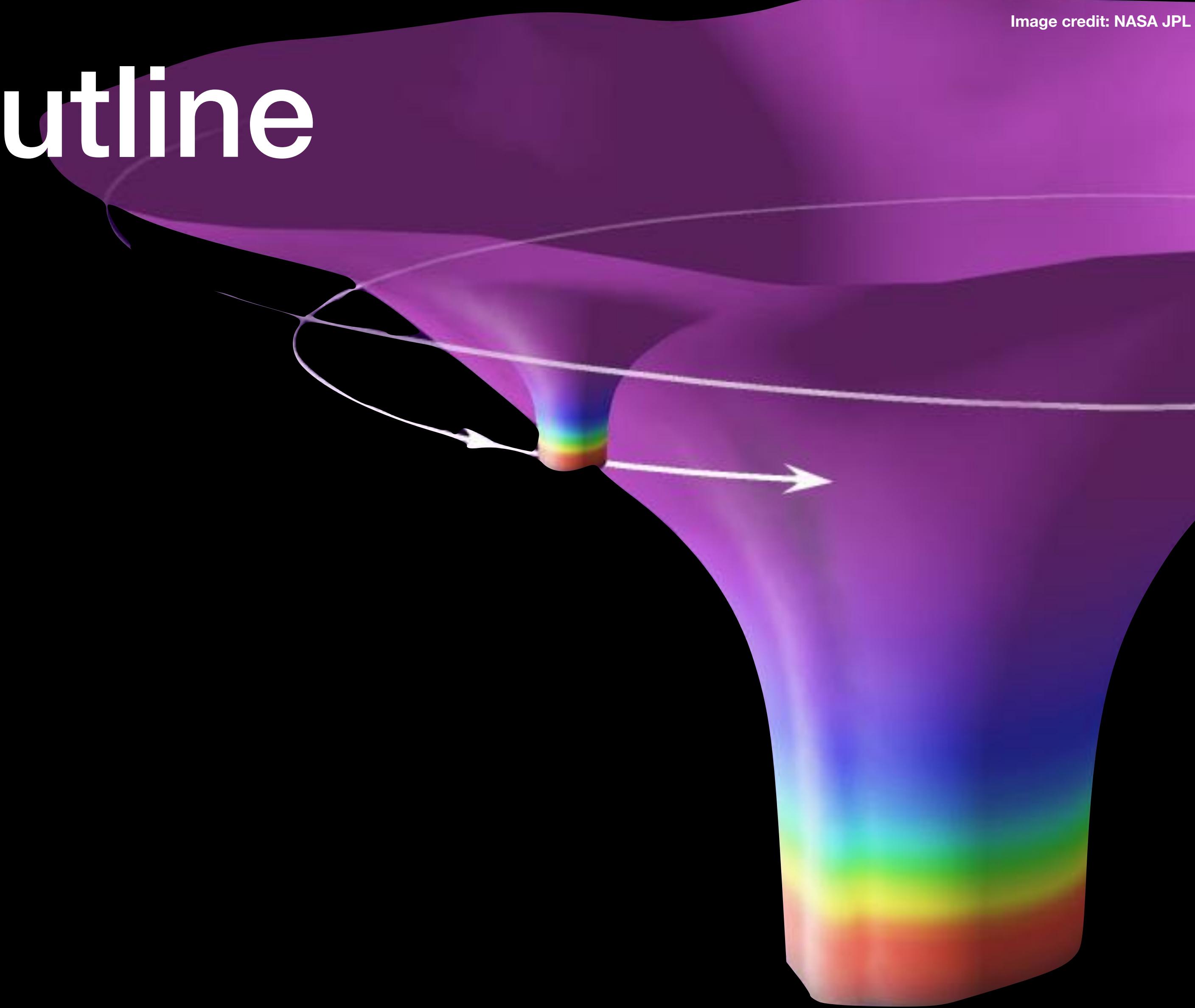
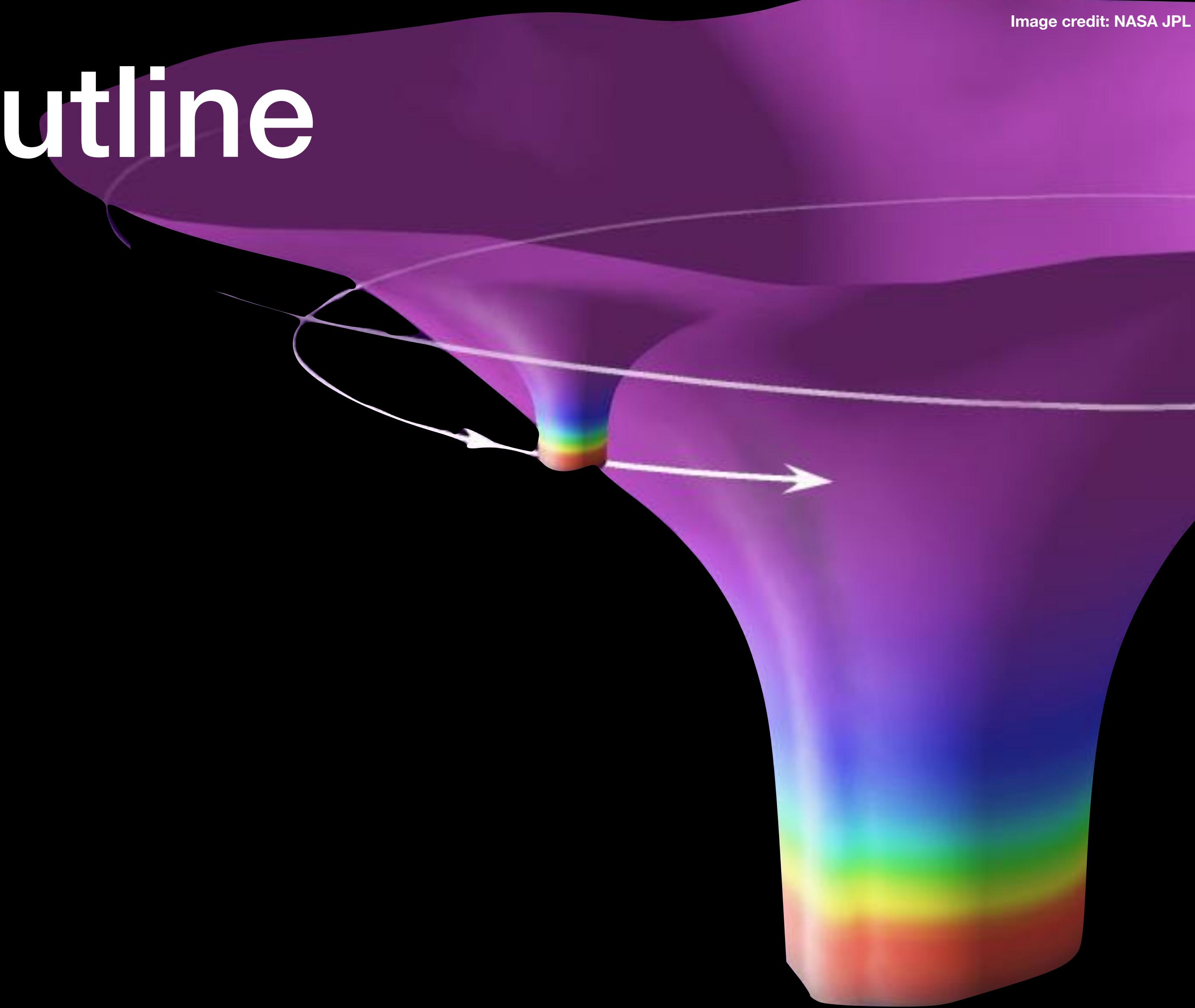




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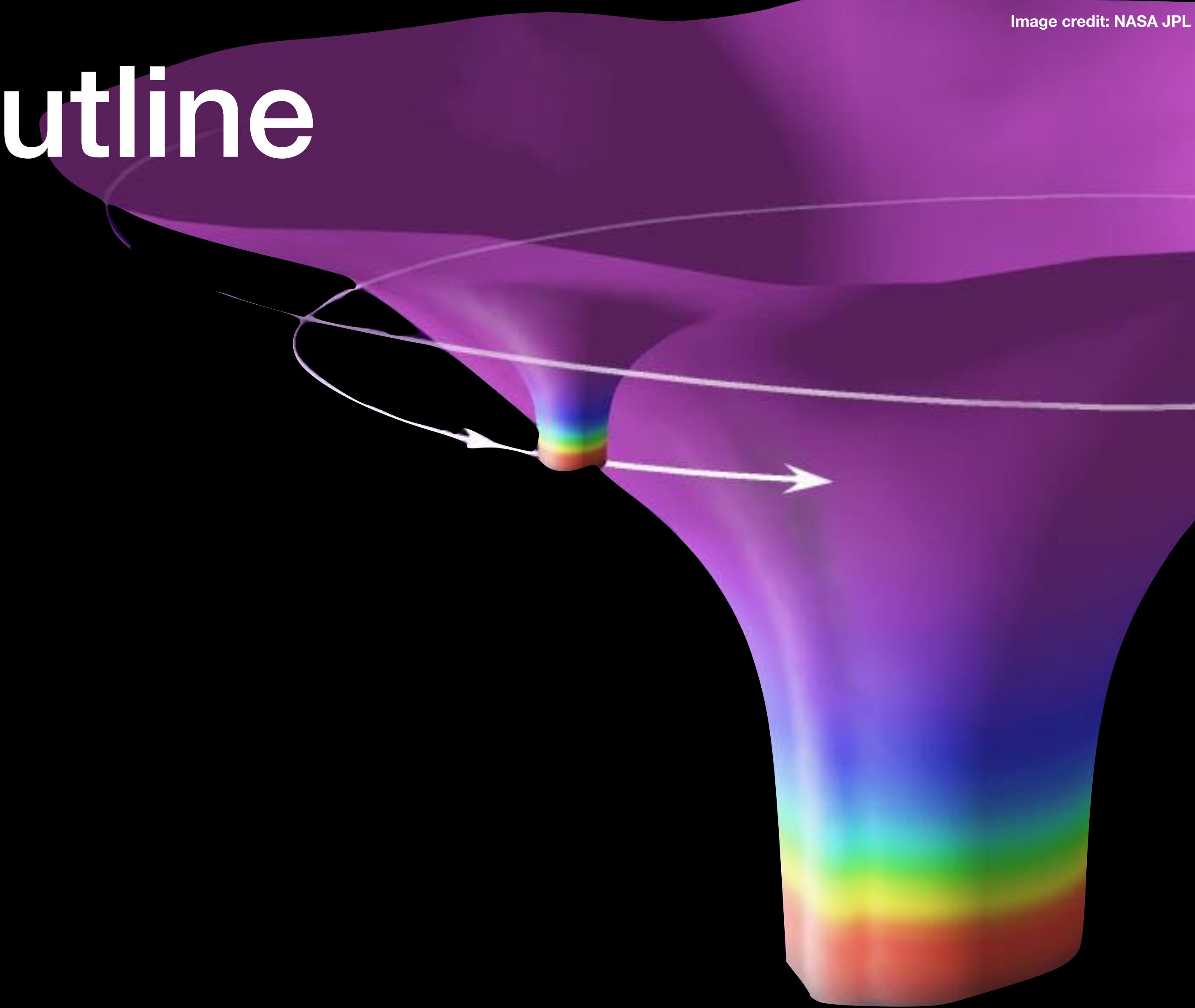
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- The two body problem
- What is the self-force?
- Why should you care?



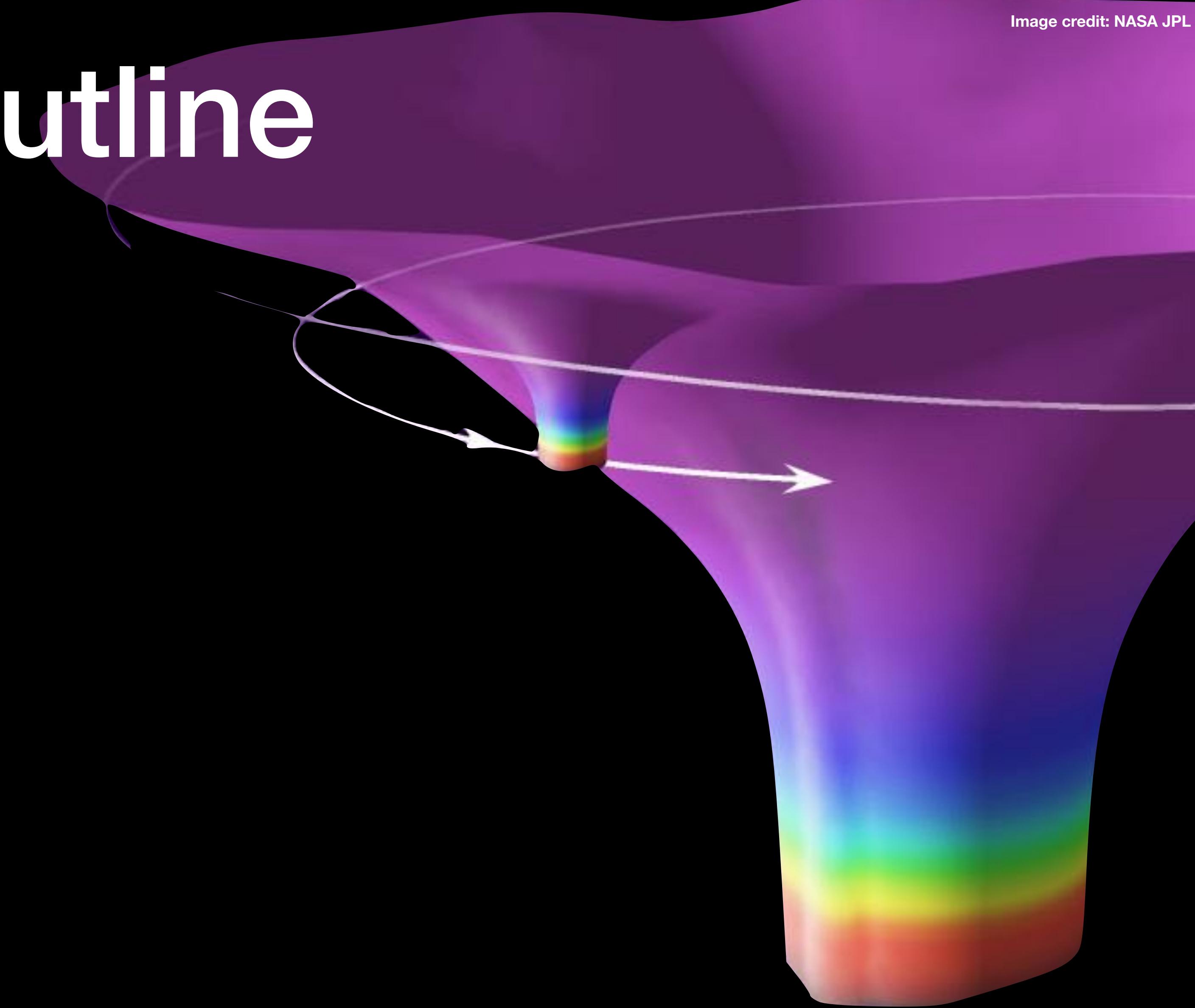
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- The two body problem
- What is the self-force?
- Why should you care?
- Regularisation



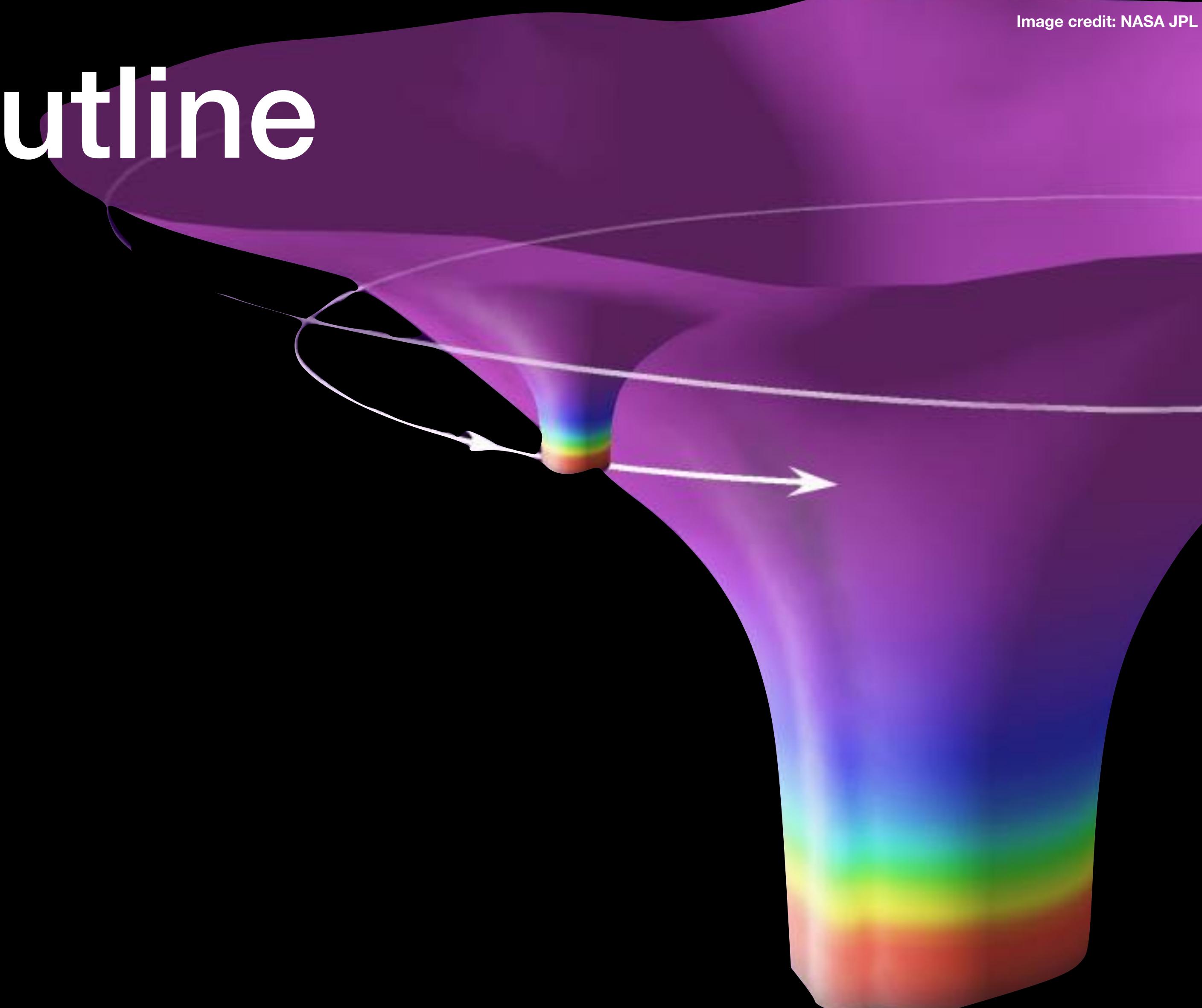
# Outline

- The two body problem
- What is the self-force?
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# Outline

- The two body problem
- What is the self-force?
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- Methods
- Key areas of interest



# Outline

- The two body problem
- What is the self-force?
- Why should you care?
- Regularisation
- Methods
- Key areas of interest
- Ongoing research

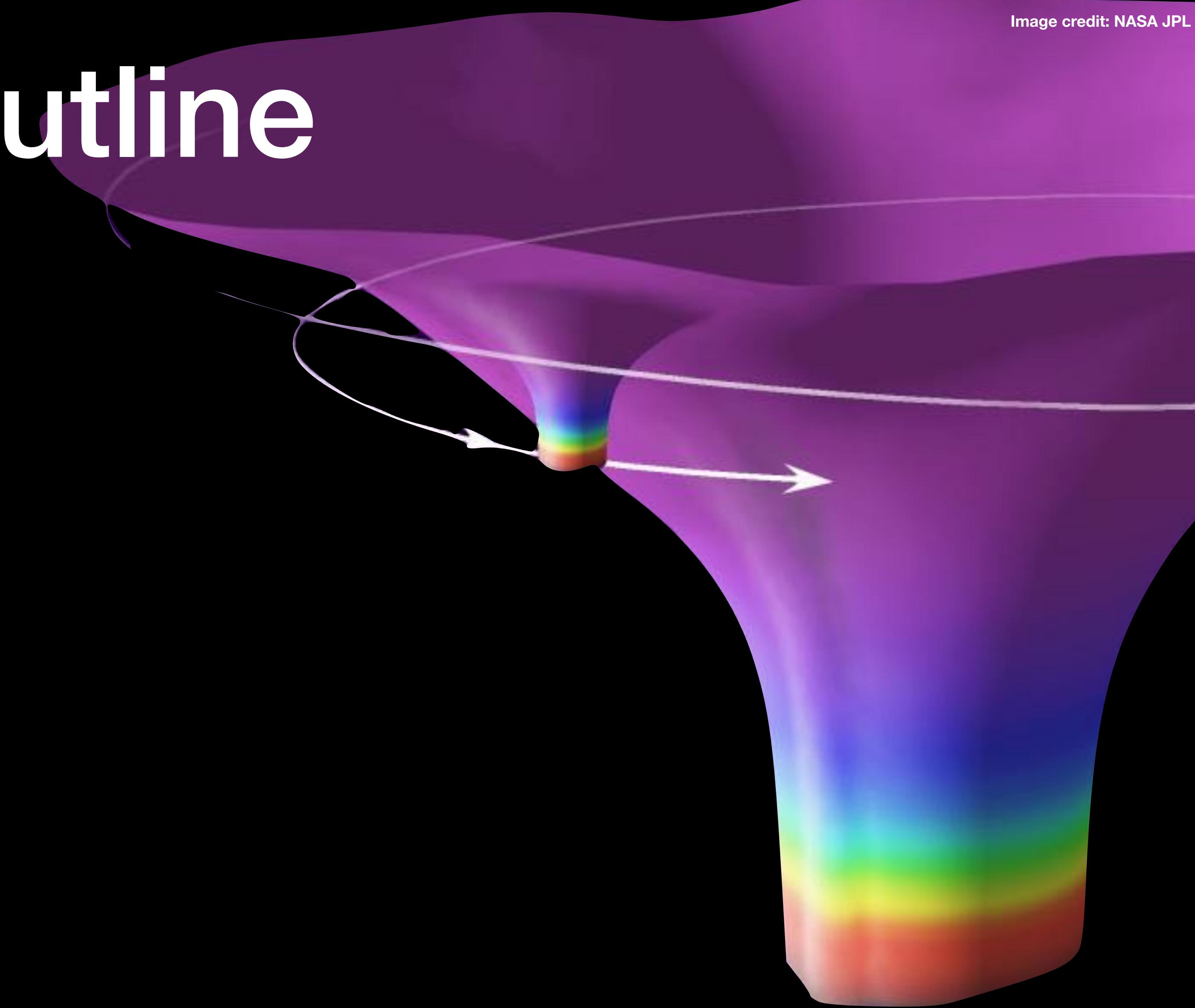




Image credit: NASA JPL

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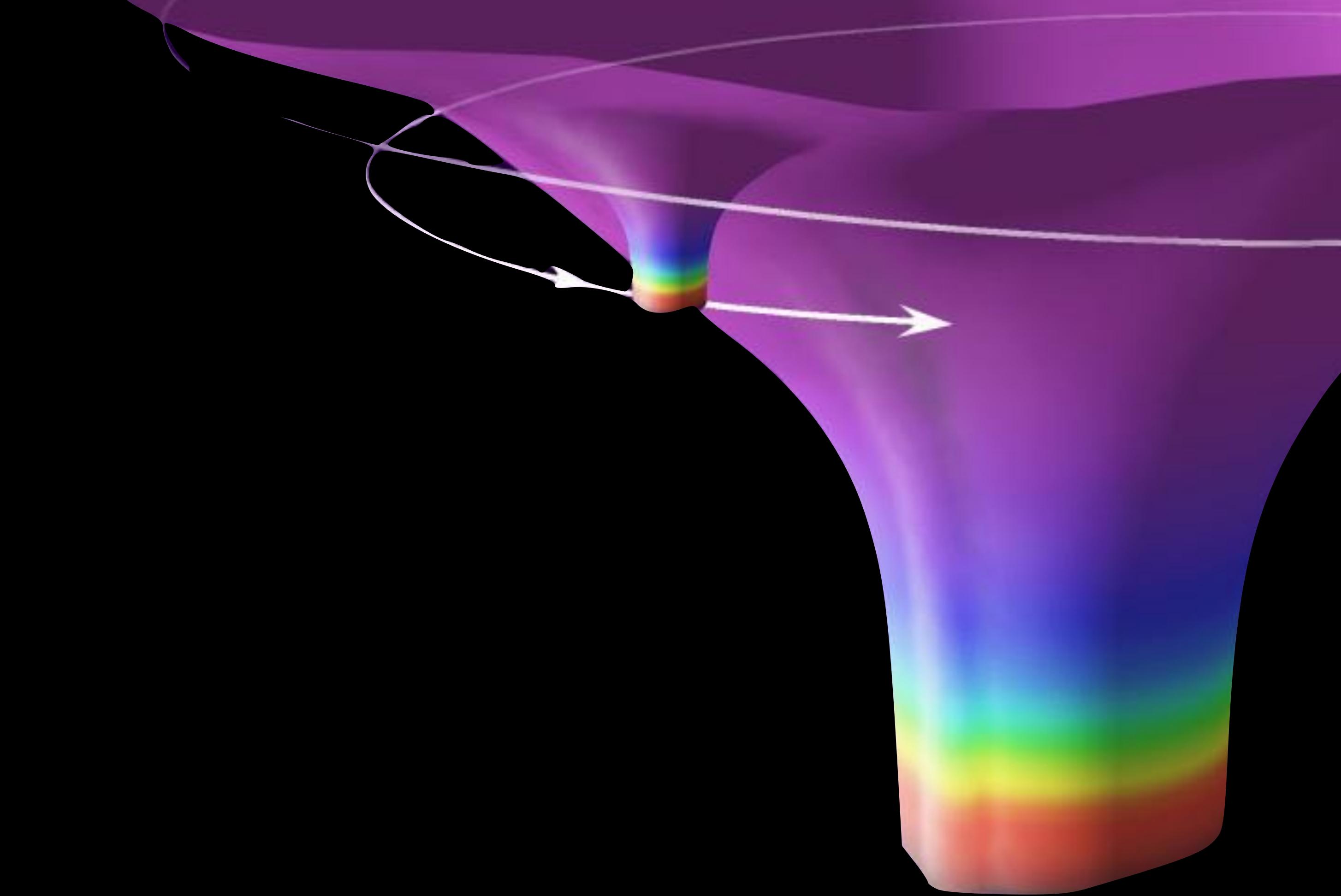




Image credit: NASA JPL

# The two body problem

- Newton's flat space

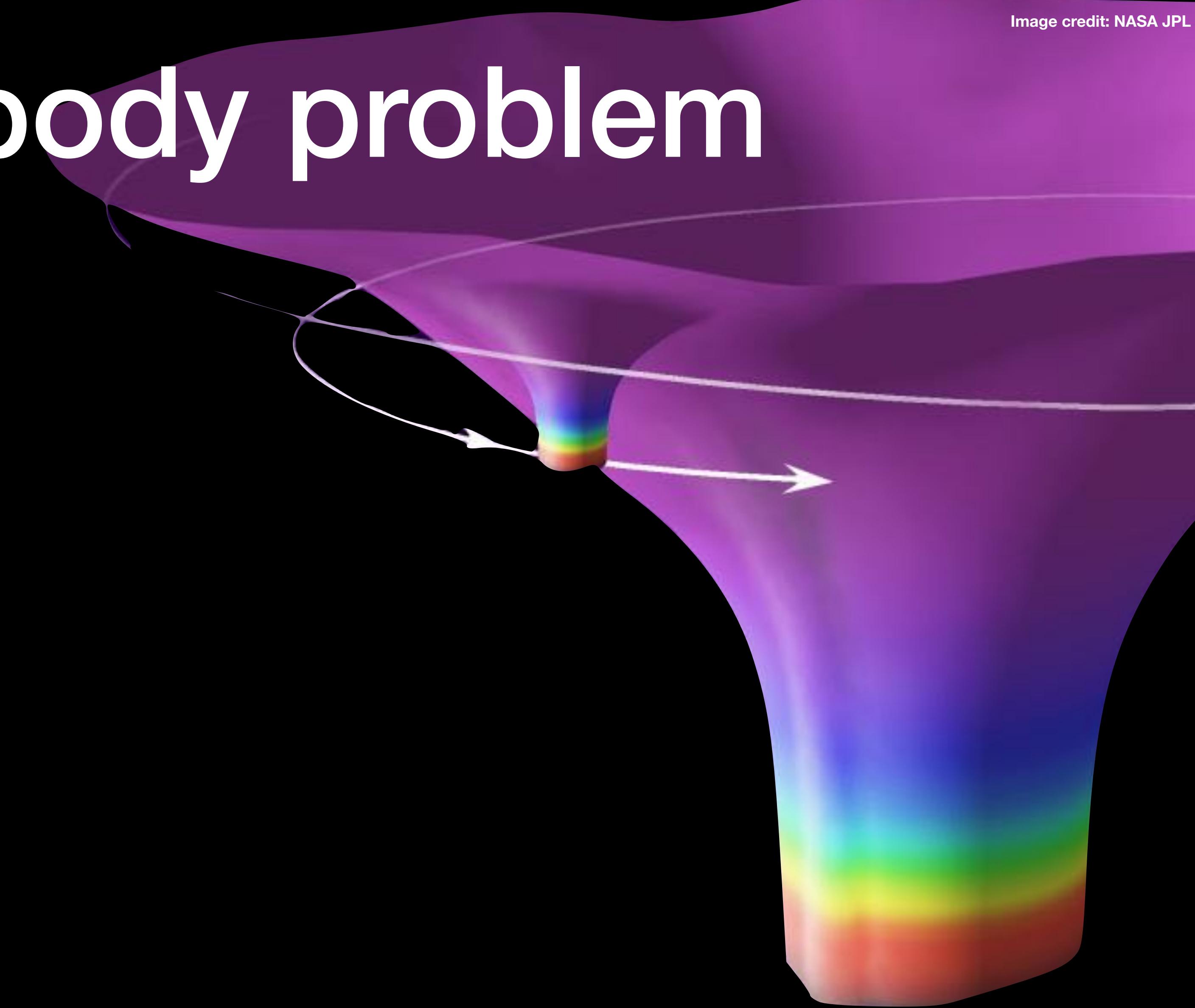
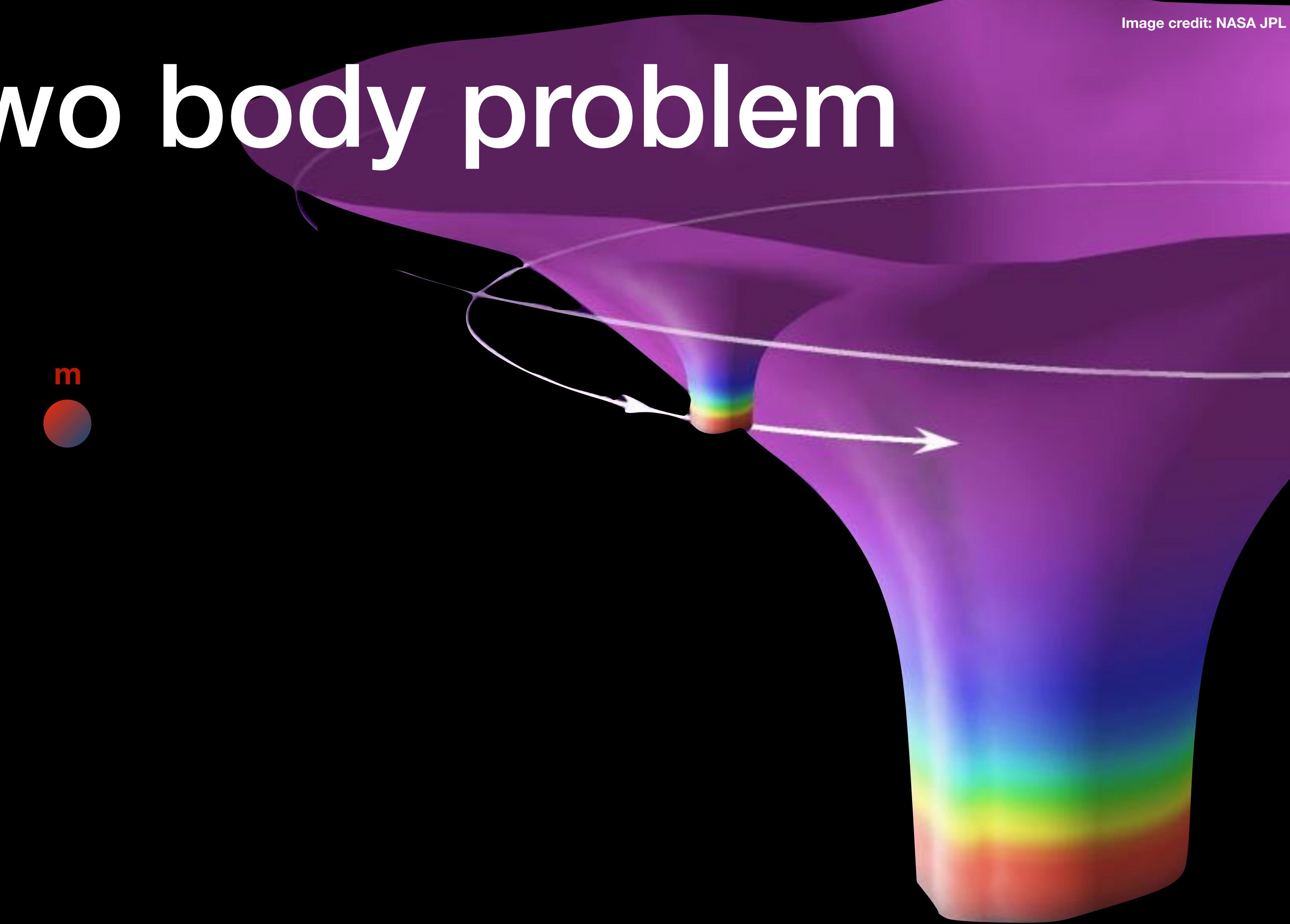
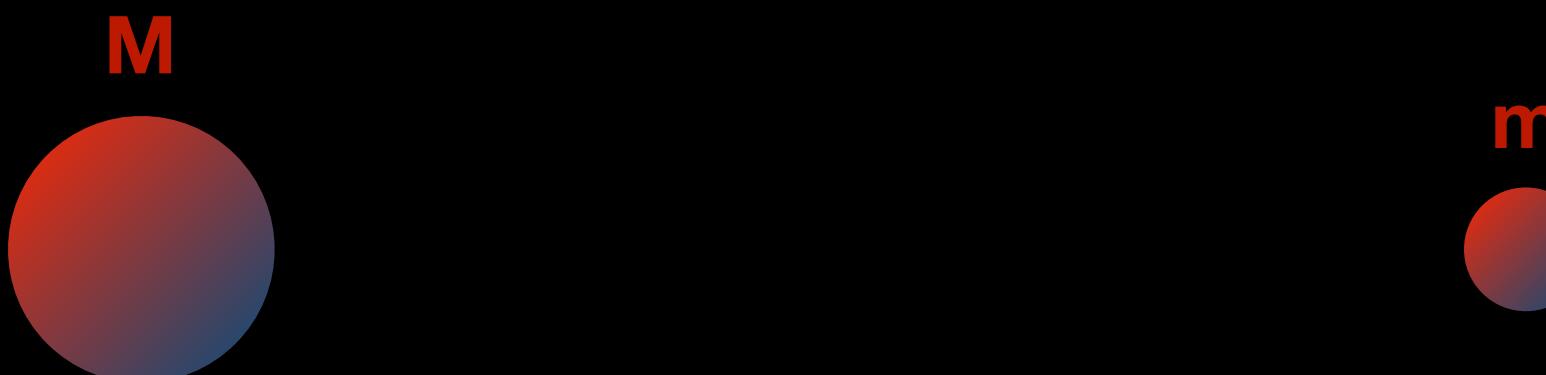




Image credit: NASA JPL

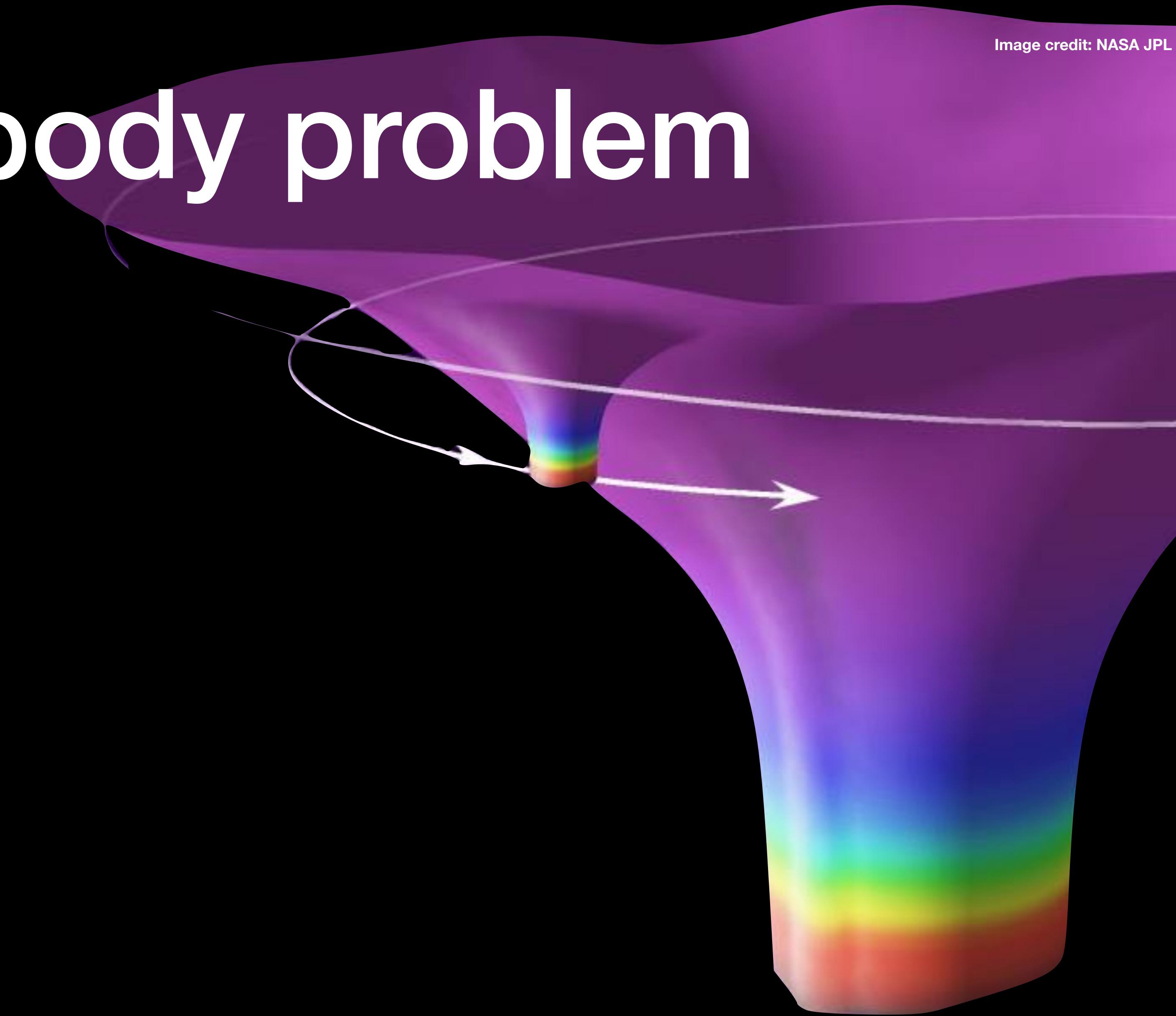
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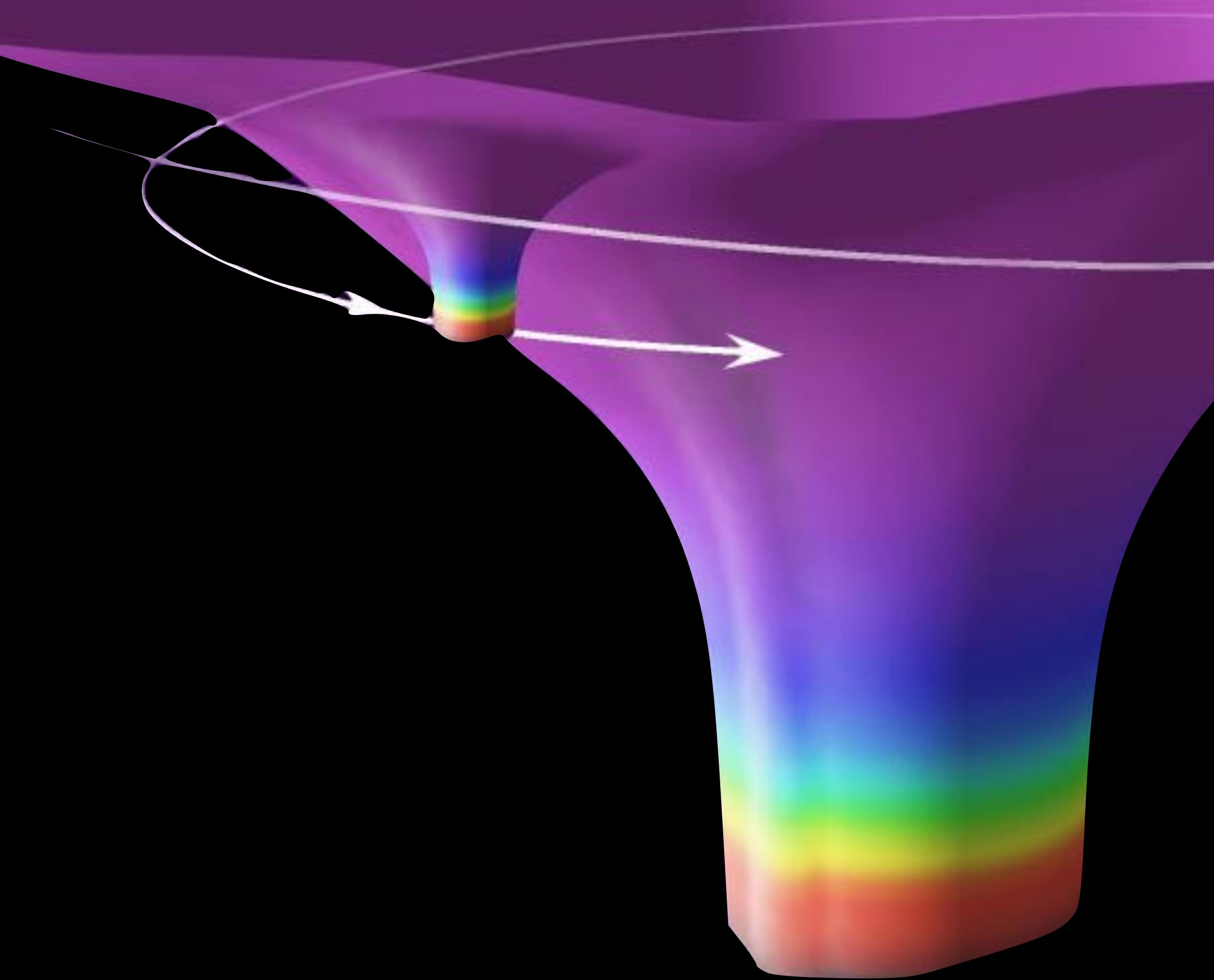
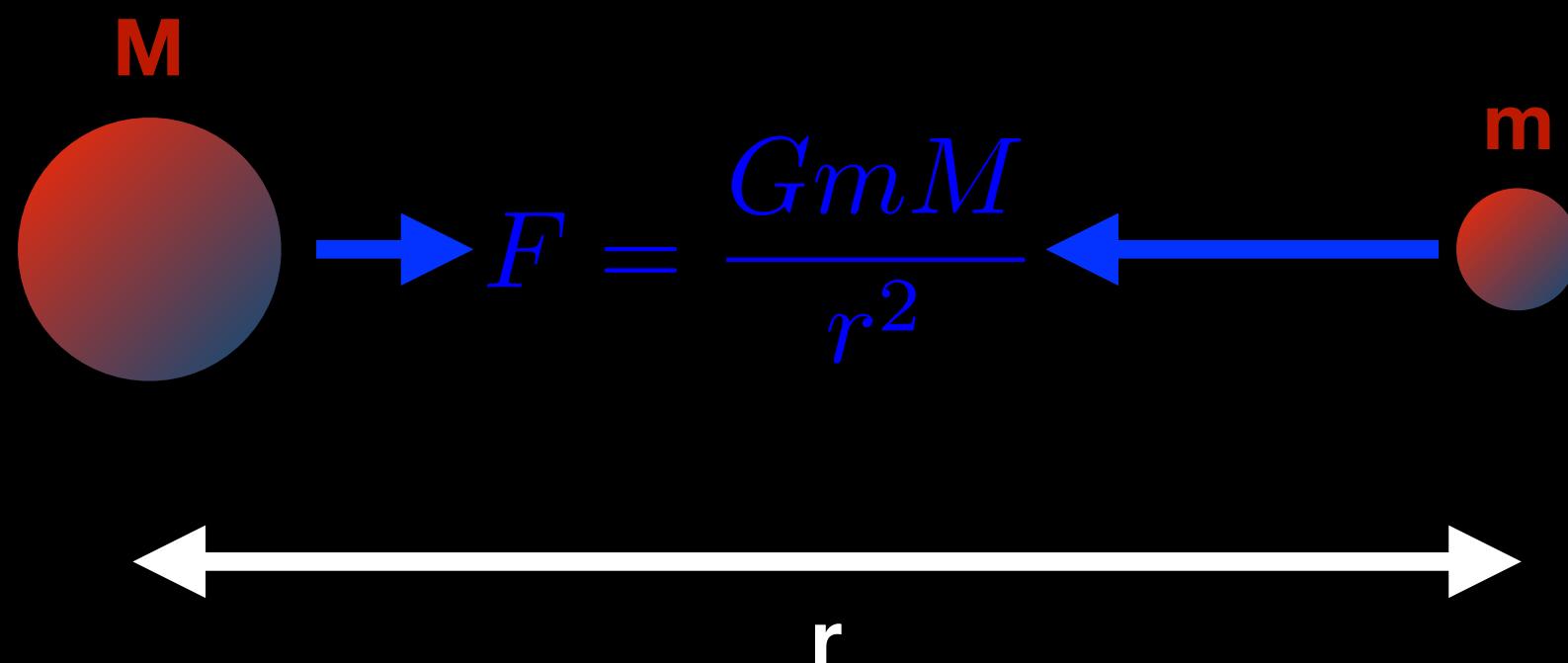
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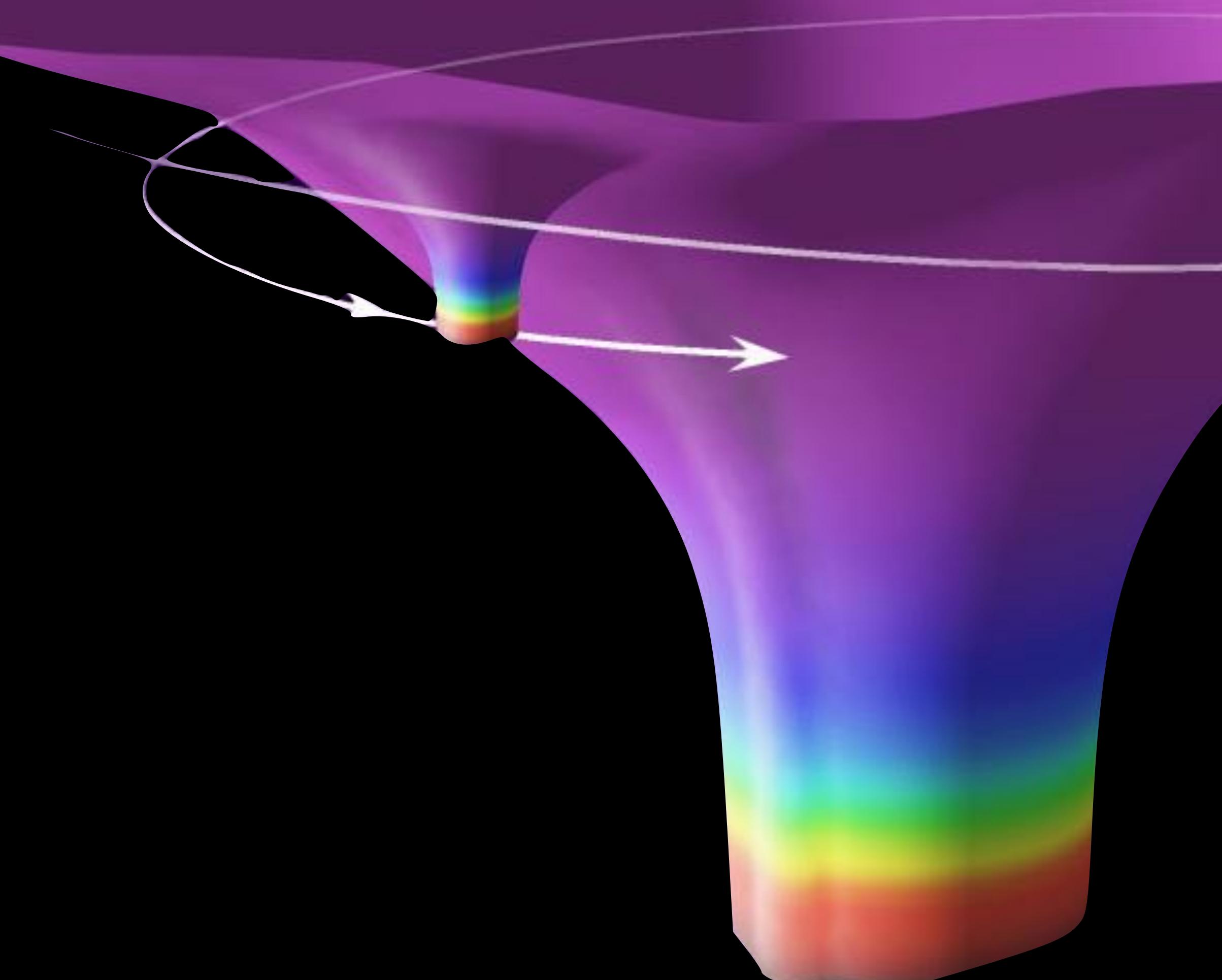
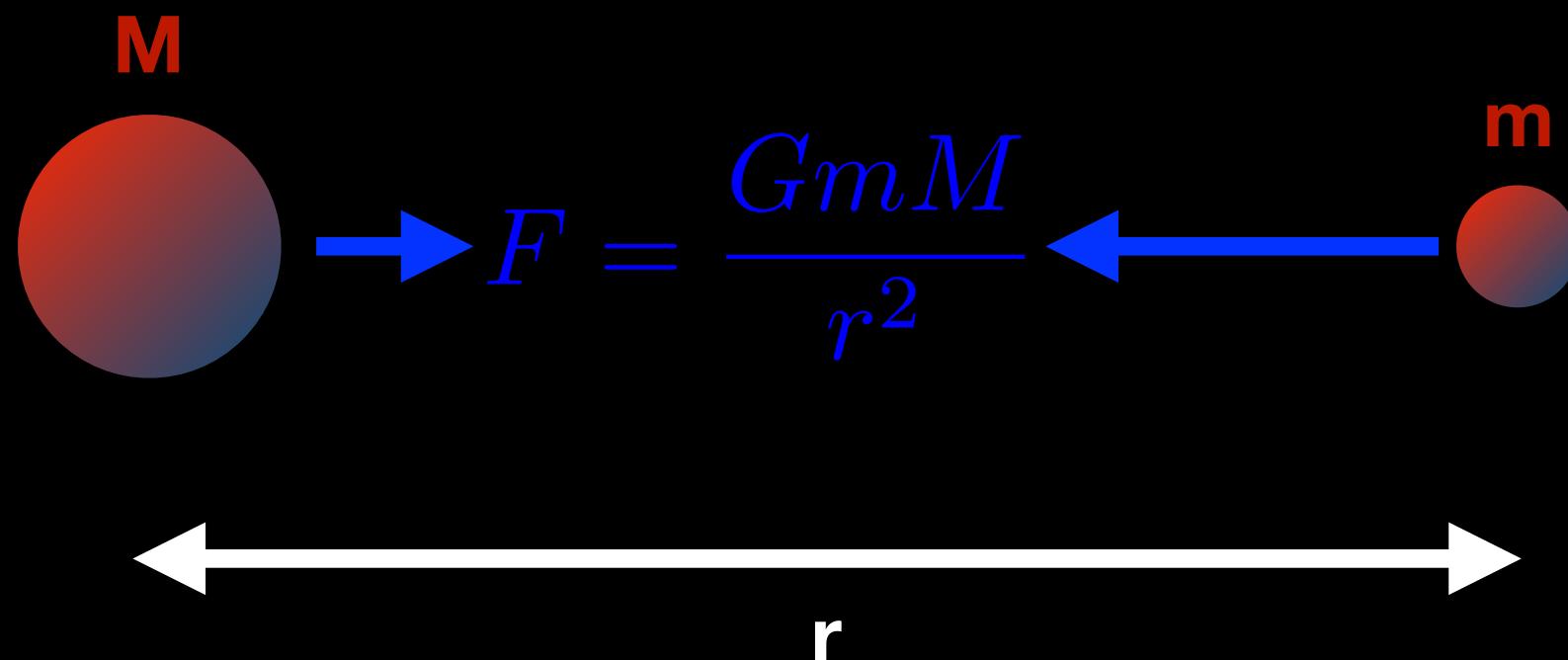
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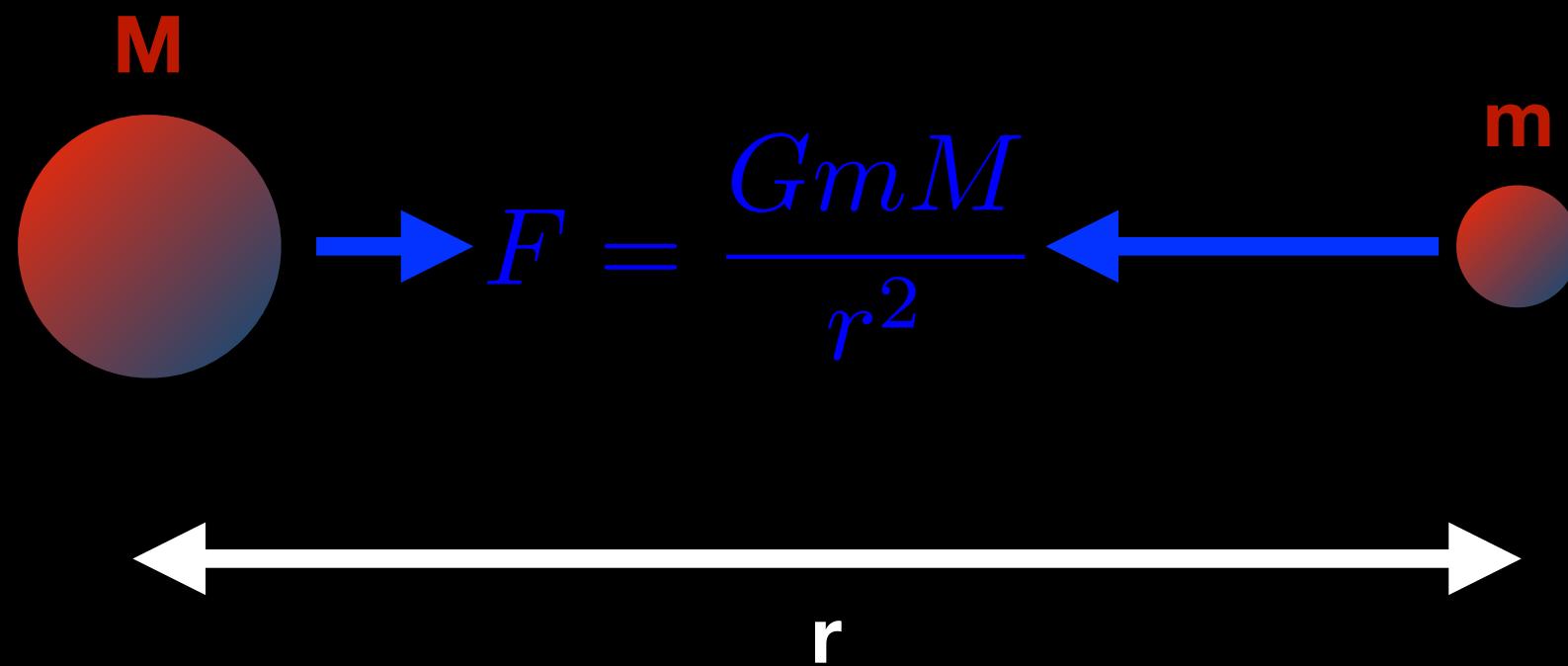


$$E = \int F dr,$$

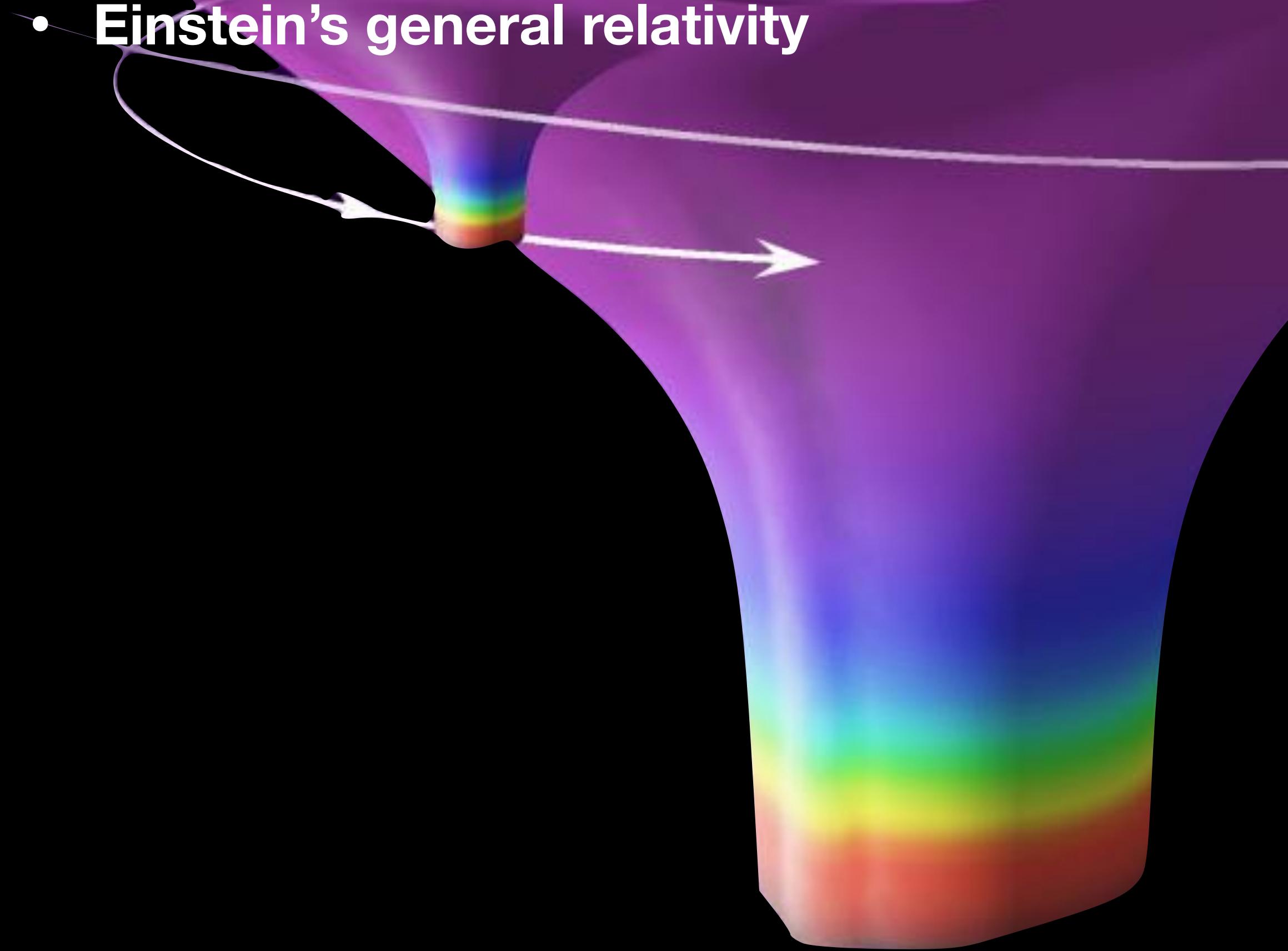
$$L = r \times \int F dt.$$

# The two body problem

- Newton's flat space



- Einstein's general relativity

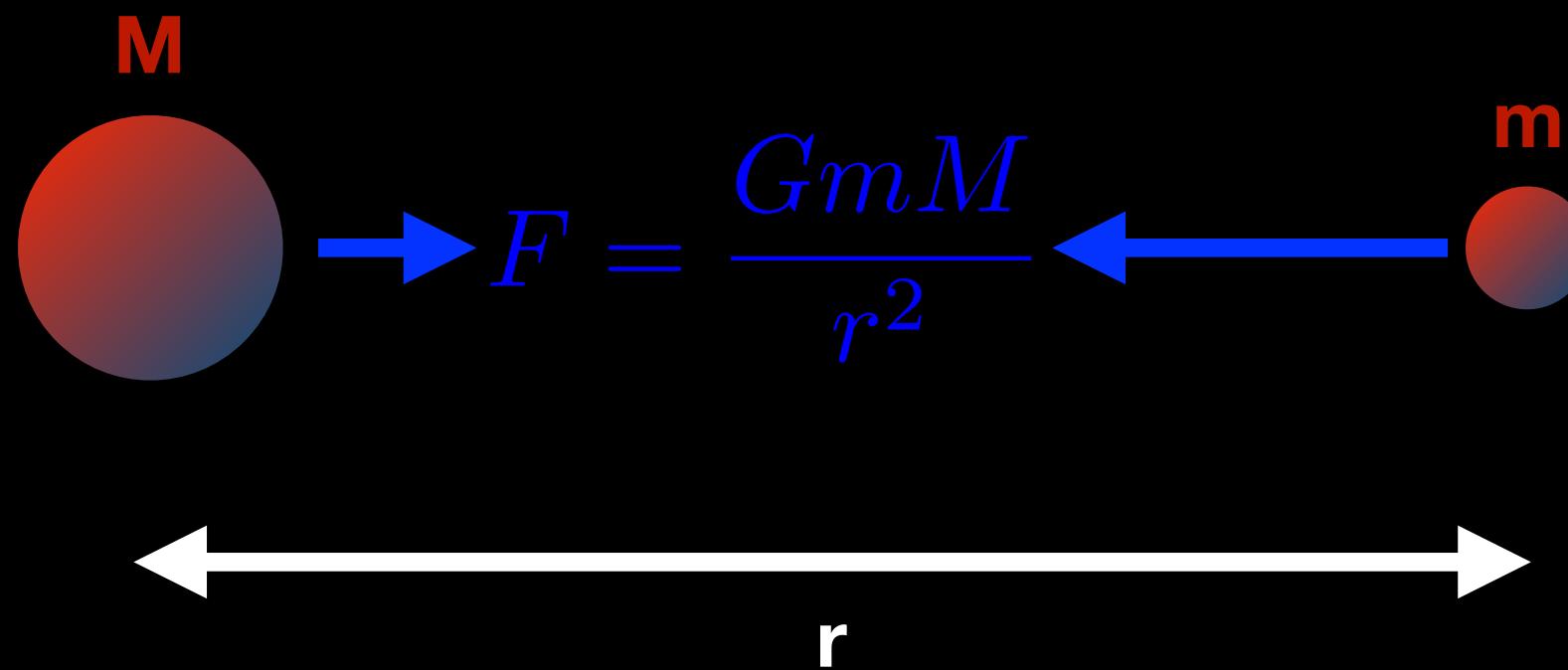


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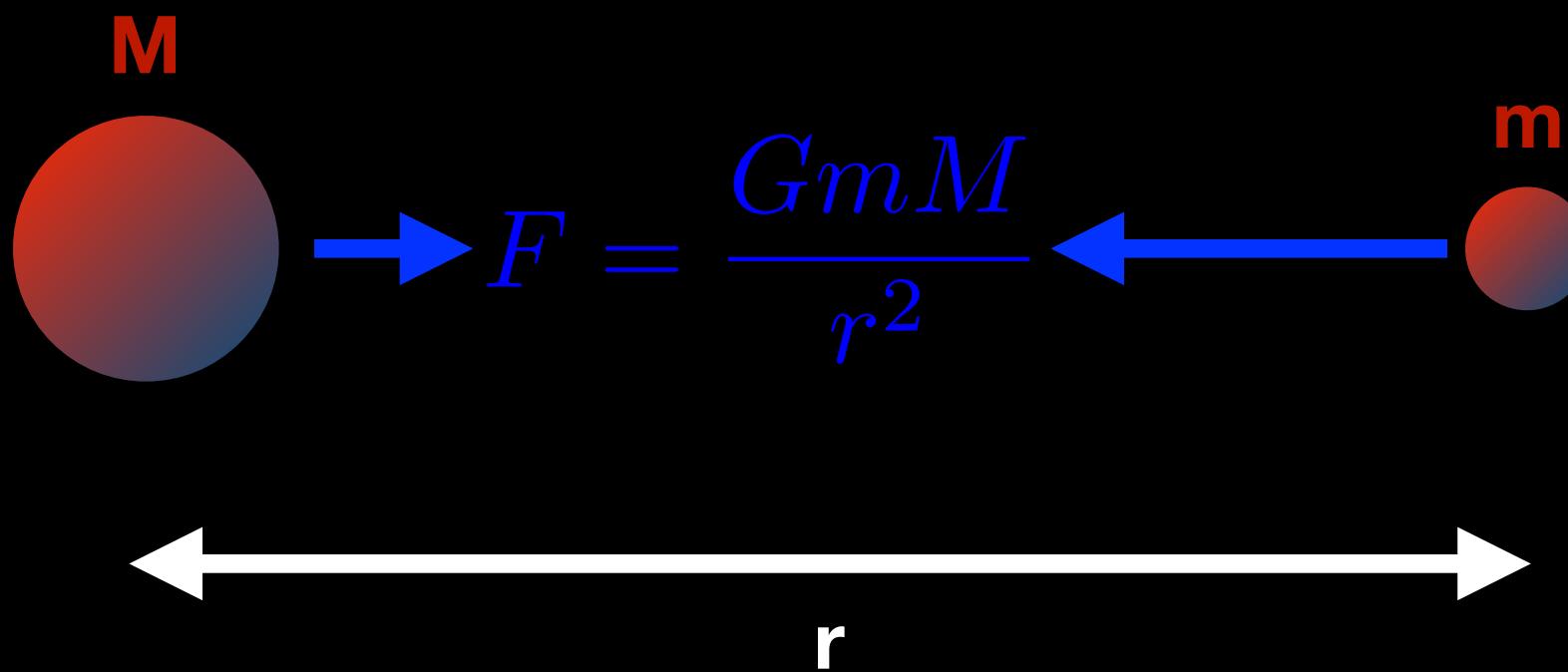
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$$R^{ab} - \frac{1}{2} R g^{ab} = 8\pi T^{ab}$$

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$$\nabla_b T^{ab} = 0$$



# What is the self-force?

Image credit: NASA JPL

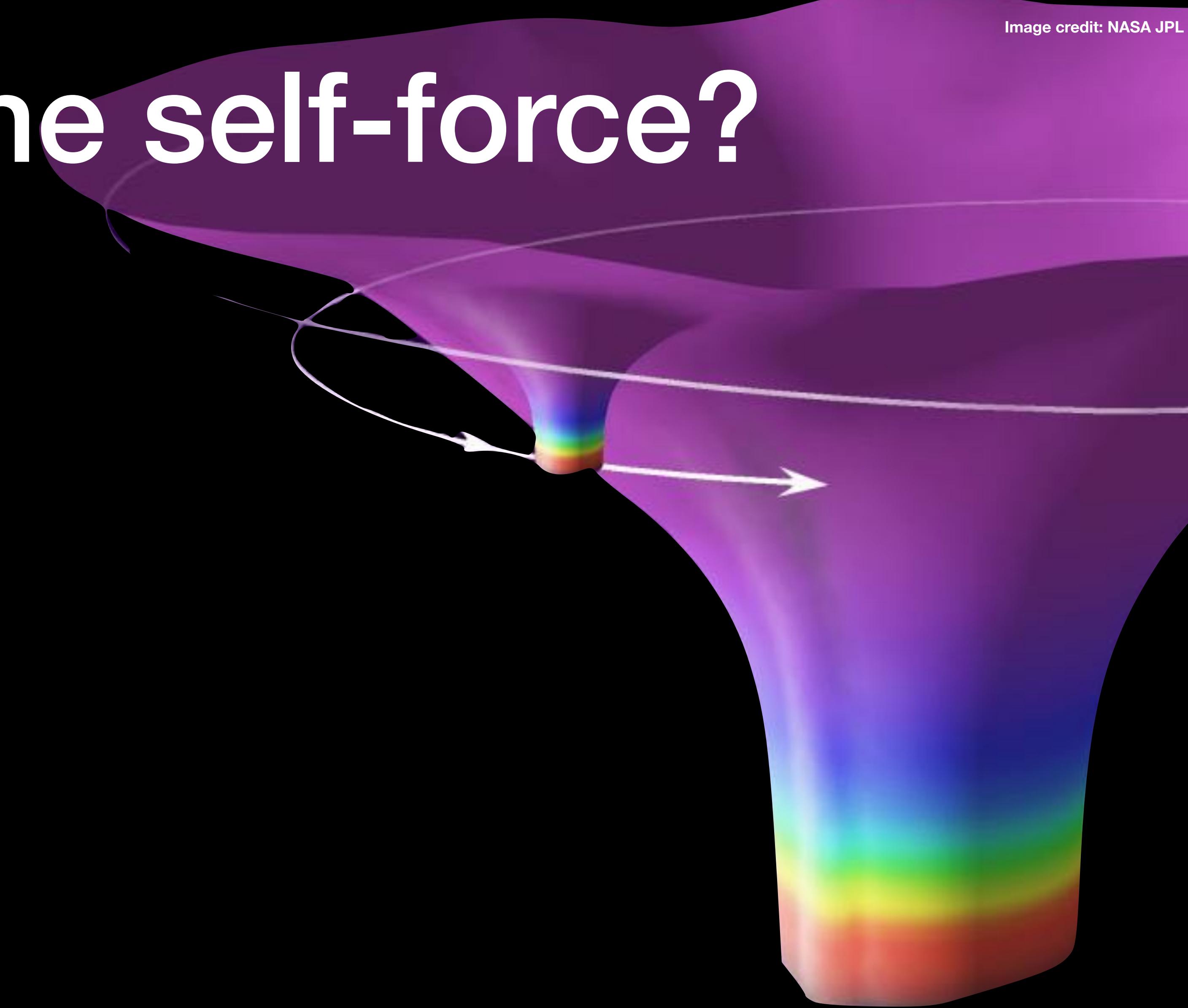




Image credit: NASA JPL

# What is the self-force?

- Einstein's field equations



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Image credit: NASA JPL

# What is the self-force?

- Perturbing the metric in the mass ratio

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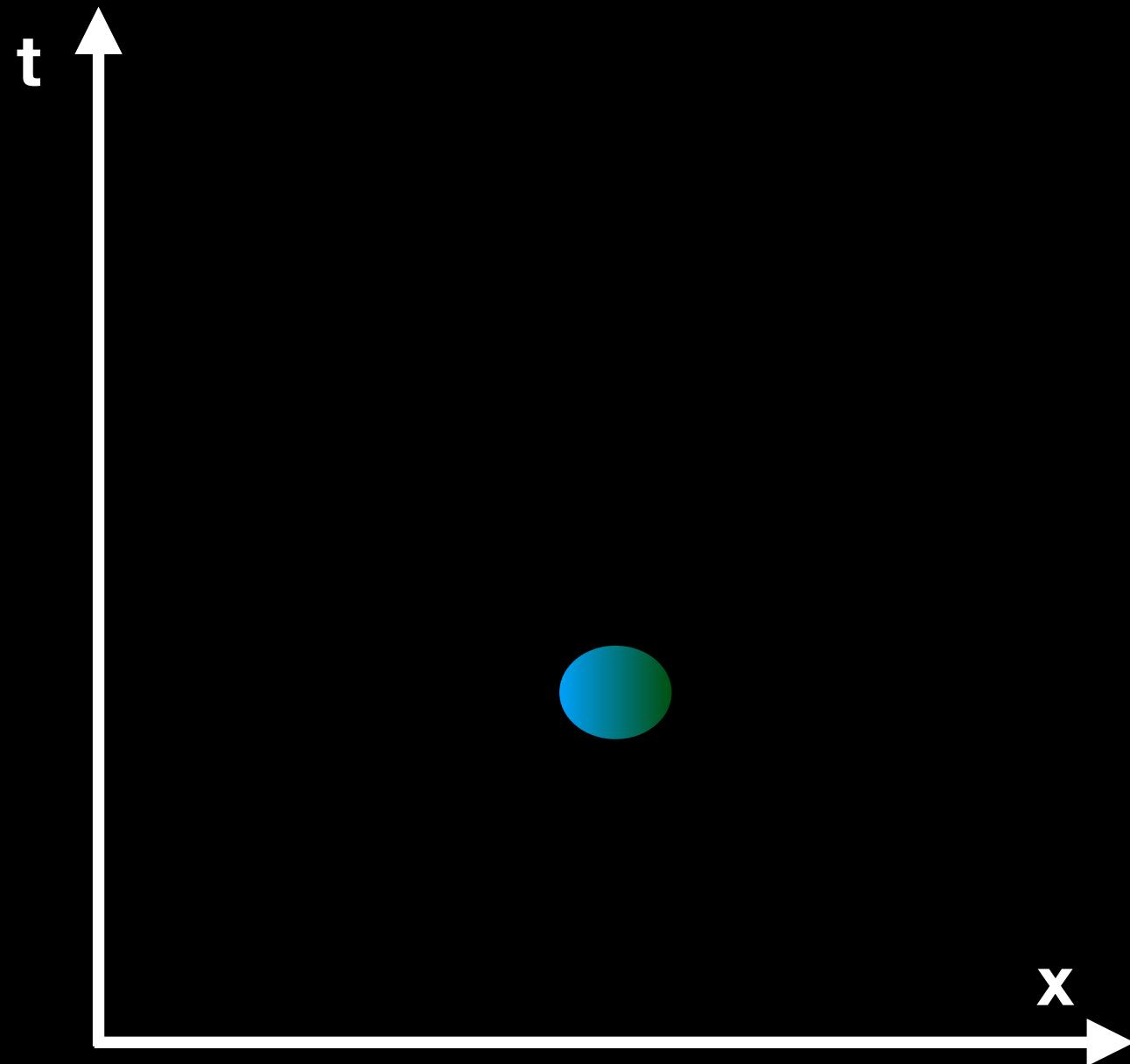
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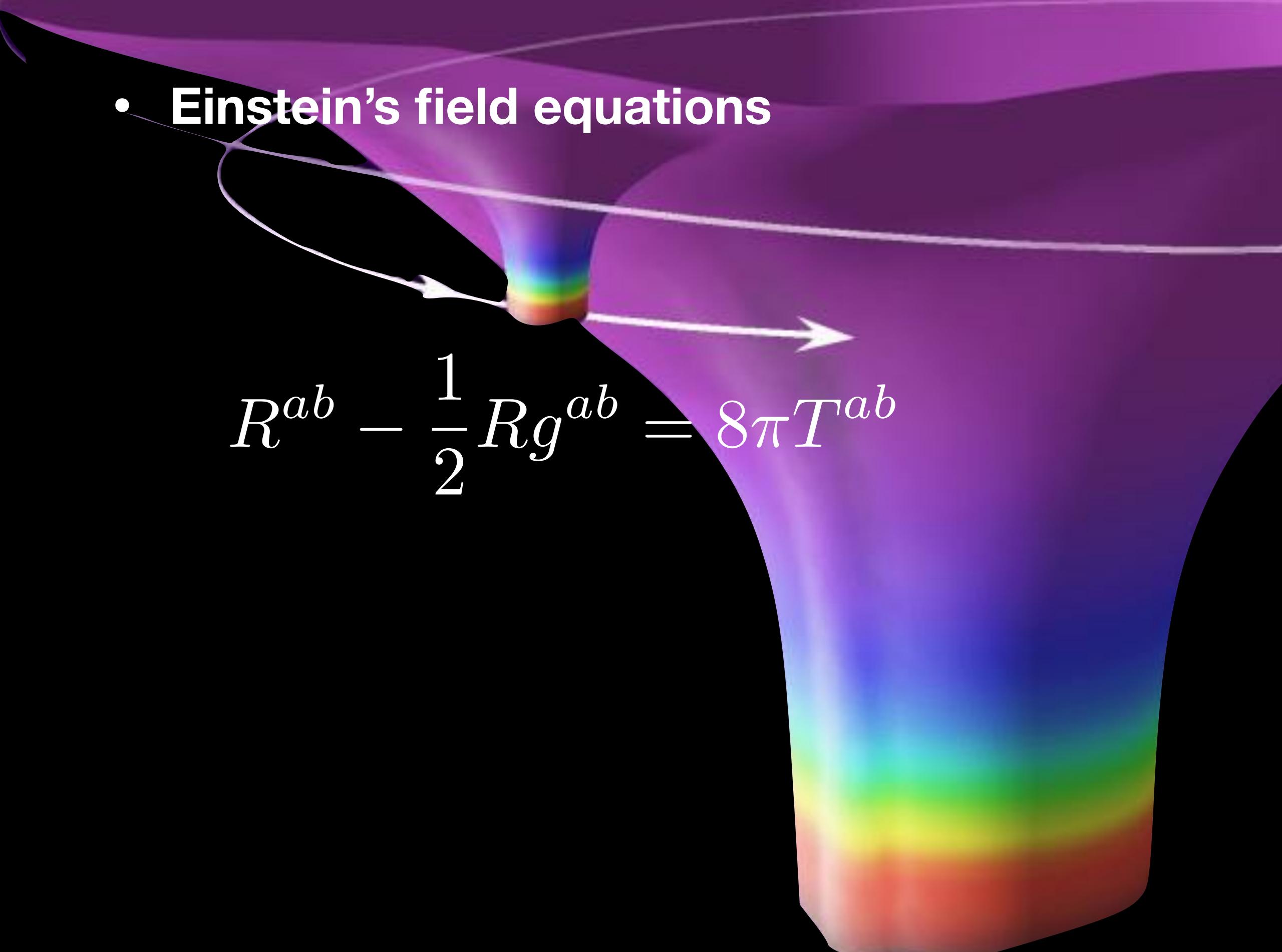
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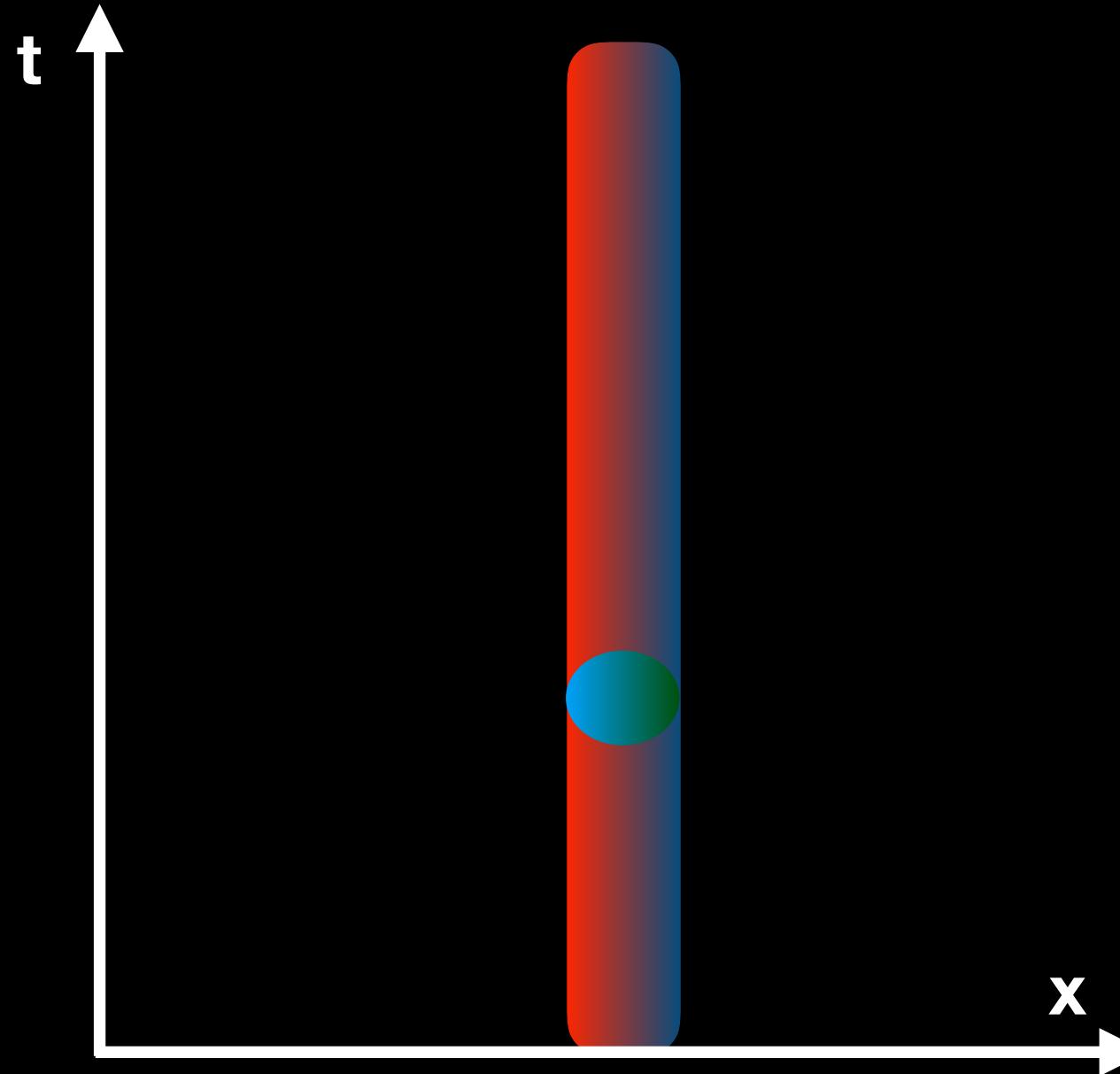
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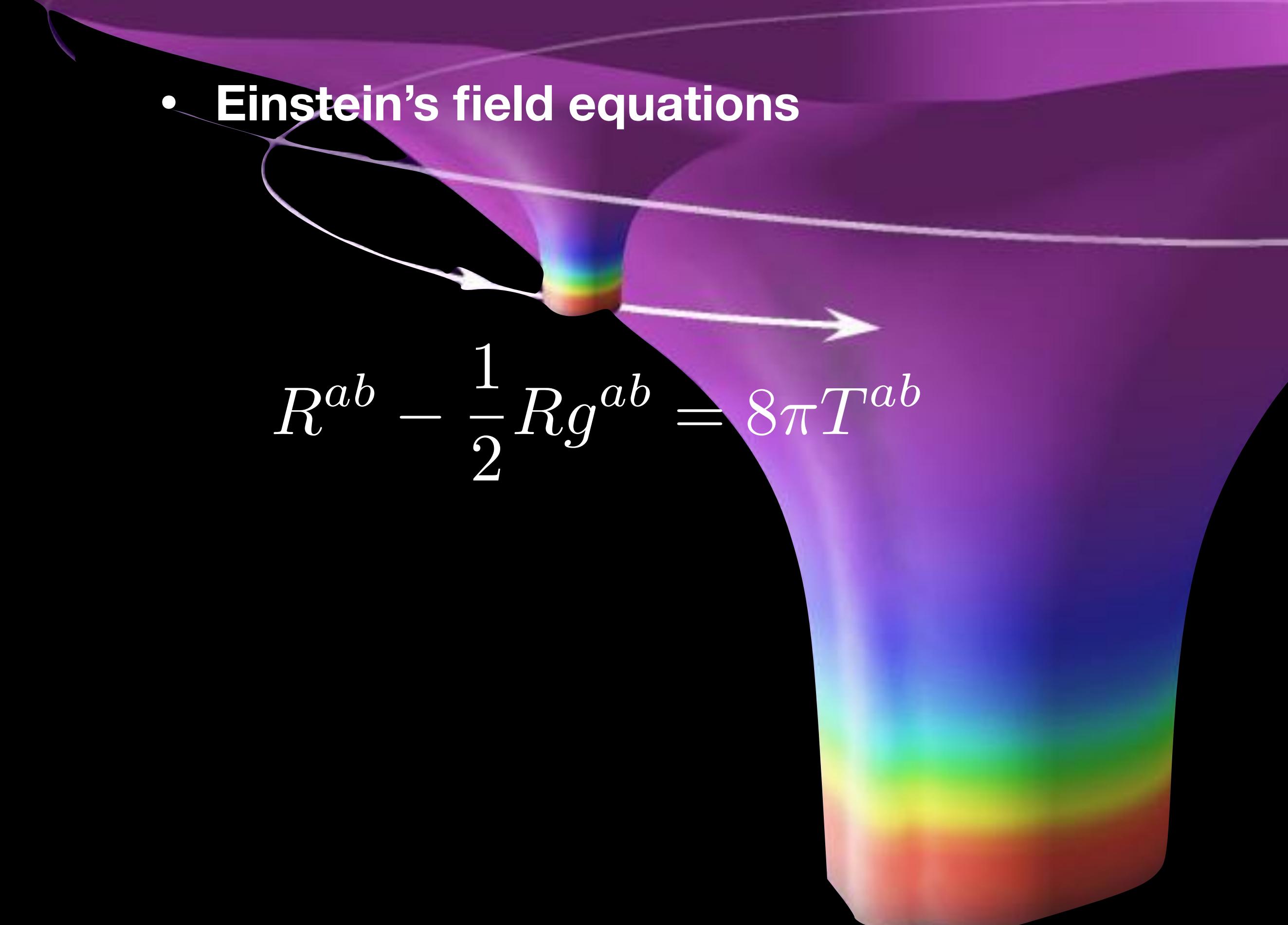
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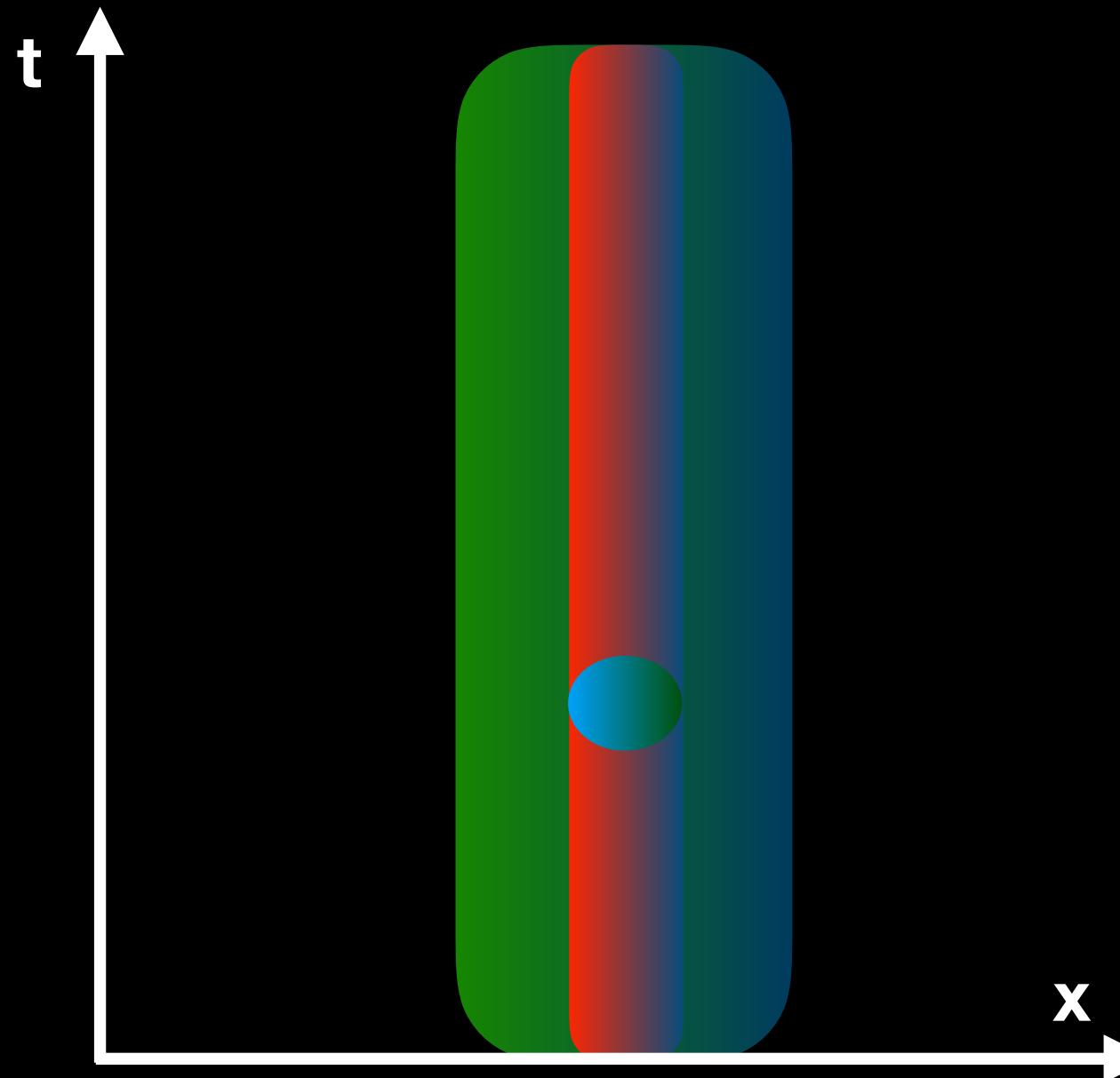
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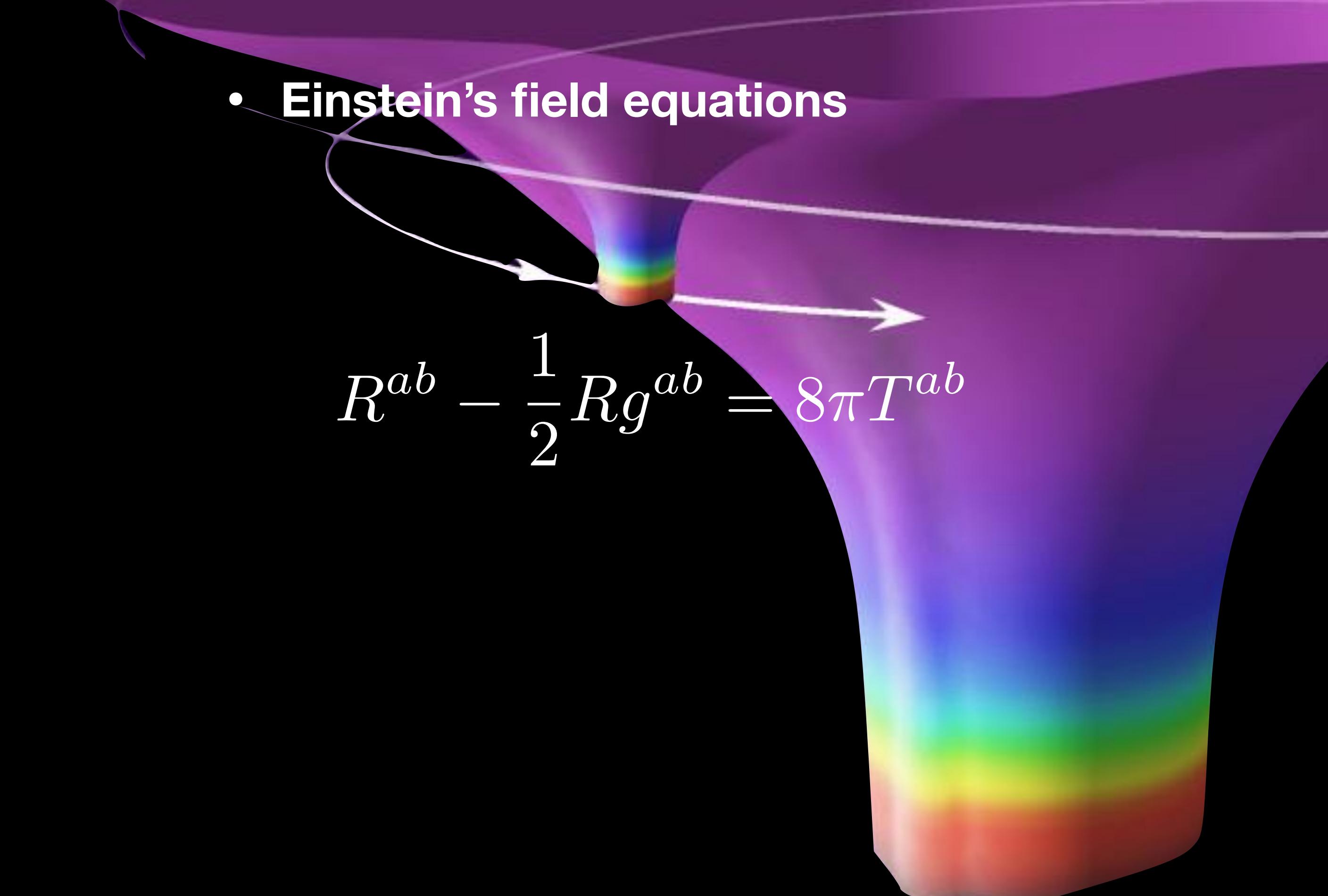
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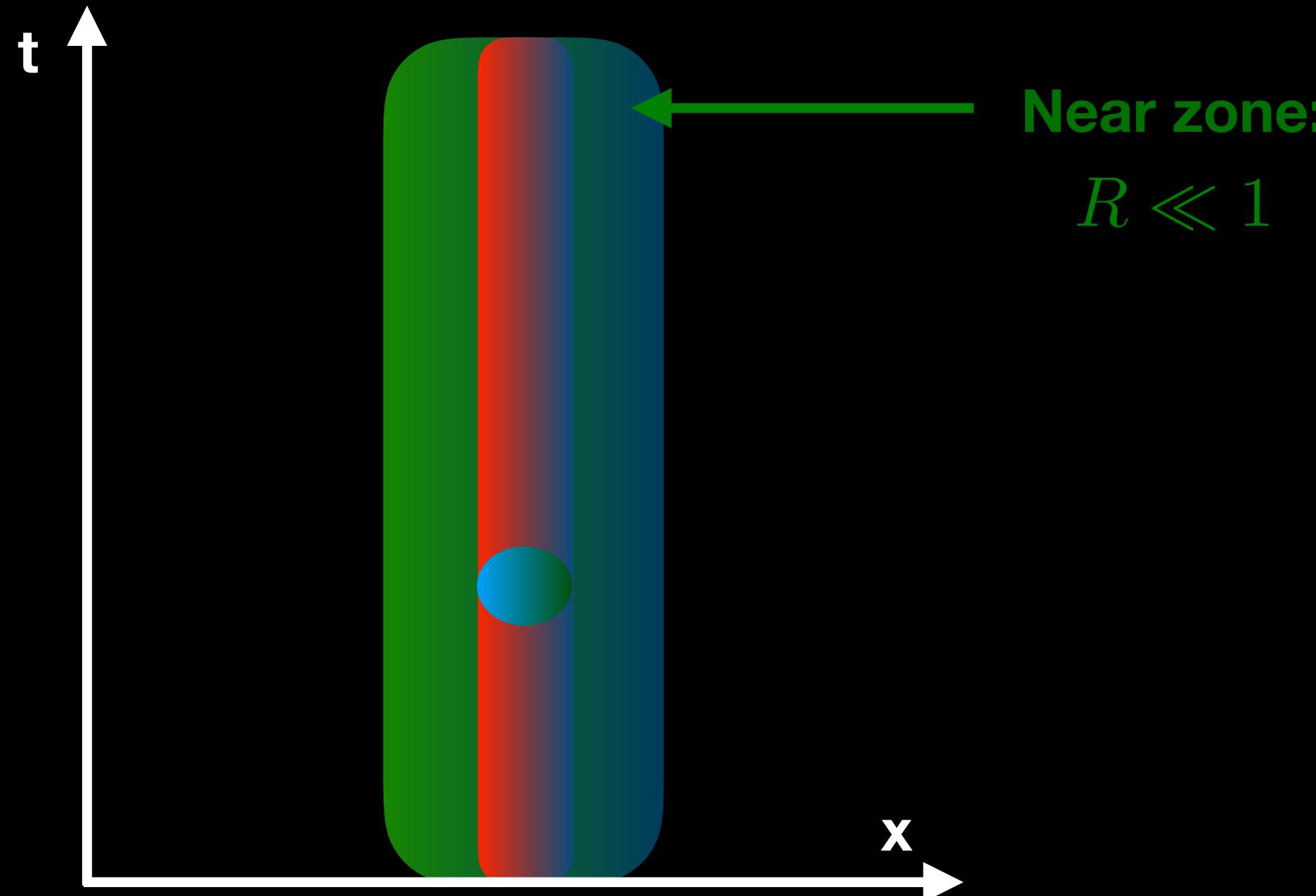
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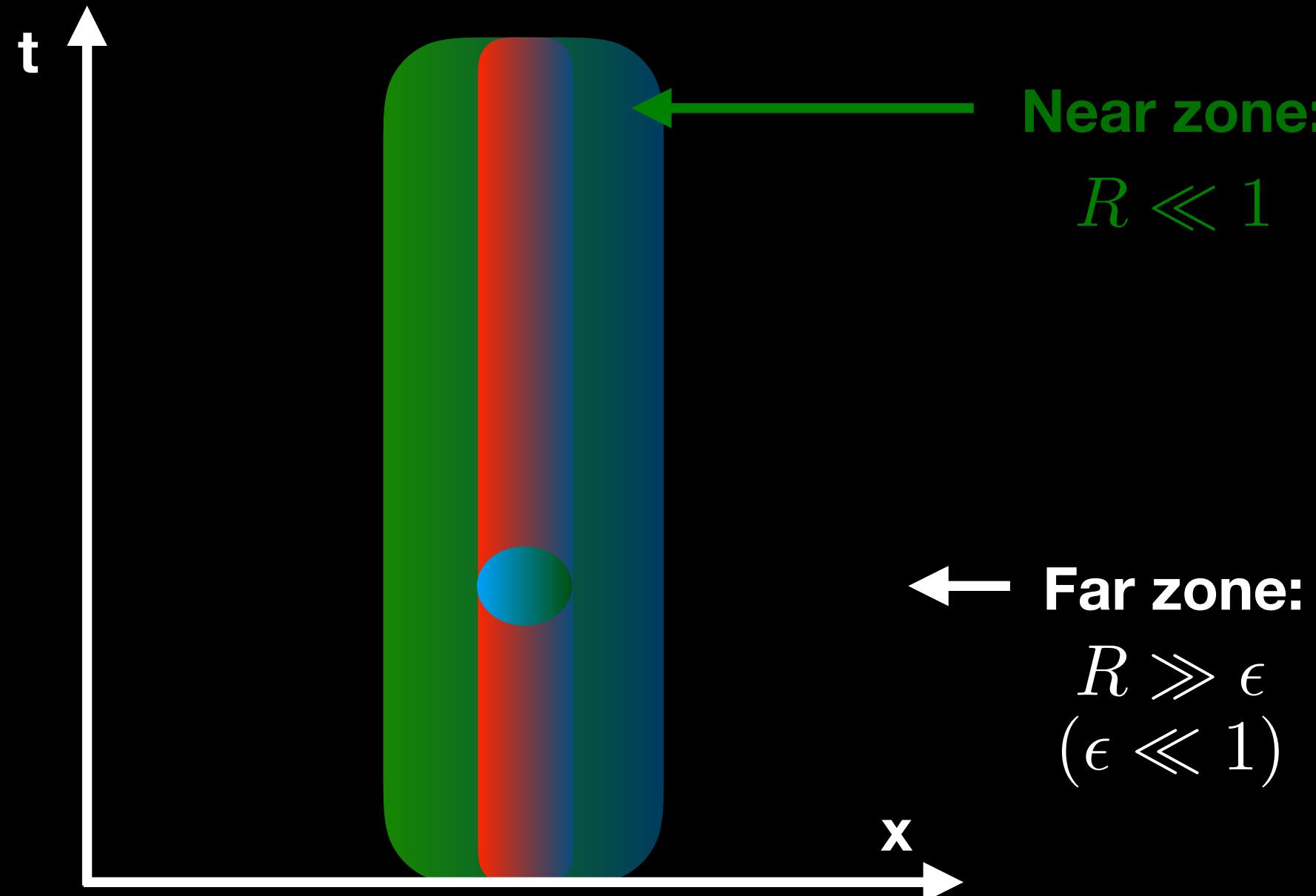


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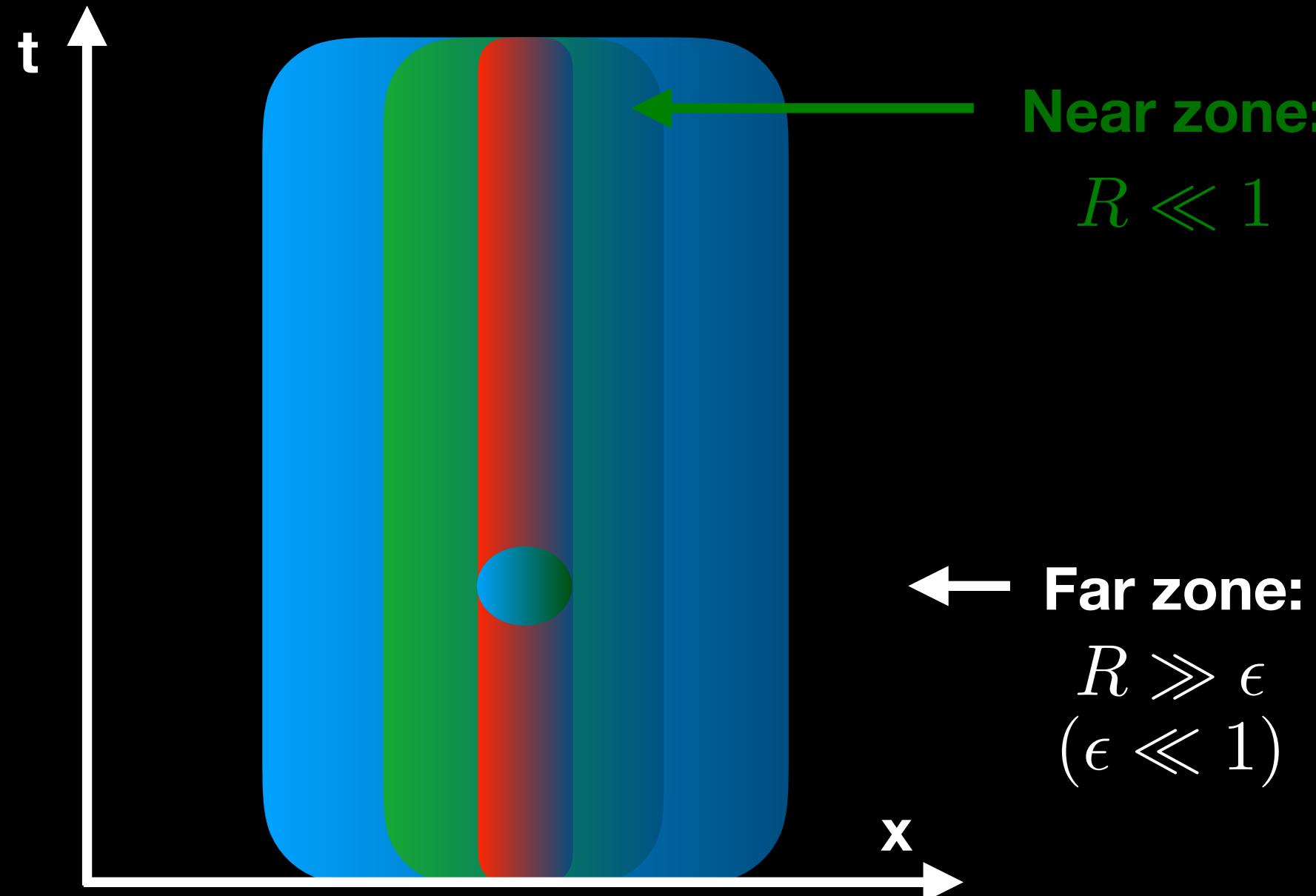


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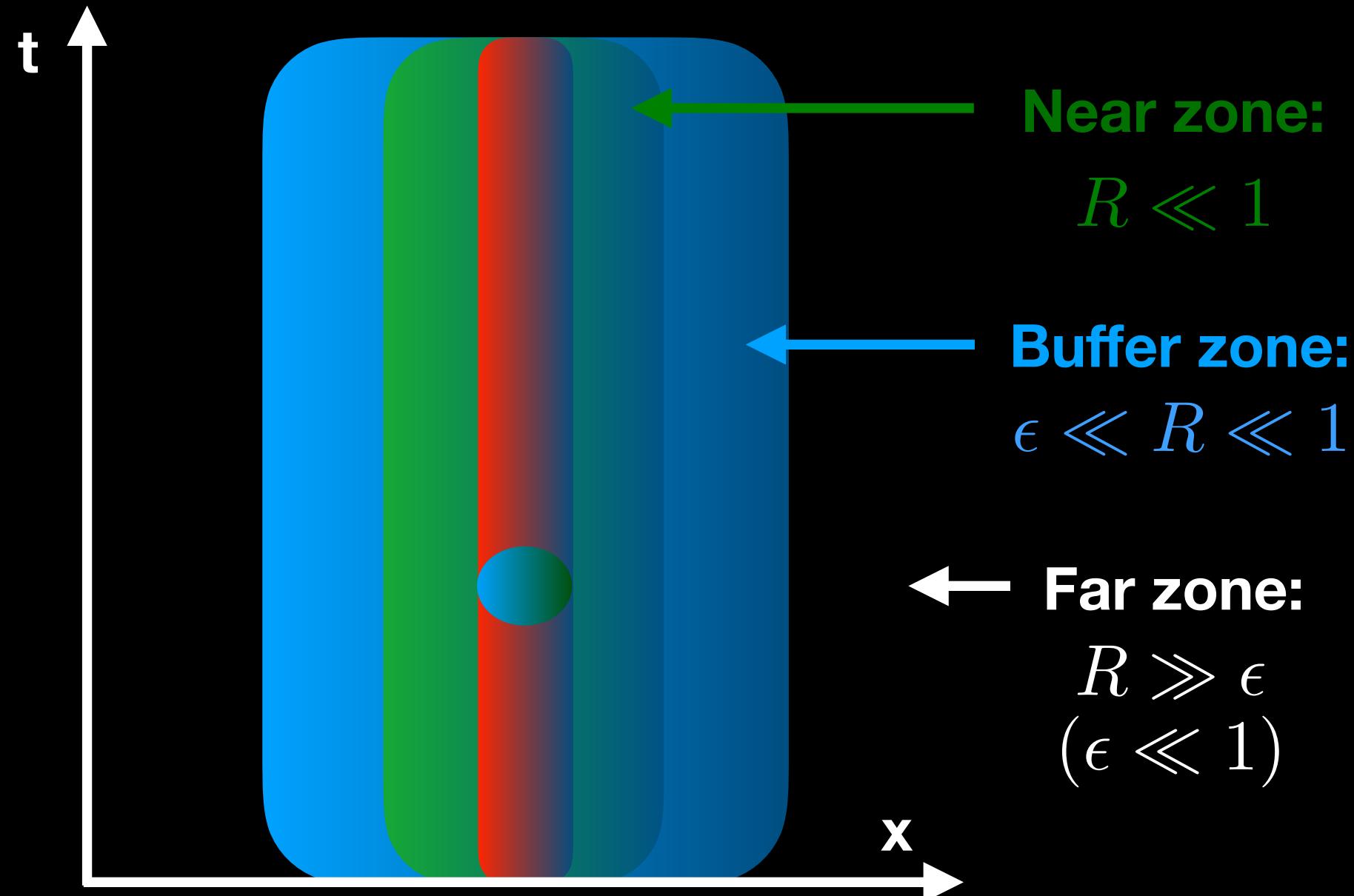


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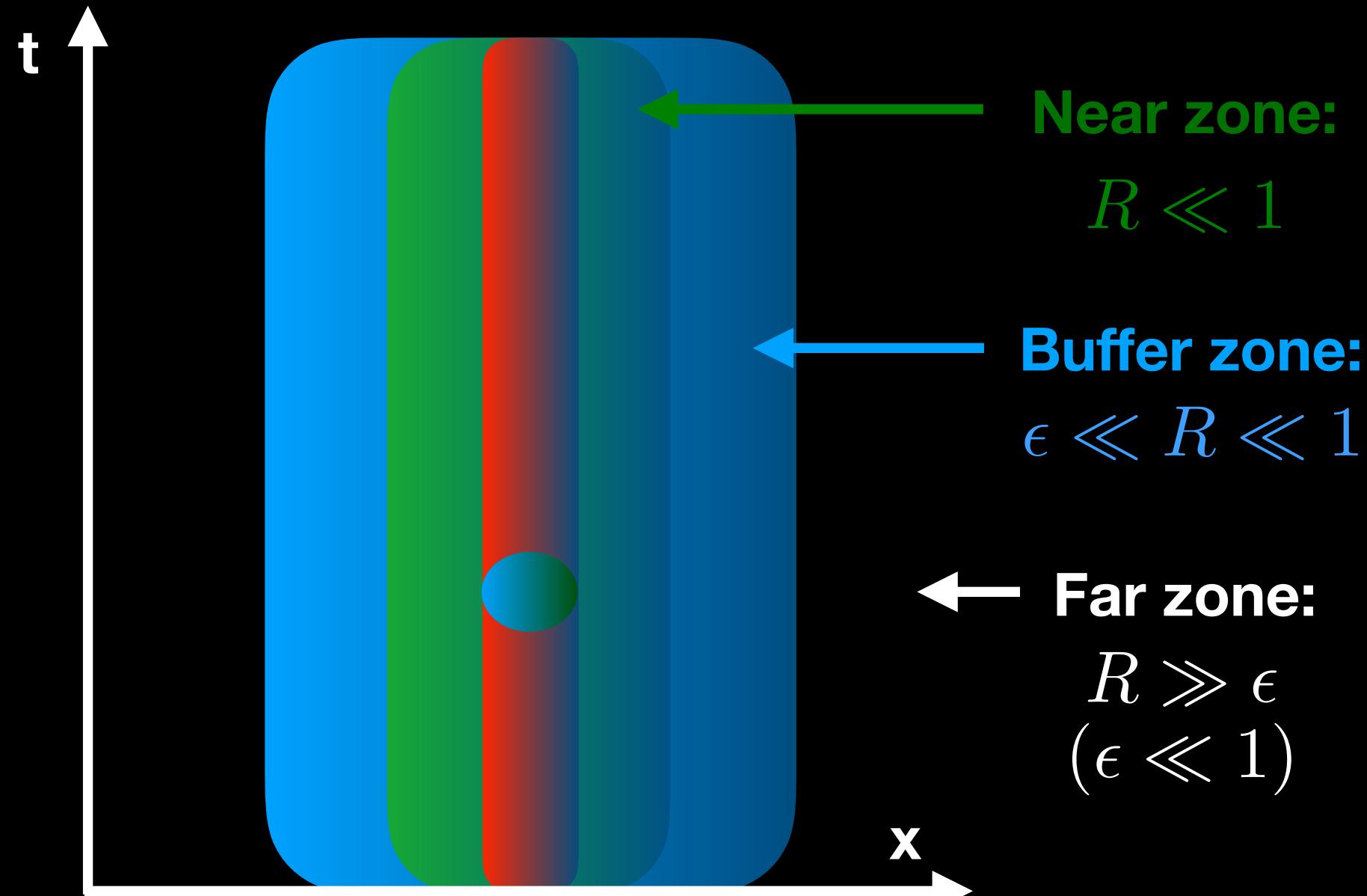


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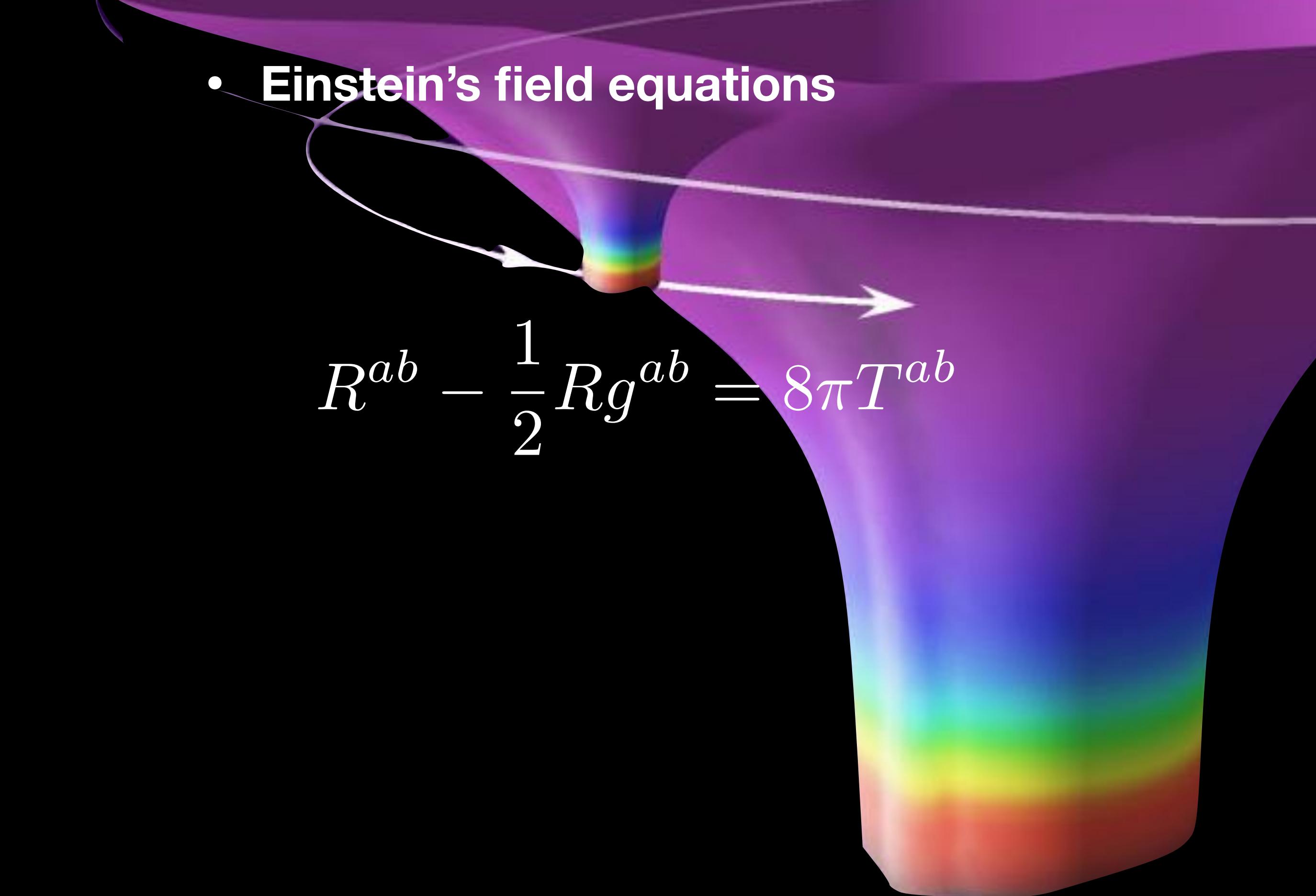
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**Near zone:**  $\mathbf{g}_{\mu\nu} = g_{\mu\nu}^{(m)} + \epsilon H_{\mu\nu} + \mathcal{O}(\epsilon^2)$

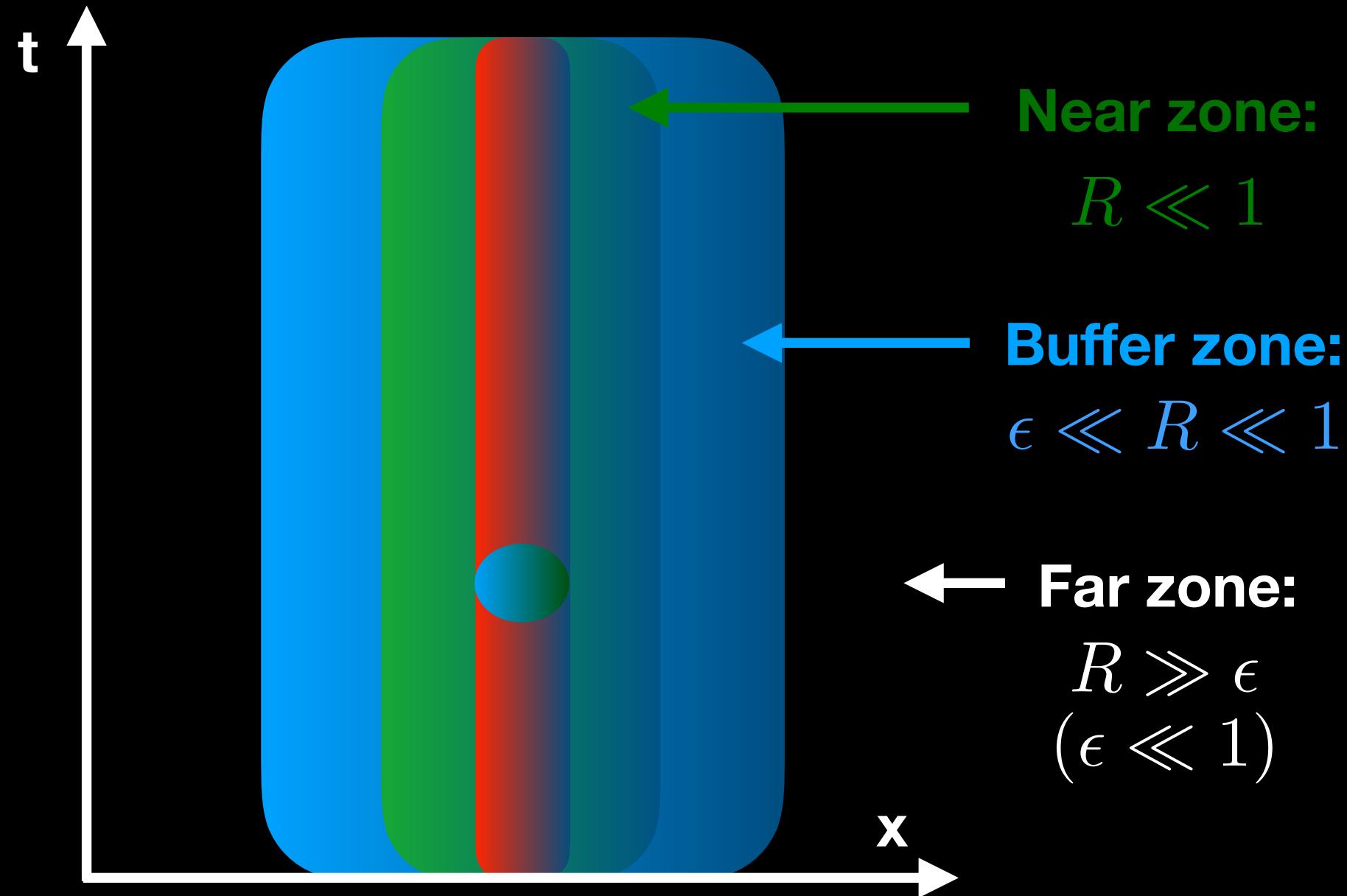
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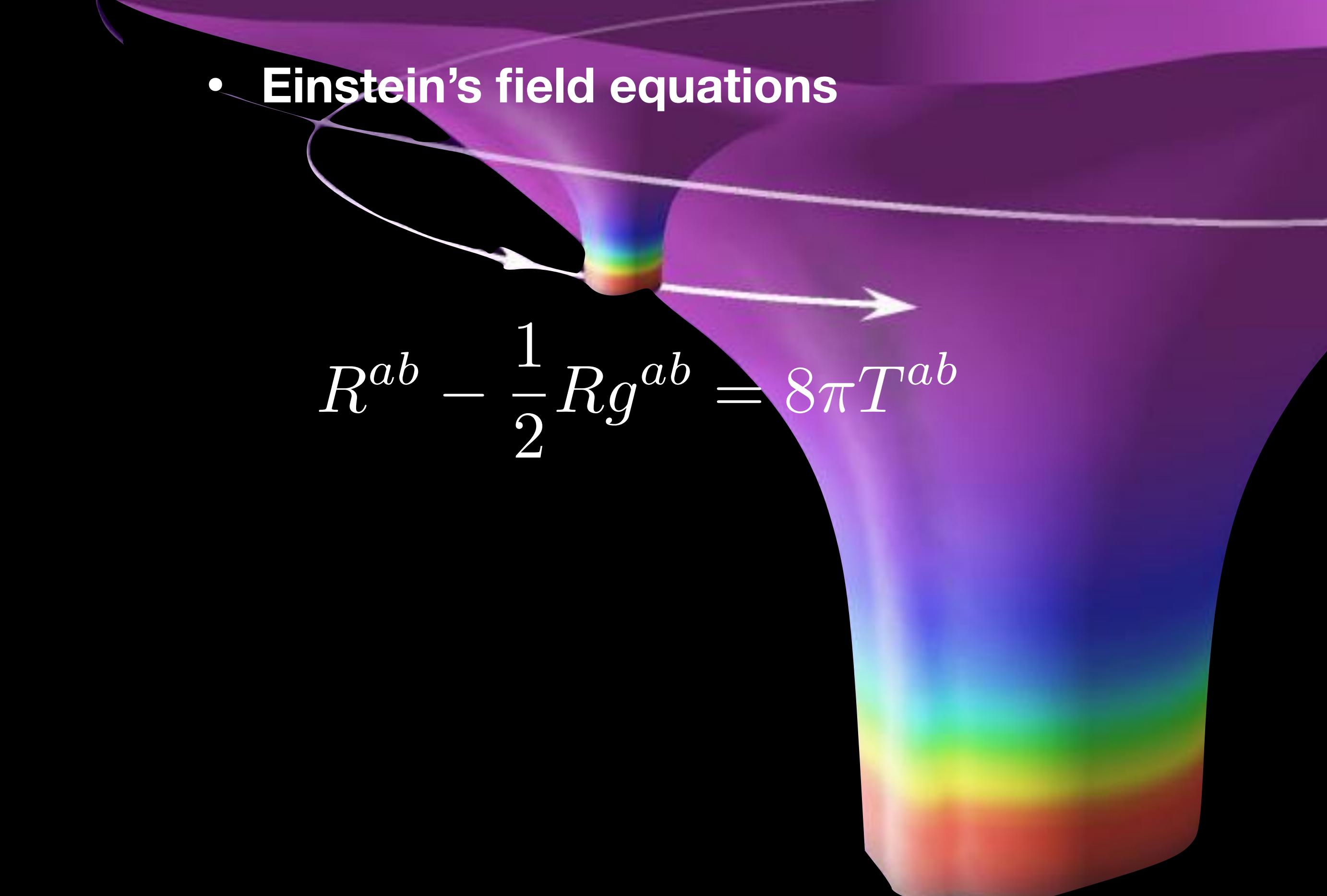


**Near zone:**  $\mathbf{g}_{\mu\nu} = g_{\mu\nu}^{(m)} + \epsilon H_{\mu\nu} + \mathcal{O}(\epsilon^2)$

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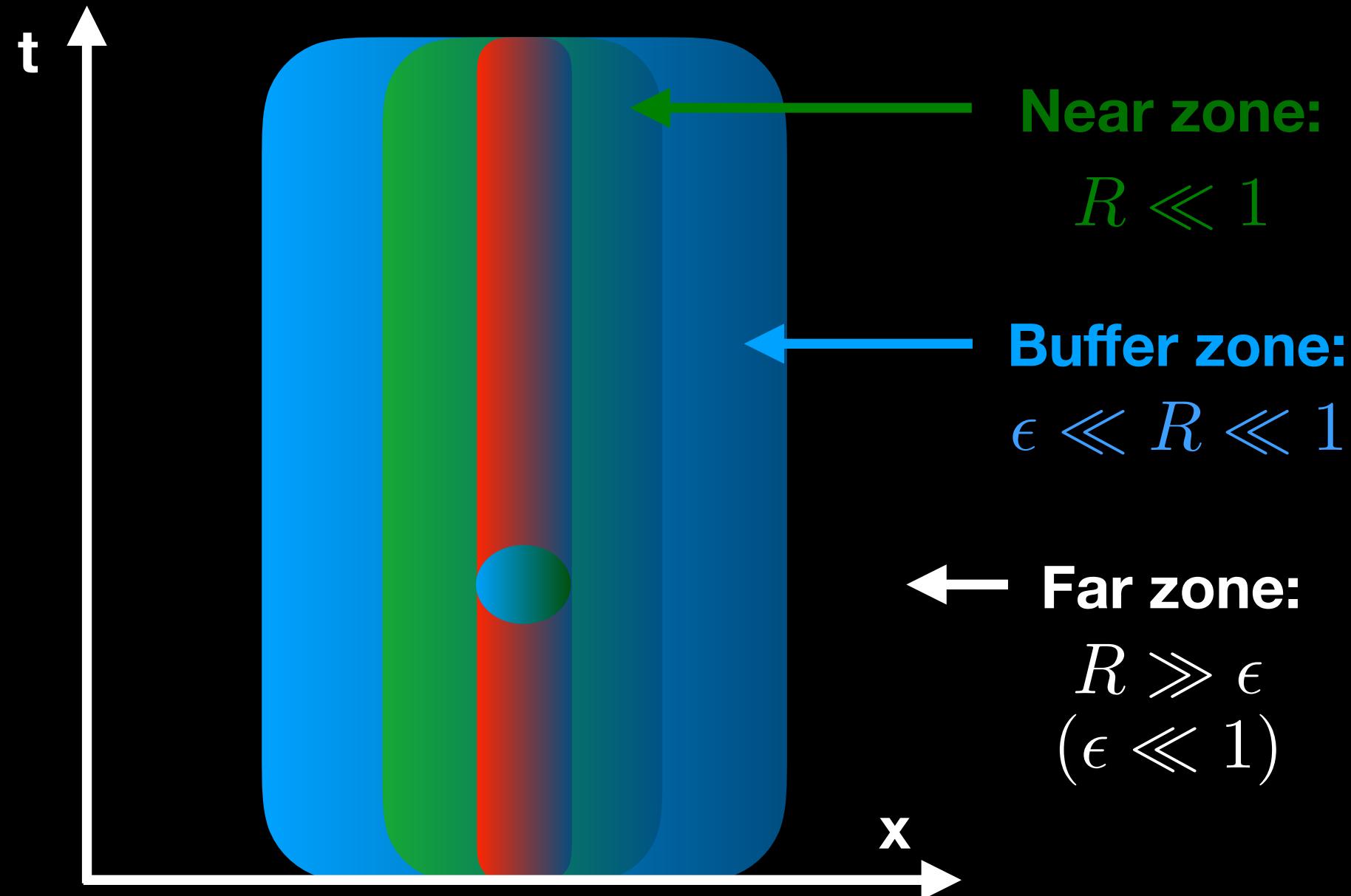
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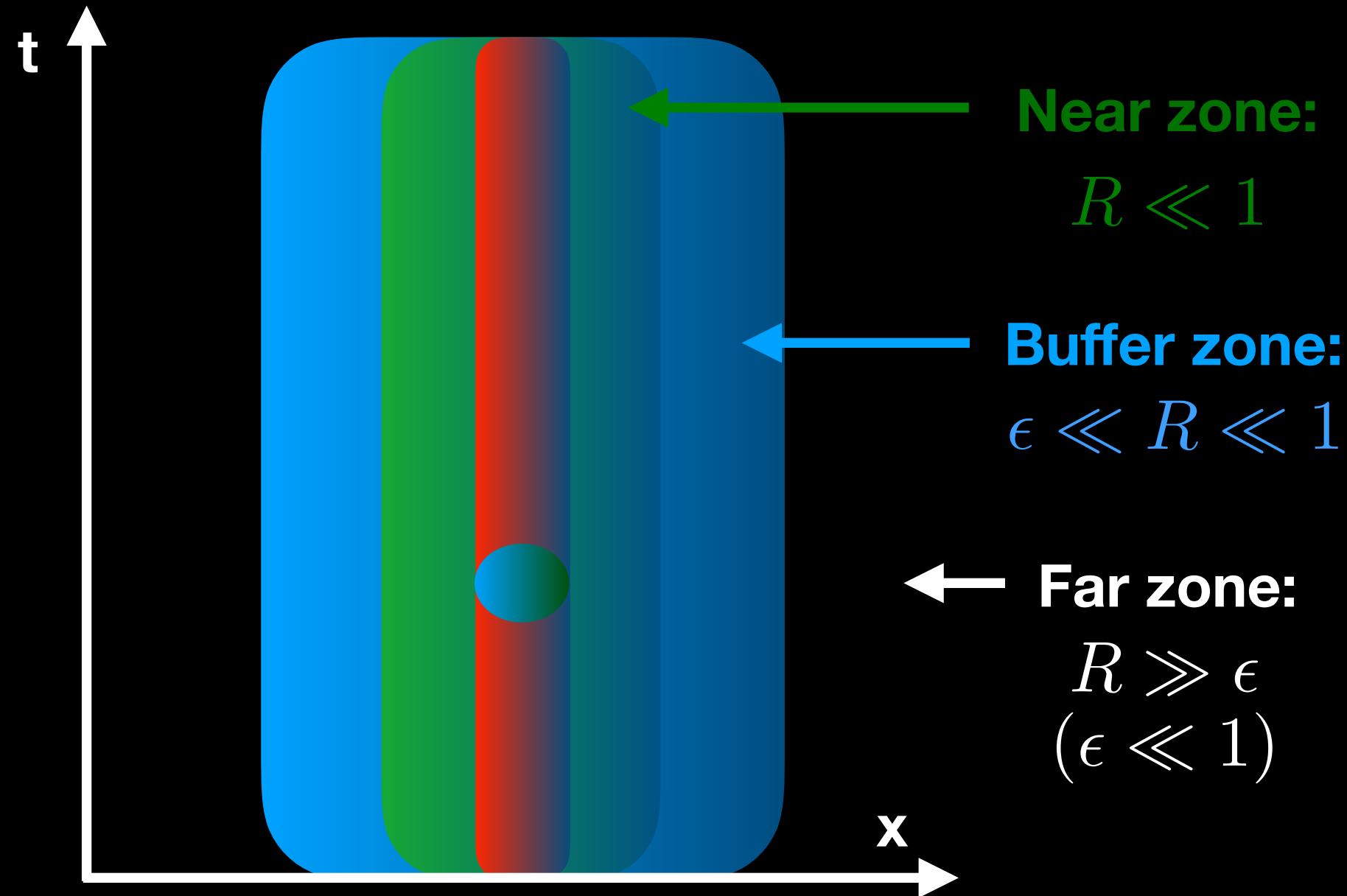
Solve in the buffer zone!

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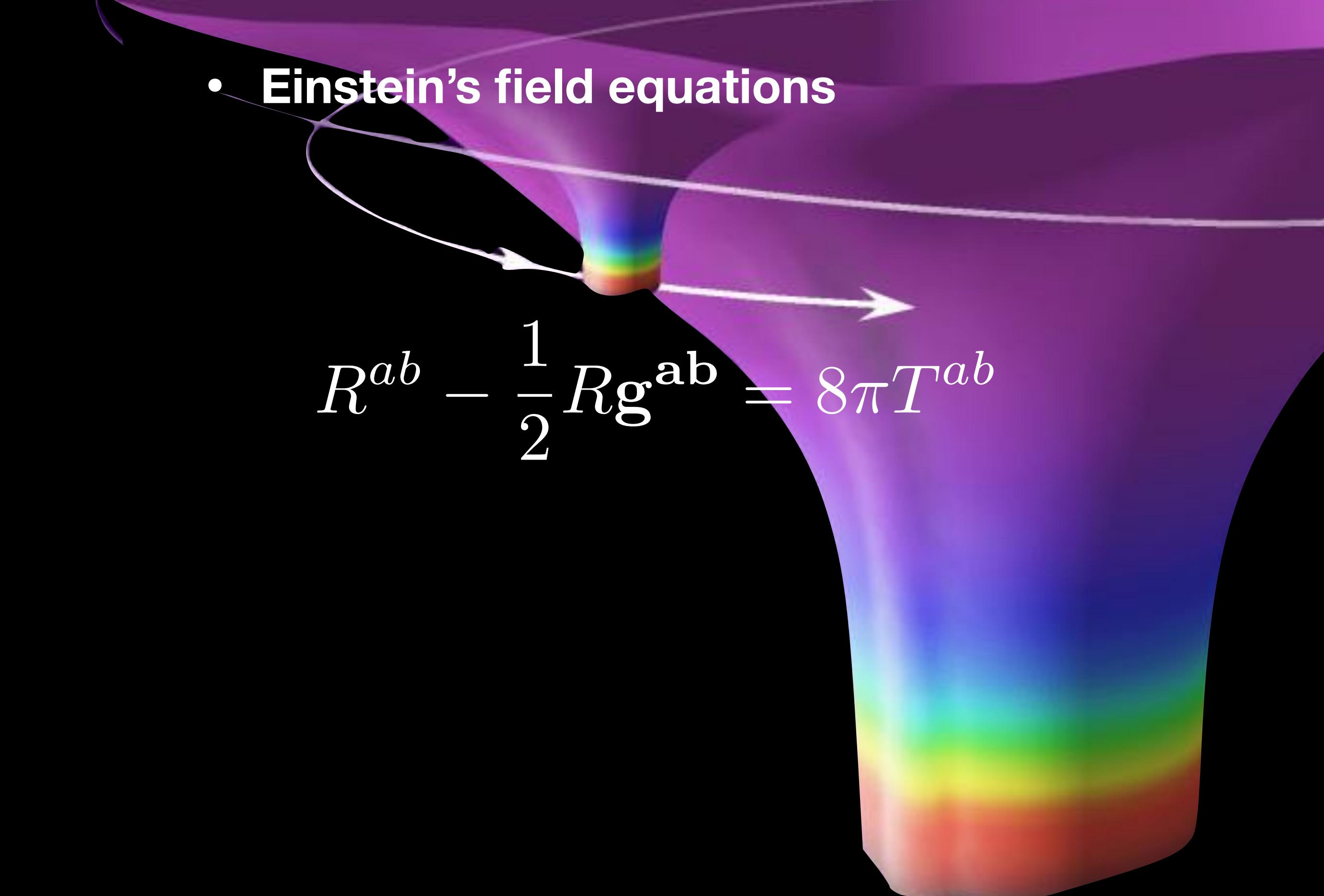
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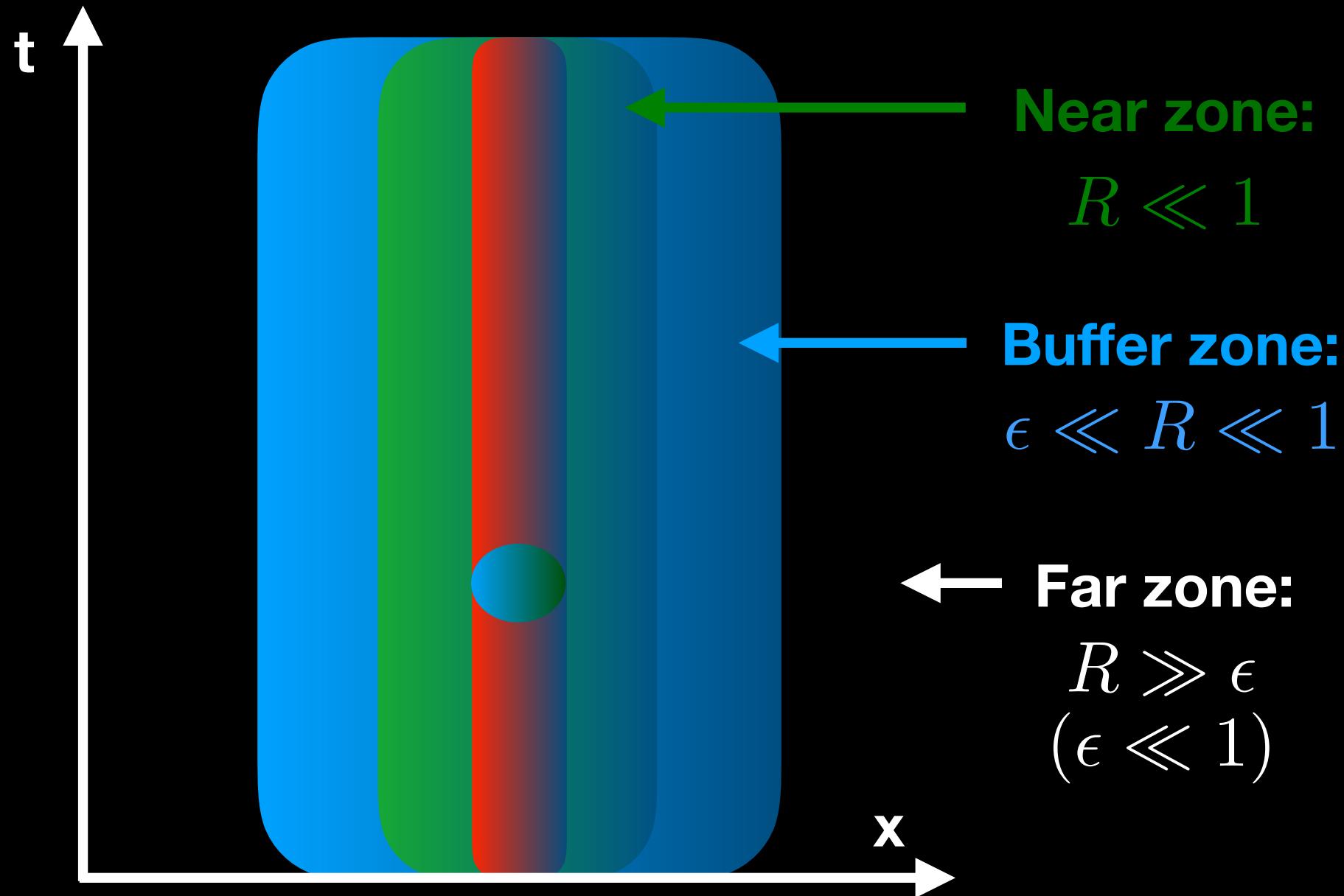
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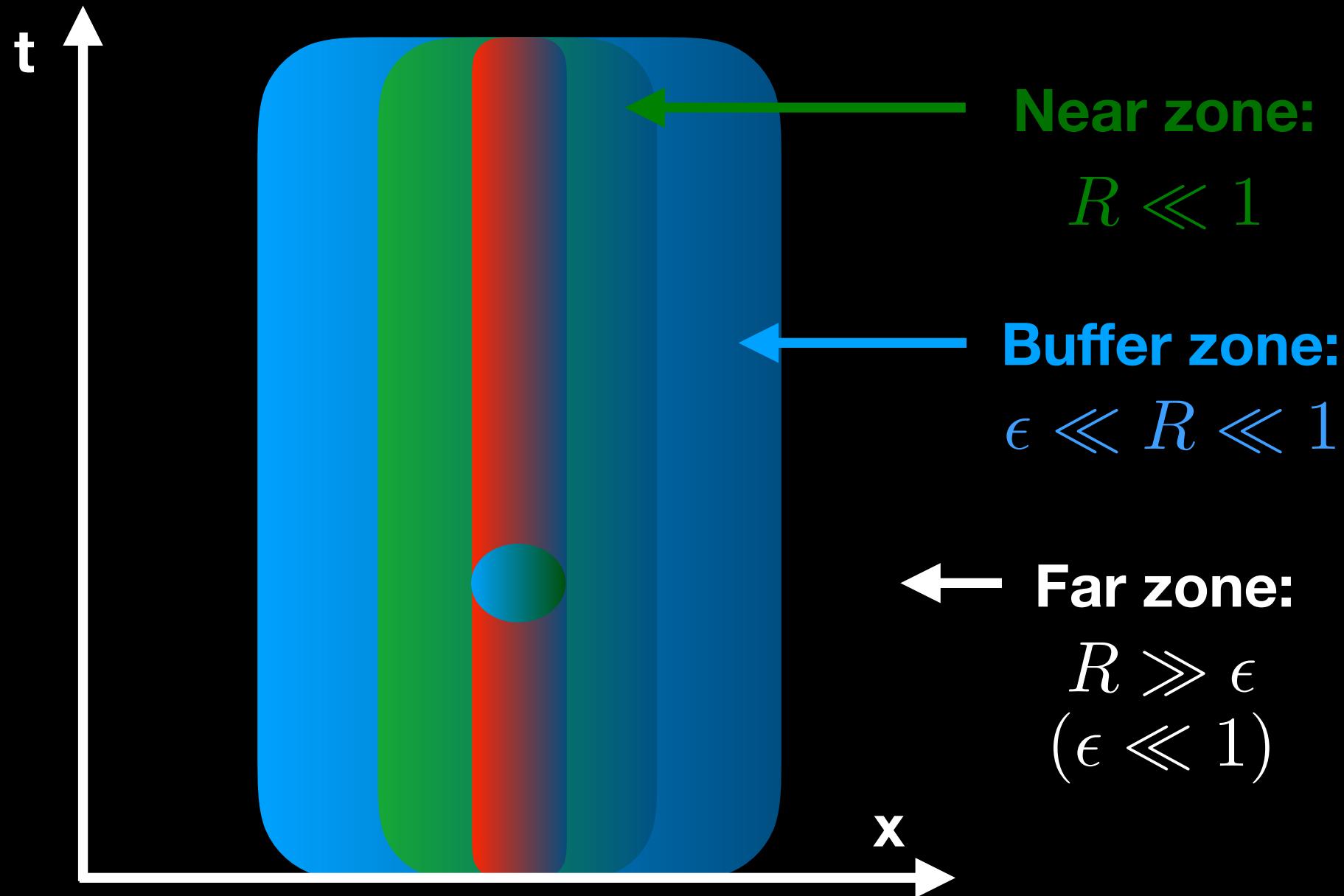
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$$R^{ab} - \frac{1}{2} R g^{ab} = 8\pi T^{ab}$$

$$\begin{aligned} \psi_{ab} &= h_{ab} - \frac{1}{2} g_{ab}^{(M)} h \\ \Rightarrow (\delta_c^a \delta_d^b \square + 2 R^a{}_c{}^b{}_d) \psi^{cd} &= 16\pi T^{ab} + \mathcal{O}(\epsilon^2) \end{aligned}$$

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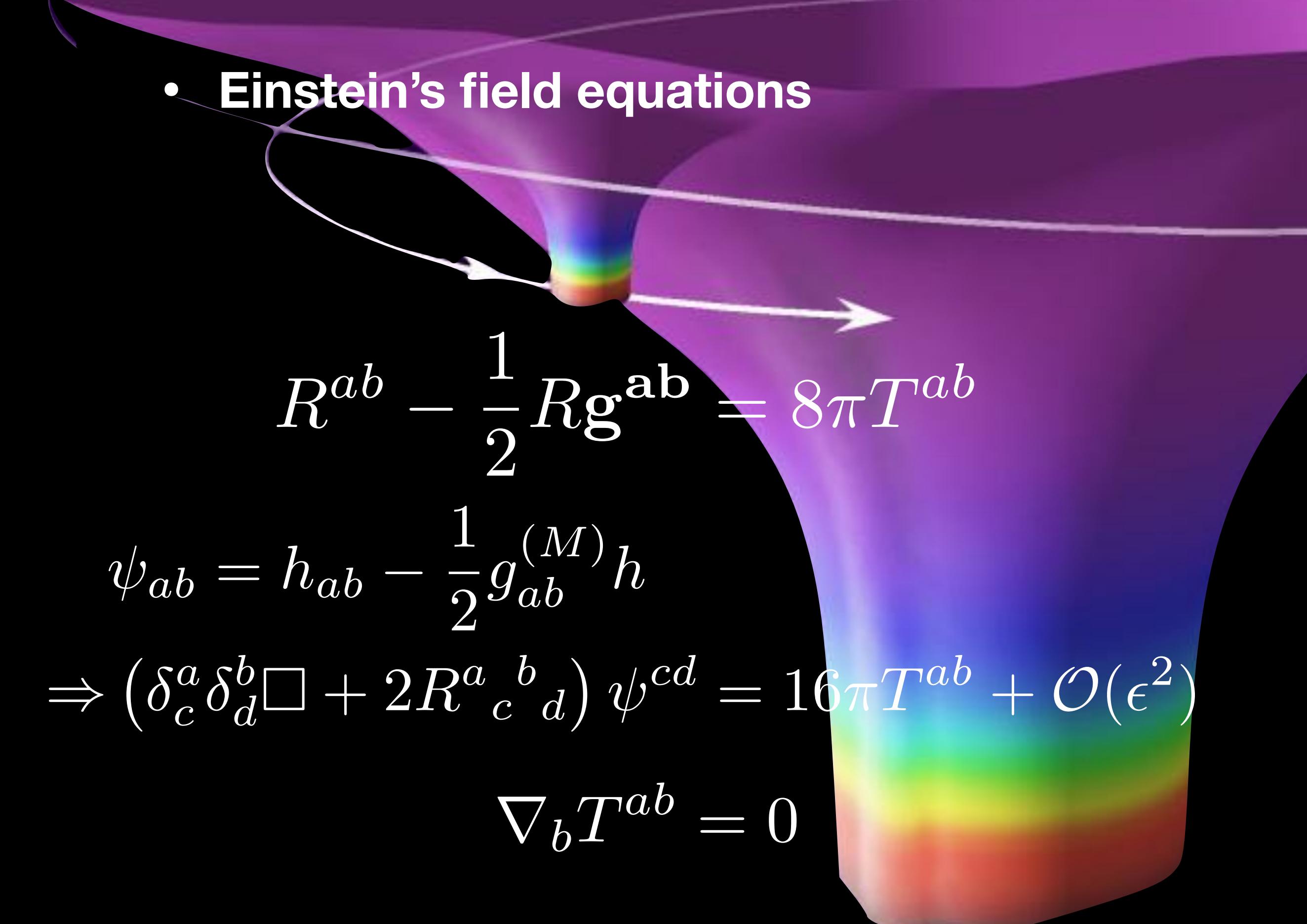
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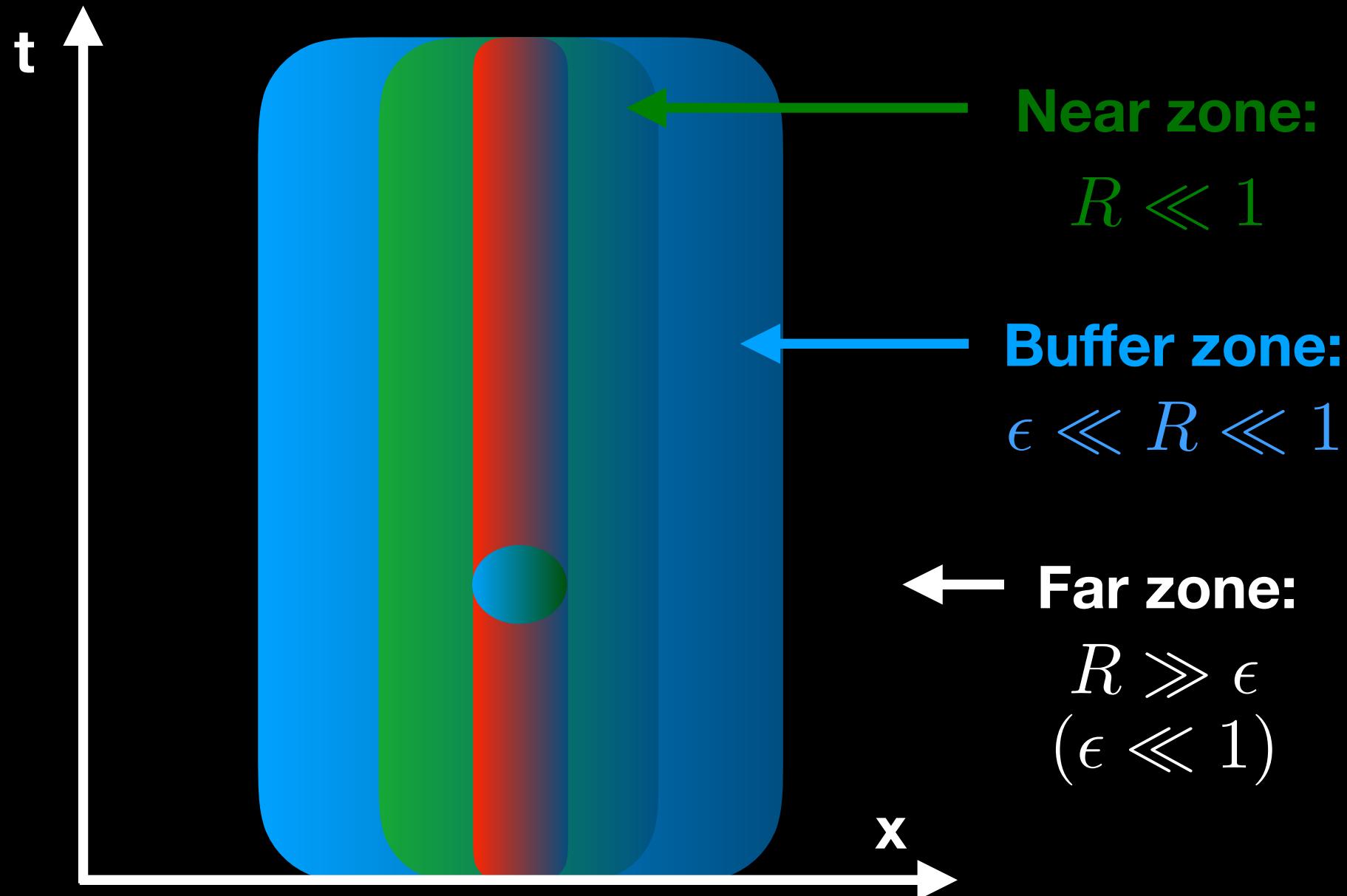
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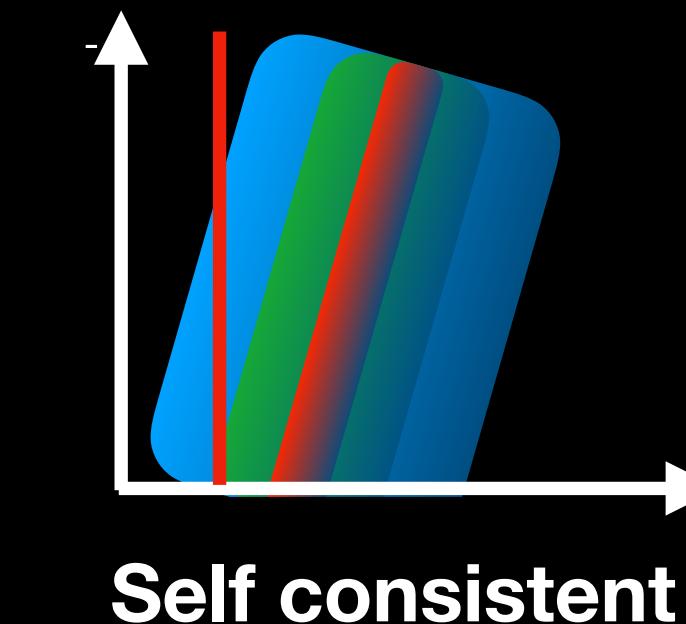
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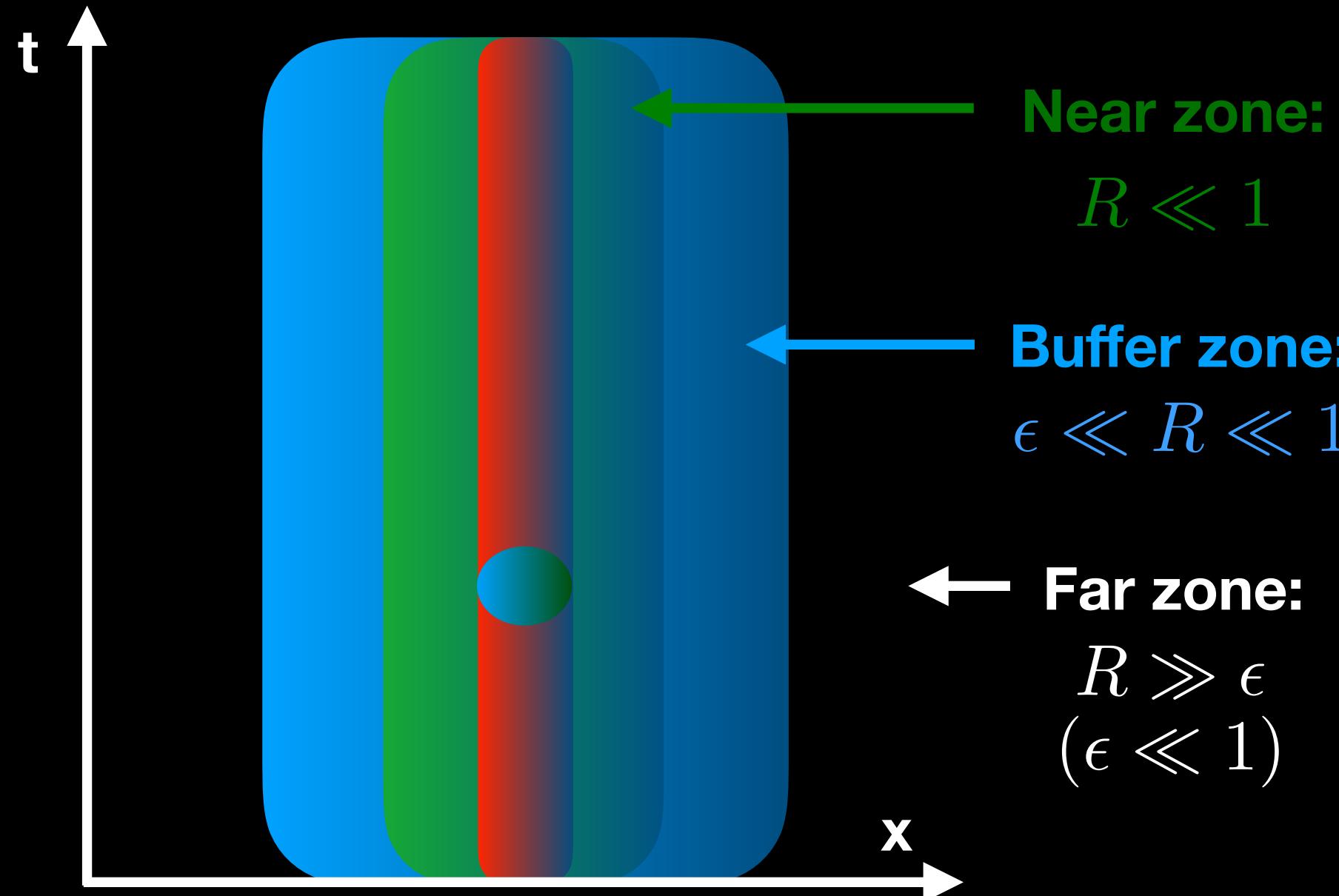
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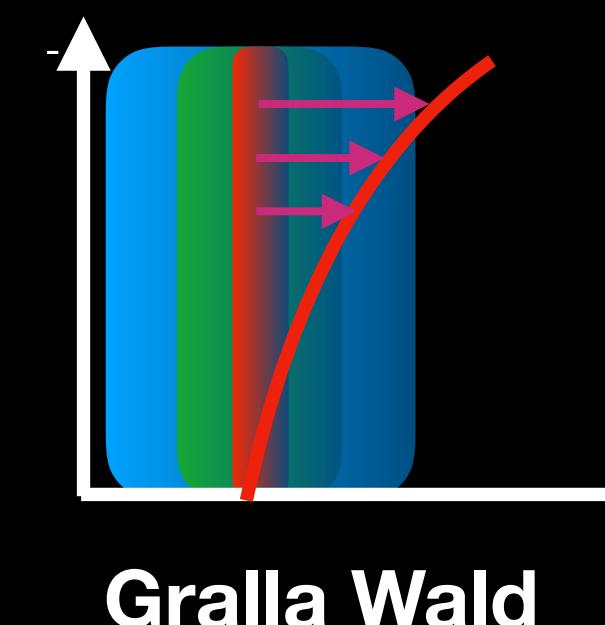
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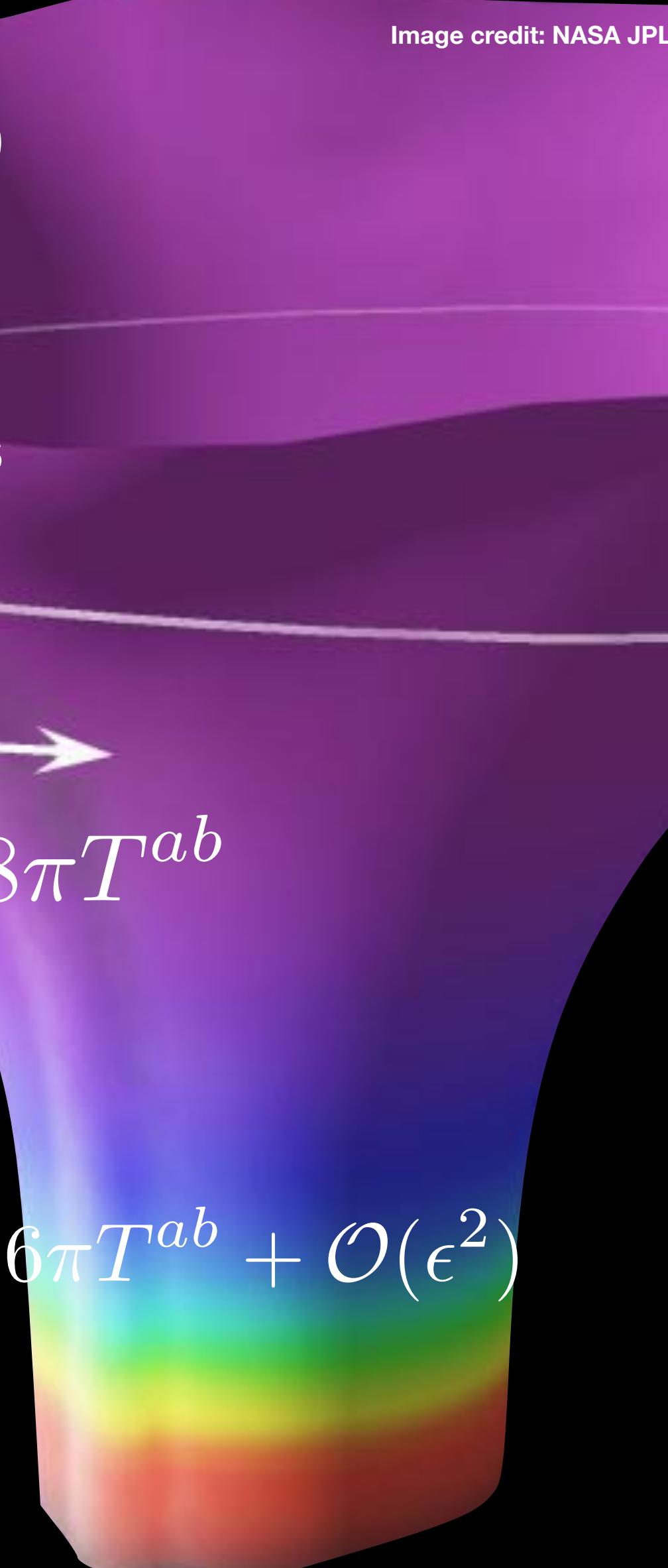




Image credit: NASA JPL

# Motivation: GWs

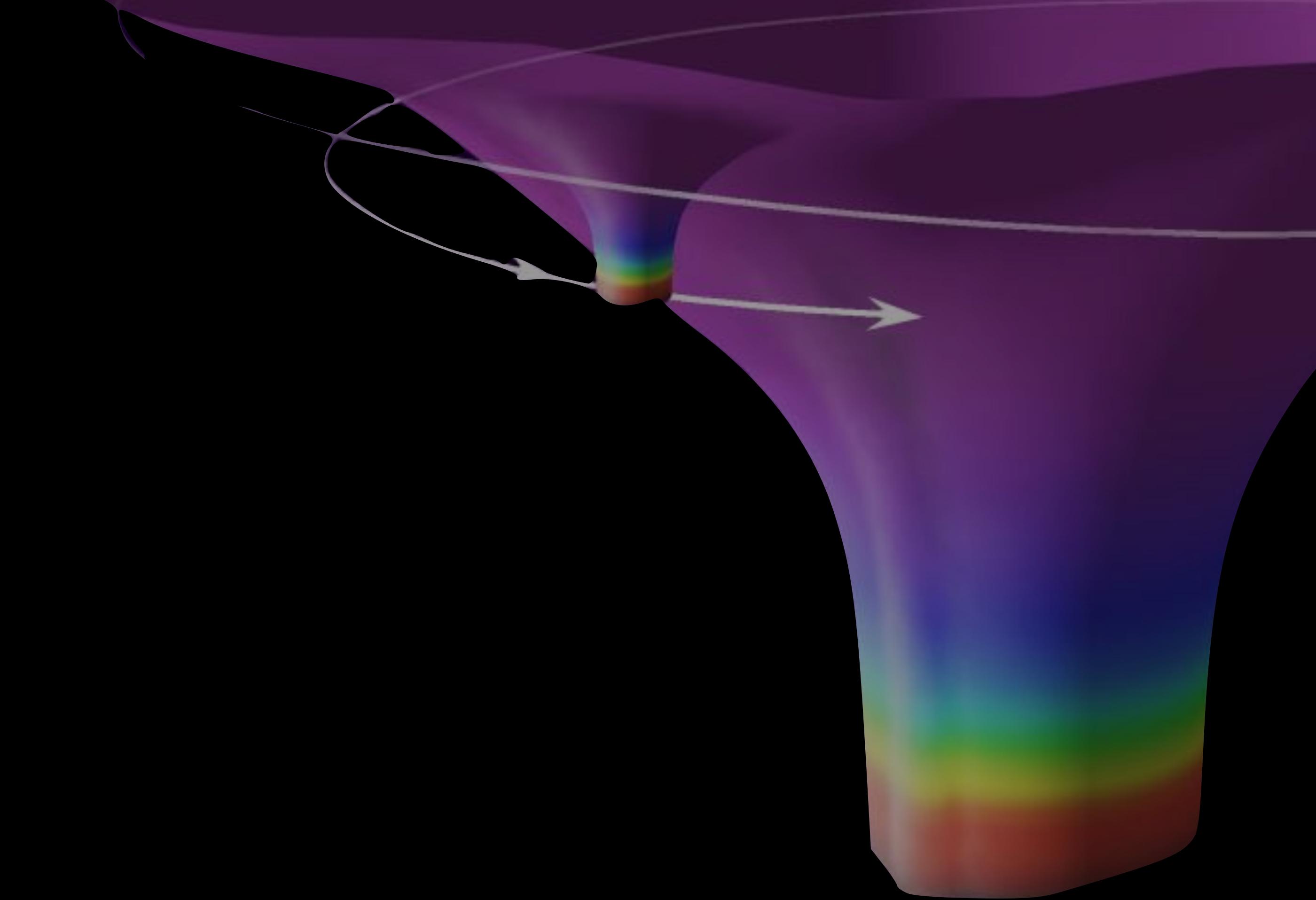




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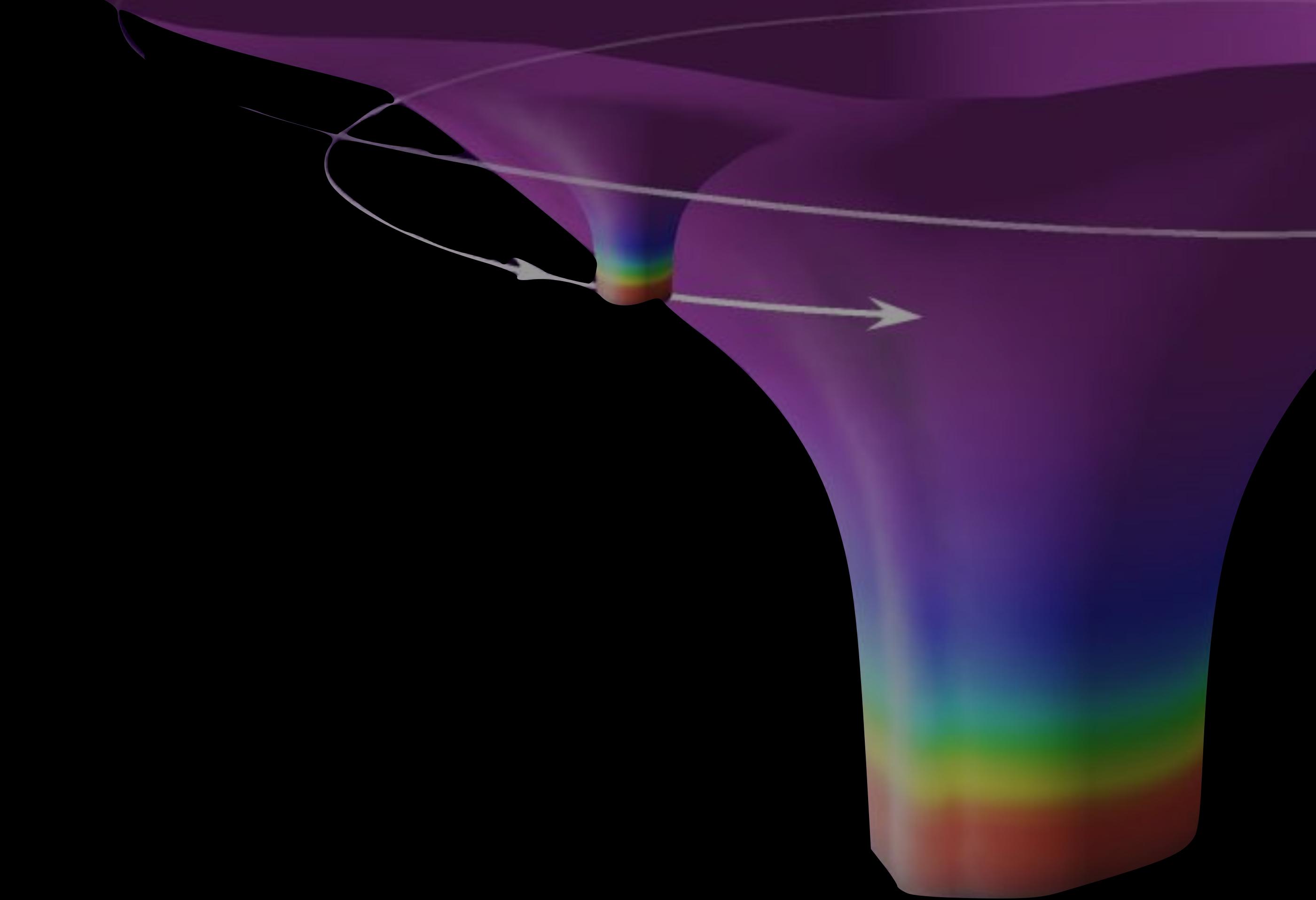
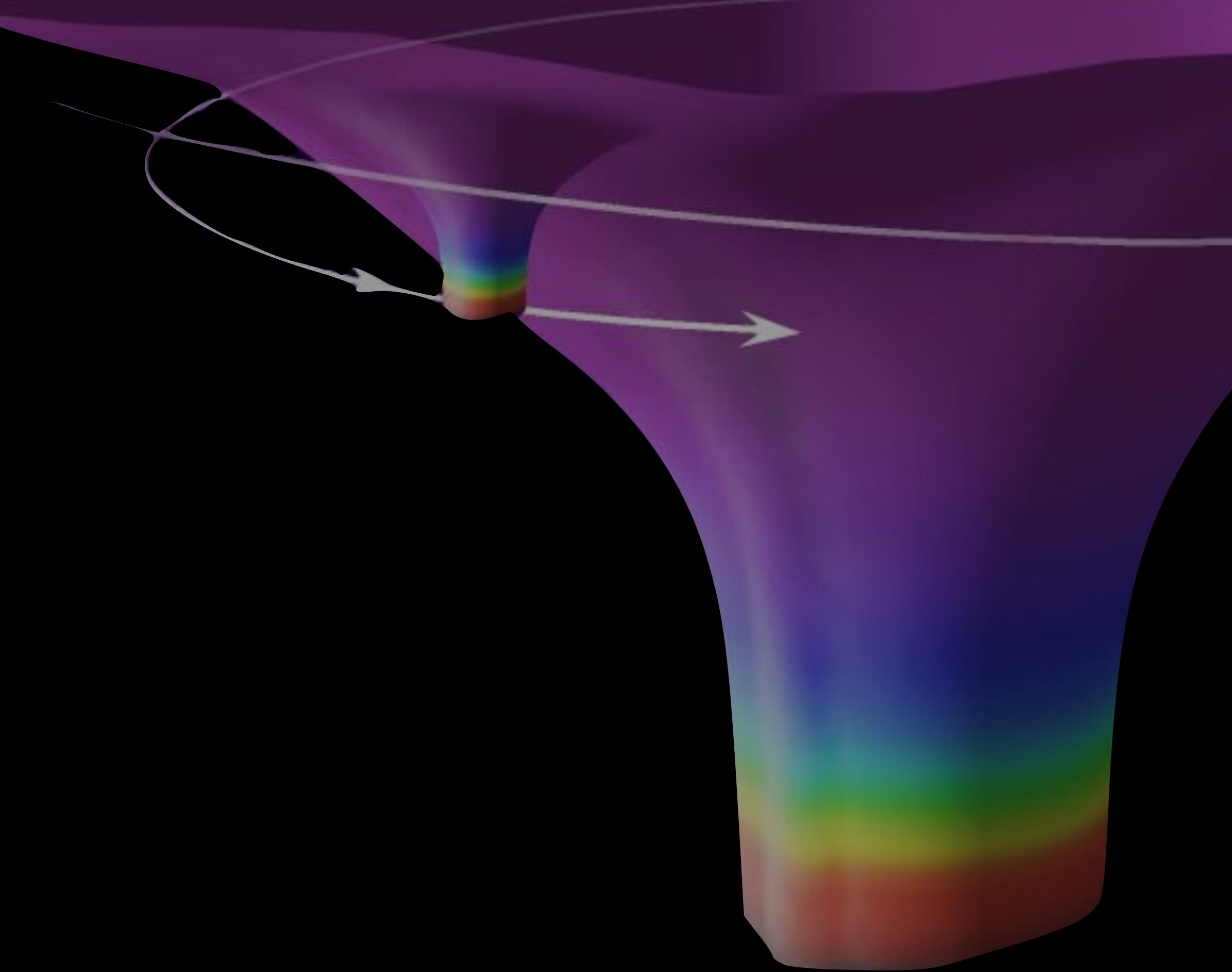
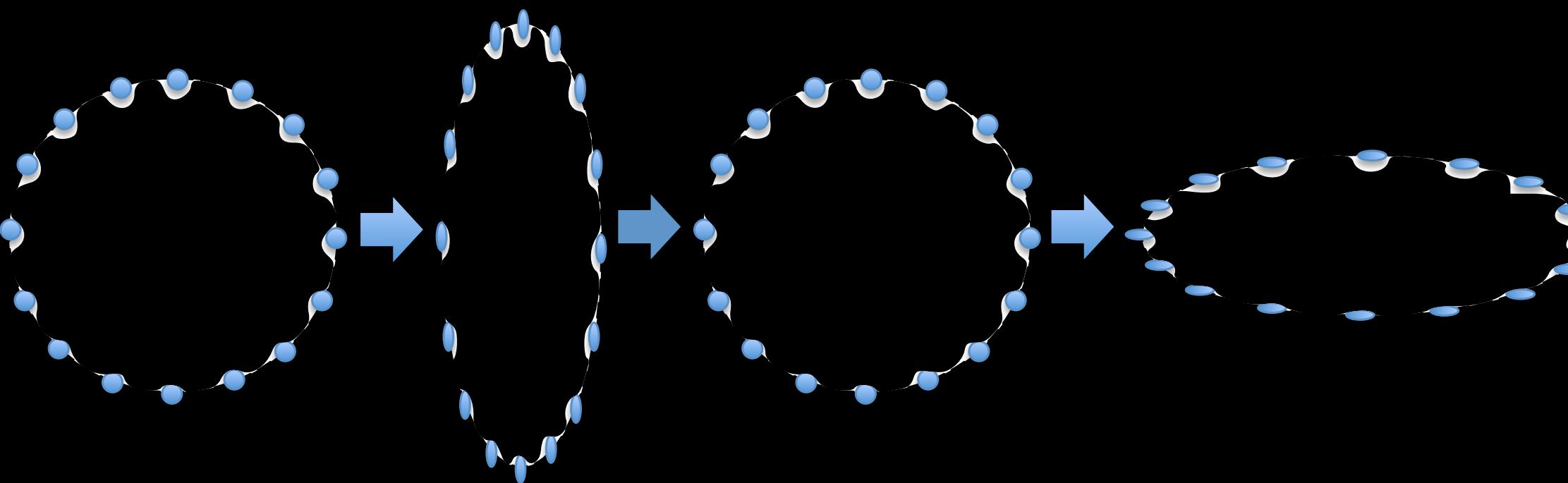




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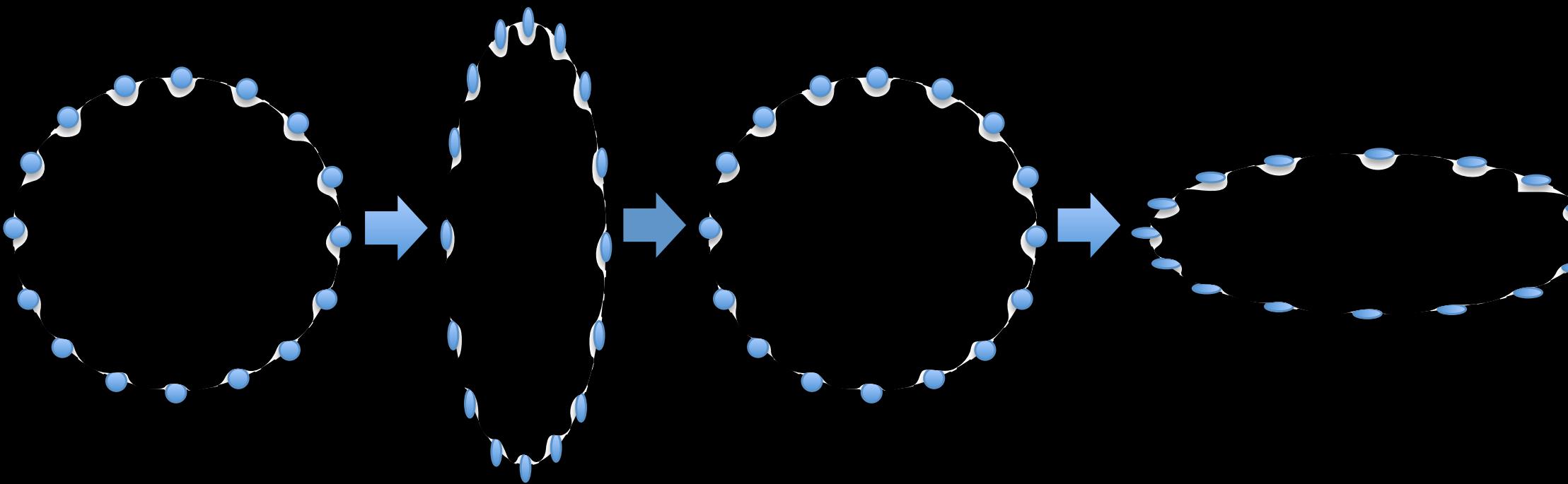
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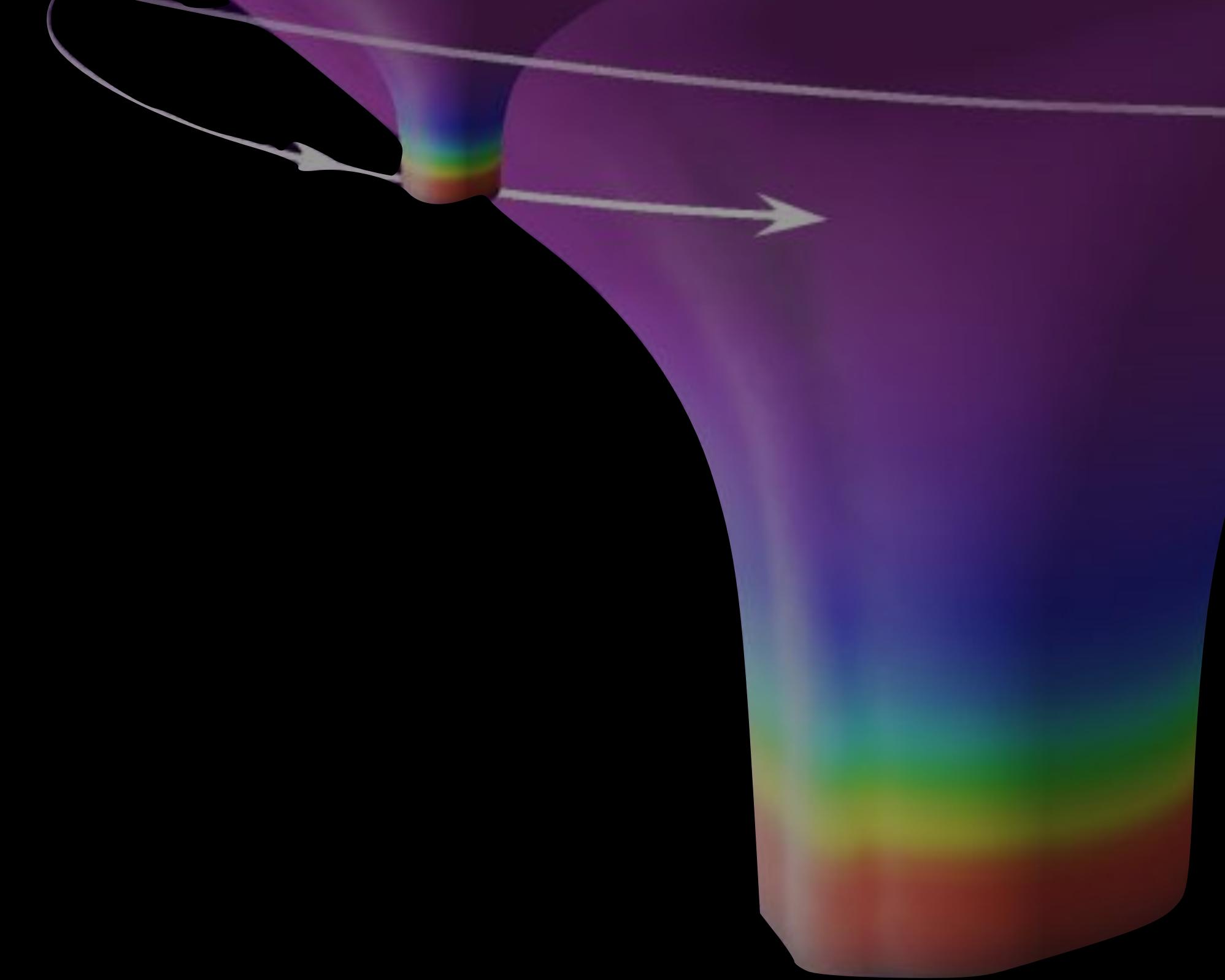


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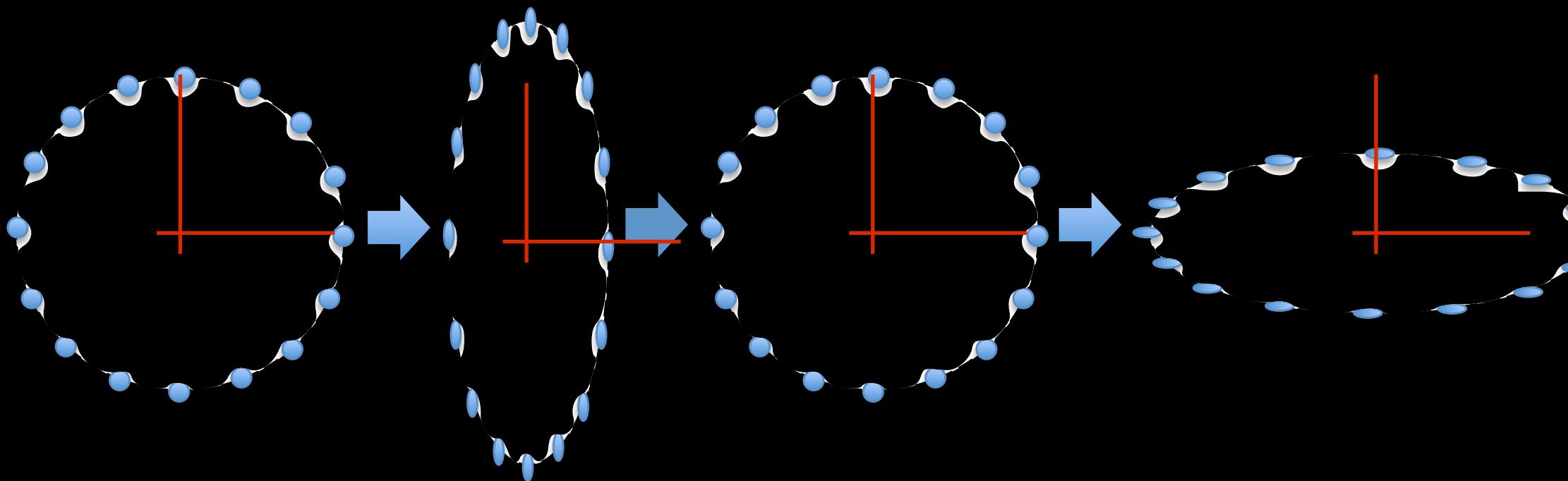


- Gravitational wave detectors

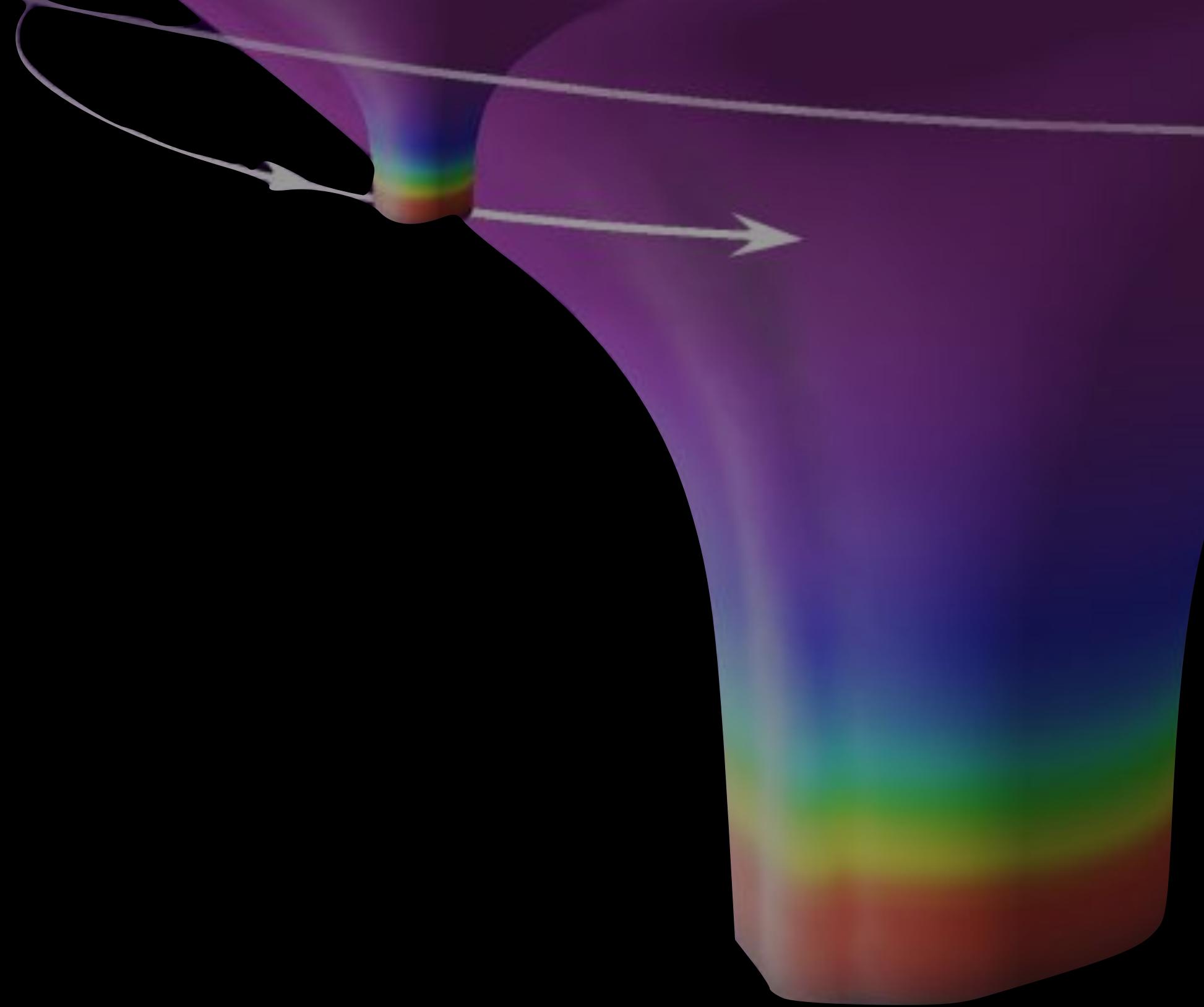


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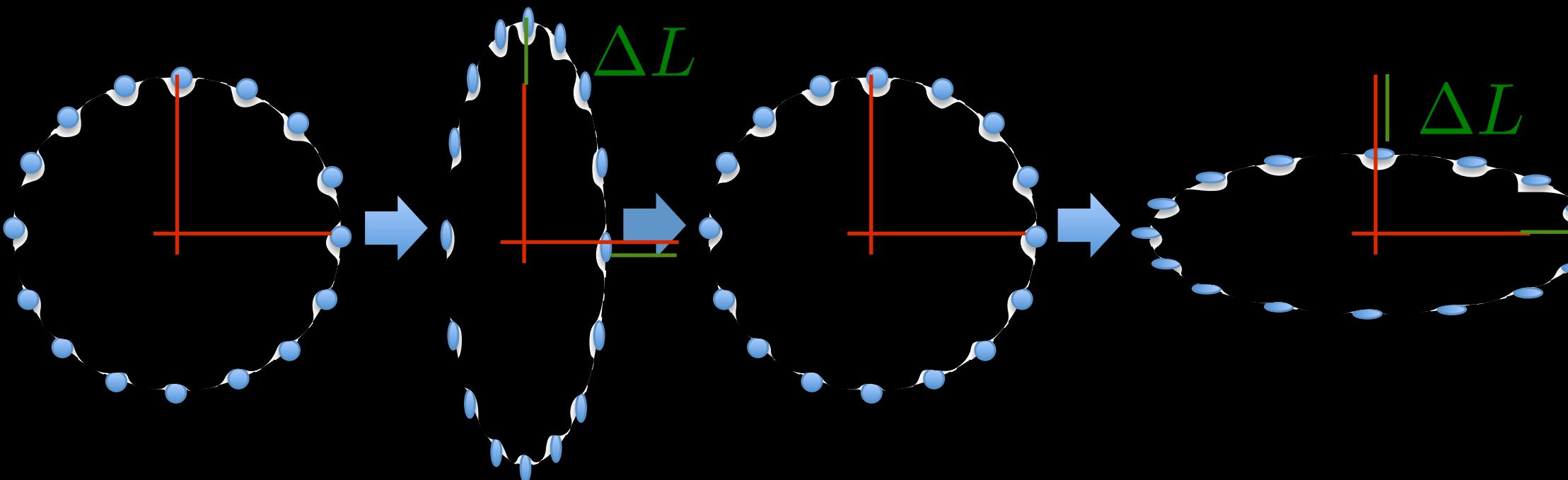


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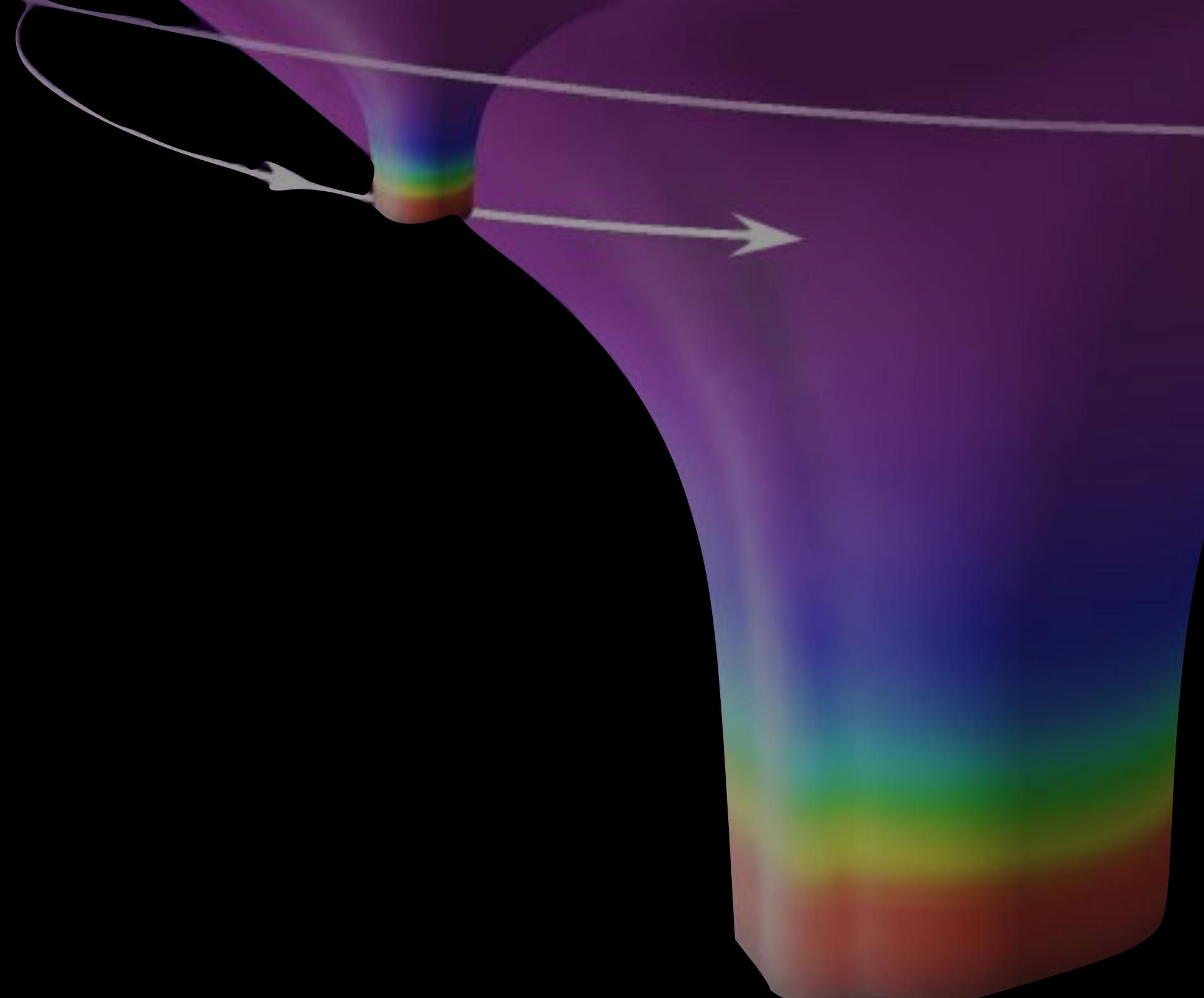


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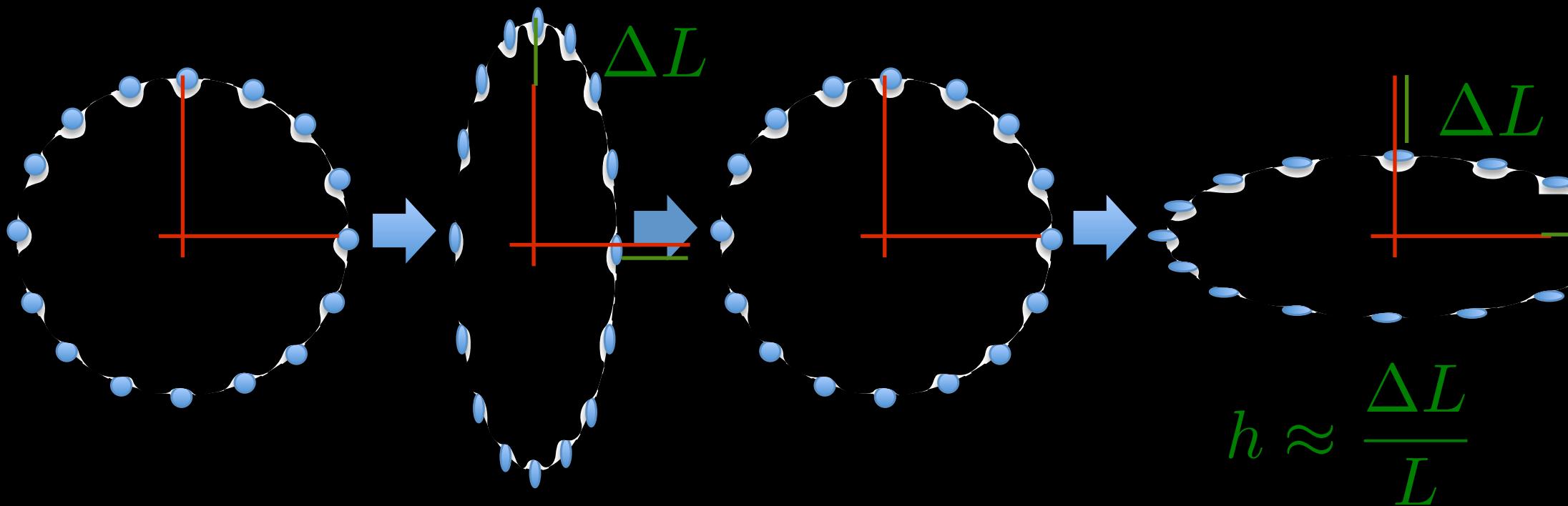


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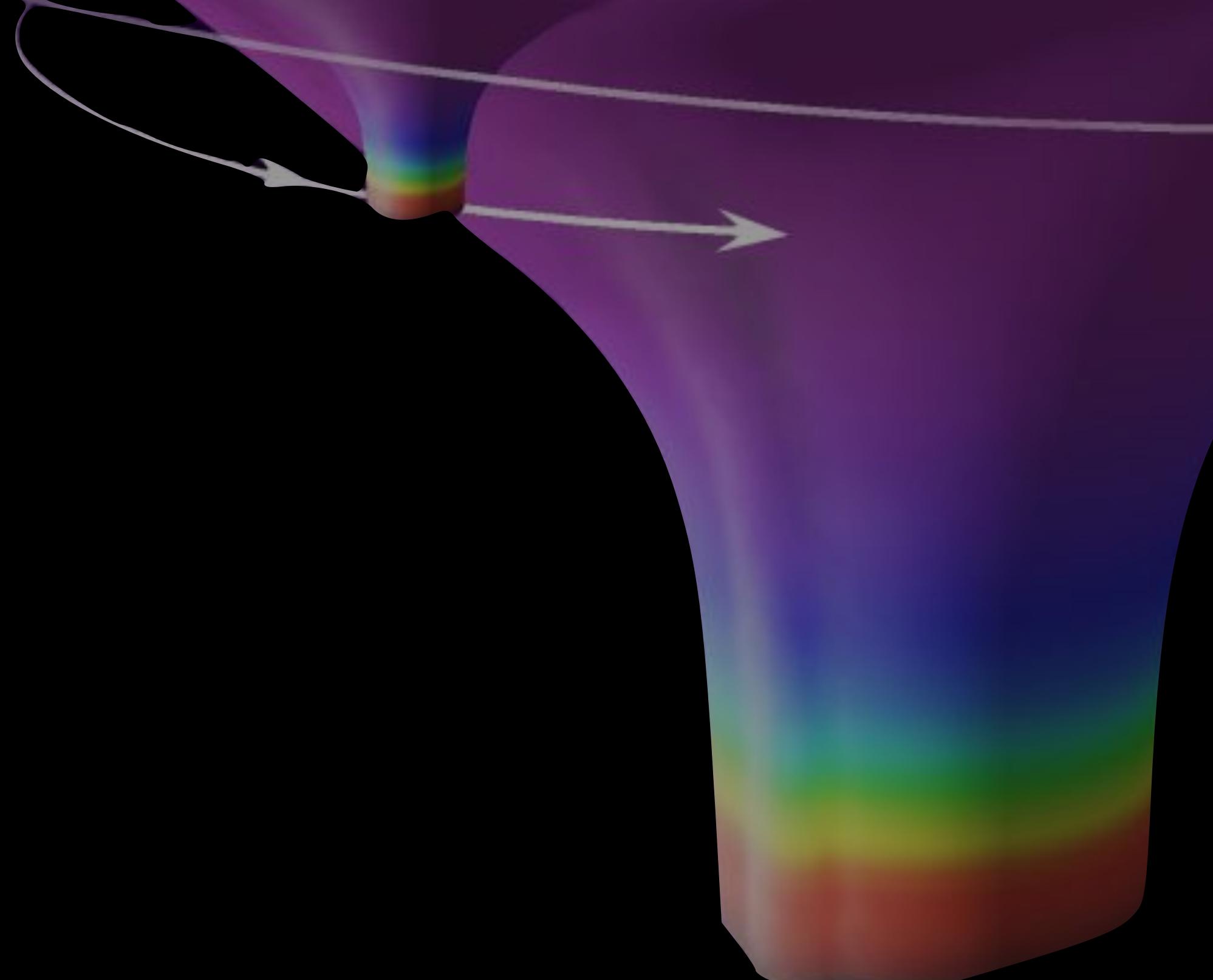


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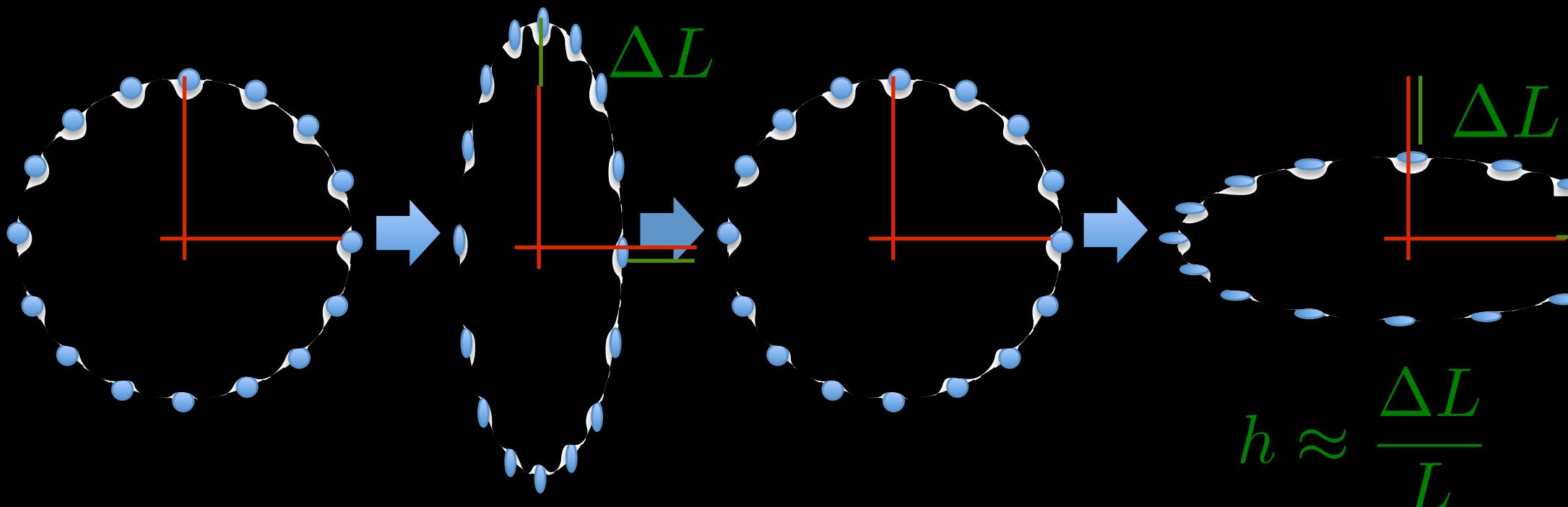


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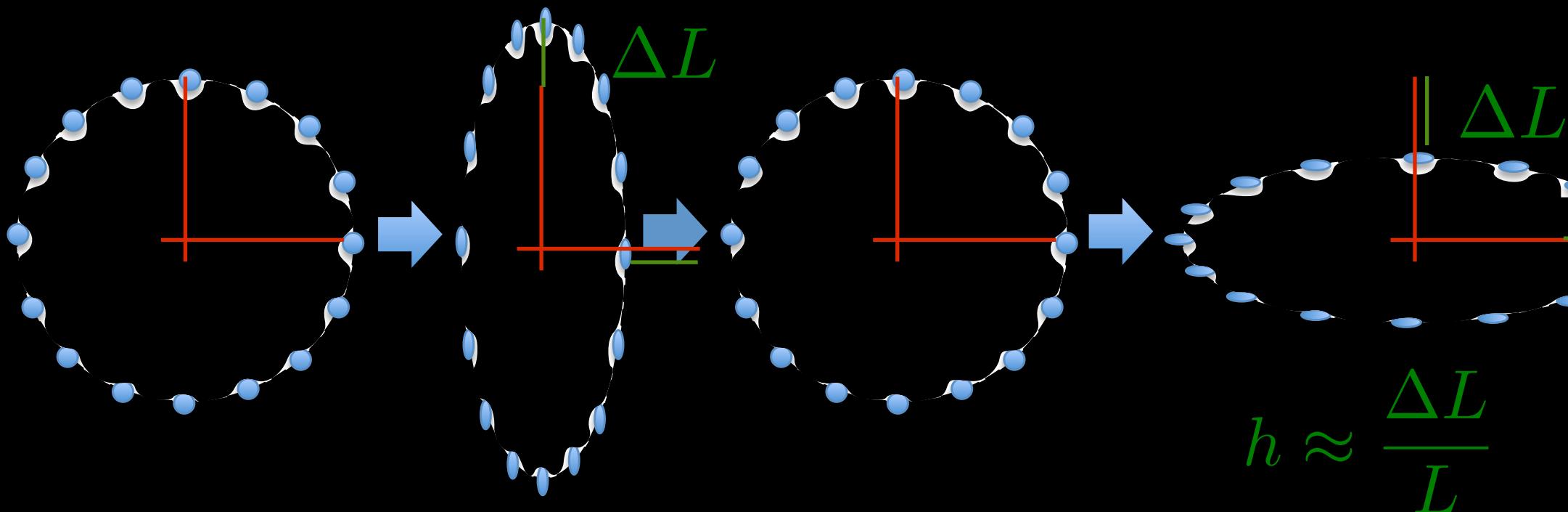
- Gravitational wave detectors



Image credit: Caltech/MIT/LIGO Lab

# Motivation: GWs

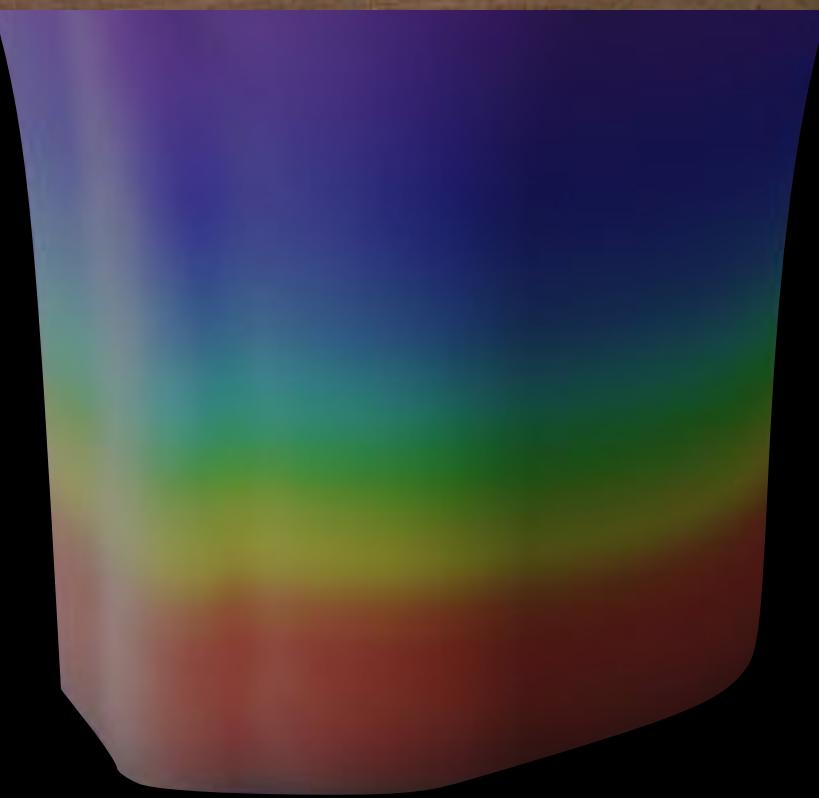
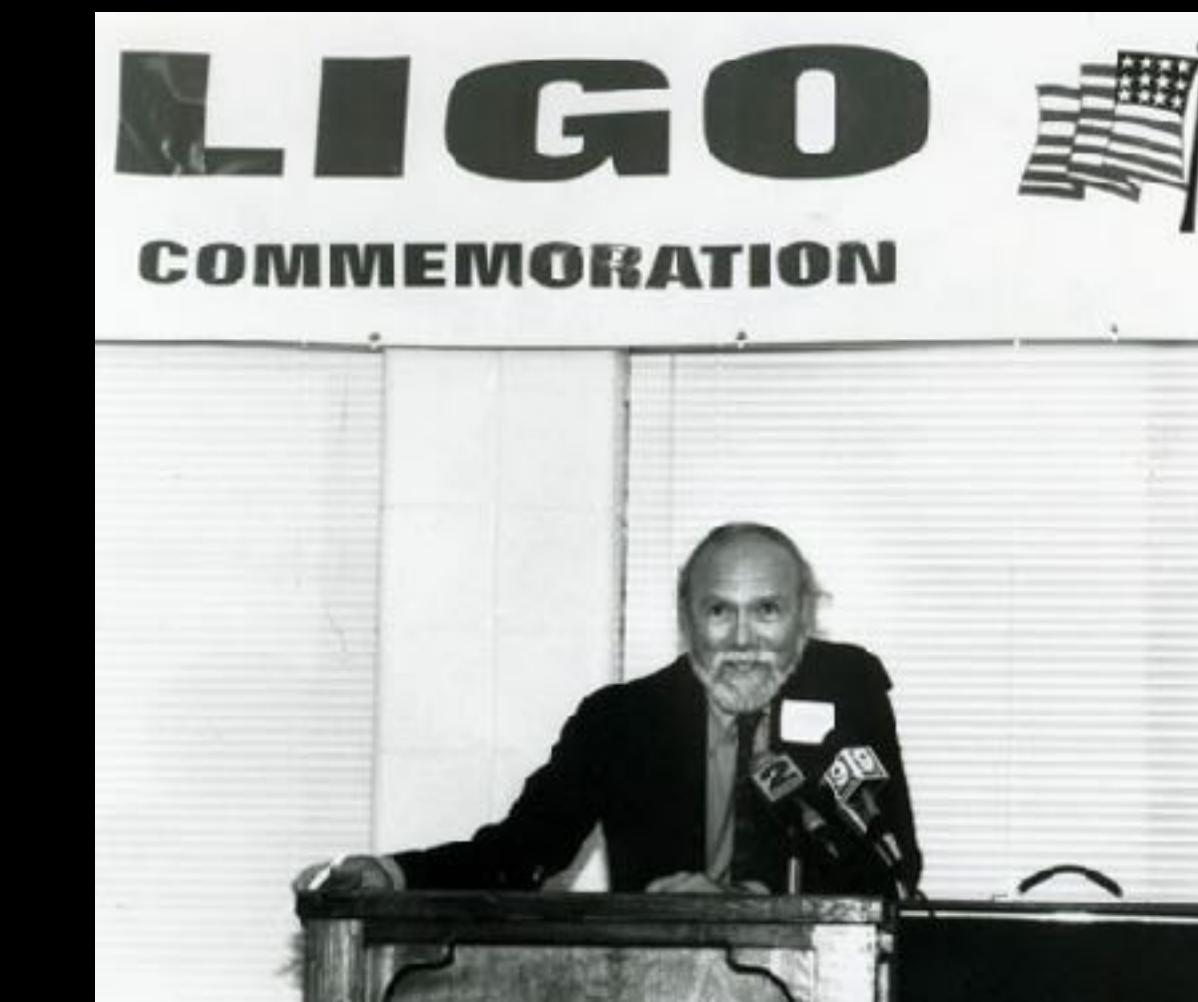
- Gravitational waves



- Gravitational wave detectors

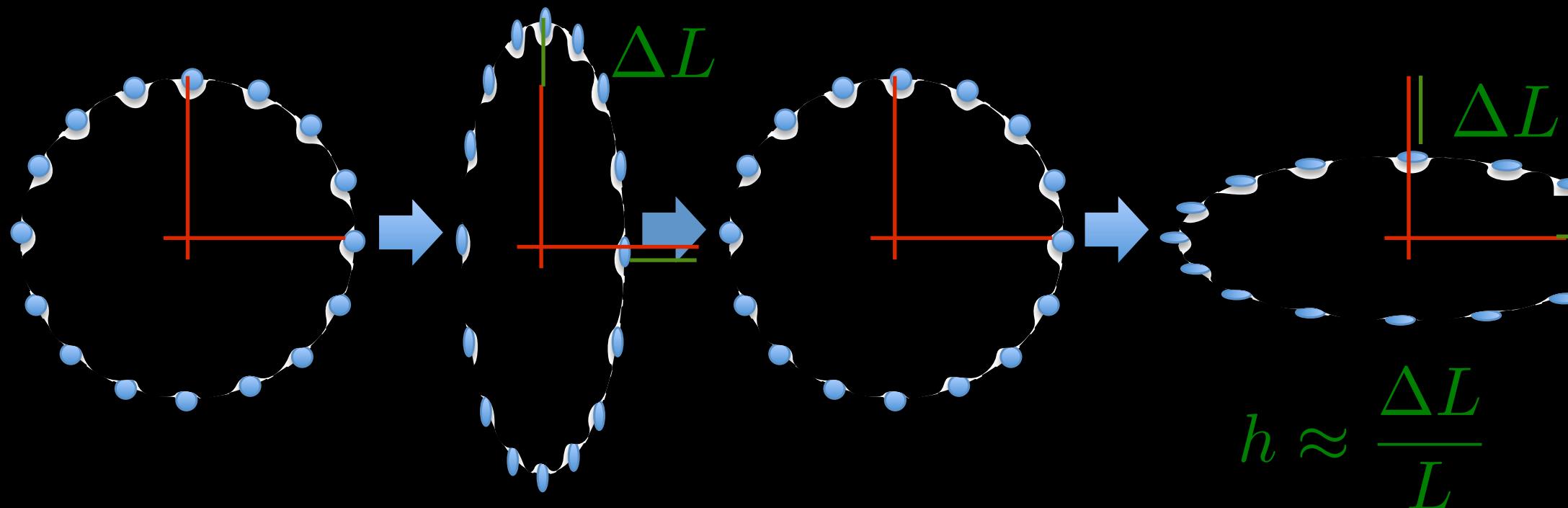


Image credit:Caltech/MIT/LIGO Lab



# Motivation: GWs

- Gravitational waves



- Gravitational wave detectors



Image credit:Caltech/MIT/LIGO Lab

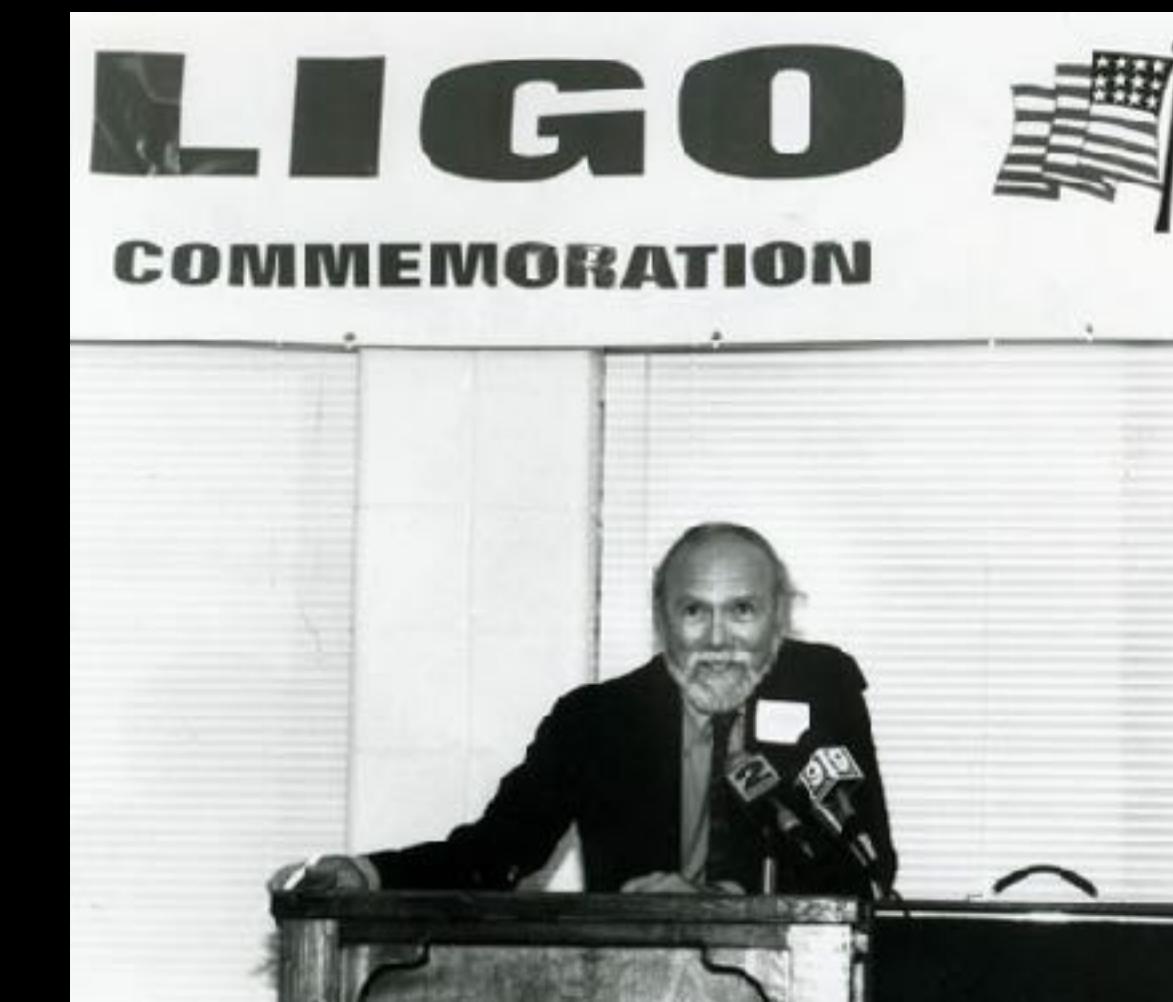
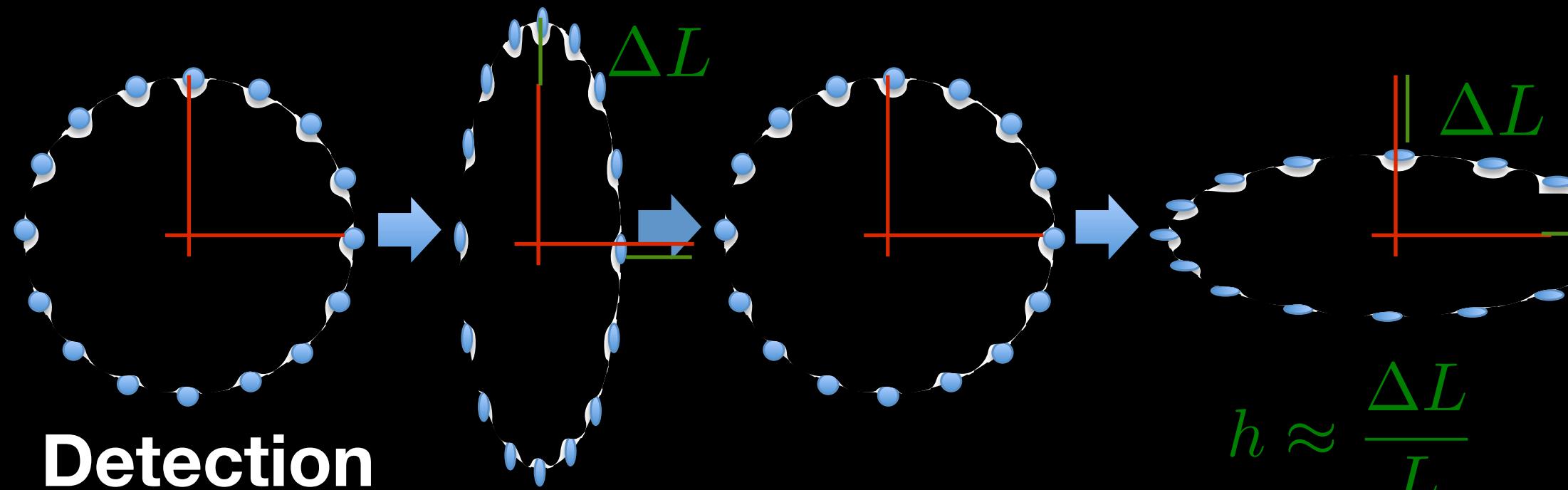


Image credit:The Virgo collaboration/CCO 1.0

# Motivation: GWs

- Gravitational waves



- Detection

- Gravitational wave detectors



Image credit:Caltech/MIT/LIGO Lab

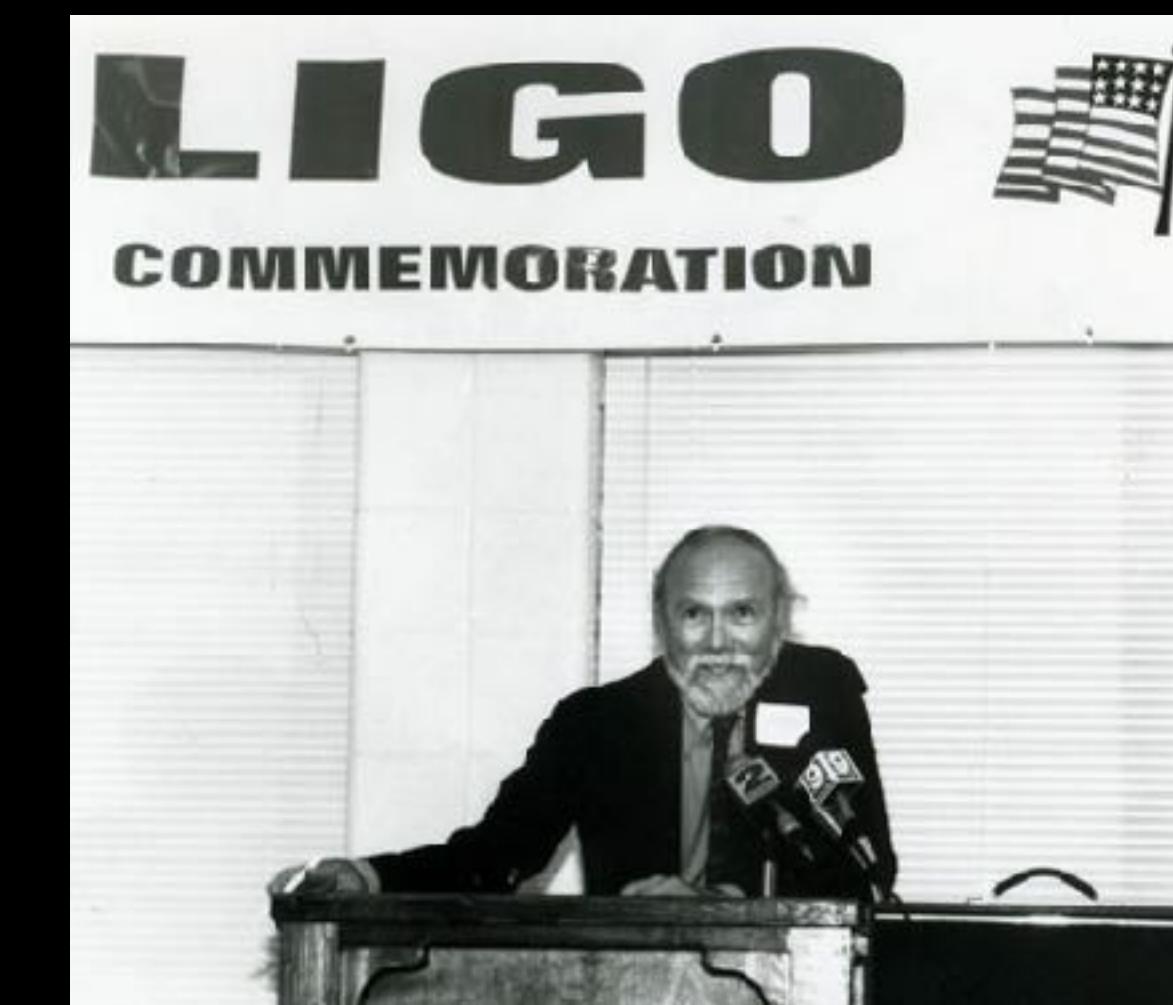
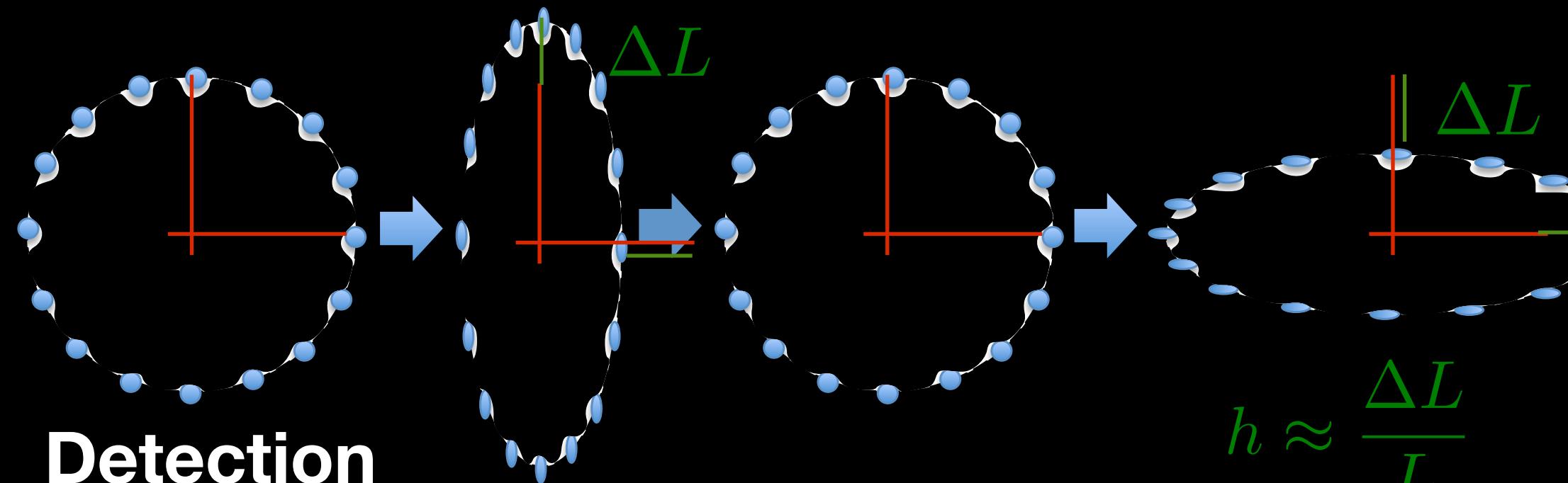


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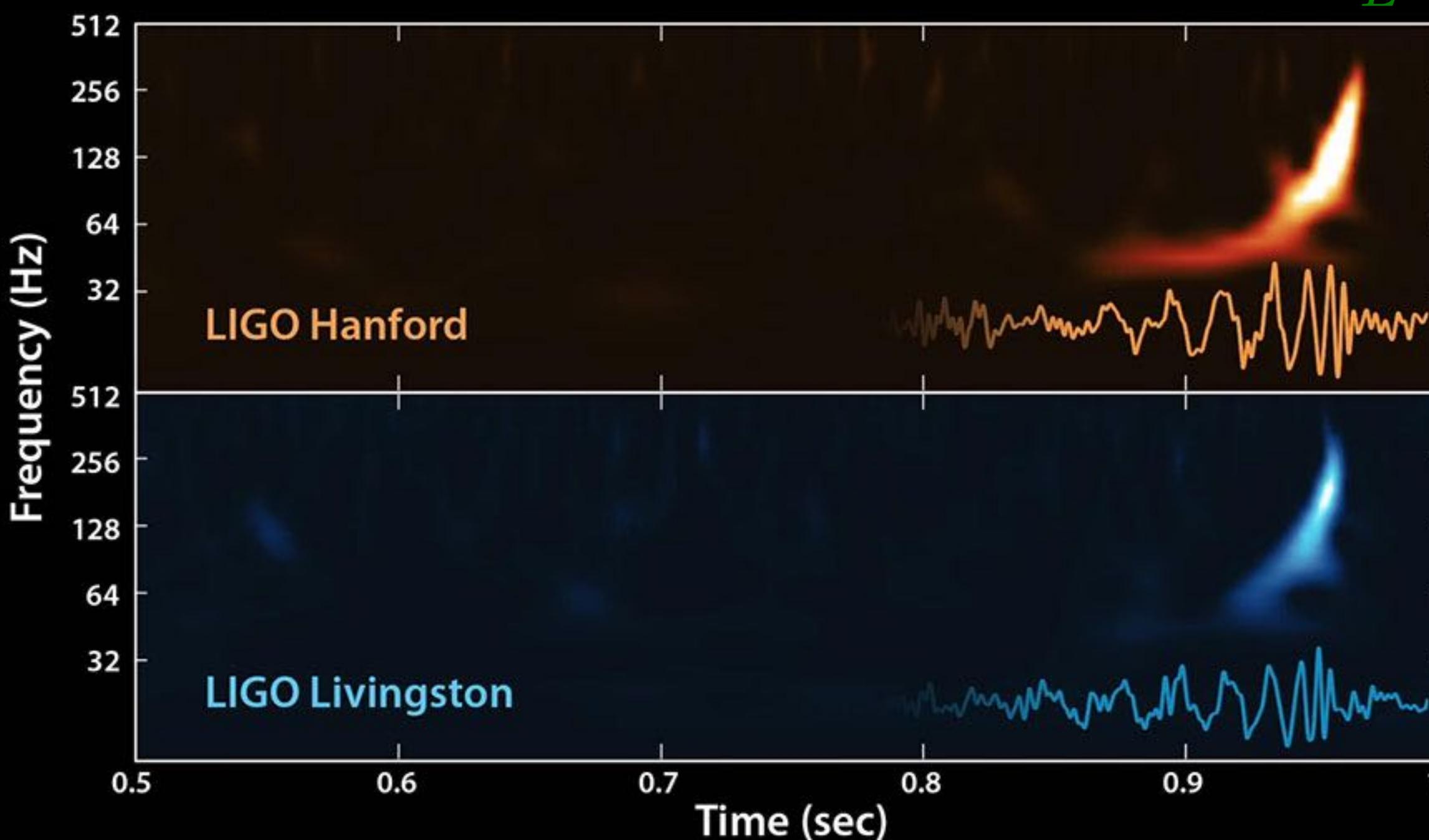


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- Detection



- Gravitational wave detectors



Image credit: Caltech/MIT/LIGO Lab

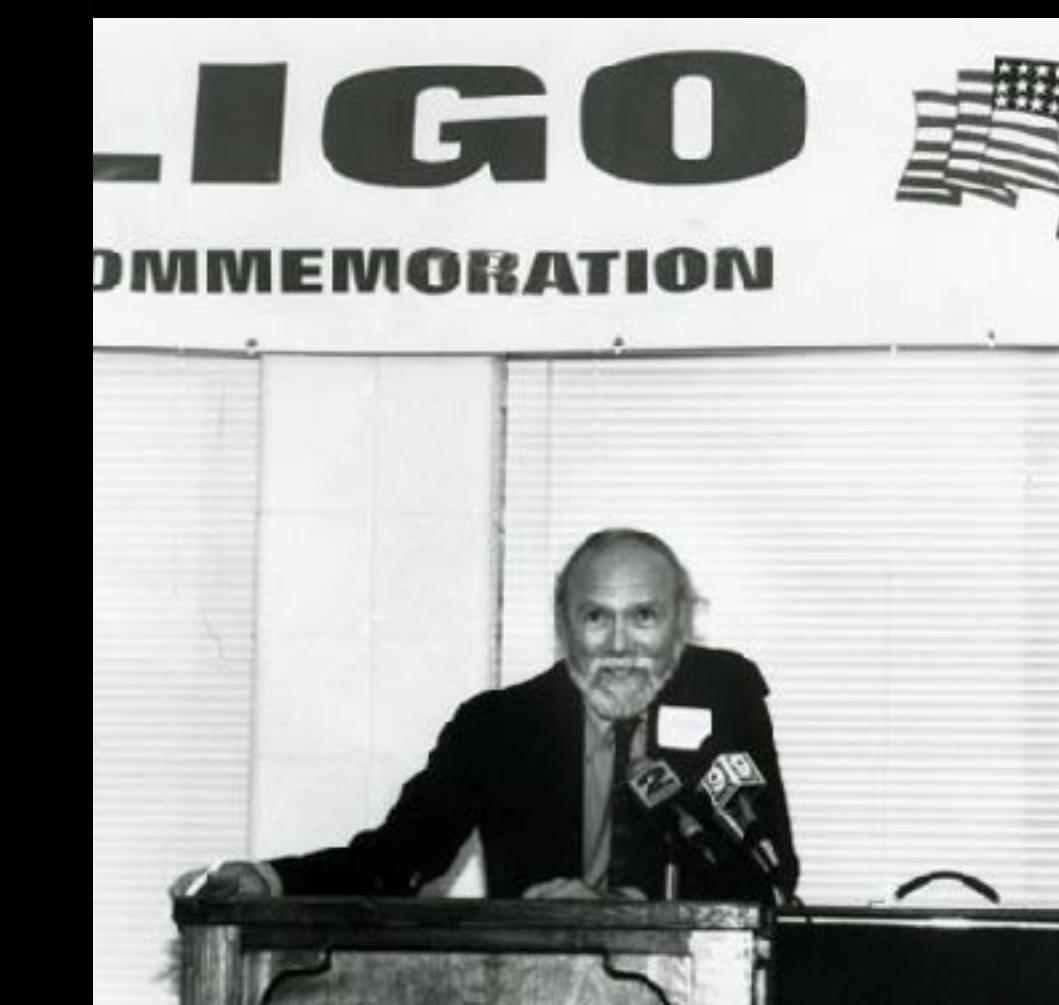
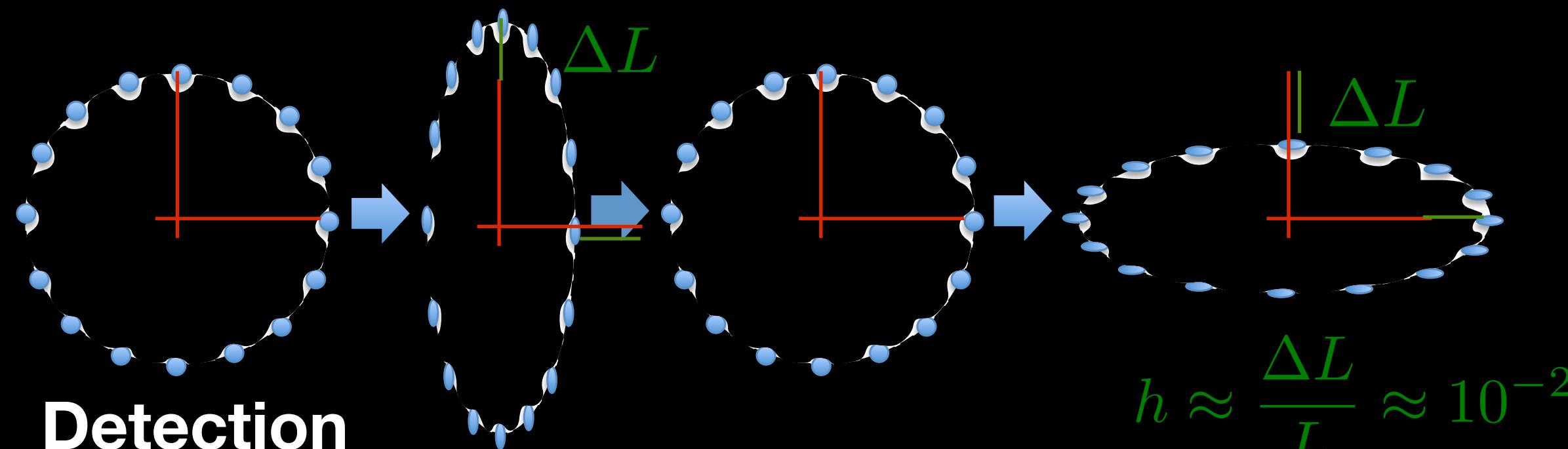


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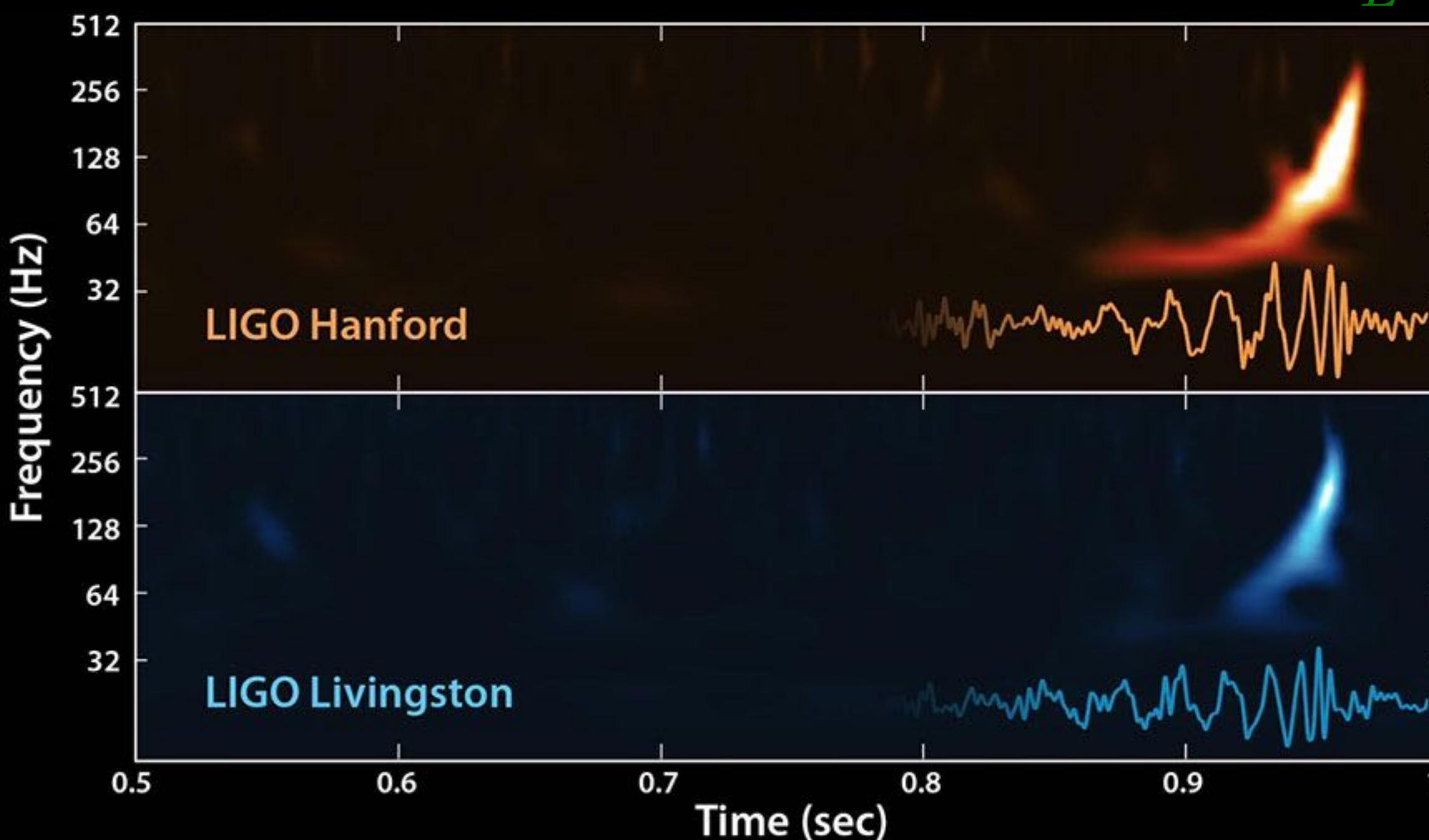


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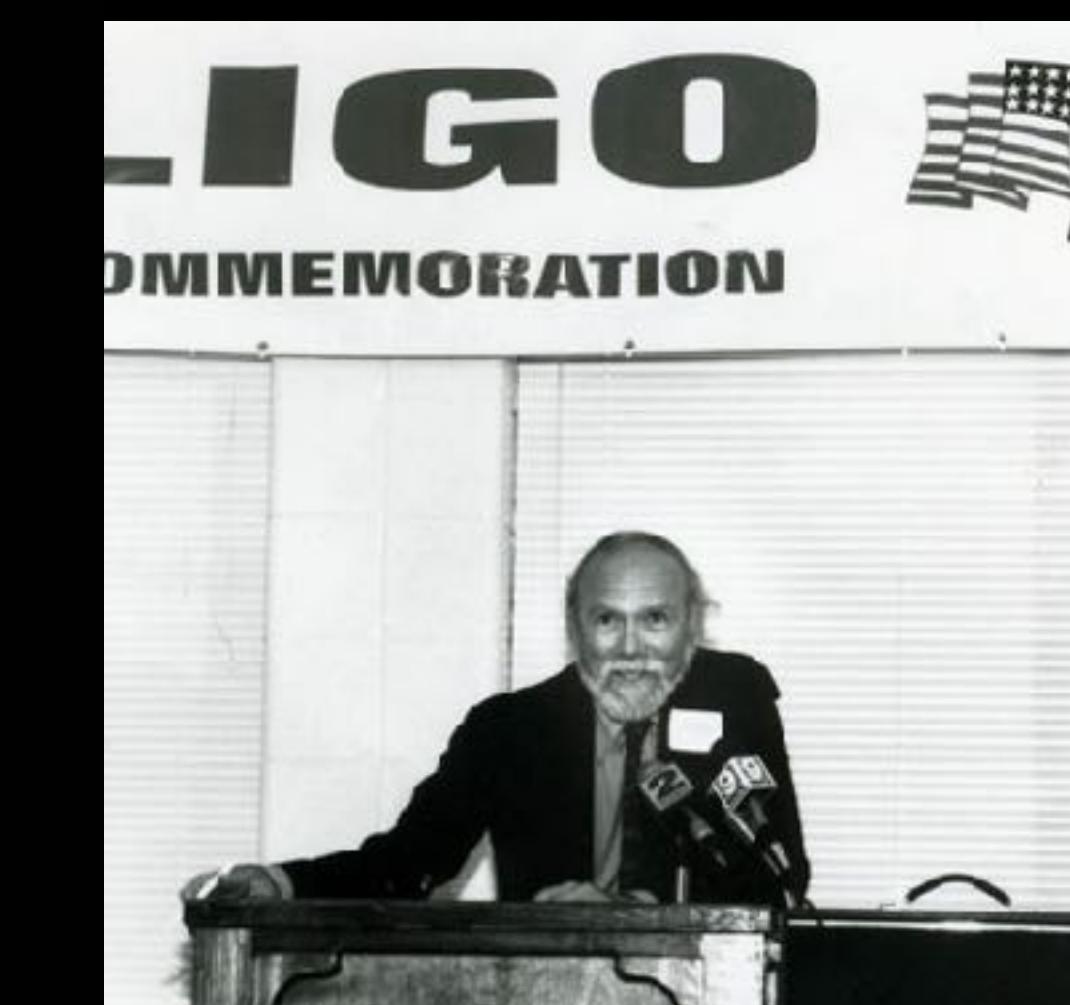
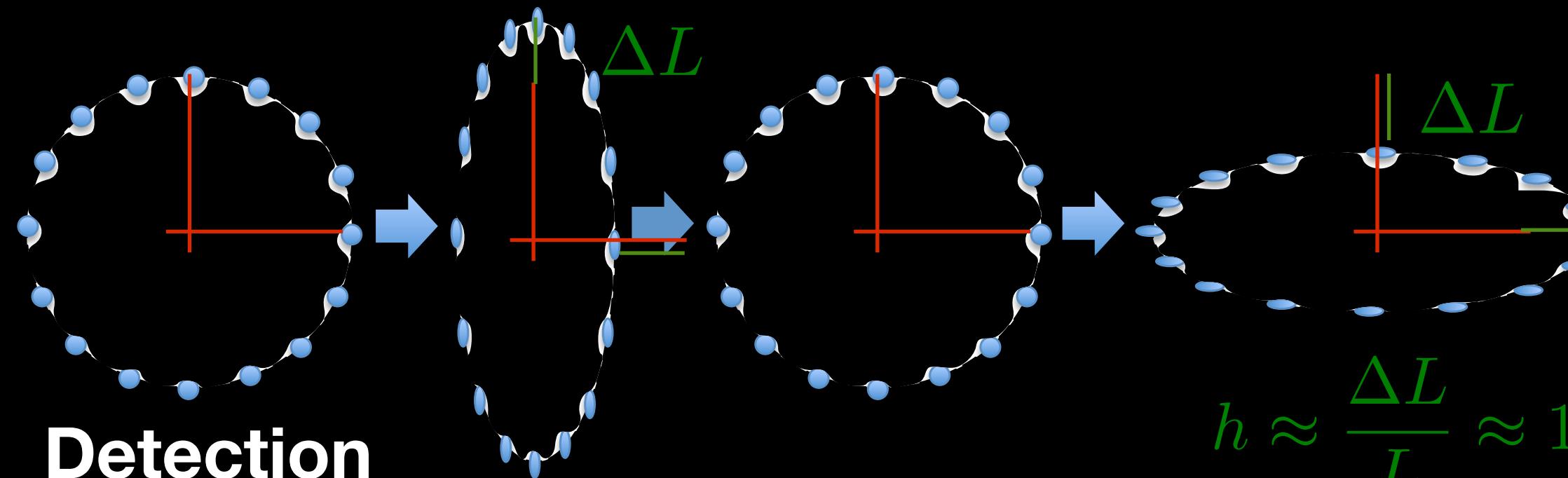


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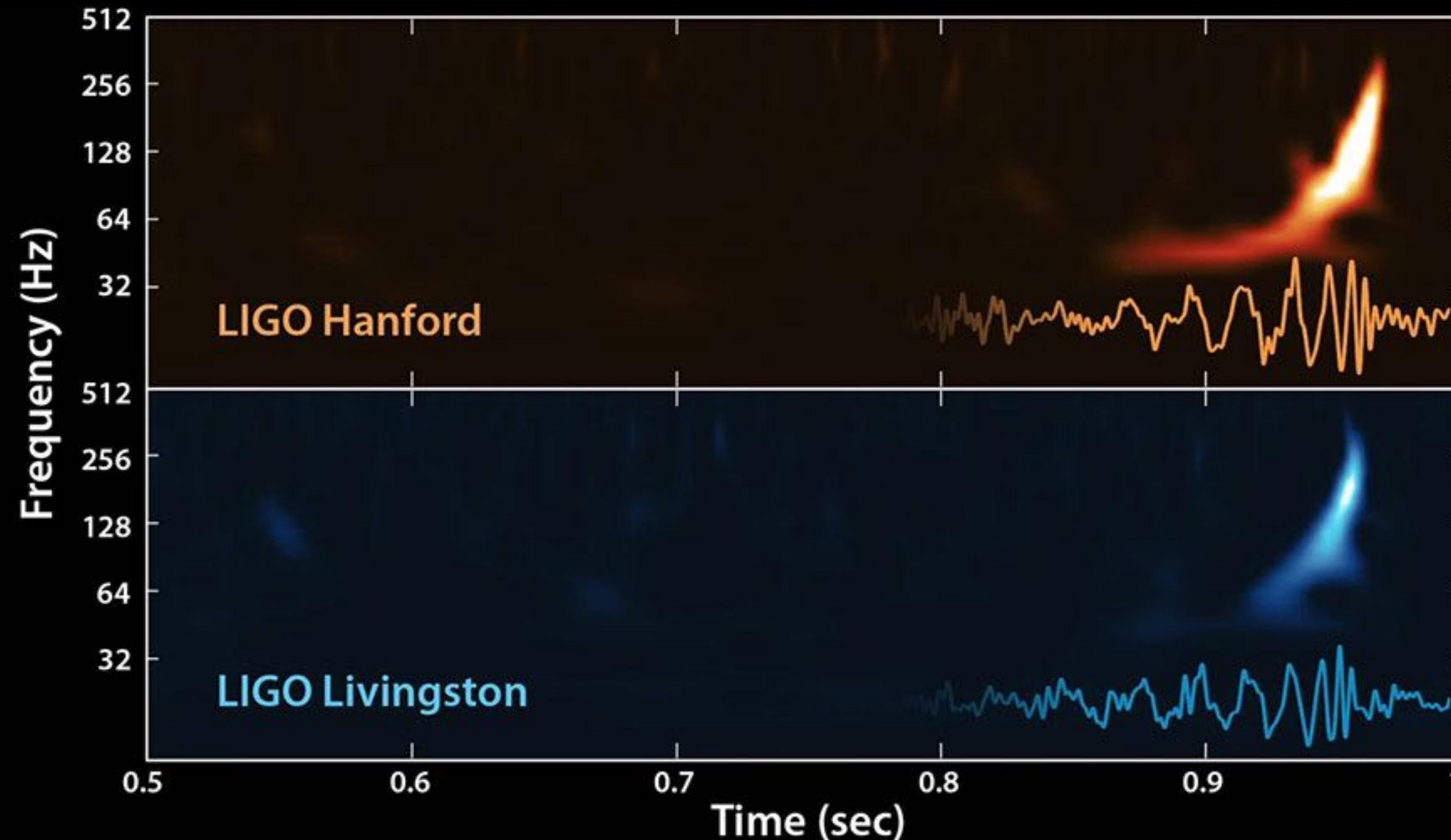


# Motivation: GWs

- Gravitational waves



- Detection



$$\Delta L = 4 \times 10^{-18} m$$

$$h \approx \frac{\Delta L}{L} \approx 10^{-21}$$

- Gravitational wave detectors



Image credit: Caltech/MIT/LIGO Lab

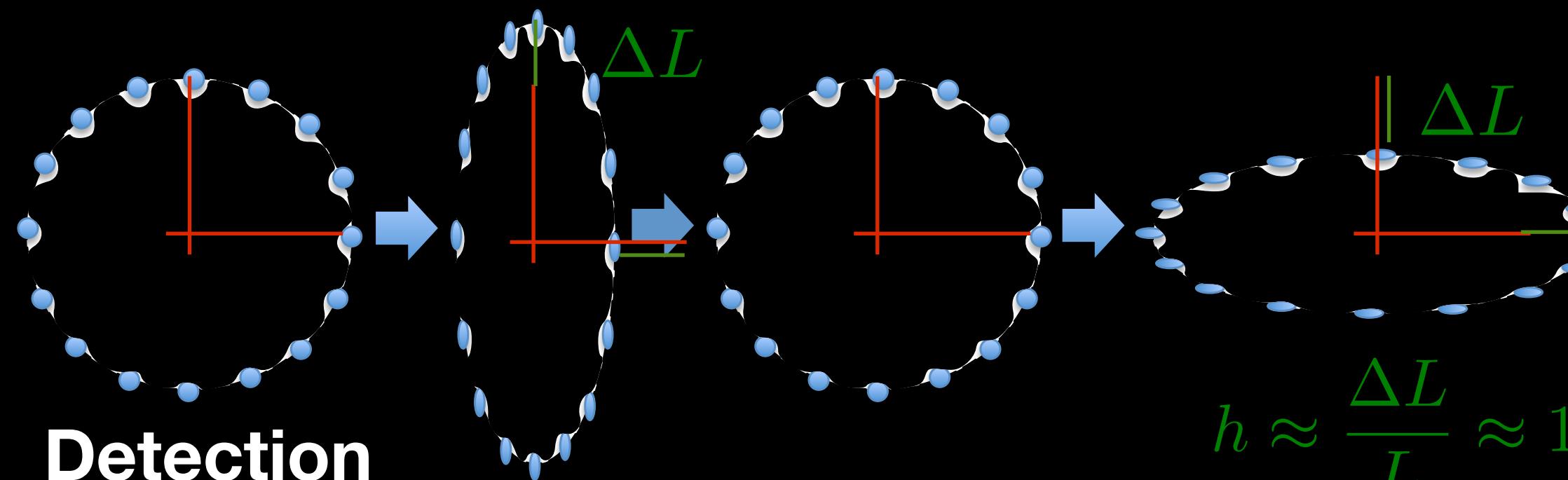


Image credit: The Virgo collaboration/CCO 1.0

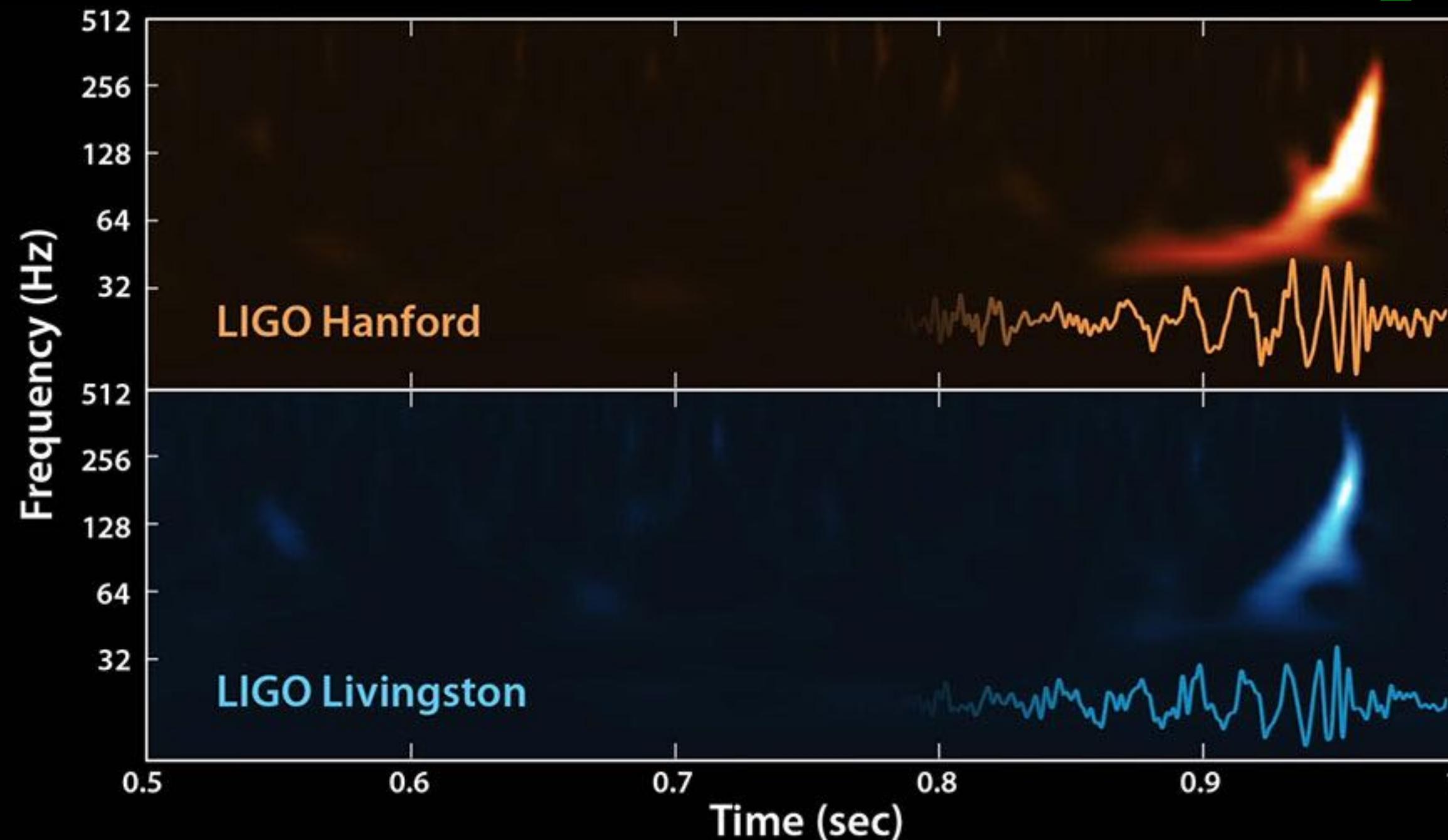


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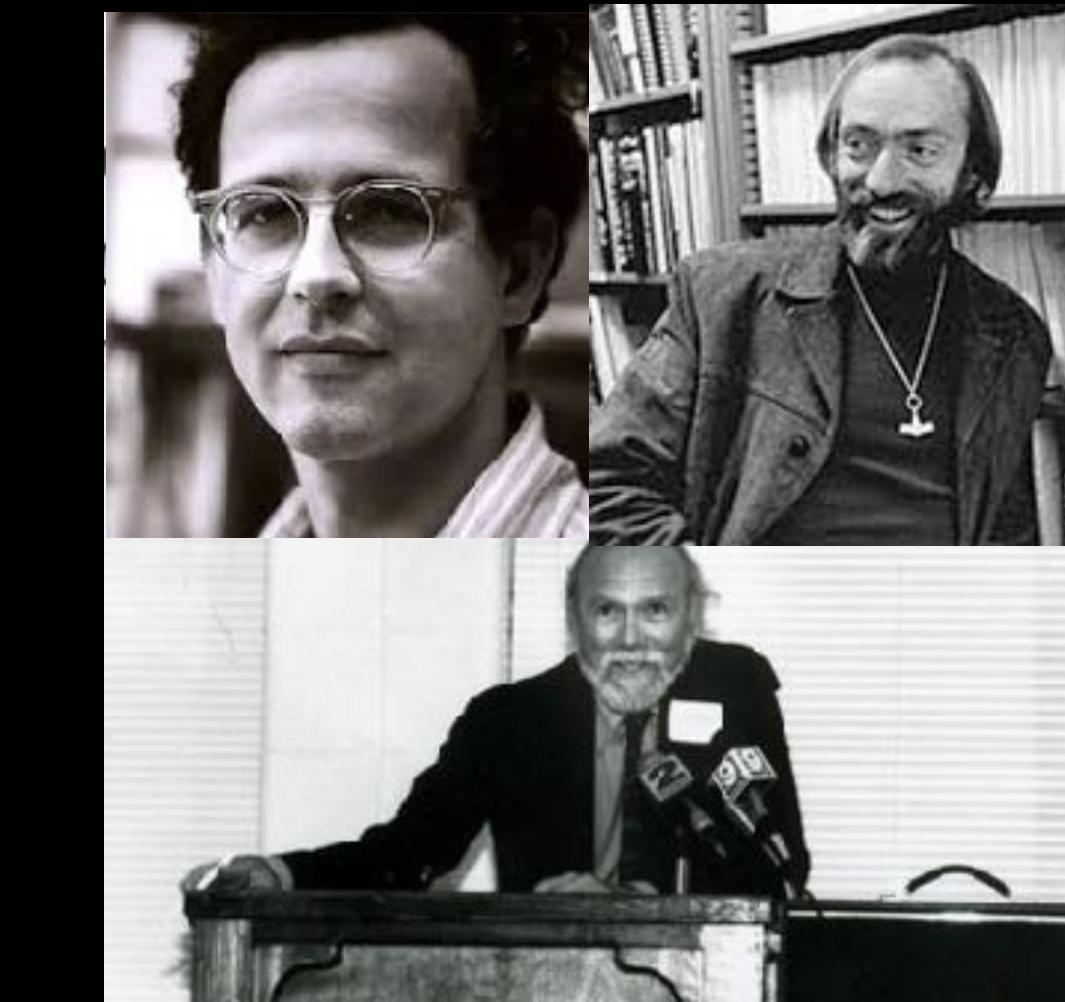


Image credit: The Virgo collaboration/CCO 1.0



# Motivation: GWs

Image credit: NASA JPL

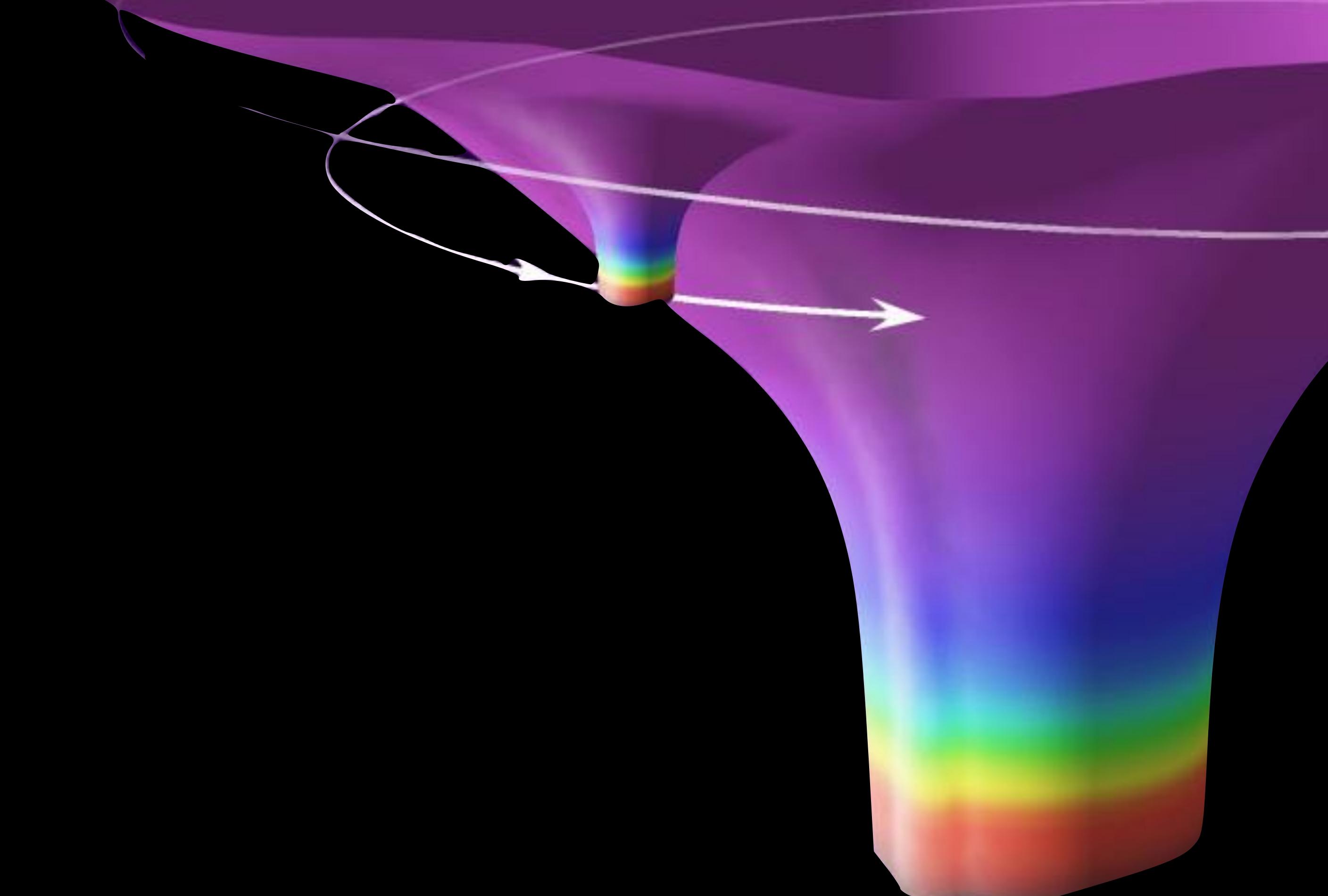
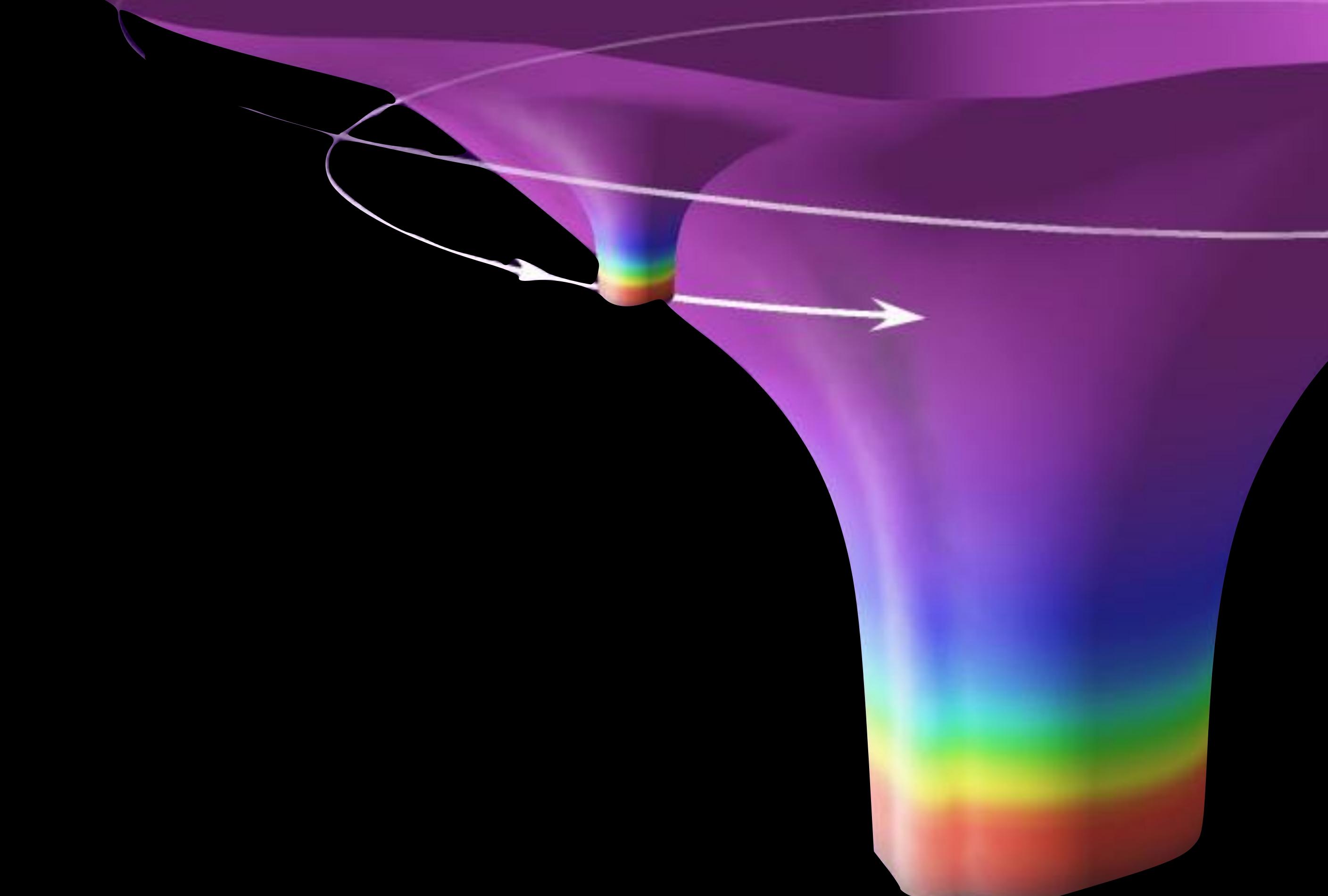




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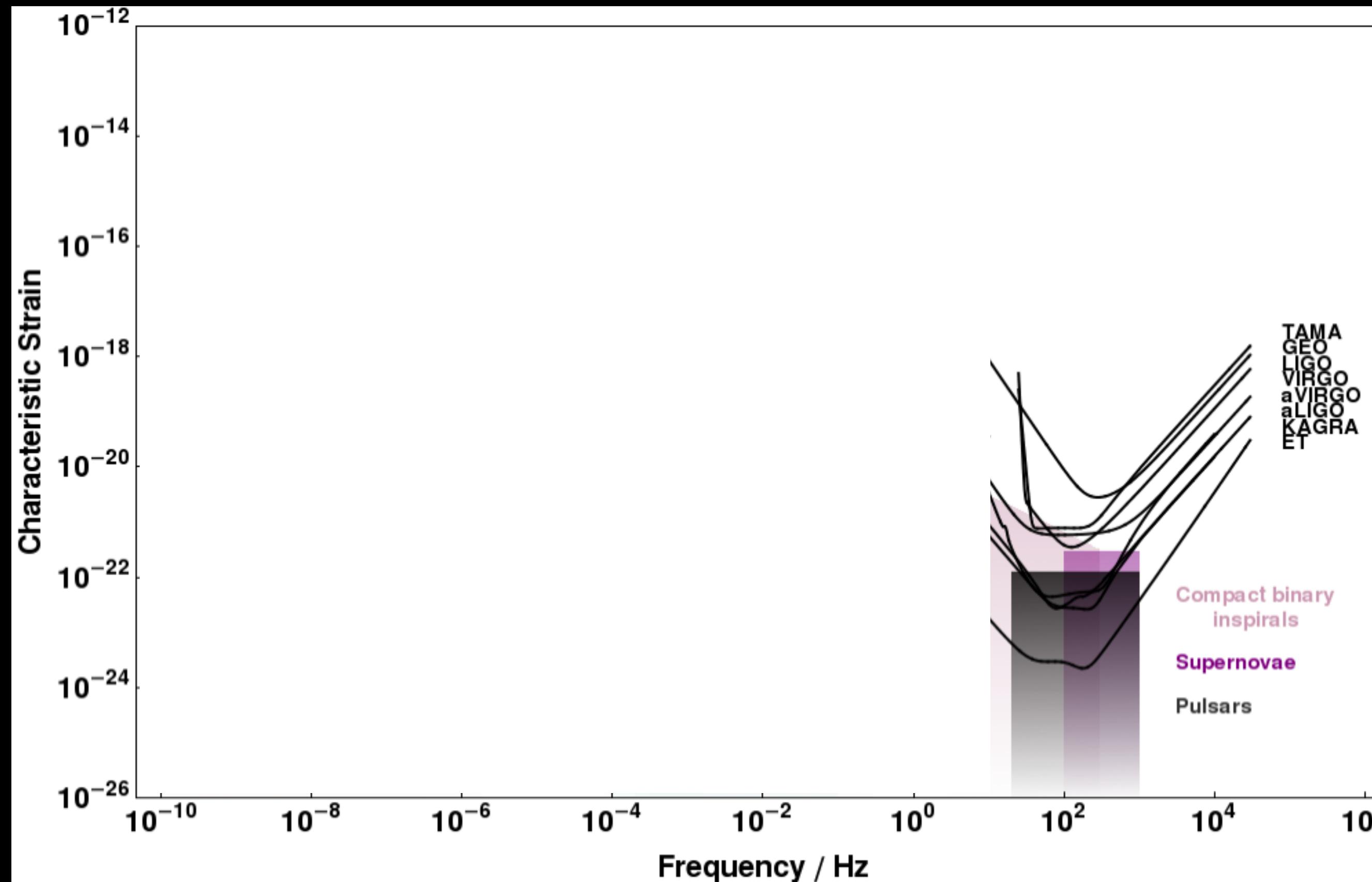
# Motivation: GWs

- Gravitational wave spectroscopy



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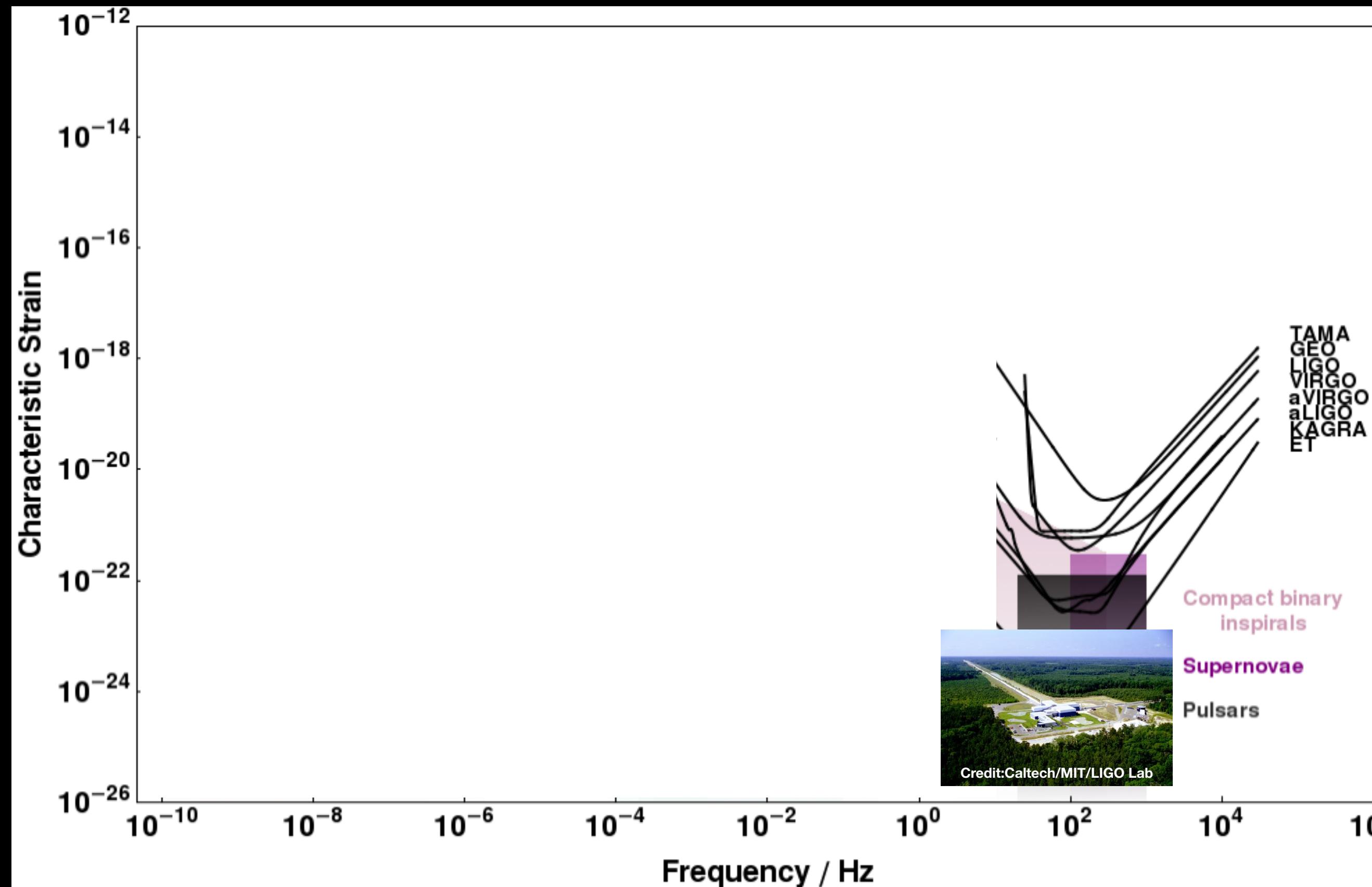
C.J. Moore et al., Class. Quantum Grav 32, 015014 (2015)



Image credit: NASA JPL

# Motivation: GWs

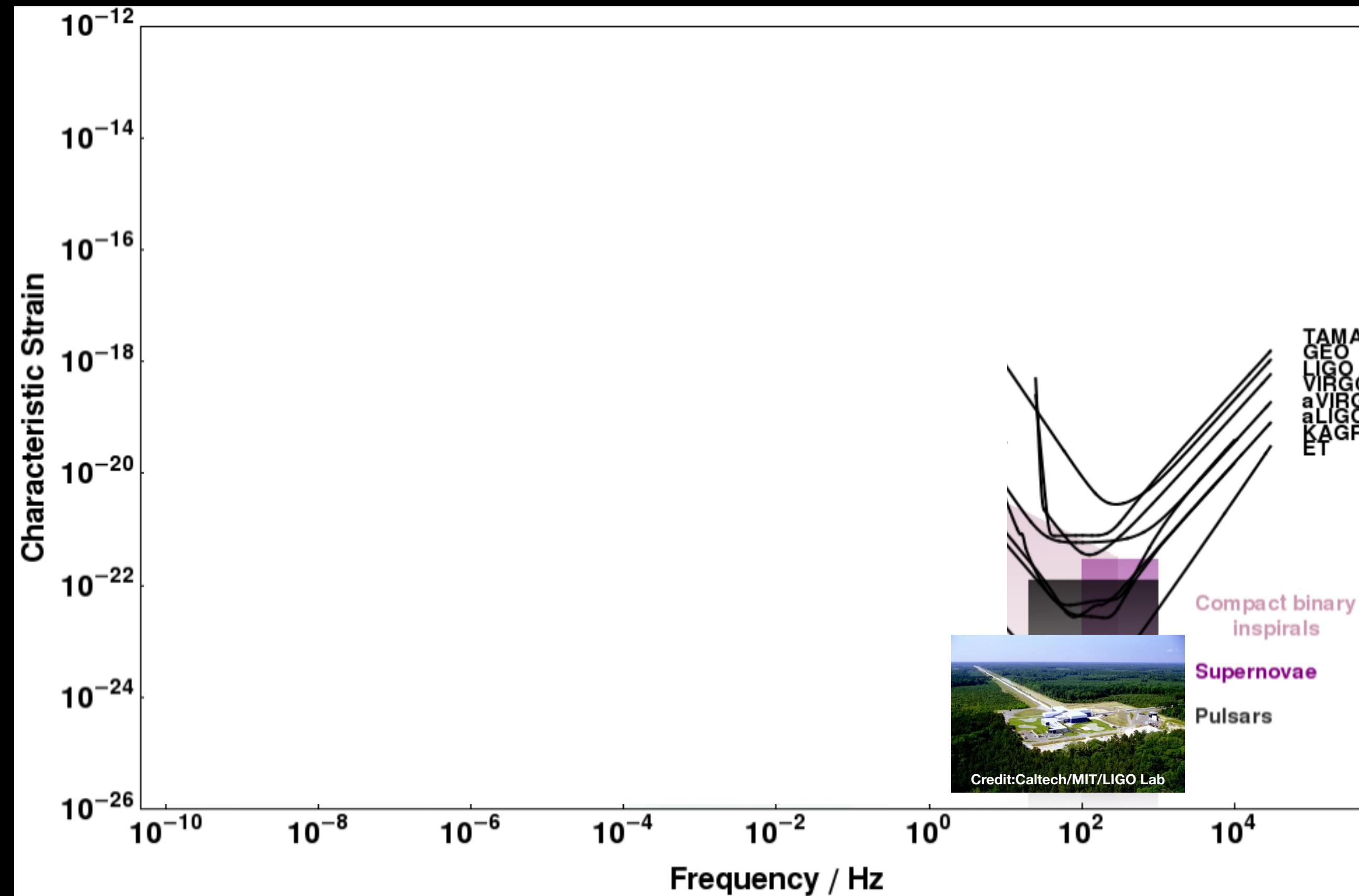
- Gravitational wave spectroscopy



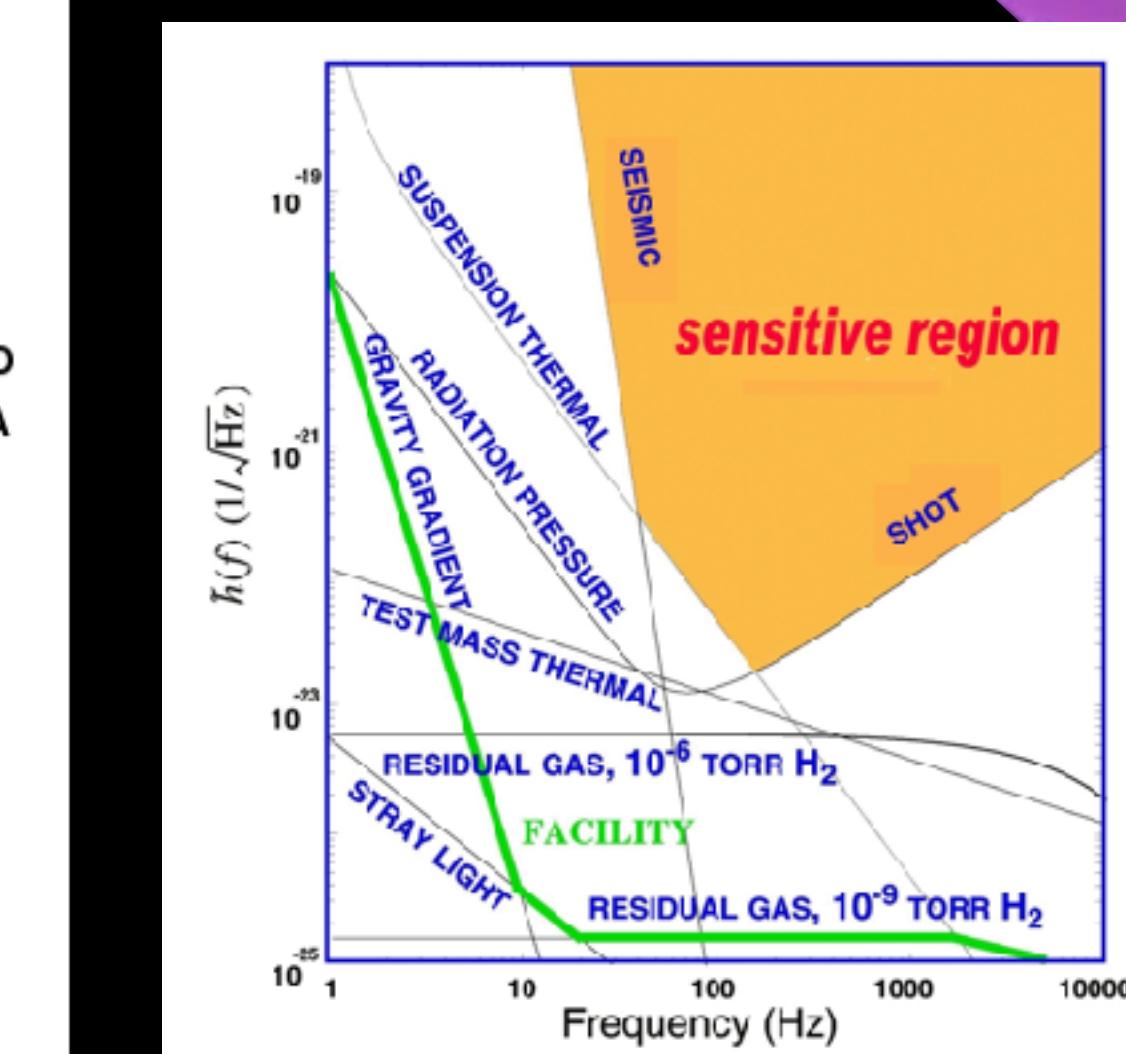
C.J. Moore et al., Class. Quantum Grav 32, 015014 (2015)

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- Gravitational wave spectroscopy



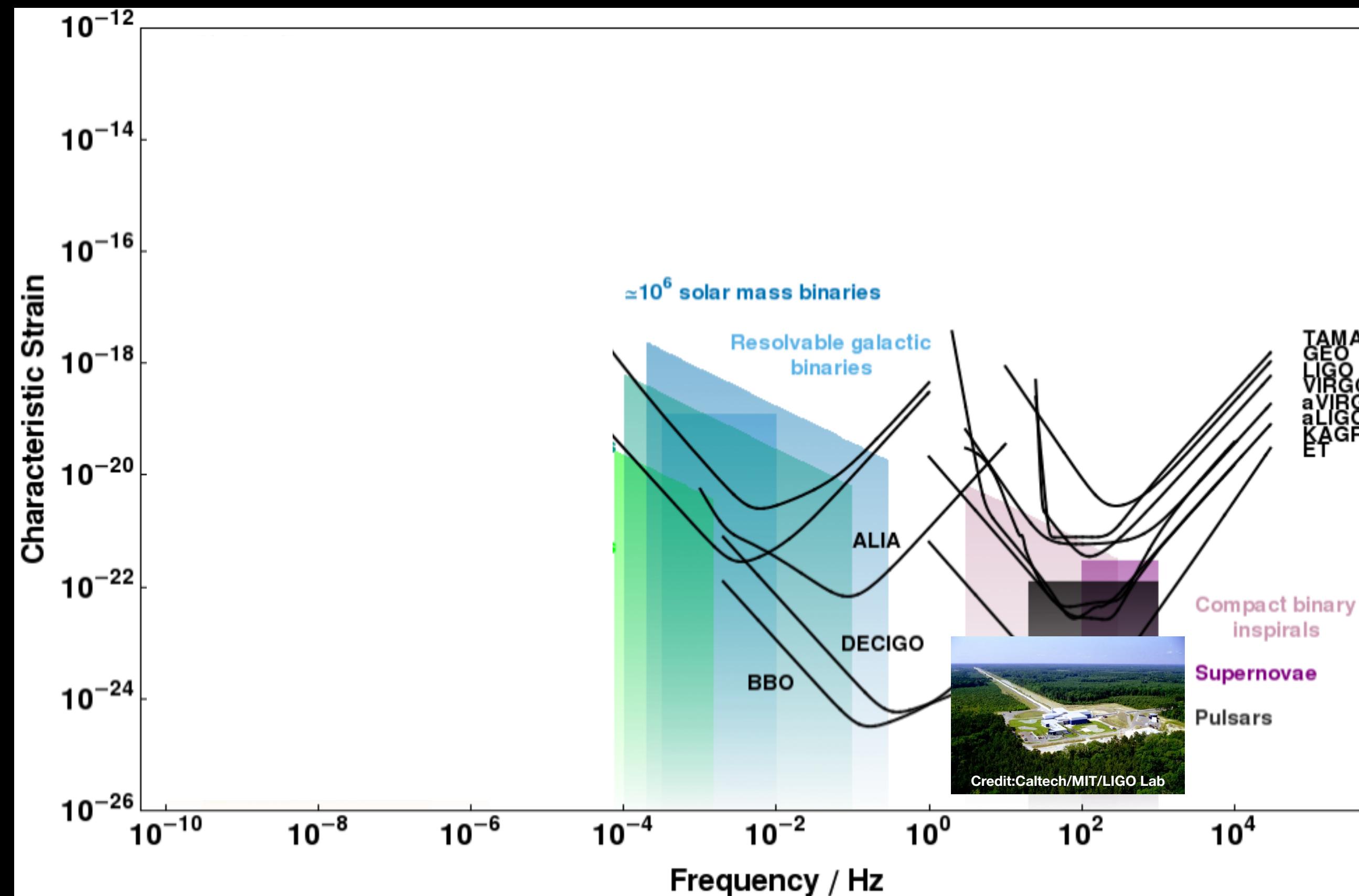
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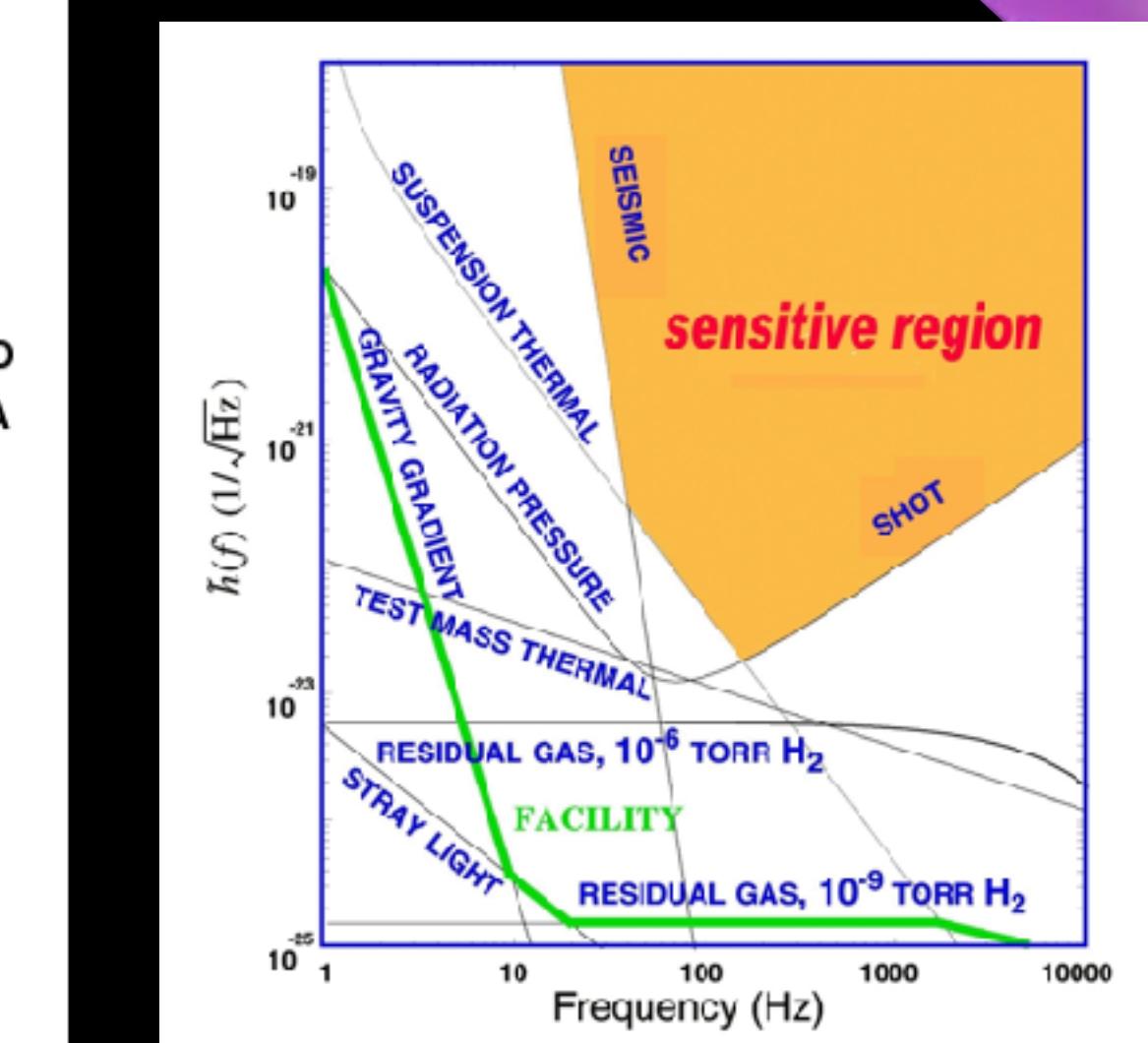
LIGO sensitivity / noise floor

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C.J. Moore et al., Class. Quantum Grav 32, 015014 (2015)

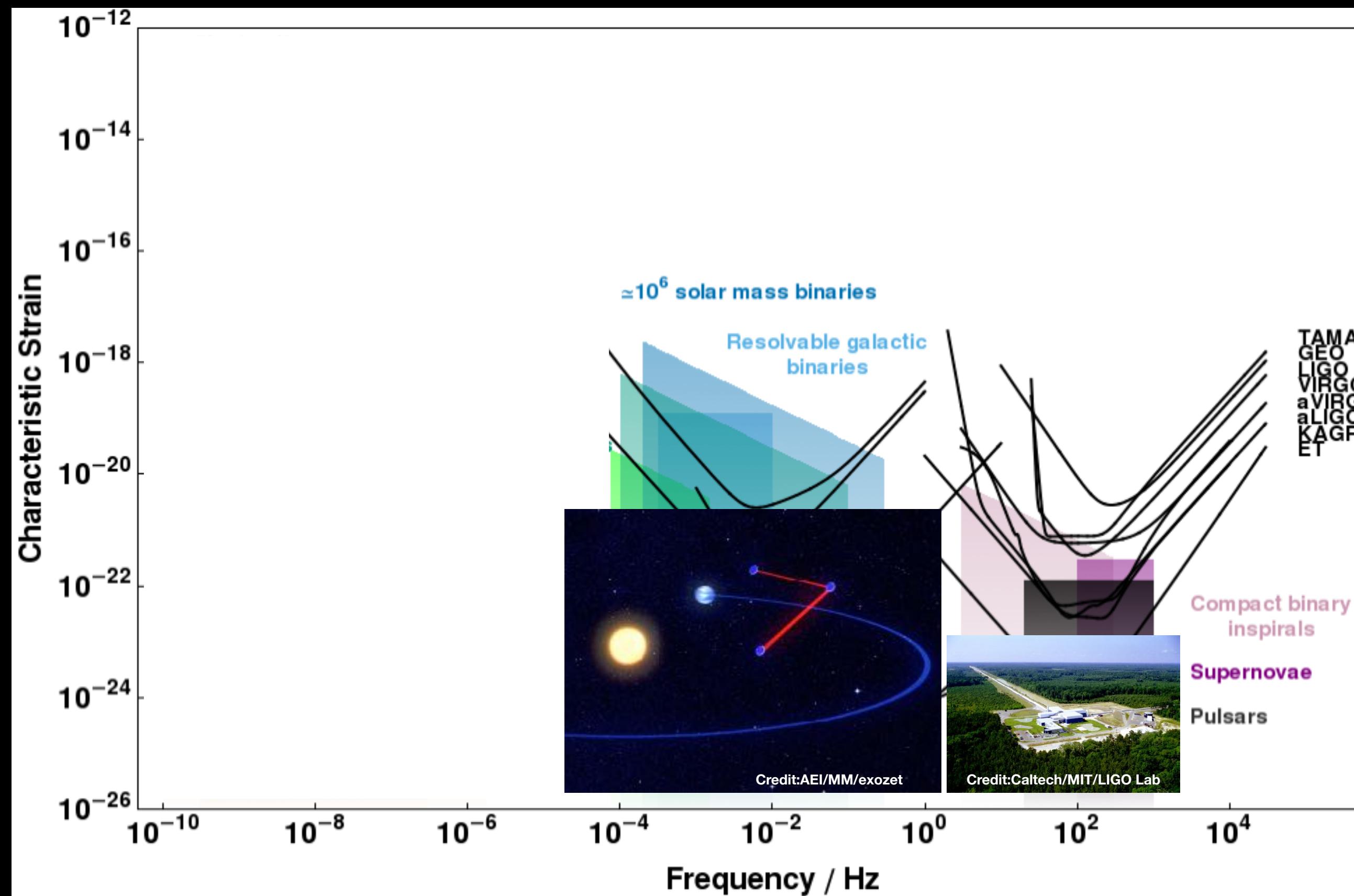


LIGO sensitivity / noise floor

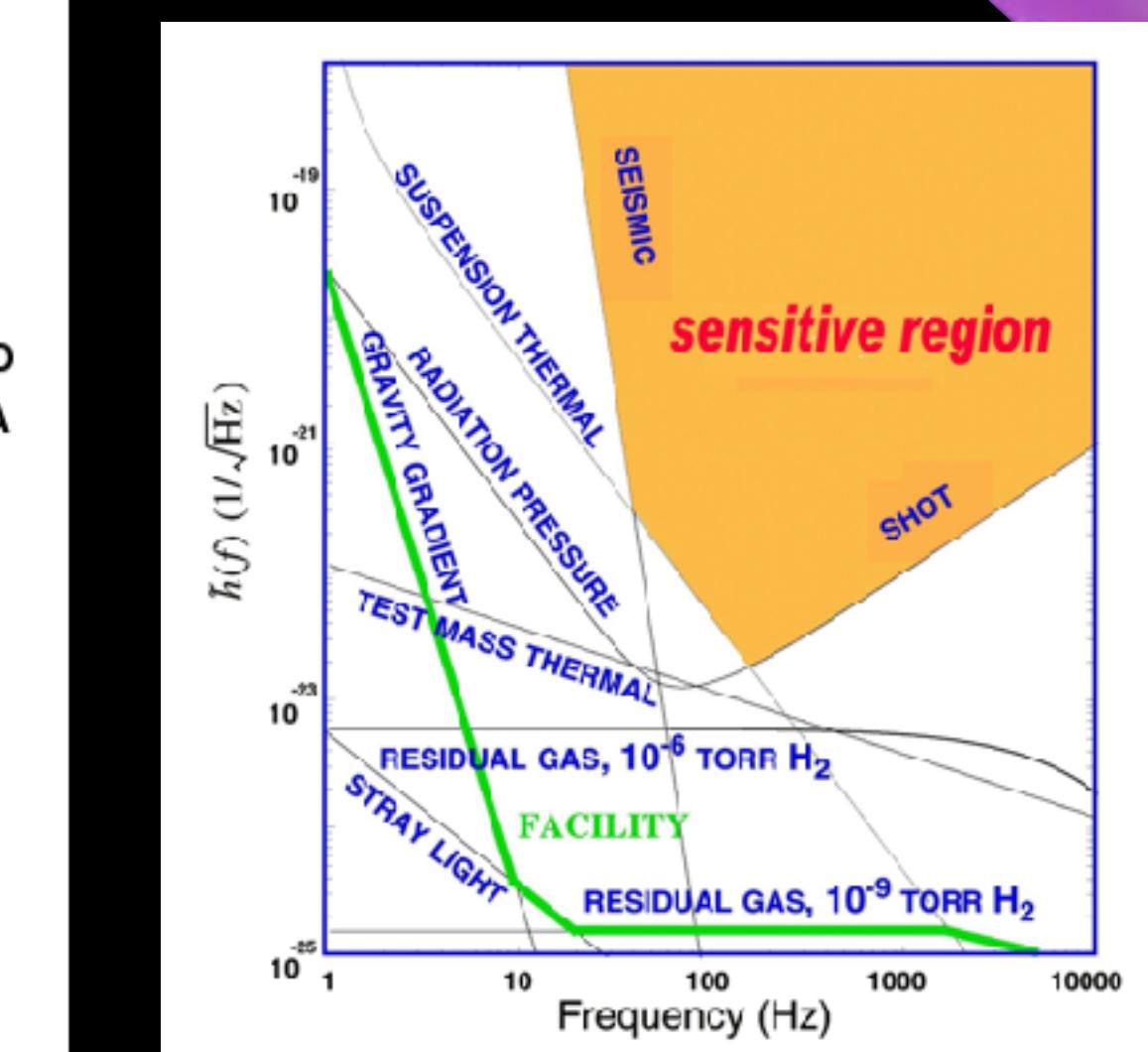


# Motivation: GWs

- Gravitational wave spectroscopy



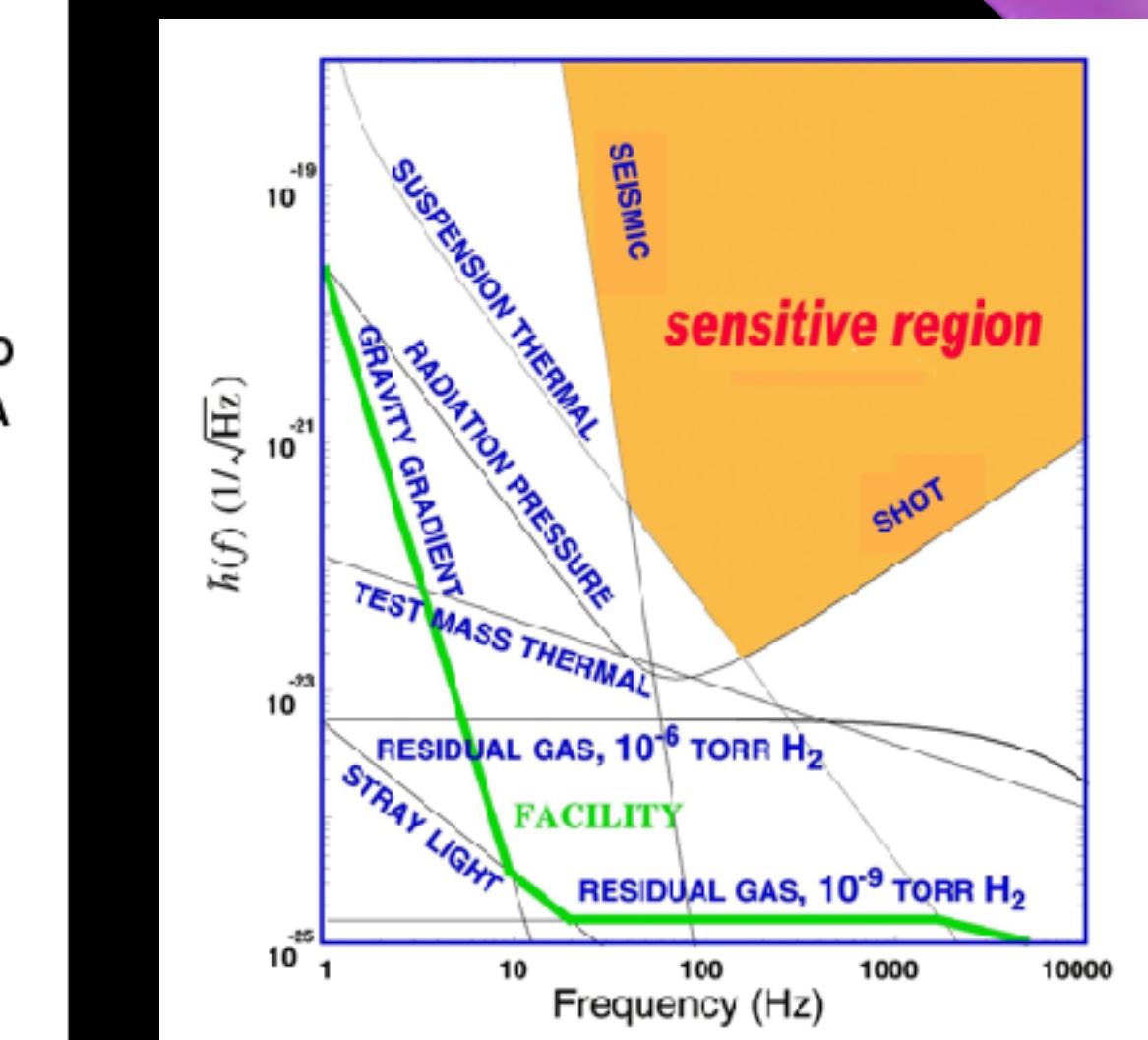
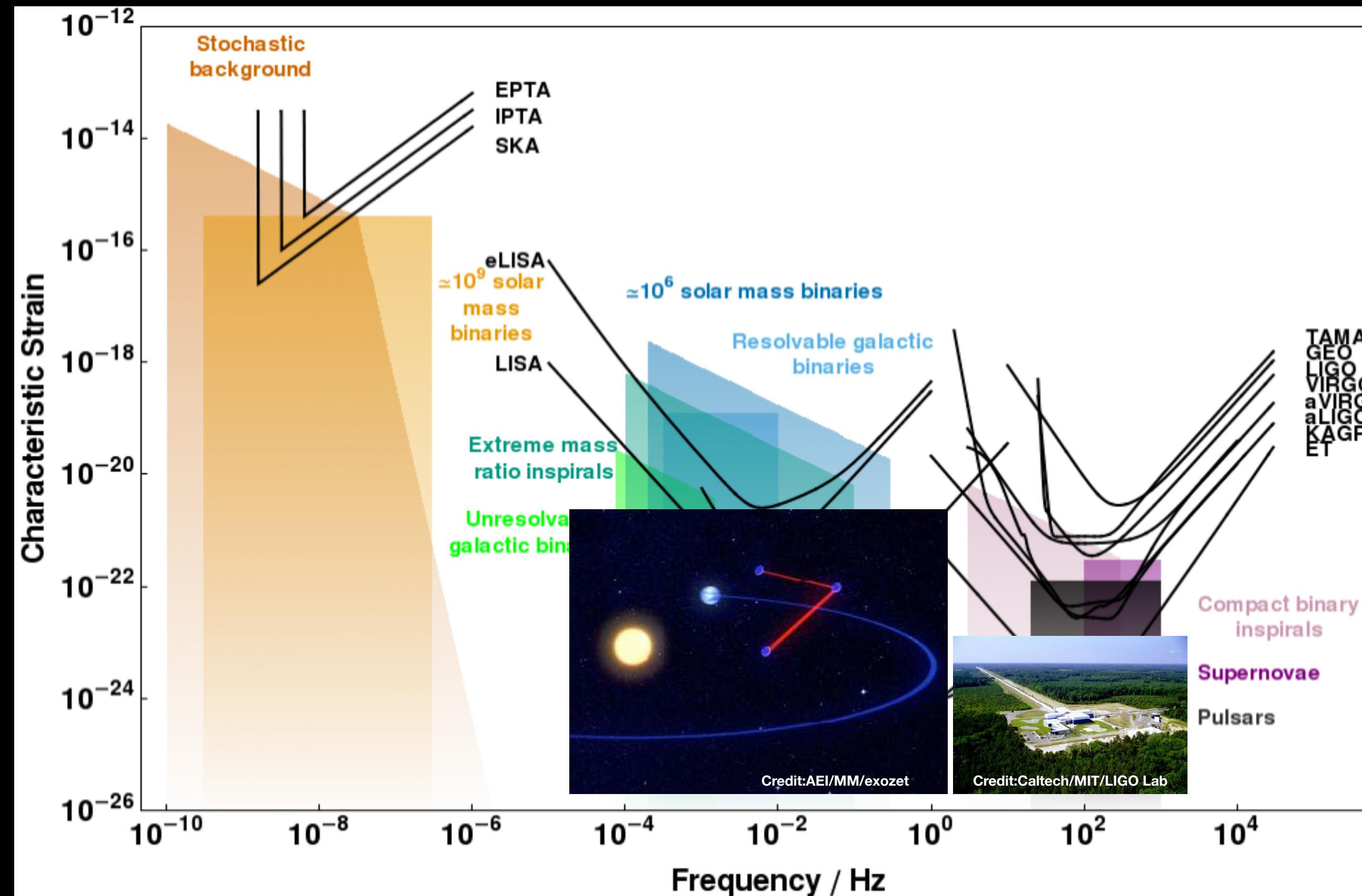
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LIGO sensitivity / noise floor

# Motivation: GWs

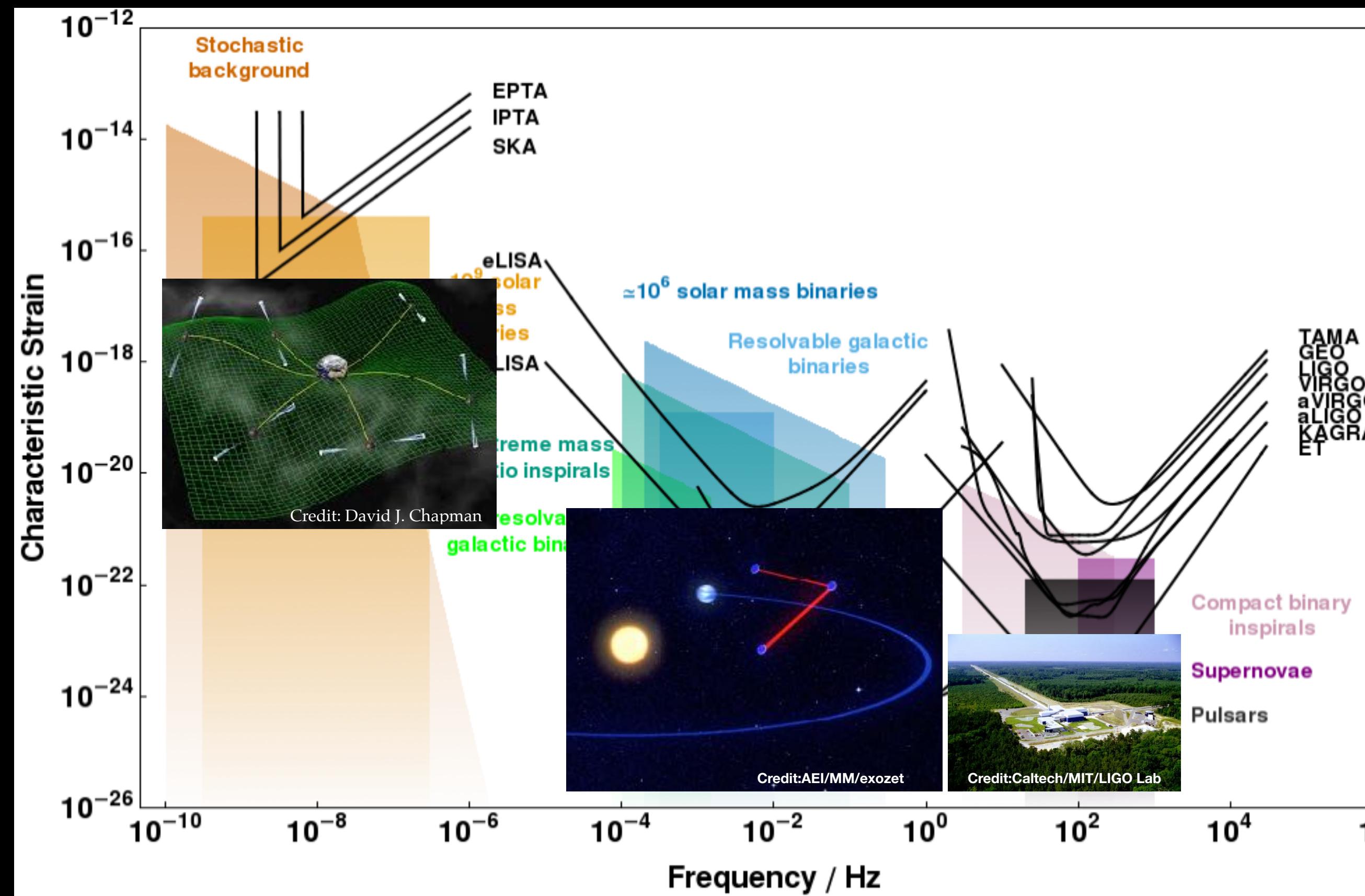
- Gravitational wave spectroscopy



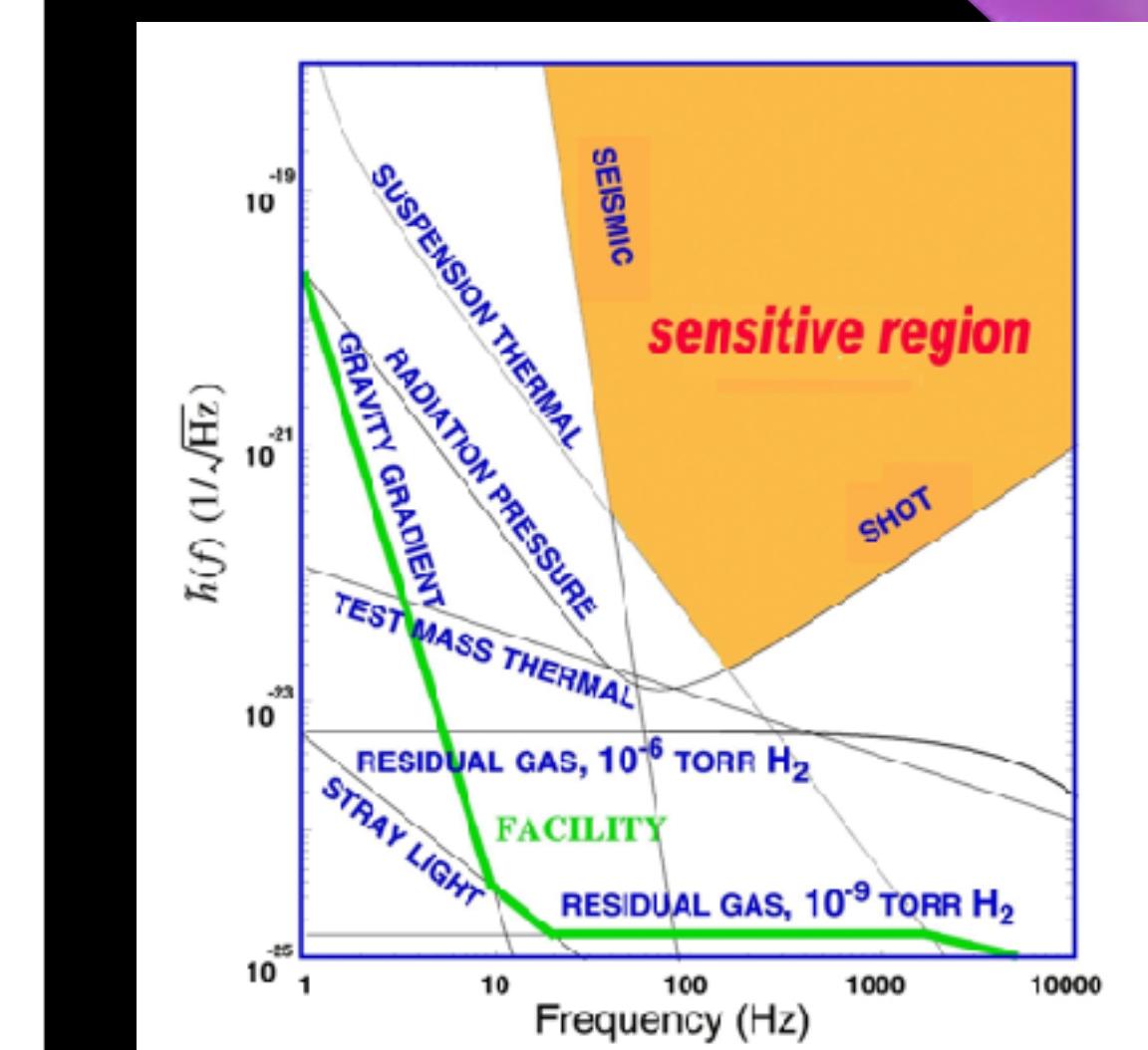
LIGO sensitivity / noise floor

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- Gravitational wave spectroscopy



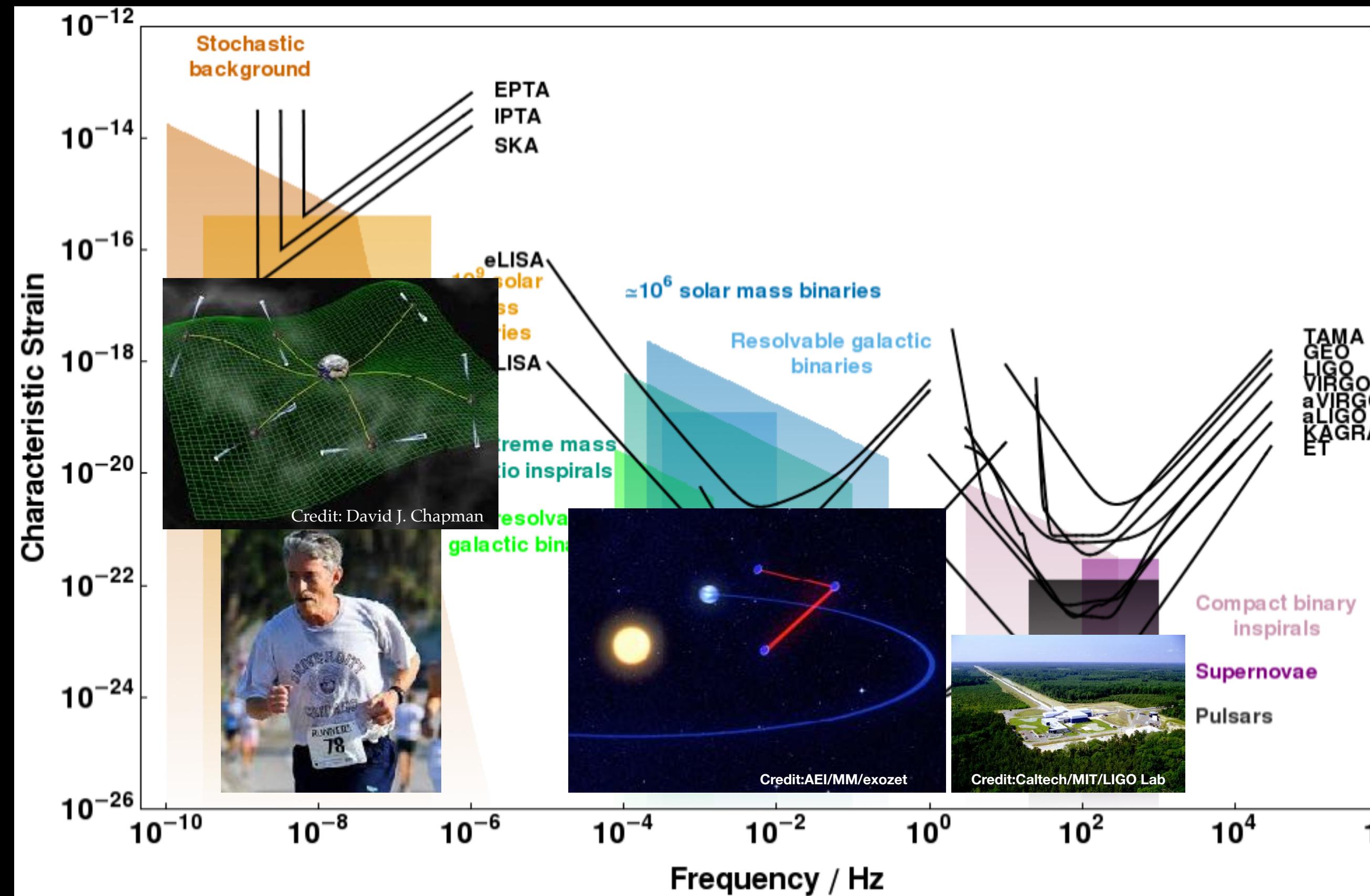
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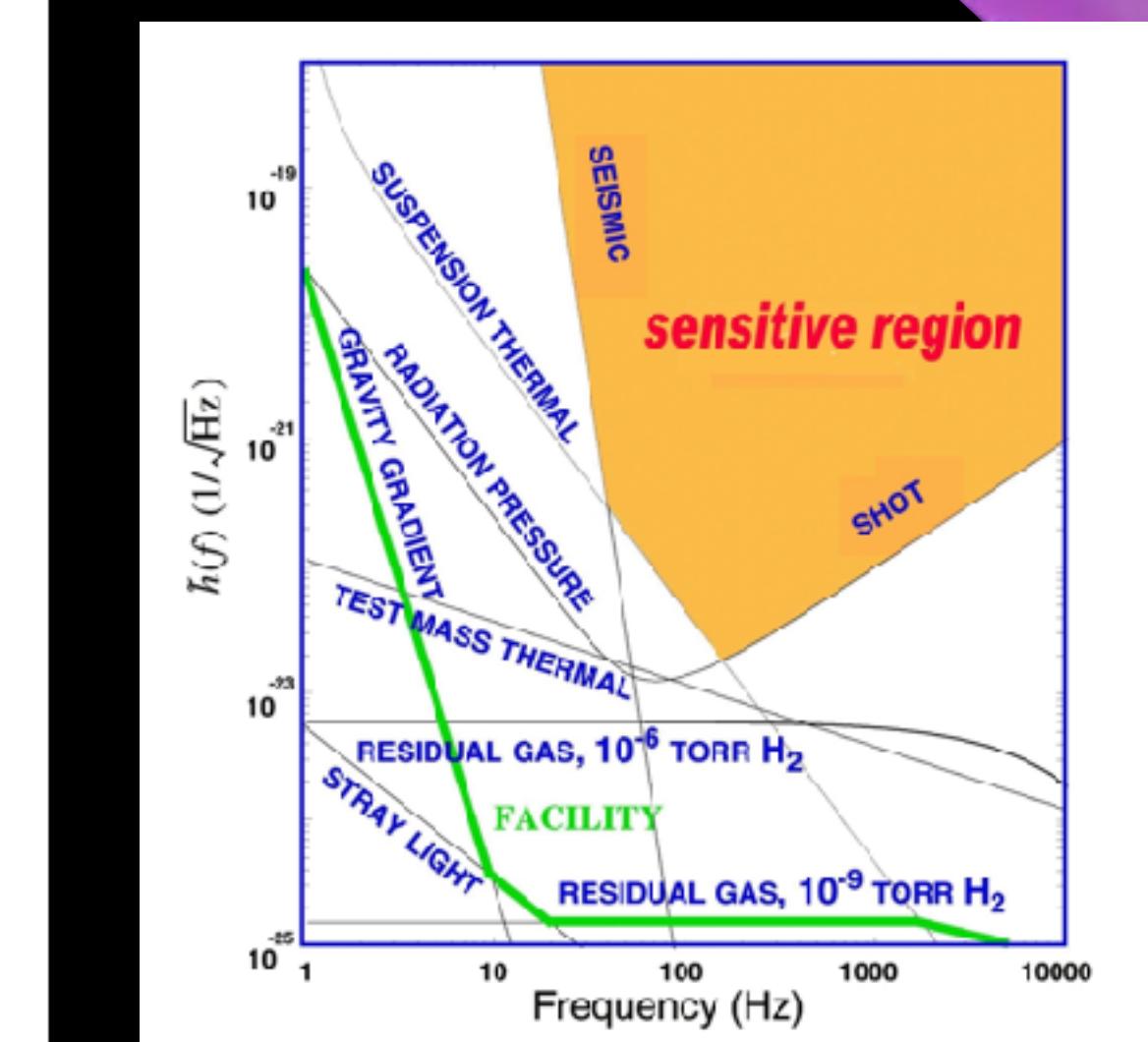
LIGO sensitivity / noise floor

# Motivation: GWs

- Gravitational wave spectroscopy



C.J. Moore et al., Class. Quantum Grav 32, 015014 (2015)



LIGO sensitivity / noise floor



# Motivation: EMRIs

Image credit: NASA JPL

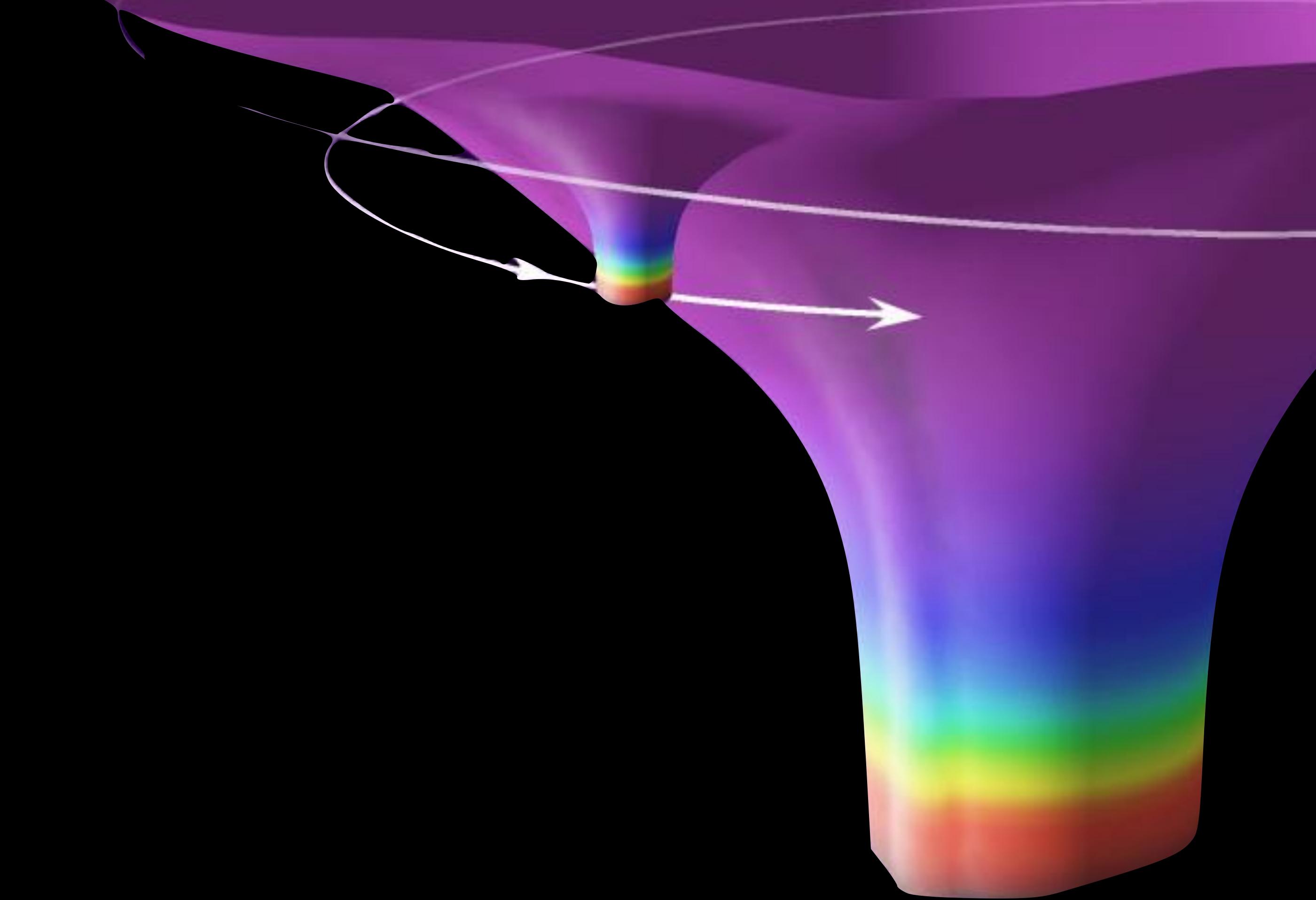
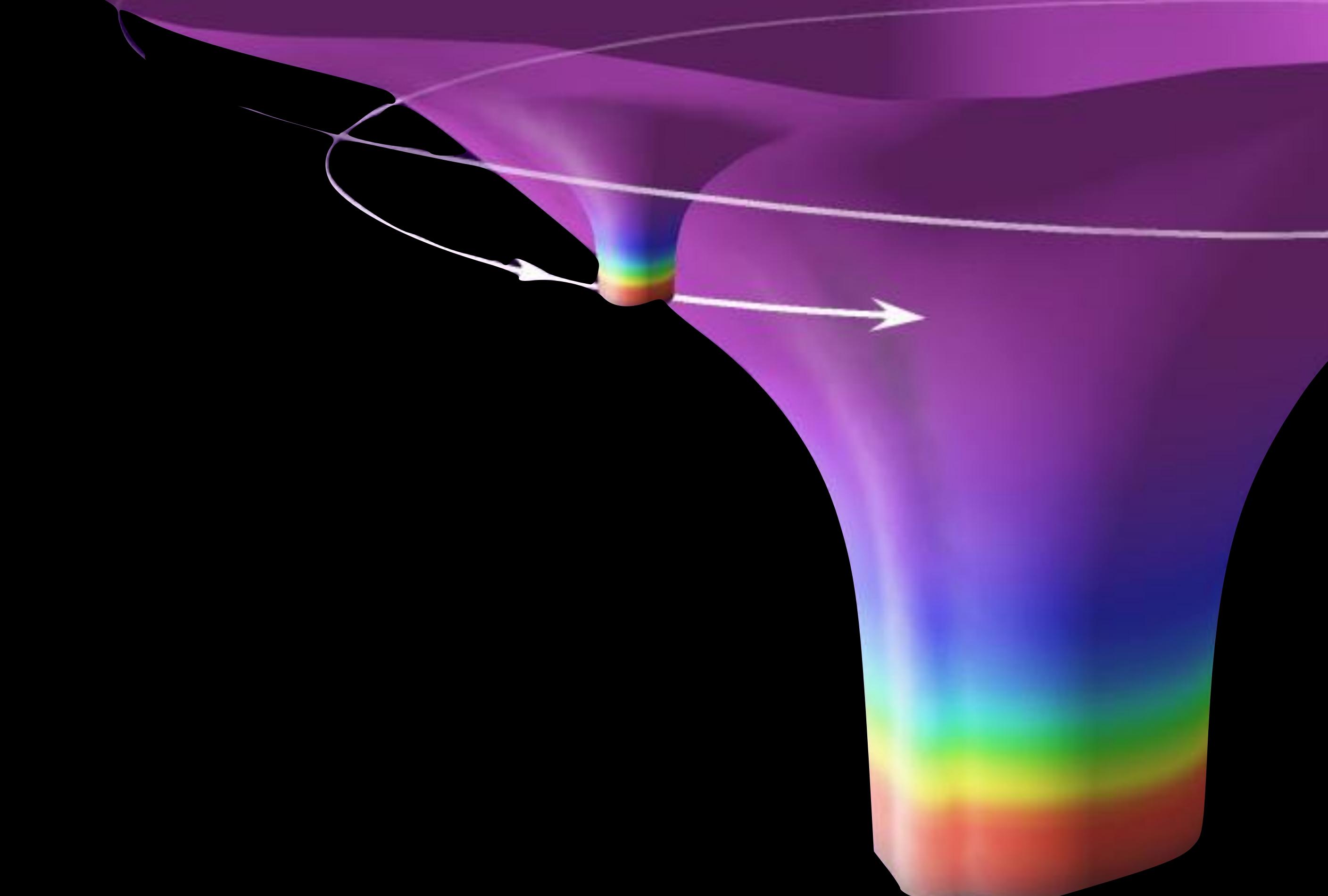




Image credit: NASA JPL

# Motivation: EMRIs

- LISA



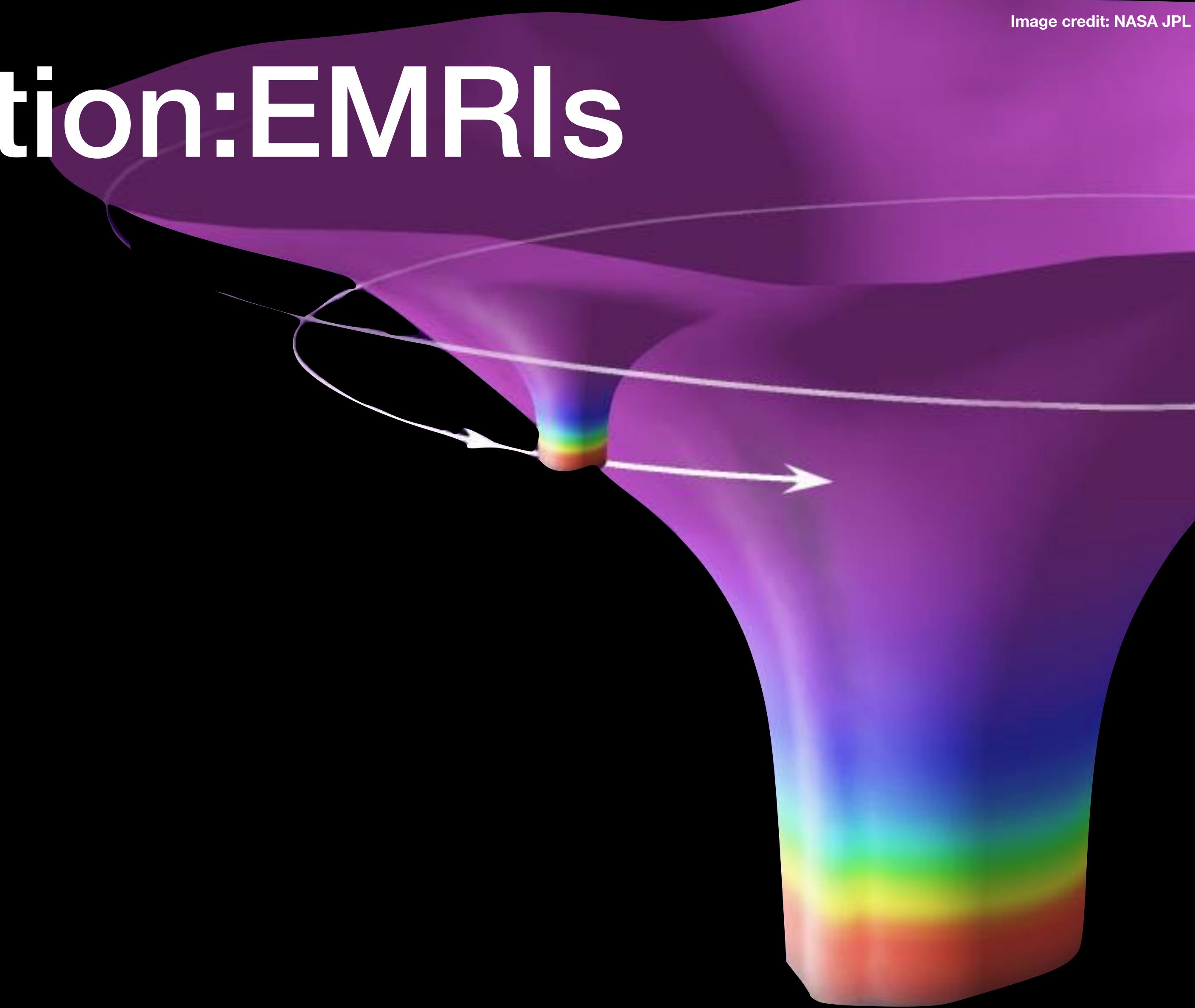


- LISA



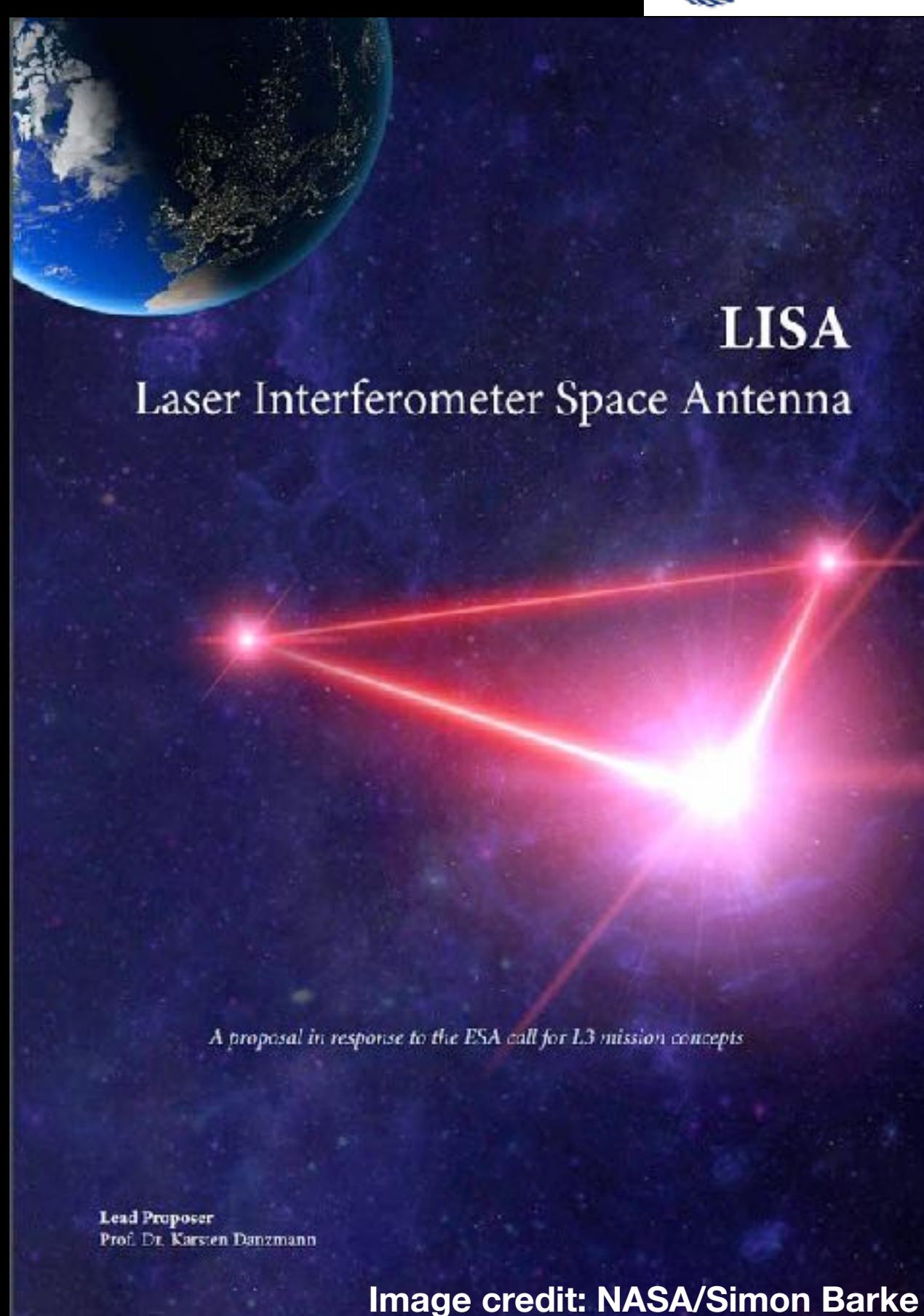
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Image credit: NASA JPL



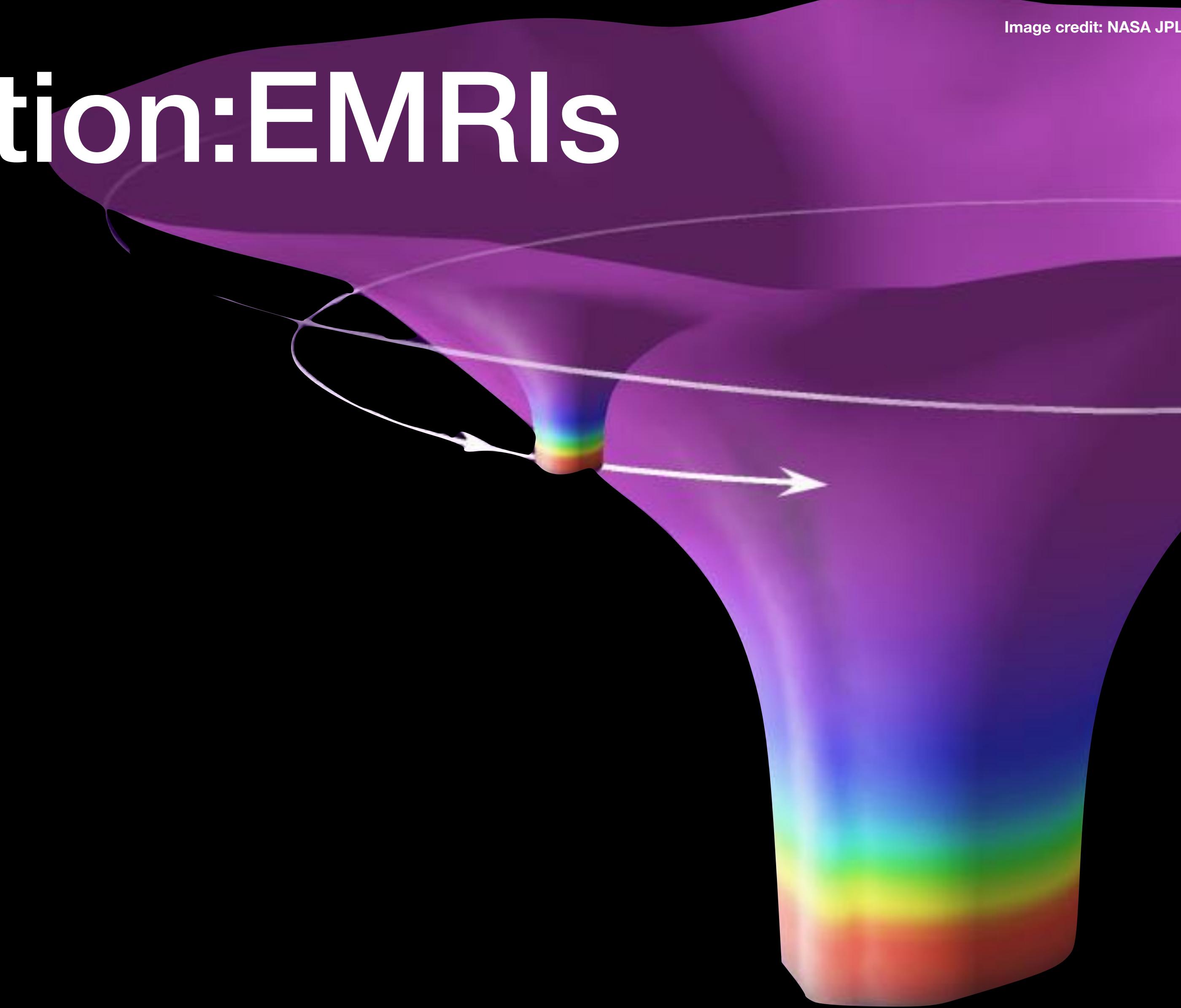


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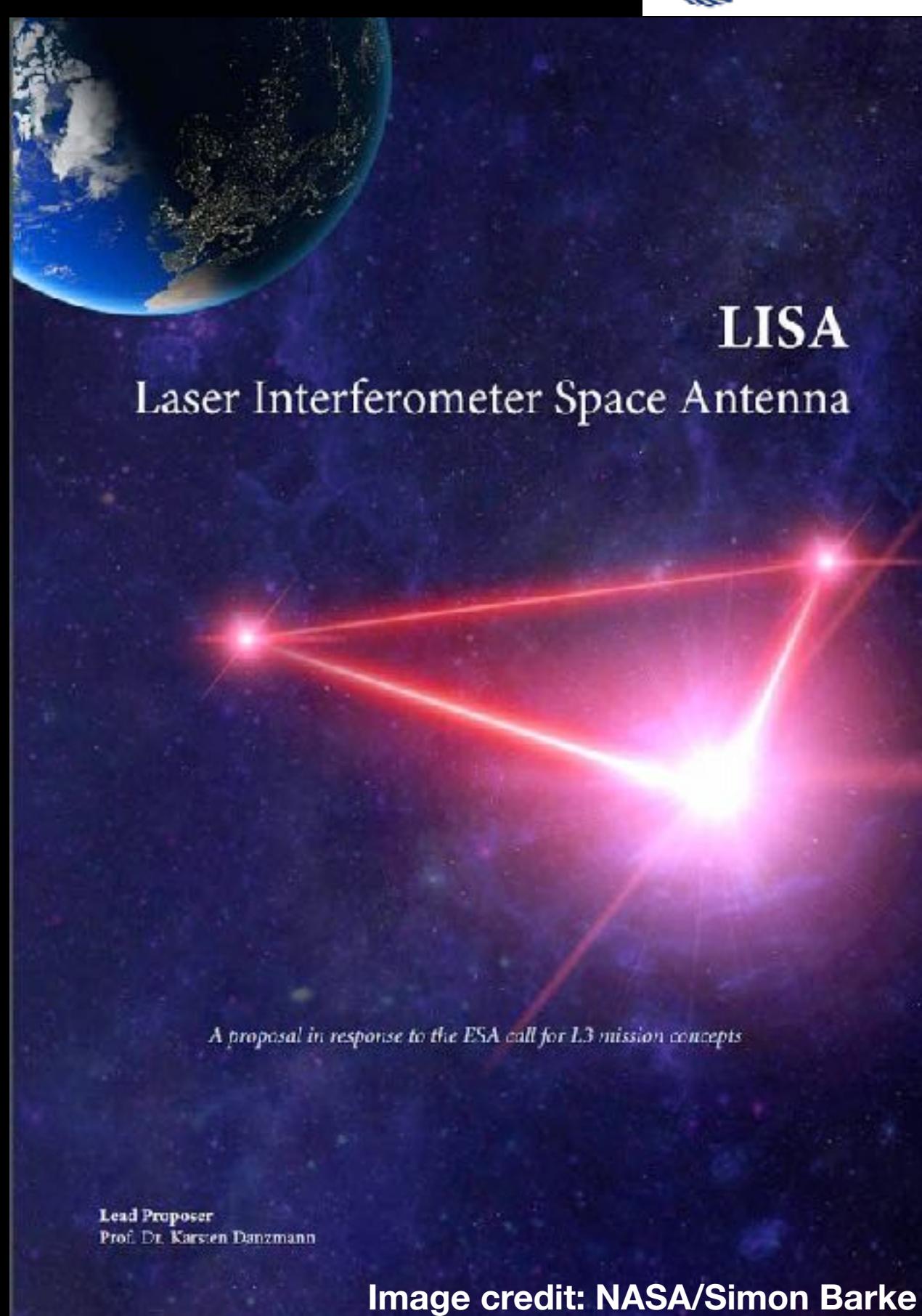
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Image credit: NASA JPL





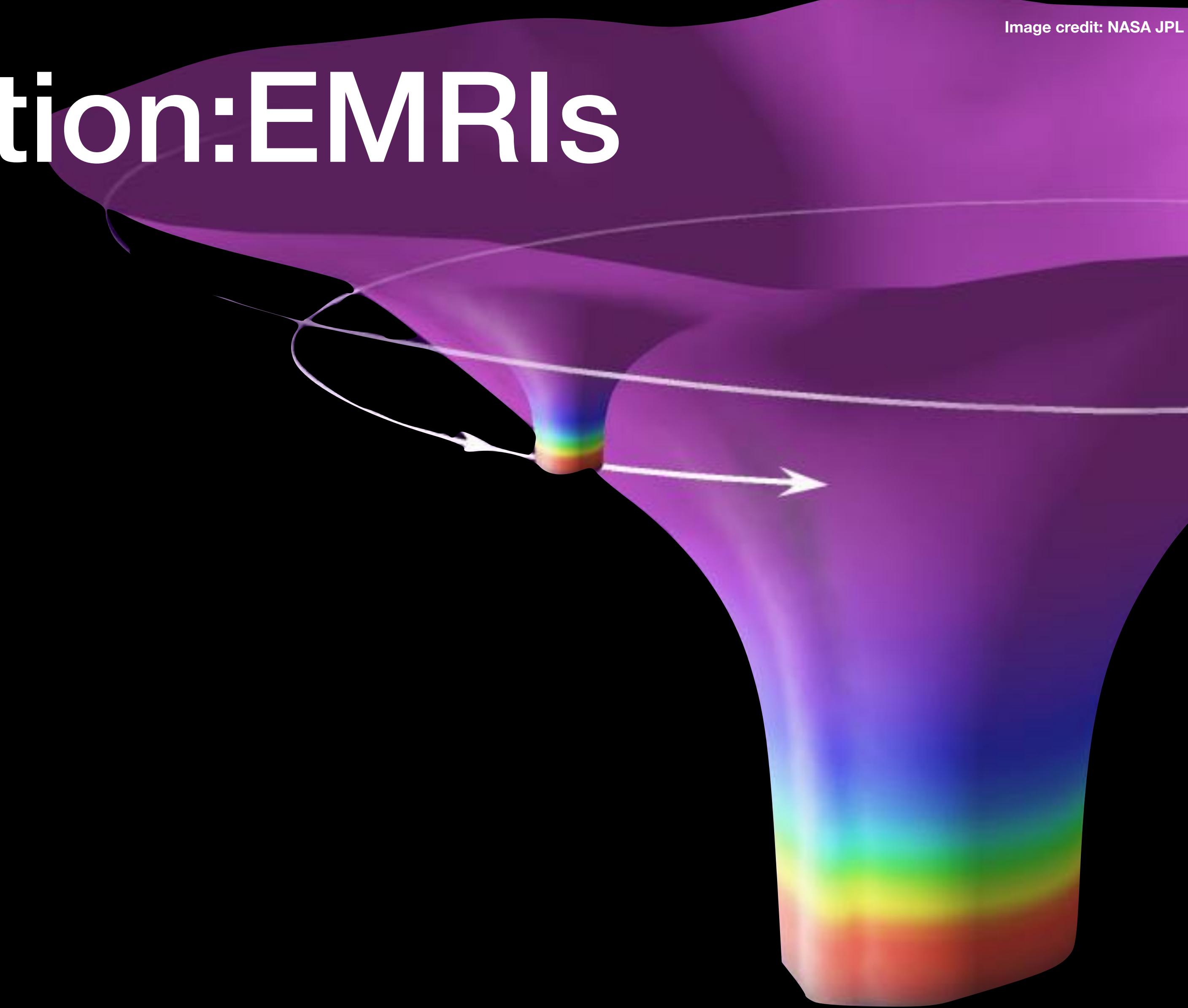
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Launch date: 2034

# Motivation: EMRIs

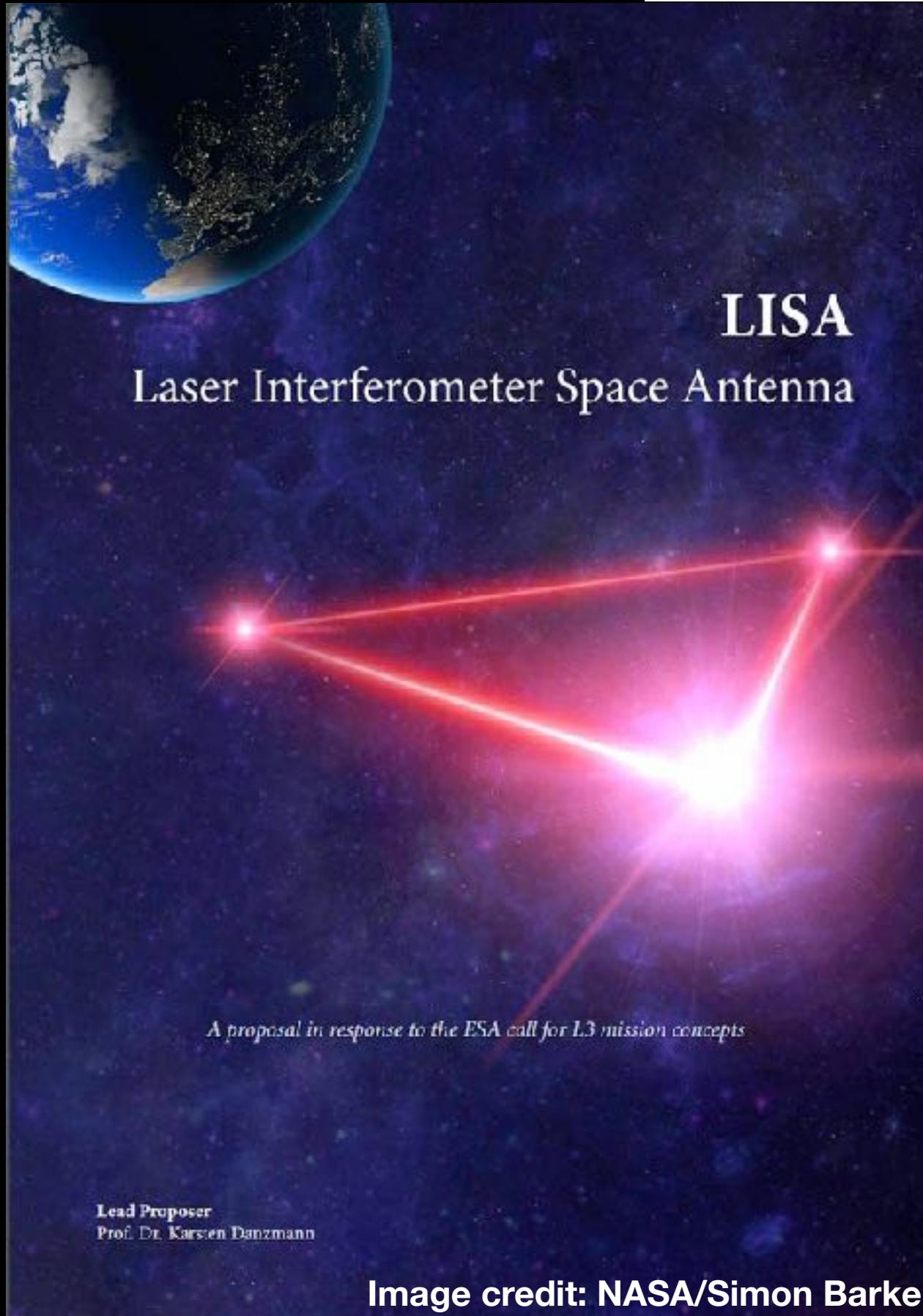
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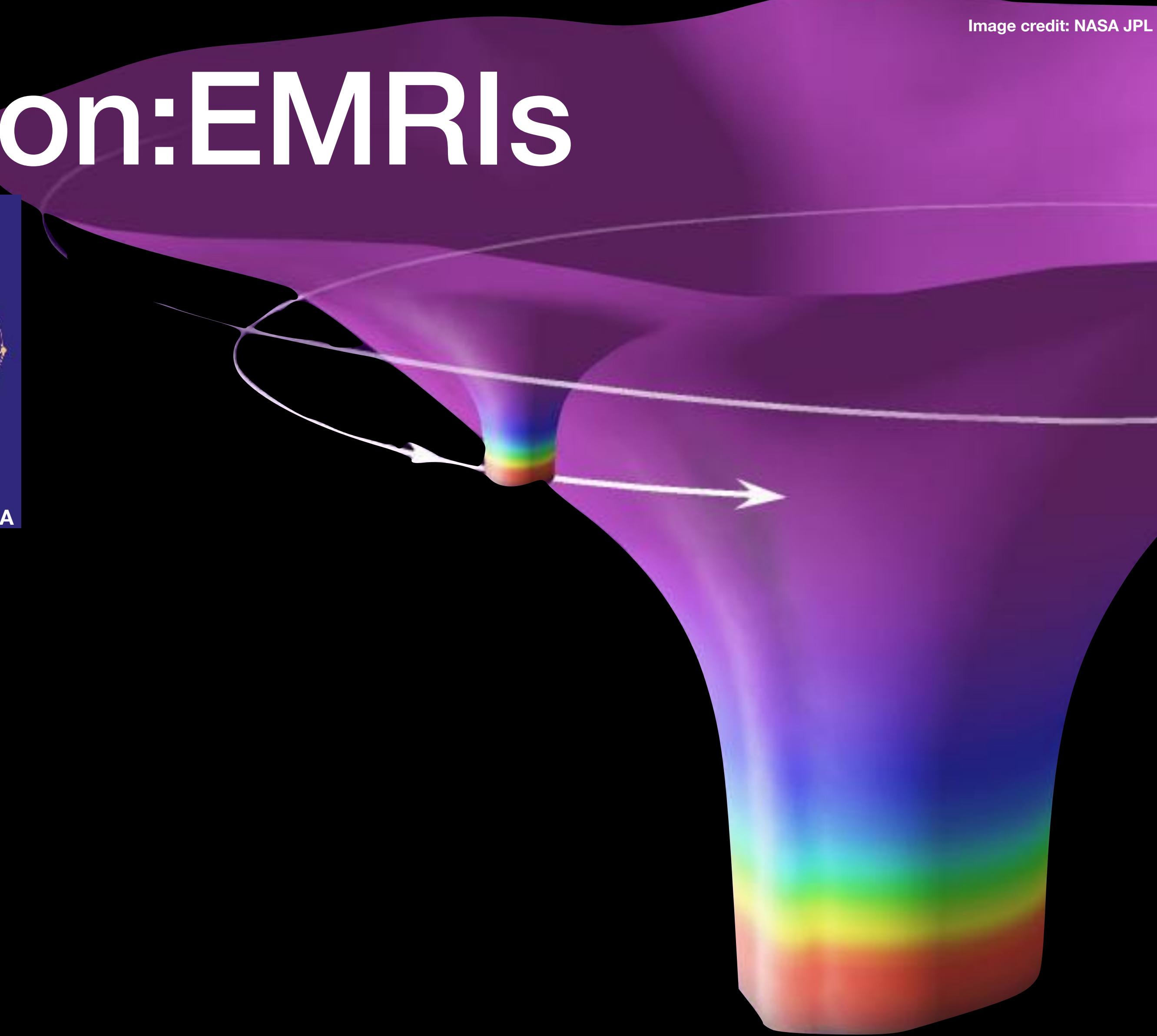
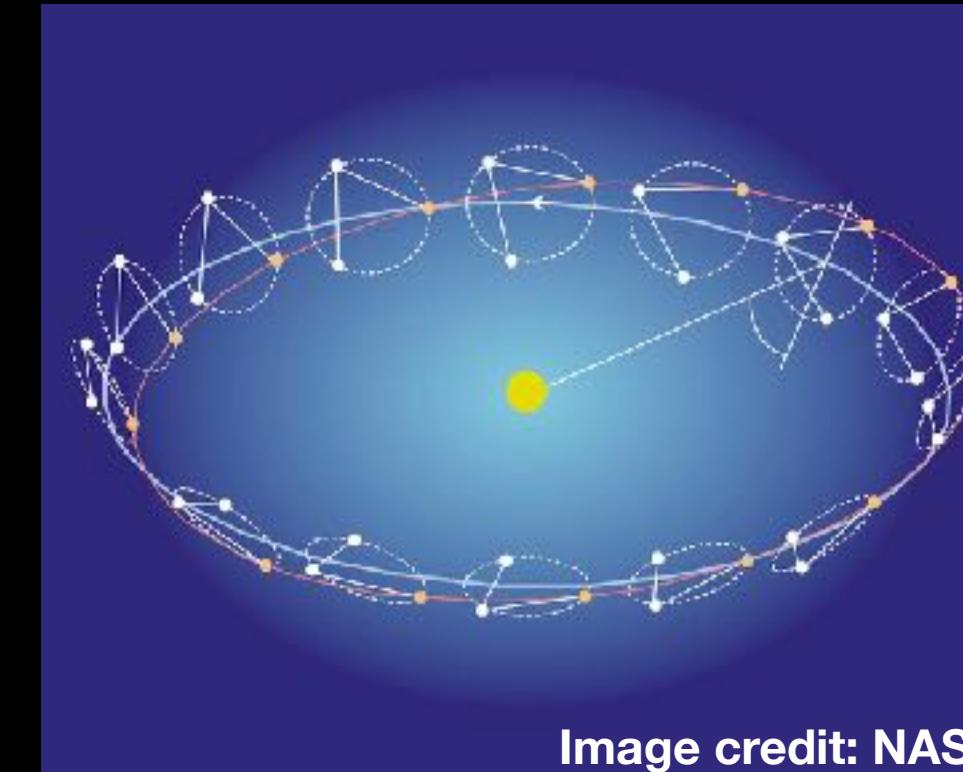
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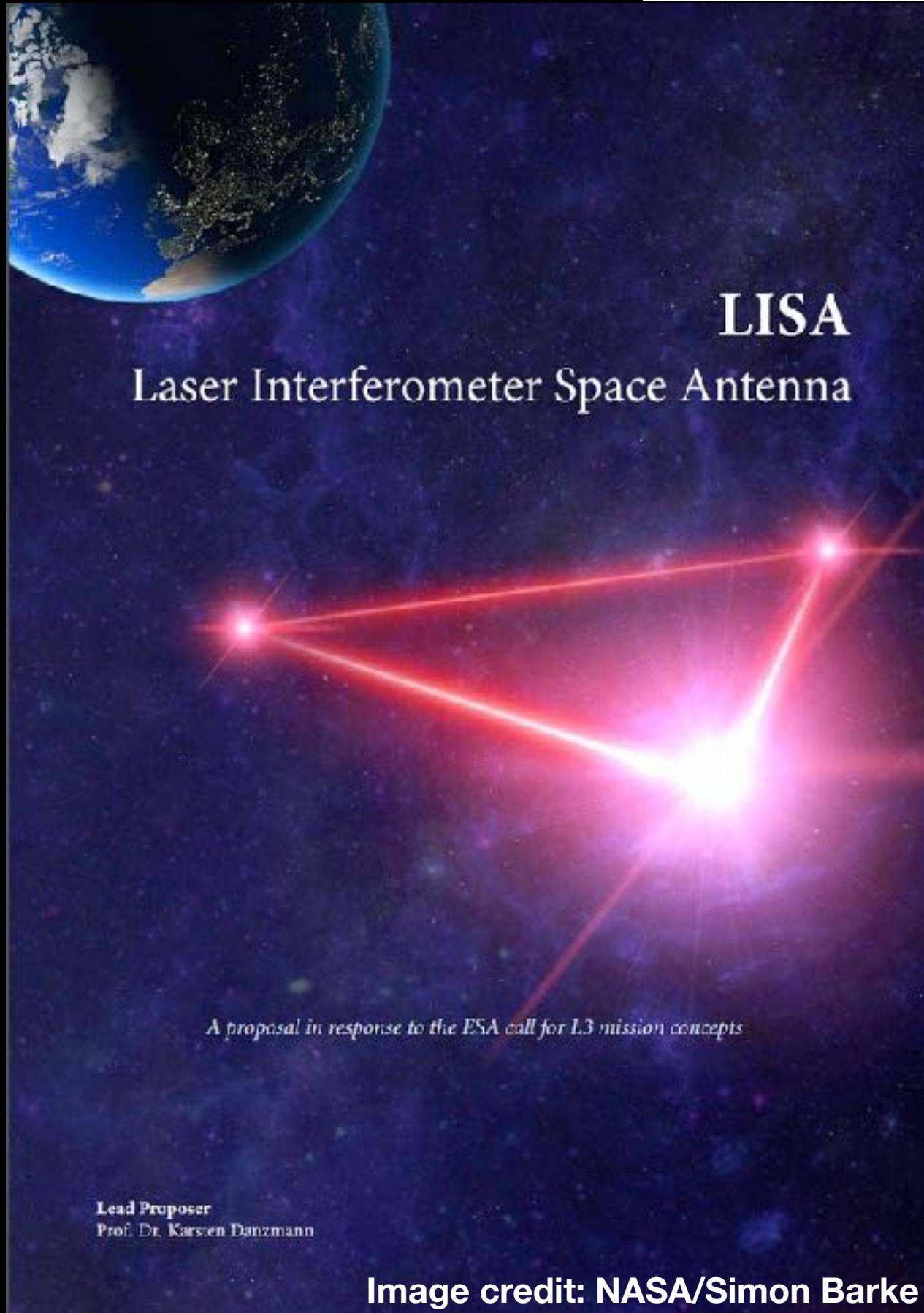


Launch date: 2034

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- LISA



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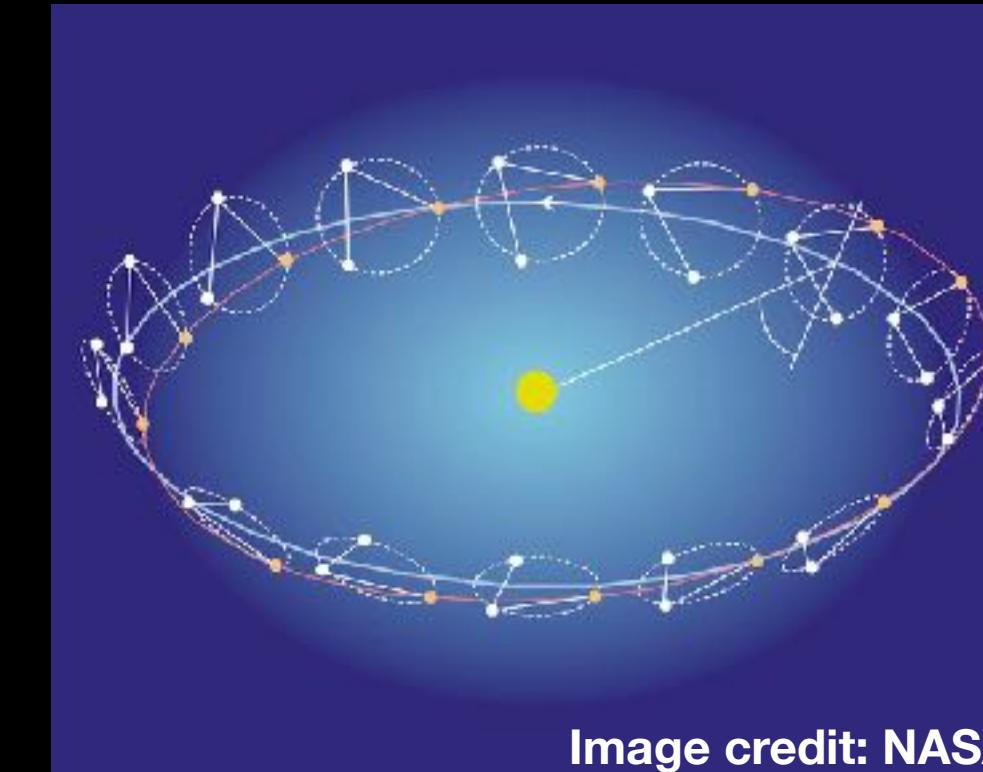
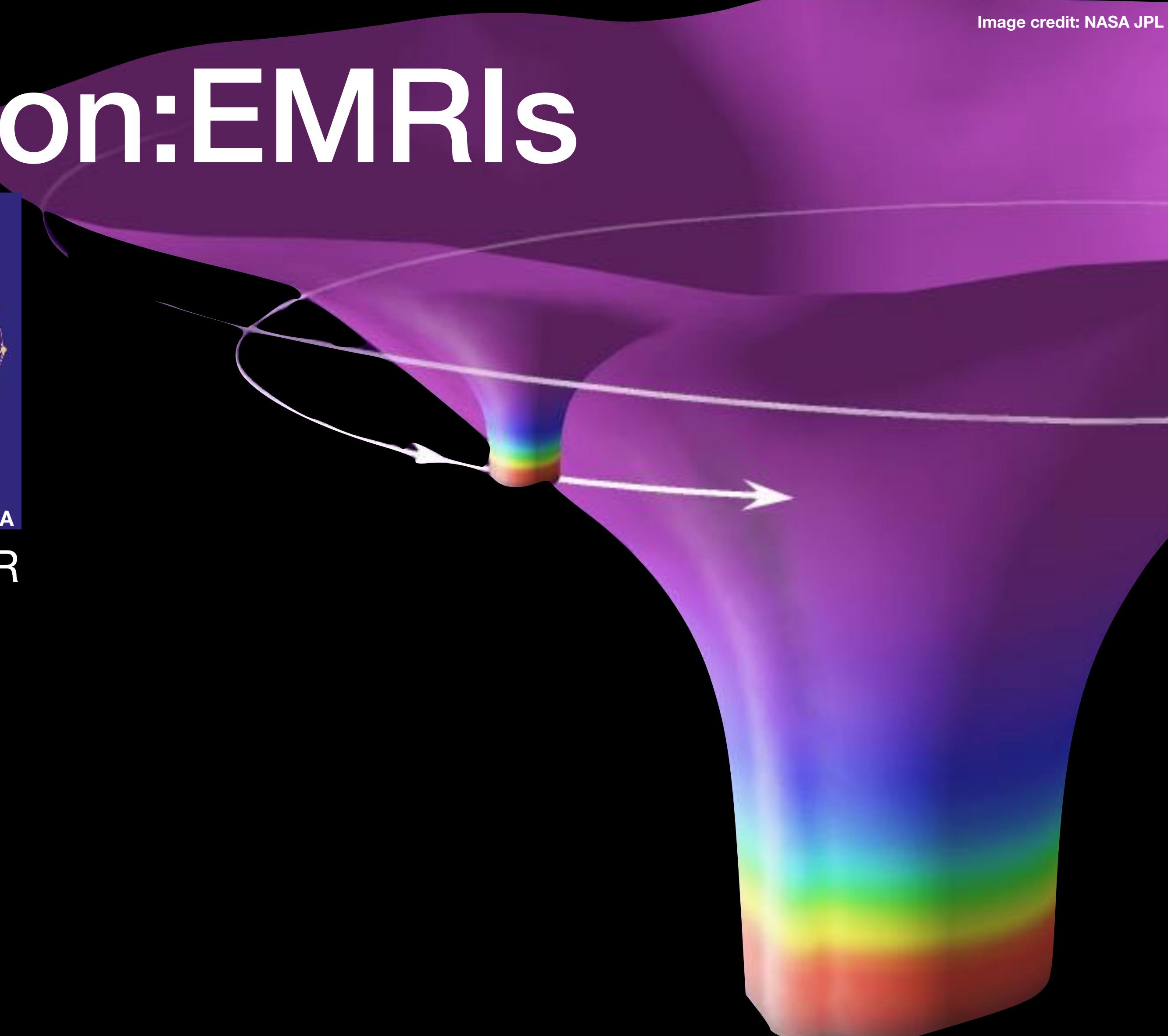


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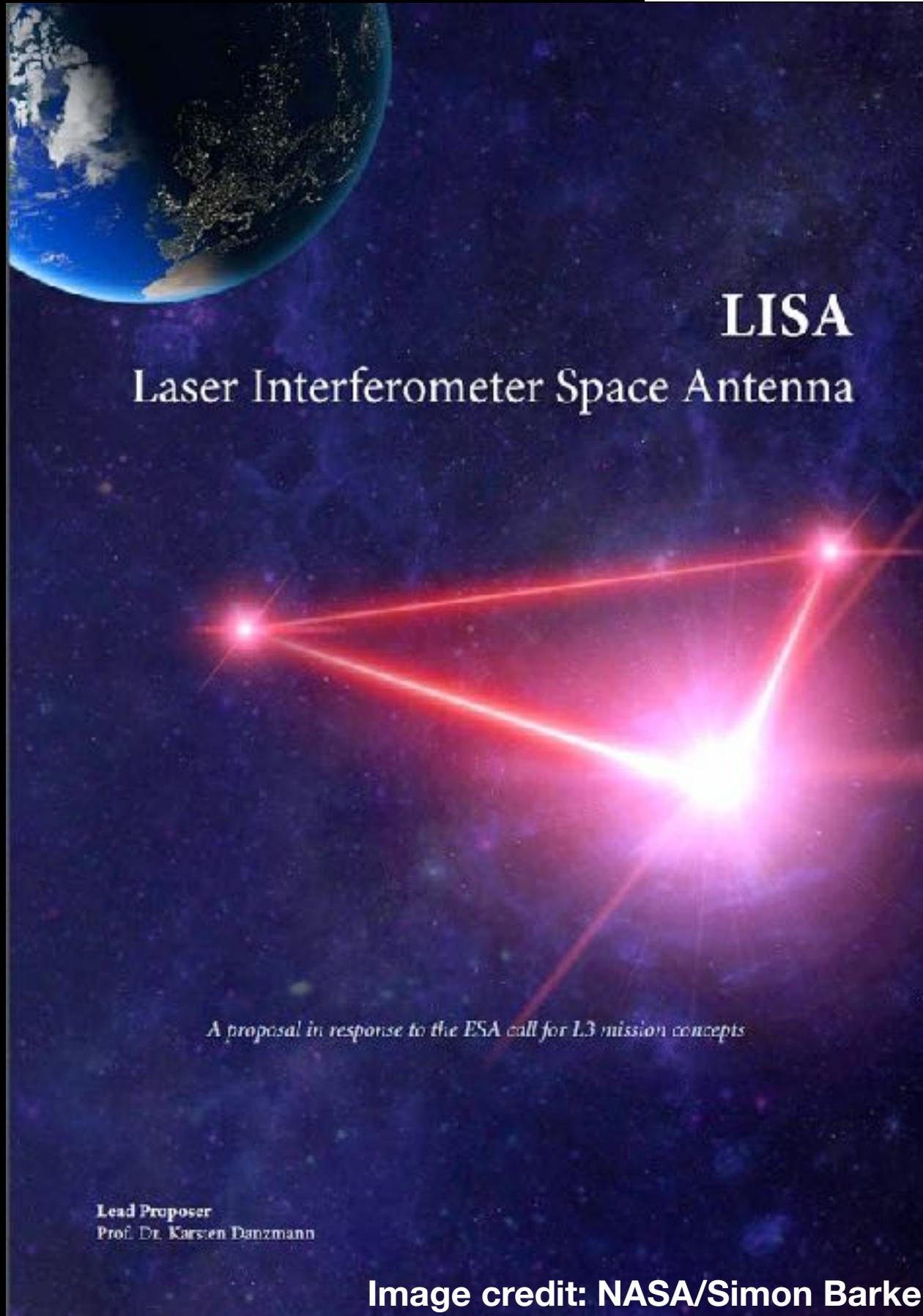
- LISA PATHFINDER



Launch date: 2034



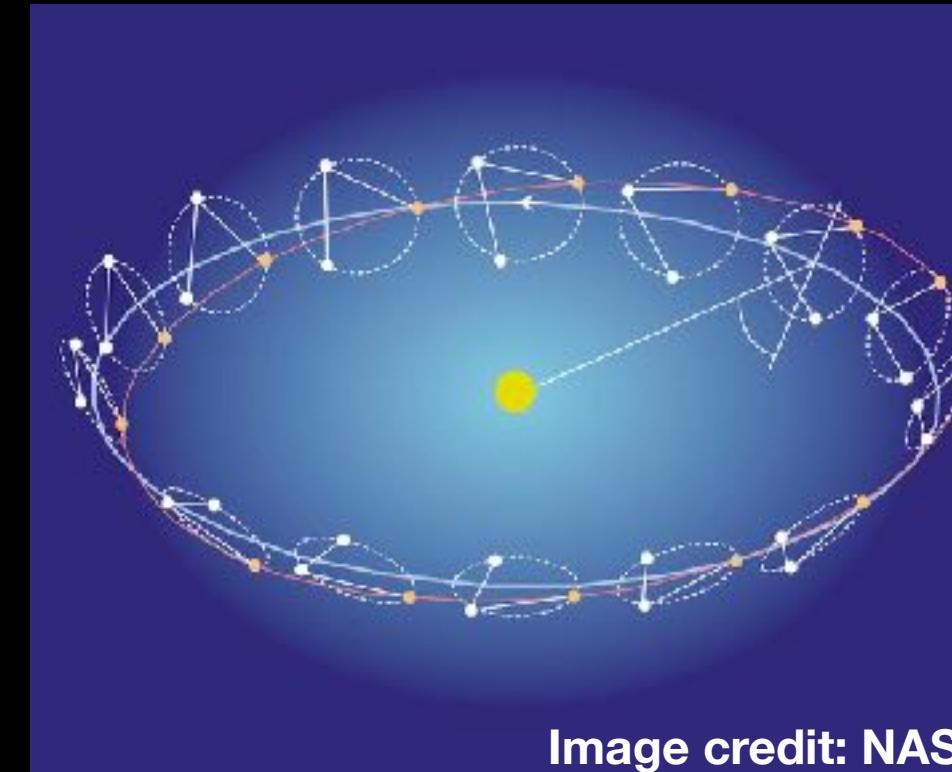
- LISA



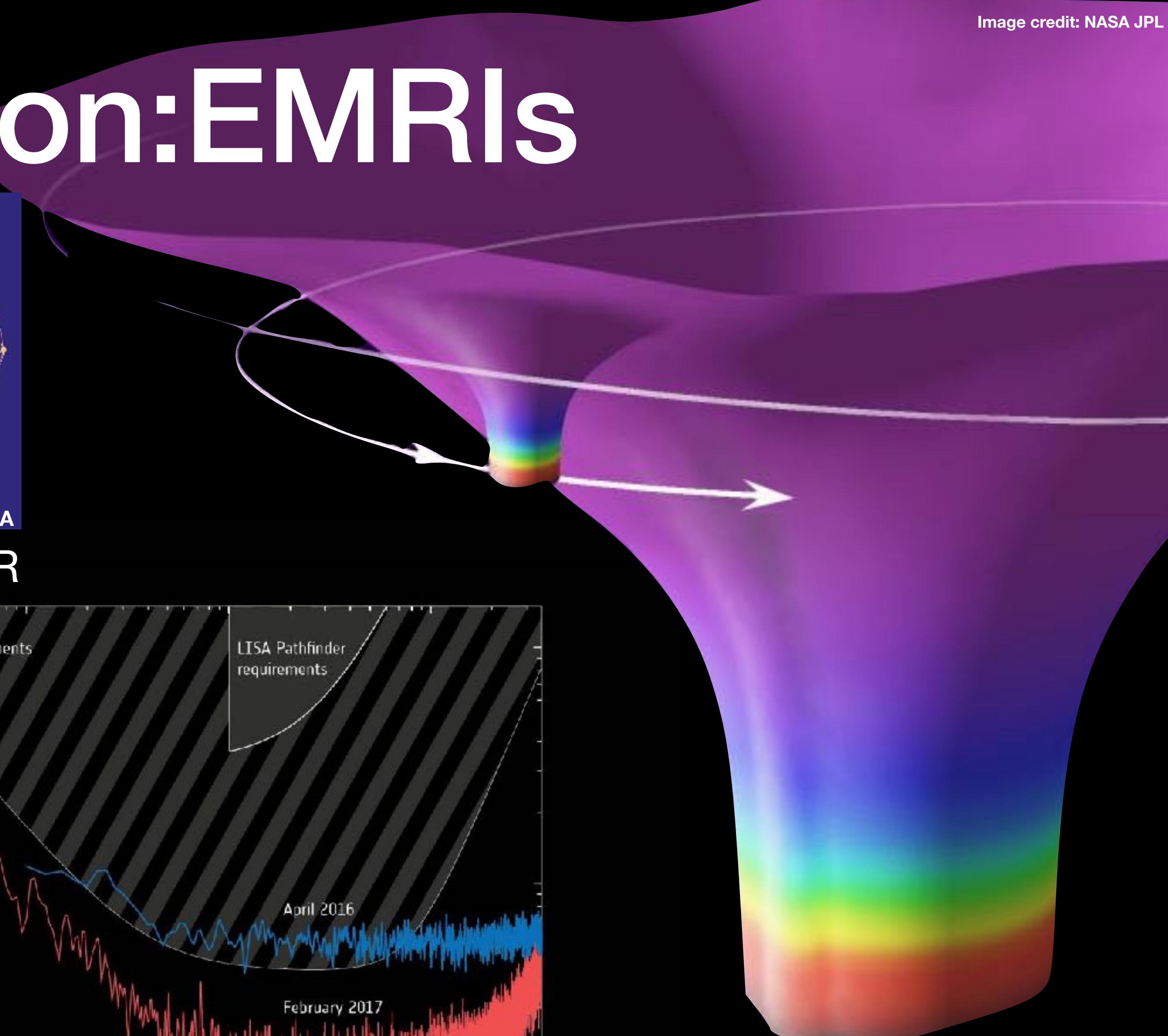
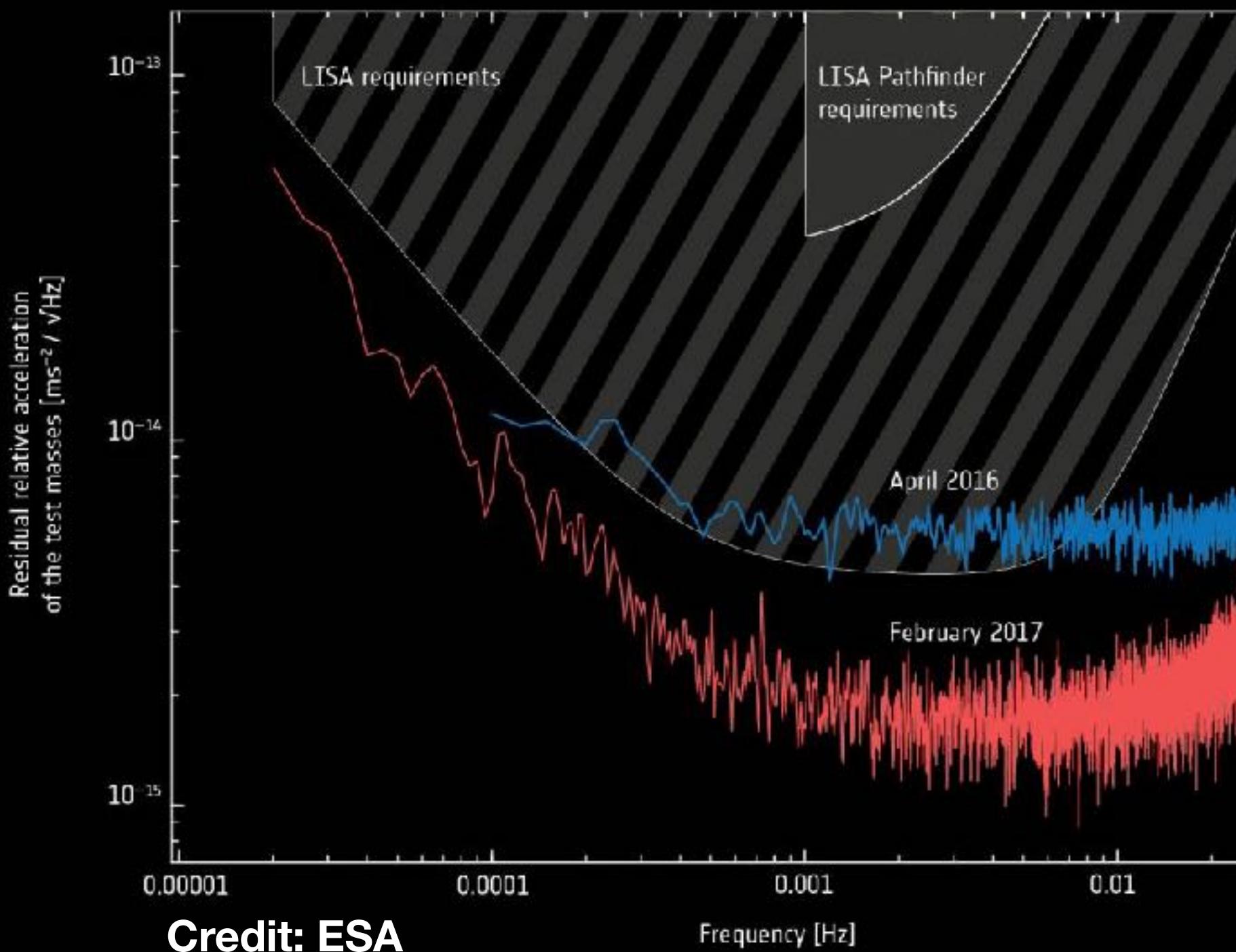
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# Motivation: EMRIs



- LISA PATHFINDER





# Motivation: EMRIs

Image credit: NASA JPL

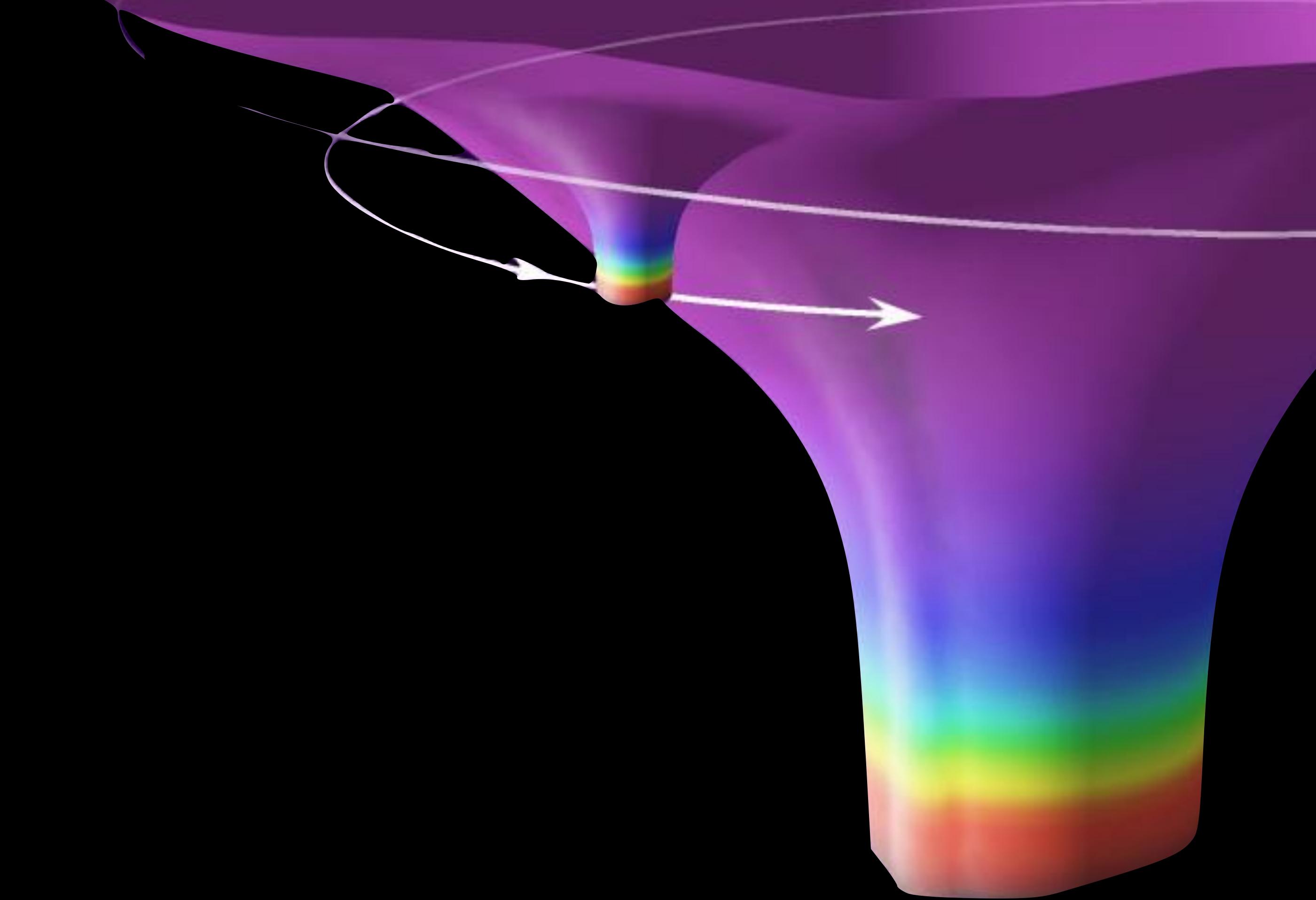




Image credit: NASA JPL

# Motivation: EMRIs

- Deepest view of galactic nuclei

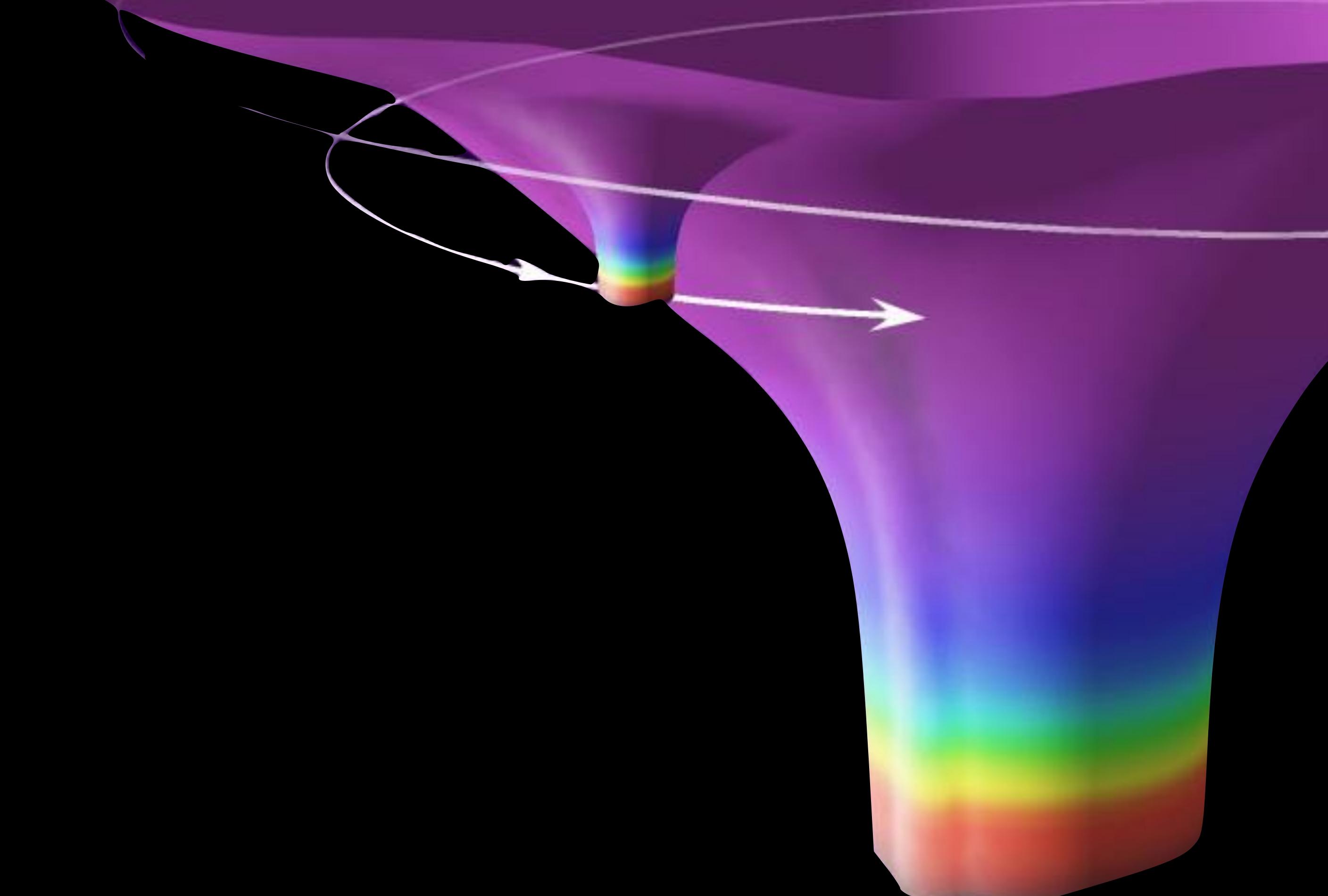




Image credit: NASA JPL

# Motivation: EMRIs

- Deepest view of galactic nuclei
  - stellar mass compact body distribution in galactic nuclei

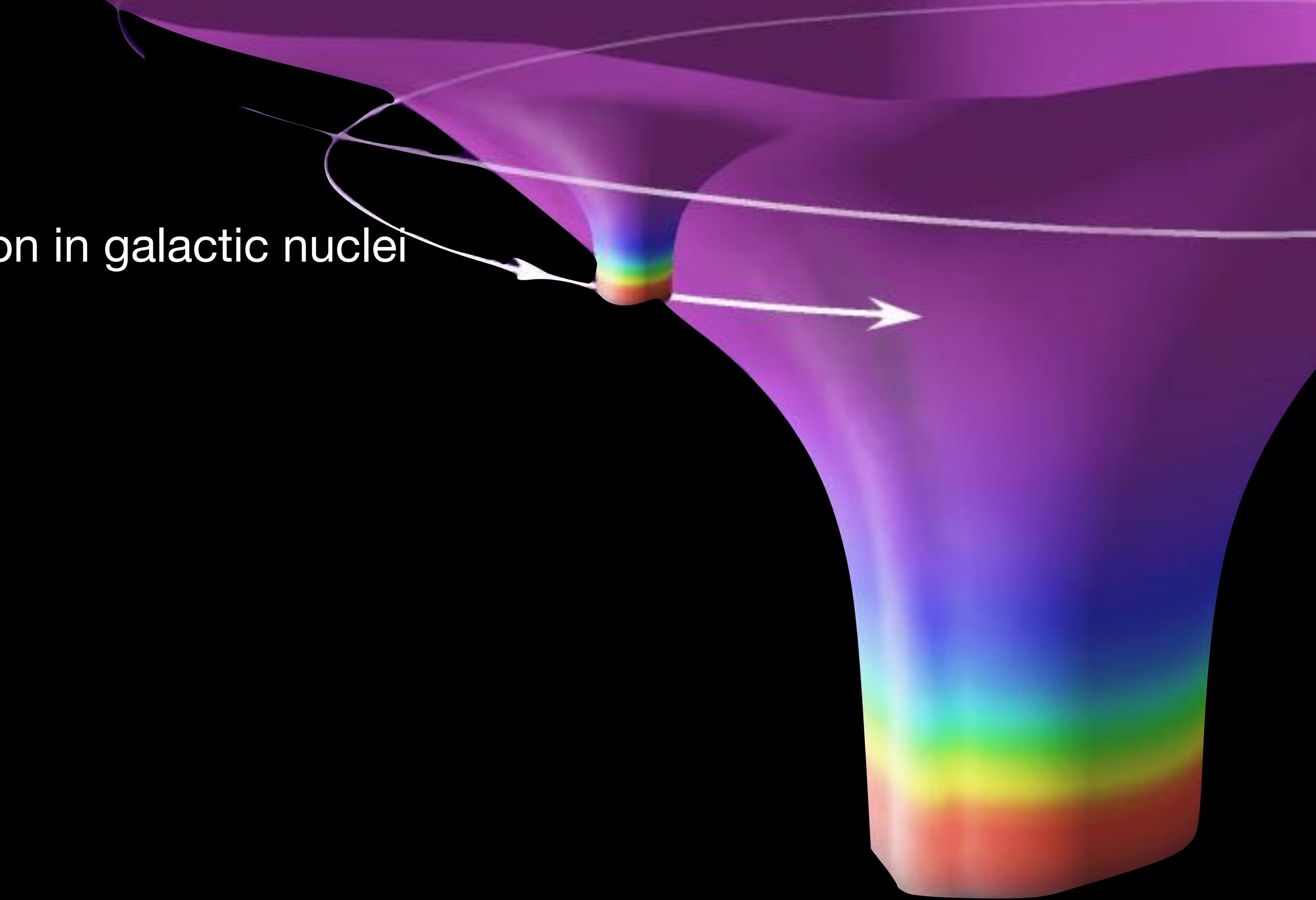
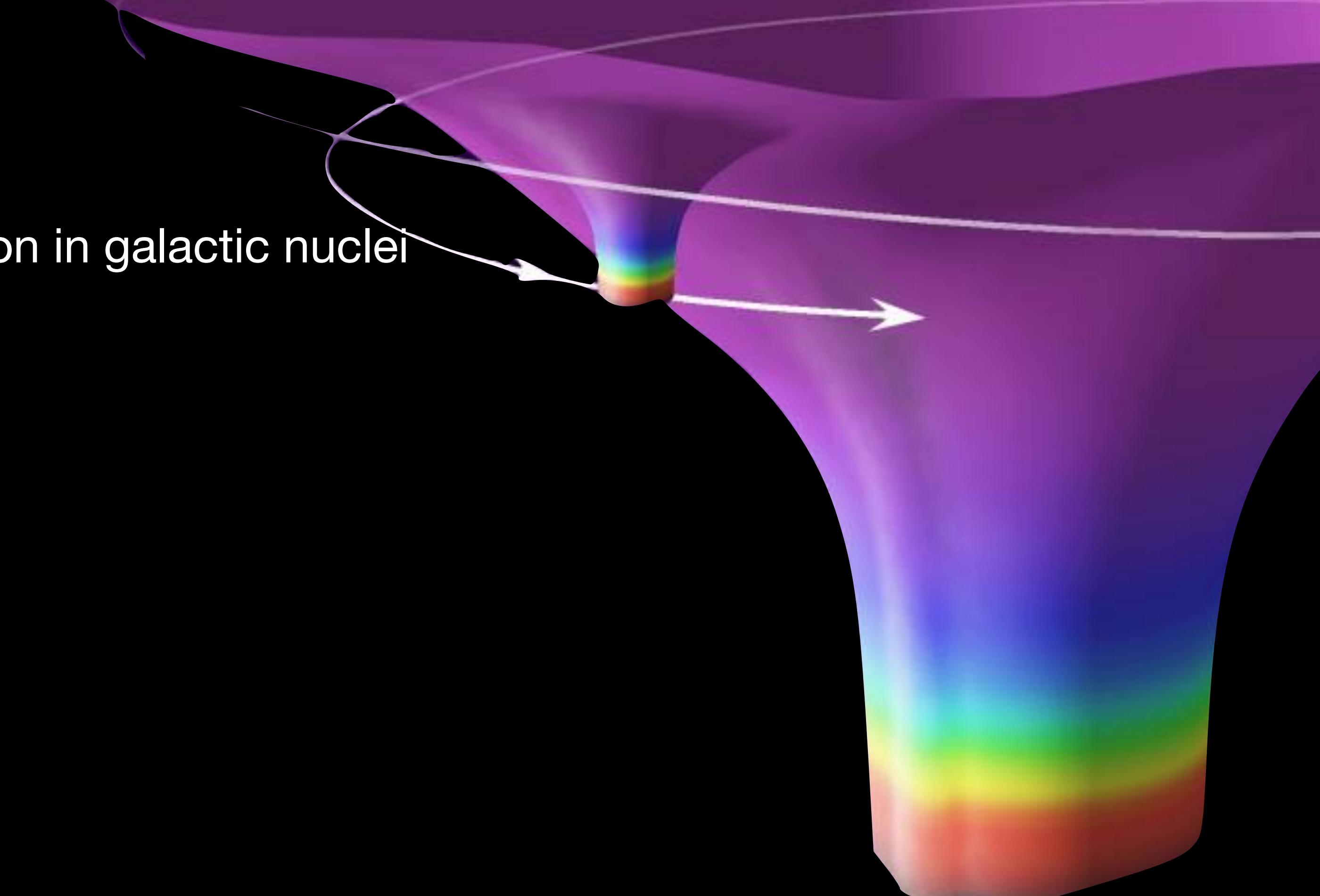




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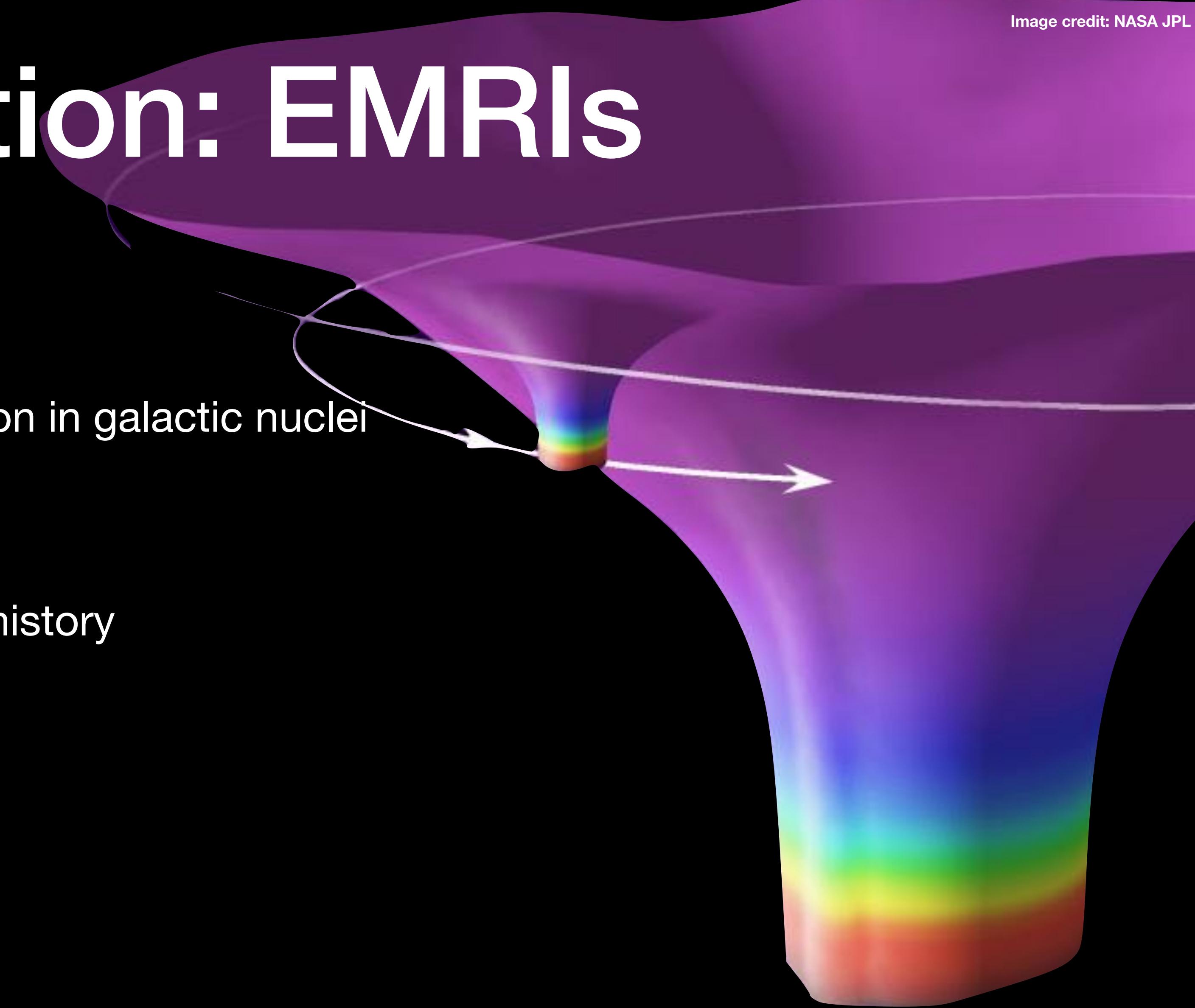
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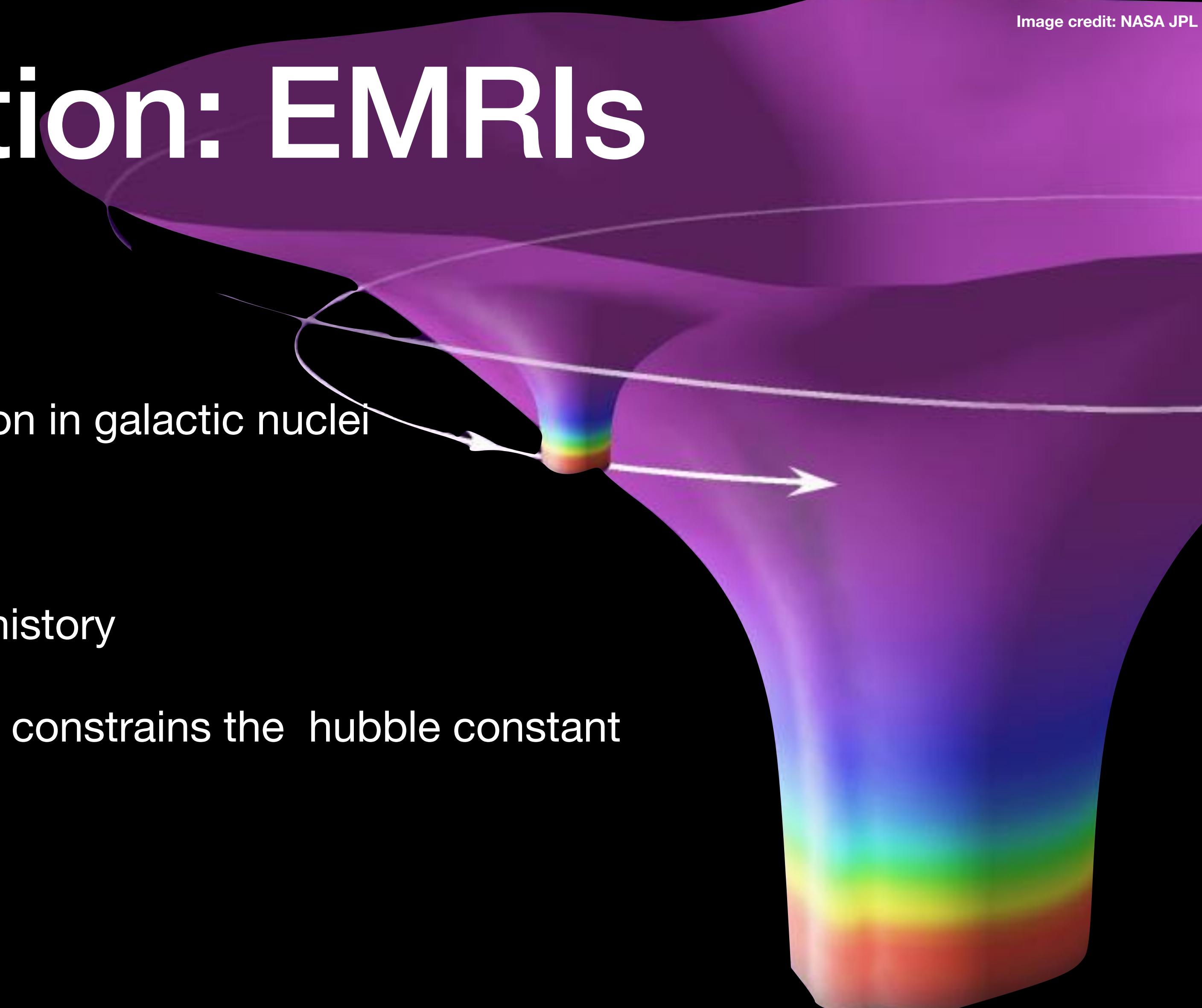
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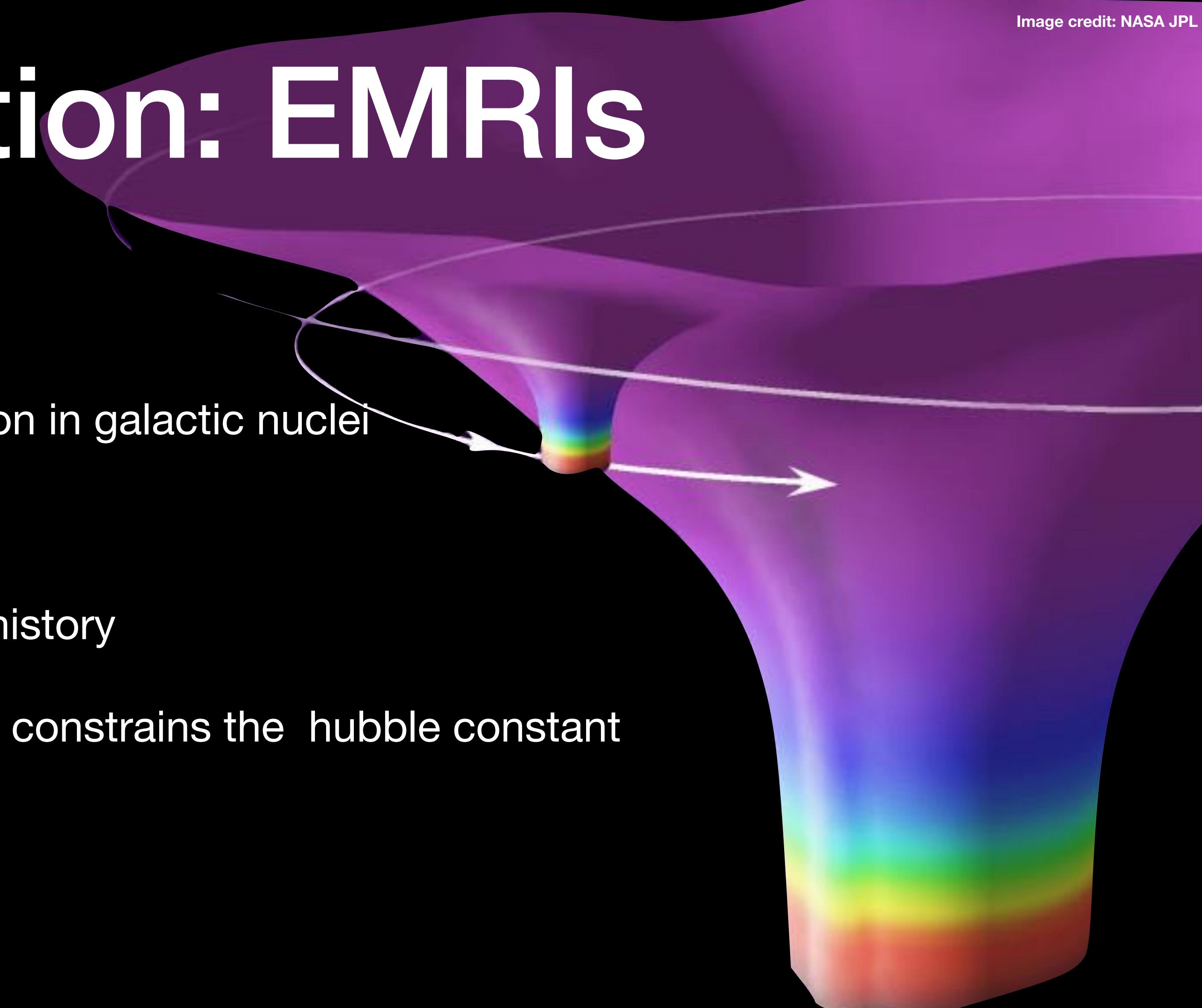
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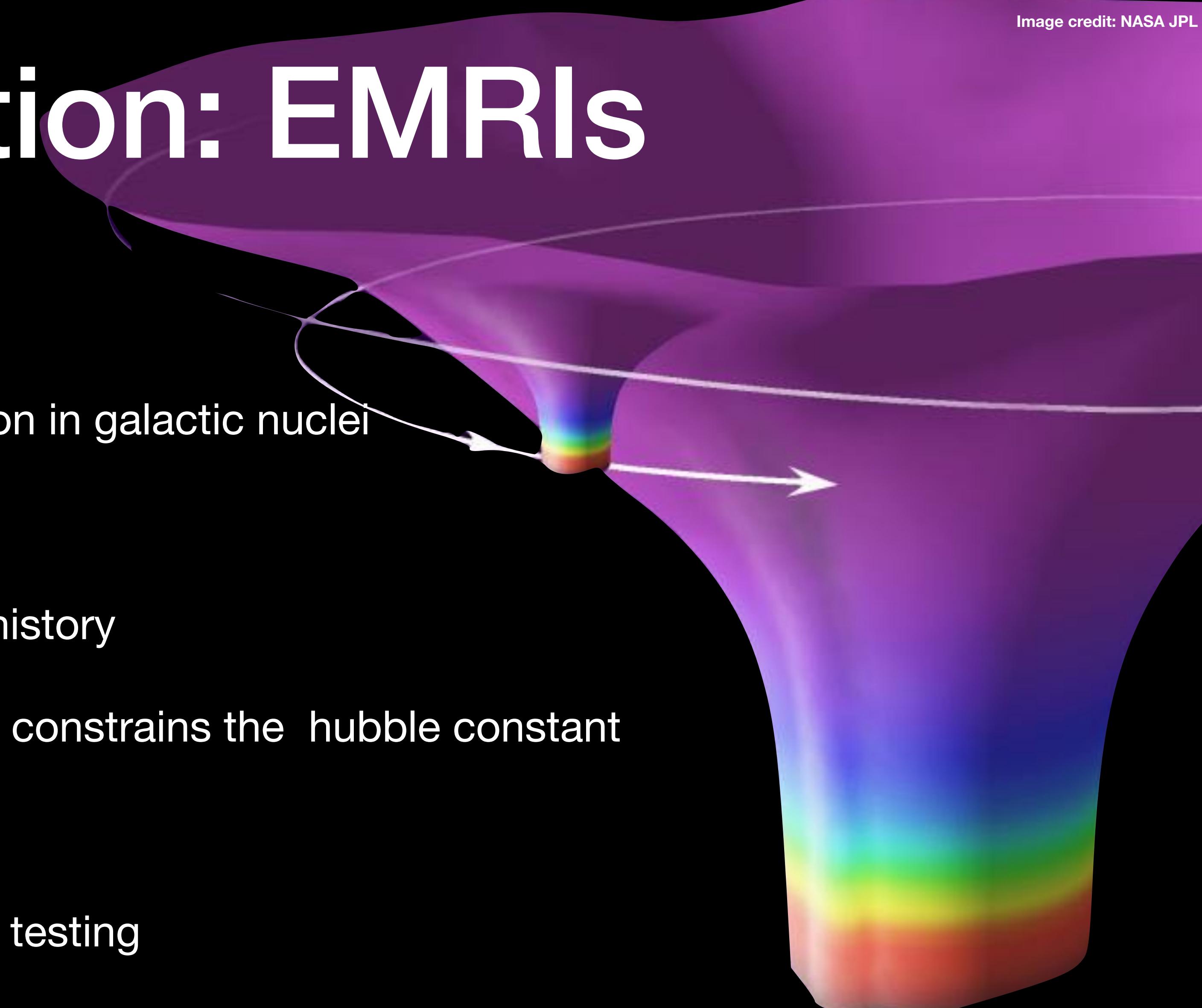
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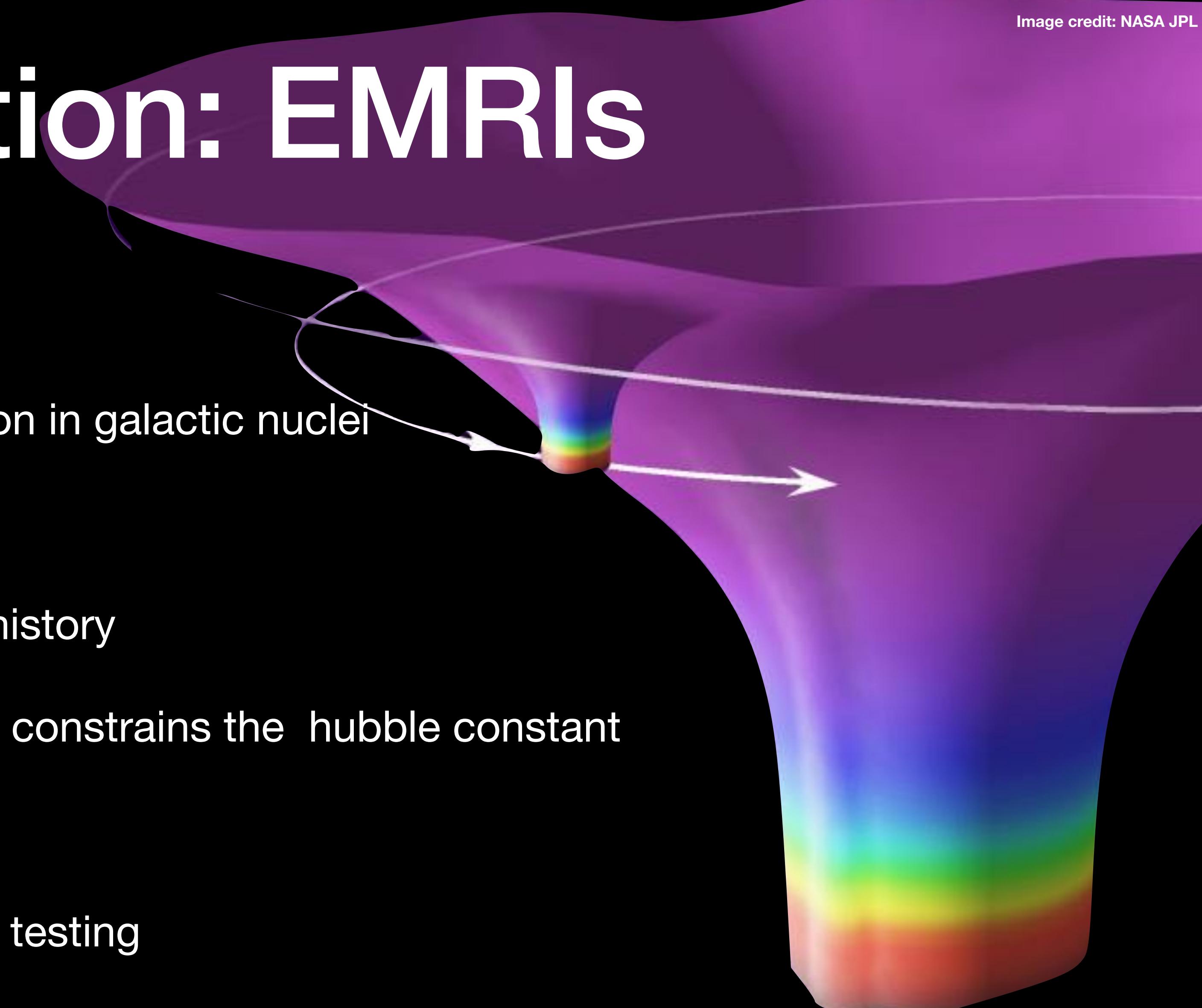
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  - Deviations from GR - more orbits, better testing



# Motivation: EMRIs

- Deepest view of galactic nuclei
  - stellar mass compact body distribution in galactic nuclei
- Intermediate mass black holes - IMRI's?
- EMRI's as sirens, we gain acceleration history
  - Combined with galaxy redshift curves constrains the hubble constant
  - Mapping spacetime geometry
- Deviations from GR - more orbits, better testing
  - Tighter constraints on alternative theories of gravity





# Motivation: EMRIs

Image credit: NASA JPL

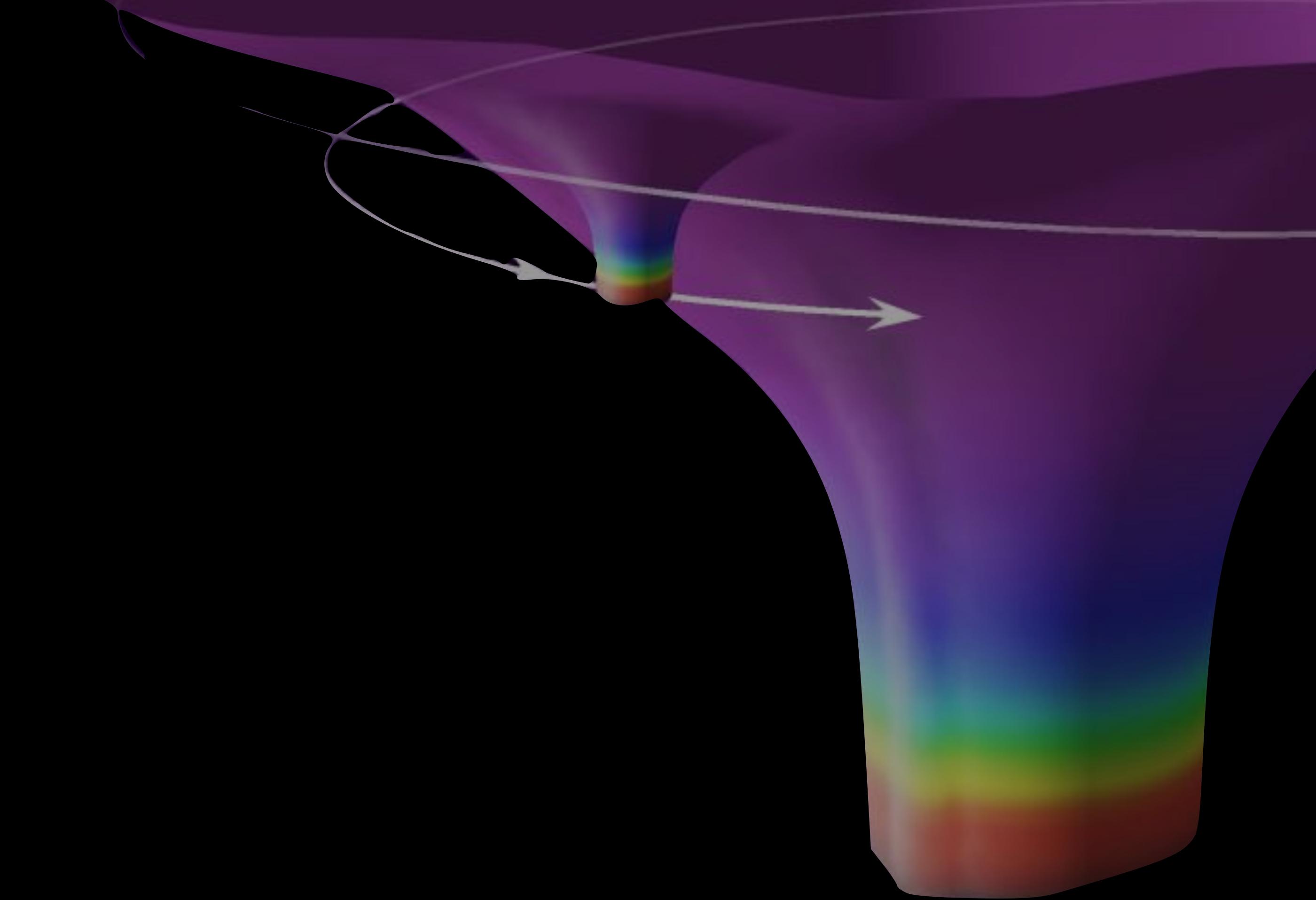
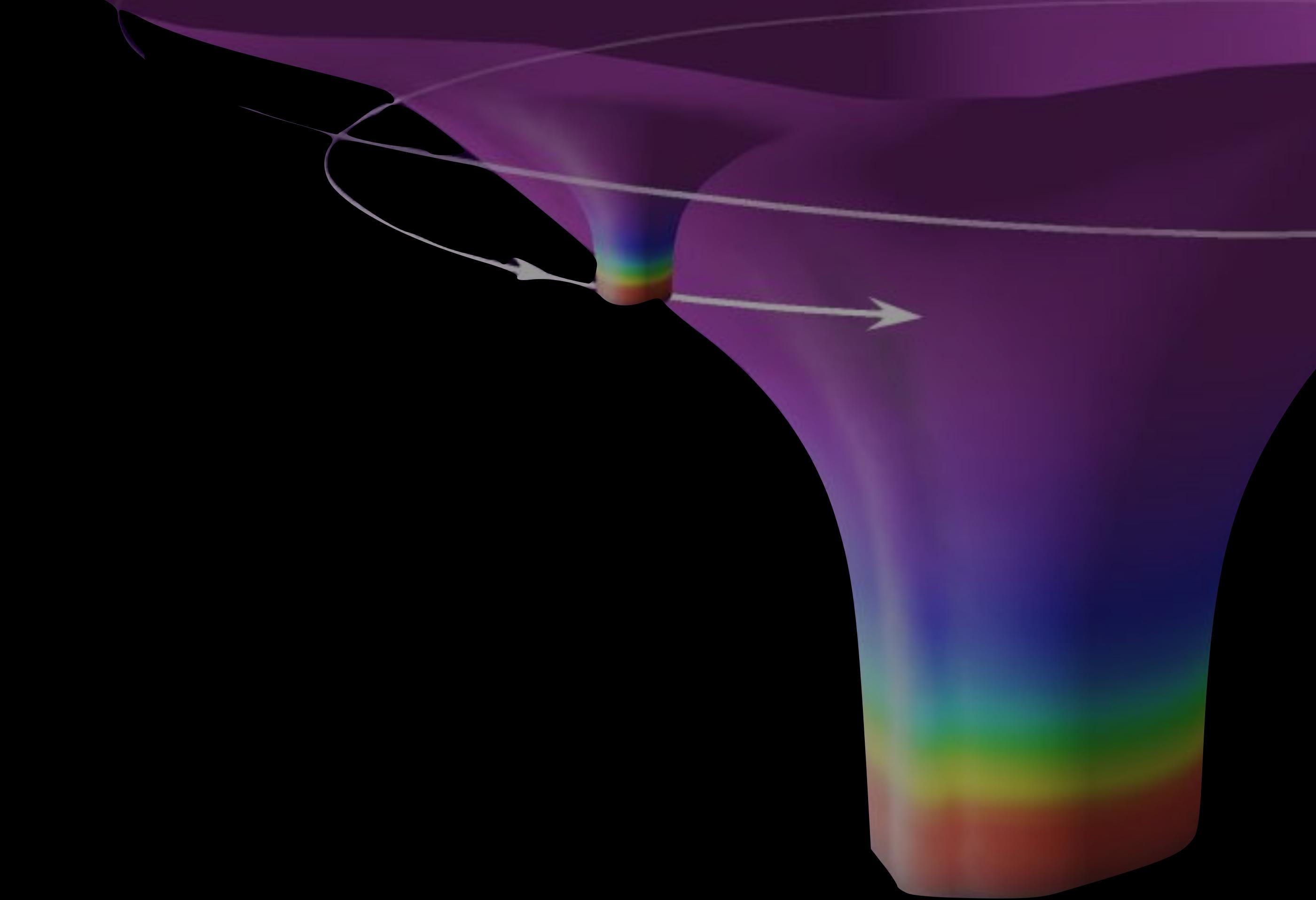




Image credit: NASA JPL

# Motivation: EMRIs

- Parameter Space





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- Parameter Space

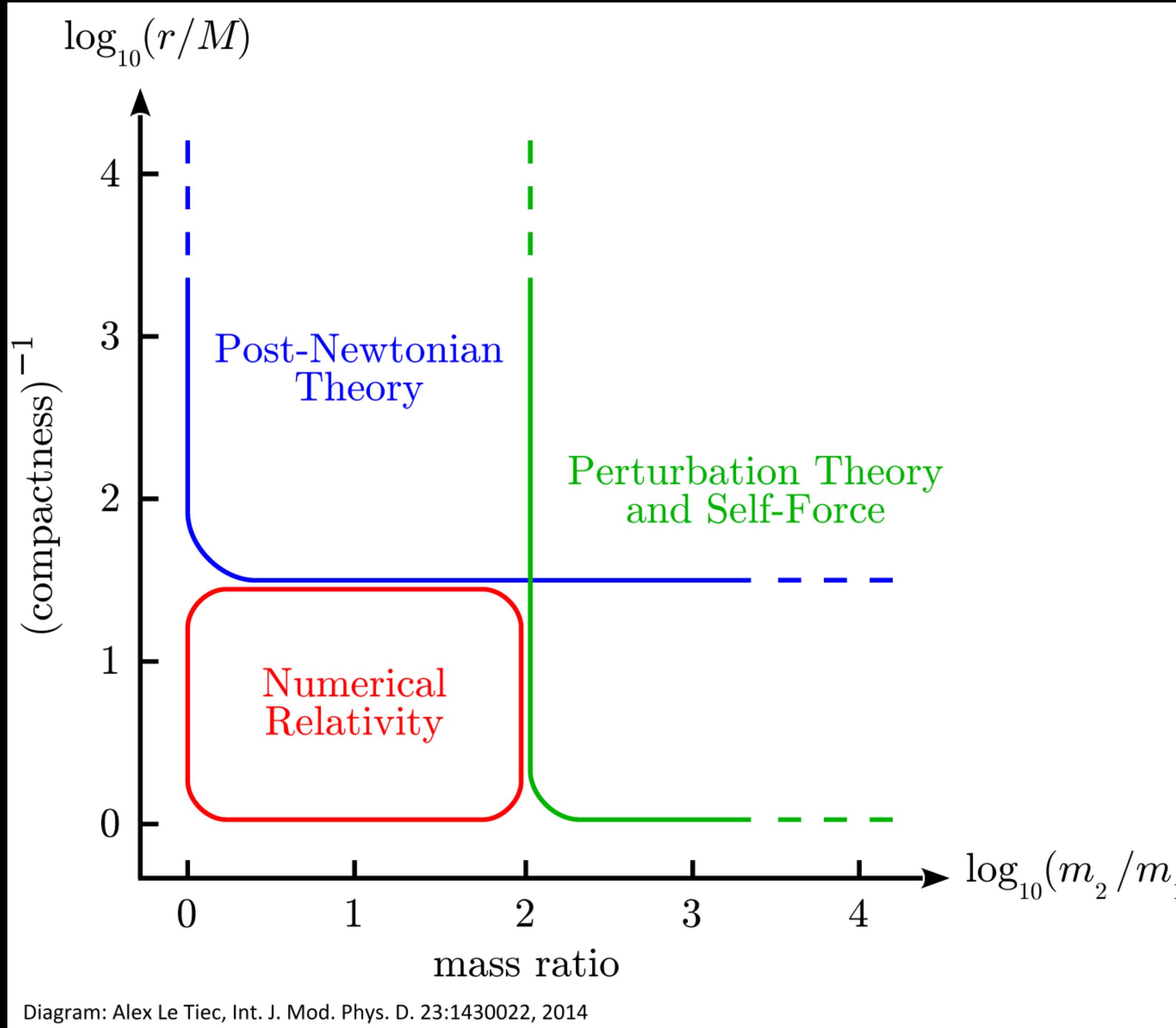
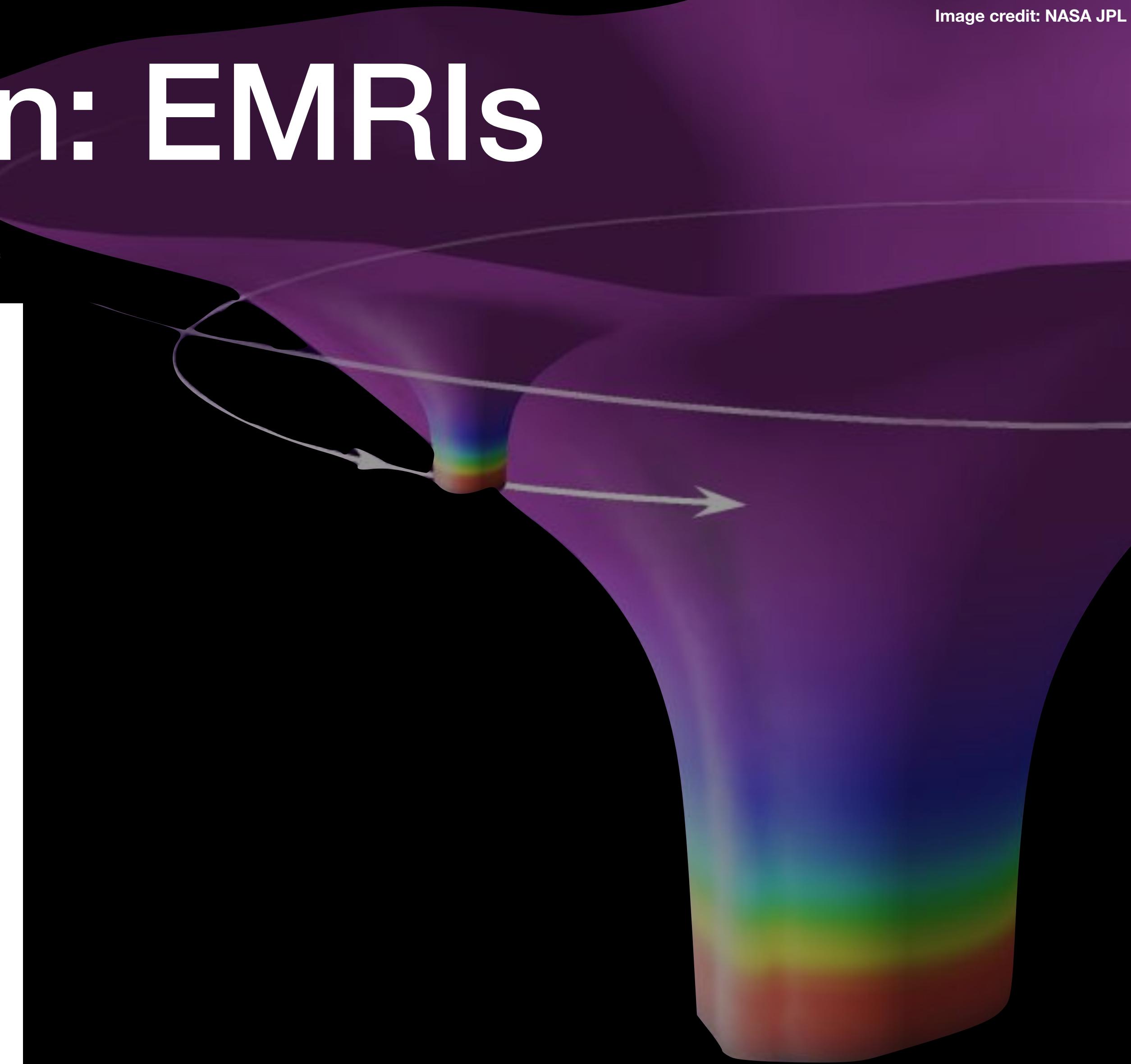


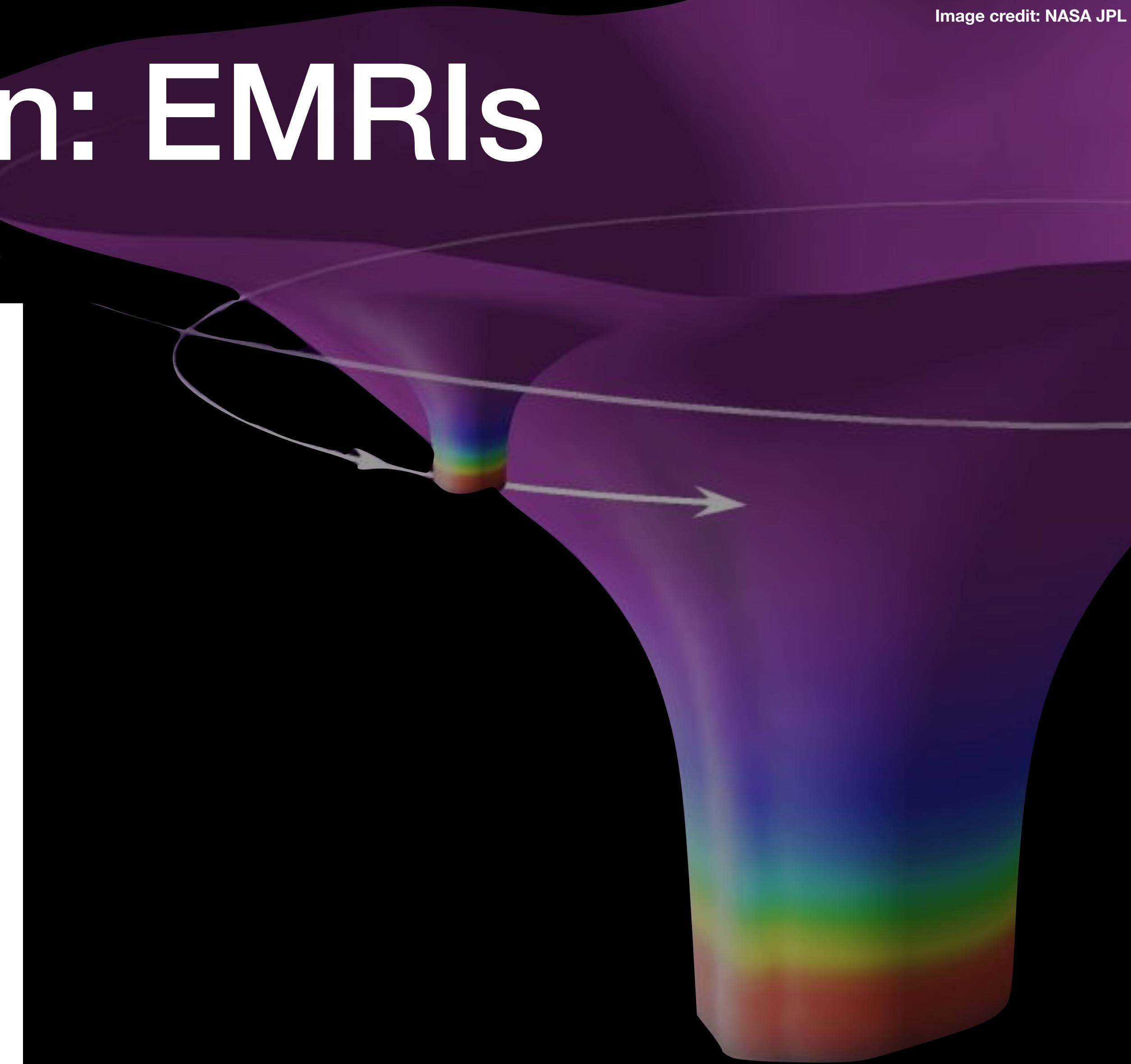
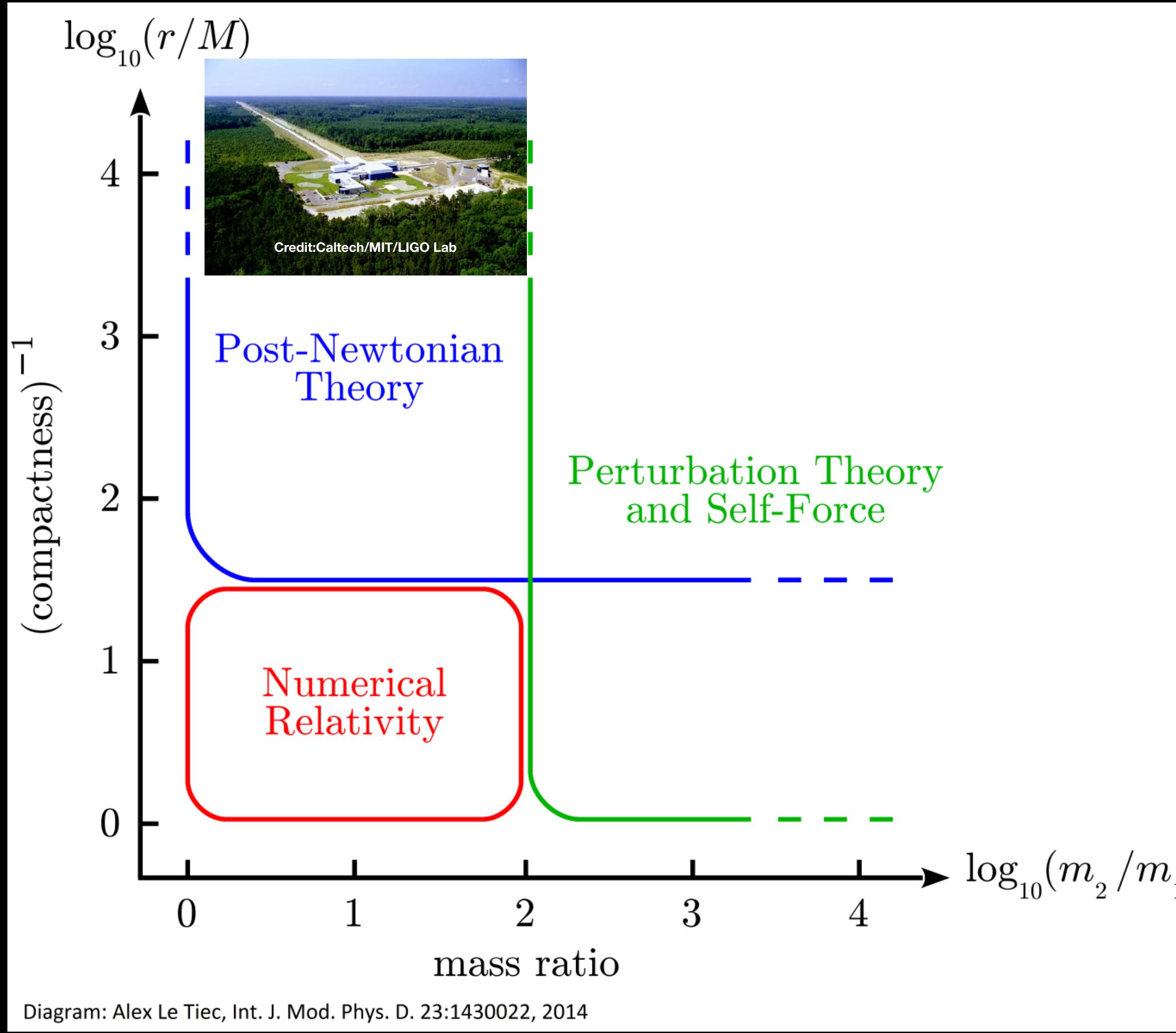
Diagram: Alex Le Tiec, Int. J. Mod. Phys. D. 23:1430022, 2014



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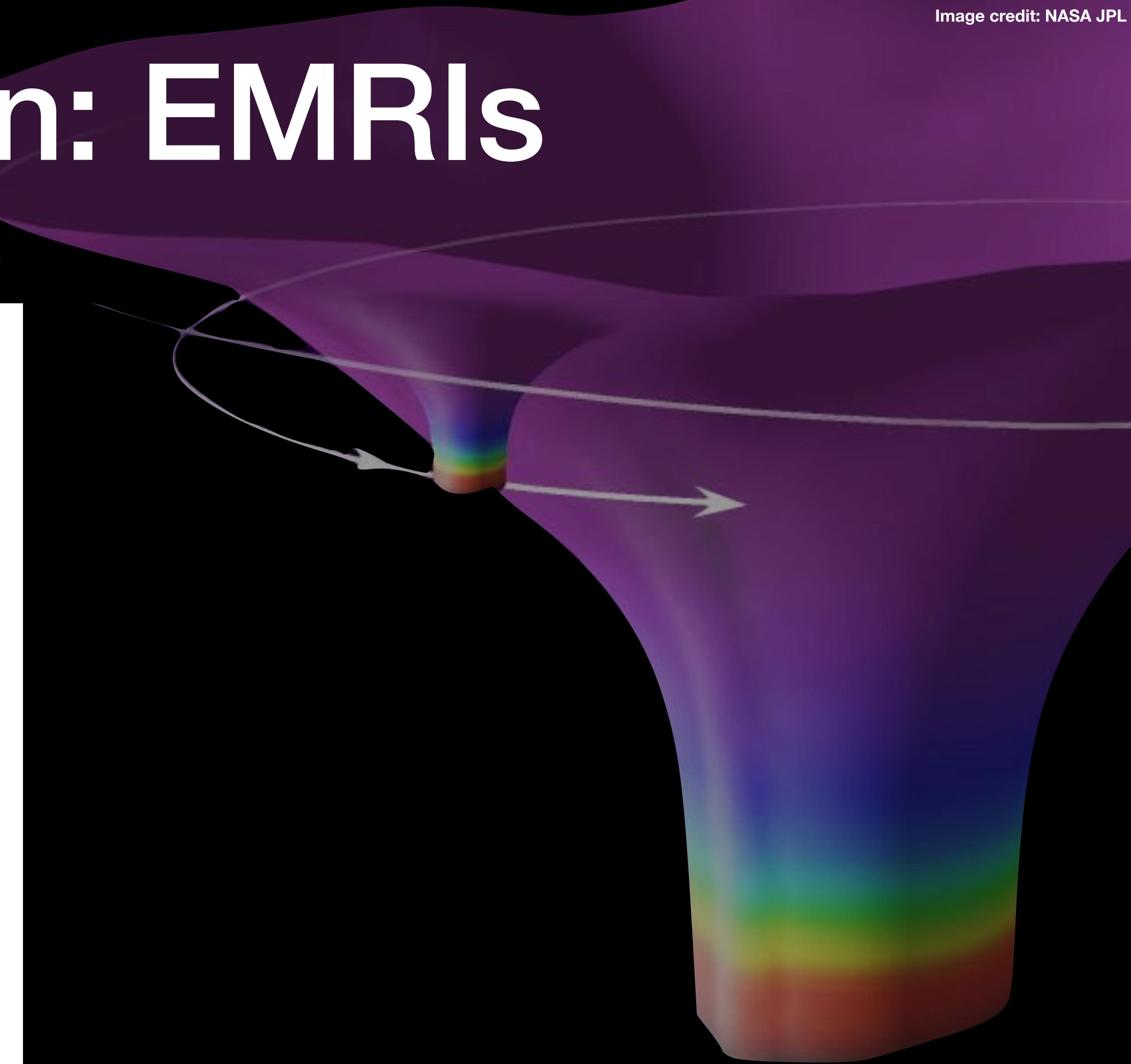
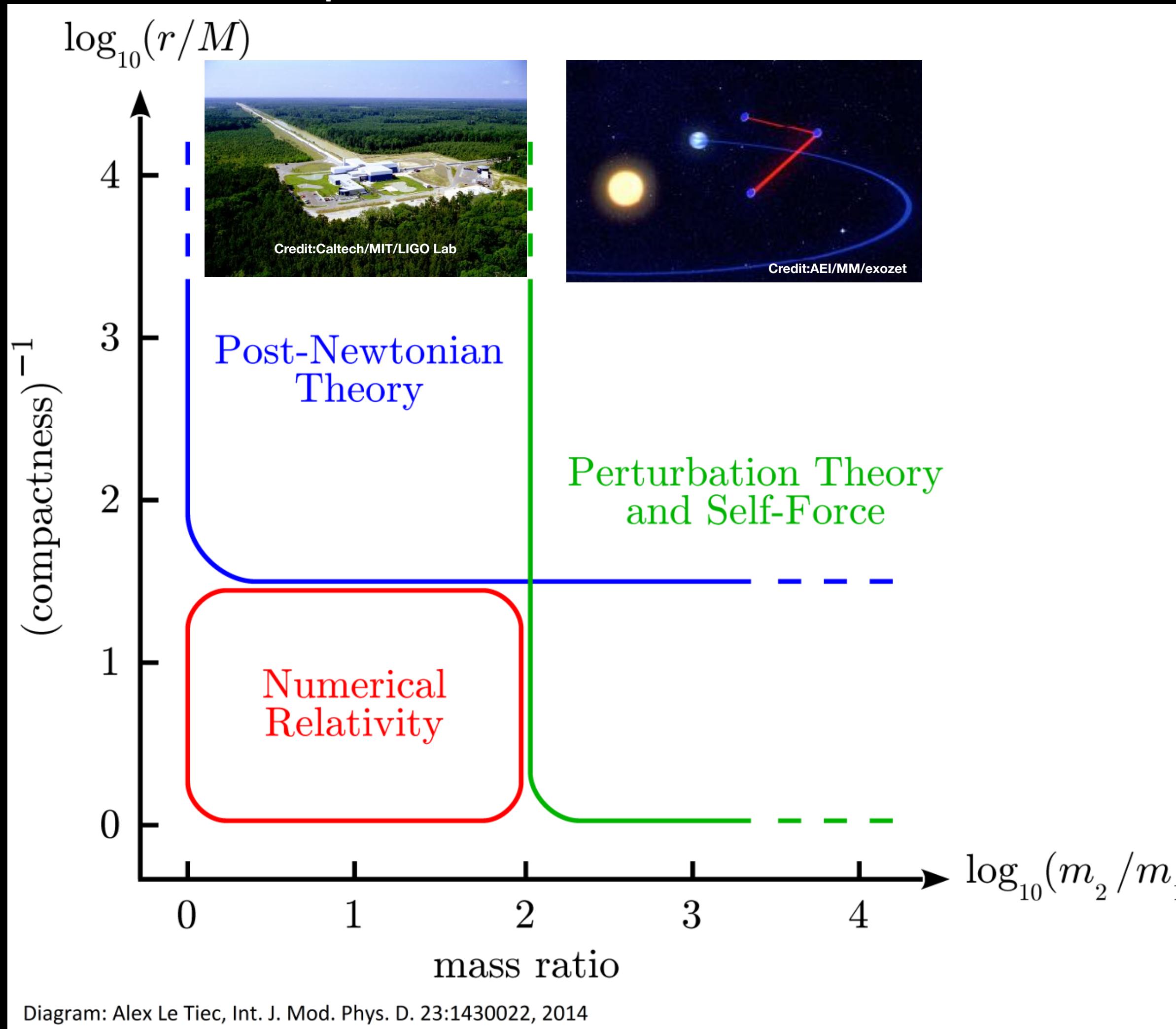
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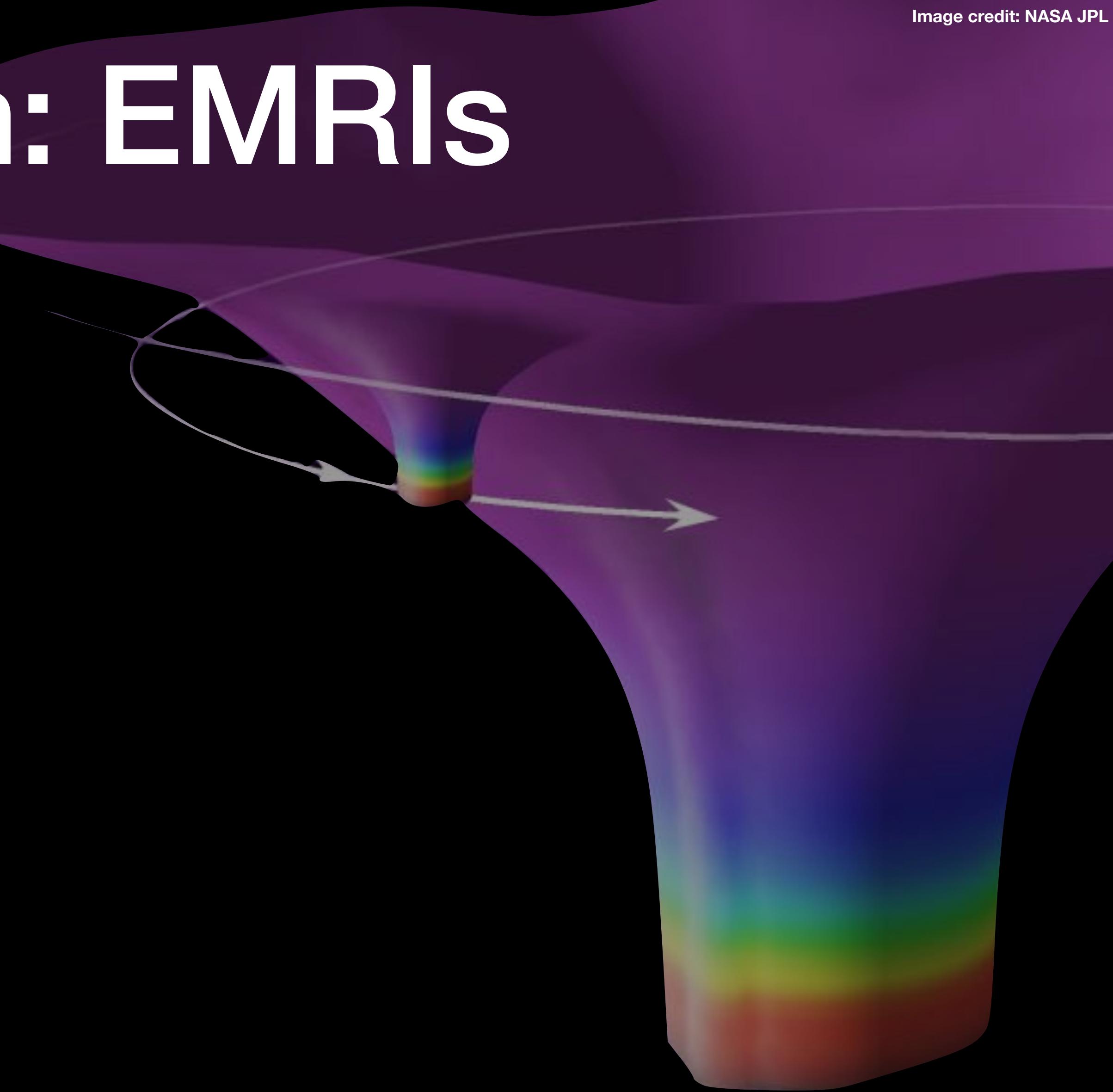
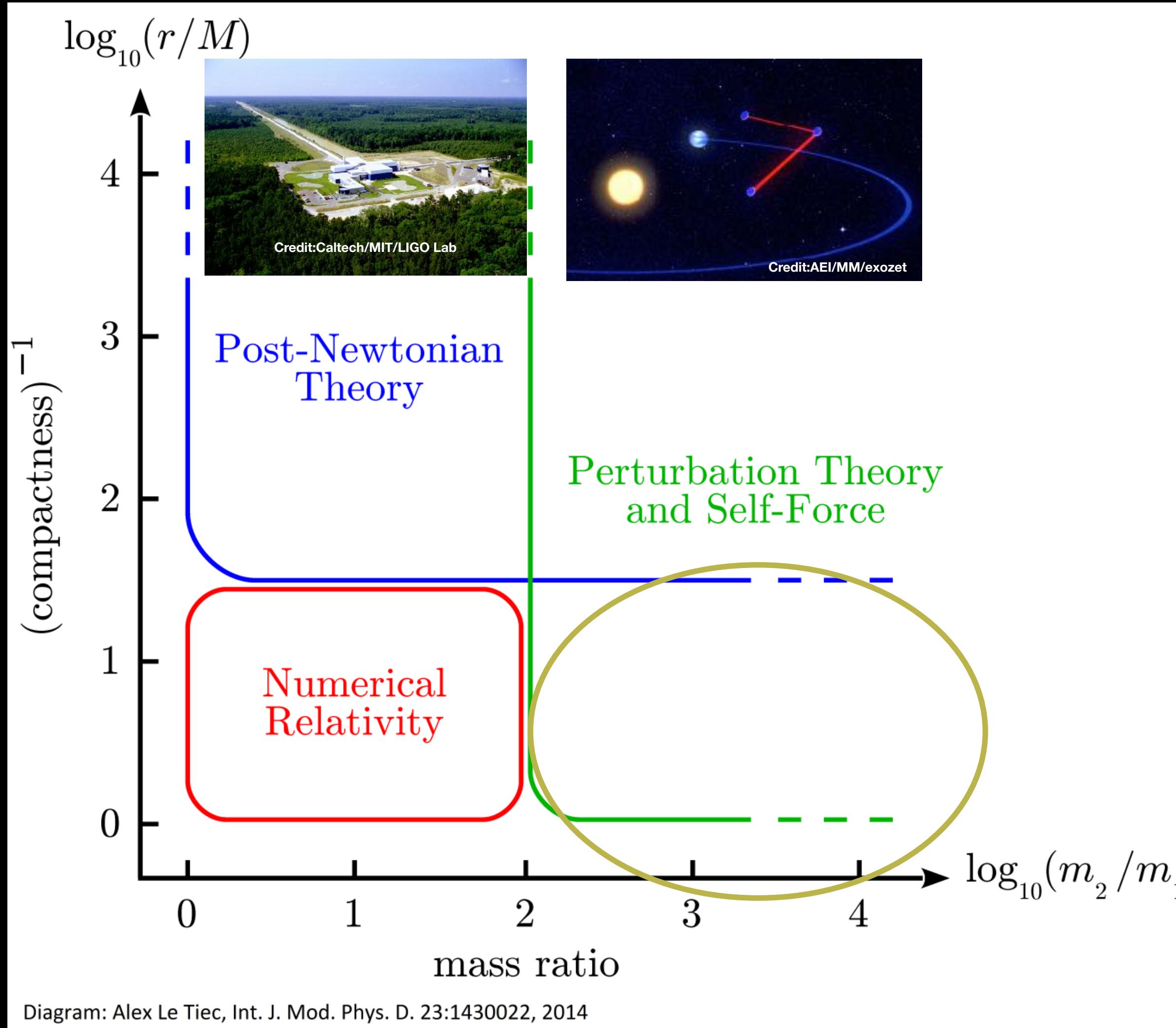
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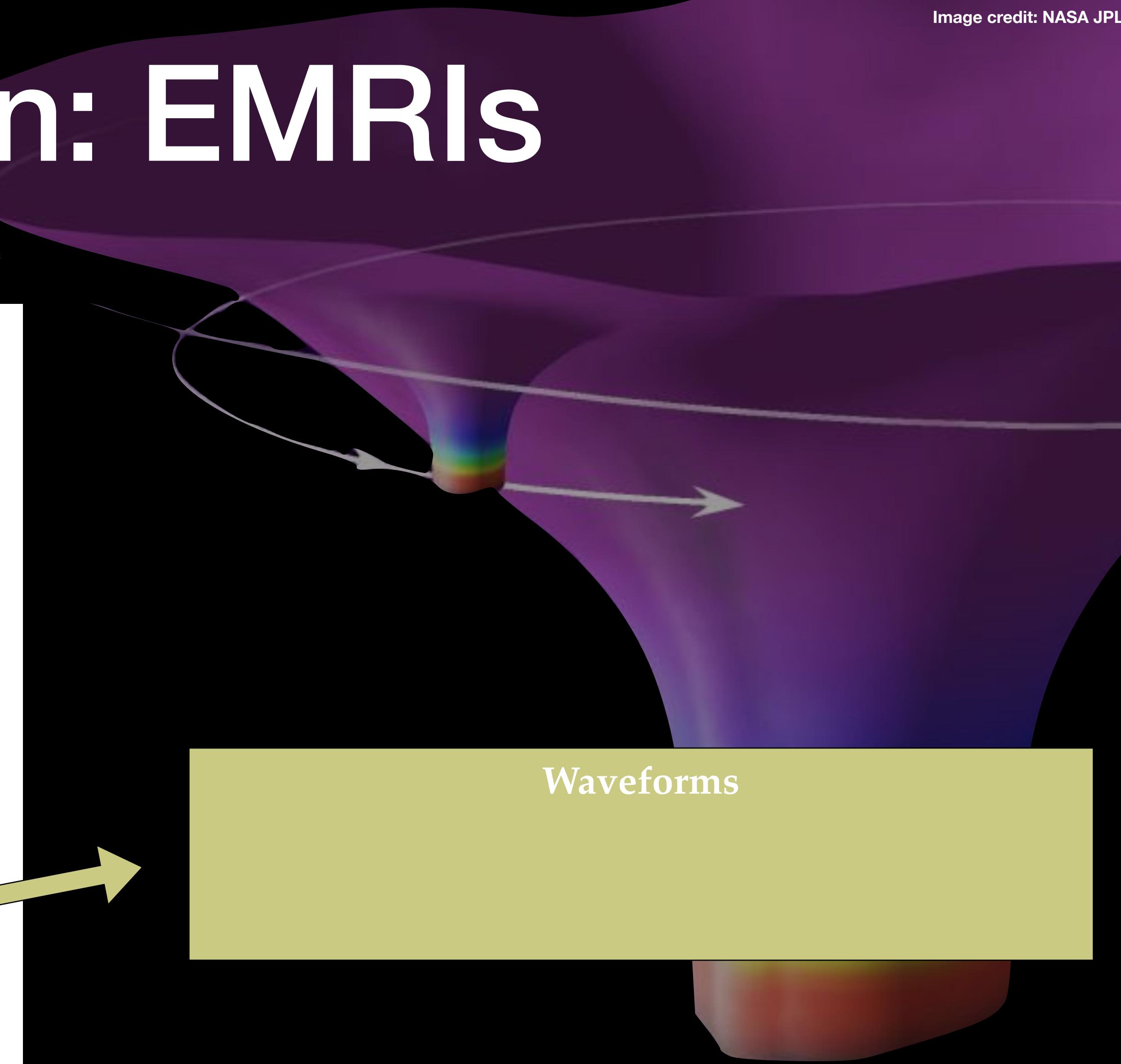
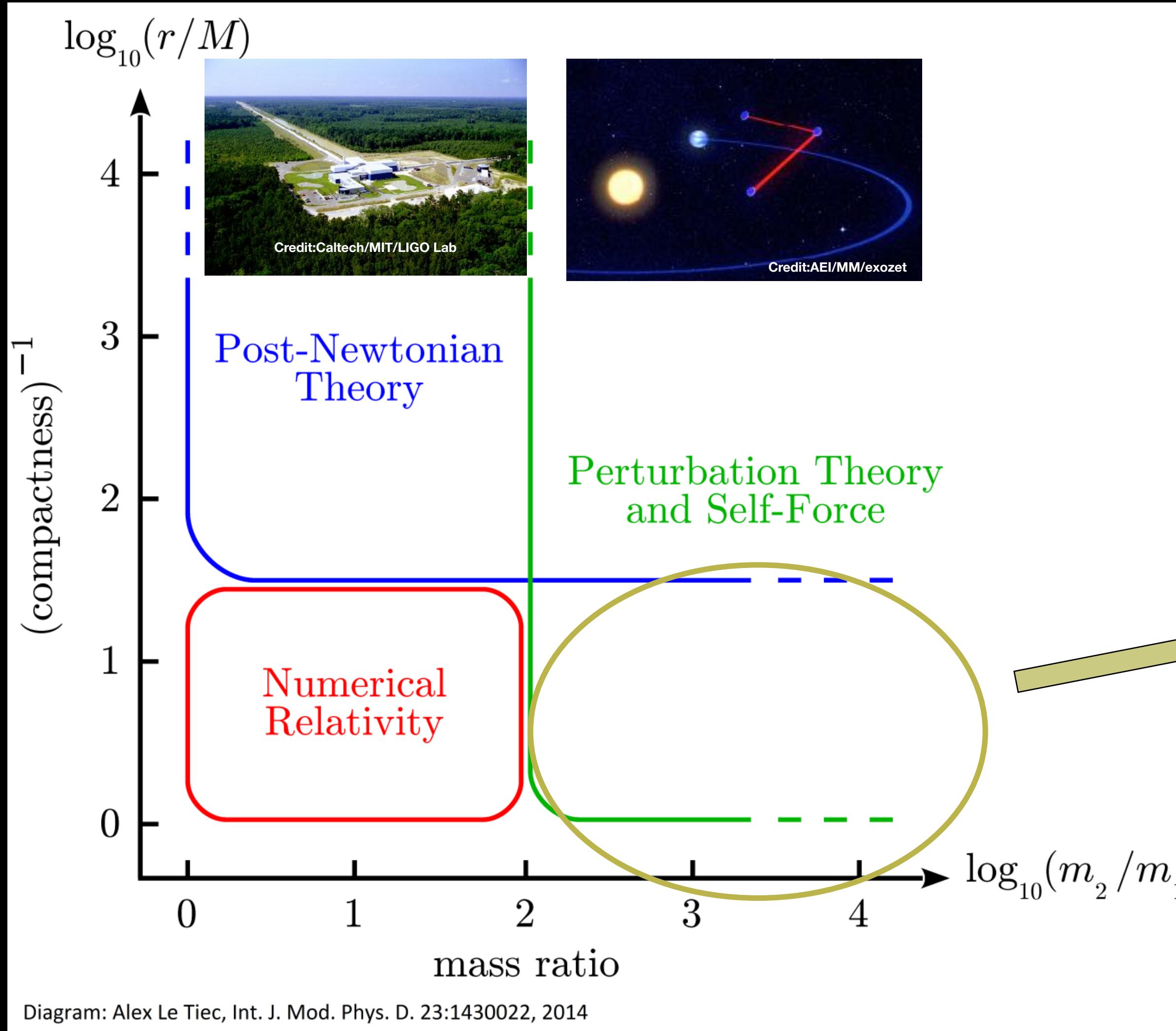
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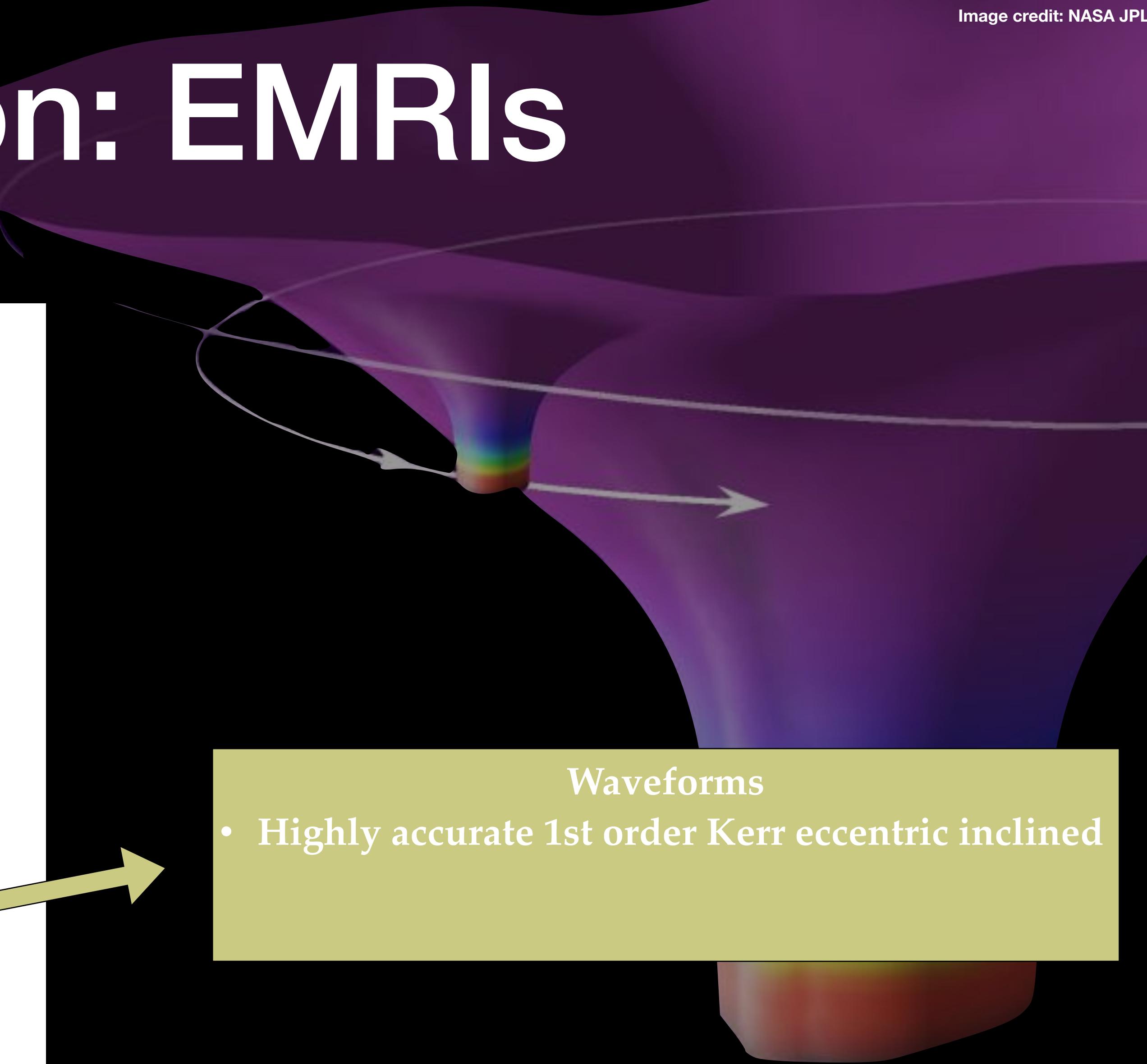
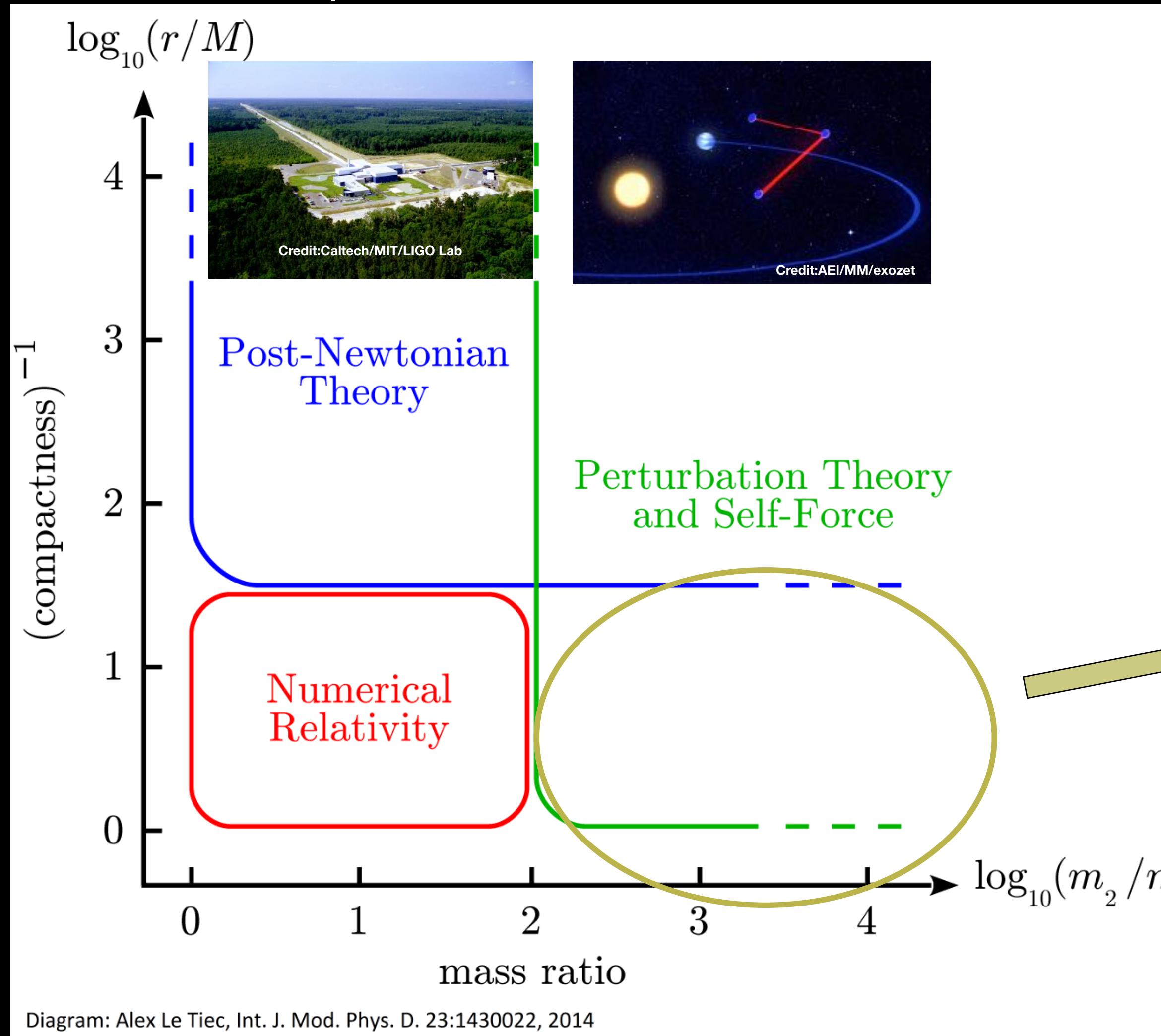
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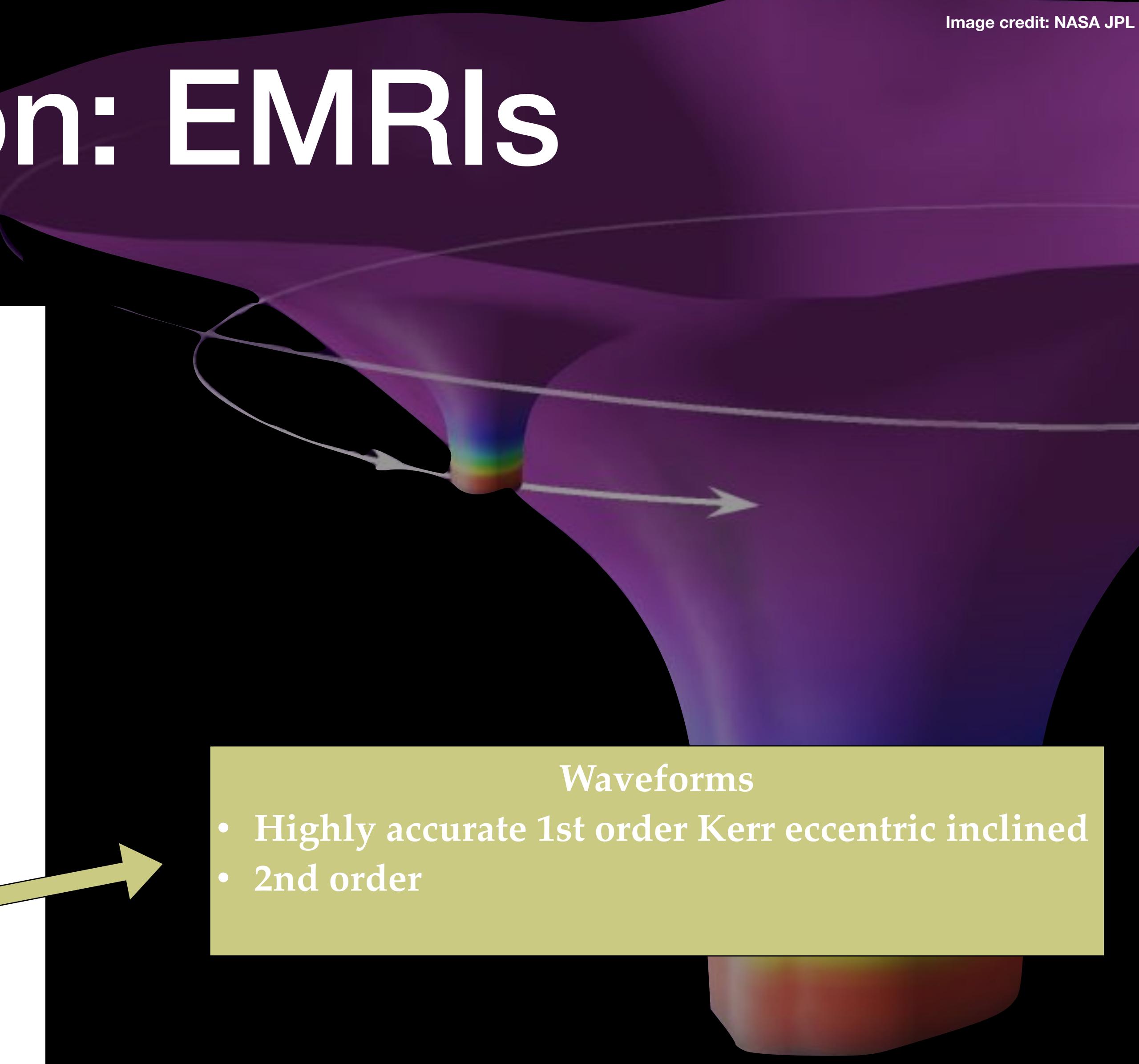
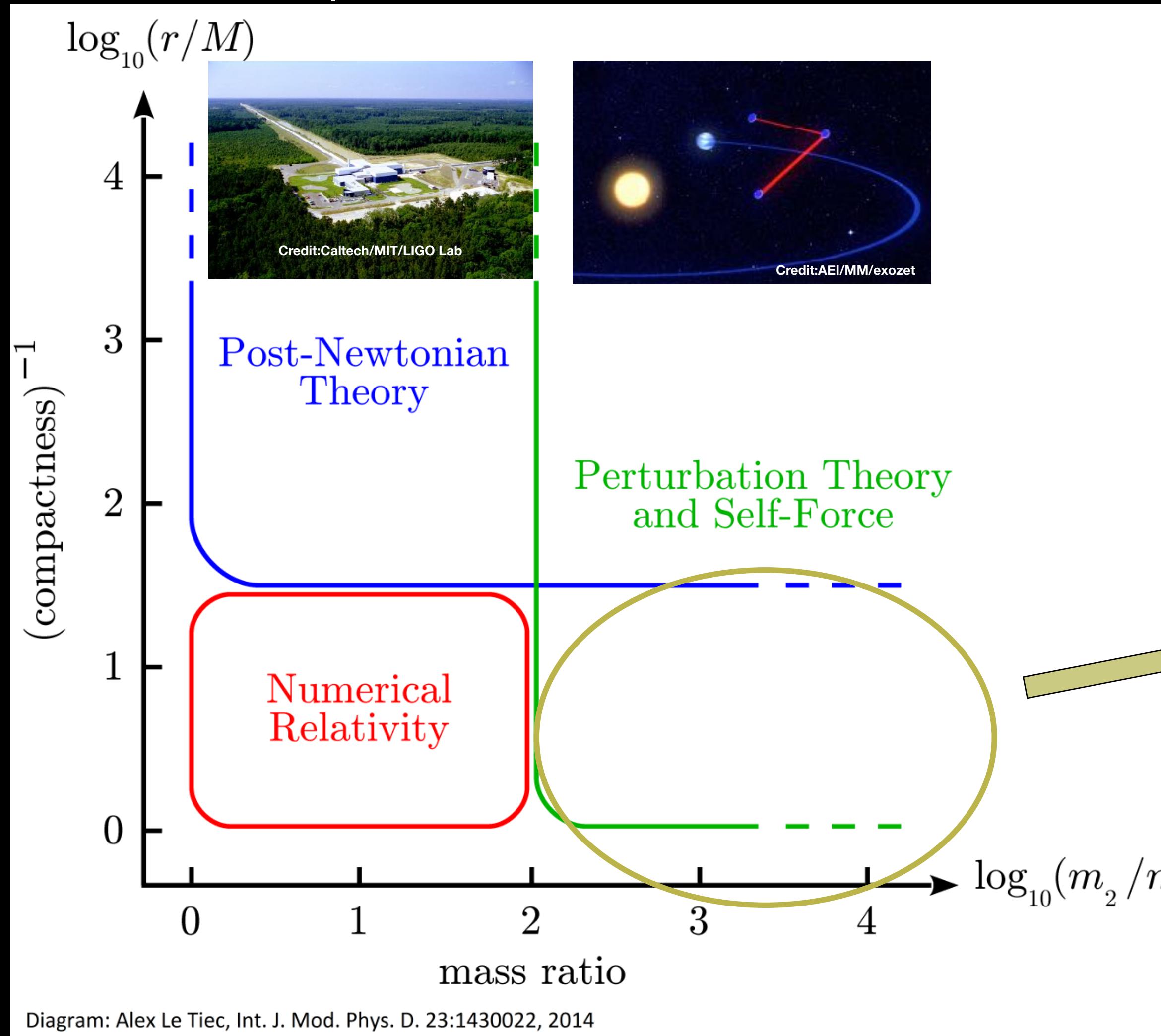
- Parameter Space



- Waveforms
- Highly accurate 1st order Kerr eccentric inclined

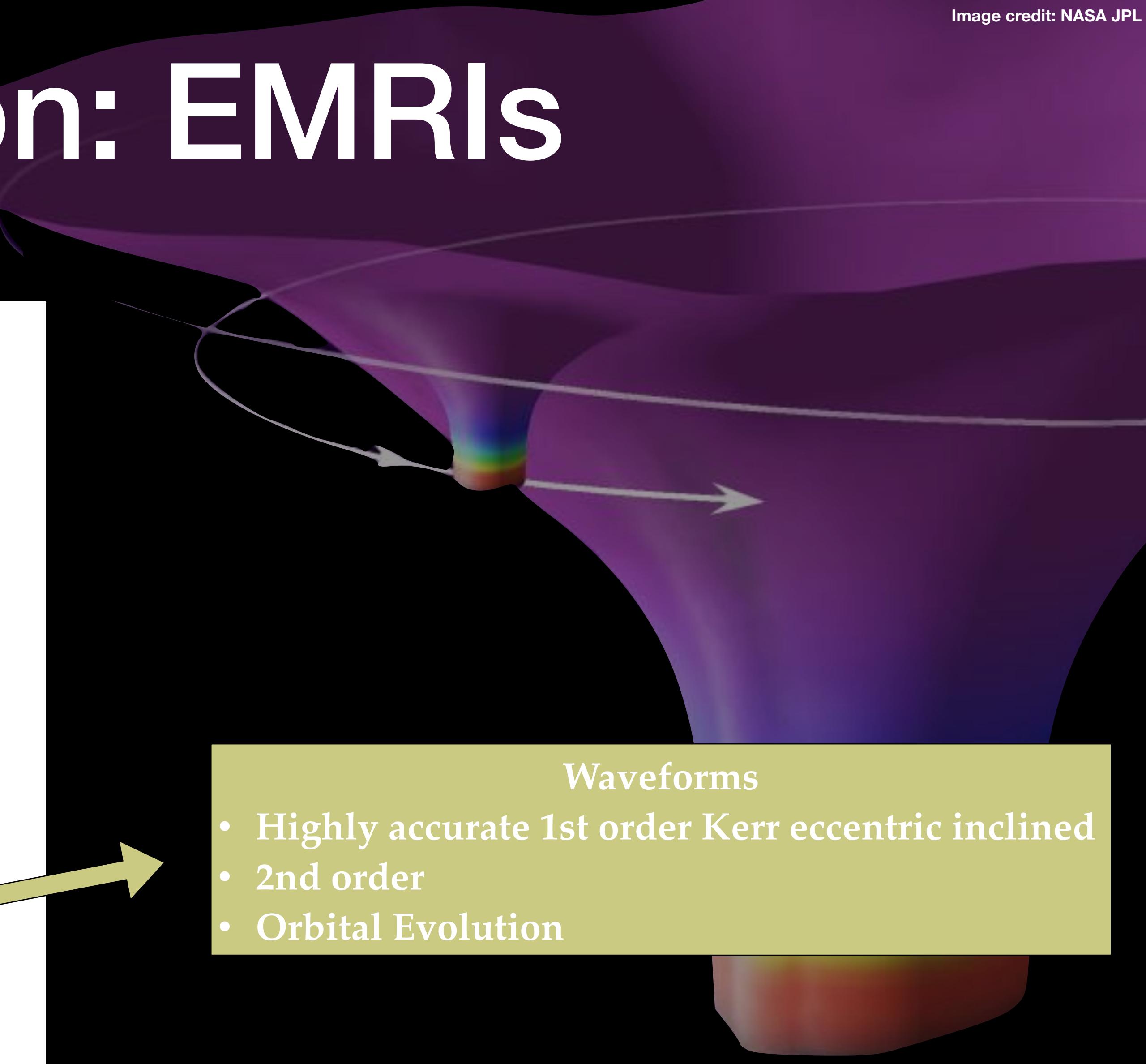
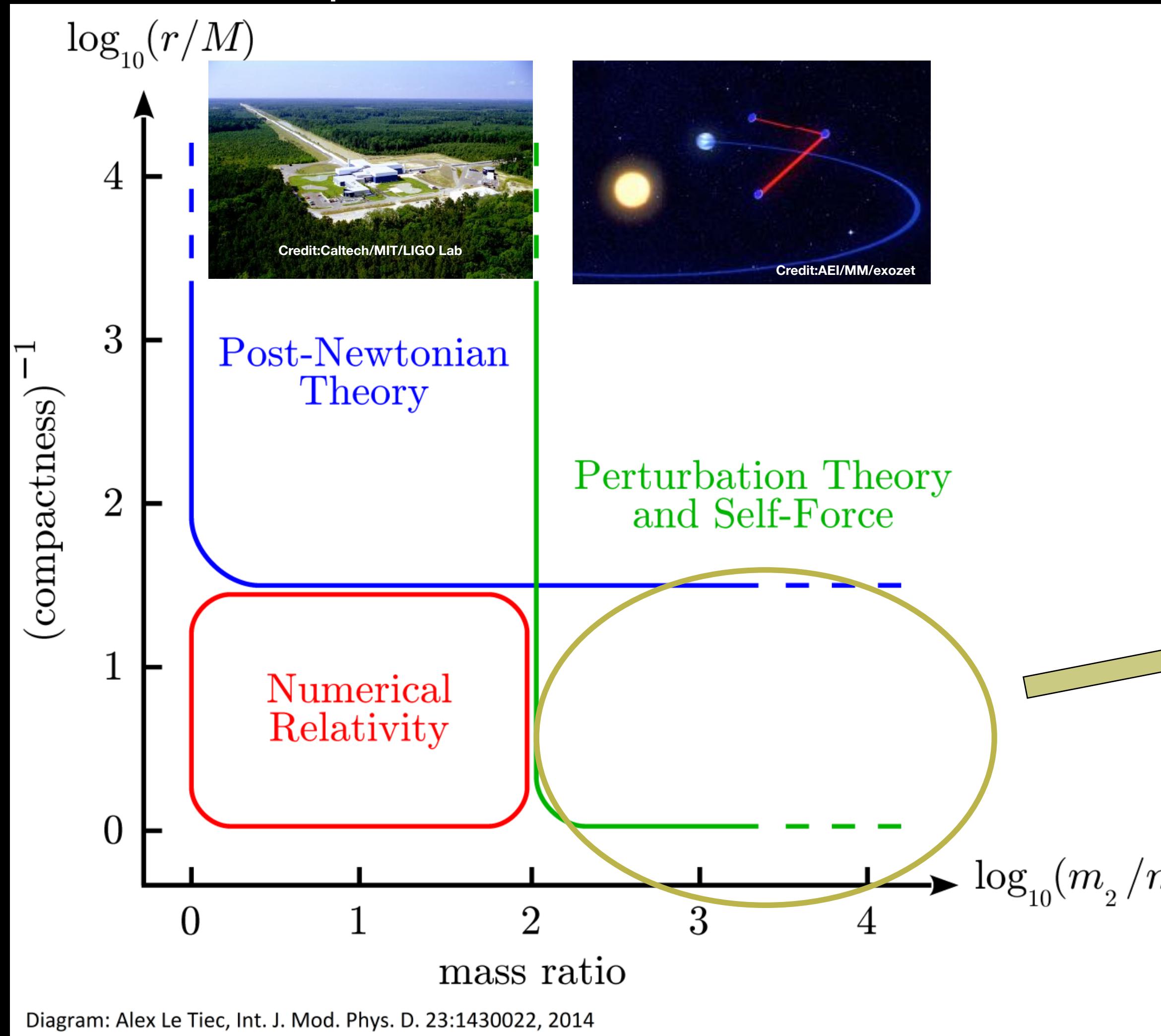
# Motivation: EMRIs

- Parameter Space



# Motivation: EMRIs

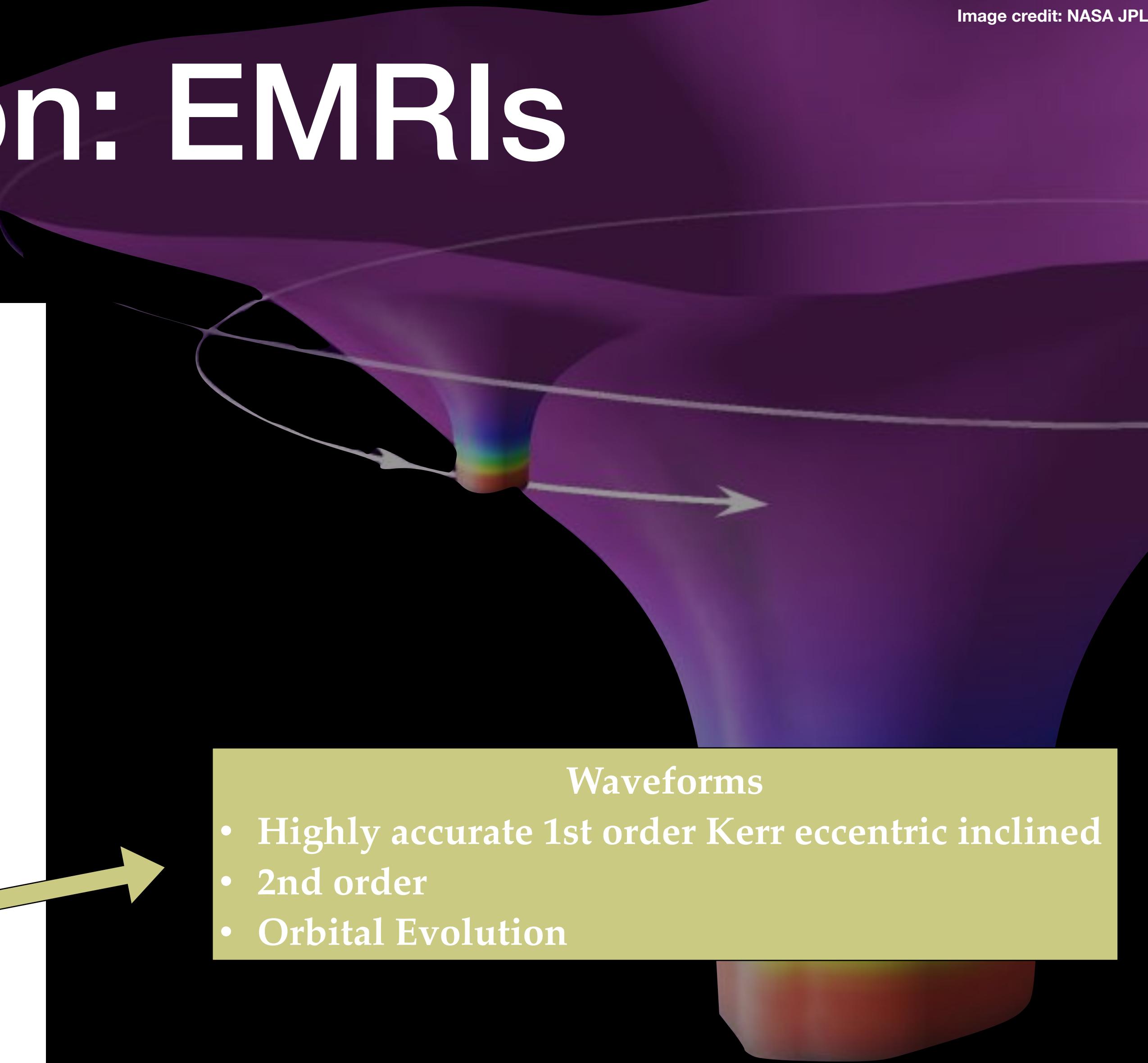
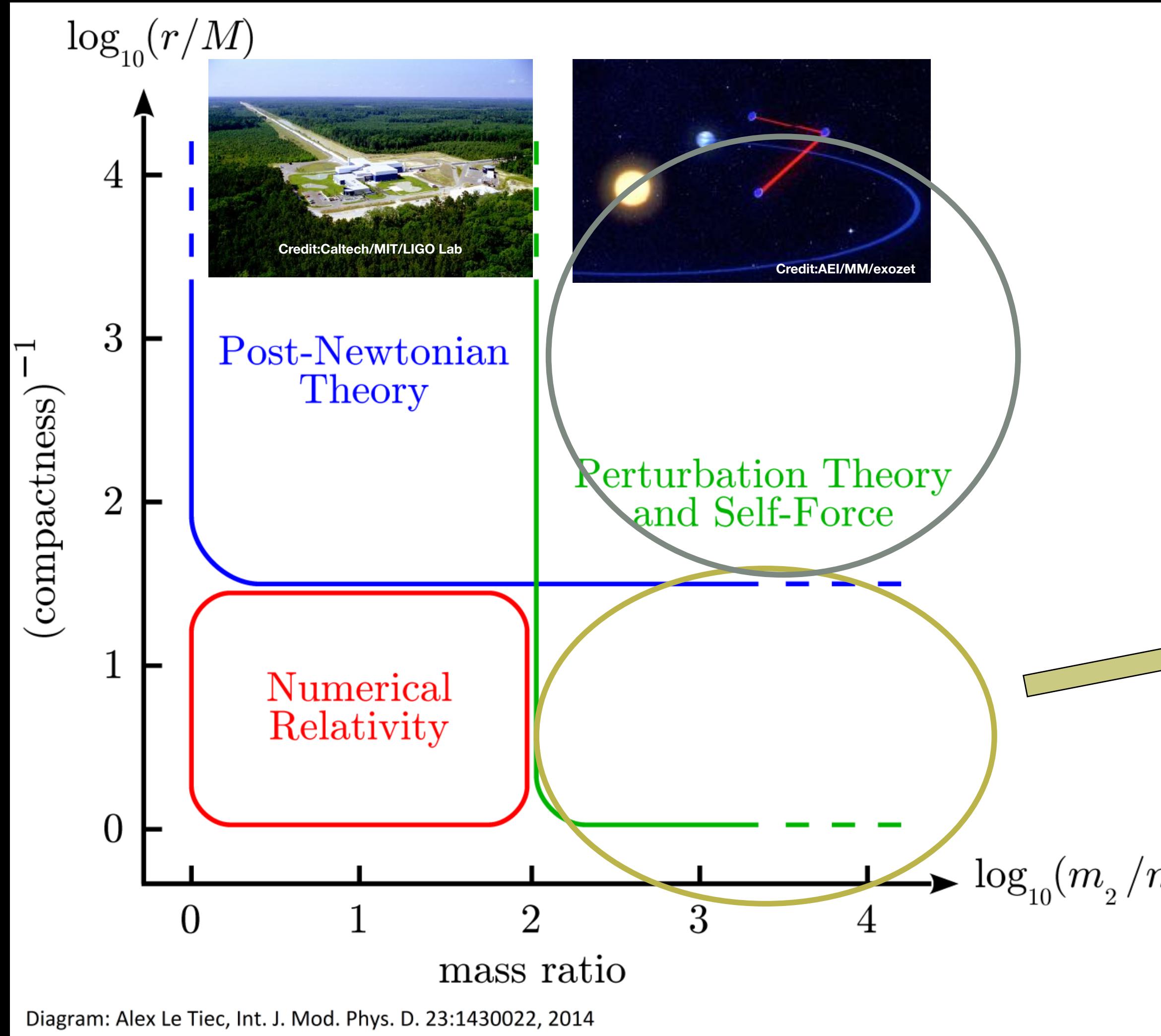
- Parameter Space





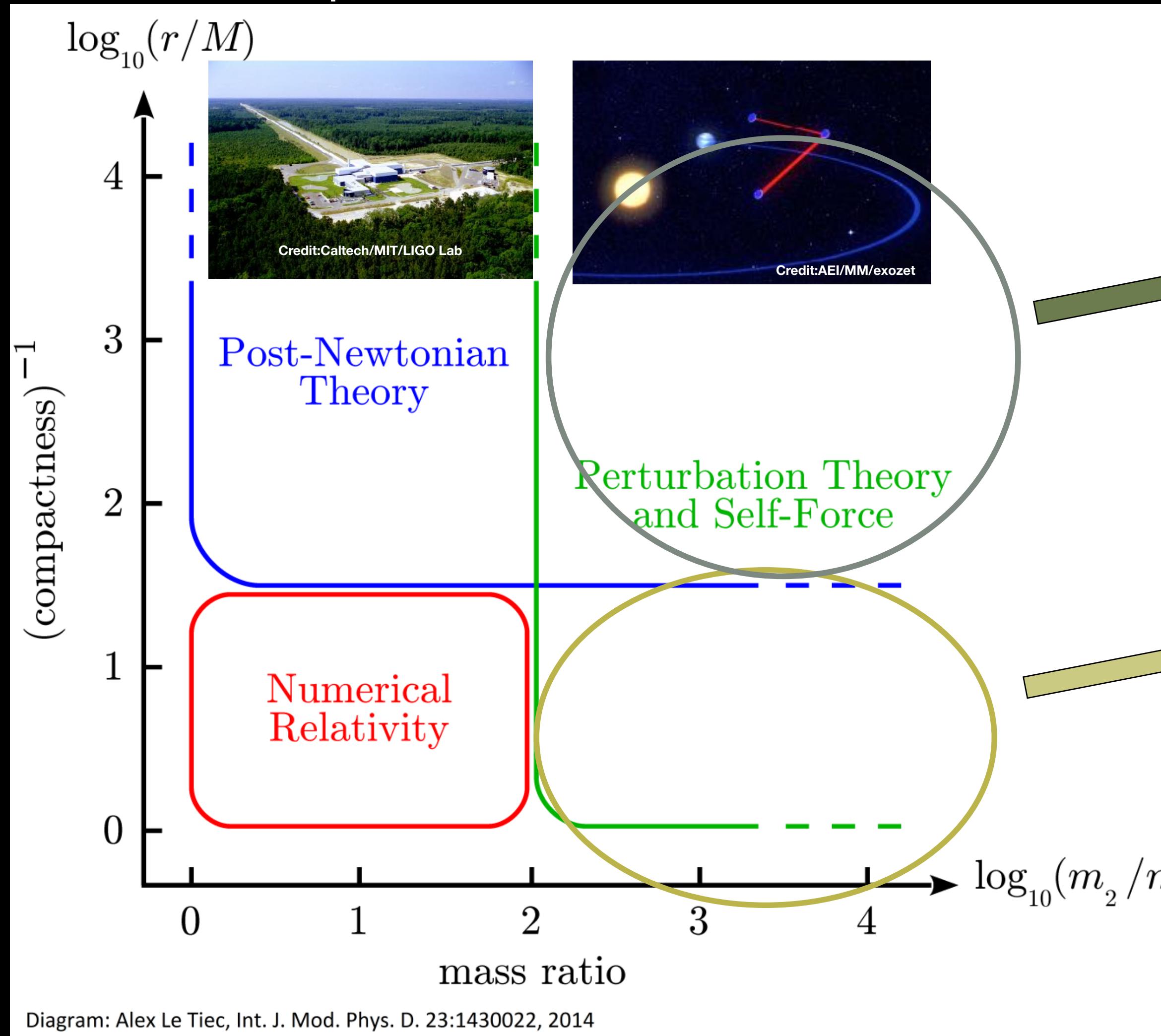
# Motivation: EMRIs

- Parameter Space



# Motivation: EMRIs

- Parameter Space



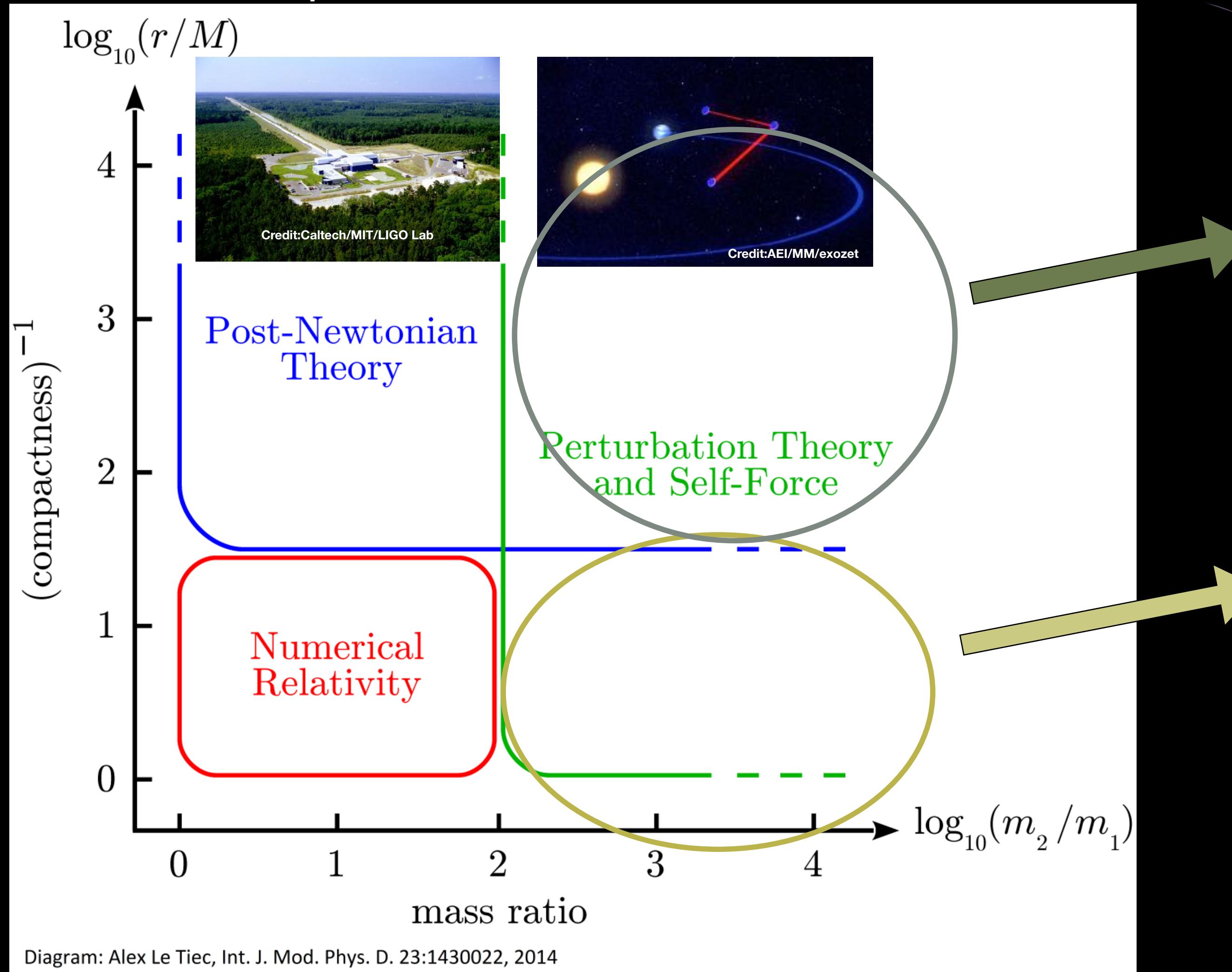
Comparison with PN

Waveforms

- Highly accurate 1st order Kerr eccentric inclined
- 2nd order
- Orbital Evolution

# Motivation: EMRIs

- Parameter Space



Comparison with PN

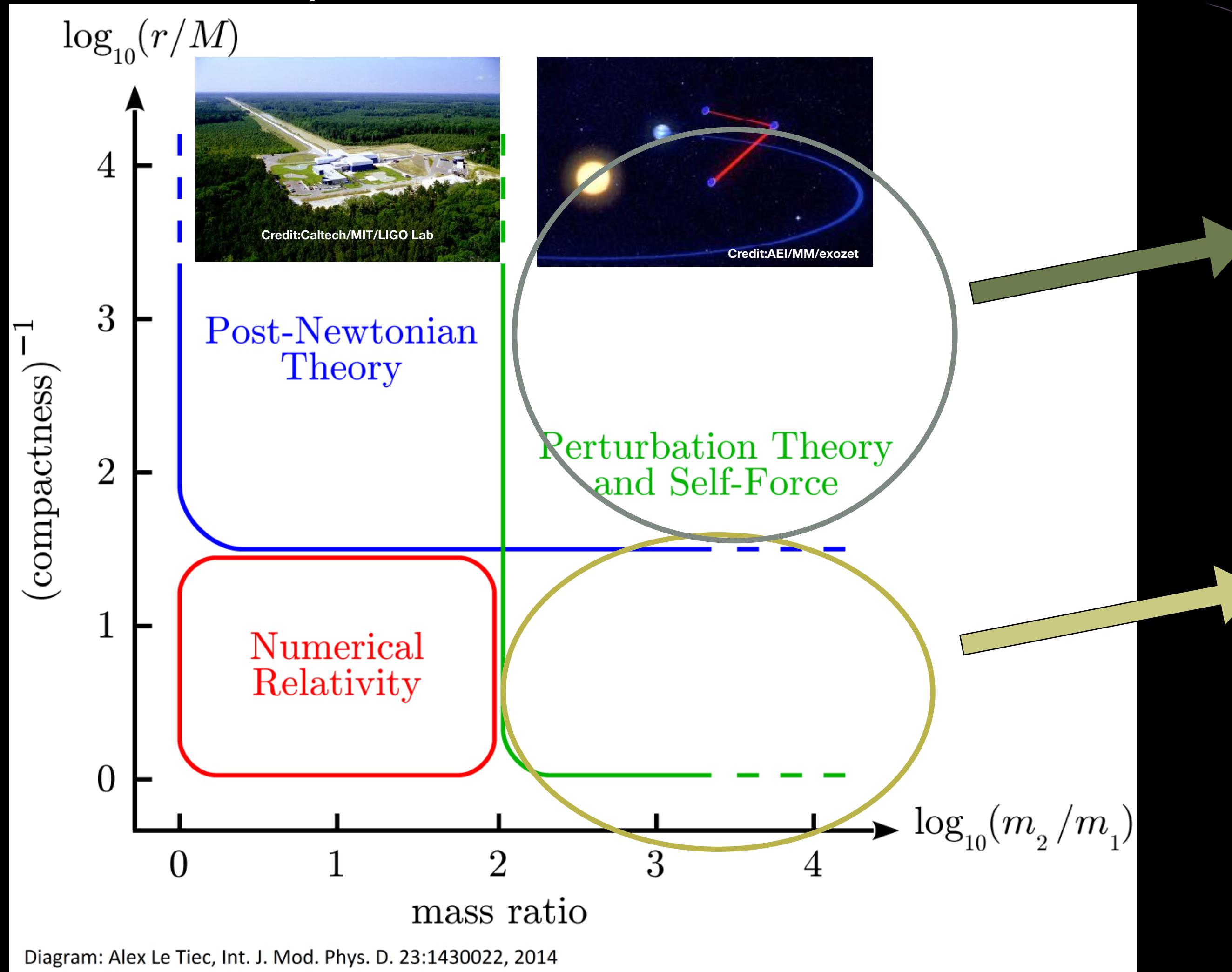
- Gauge invariant quantities

Waveforms

- Highly accurate 1st order Kerr eccentric inclined
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# Motivation: EMRIs

- Parameter Space



## Comparison with PN

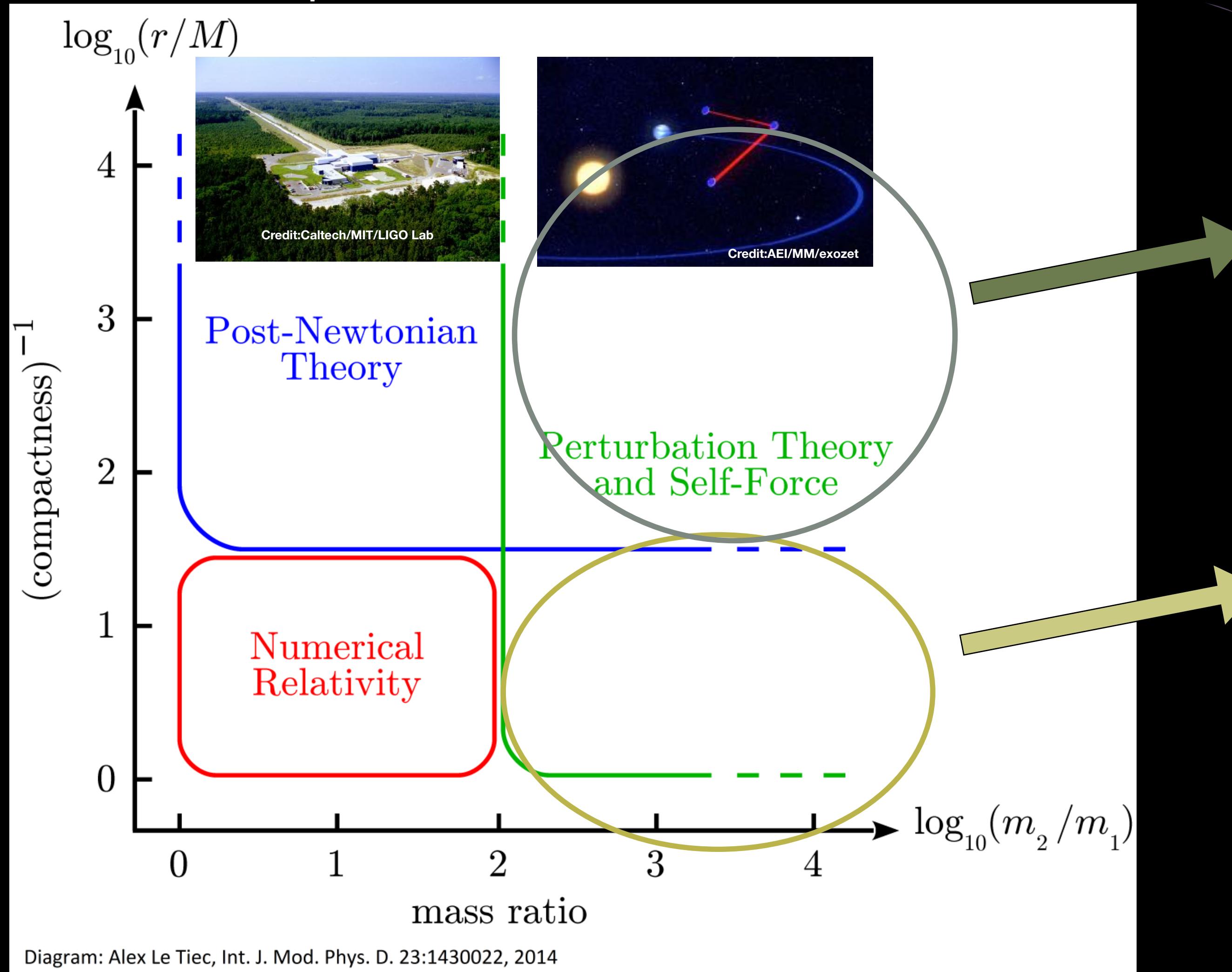
- Gauge invariant quantities
- Read off unknown PN coefficients

## Waveforms

- Highly accurate 1st order Kerr eccentric inclined
- 2nd order
- Orbital Evolution

# Motivation: EMRIs

- Parameter Space



Comparison with PN

- Gauge invariant quantities
- Read off unknown PN coefficients
- Calibrate EOB

Waveforms

- Highly accurate 1st order Kerr eccentric inclined
- 2nd order
- Orbital Evolution



Image credit: NASA JPL

# Regularisation: Flat space

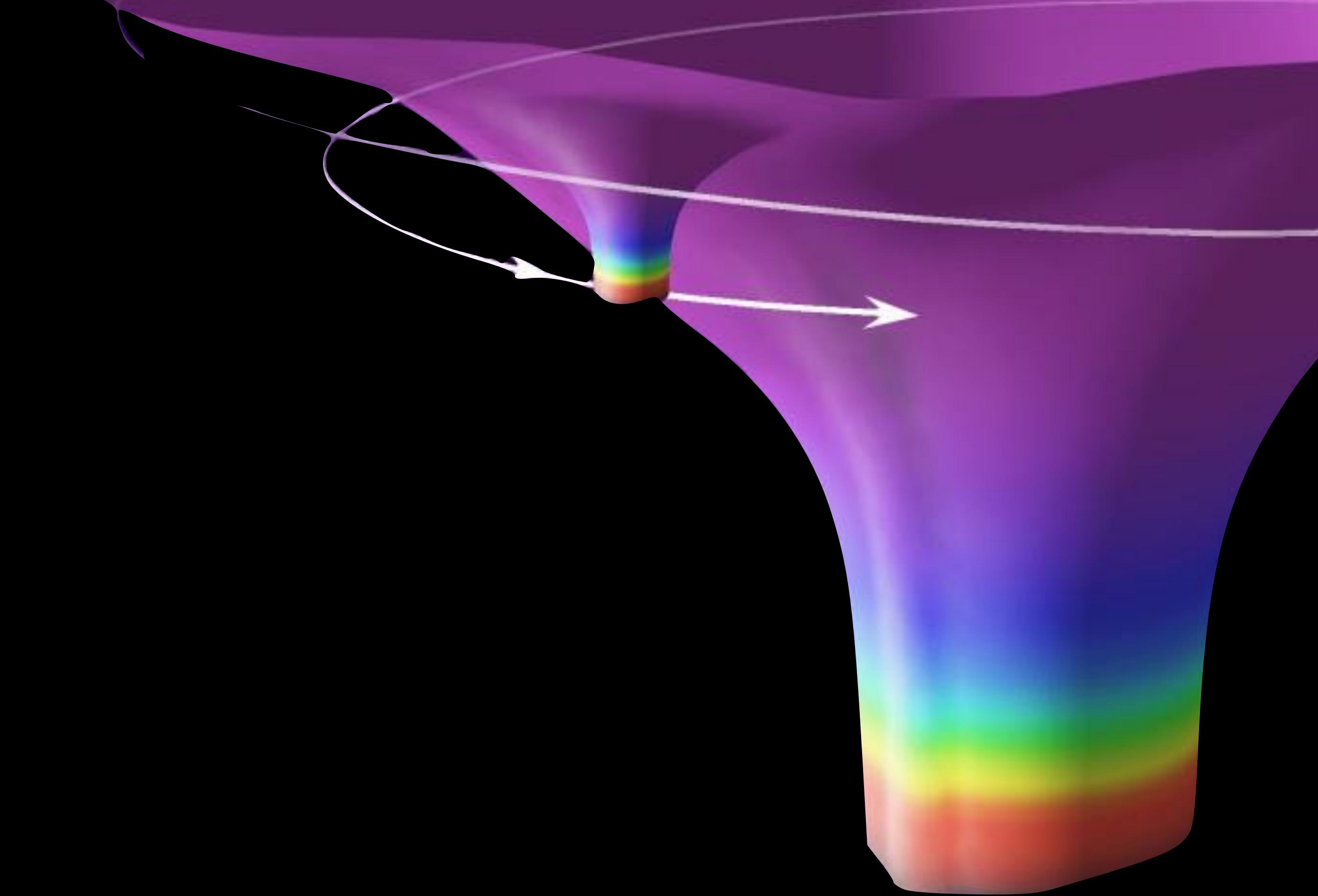
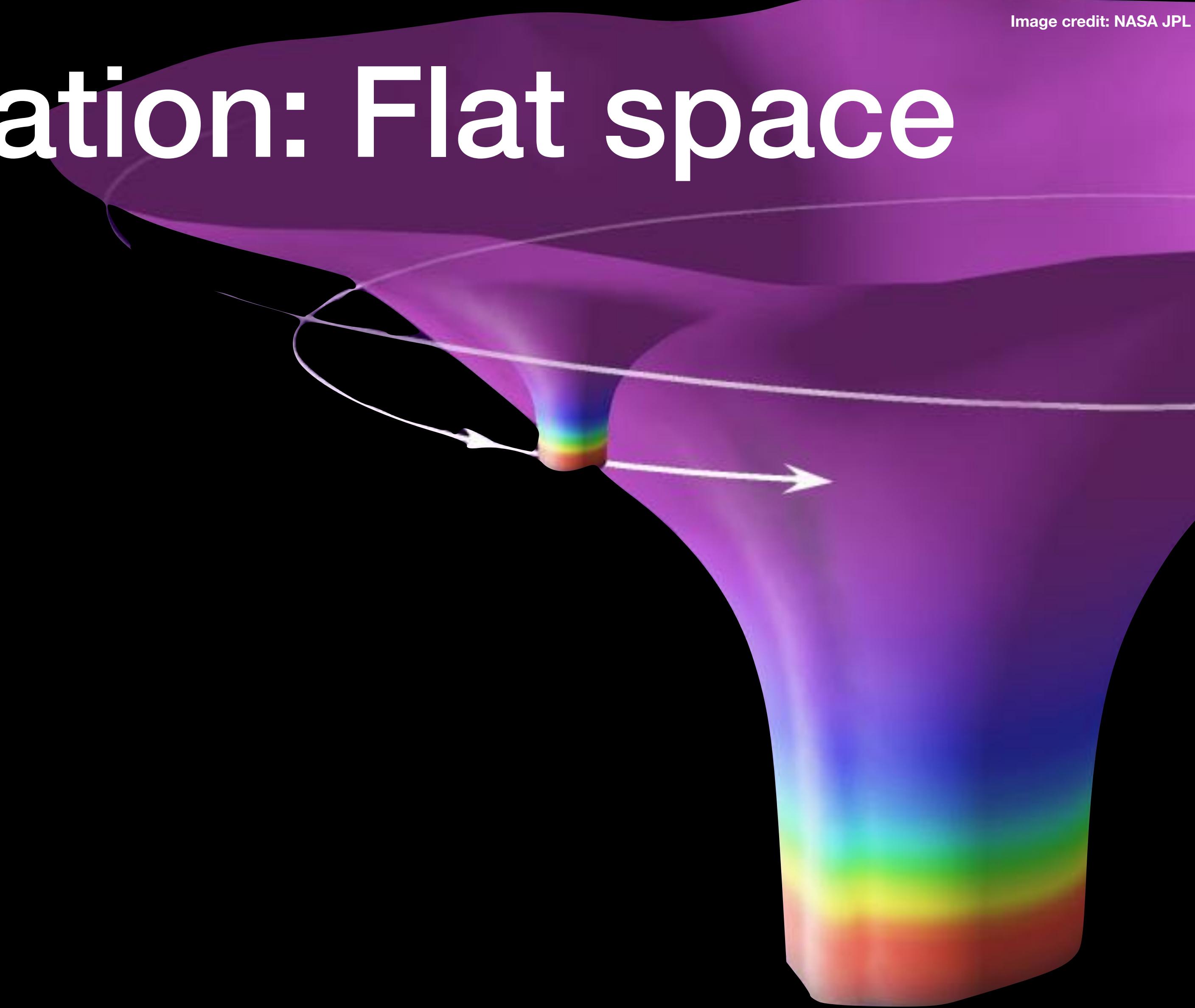




Image credit: NASA JPL

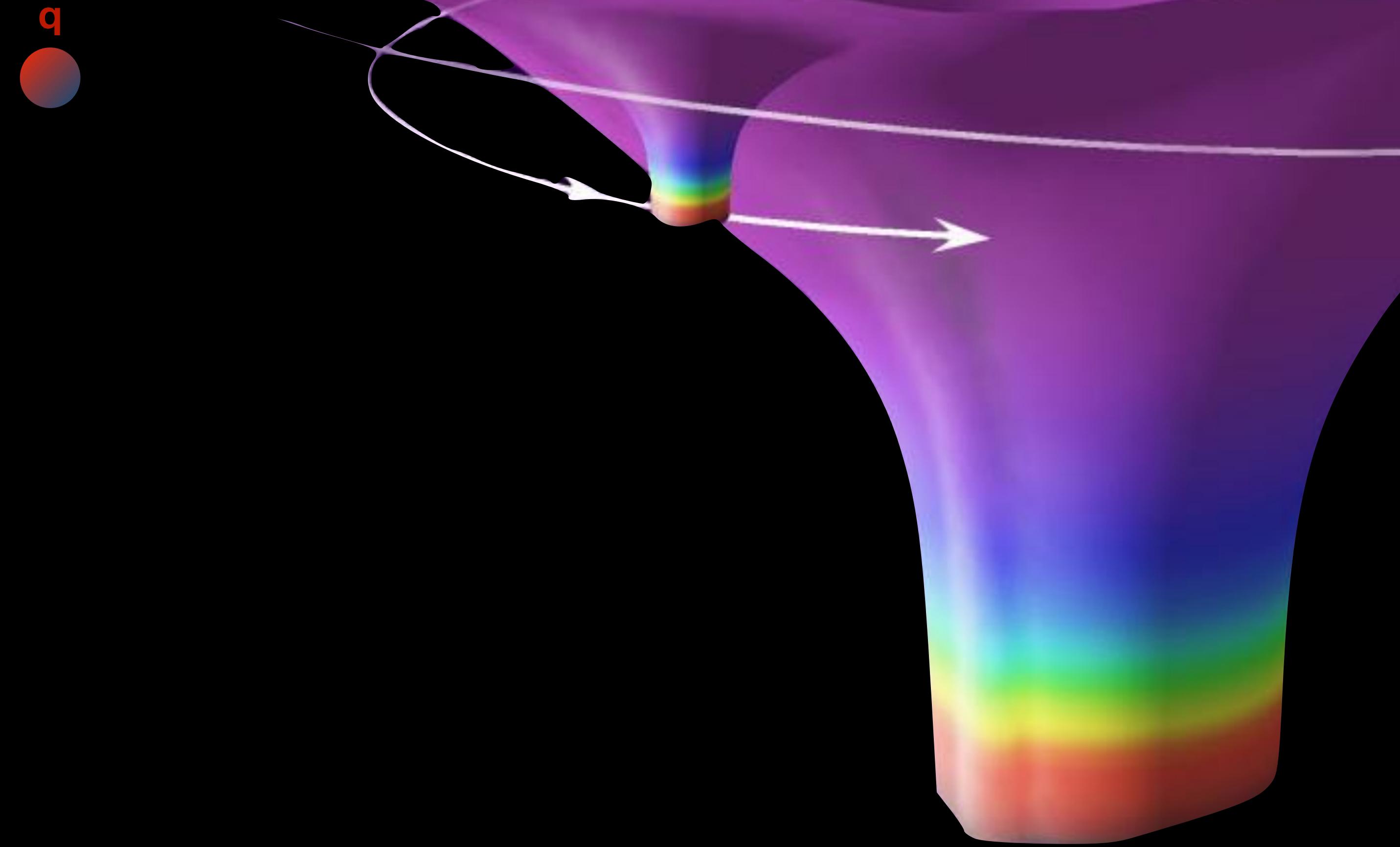
# Regularisation: Flat space

- Flat space



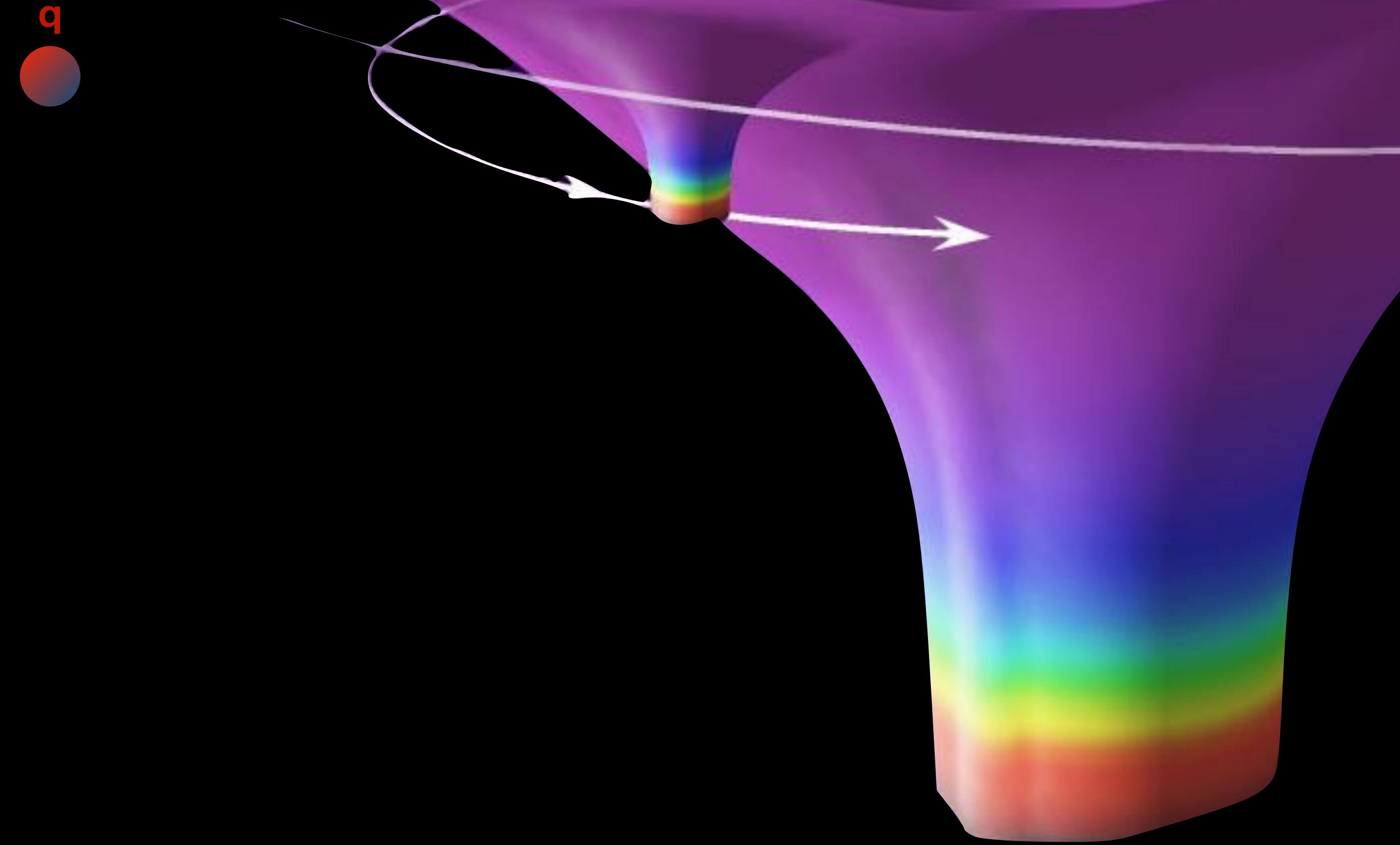
# Regularisation: Flat space

- Flat space



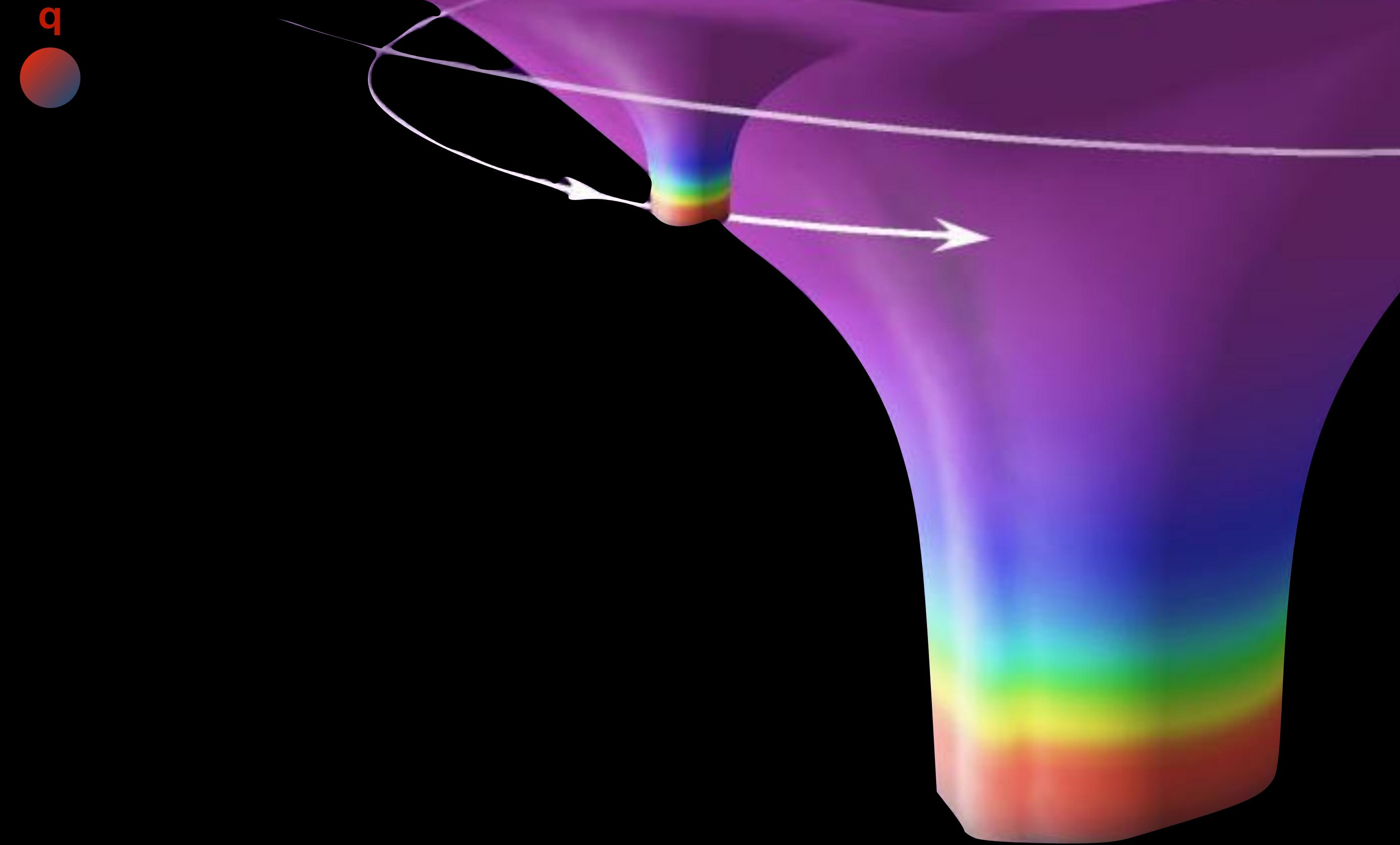
# Regularisation: Flat space

- Flat space
  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$



# Regularisation: Flat space

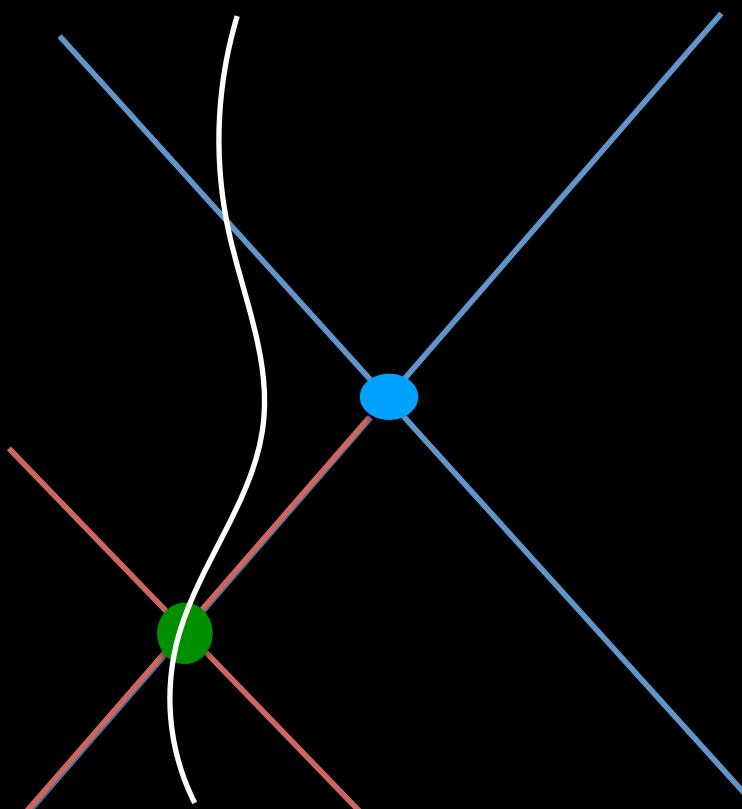
- Flat space
  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$
  - 2 Solutions:  $A_{ret}^\mu, A_{adv}^\mu$



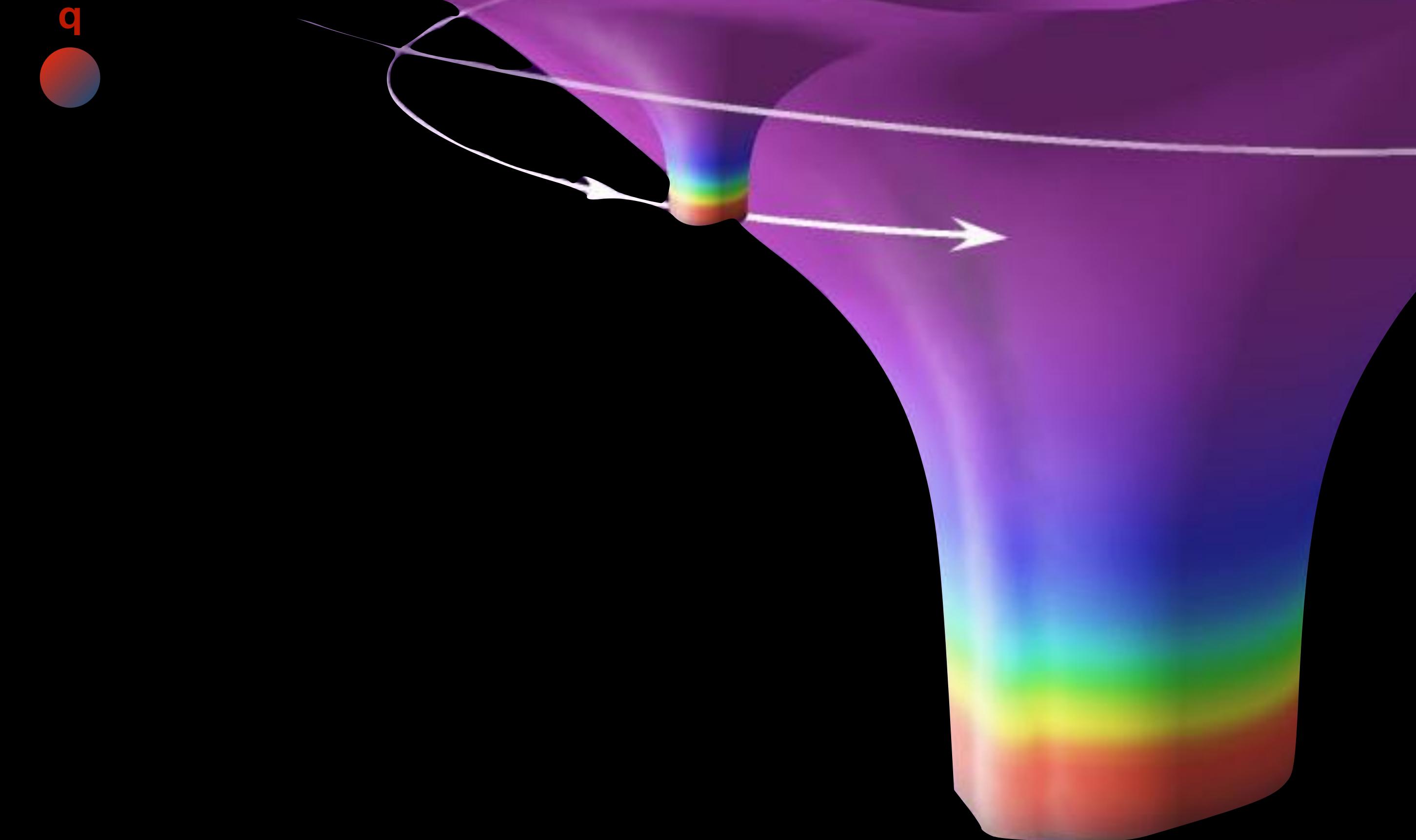
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  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$
  - 2 Solutions:

$$A_{ret}^\mu, A_{adv}^\mu$$



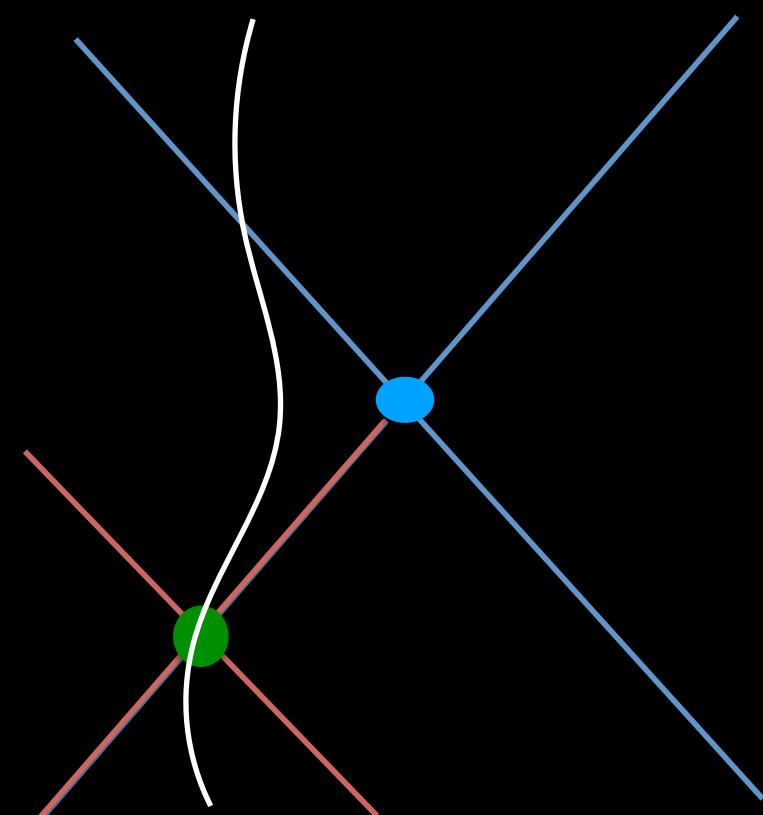
Retarded solution



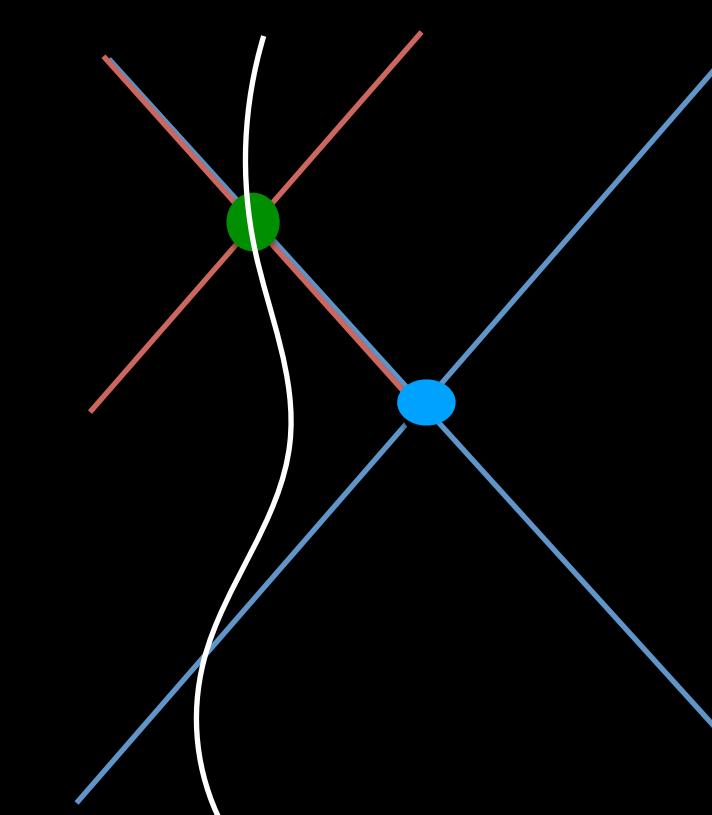
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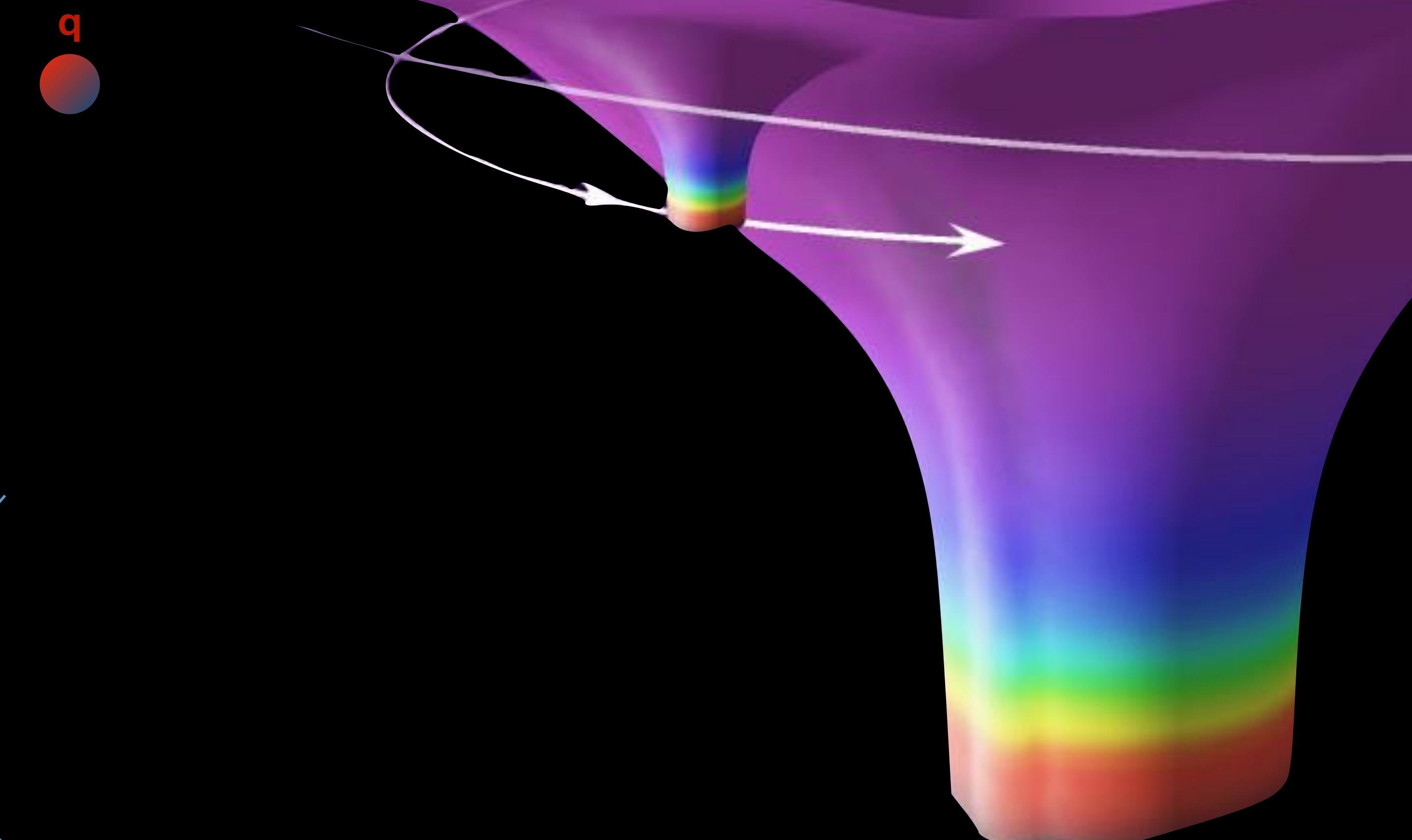
$$A_{ret}^\mu, A_{adv}^\mu$$



Retarded solution



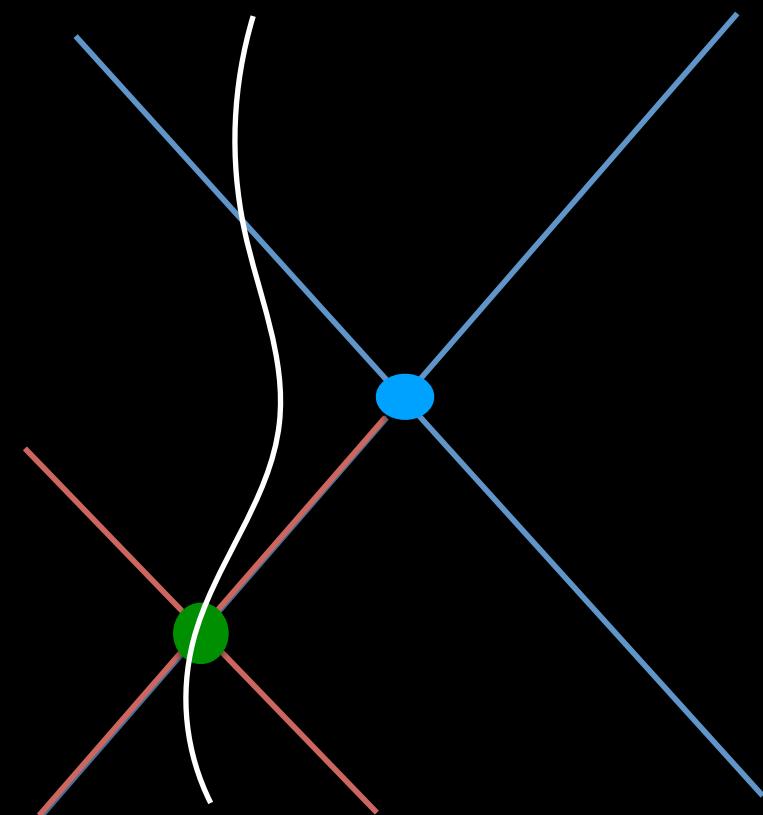
Advanced solution



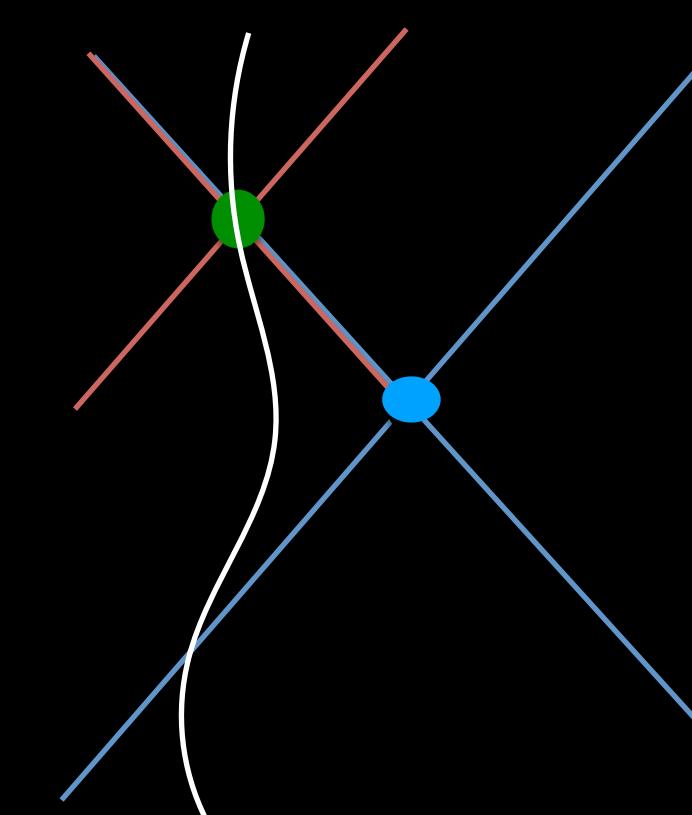
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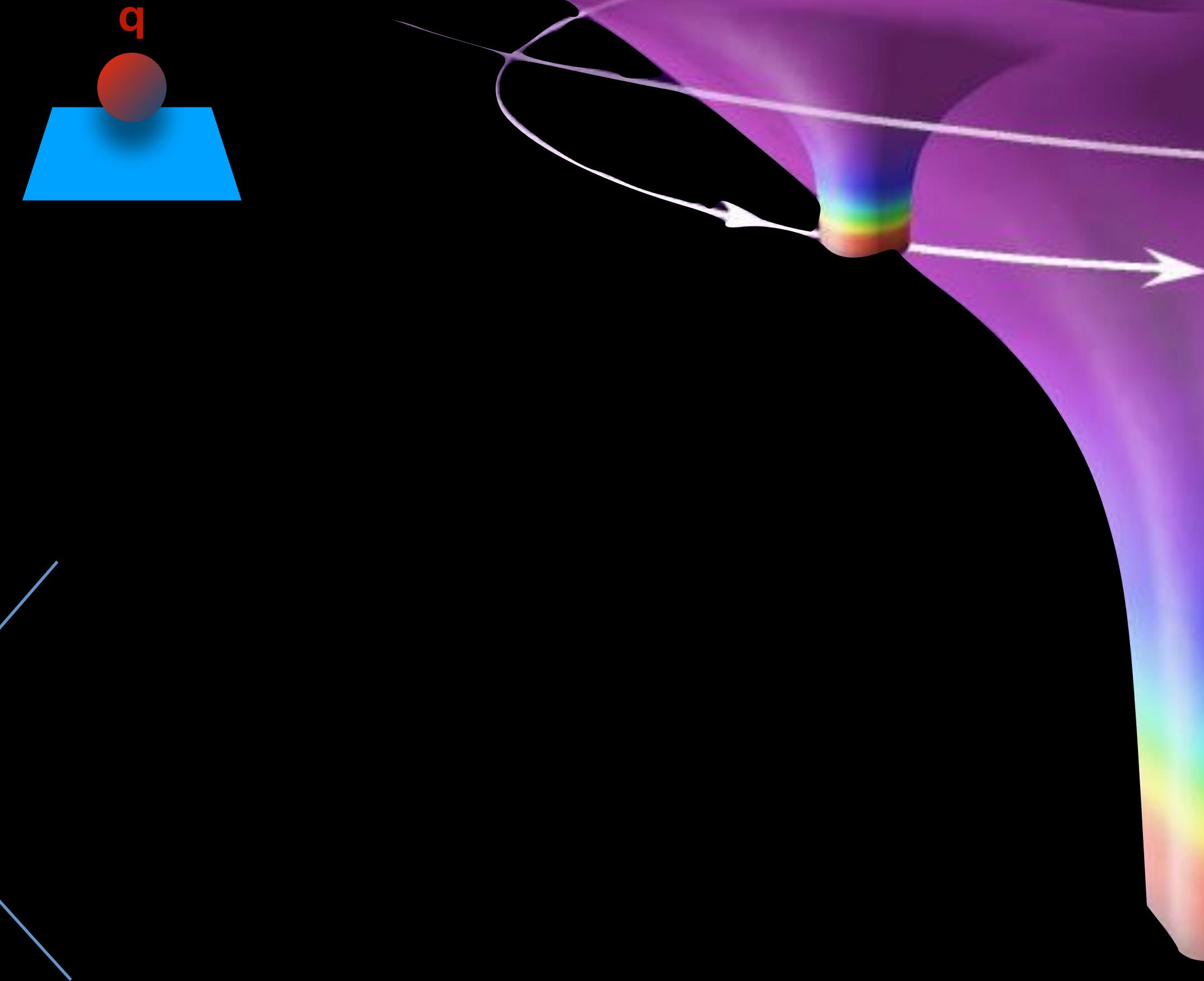
$$A_{ret}^\mu, A_{adv}^\mu$$



Retarded solution

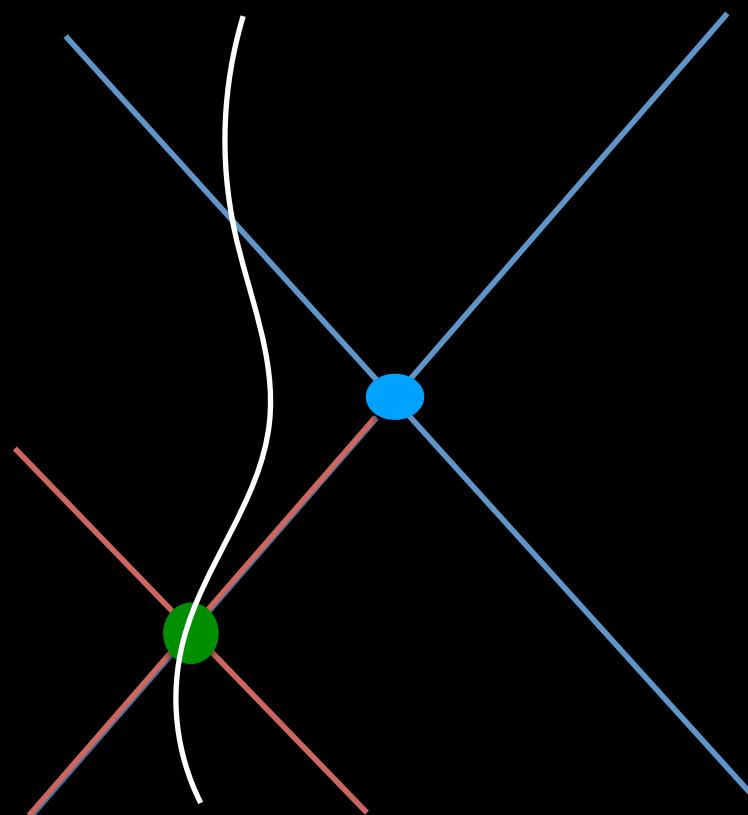
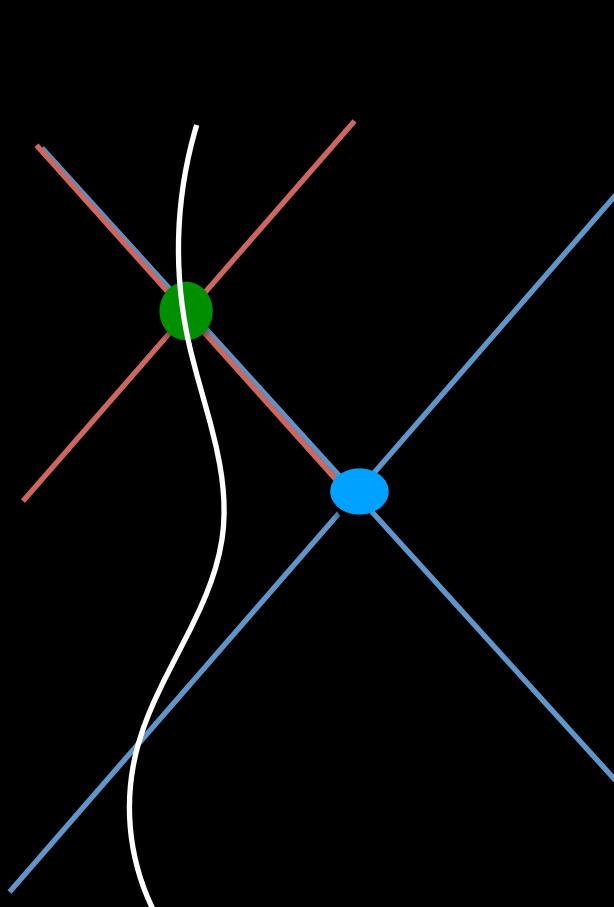


Advanced solution



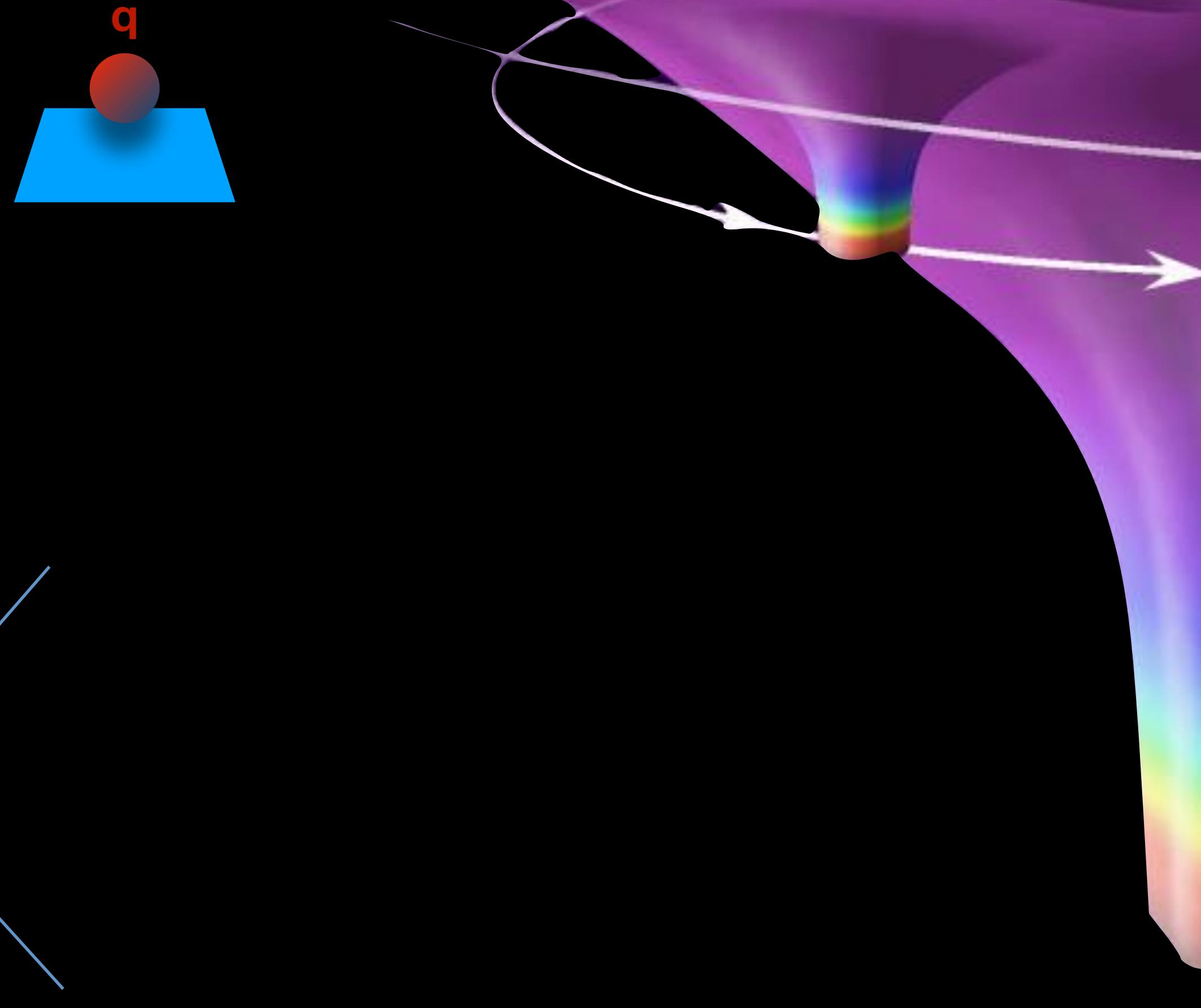
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Retarded solution

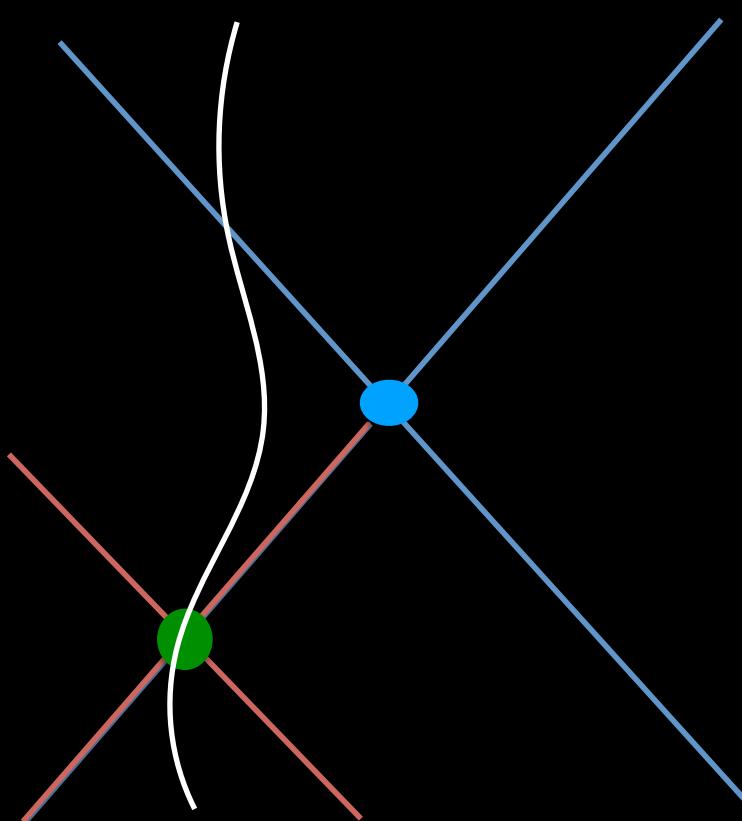
Advanced solution



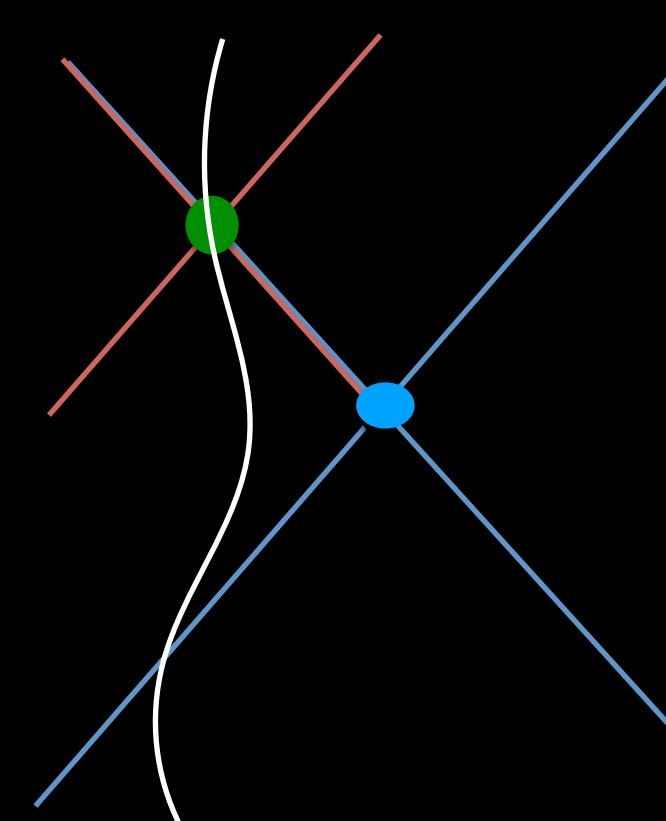
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- Flat space
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  - 2 Solutions:

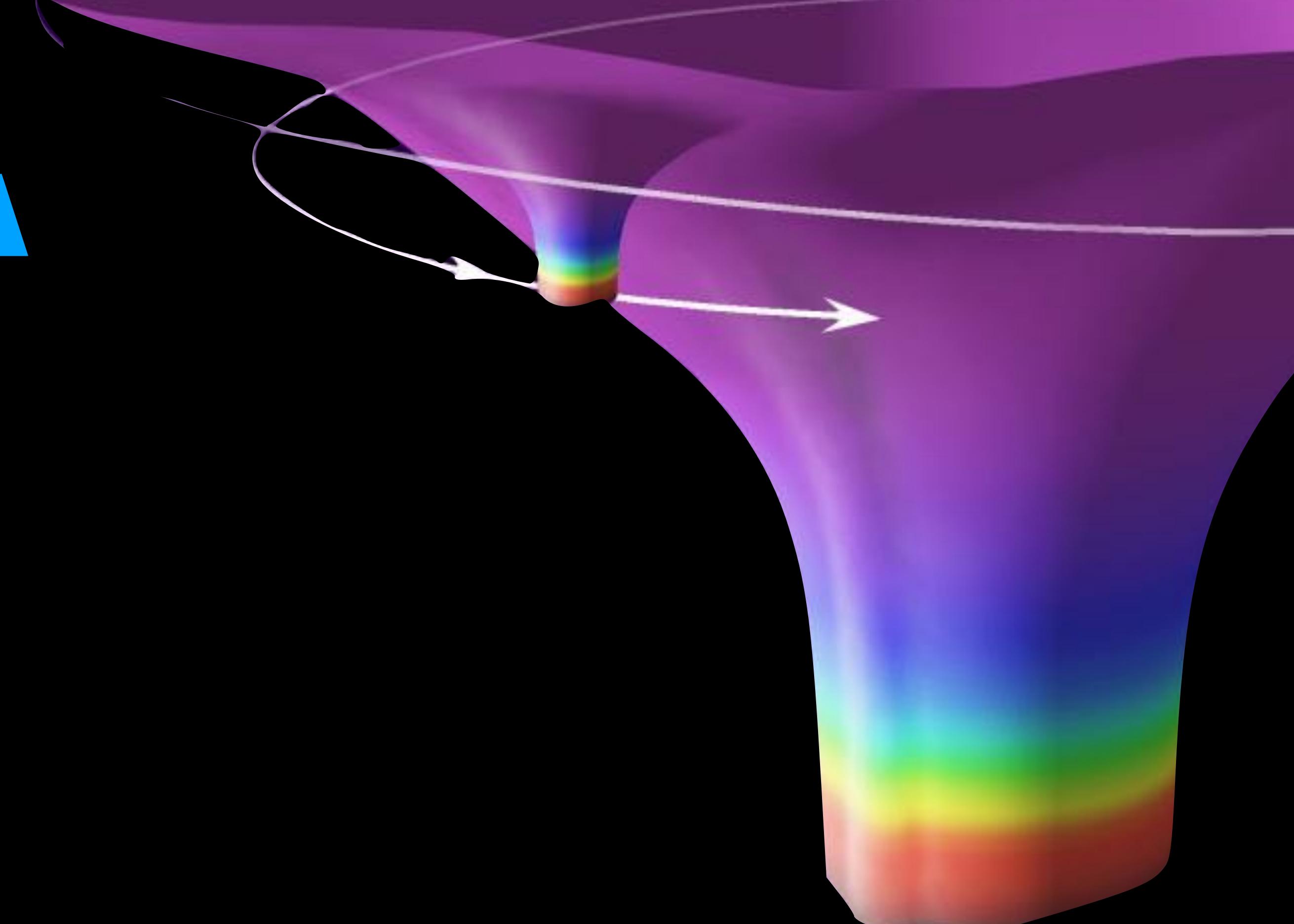
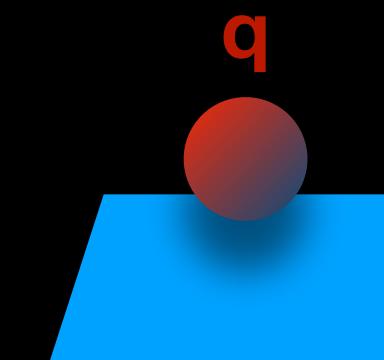
$$A_{ret}^\mu, A_{adv}^\mu$$



Retarded solution



Advanced solution

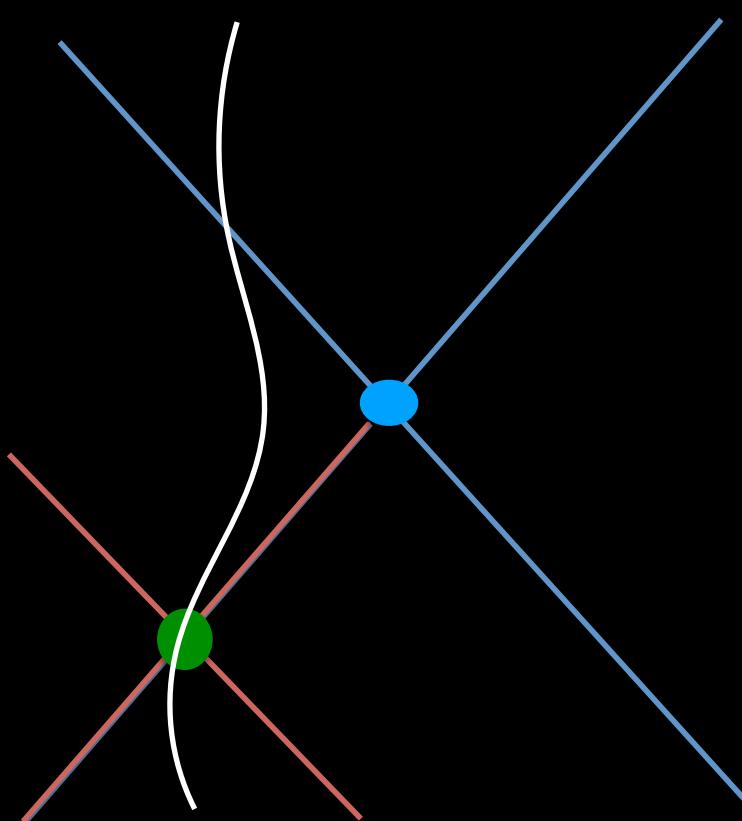


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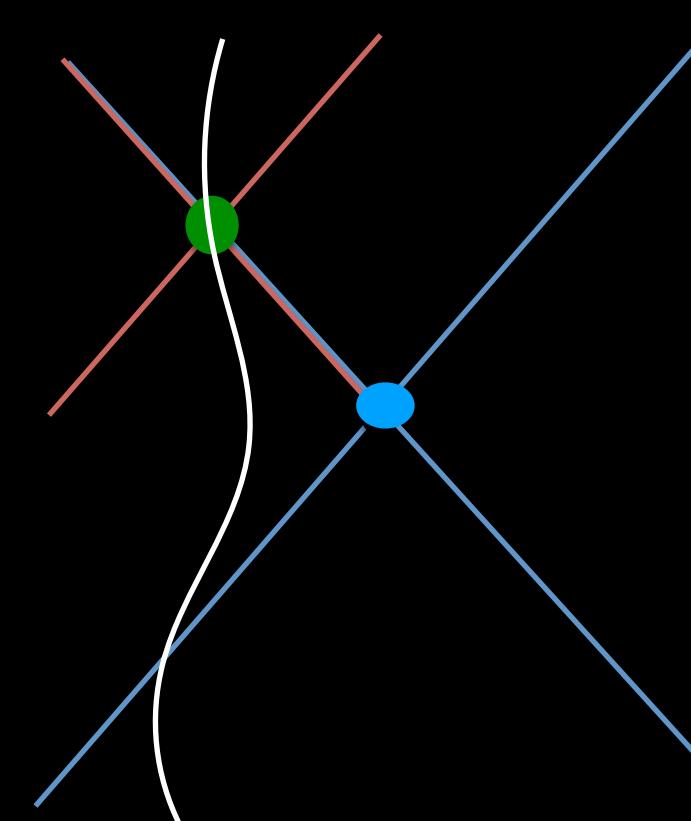
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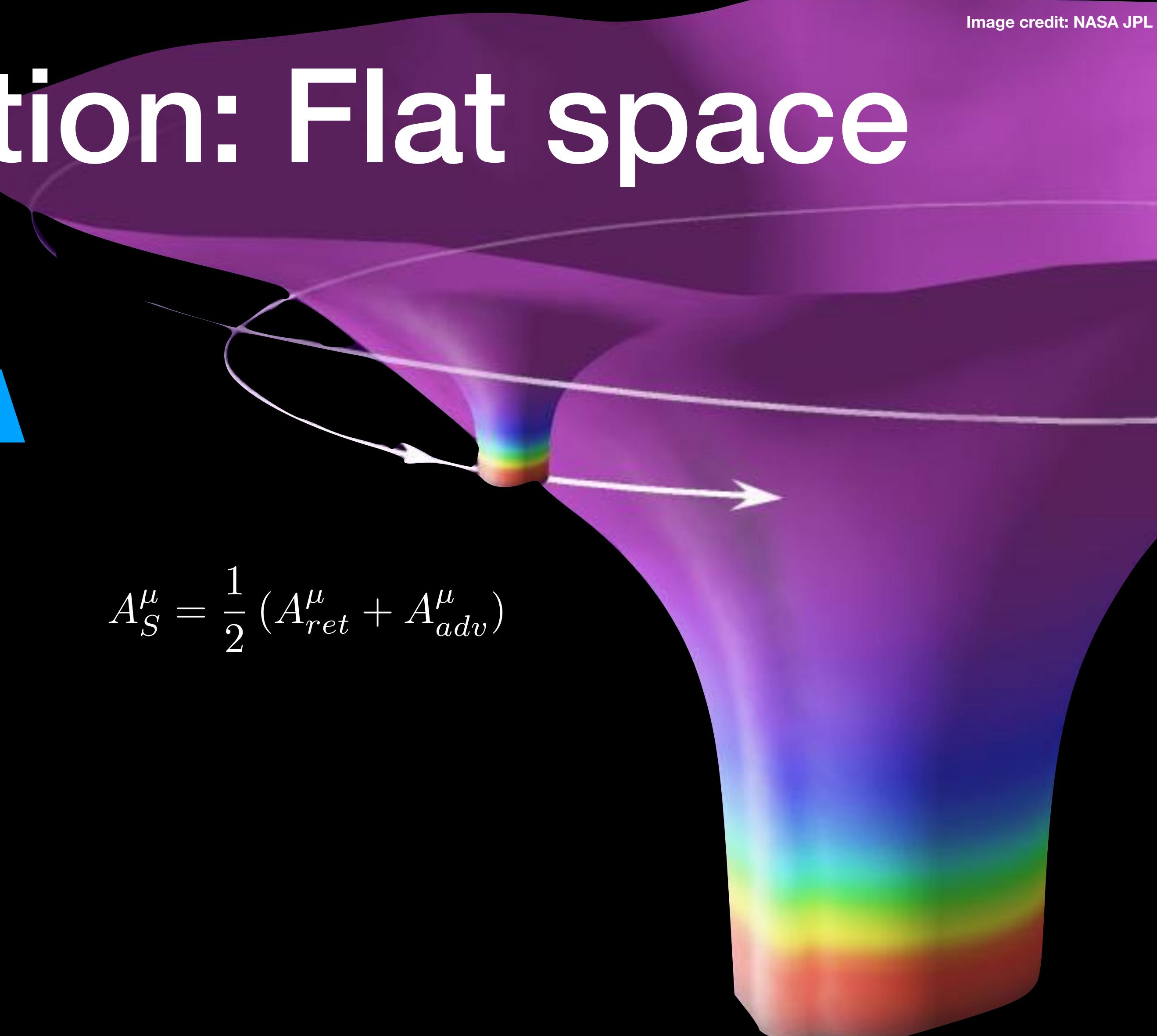
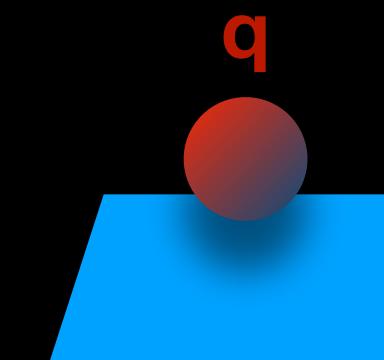
$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$



Retarded solution



Advanced solution



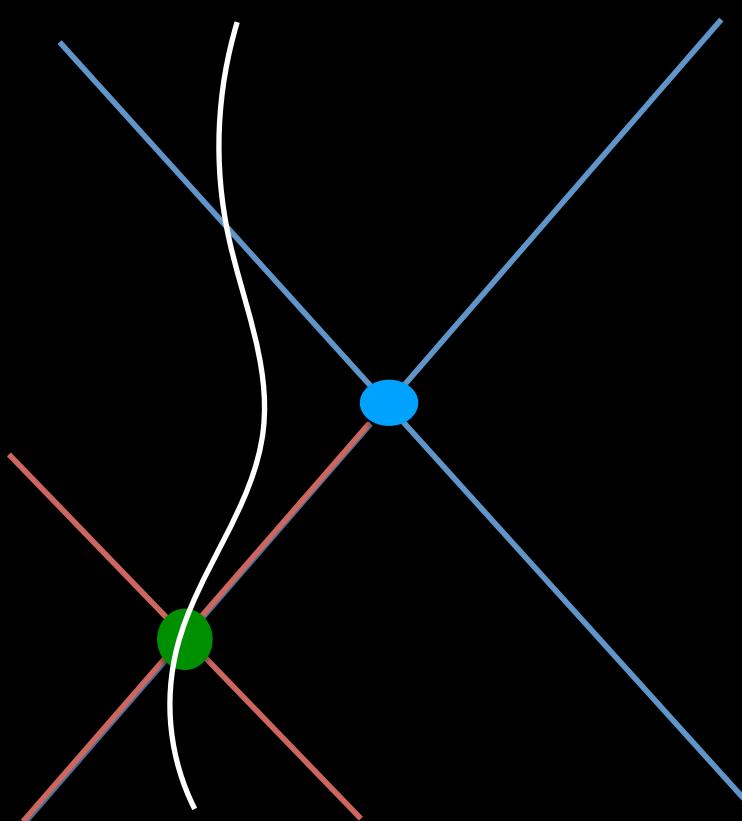
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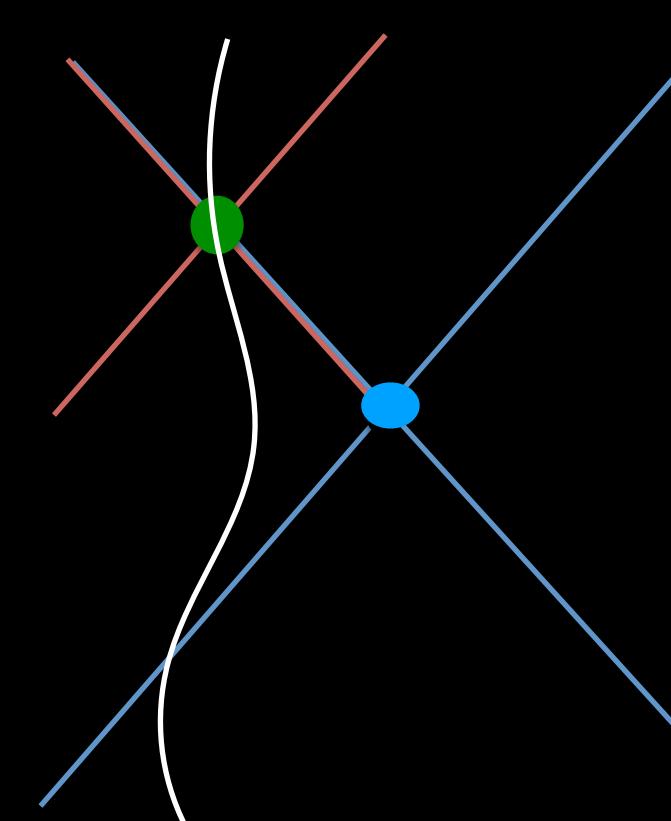
$$A_{ret}^\mu, A_{adv}^\mu$$

$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$

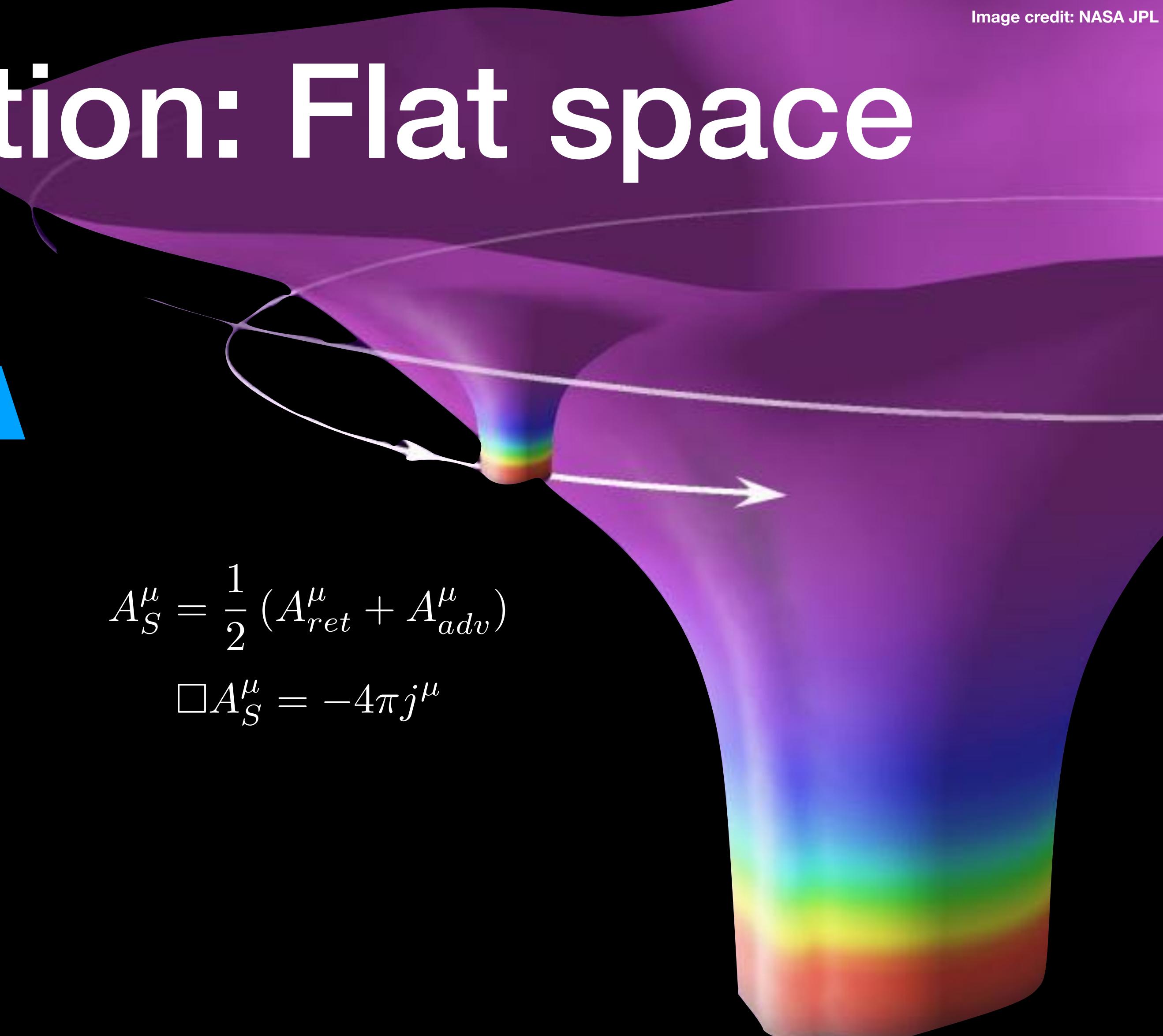
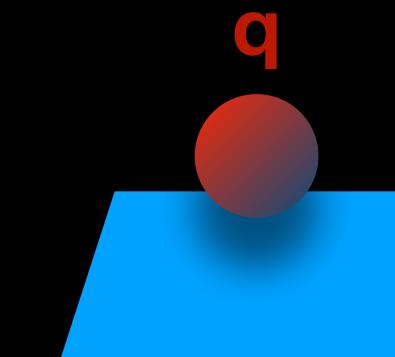
$$\square A_S^\mu = -4\pi j^\mu$$



Retarded solution



Advanced solution



# Regularisation: Flat space

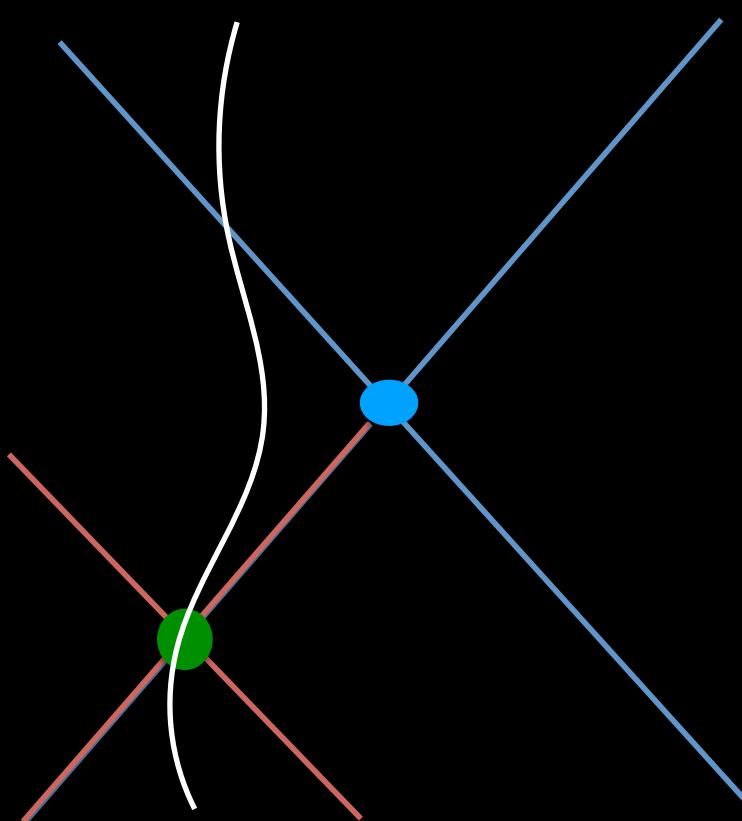
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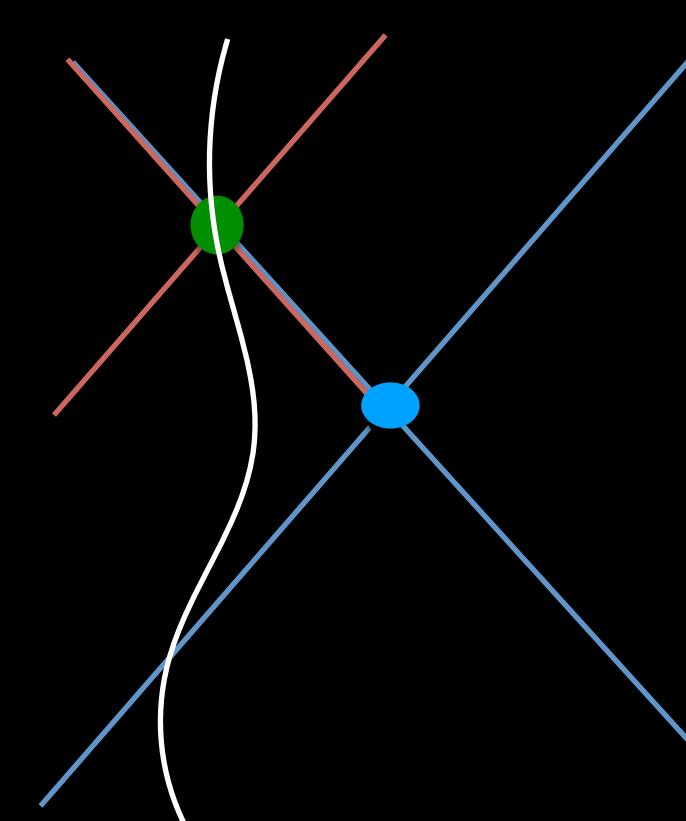
$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$

$$\square A_S^\mu = -4\pi j^\mu$$

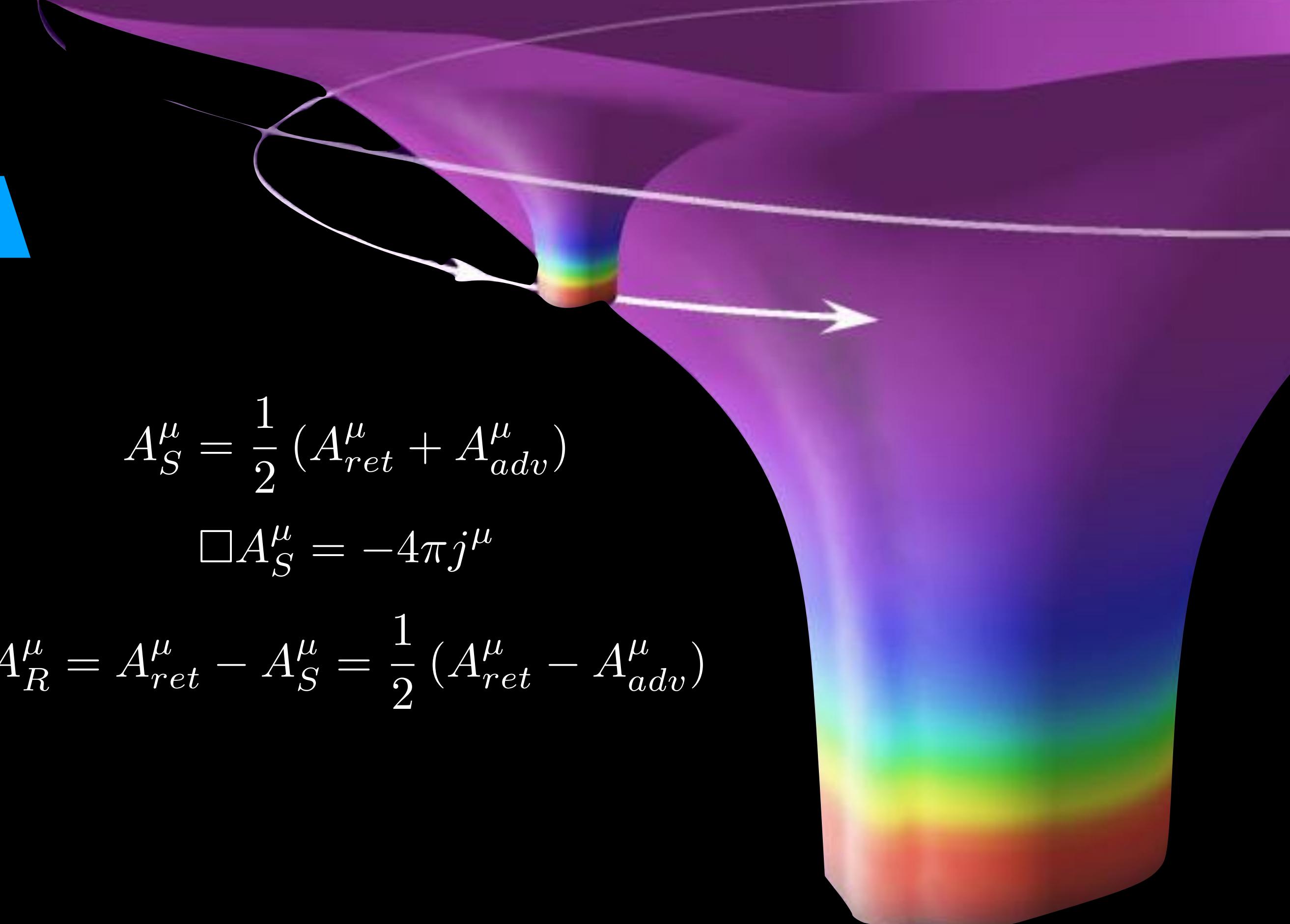
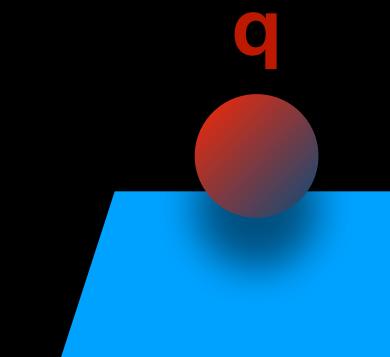
$$A_R^\mu = A_{ret}^\mu - A_S^\mu = \frac{1}{2} (A_{ret}^\mu - A_{adv}^\mu)$$



Retarded solution

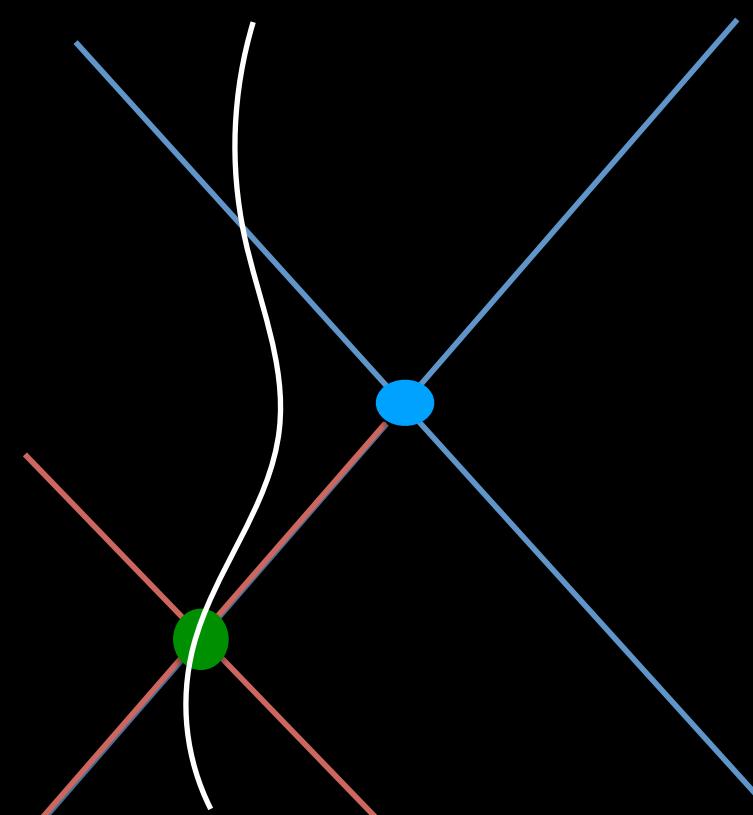


Advanced solution

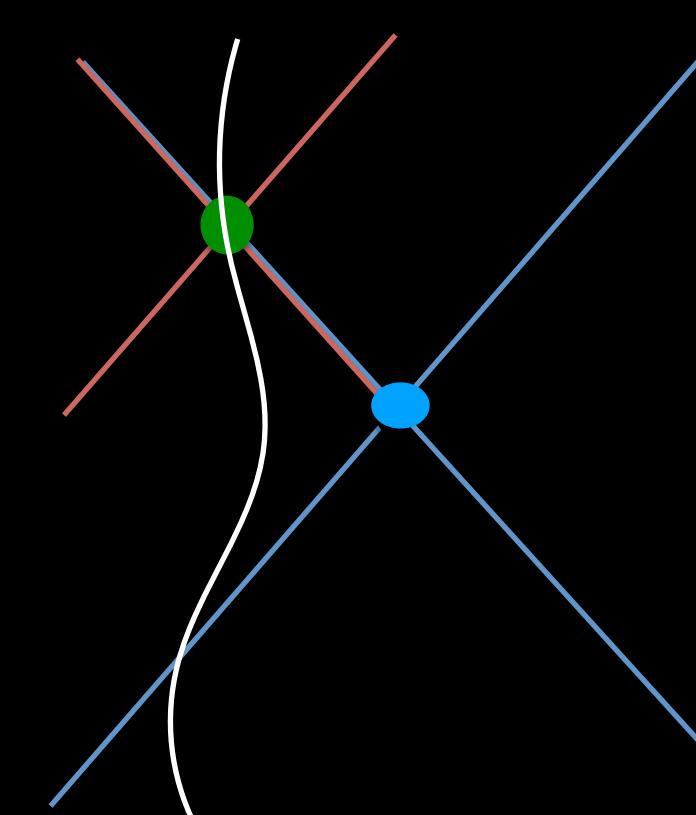


# Regularisation: Flat space

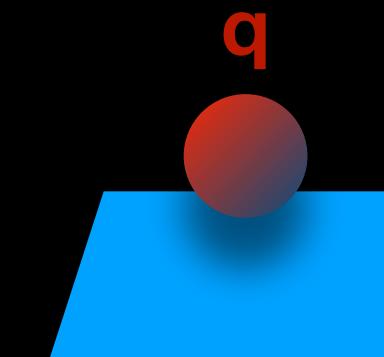
- Flat space
  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$  singular!
  - 2 Solutions:



Retarded solution



Advanced solution



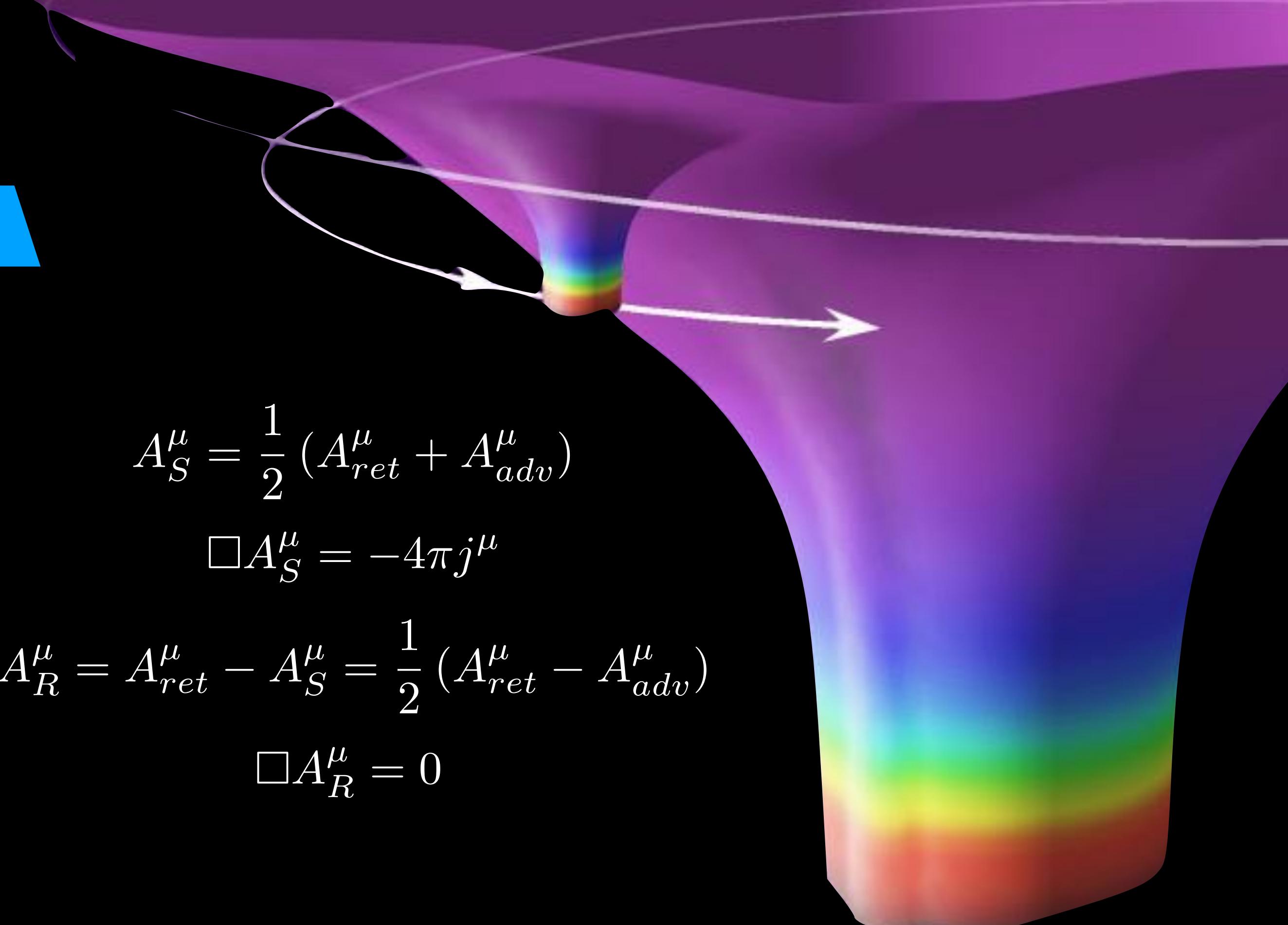
$$A_{ret}^\mu, A_{adv}^\mu$$

$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$

$$\square A_S^\mu = -4\pi j^\mu$$

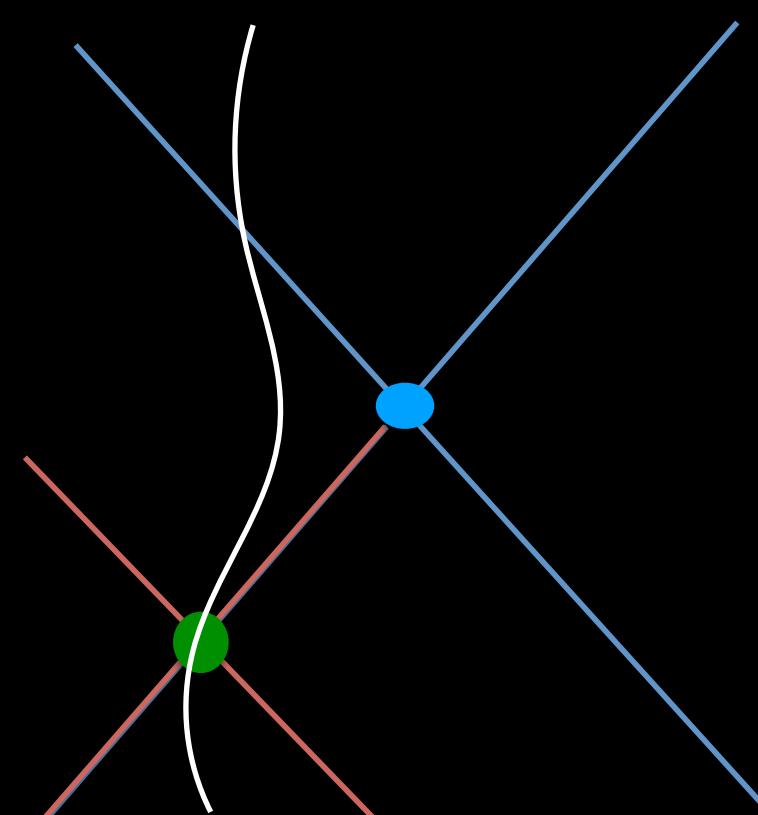
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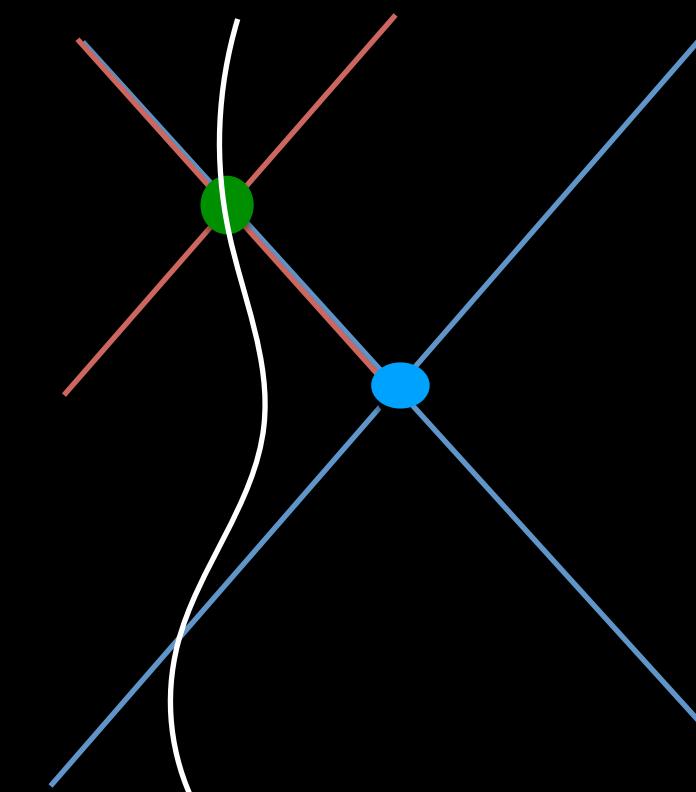


# Regularisation: Flat space

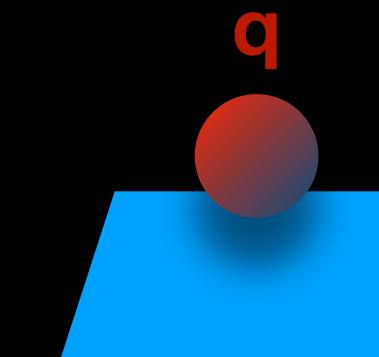
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  - 2 Solutions:



Retarded solution



Advanced solution



$$A_{ret}^\mu, A_{adv}^\mu$$

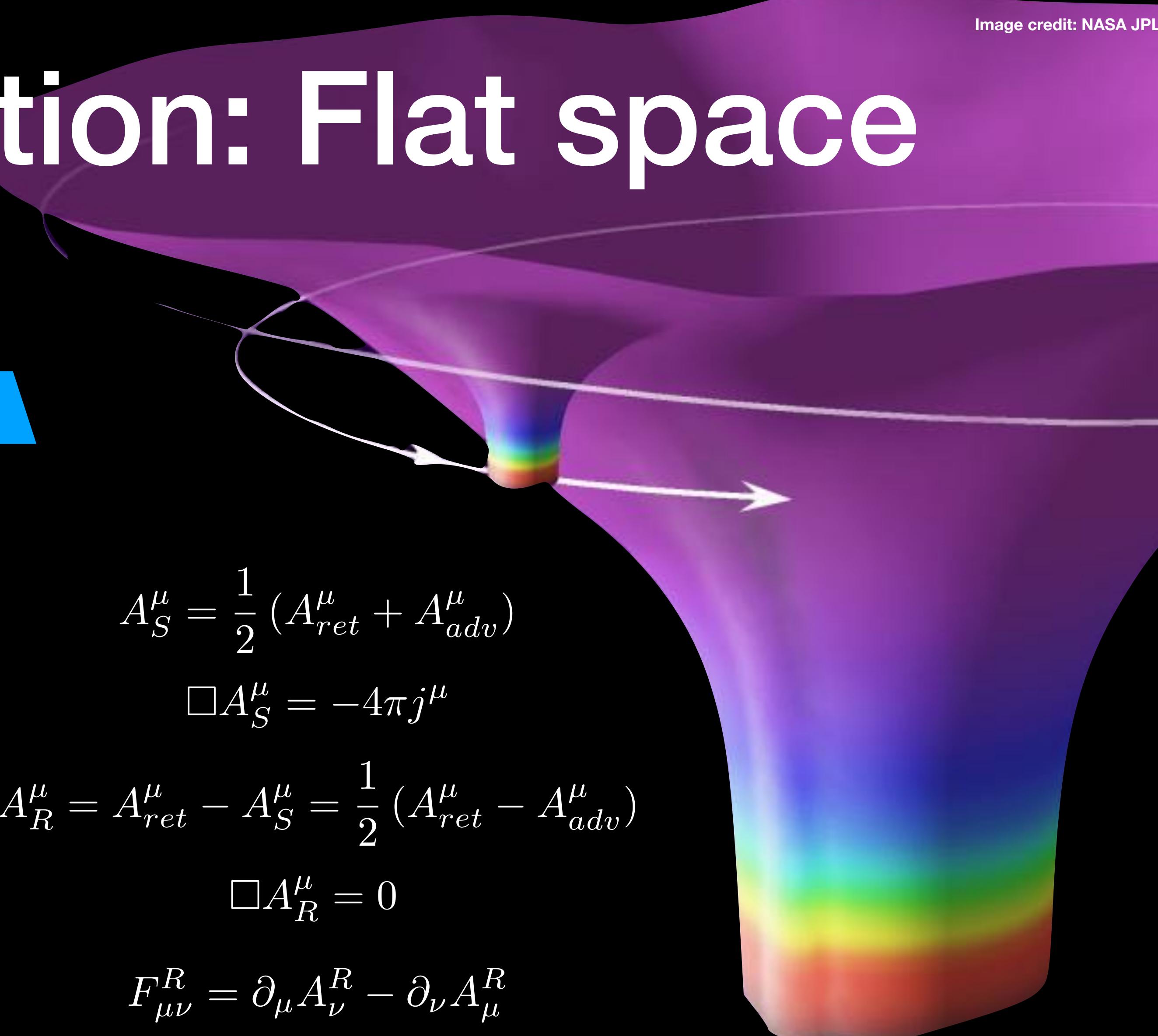
$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$

$$\square A_S^\mu = -4\pi j^\mu$$

$$A_R^\mu = A_{ret}^\mu - A_S^\mu = \frac{1}{2} (A_{ret}^\mu - A_{adv}^\mu)$$

$$\square A_R^\mu = 0$$

$$F_{\mu\nu}^R = \partial_\mu A_\nu^R - \partial_\nu A_\mu^R$$



# Regularisation: Flat space

- Flat space
  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$  singular!

$$A_{ret}^\mu, A_{adv}^\mu$$

$$A_S^\mu = \frac{1}{2} (A_{ret}^\mu + A_{adv}^\mu)$$

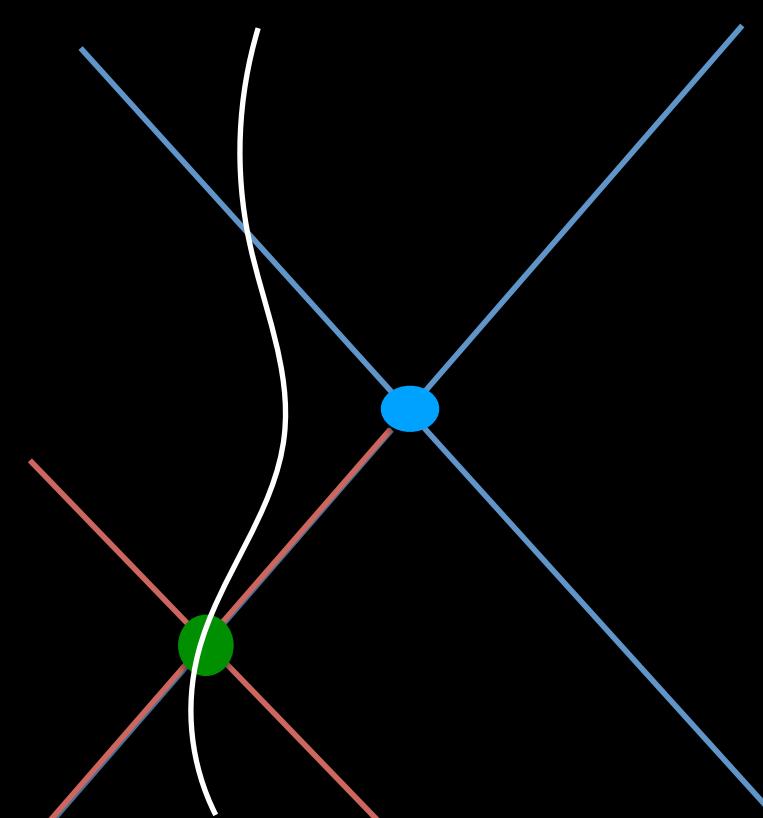
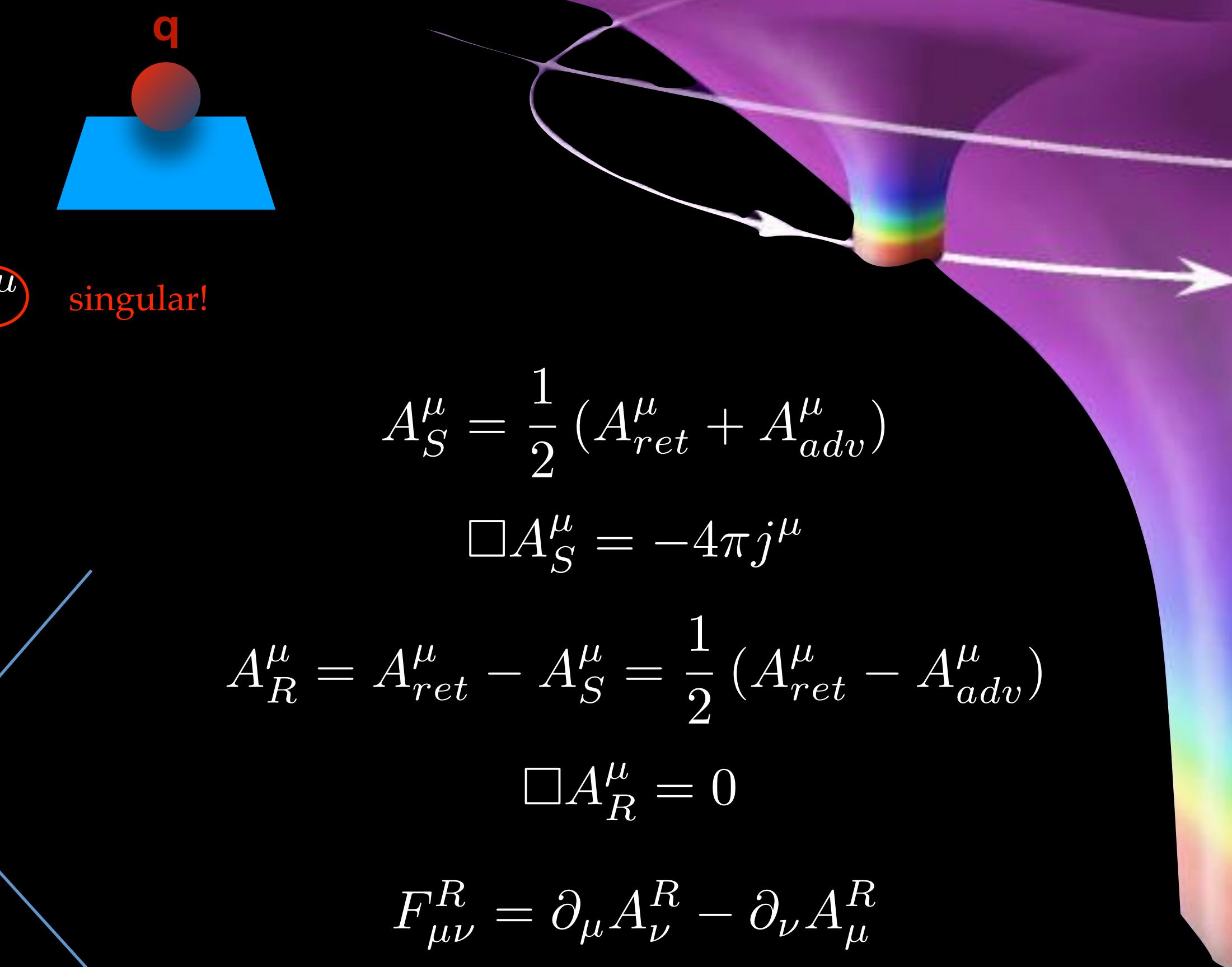
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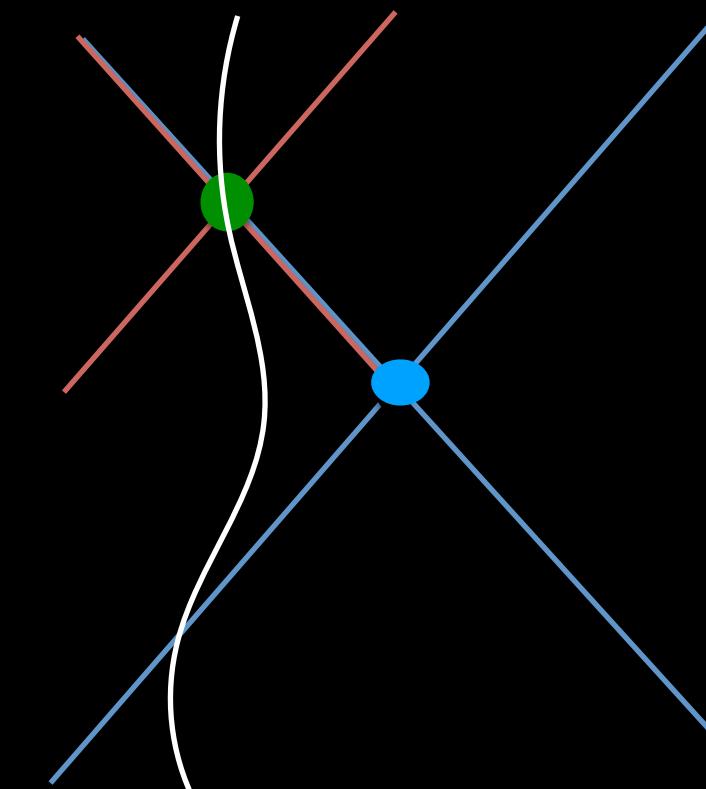
$$\square A_R^\mu = 0$$

$$F_{\mu\nu}^R = \partial_\mu A_\nu^R - \partial_\nu A_\mu^R$$

$\rightarrow ma_\mu = f_\mu^{ext} + eF_{\mu\nu}^R u^\nu$



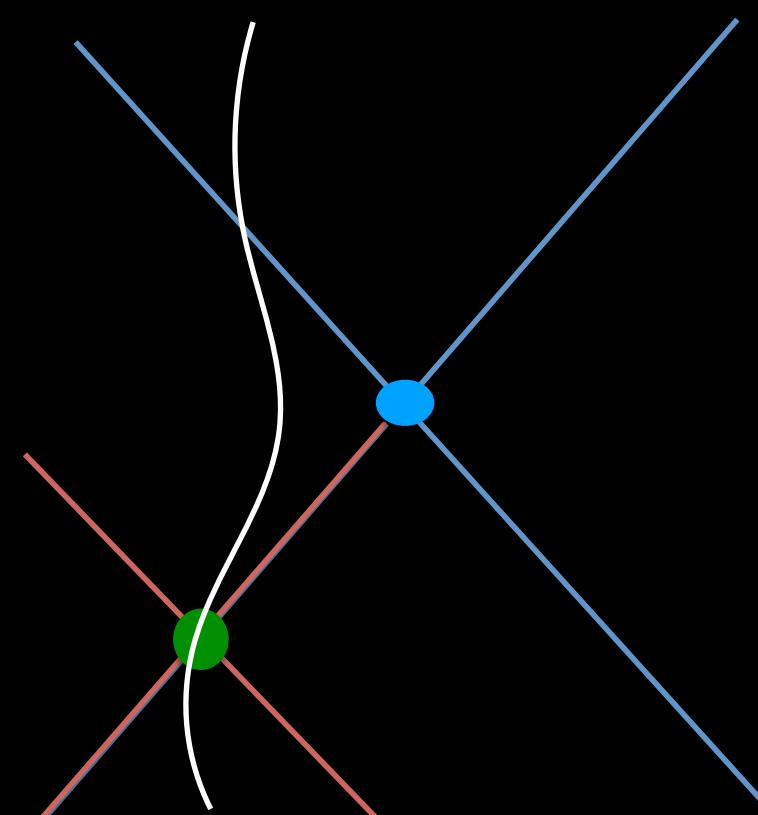
Retarded solution



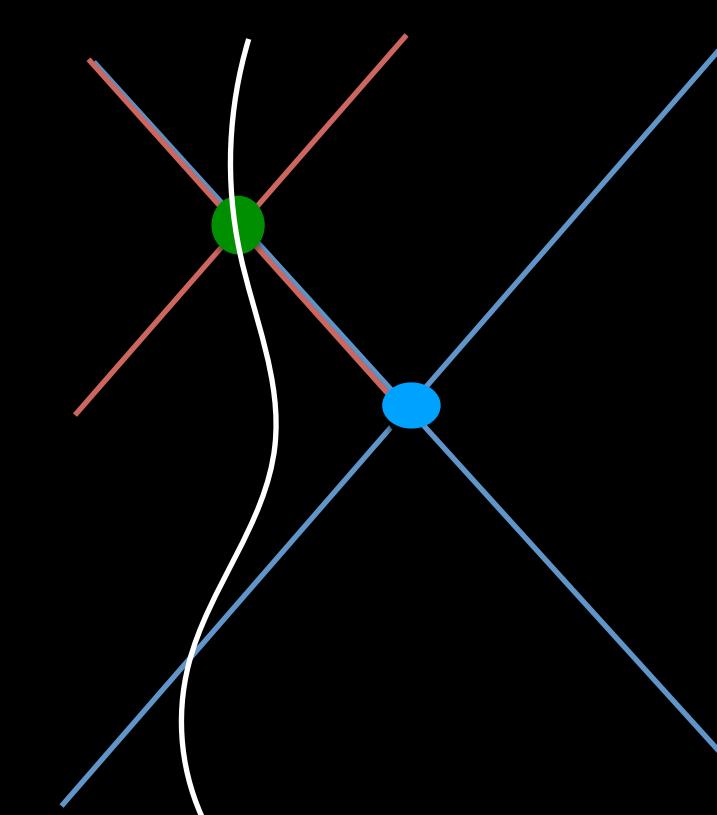
Advanced solution

# Regularisation: Flat space

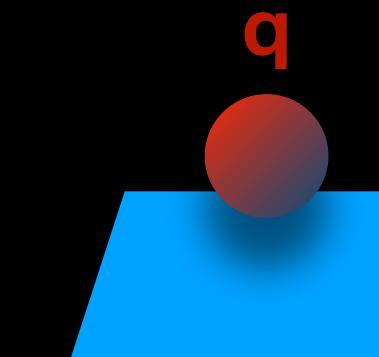
- Flat space
  - Electromagnetism  $\square A^\mu = -4\pi j^\mu$  singular!
  - 2 Solutions:



Retarded solution



Advanced solution



$$A_{ret}^\mu, A_{adv}^\mu$$

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$$\square A_S^\mu = -4\pi j^\mu$$

$$A_R^\mu = A_{ret}^\mu - A_S^\mu = \frac{1}{2} (A_{ret}^\mu - A_{adv}^\mu)$$

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$$F_{\mu\nu}^R = \partial_\mu A_\nu^R - \partial_\nu A_\mu^R$$

→  $ma_\mu = f_\mu^{ext} + eF_{\mu\nu}^R u^\nu$

Dirac, 1938

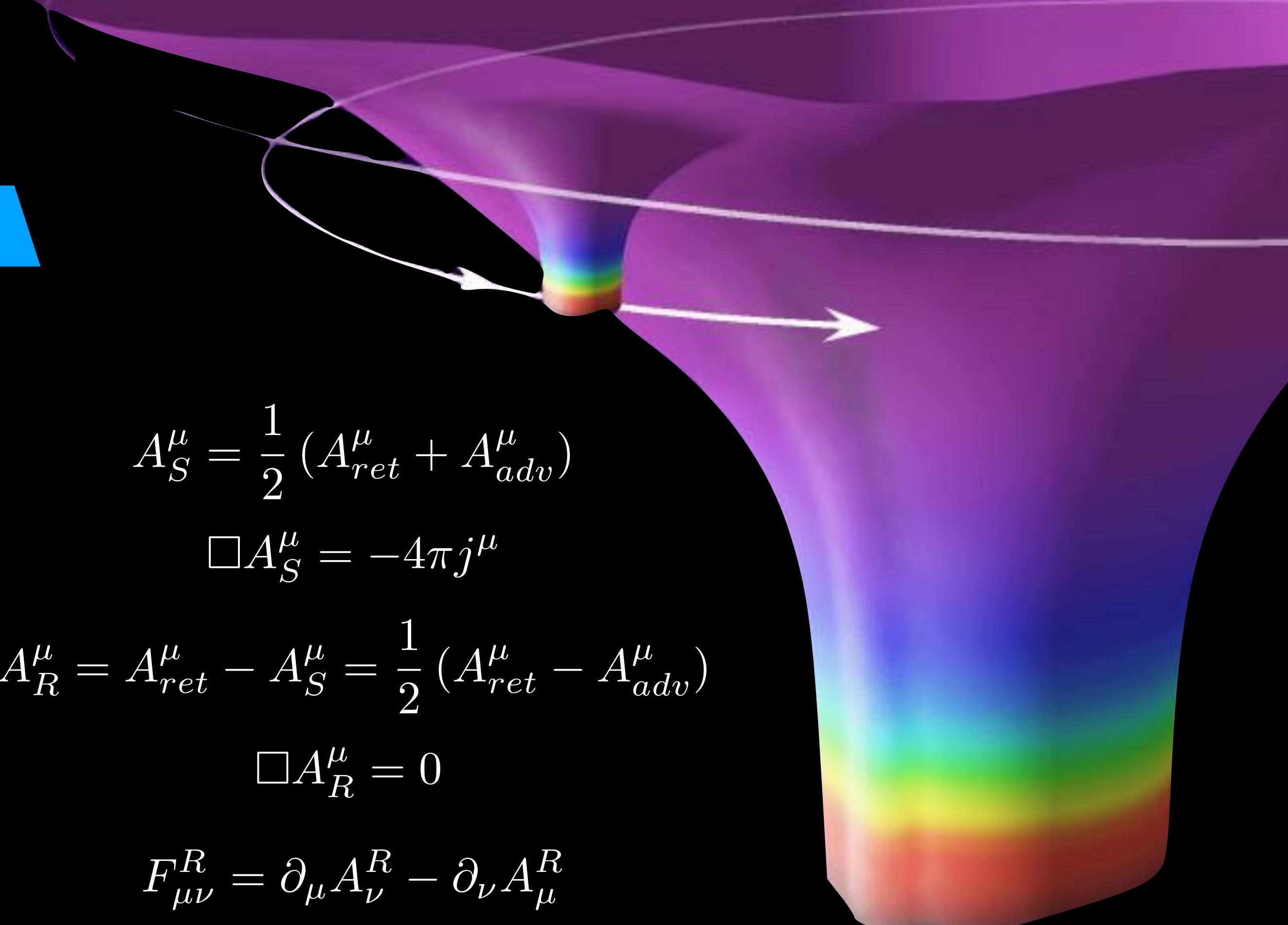




Image credit: NASA JPL

# Regularisation: Curved Space

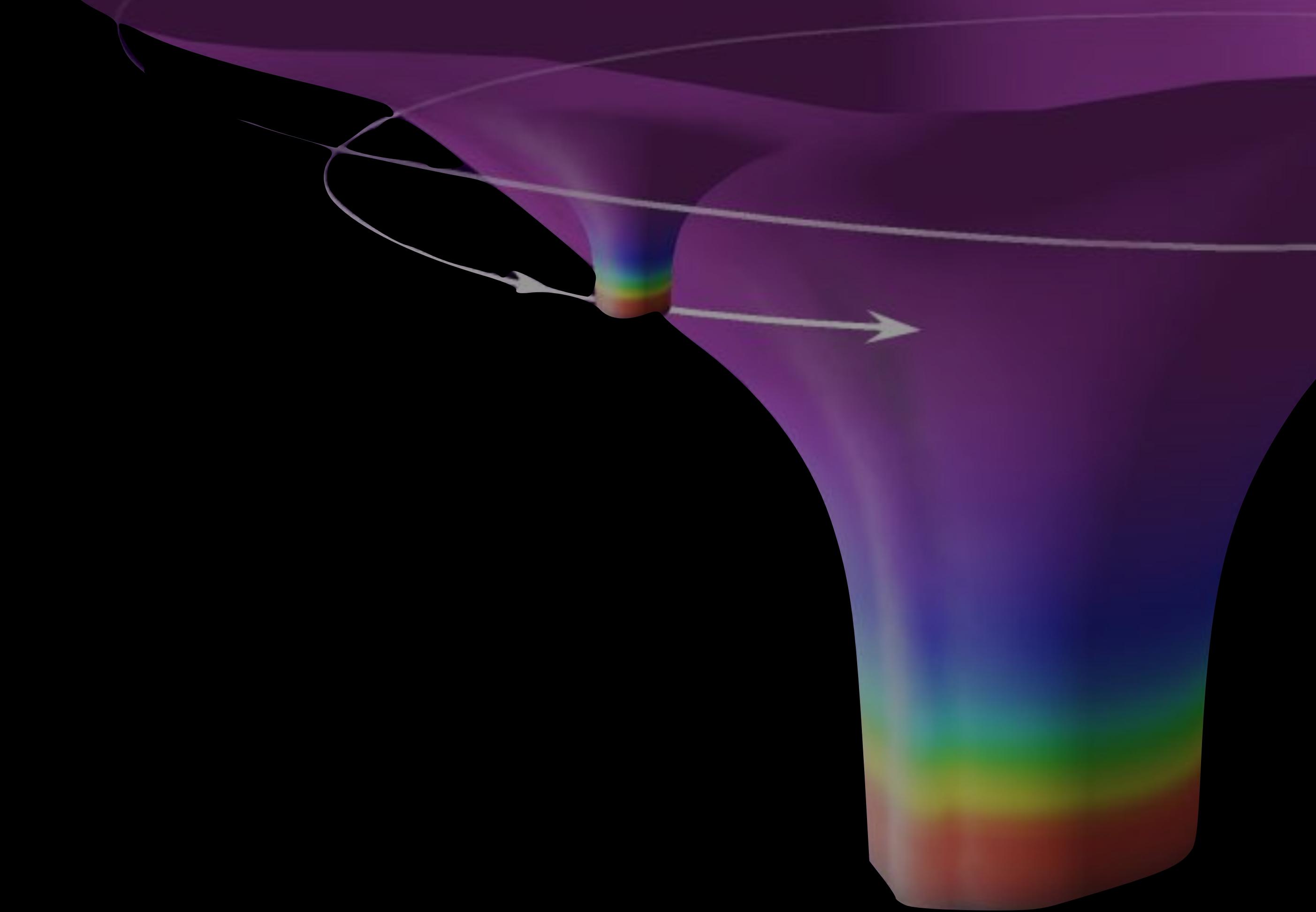




Image credit: NASA JPL

# Regularisation: Curved Space

- Curved spacetime

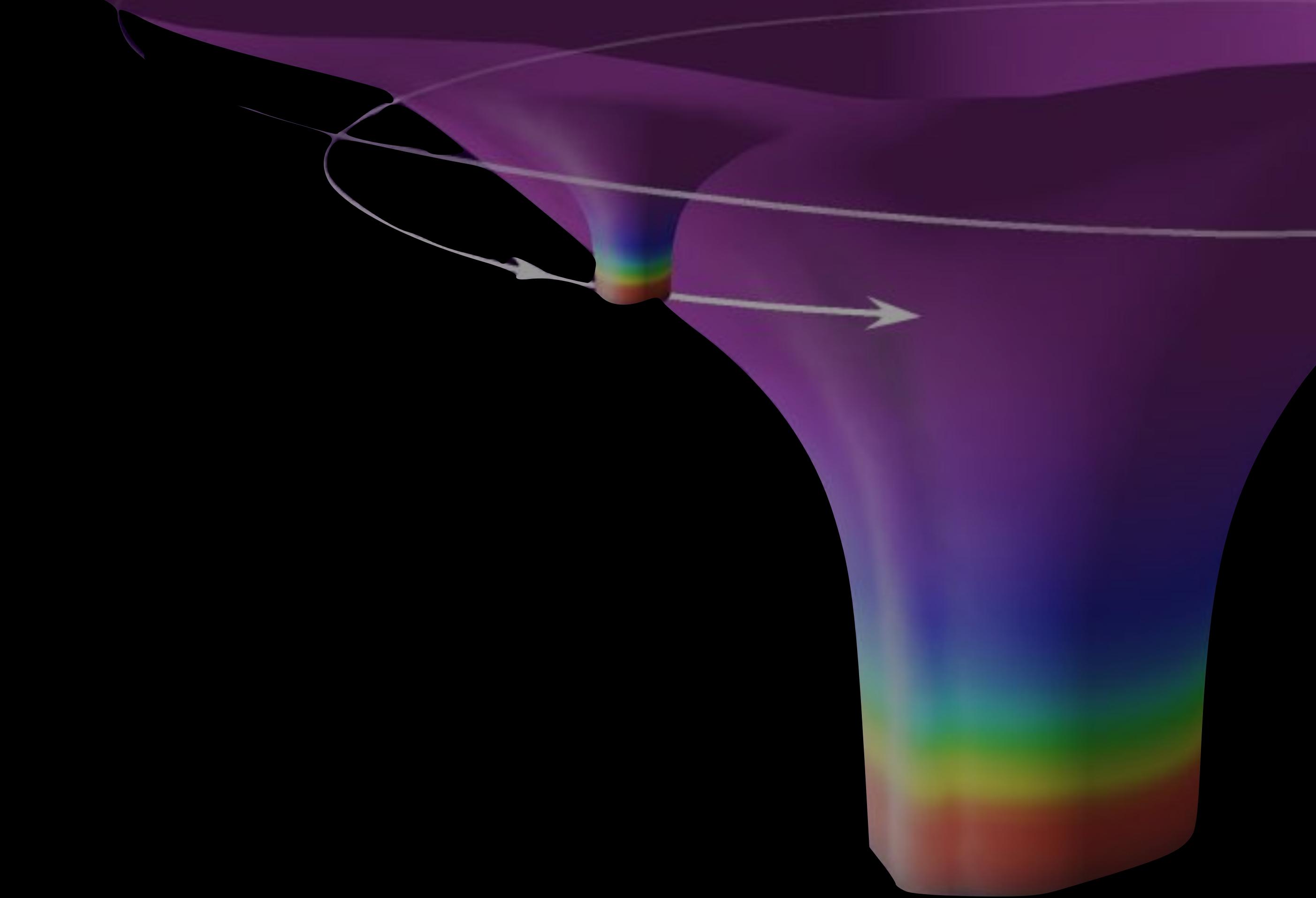




Image credit: NASA JPL

# Regularisation: Curved Space

- Curved spacetime
  - Scalar case:

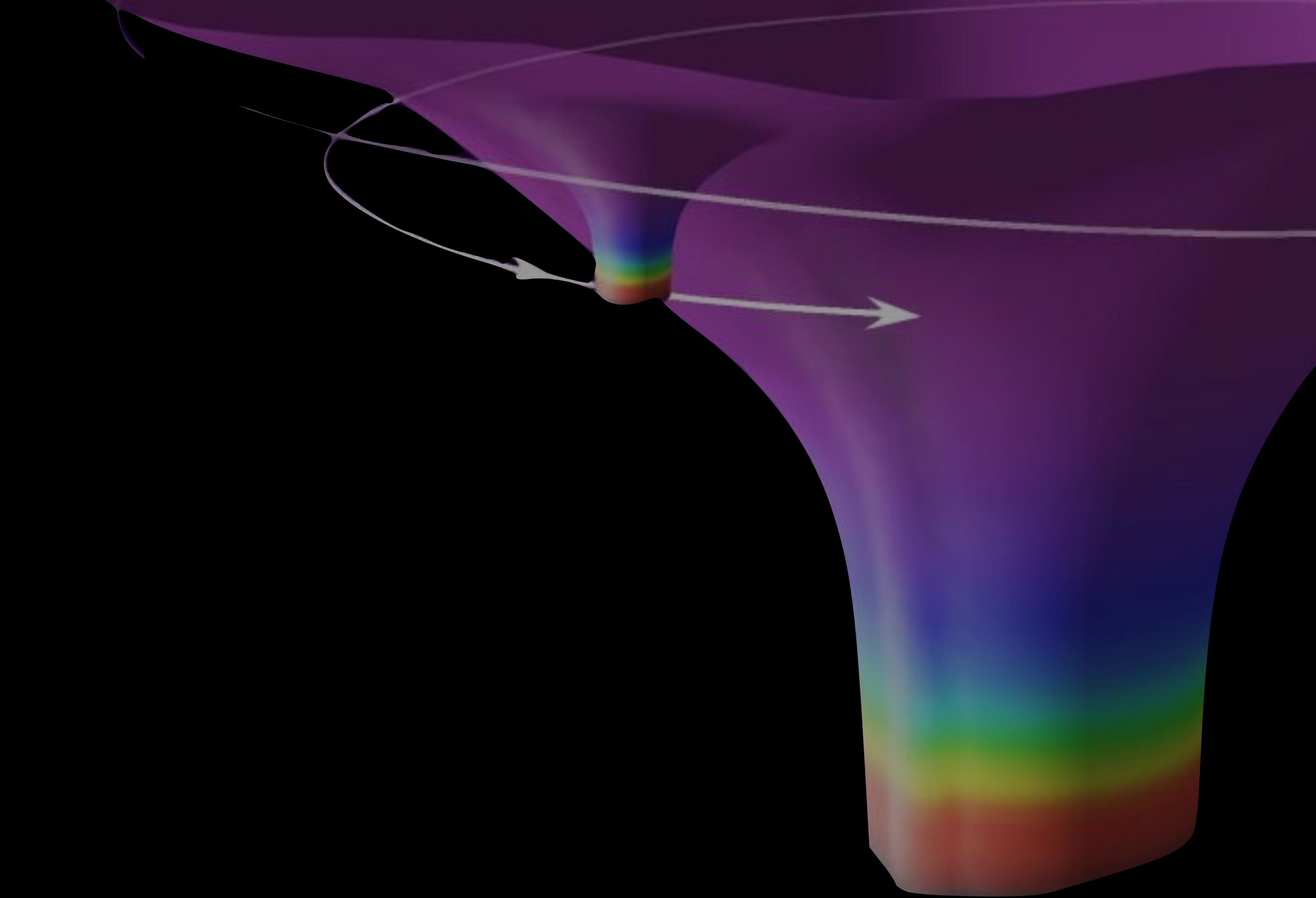
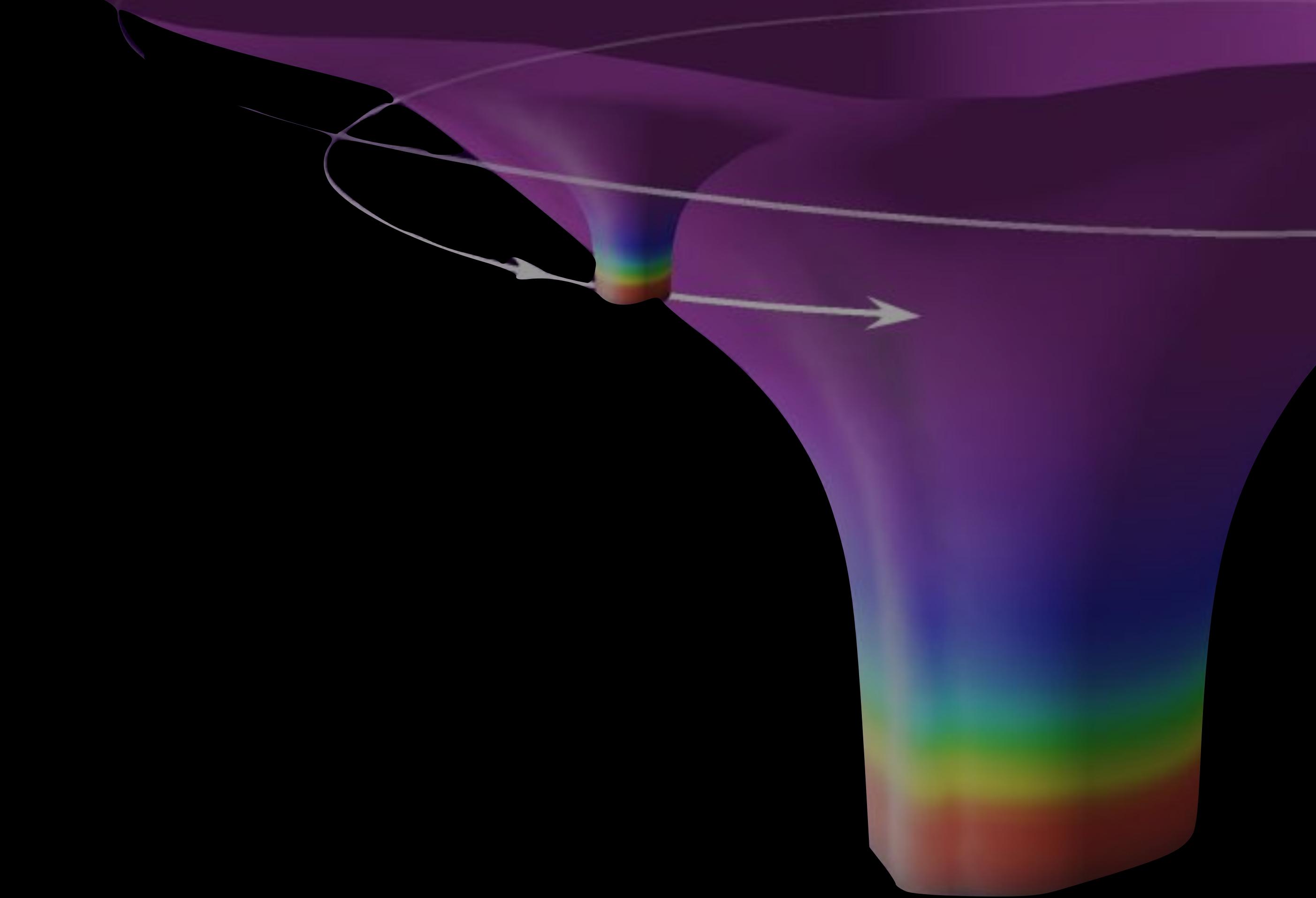




Image credit: NASA JPL

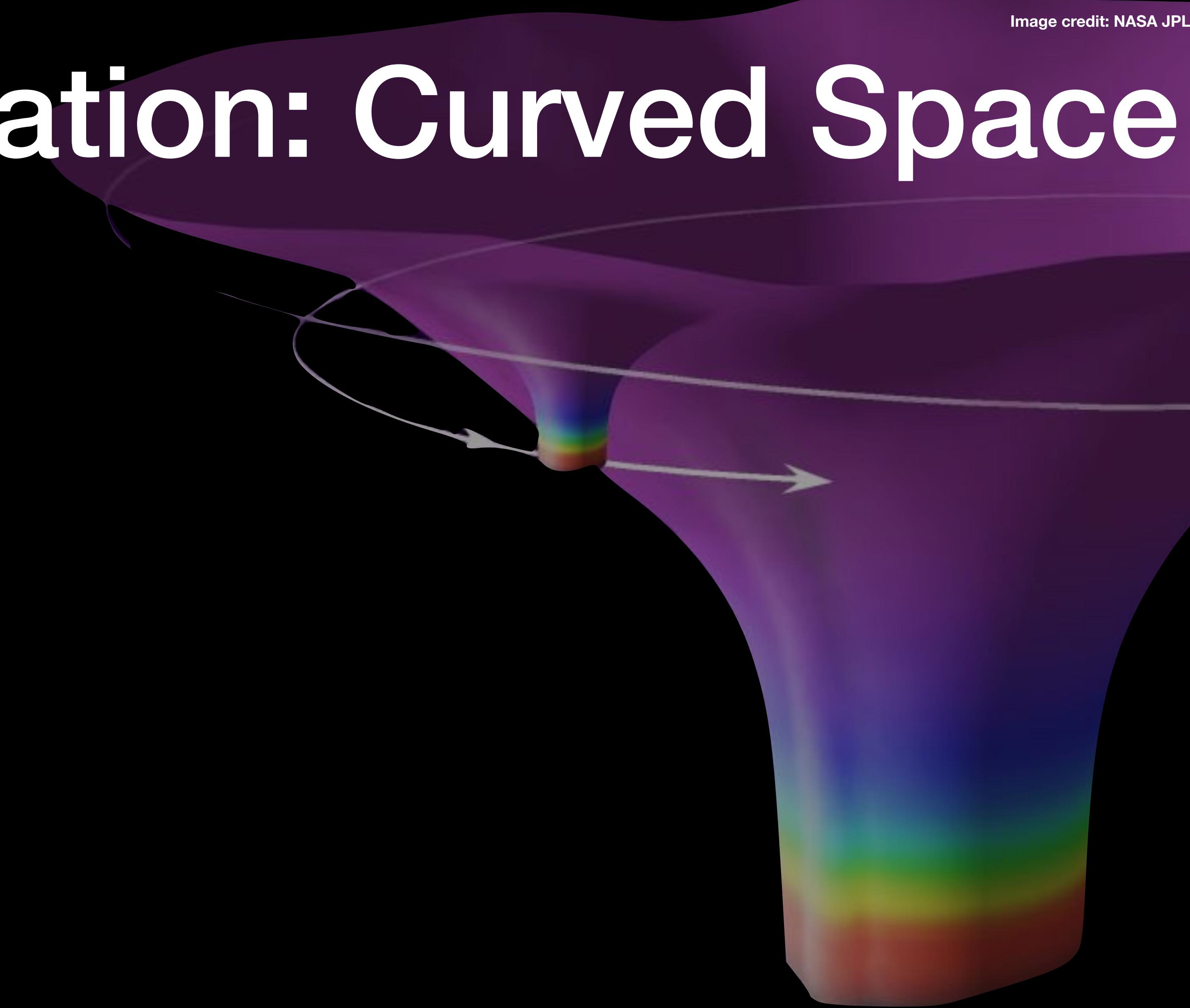
# Regularisation: Curved Space

- Curved spacetime
  - Scalar case:  
 $(\square - \zeta R) \Phi = -4\pi\mu + \mathcal{O}(\epsilon^2)$



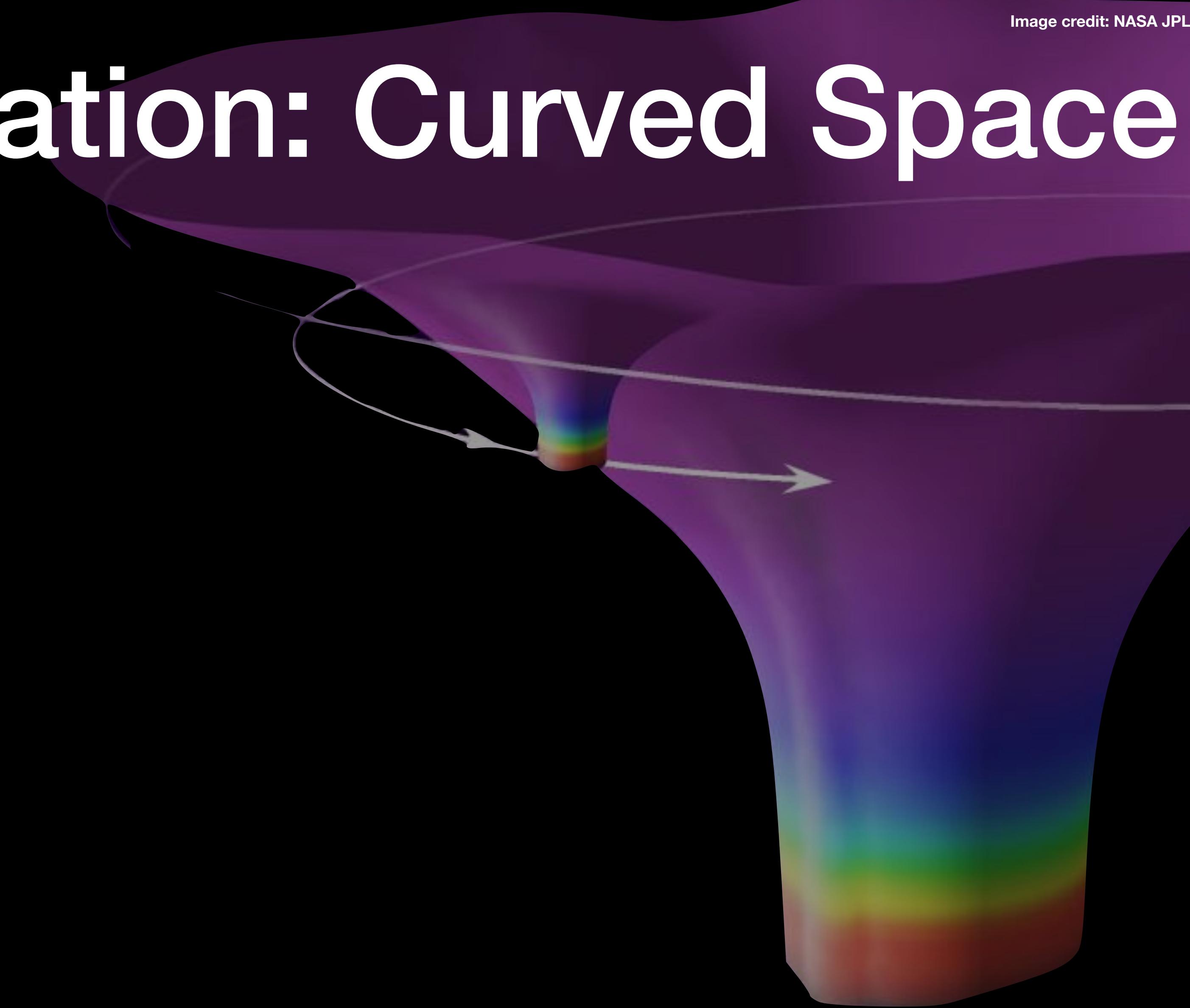
# Regularisation: Curved Space

- Curved spacetime
  - Scalar case:  
 $(\square - \zeta R) \Phi = -4\pi\mu + \mathcal{O}(\epsilon^2)$
  - Electromagnetic case:



# Regularisation: Curved Space

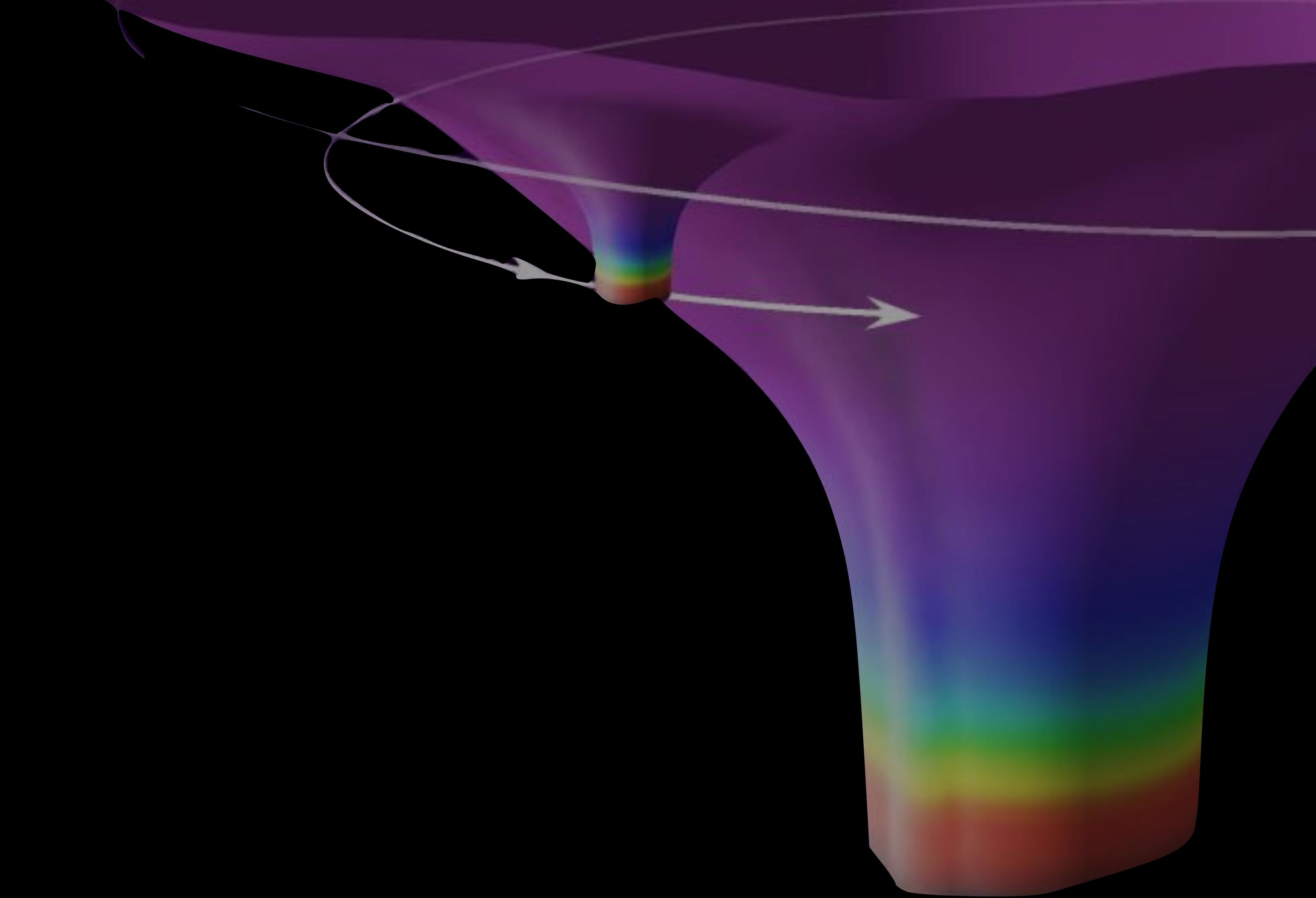
- Curved spacetime
  - Scalar case:  
 $(\square - \zeta R) \Phi = -4\pi\mu + \mathcal{O}(\epsilon^2)$
  - Electromagnetic case:  
 $(\delta^a{}_b \square - R_b^a) A^b = -4\pi j^a + \mathcal{O}(\epsilon^2)$





# Regularisation: Curved Space

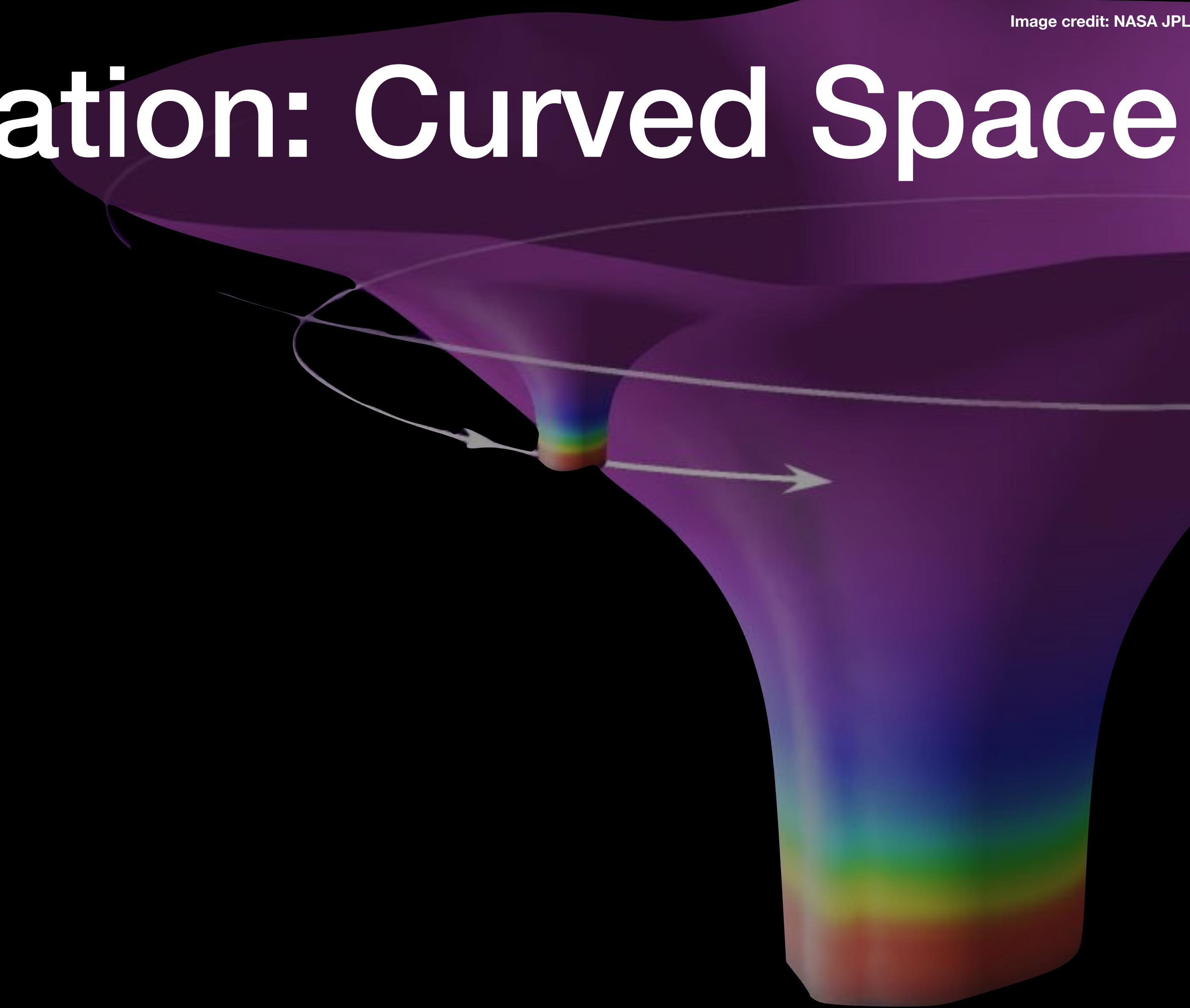
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  - Gravitational case:





# Regularisation: Curved Space

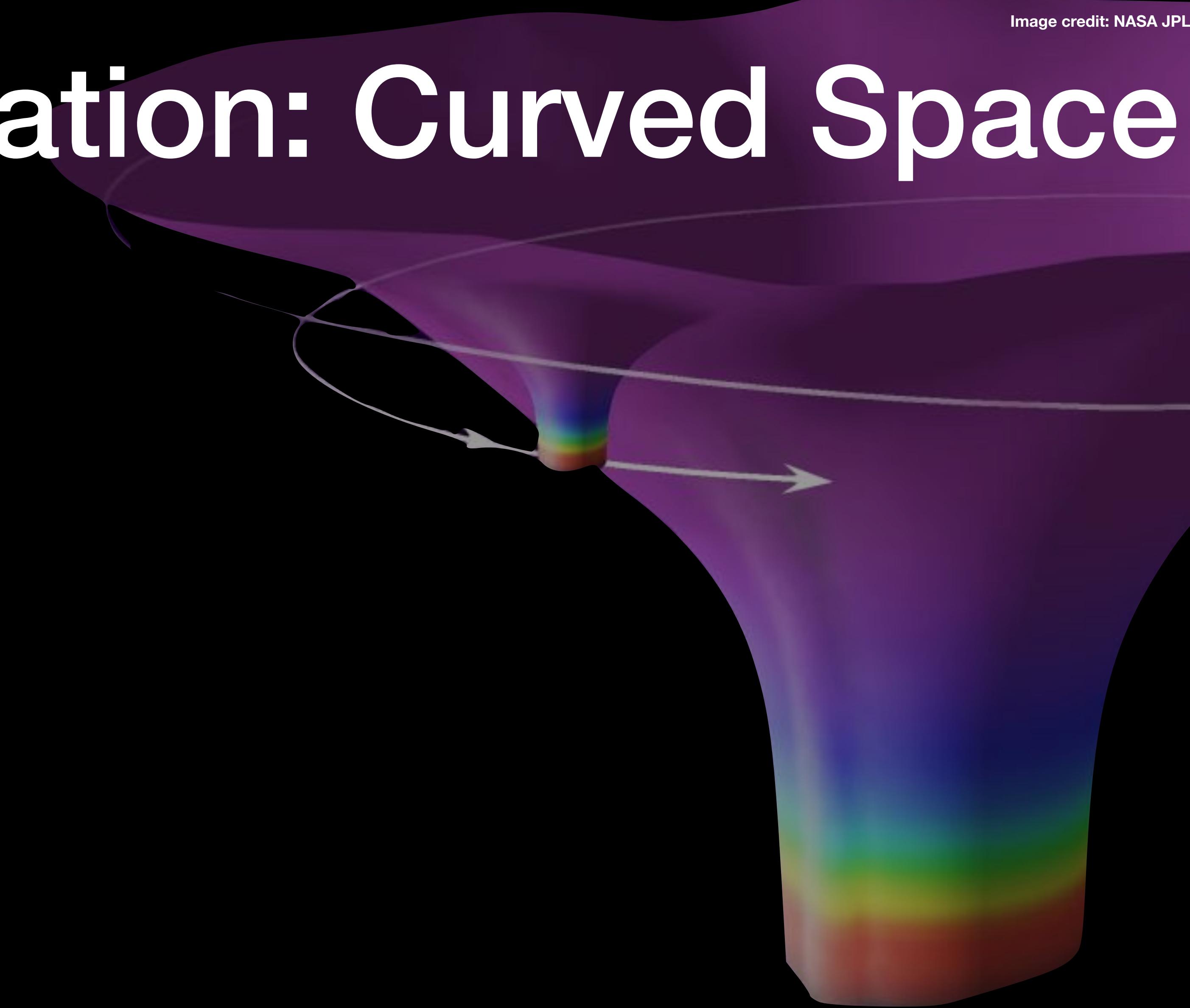
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  - Gravitational case:  
 $(\delta_{ac}\delta_{bd}\square + 2R_{cadb}) \psi^{cd} = -16\pi T_{(eff)}^{ab} + \mathcal{O}(\epsilon^2)$





# Regularisation: Curved Space

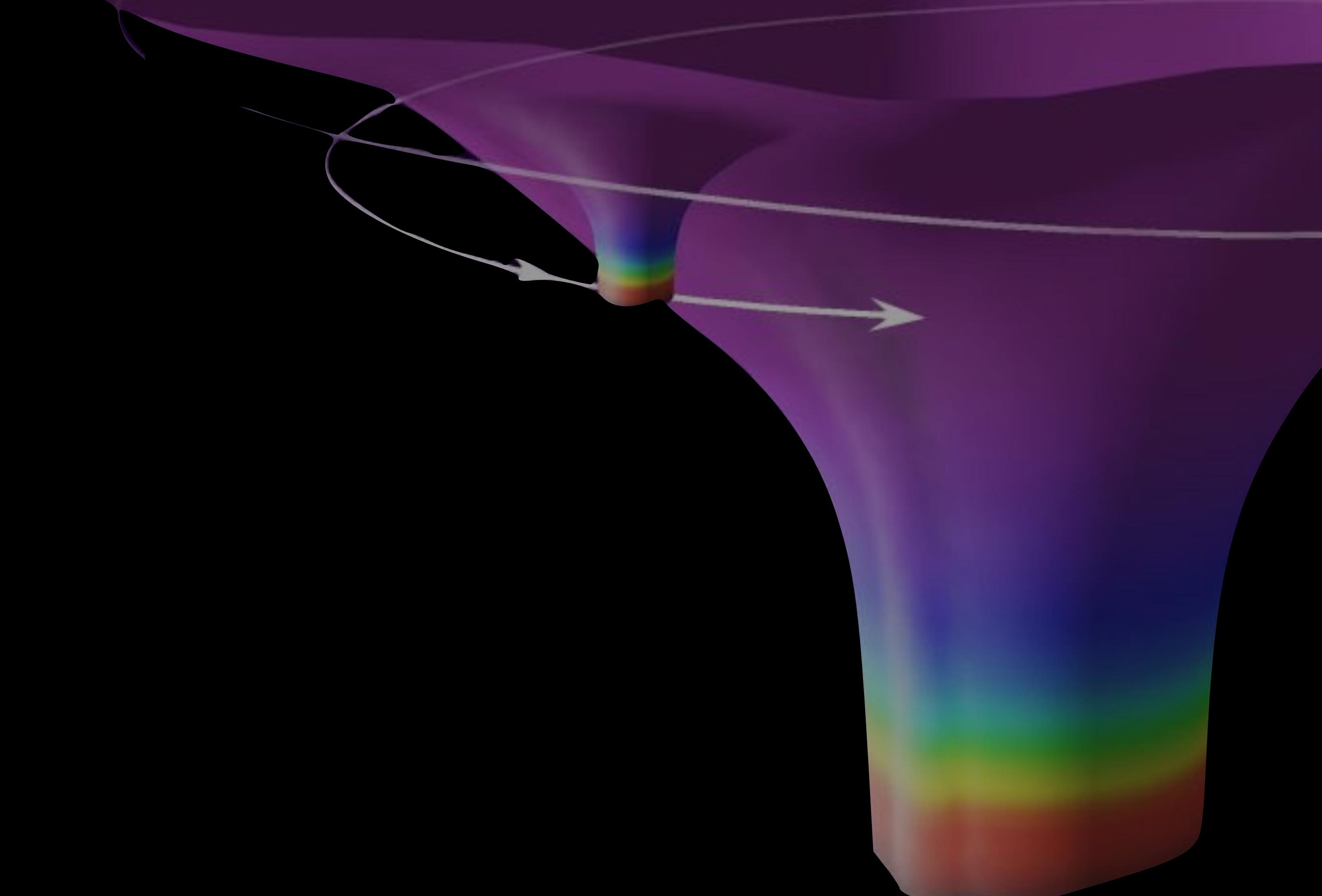
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  - Scalar case:  
 $(\square - \zeta R) \Phi = -4\pi\mu + \mathcal{O}(\epsilon^2)$
  - Electromagnetic case:  
 $(\delta^a{}_b \square - R^a_b) A^b = -4\pi j^a + \mathcal{O}(\epsilon^2)$
  - Gravitational case:  
 $(\delta_{ac}\delta_{bd}\square + 2R_{cadb}) \psi^{cd} = -16\pi T_{(eff)}^{ab} + \mathcal{O}(\epsilon^2)$
  - General case:





# Regularisation: Curved Space

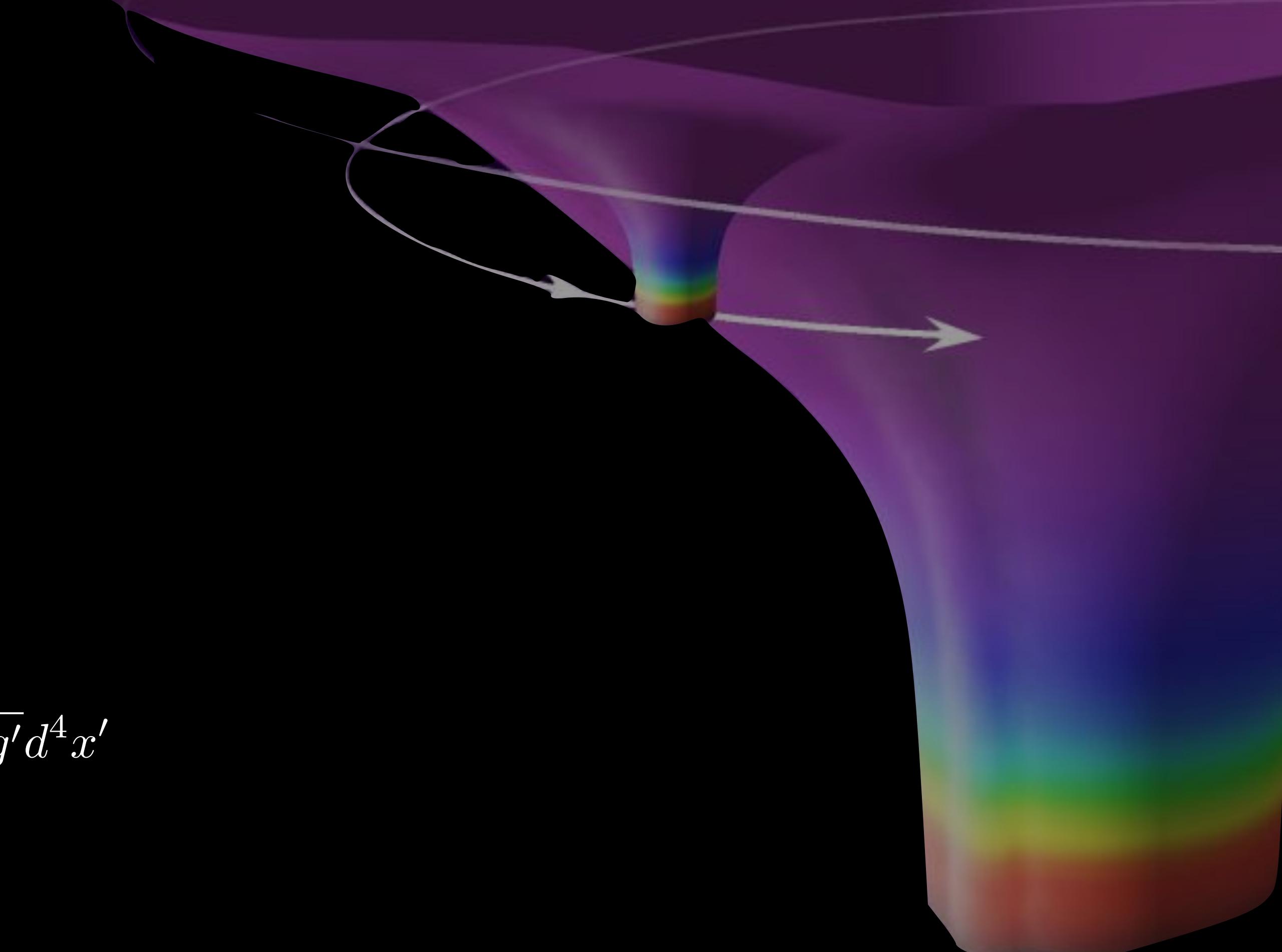
- Curved spacetime
  - Scalar case:  
 $(\square - \zeta R) \Phi = -4\pi\mu + \mathcal{O}(\epsilon^2)$
  - Electromagnetic case:  
 $(\delta^a{}_b \square - R^a_b) A^b = -4\pi j^a + \mathcal{O}(\epsilon^2)$
  - Gravitational case:  
 $(\delta_{ac}\delta_{bd}\square + 2R_{cadb}) \psi^{cd} = -16\pi T_{(eff)}^{ab} + \mathcal{O}(\epsilon^2)$
  - General case:  
 $(\delta^A{}_B \square - P^A{}_B) \Psi^B{}_{(ret)/(adv)} = -4\pi \mathcal{M}^A + \mathcal{O}(\epsilon^2)$





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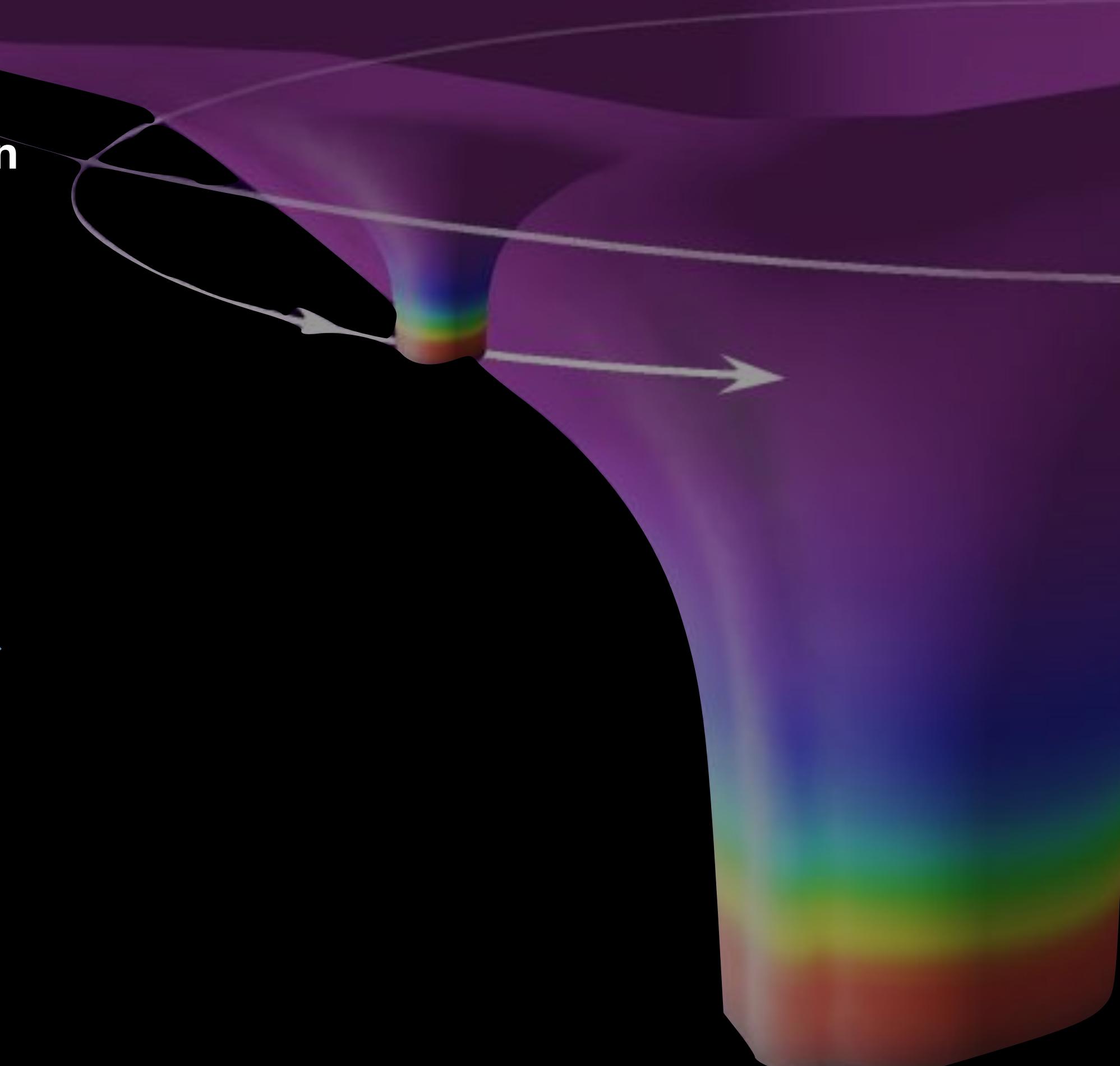
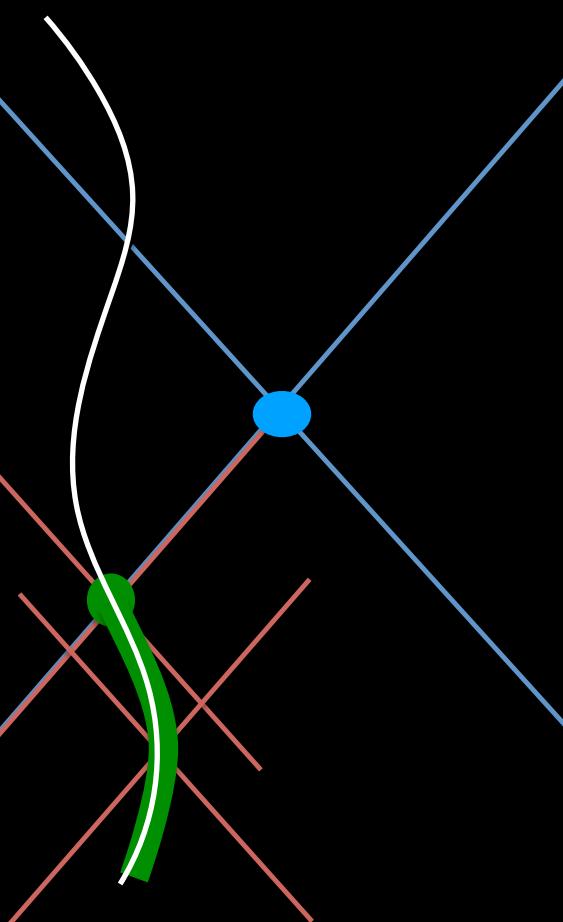




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**Retarded solution**





# Regularisation: Curved Space

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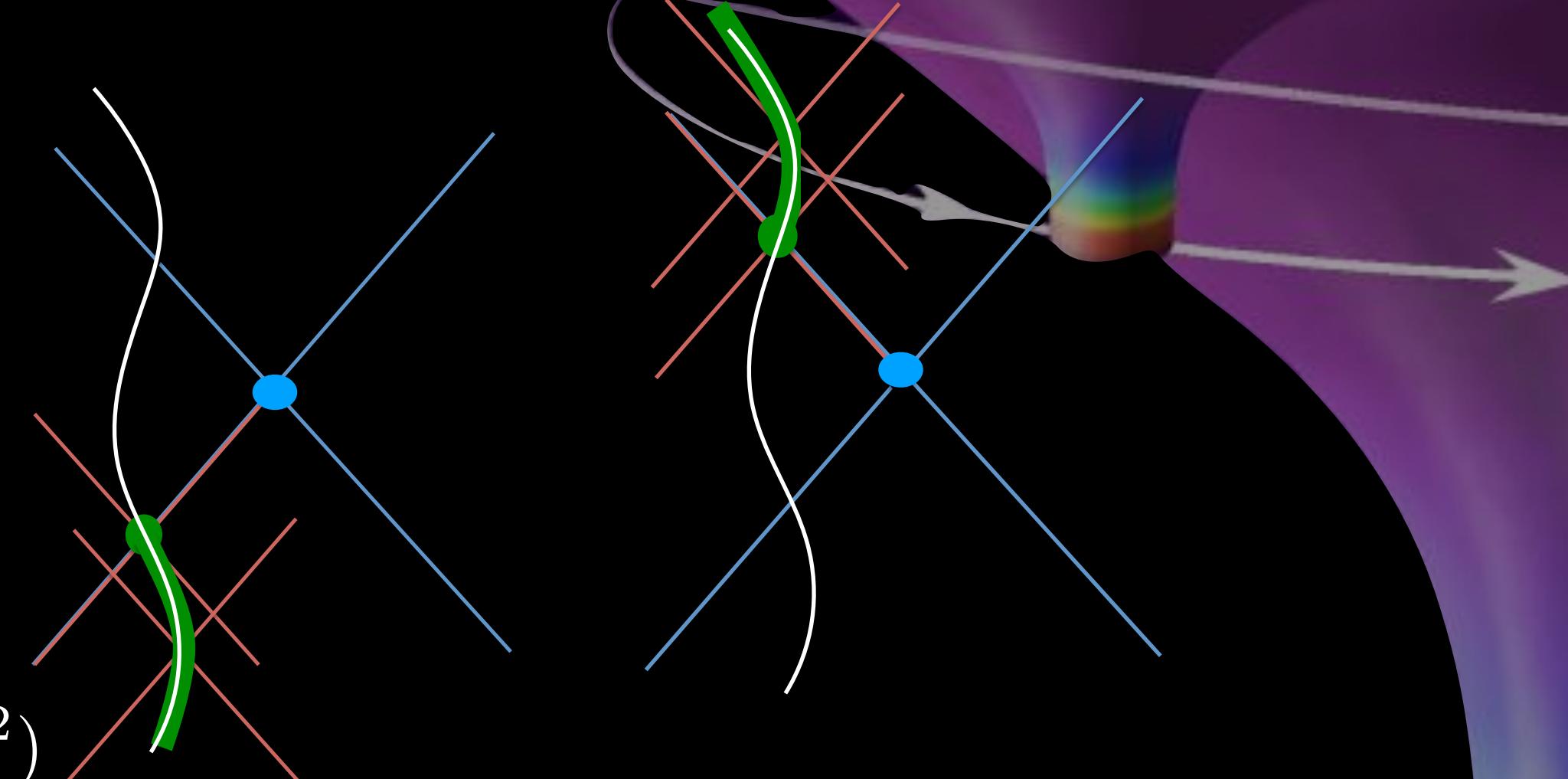
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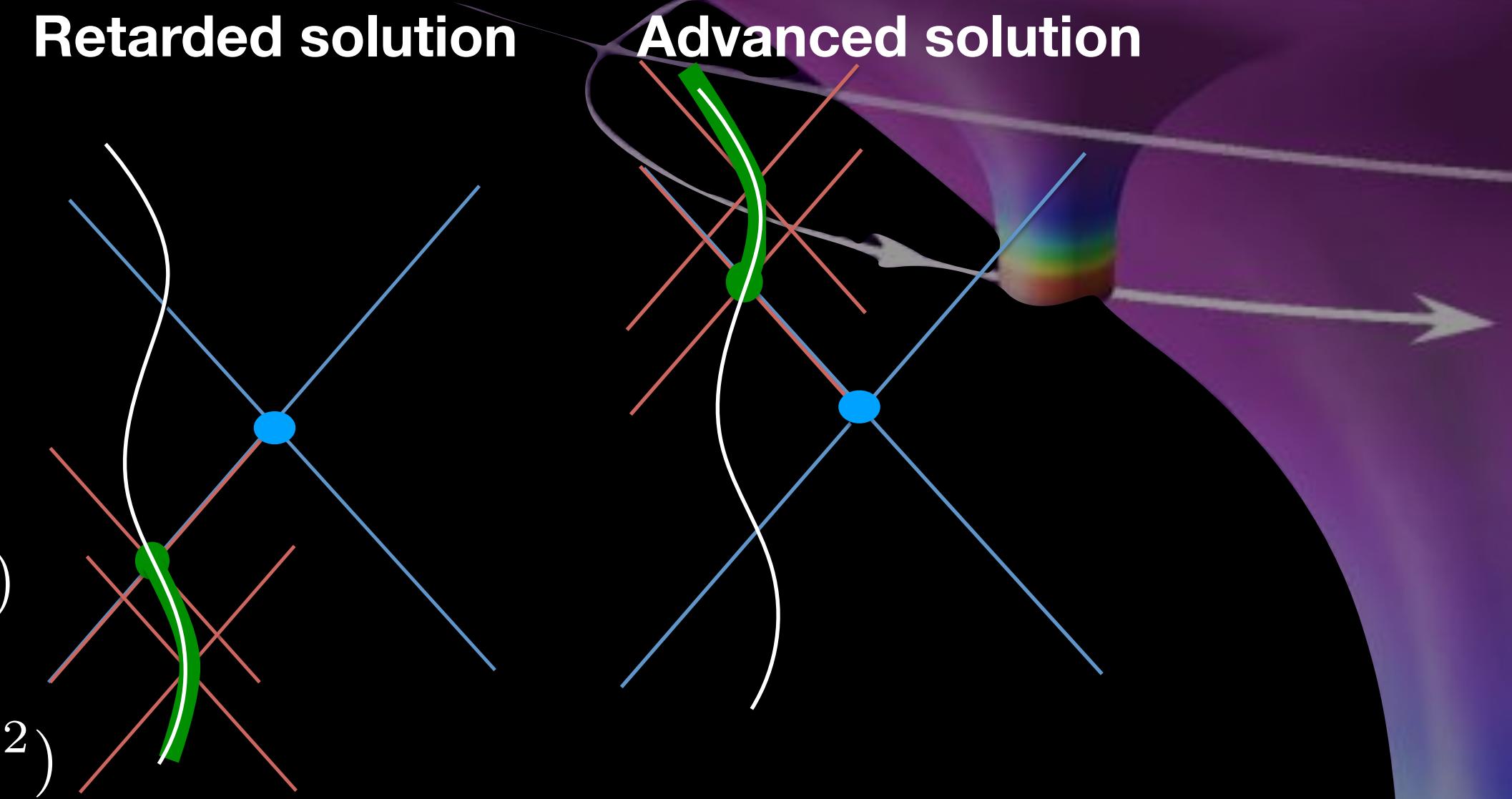
Retarded solution      Advanced solution





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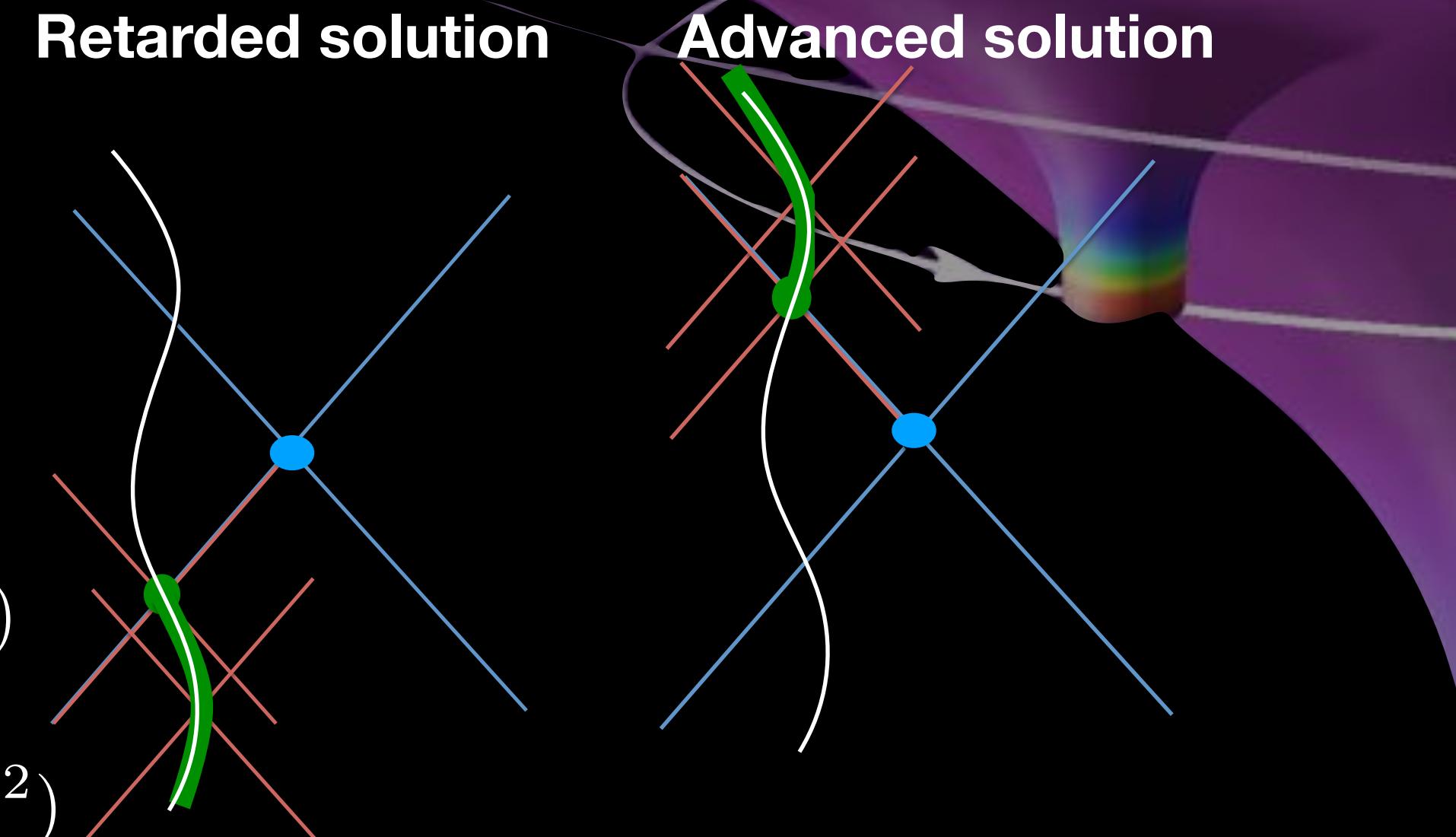
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- Detweiler-Whiting singular field

$$G^A{}_{B(S)} = \frac{1}{2} [U^A{}_{B'}(x, x') \delta(\sigma) + V^A{}_{B'}(x, x') \Theta(\sigma)]$$





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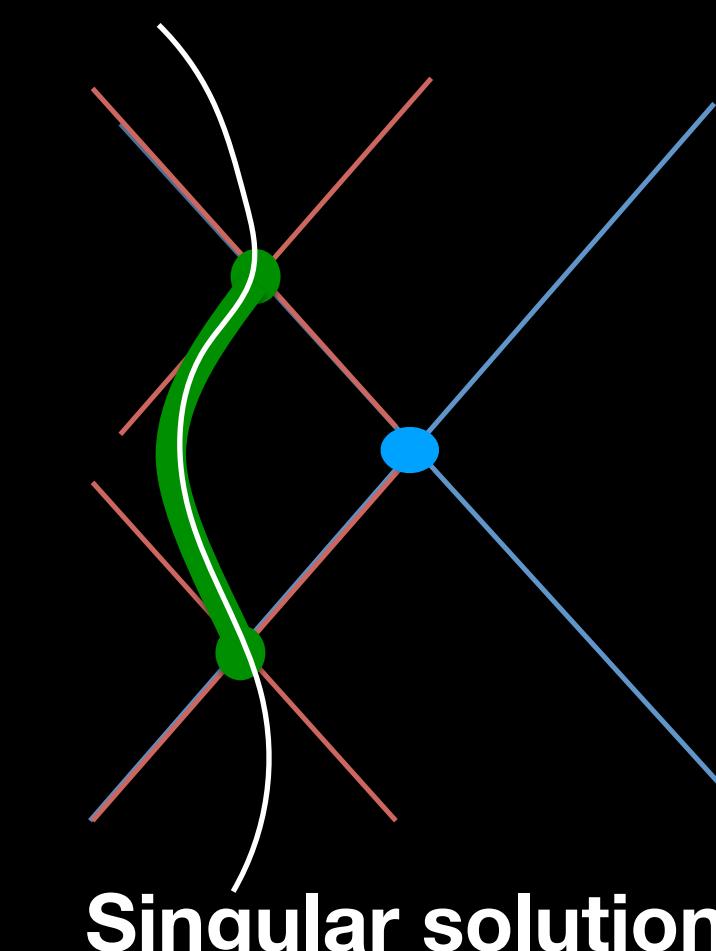
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Retarded solution      Advanced solution

Singular solution





# Regularisation: Curved Space

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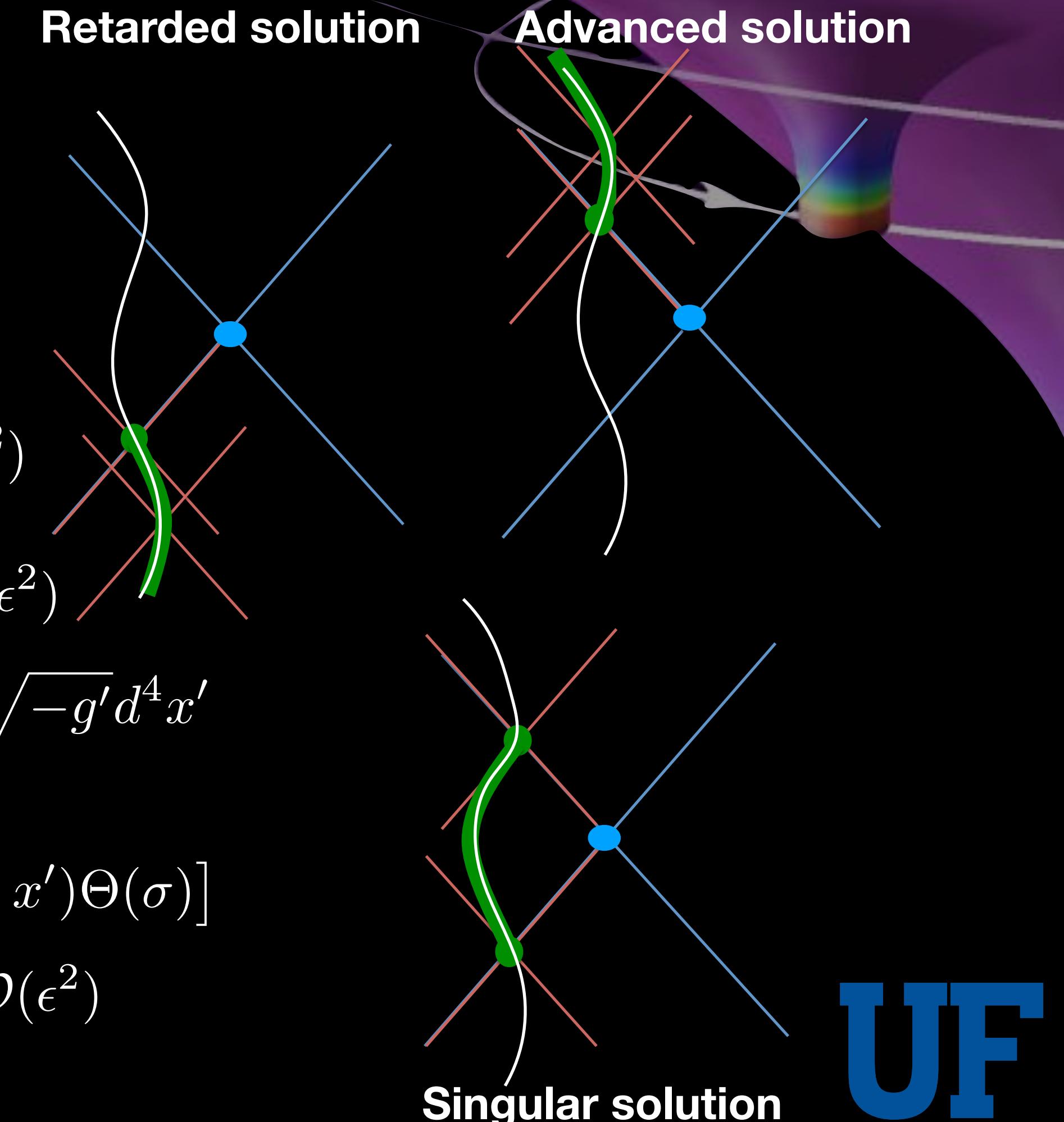
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$$(\delta^A{}_B \square - P^A{}_B) \Psi^B_R = 0, \quad F^a = p^a{}_A \Psi^A_R$$

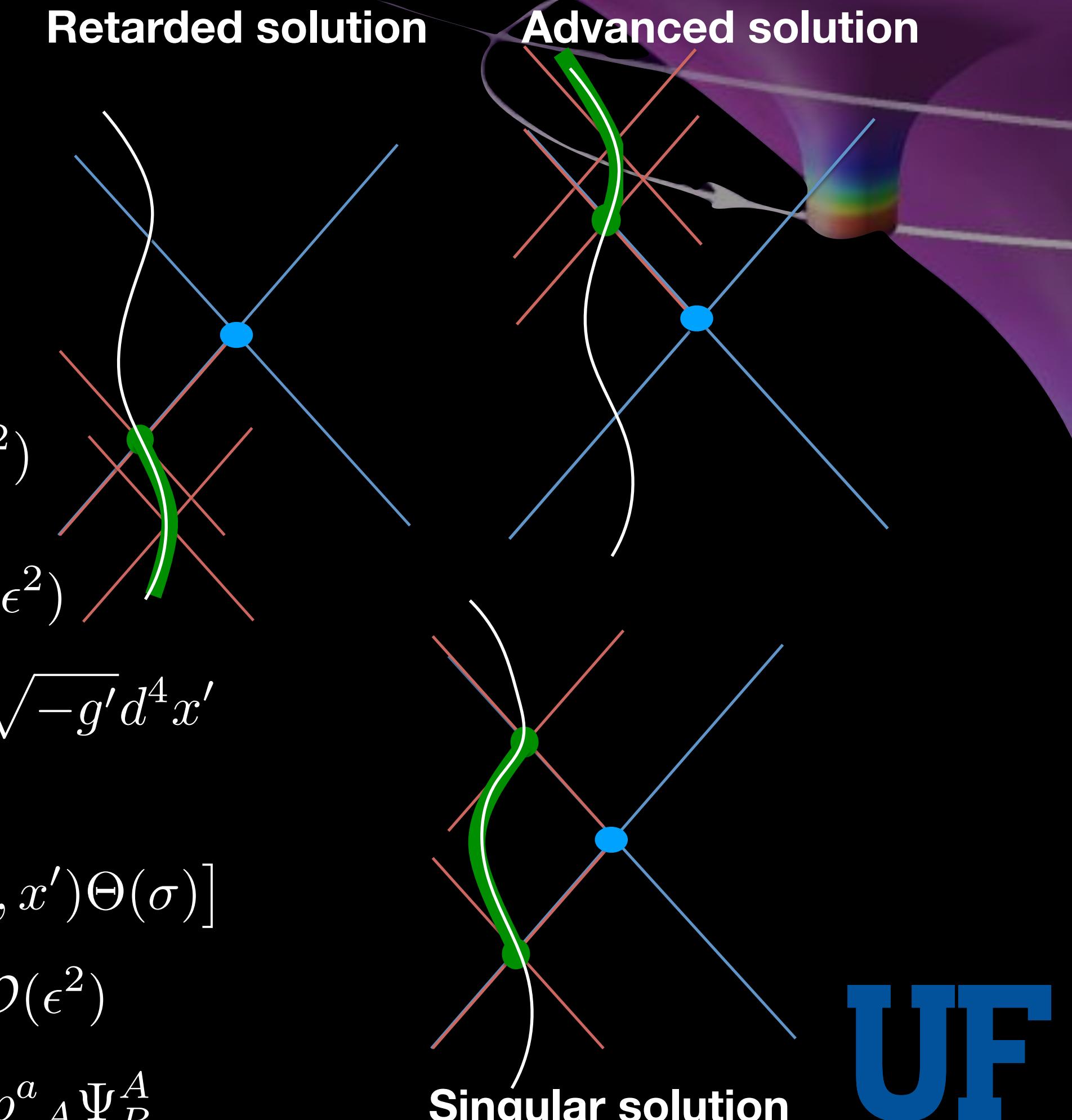




Image credit: NASA JPL

# Methods

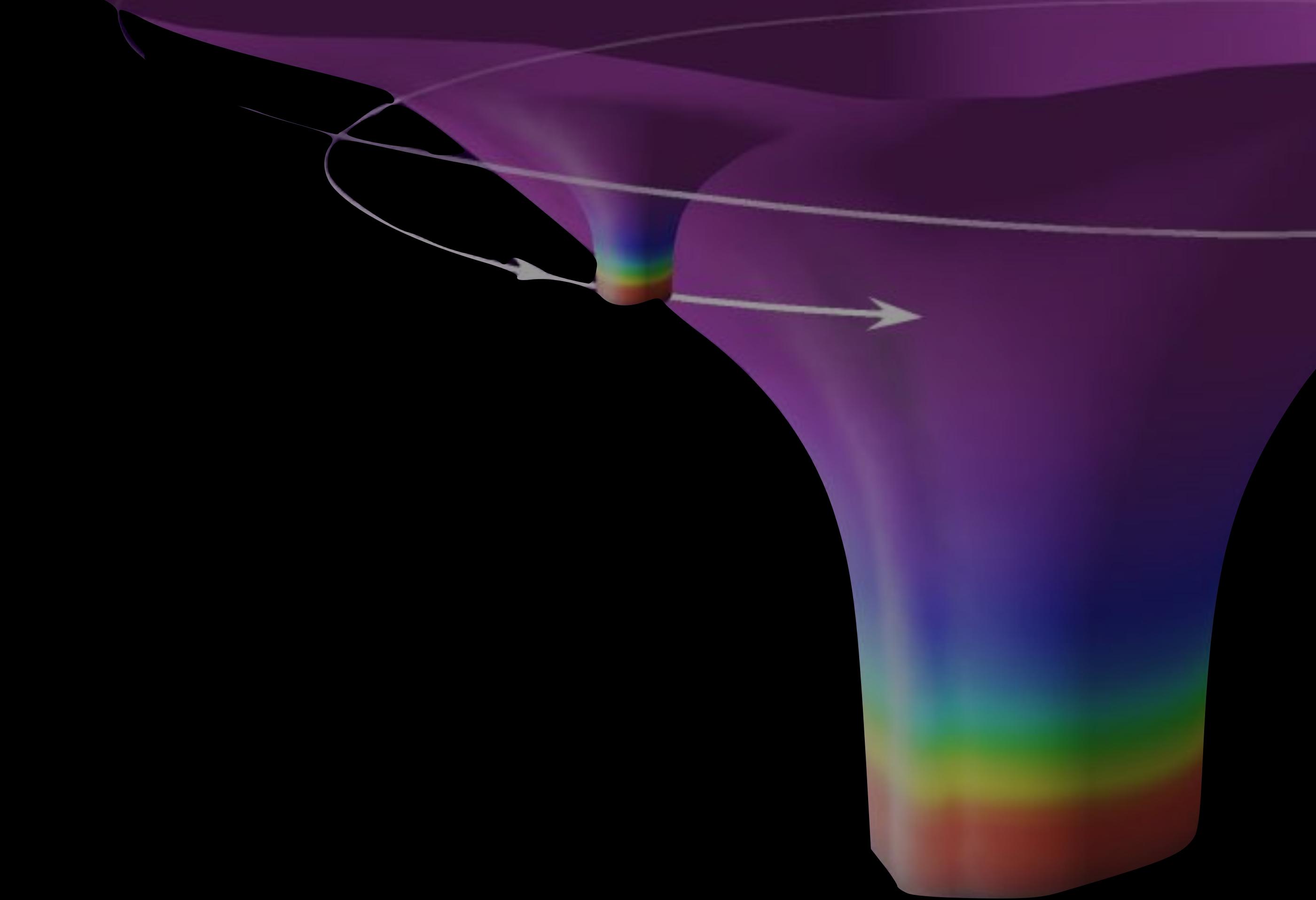
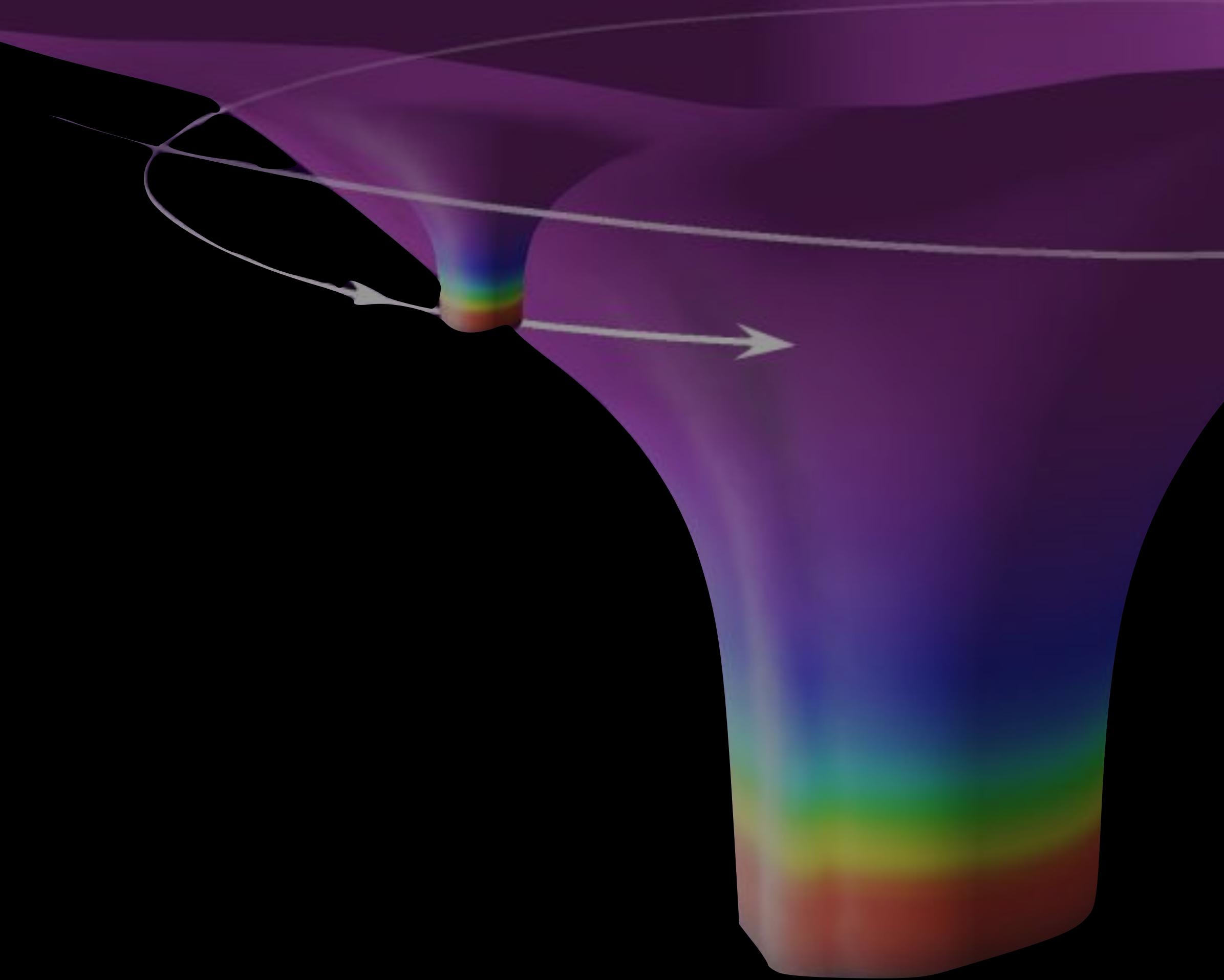




Image credit: NASA JPL

# Methods

$$g_{ab}^{(M)}$$

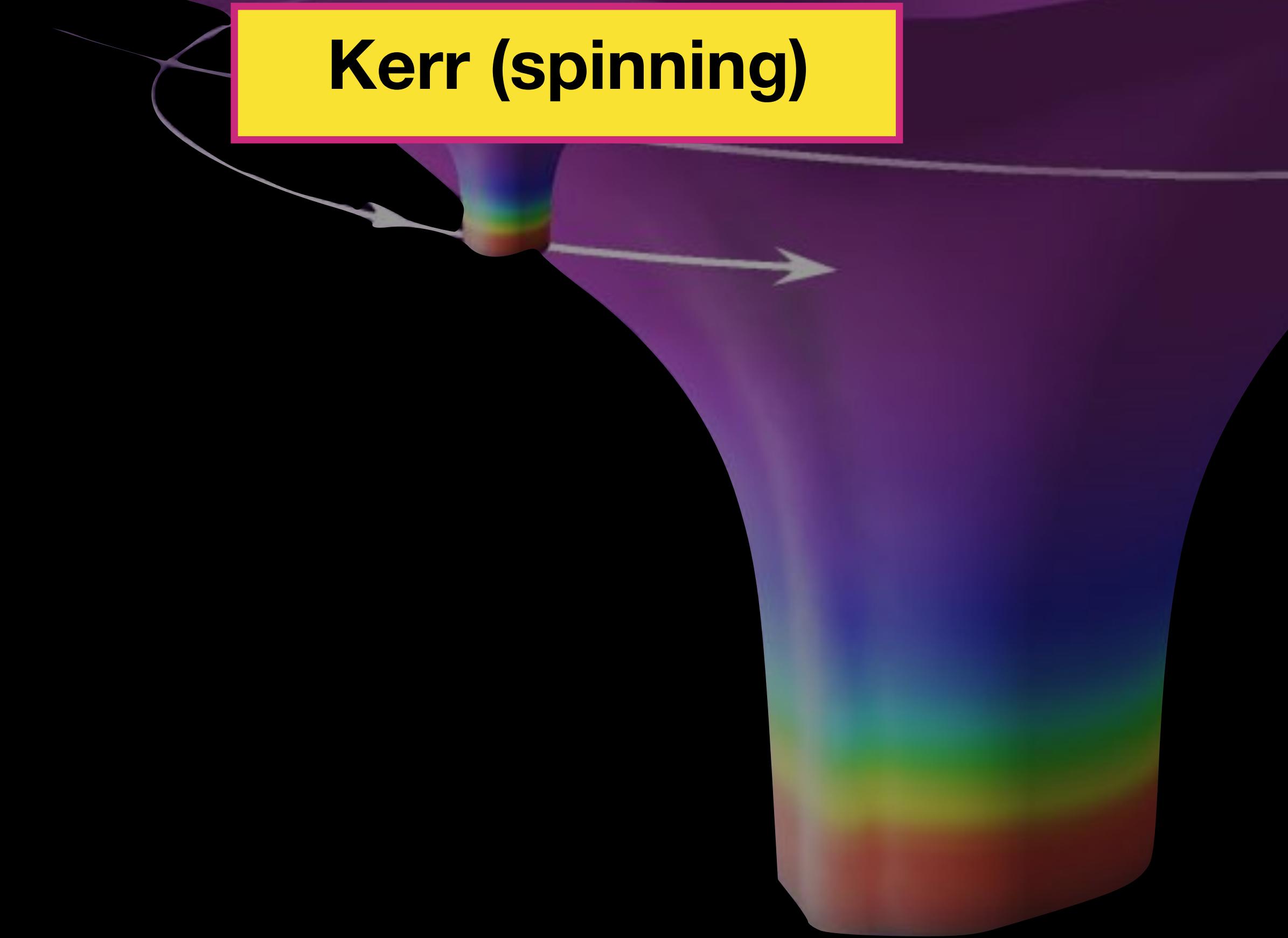


# Methods

**Schwarzschild**

$$g_{ab}^{(M)}$$

**Kerr (spinning)**



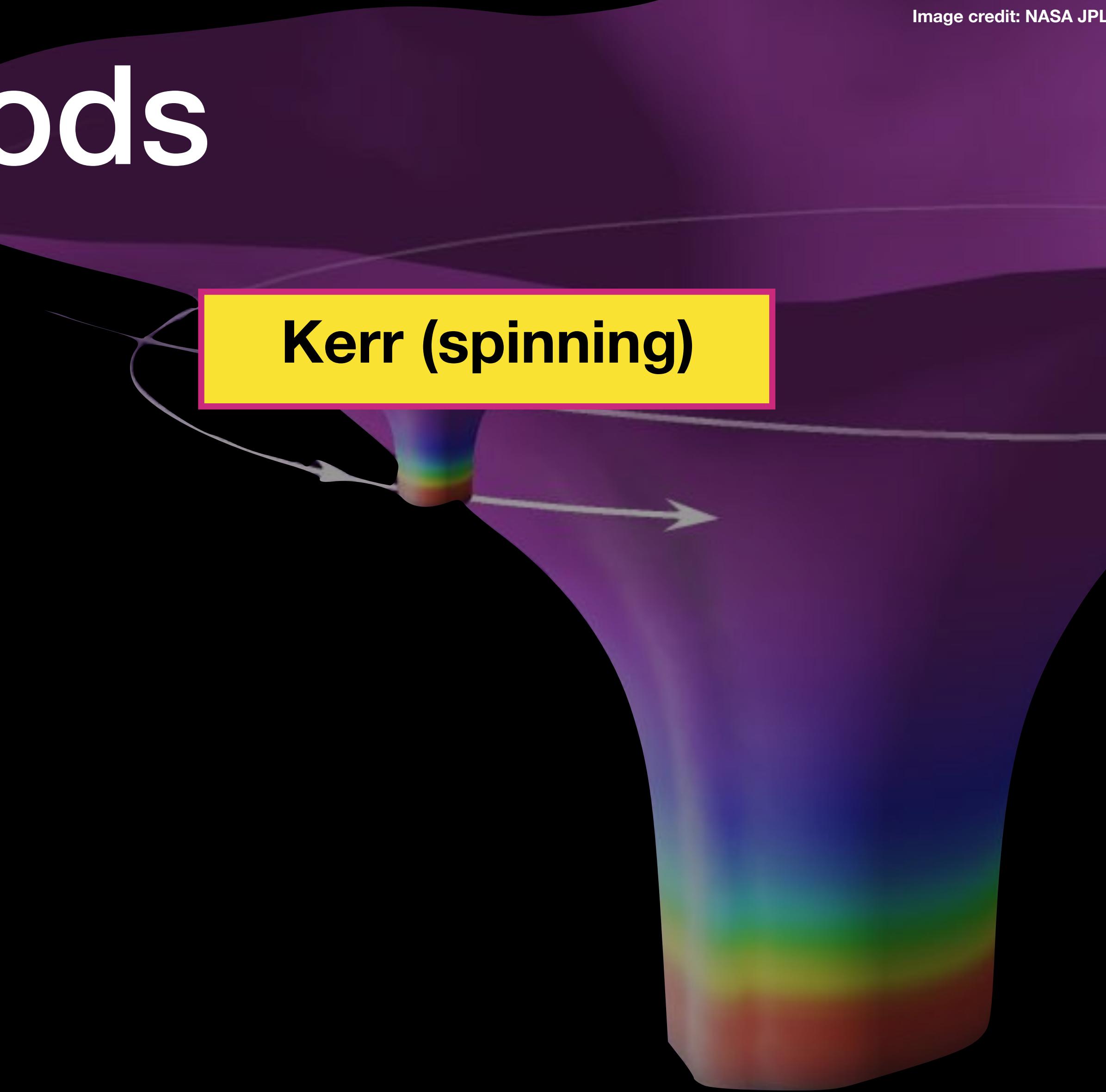
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**Schwarzschild**

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# Methods

**Schwarzschild**

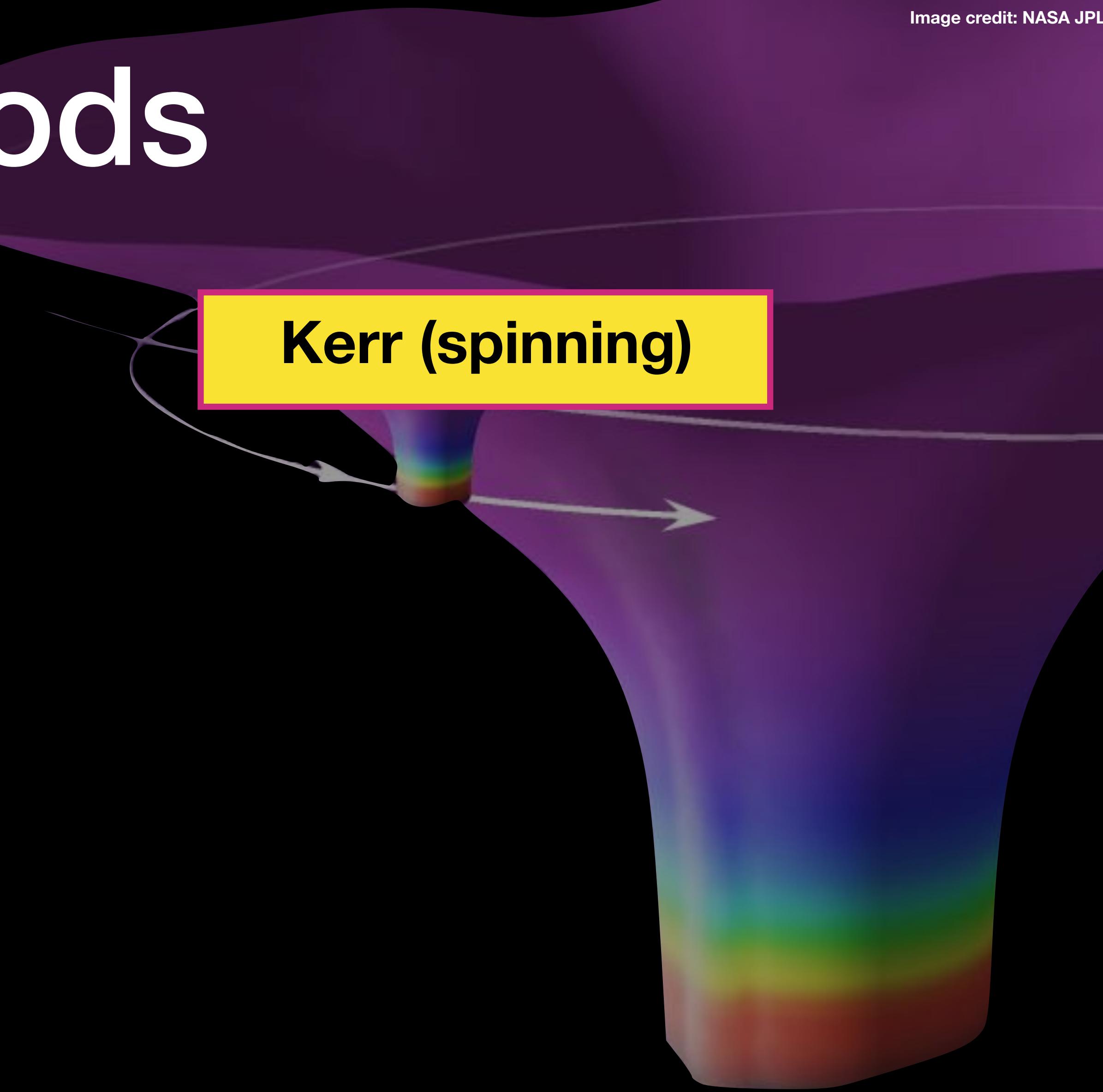
**Spin**

- **Scalar**

$$(\square - \zeta R) \Phi = -4\pi\mu$$

$$g_{ab}^{(M)}$$

**Kerr (spinning)**



# Methods

**Schwarzschild**

**Spin**

- **Scalar**

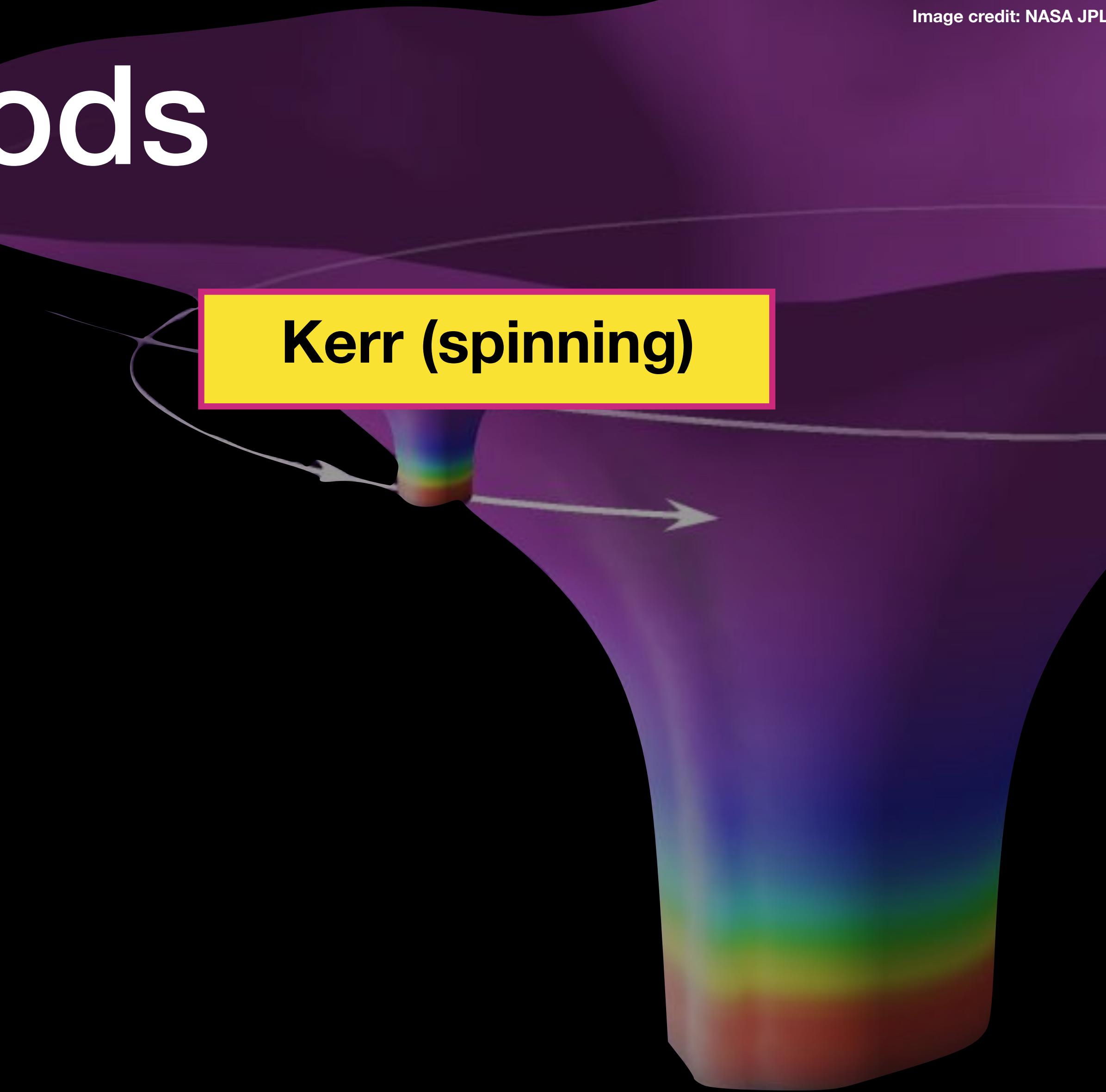
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$$(\delta^a{}_b \square - R^a_b) A^b = -4\pi j^a$$

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# Methods

**Schwarzschild**

**Spin**

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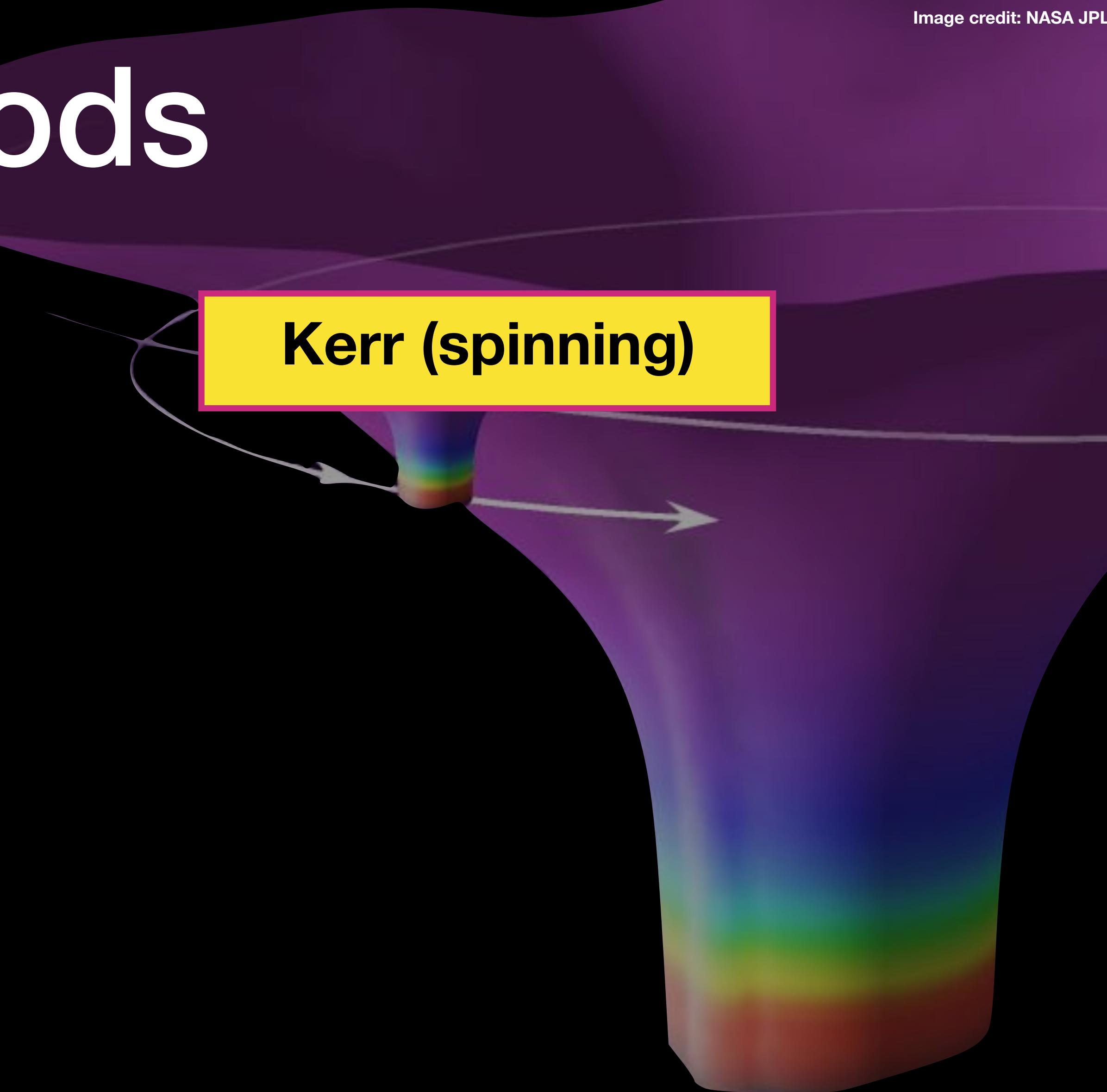
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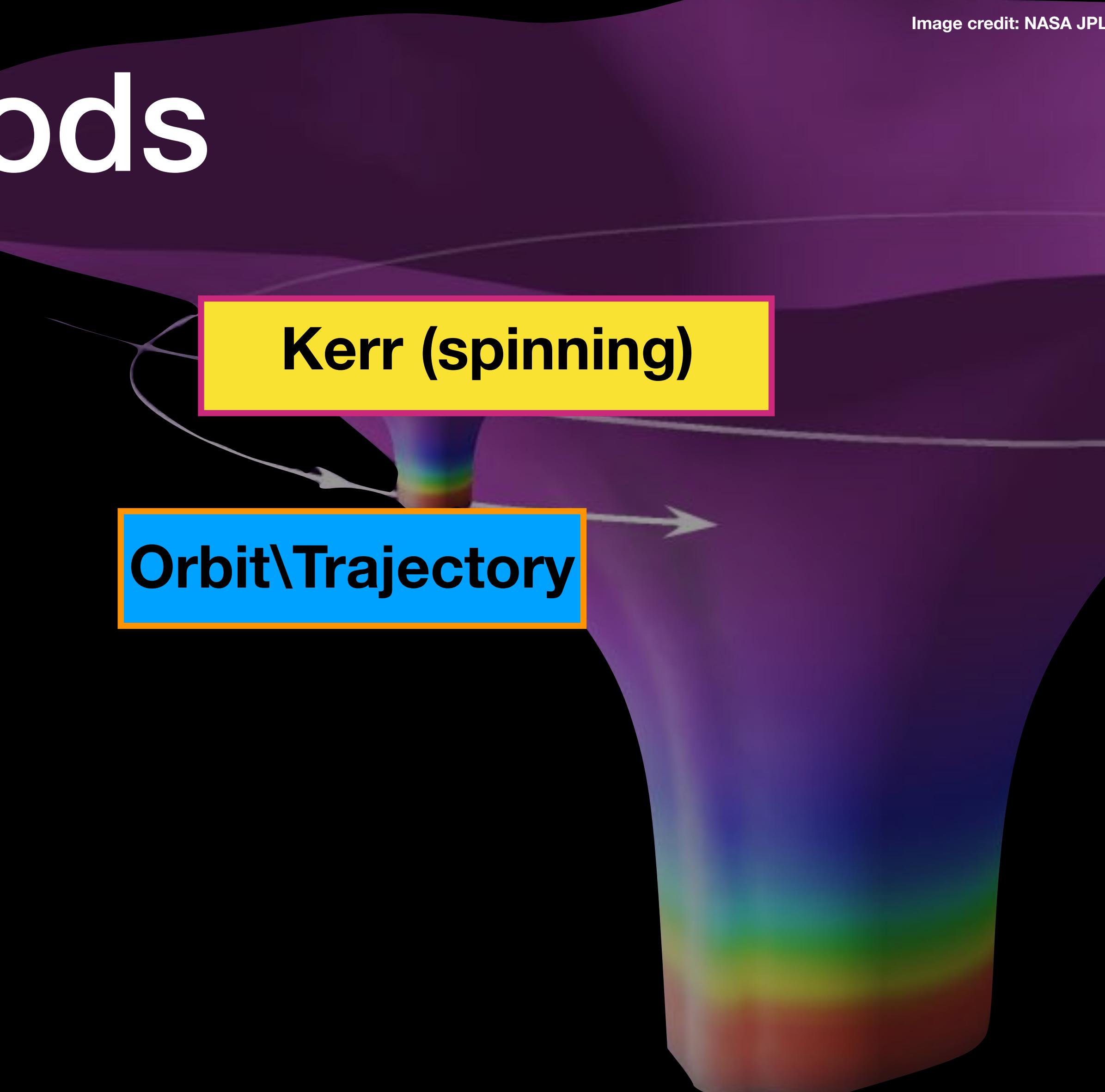
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**Kerr (spinning)**

**Orbit\Trajectory**



# Methods

## Schwarzschild

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## Kerr (spinning)

### Orbit\Trajectory

- **Geodesic**
- **Non-Geodesic**

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## Schwarzschild

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# Methods

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- **Equatorial**
- **Inclined**



# Methods

Image credit: NASA JPL

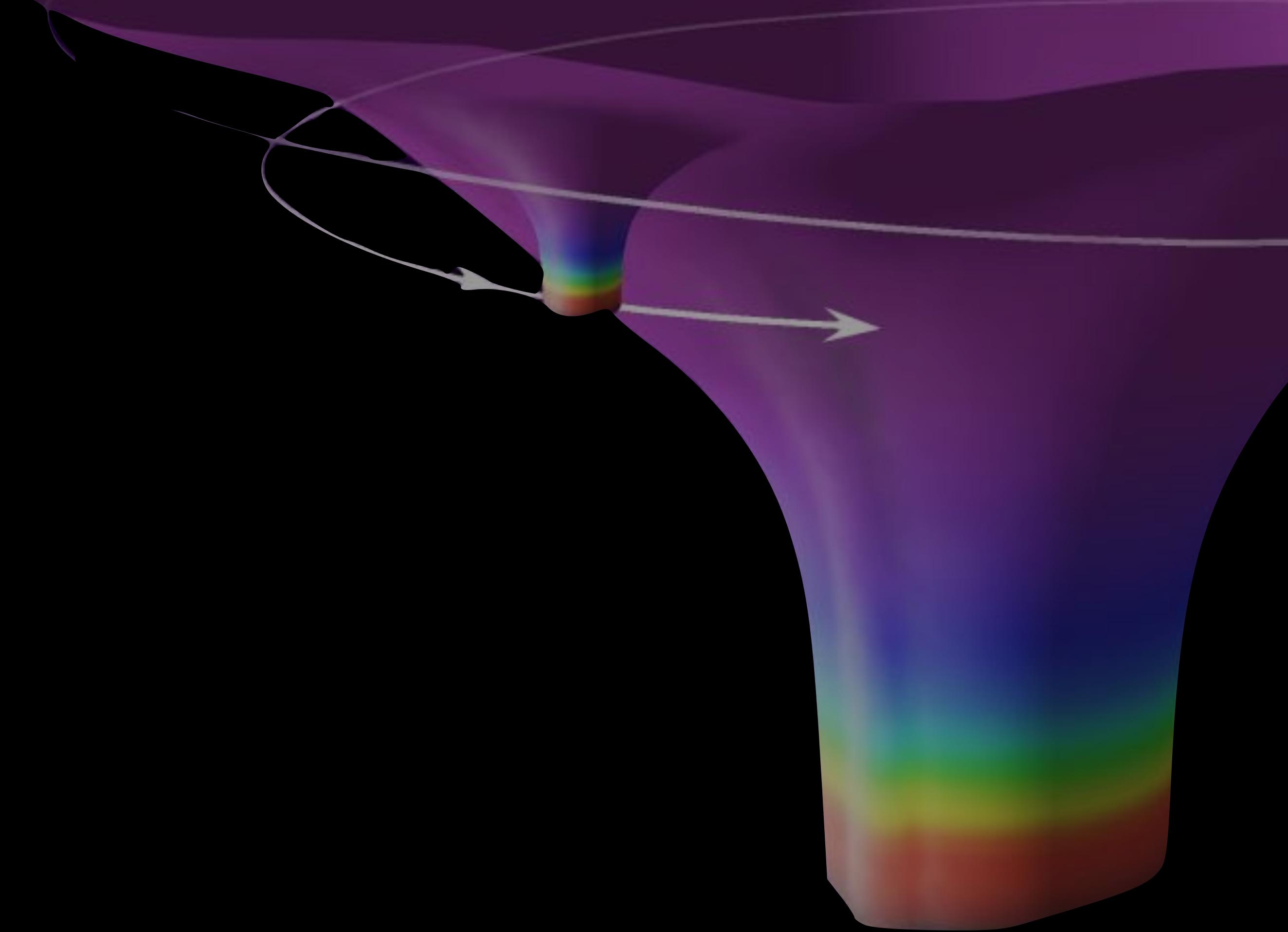
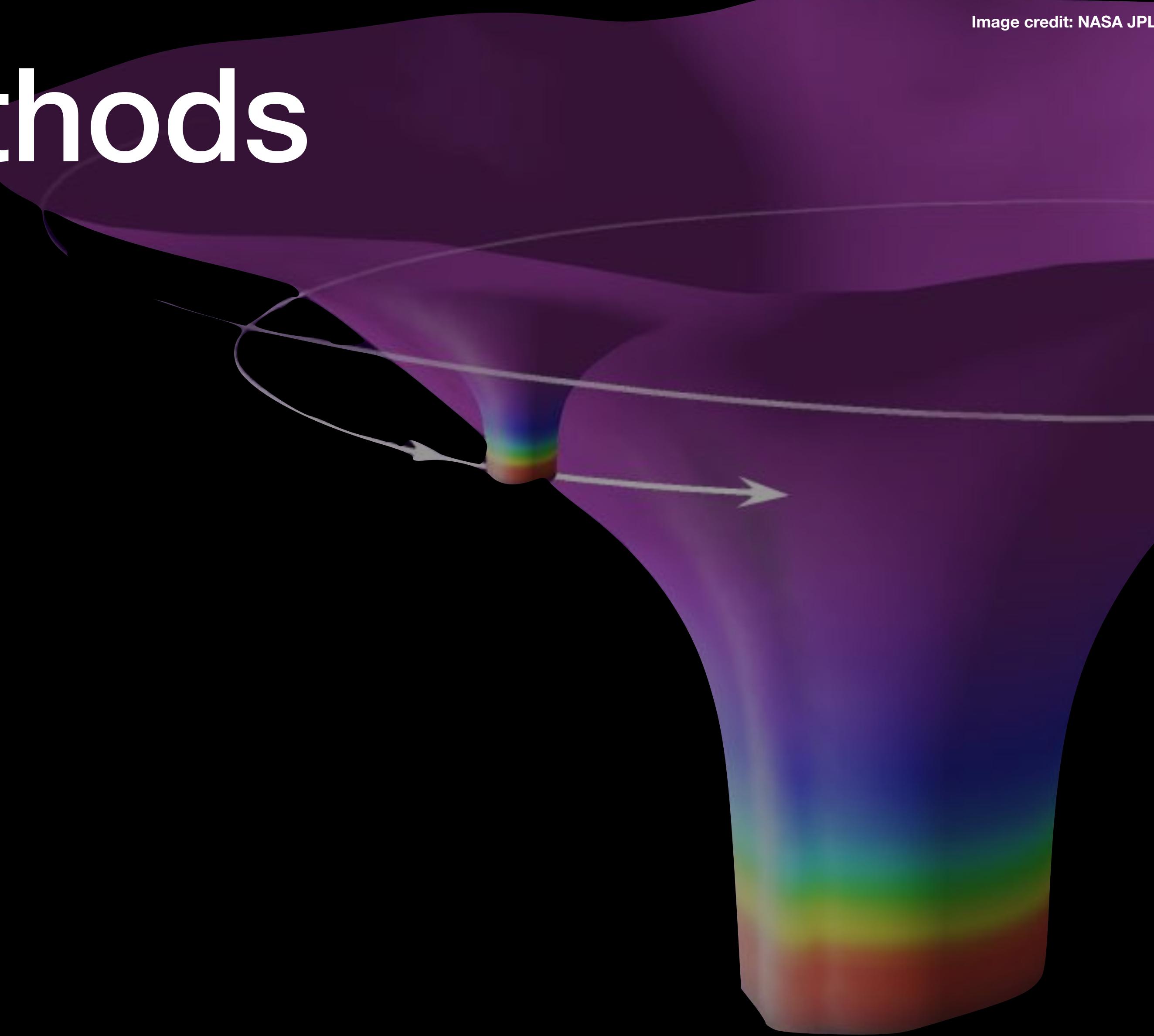




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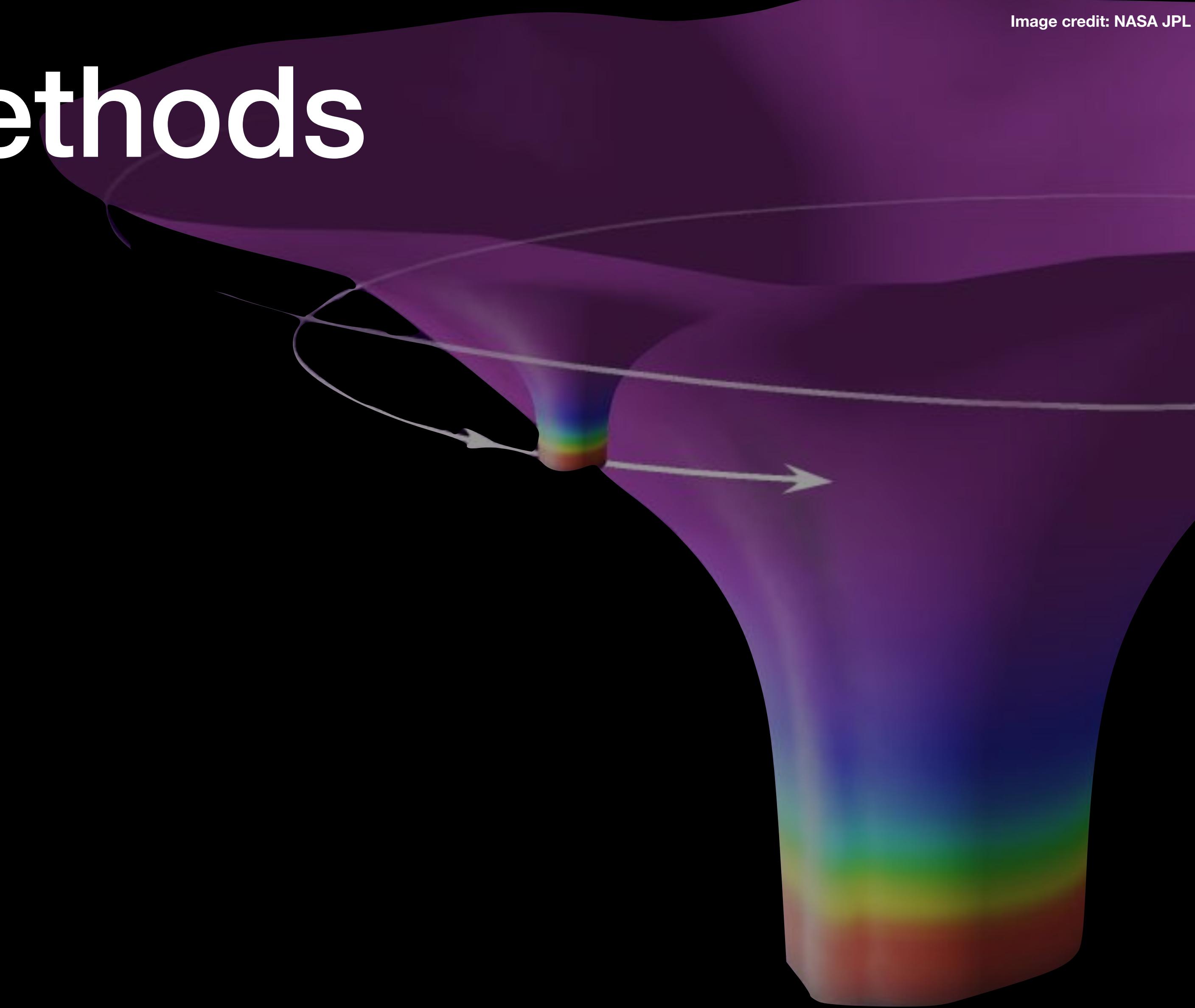
- Matched asymptotic expansions
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# Methods

- Matched asymptotic expansions
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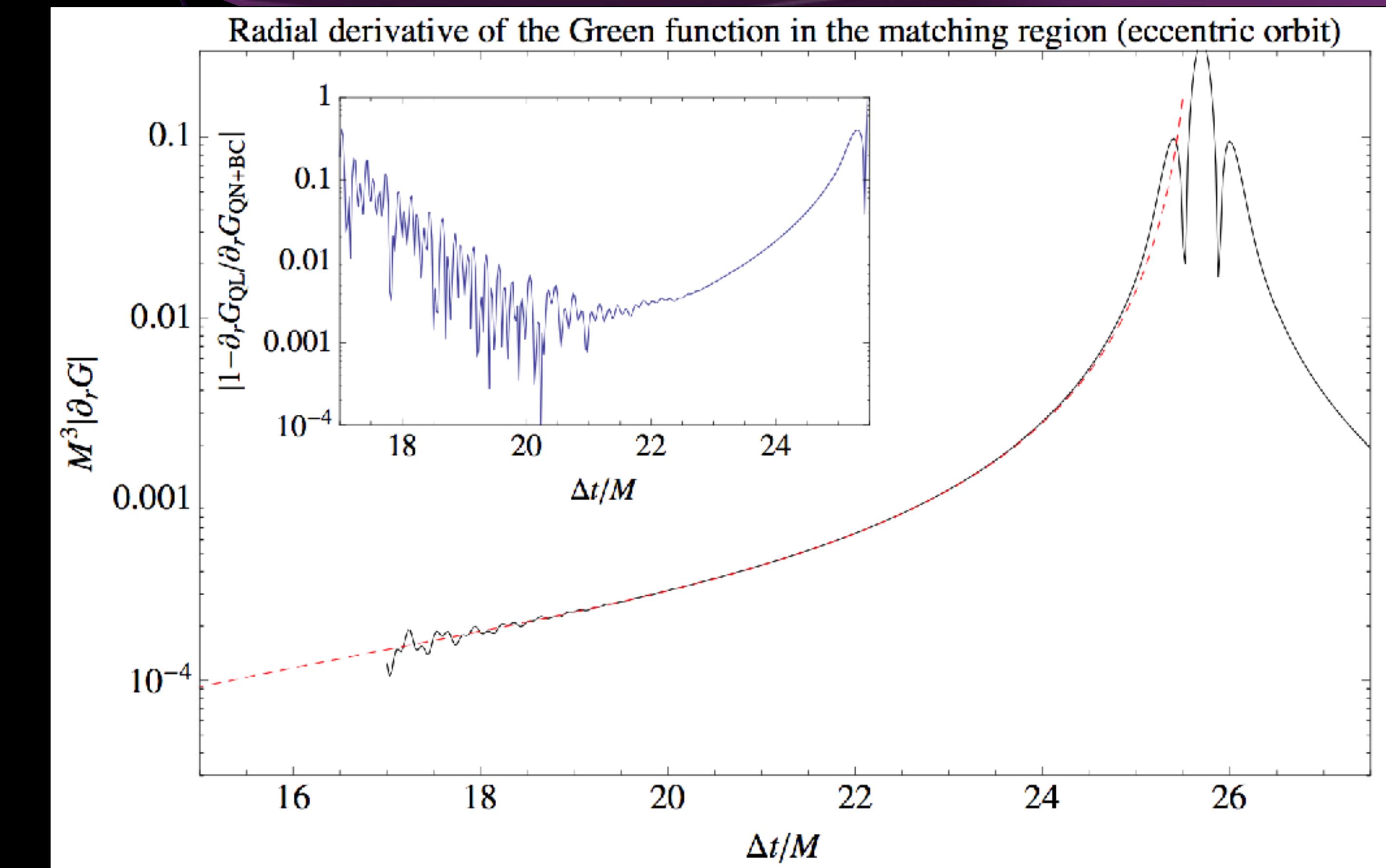




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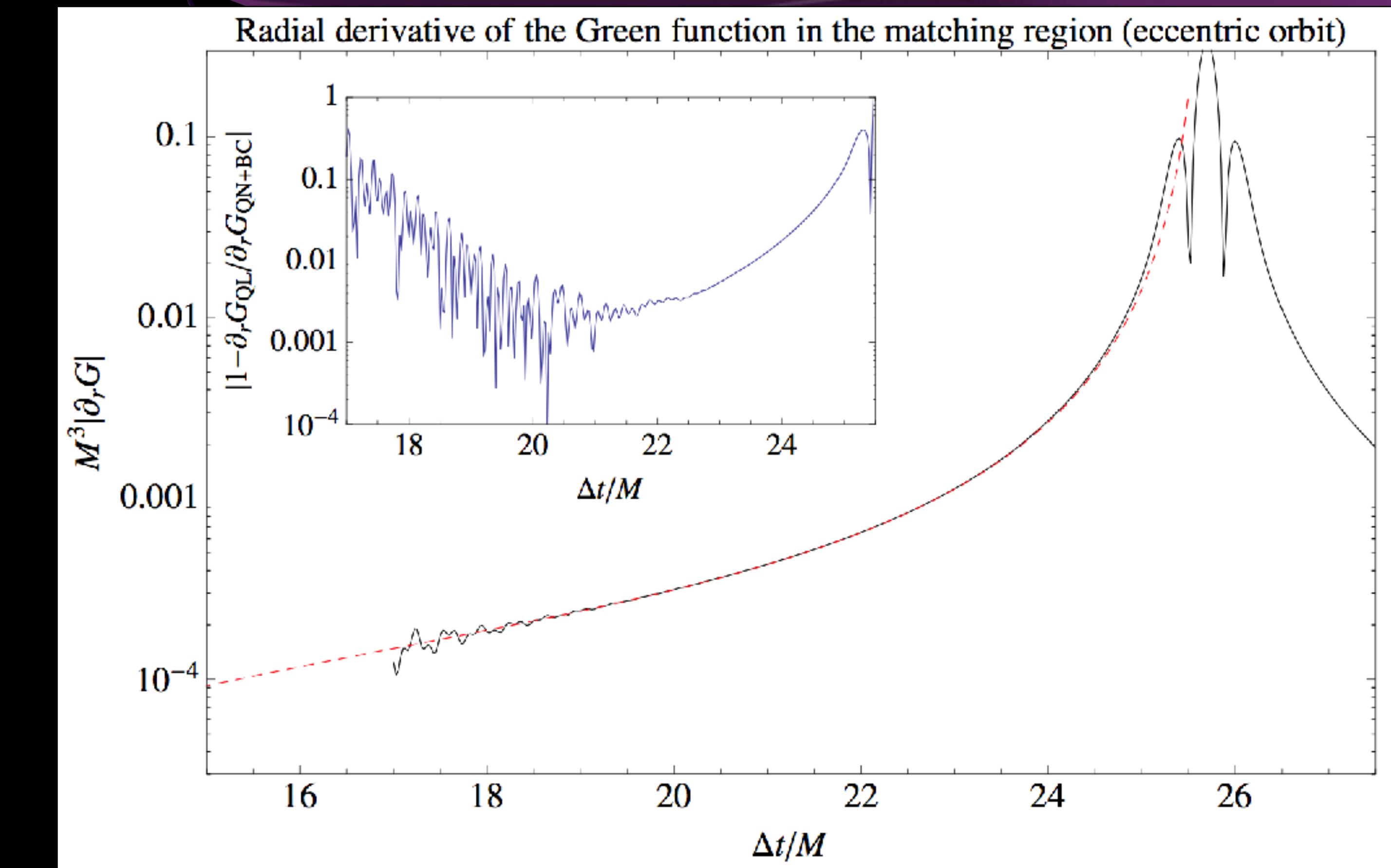


M. Casals, S. Dolan, A. Ottewill, B. Wardell, Phys. Rev. D 88, 044022 (2013)

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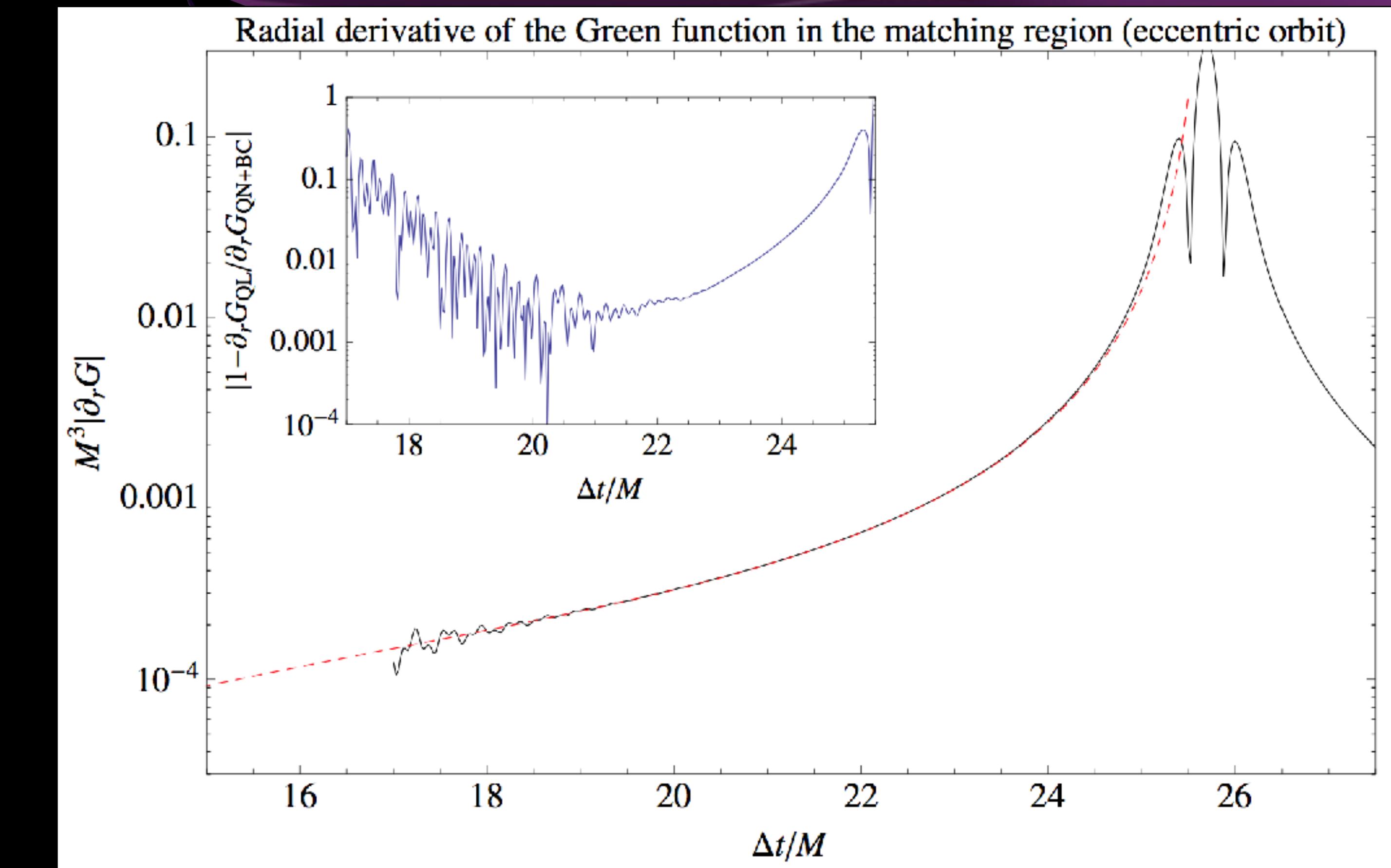


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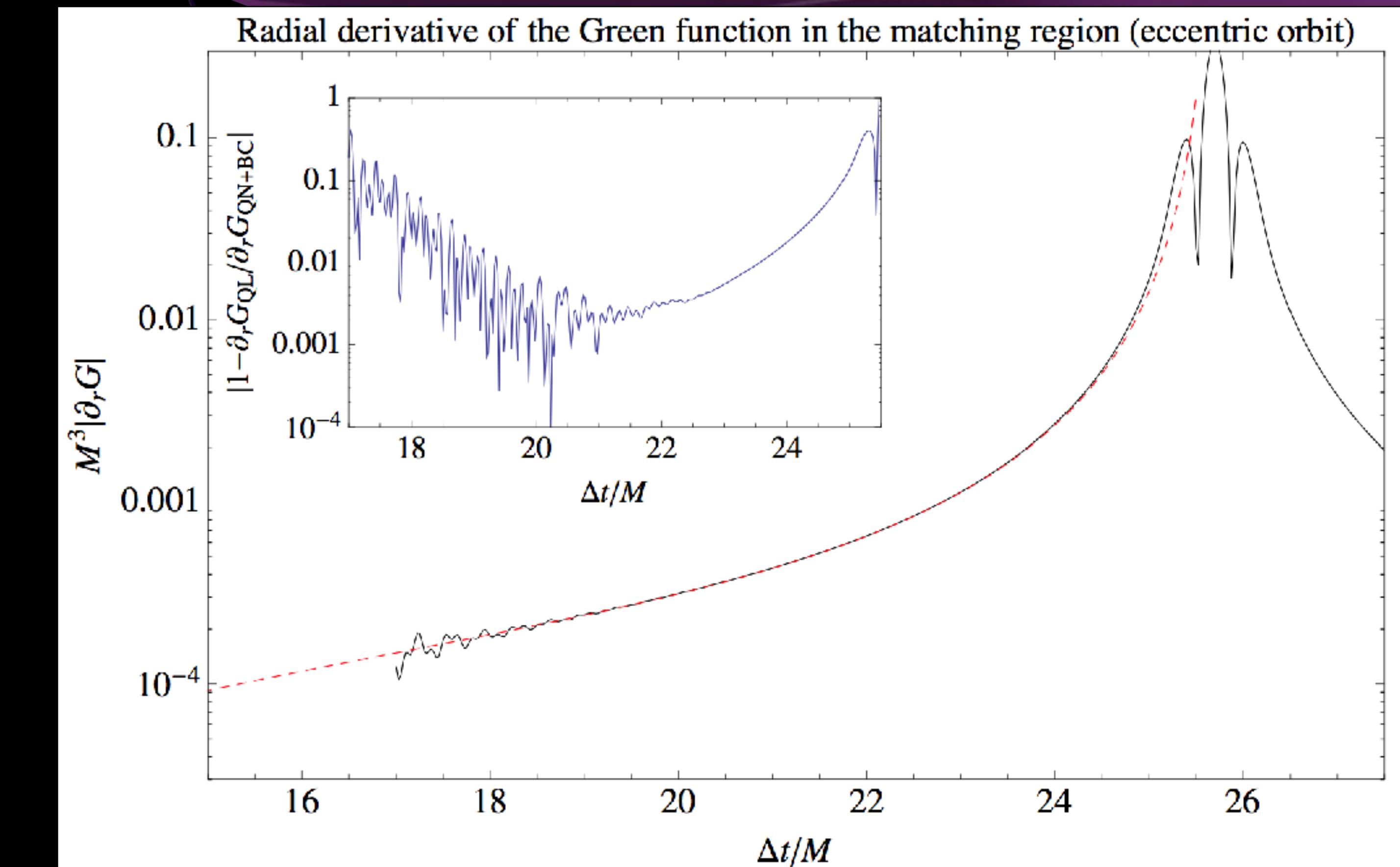
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**Schwarzschild  
Scalar**



M. Casals, S. Dolan, A. Ottewill, B. Wardell, Phys. Rev. D 88, 044022 (2013)



# Methods

Image credit: NASA JPL

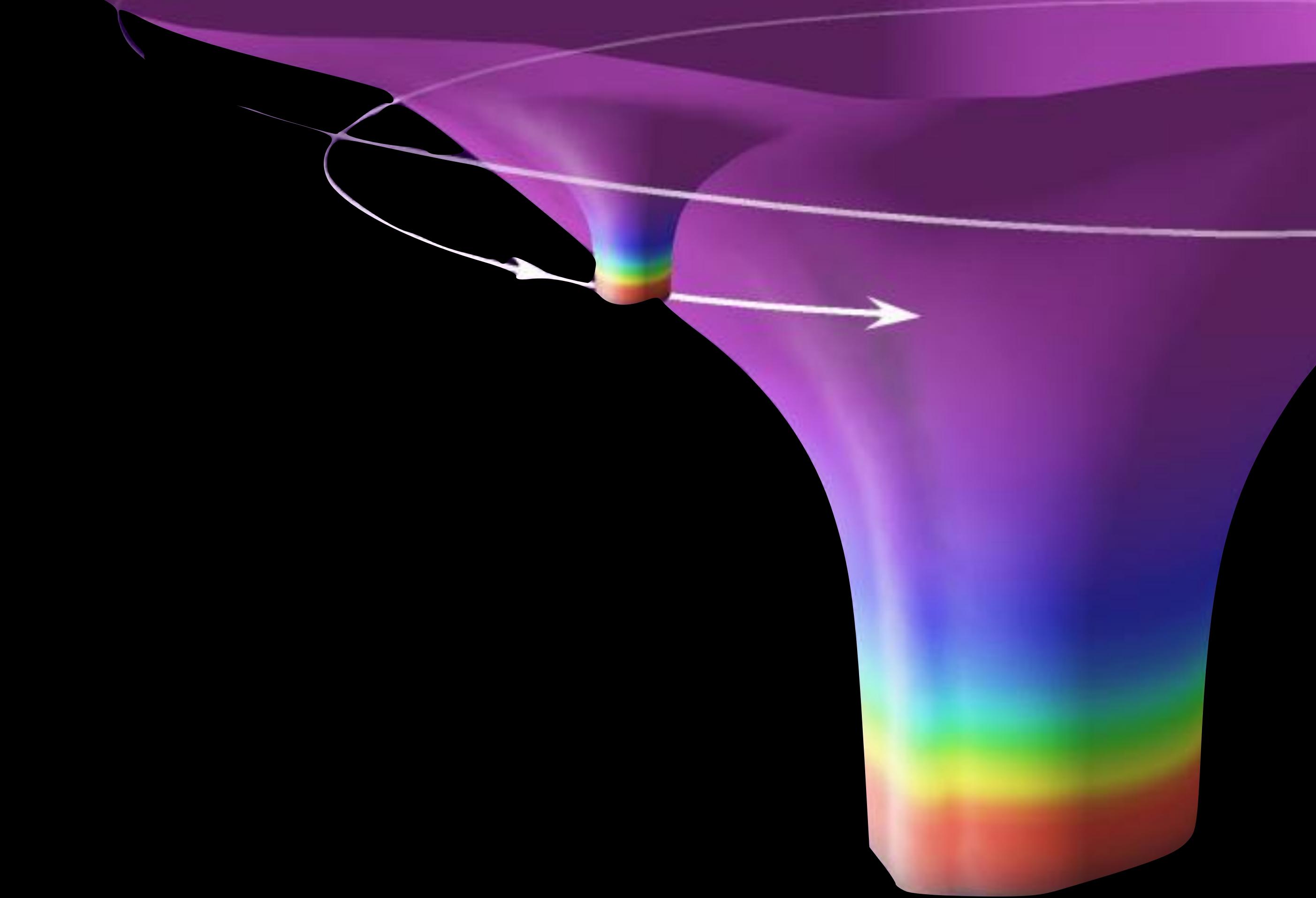




Image credit: NASA JPL

# Methods

- Mode-sum regularisation

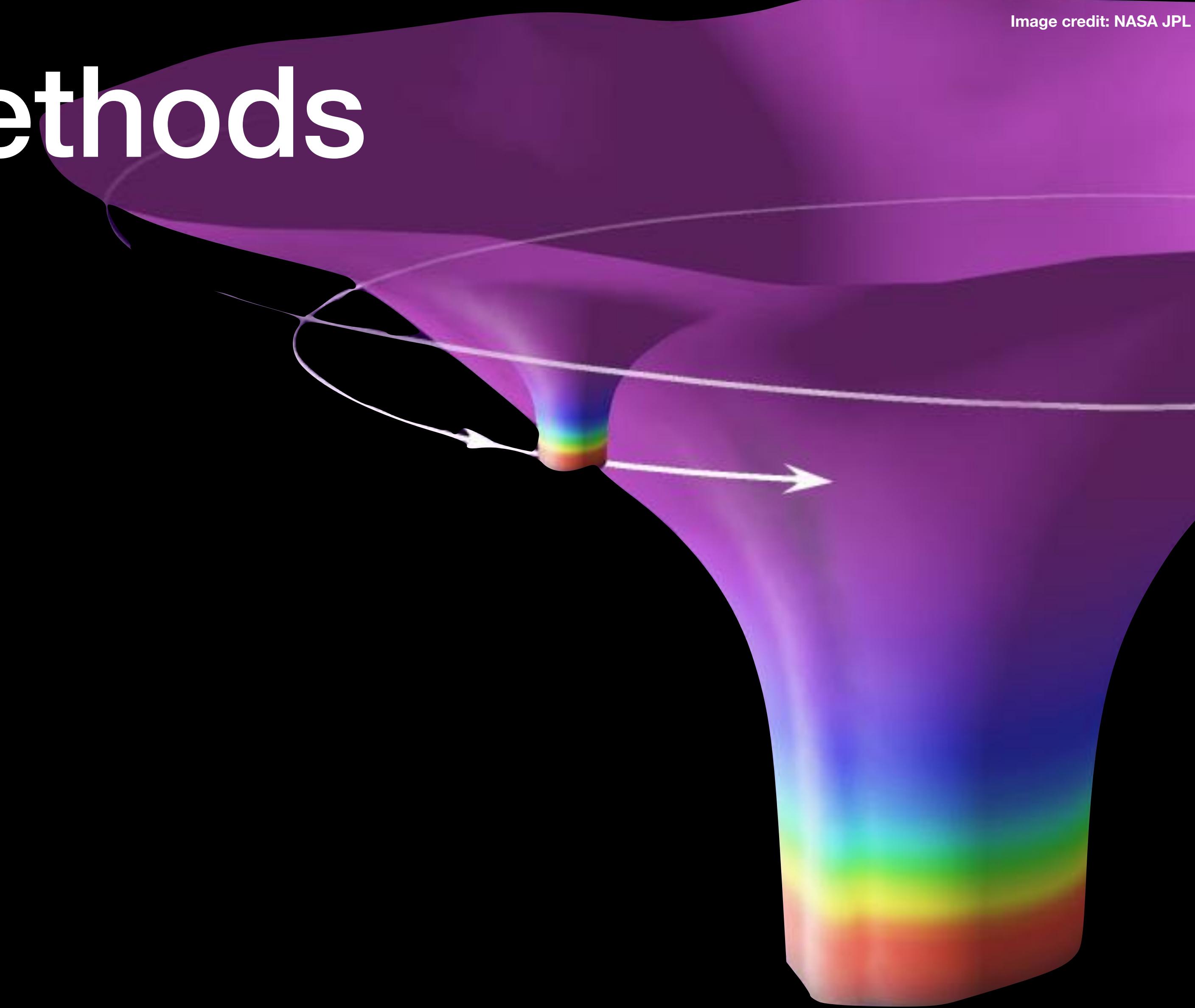
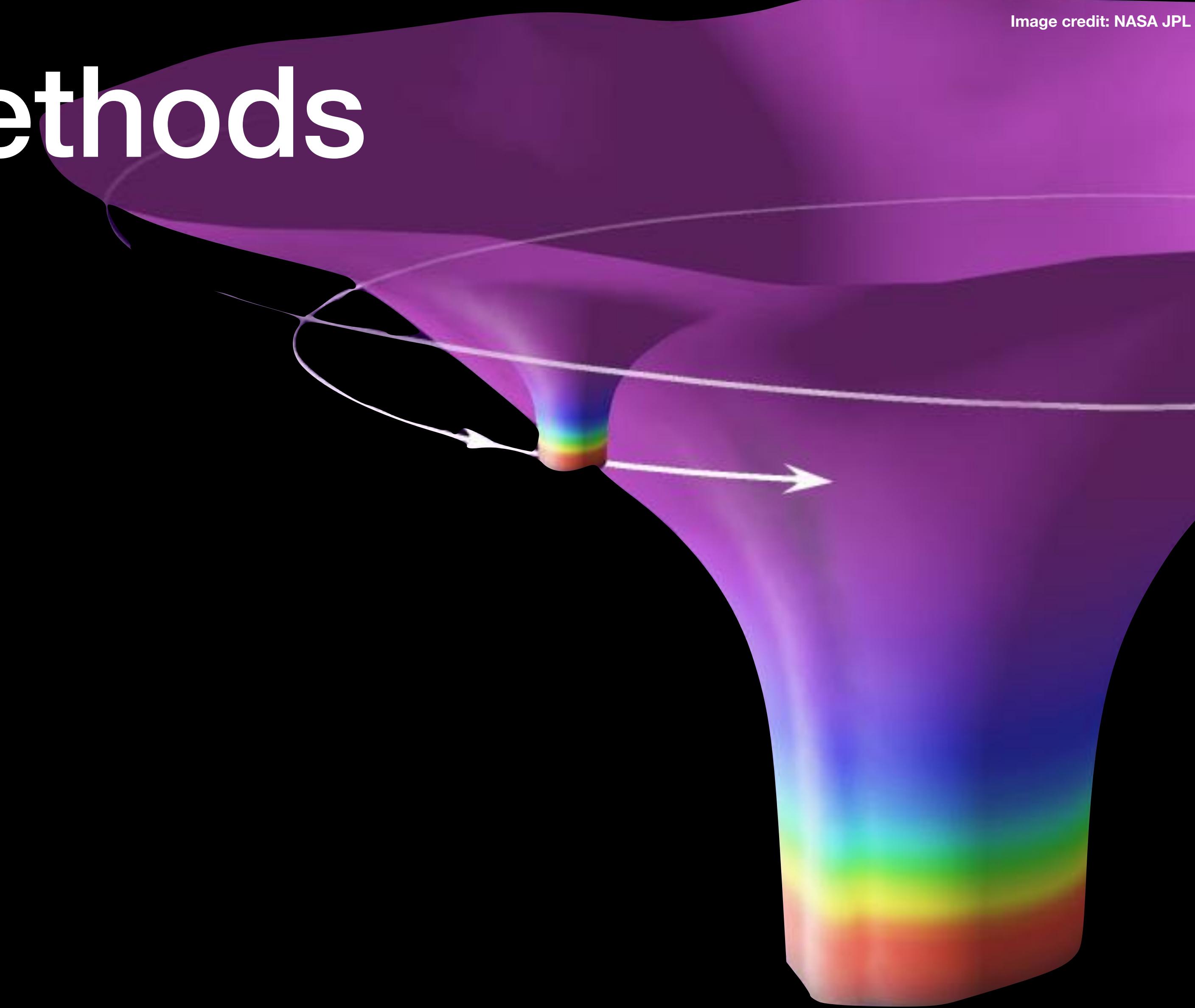




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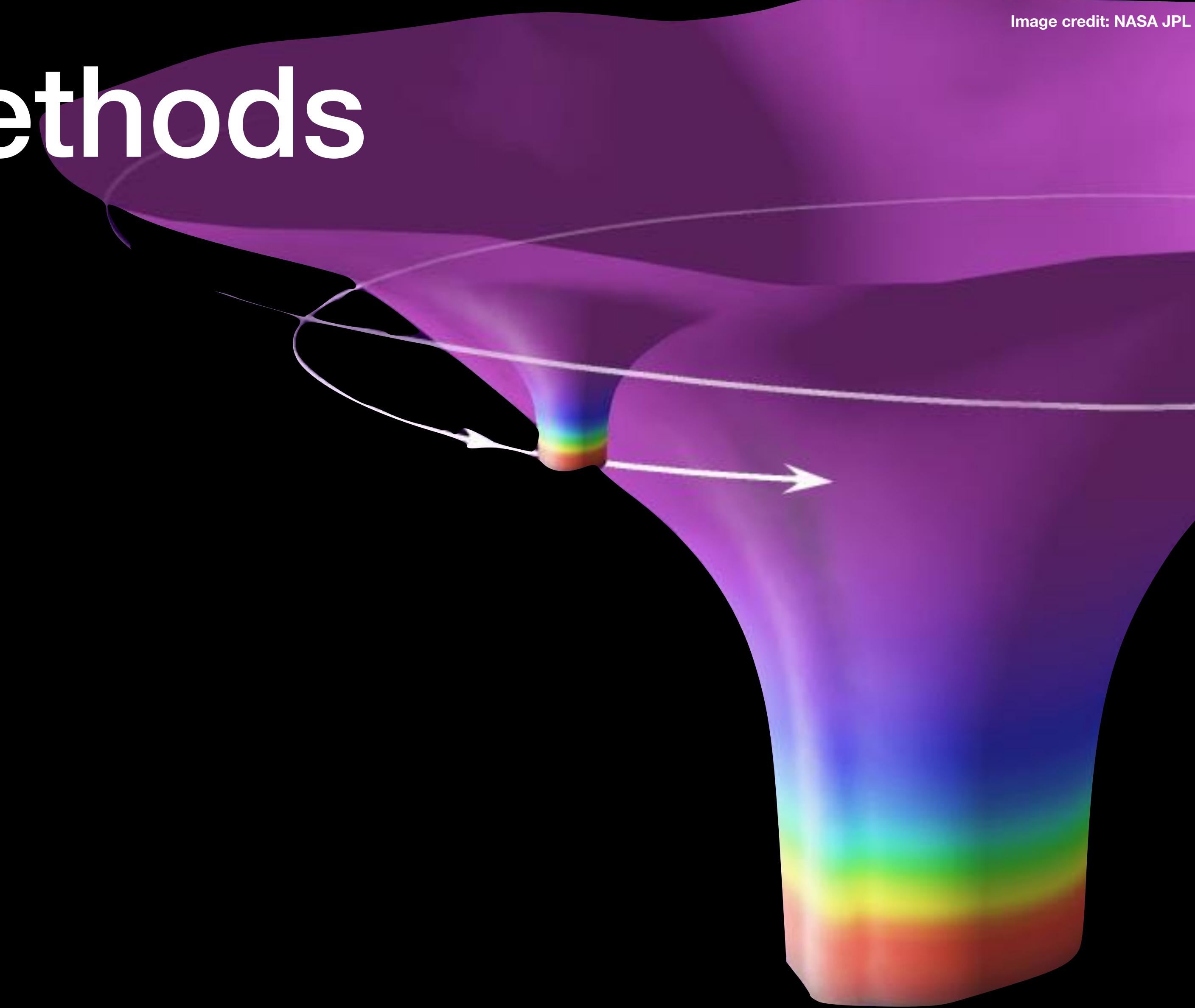
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# Methods

- Mode-sum regularisation
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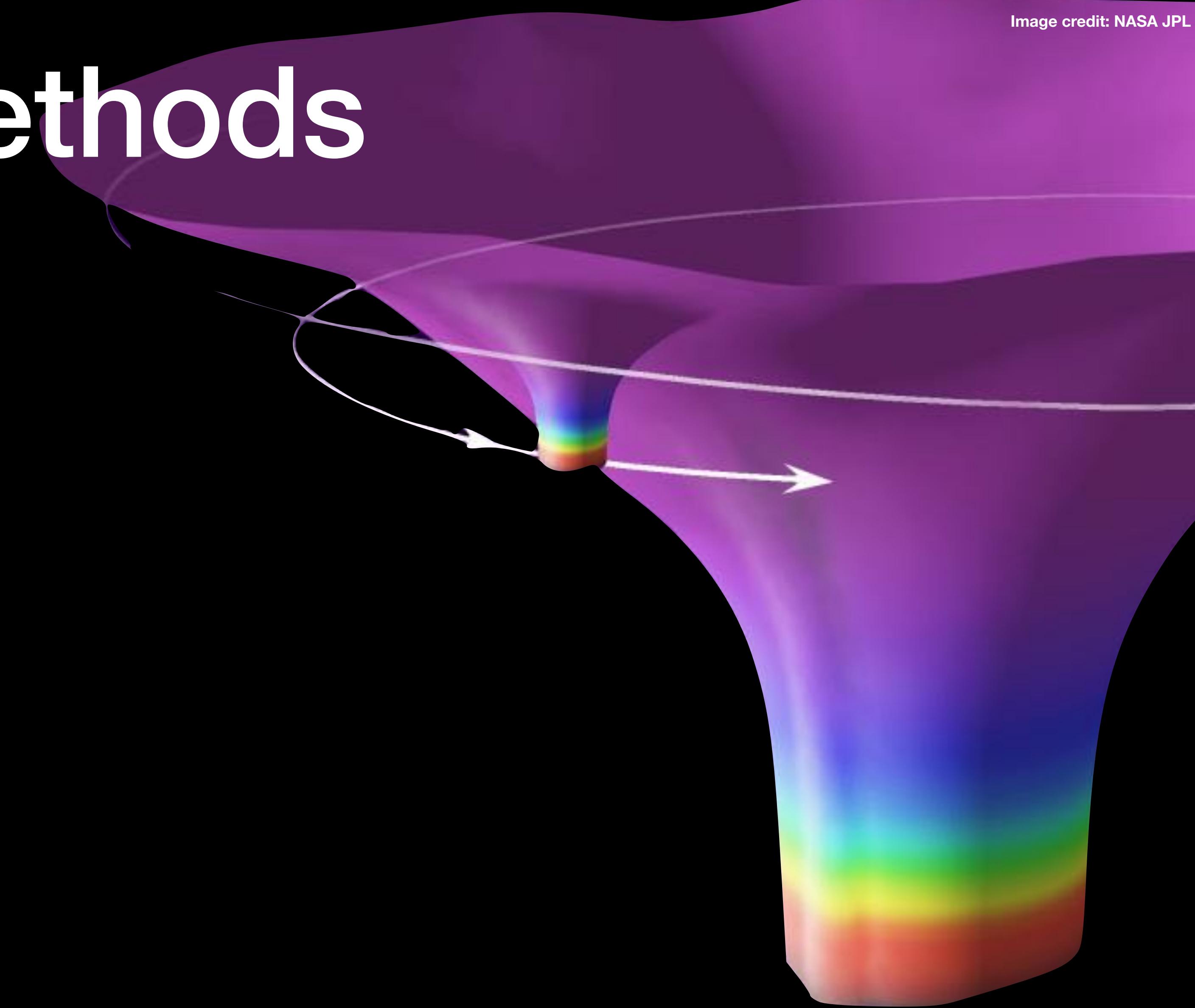


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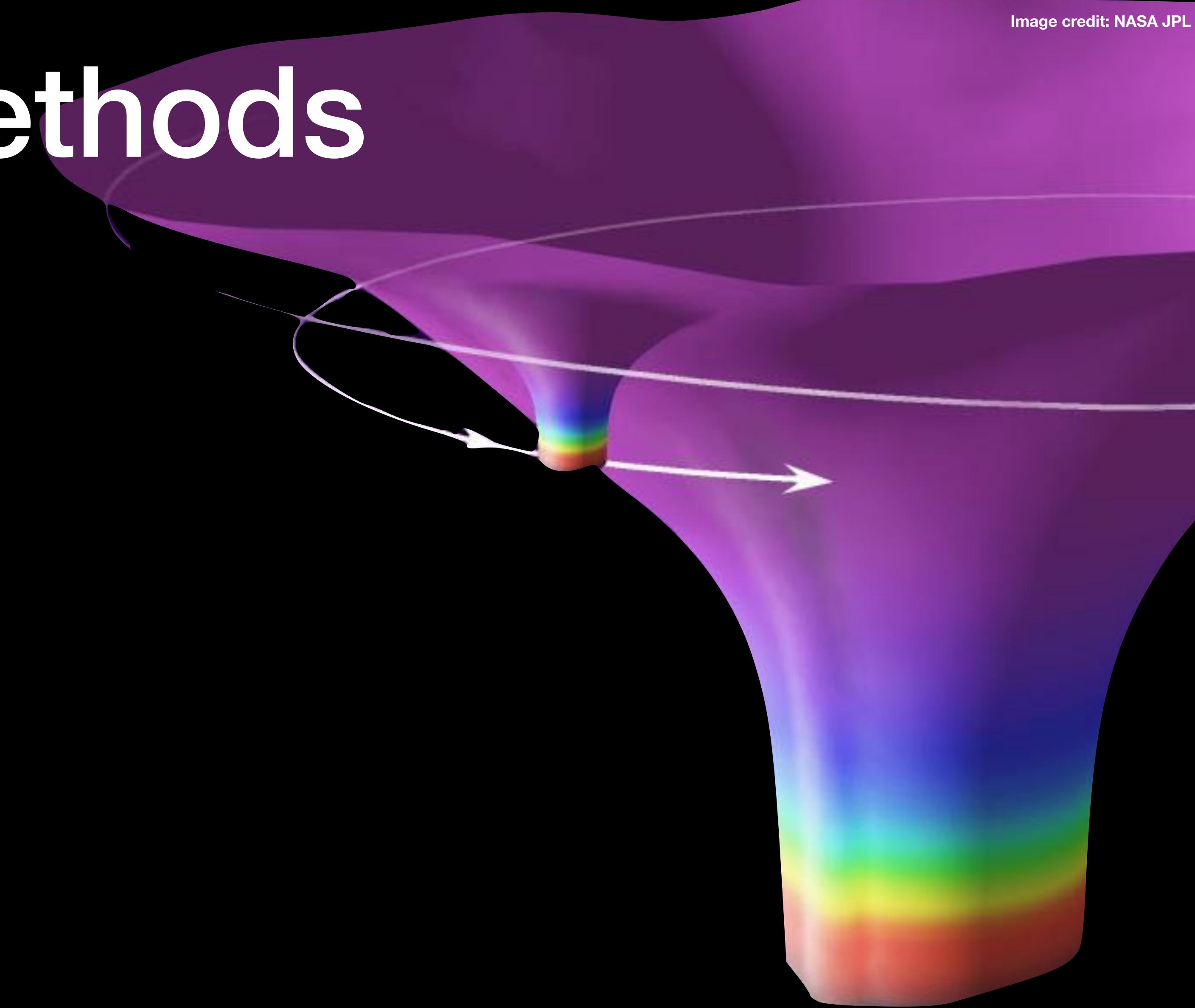
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- Expansions of the form,



# Methods

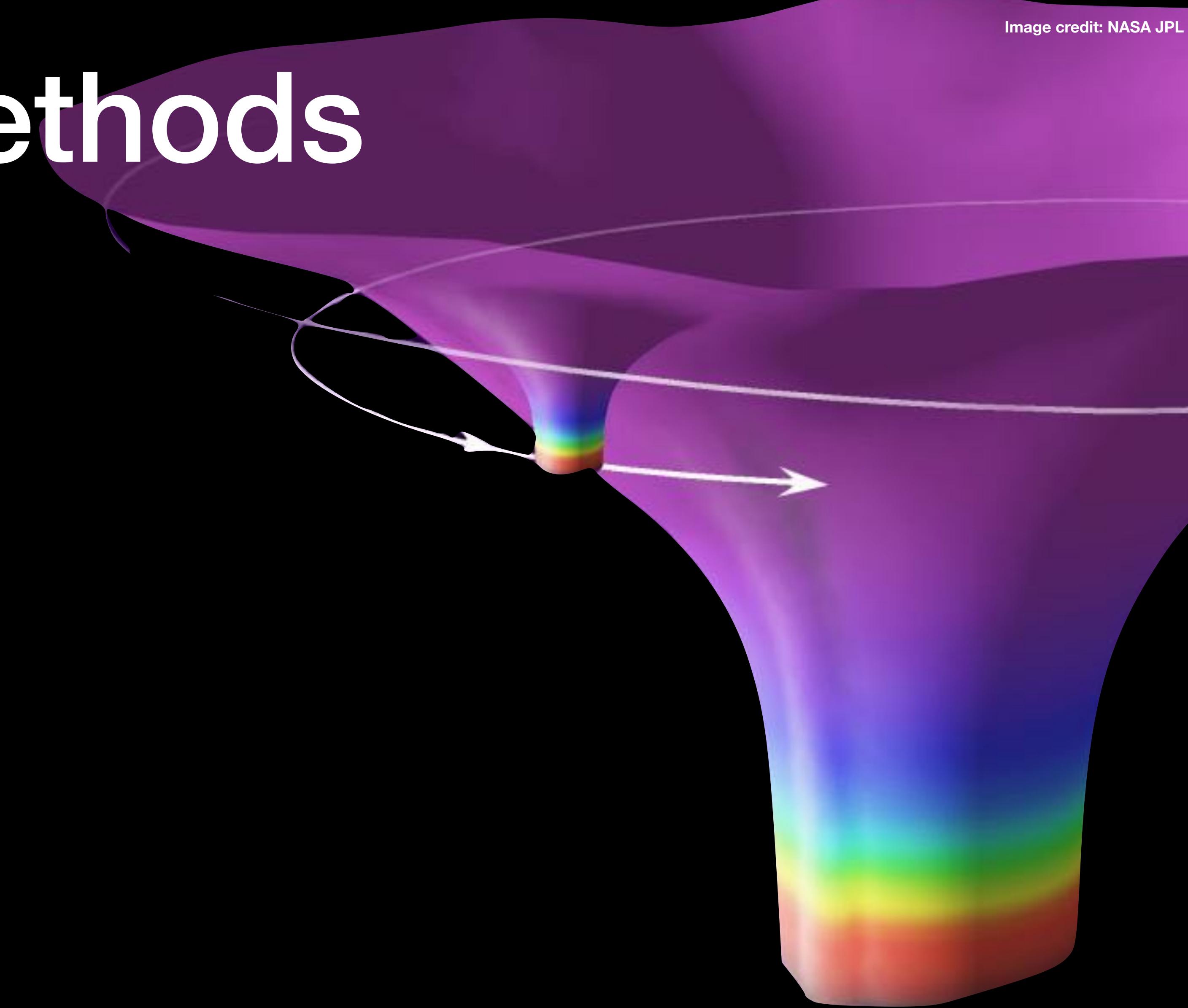
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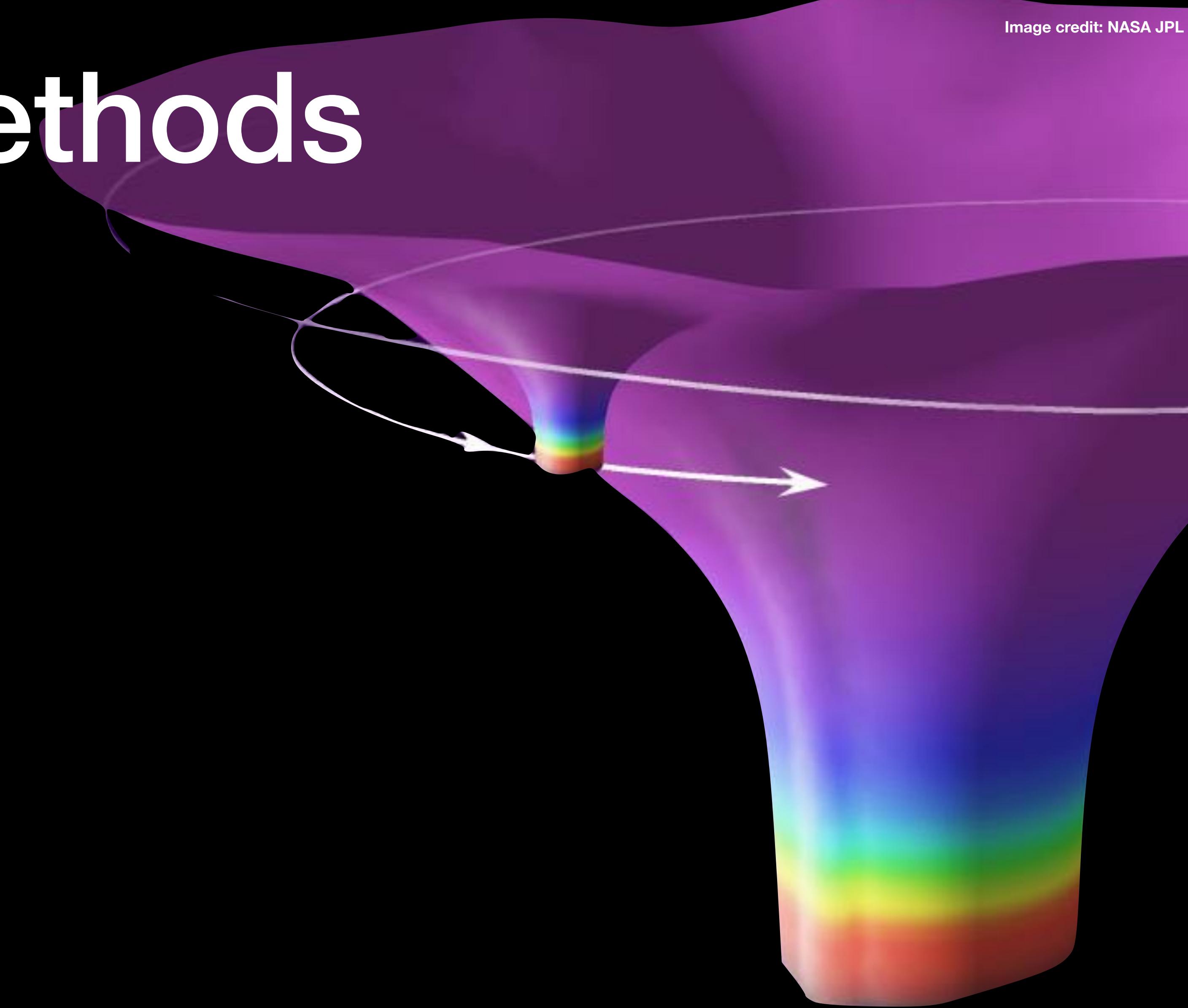
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→  $\ell^{-n}$  convergence





# Methods

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  - Barrack, Ori (2001)

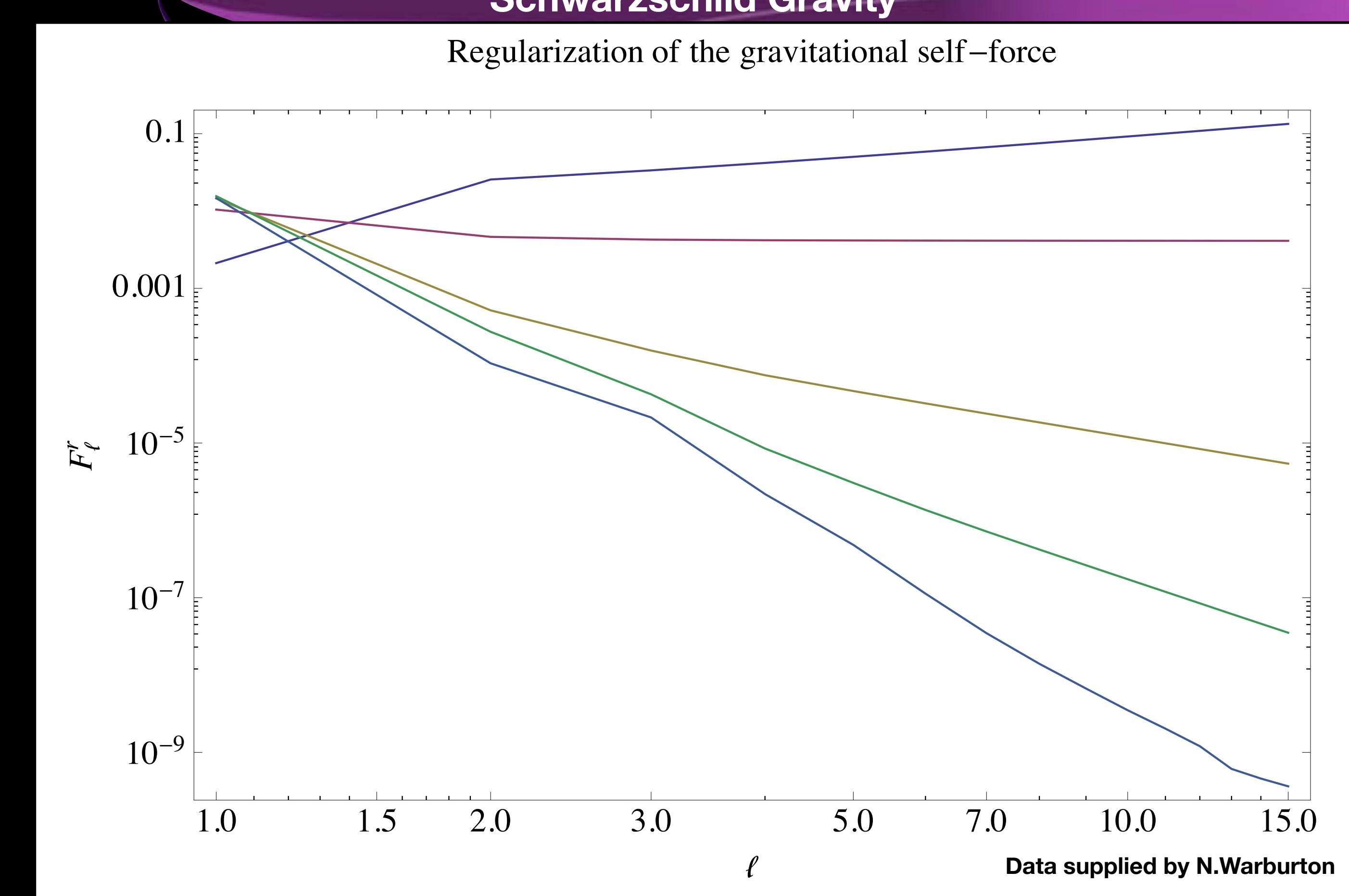
$$F_a(\bar{x}) = \sum_{\ell}^{\infty} \left( F_a^{\ell(ret)}(\bar{x}) - F_a^{\ell(S)}(\bar{x}) \right),$$

$$\begin{aligned} F_a^{\ell(ret)/(S)}(\bar{x}) &= \lim_{\Delta r \rightarrow 0} \frac{2\ell + 1}{4\pi} \\ &\times \int F_a^{(ret)/(S)}(\bar{r} + \Delta r, \bar{t}, \alpha, \beta) P_{\ell}(\cos \alpha) d\Omega \end{aligned}$$

- Expansions of the form,

$$F_a^{\ell(S)}(\bar{x}) = \tilde{F}_a^{\ell/(S)}(\bar{x}) + \mathcal{O}(\epsilon^{n+1})$$

→  $\ell^{-n}$  convergence



A.Heffernan, A.Ottewill, B.Wardell PRD82, 104023 (2012)



# Methods

- Mode-sum regularisation
  - Barrack, Ori (2001)

$$F_a(\bar{x}) = \sum_{\ell}^{\infty} \left( F_a^{\ell(ret)}(\bar{x}) - F_a^{\ell(S)}(\bar{x}) \right),$$

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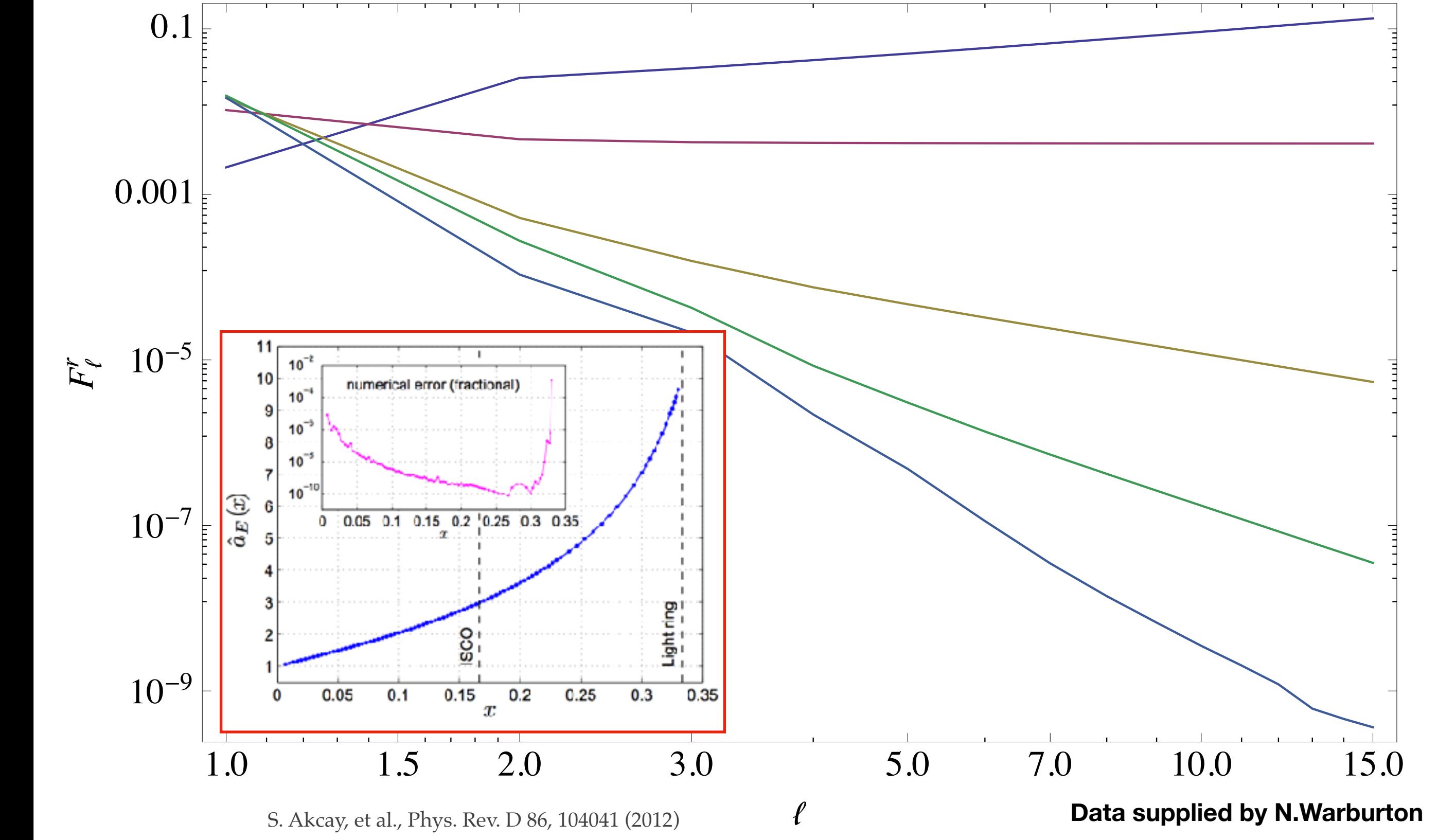
- Expansions of the form,

$$F_a^{\ell(S)}(\bar{x}) = \tilde{F}_a^{\ell/(S)}(\bar{x}) + \mathcal{O}(\epsilon^{n+1})$$

→  $\ell^{-n}$  convergence

## Schwarzschild Gravity

Regularization of the gravitational self-force



A.Heffernan, A.Ottewill, B.Wardell PRD82, 104023 (2012)



# Methods

- Mode-sum regularisation

- Barrack, Ori (2001)

$$F_a(\bar{x}) = \sum_{\ell}^{\infty} \left( F_a^{\ell(ret)}(\bar{x}) - F_a^{\ell(S)}(\bar{x}) \right),$$

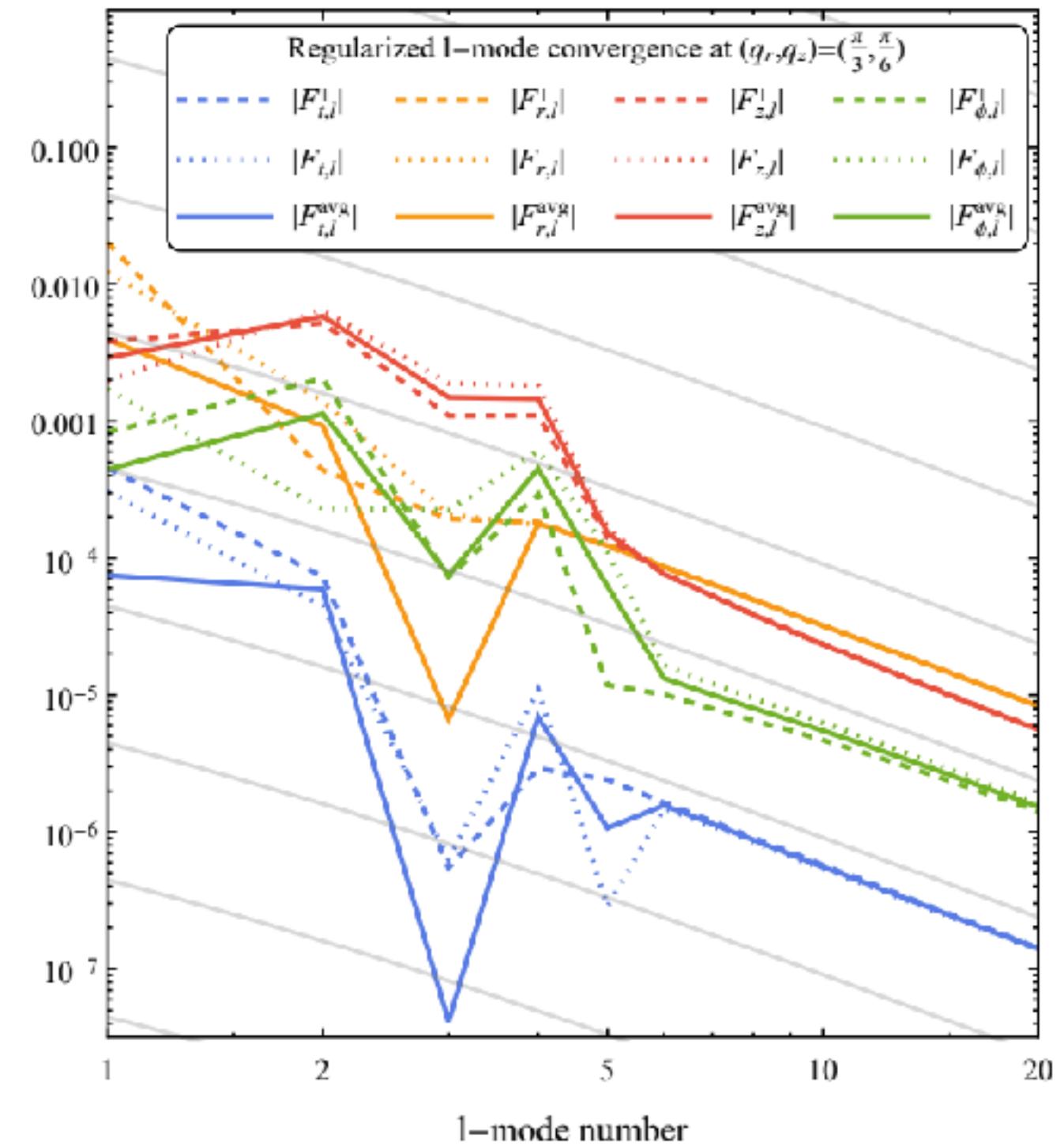
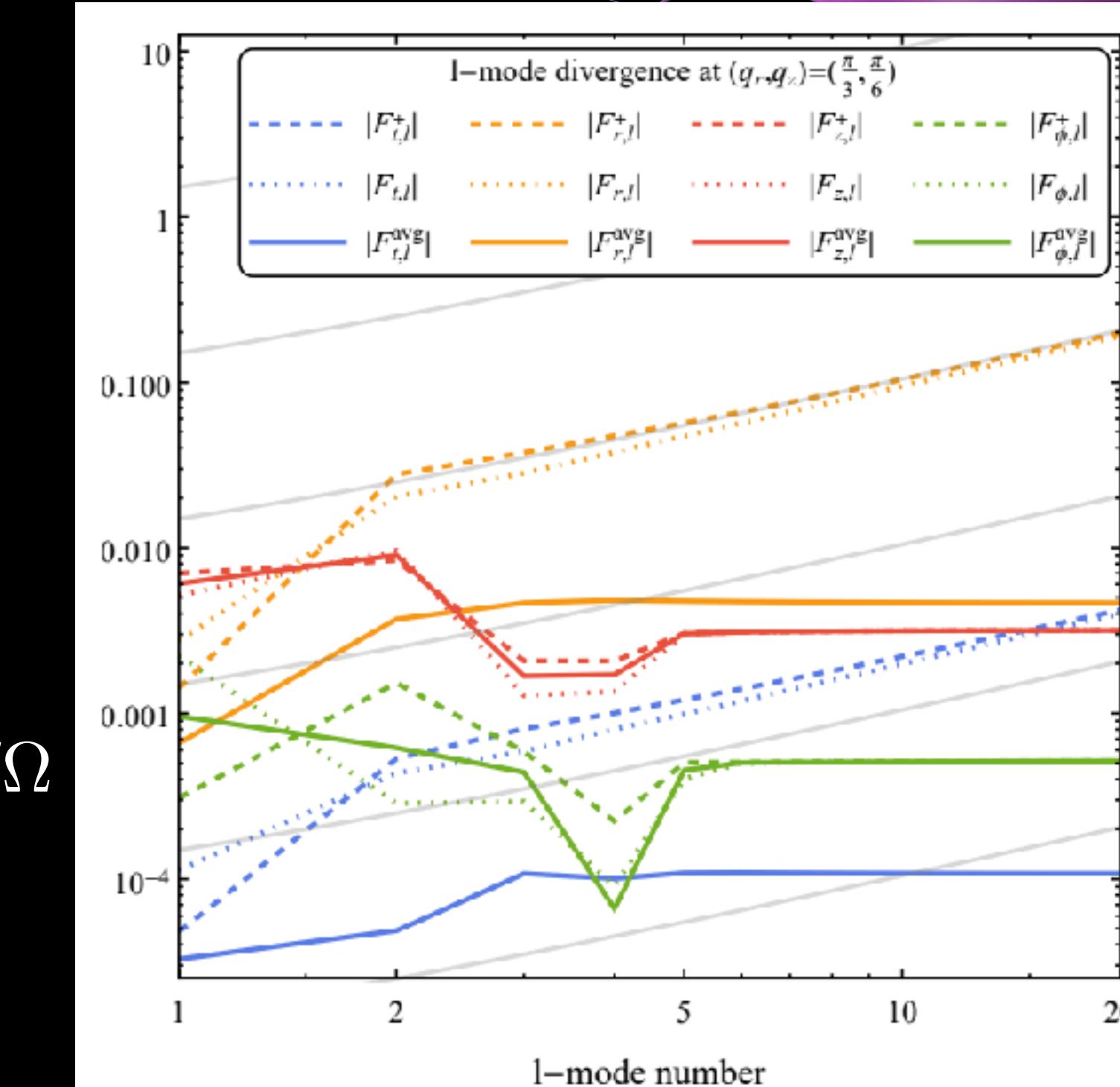
$$F_a^{\ell(ret)/(S)}(\bar{x}) = \lim_{\Delta r \rightarrow 0} \frac{2\ell + 1}{4\pi} \times \int F_a^{(ret)/(S)}(\bar{r} + \Delta r, \bar{t}, \alpha, \beta) P_{\ell}(\cos \alpha) d\Omega$$

- Expansions of the form,

$$F_a^{\ell(S)}(\bar{x}) = \tilde{F}_a^{\ell/(S)}(\bar{x}) + \mathcal{O}(\epsilon^{n+1})$$

→  $\ell^{-n}$  convergence

## Kerr Gravity Inclined Eccentric



Maarten van de Meent, arXiv:1711.09607



# Methods

- Mode-sum regularisation

- Barrack, Ori (2001)

$$F_a(\bar{x}) = \sum_{\ell}^{\infty} \left( F_a^{\ell(ret)}(\bar{x}) - F_a^{\ell(S)}(\bar{x}) \right),$$

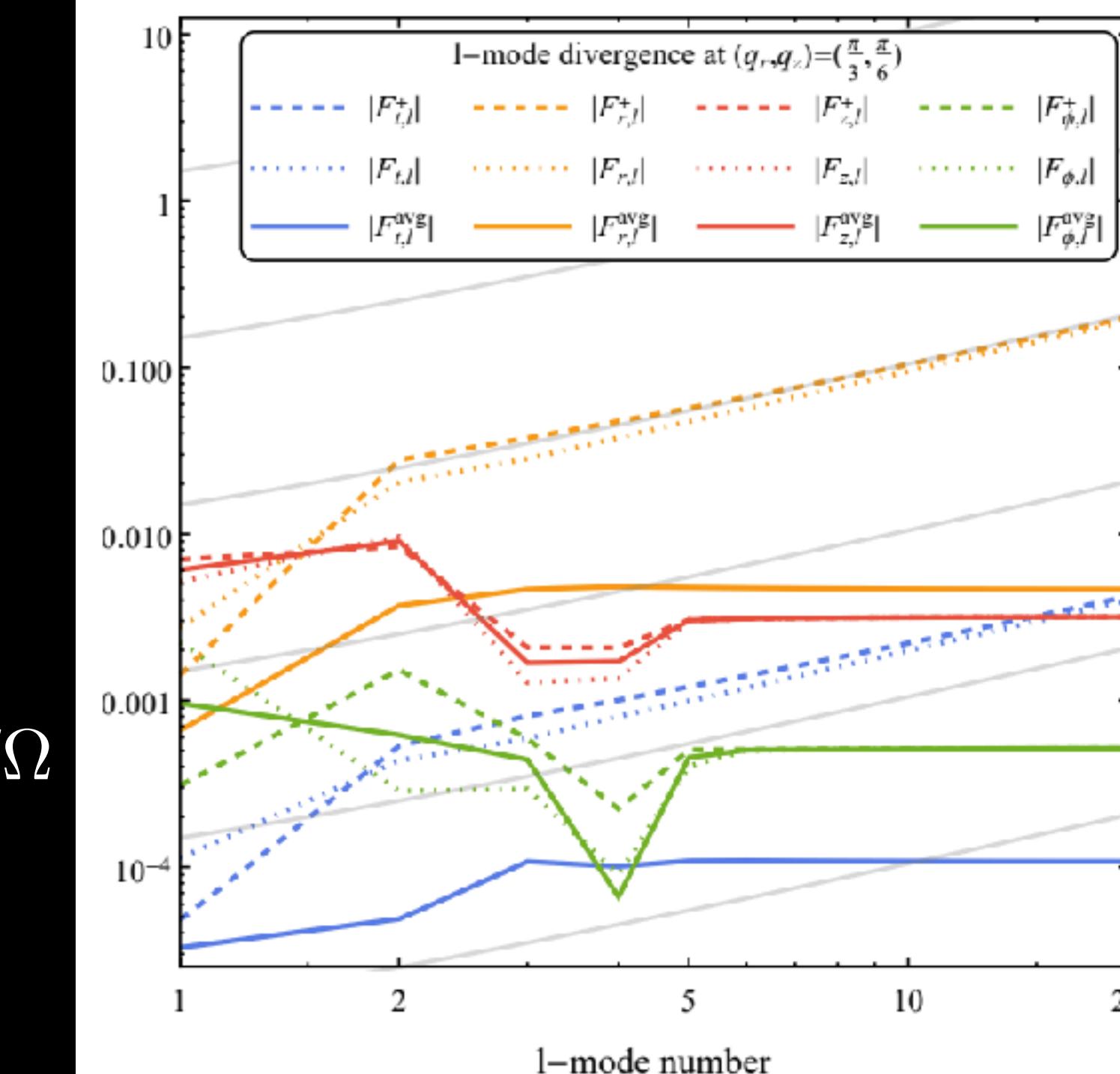
$$F_a^{\ell(ret)/(S)}(\bar{x}) = \lim_{\Delta r \rightarrow 0} \frac{2\ell + 1}{4\pi} \times \int F_a^{(ret)/(S)}(\bar{r} + \Delta r, \bar{t}, \alpha, \beta) P_{\ell}(\cos \alpha) d\Omega$$

- Expansions of the form,

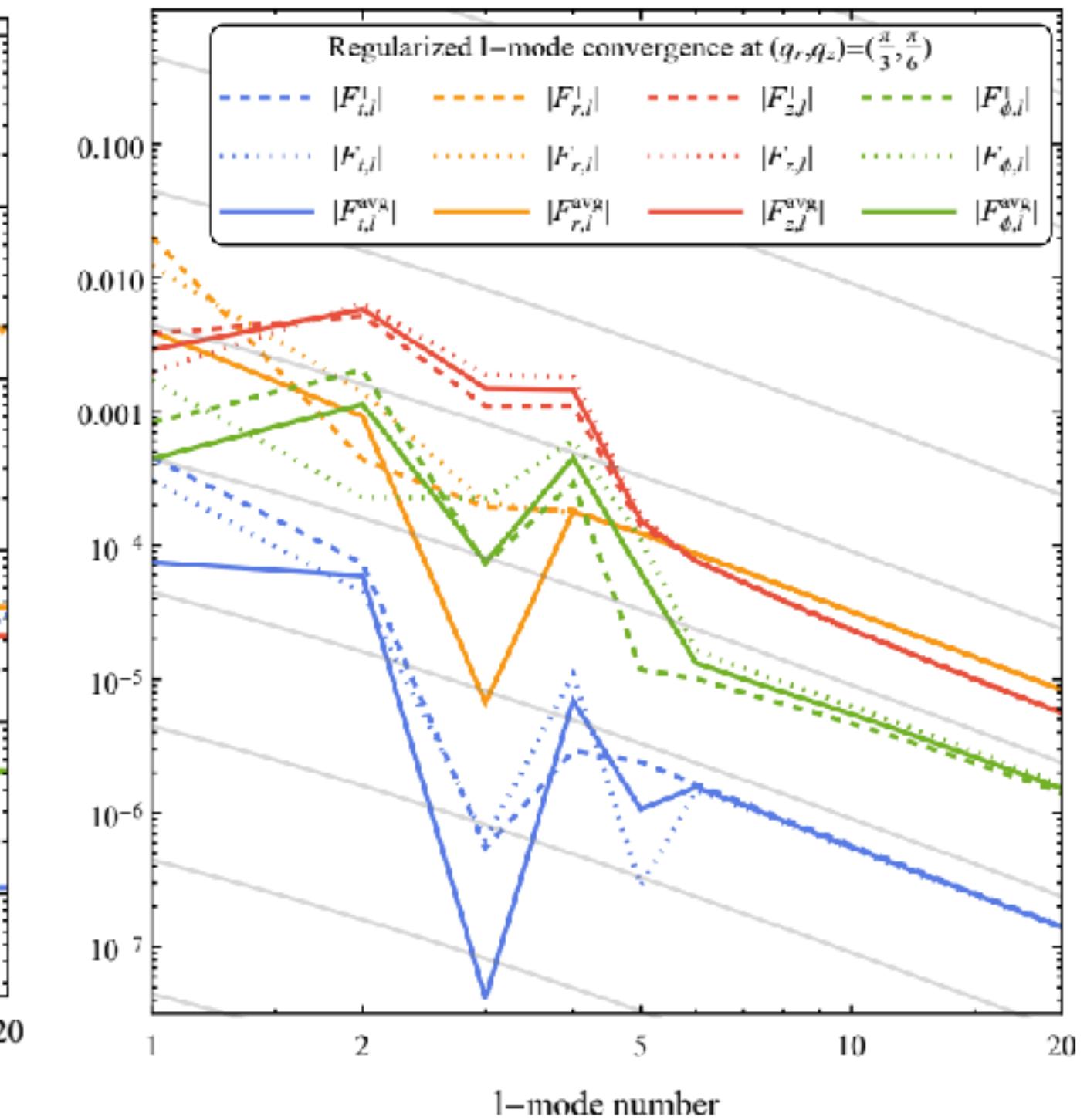
$$F_a^{\ell(S)}(\bar{x}) = \tilde{F}_a^{\ell/(S)}(\bar{x}) + \mathcal{O}(\epsilon^{n+1})$$

→  $\ell^{-n}$  convergence

**Kerr Gravity  
Inclined Eccentric**



Maarten van de Meent, arXiv:1711.09607





# Methods

Image credit: NASA JPL

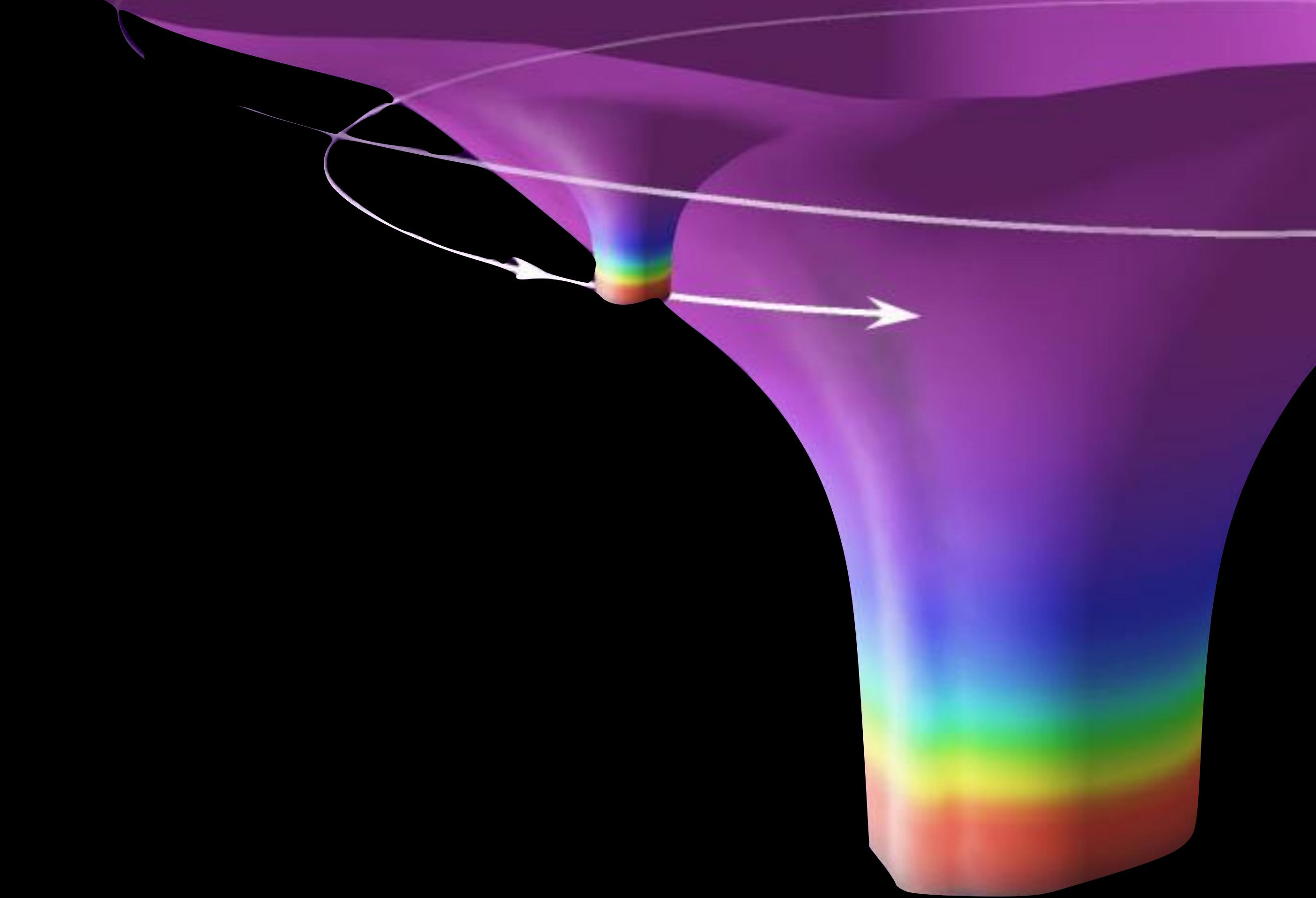




Image credit: NASA JPL

# Methods

- Effective source

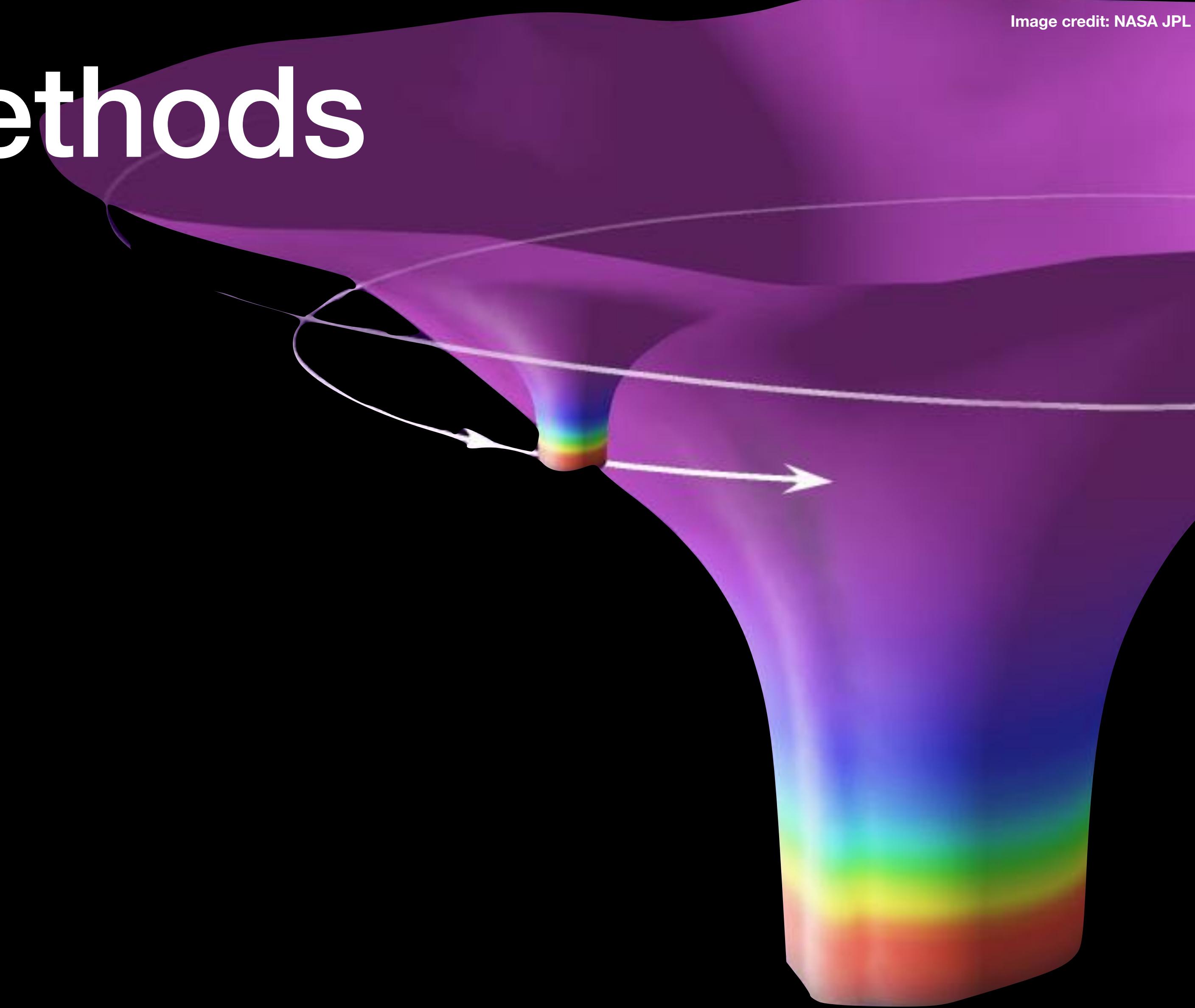




Image credit: NASA JPL

# Methods

- Effective source
  - Vega, Detweiler & Goldburn, Barrack (2007)

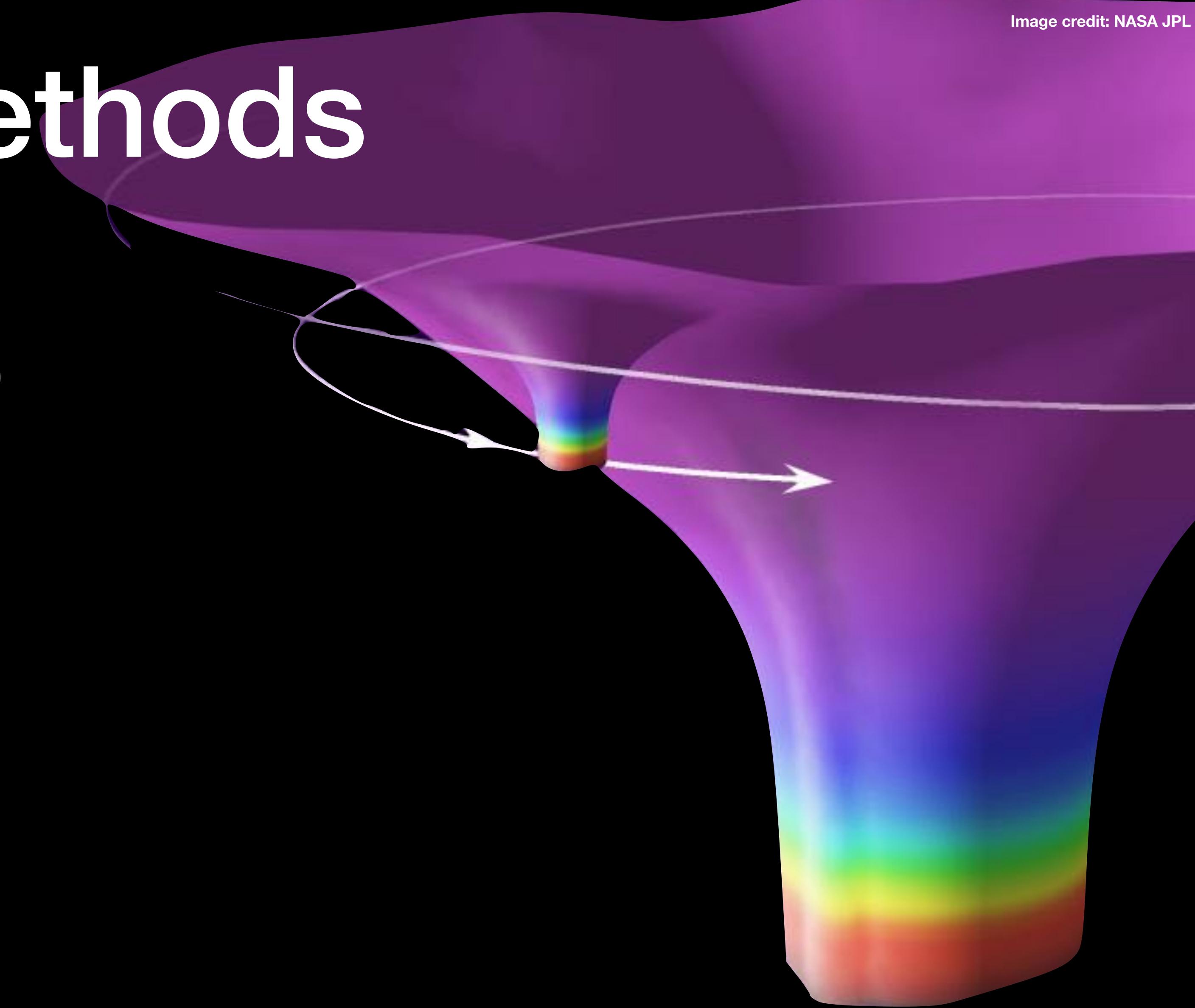




Image credit: NASA JPL

# Methods

- Effective source
  - Vega, Detweiler & Goldburn, Barrack (2007)

$$\Psi_{(ret)}^A = \tilde{\Psi}_{(S)}^A + \tilde{\Psi}_{(R)}^A$$

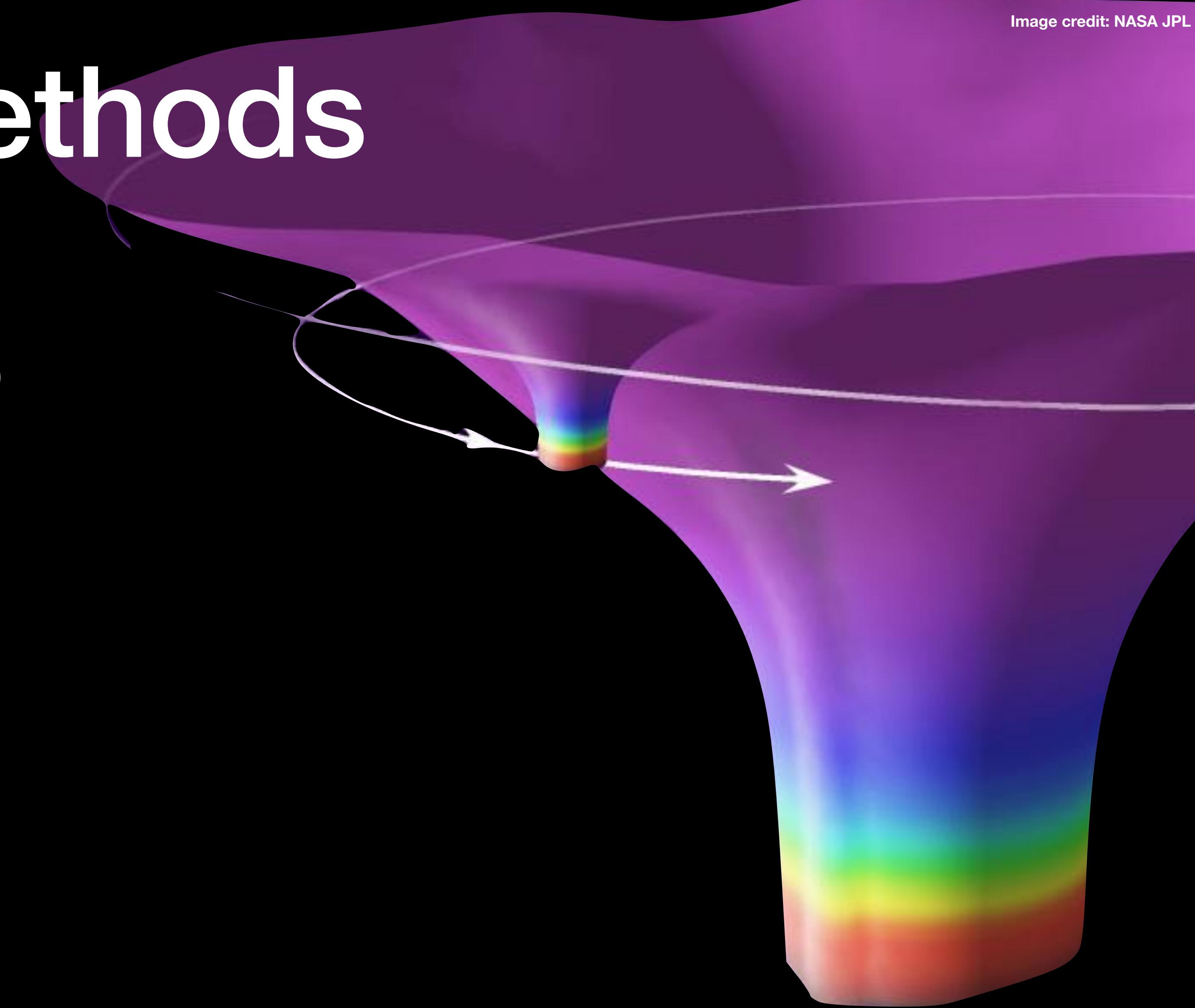




Image credit: NASA JPL

# Methods

- Effective source
  - Vega, Detweiler & Goldburn, Barrack (2007)

$$\Psi_{(ret)}^A = \tilde{\Psi}_{(S)}^A + \tilde{\Psi}_{(R)}^A$$
$$(\delta^A{}_B \square - P^A{}_B) \Psi^B{}_R = S_{eff}^A,$$

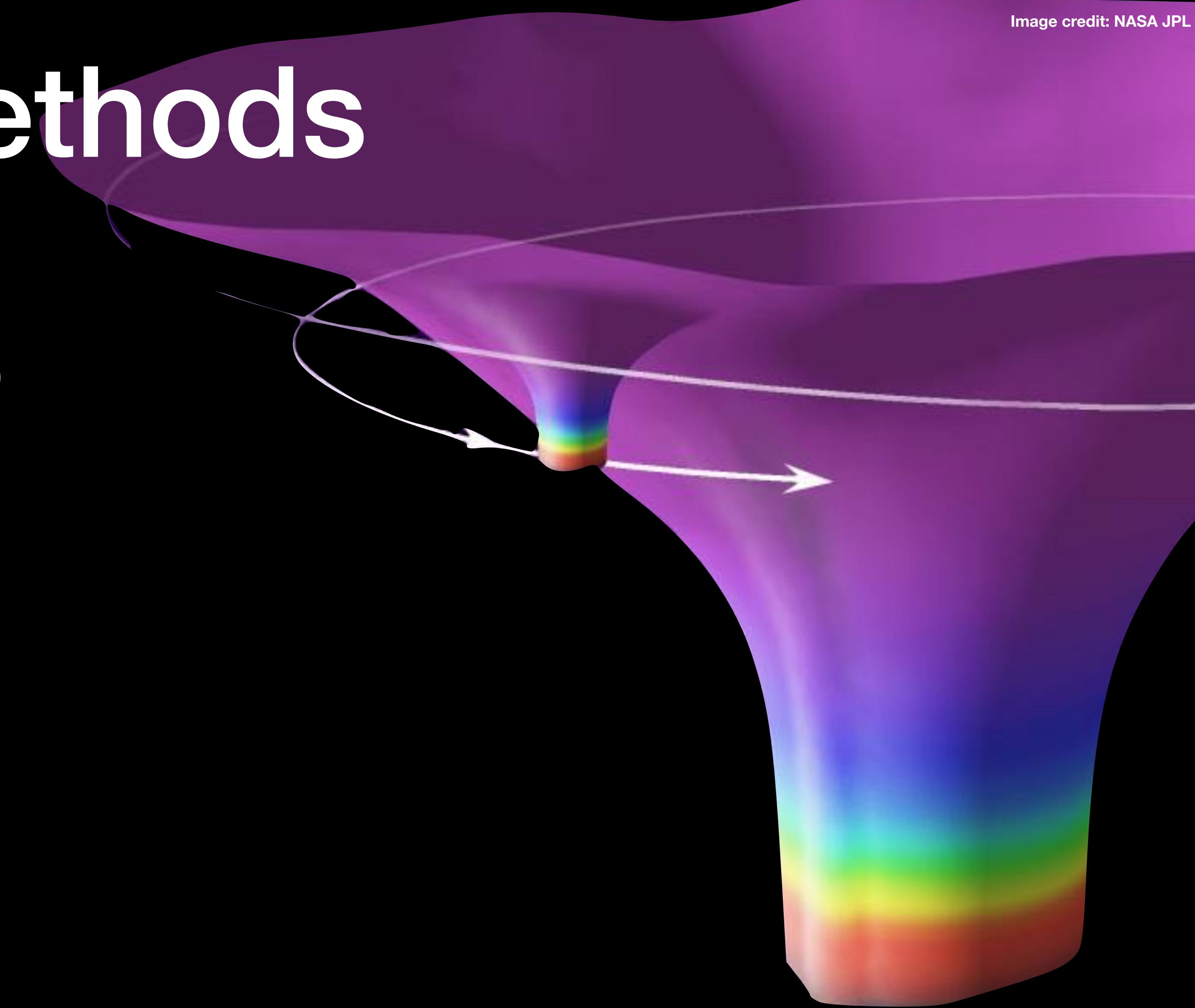




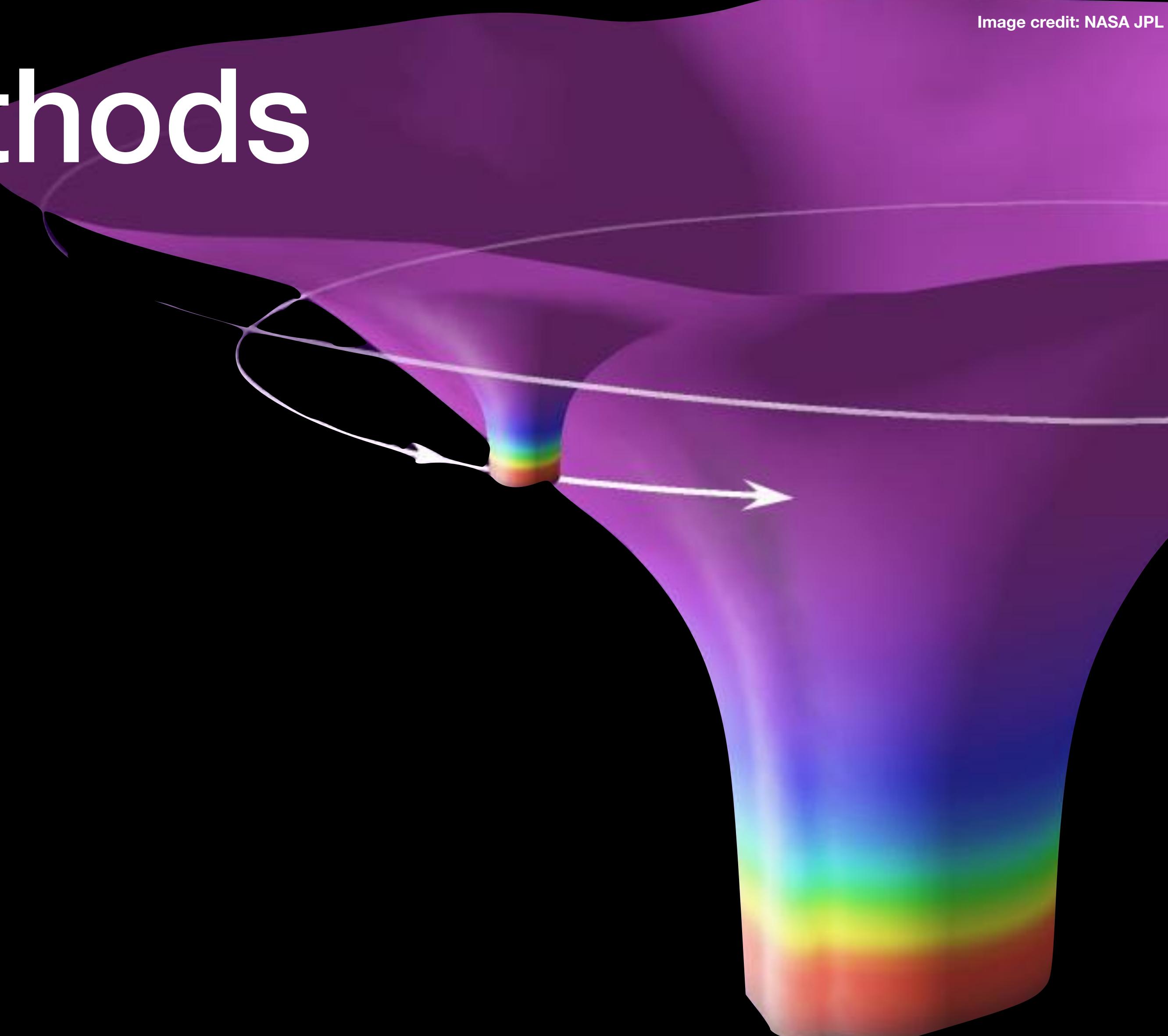
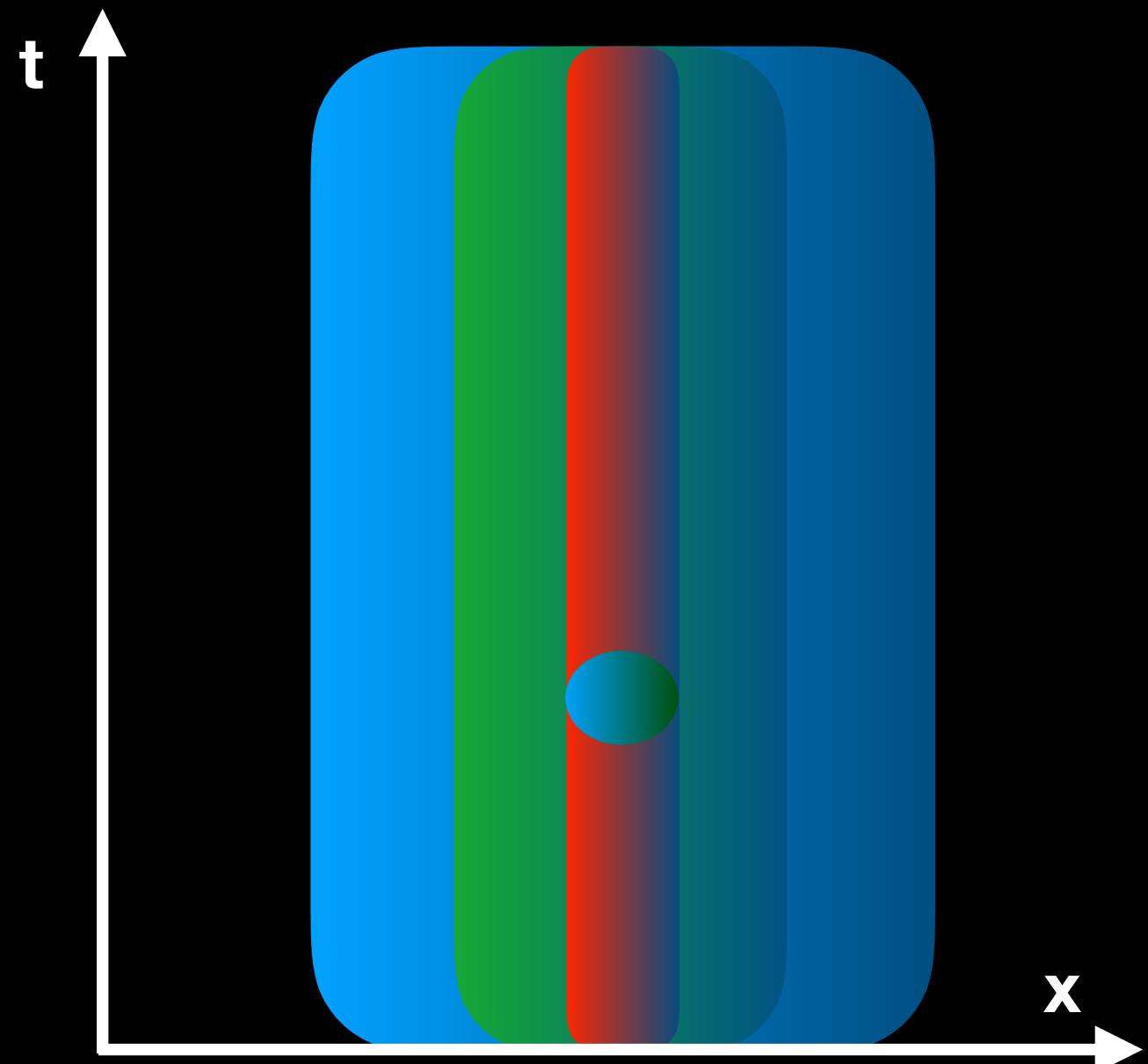
Image credit: NASA JPL

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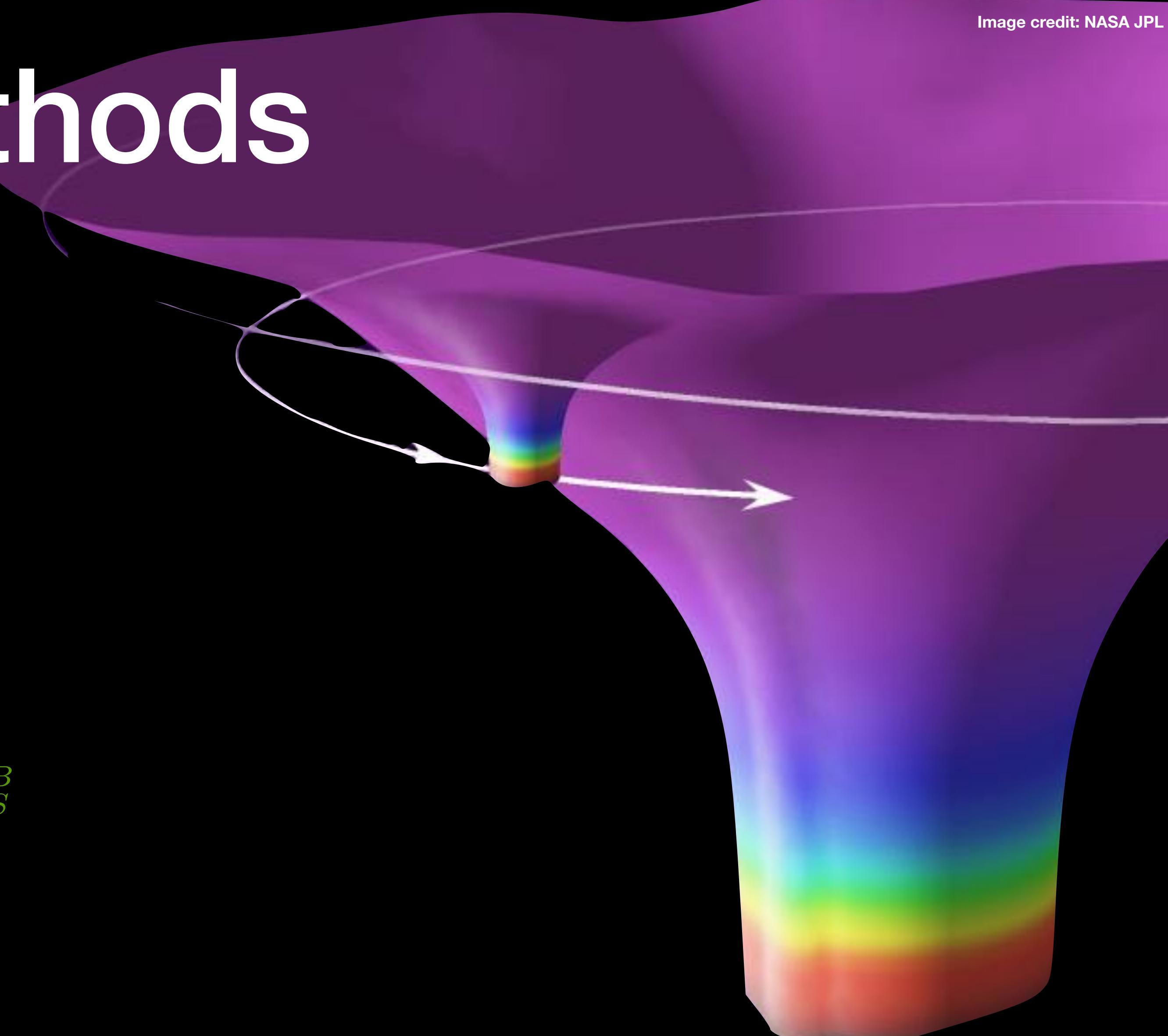
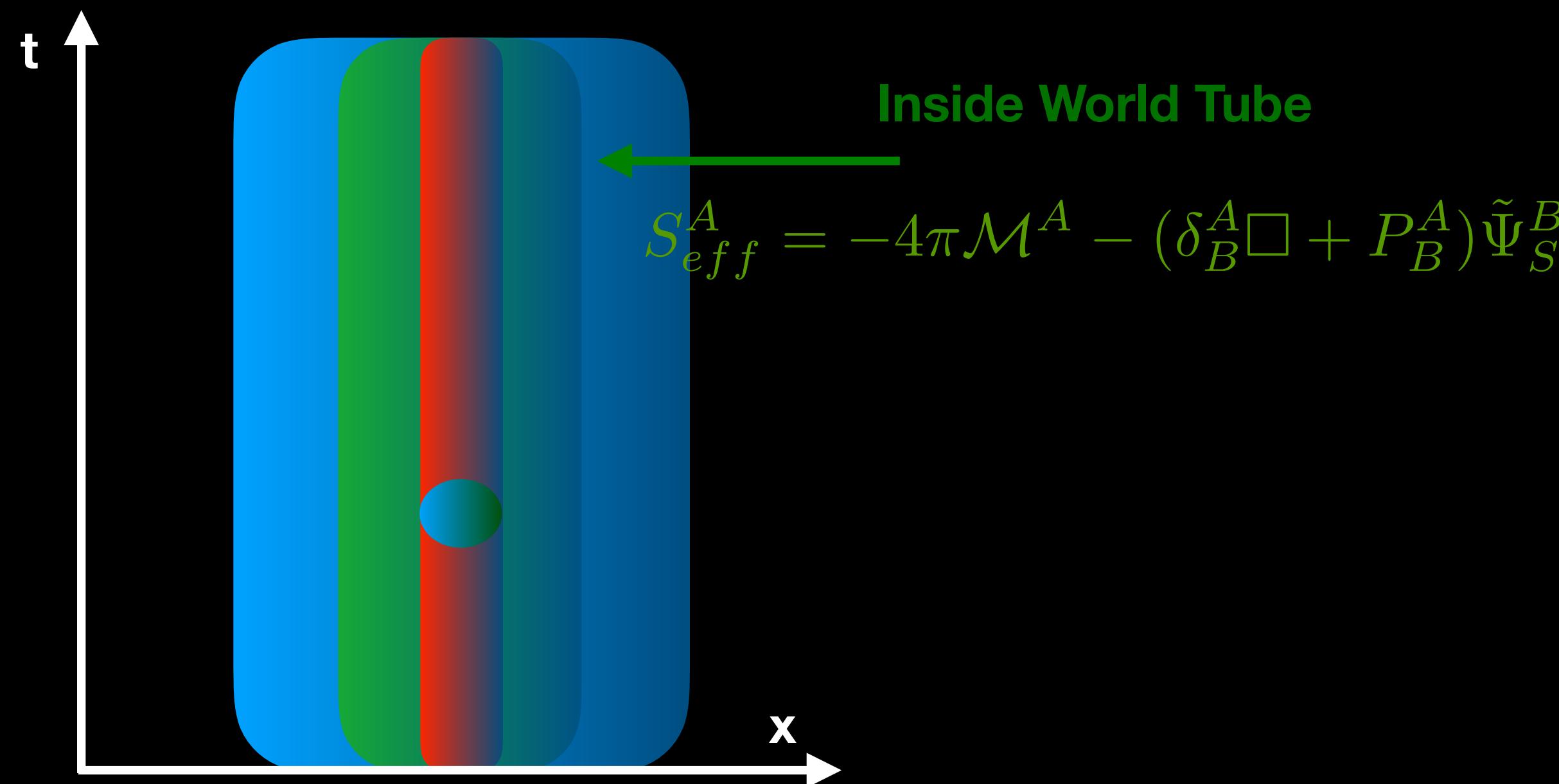


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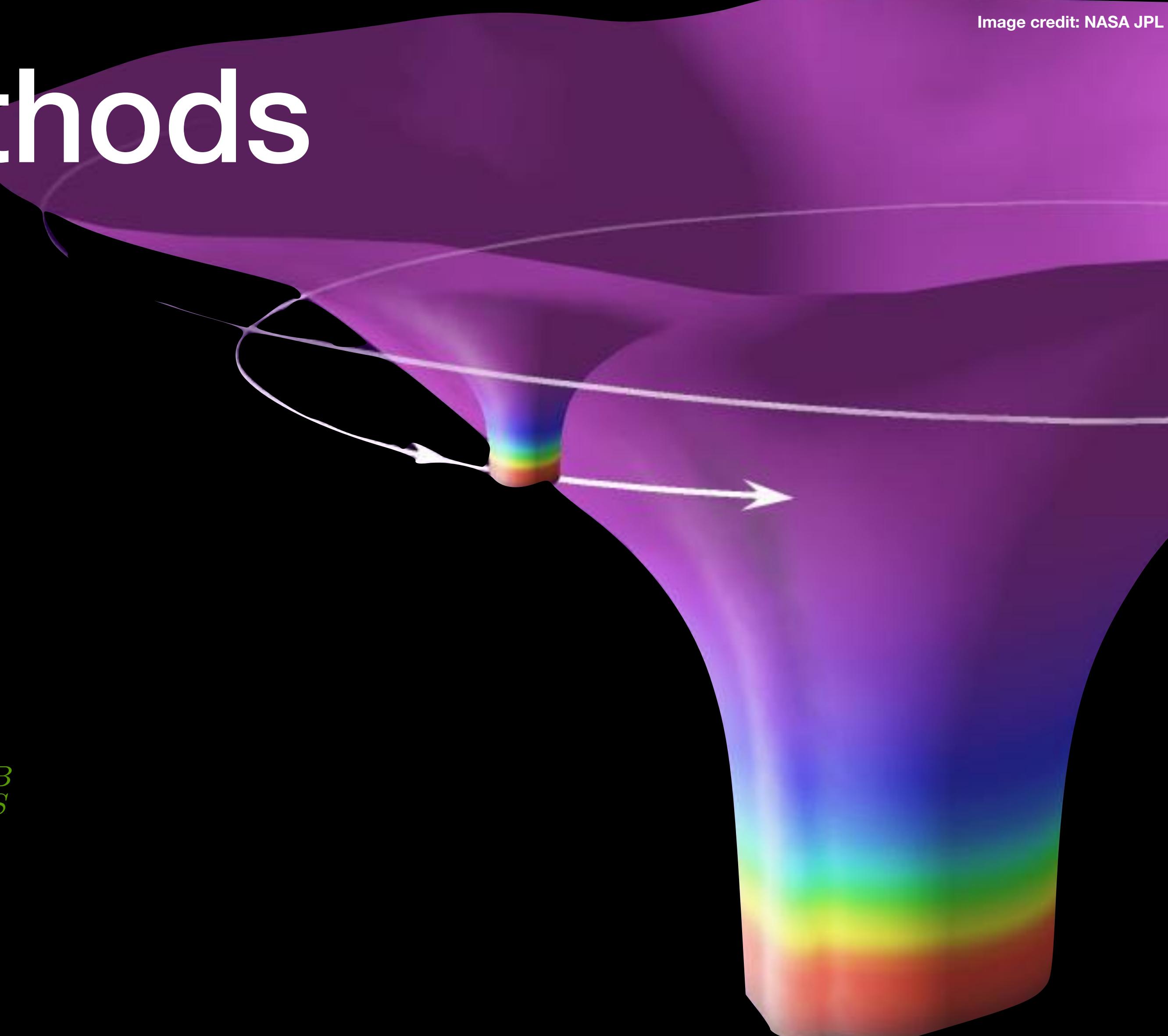
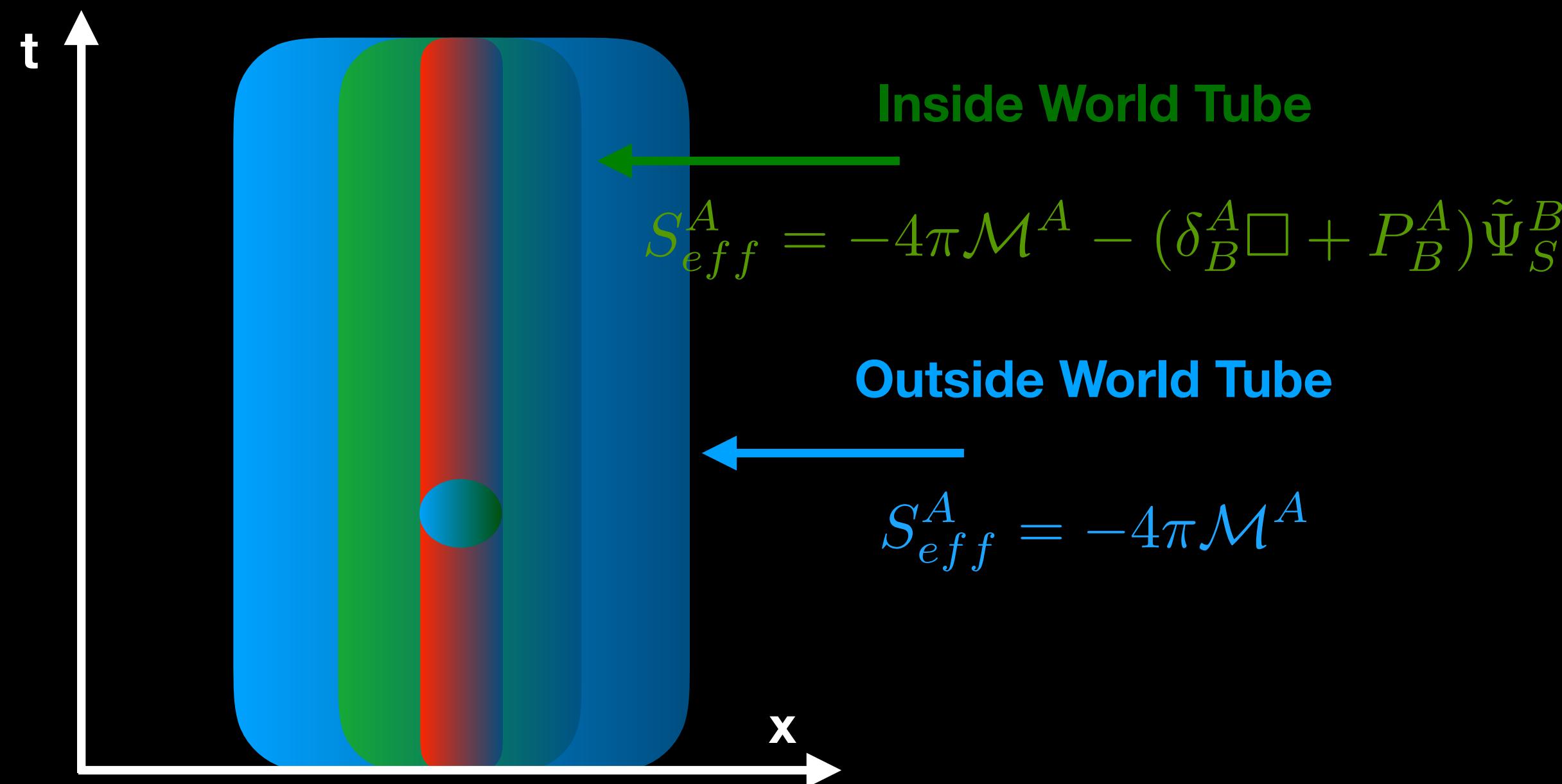


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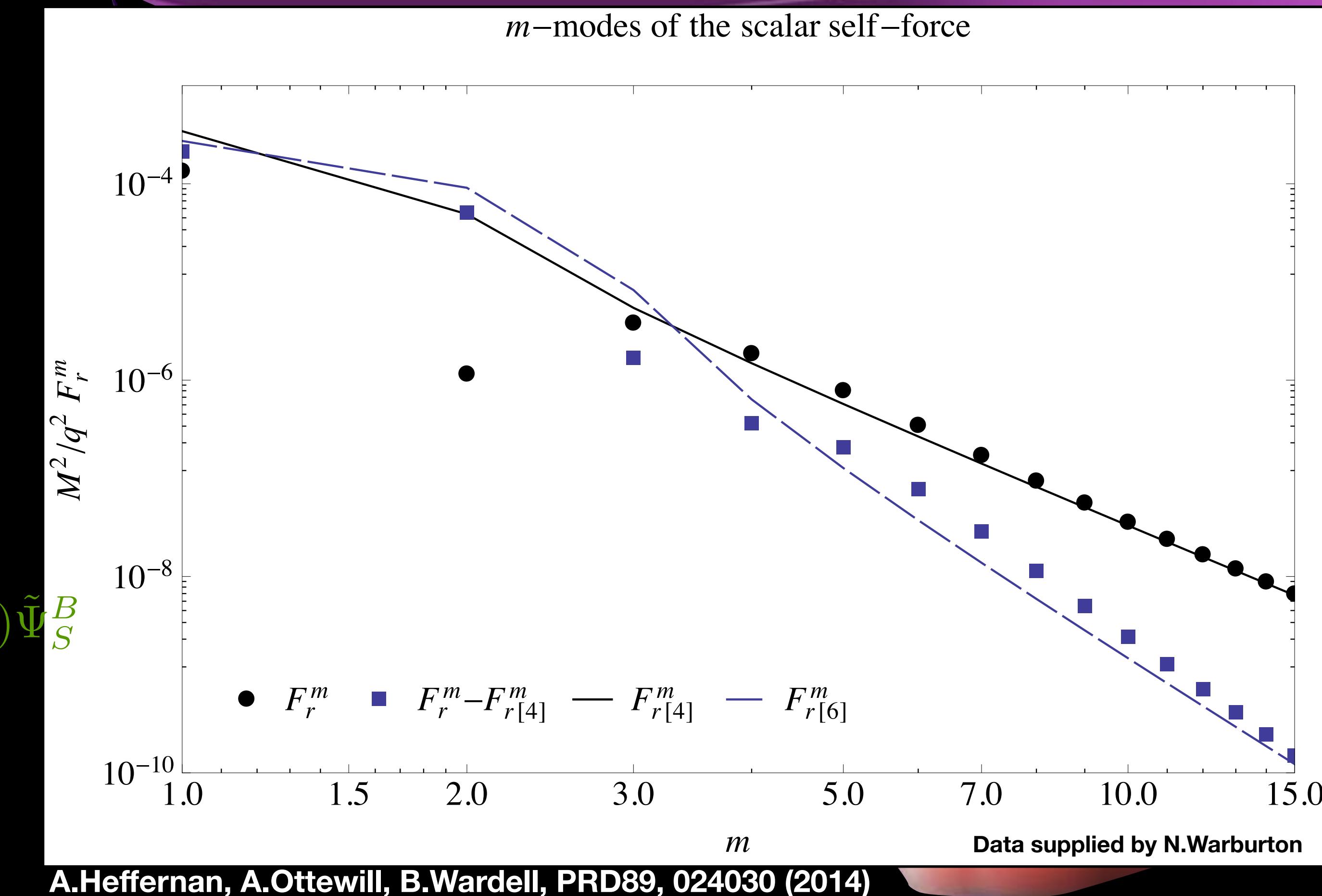
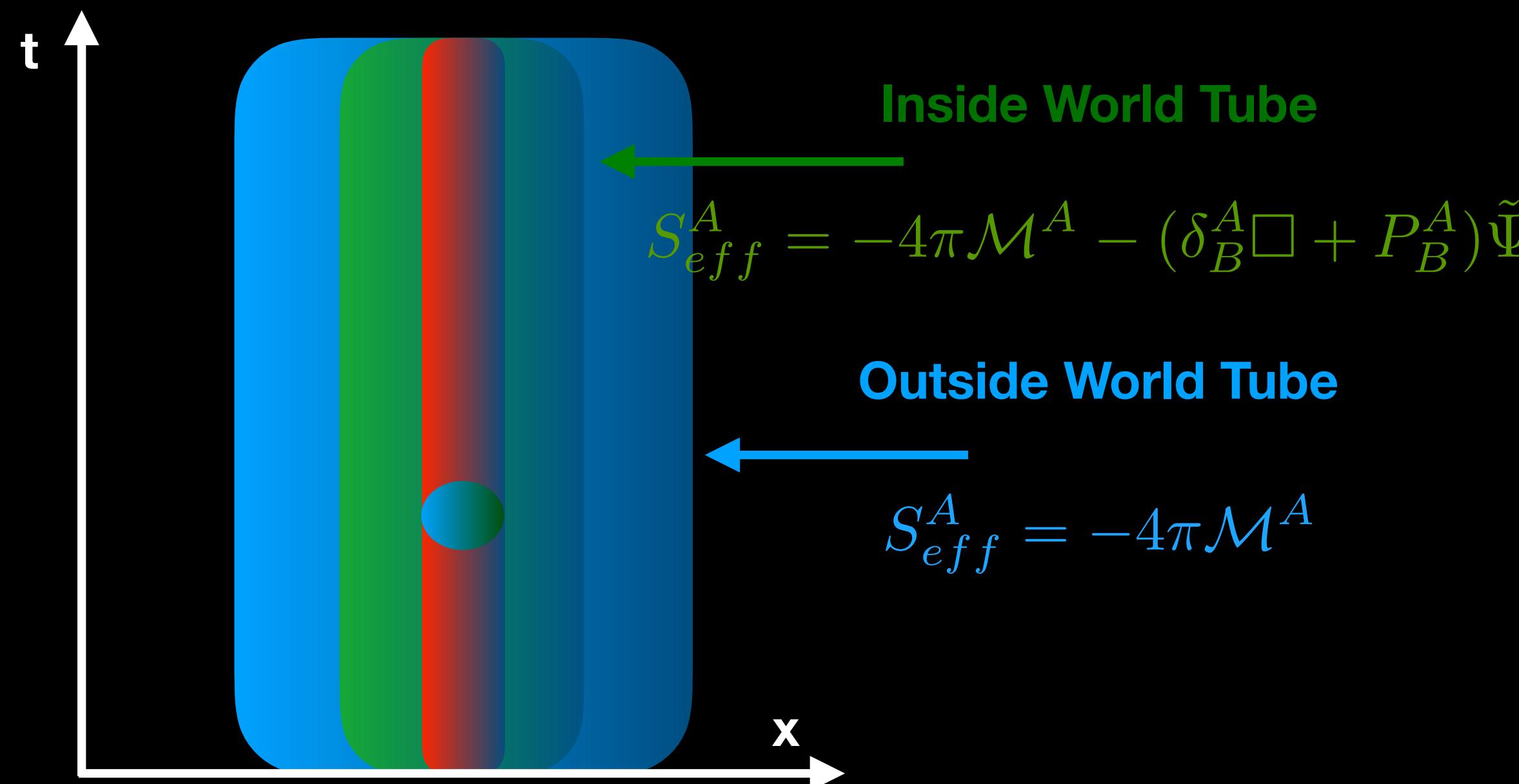


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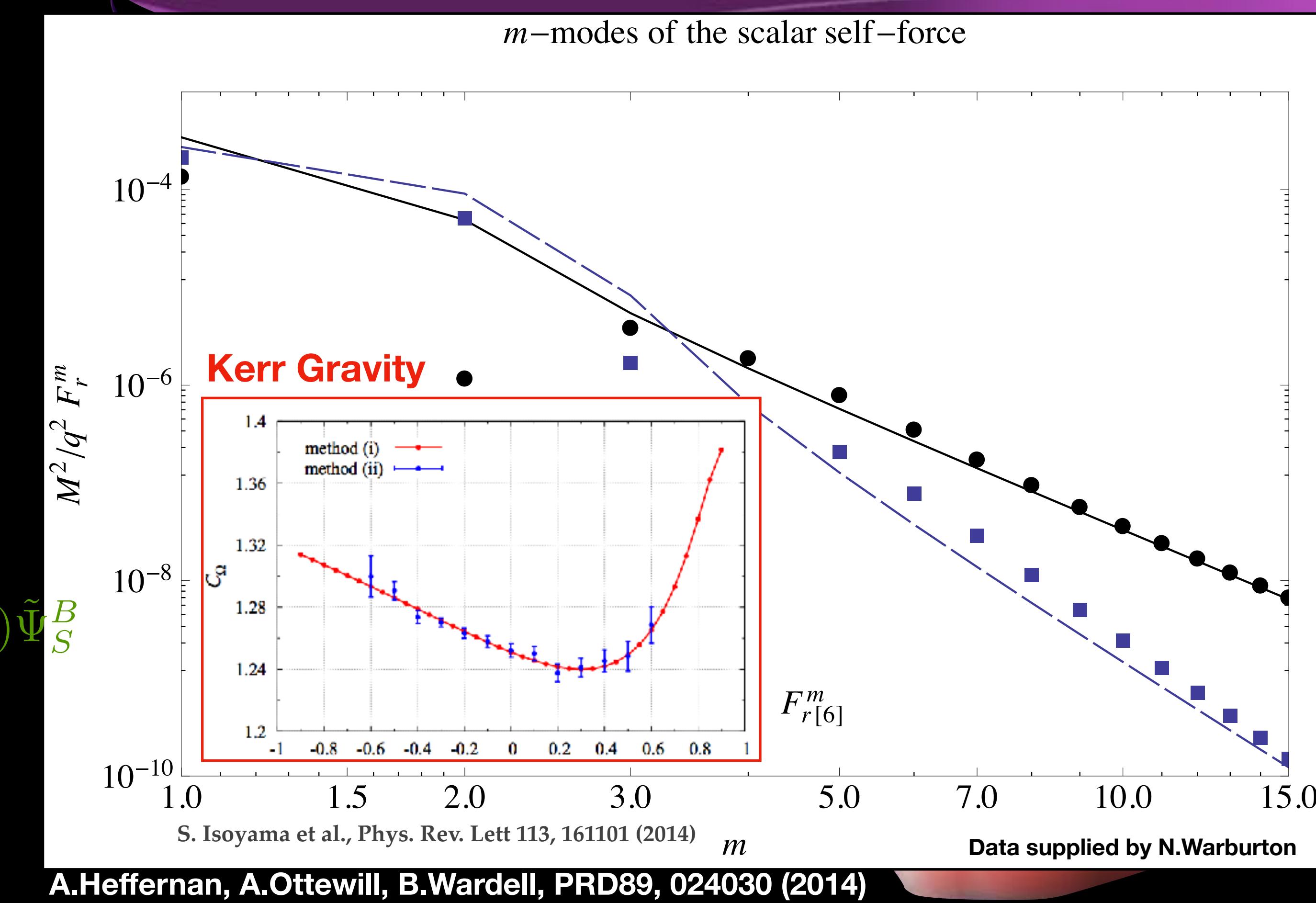
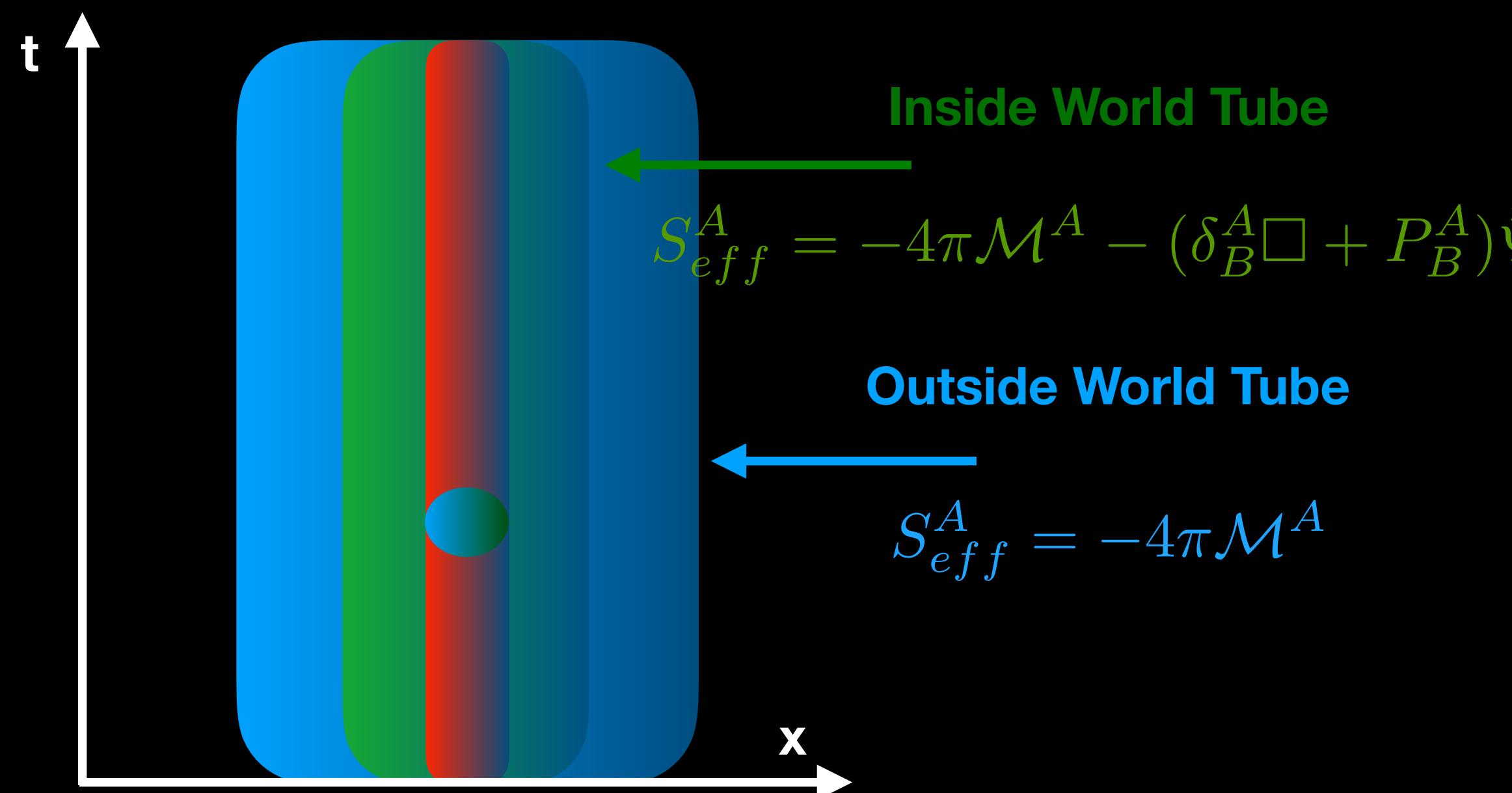


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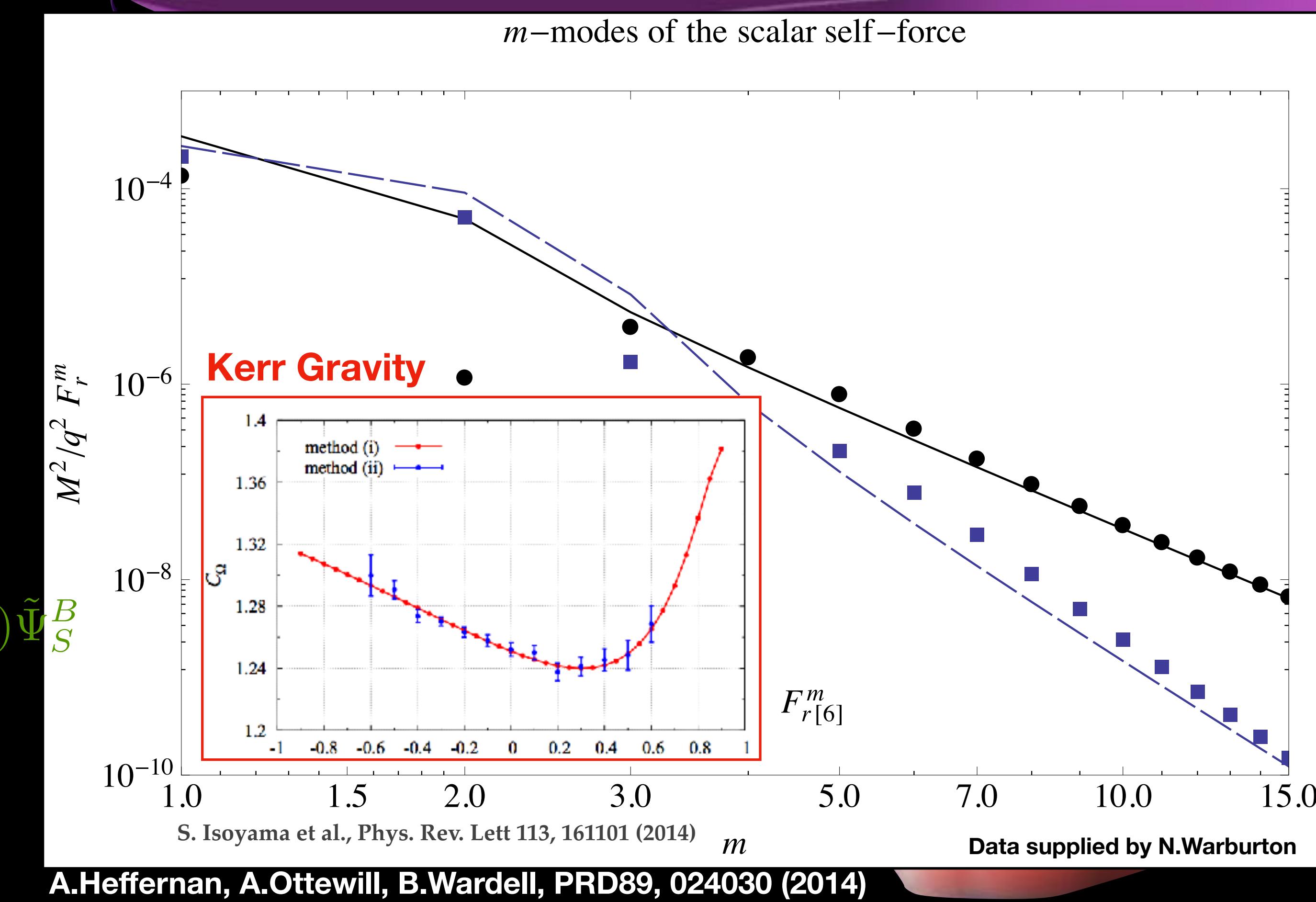
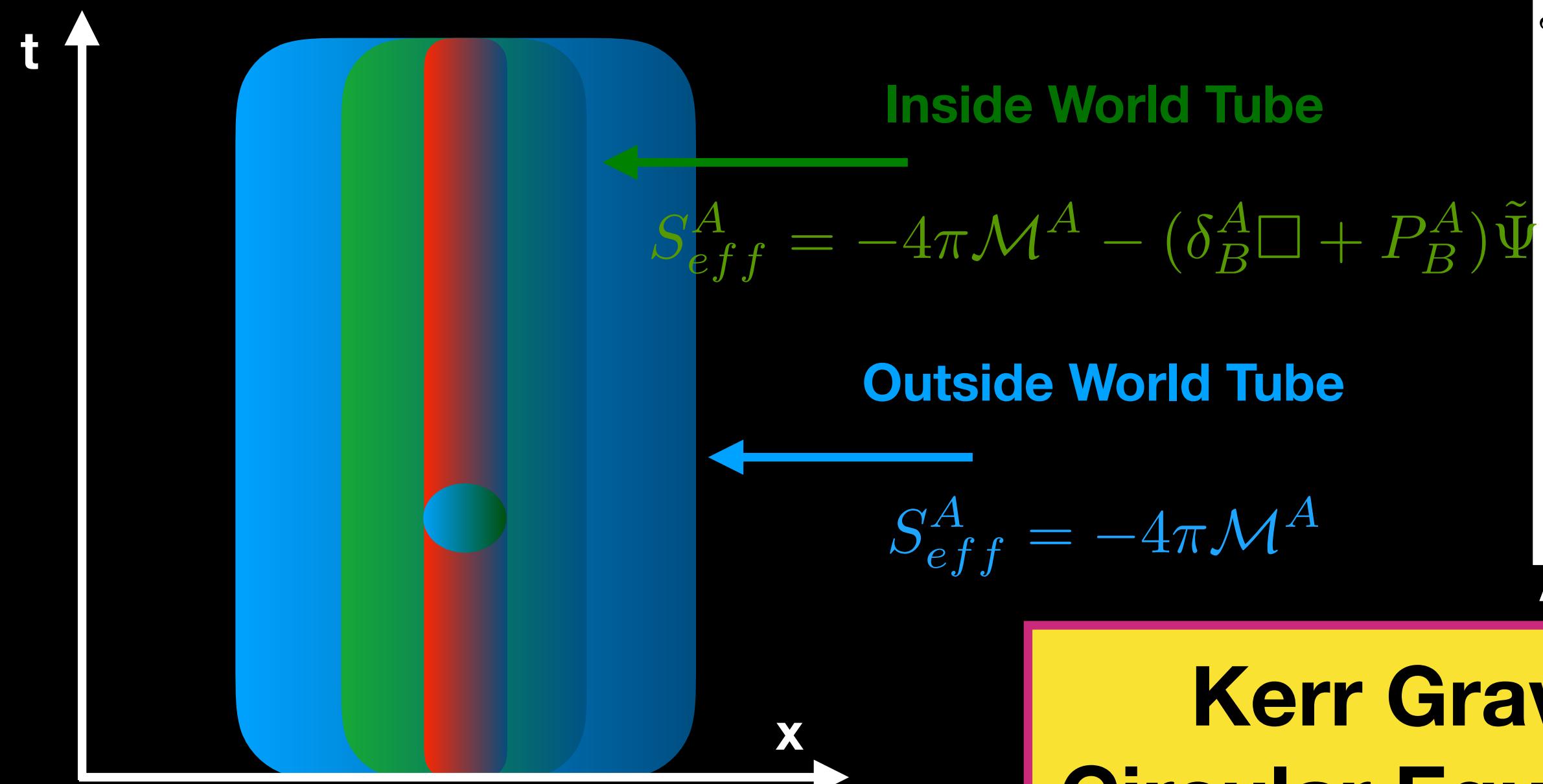
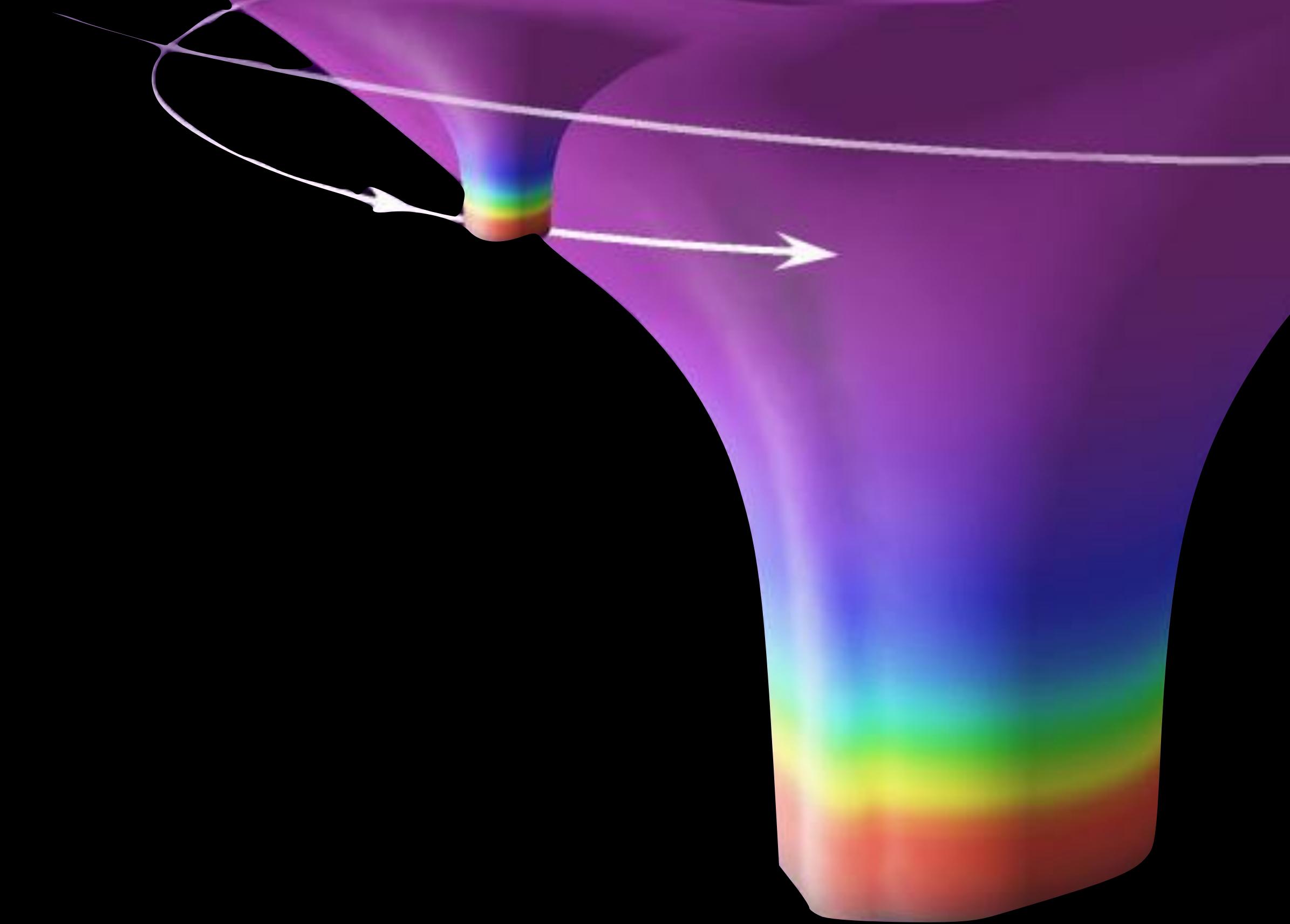




Image credit: NASA JPL

# PN comparison

Detweiler's redshift observable in Circular Schwarzschild

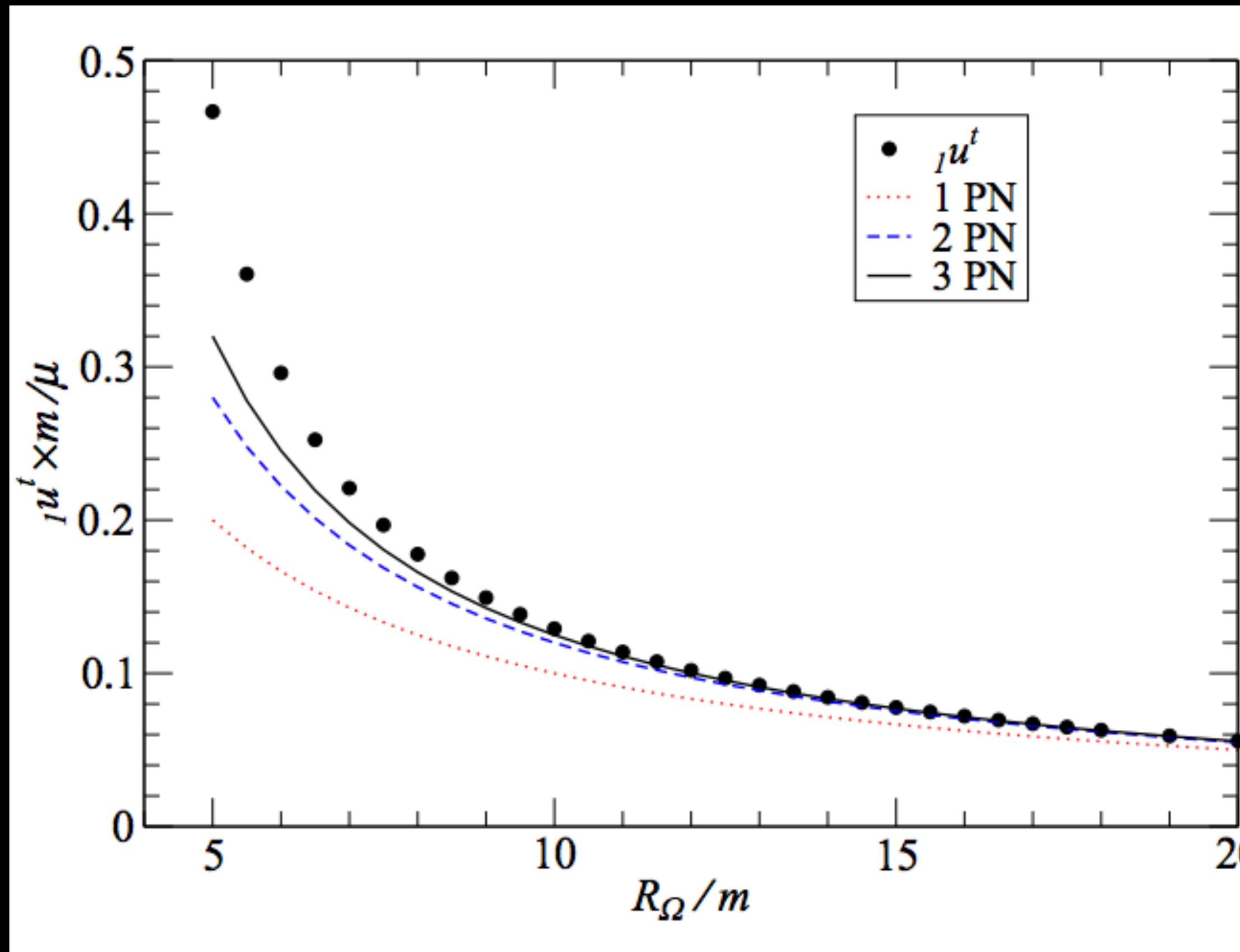


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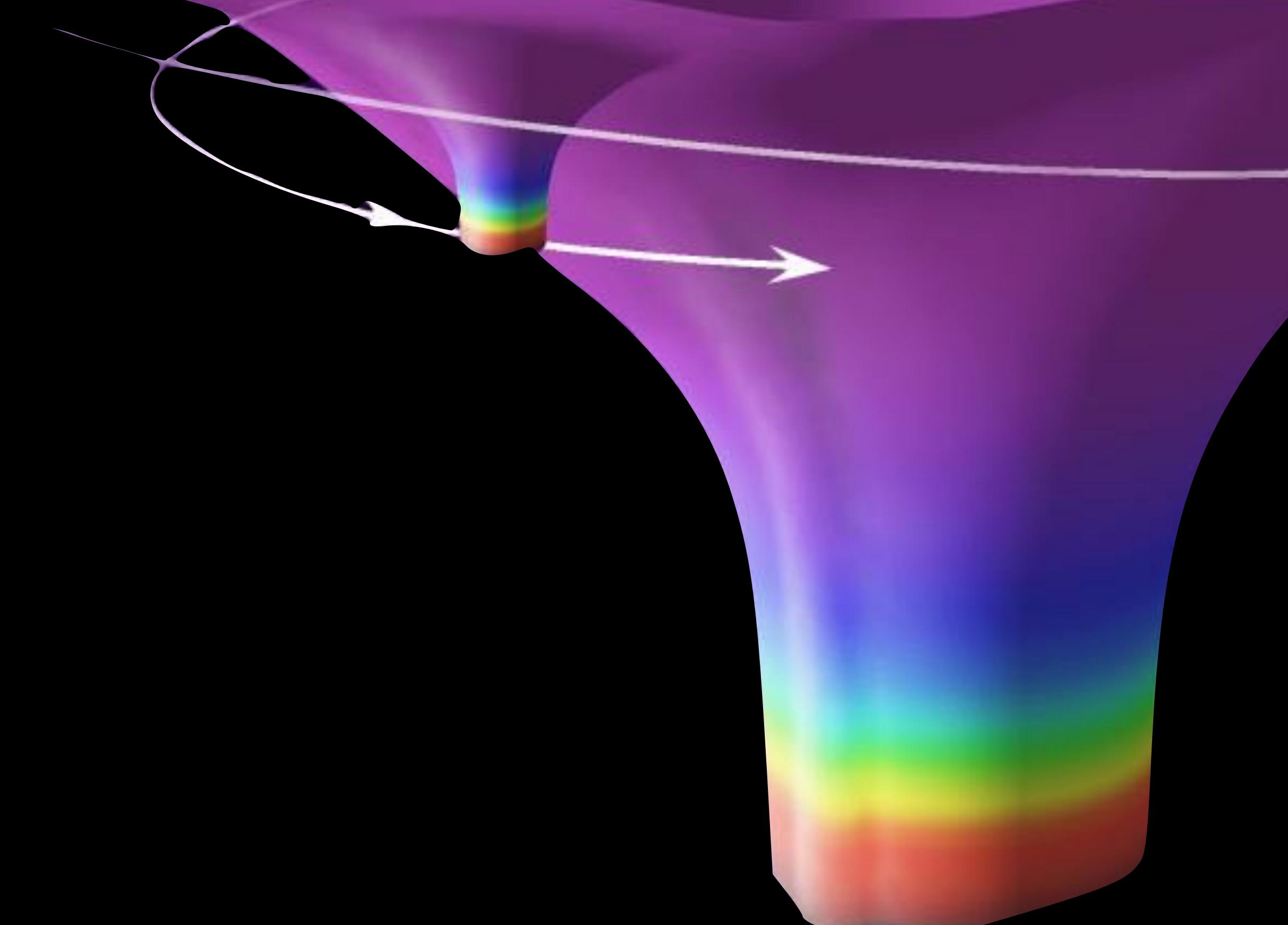
# PN comparison

Detweiler's redshift observable in Circular Schwarzschild

First gauge invariant quantity:



S. Detweiler, PRD77, 124026 (2008)

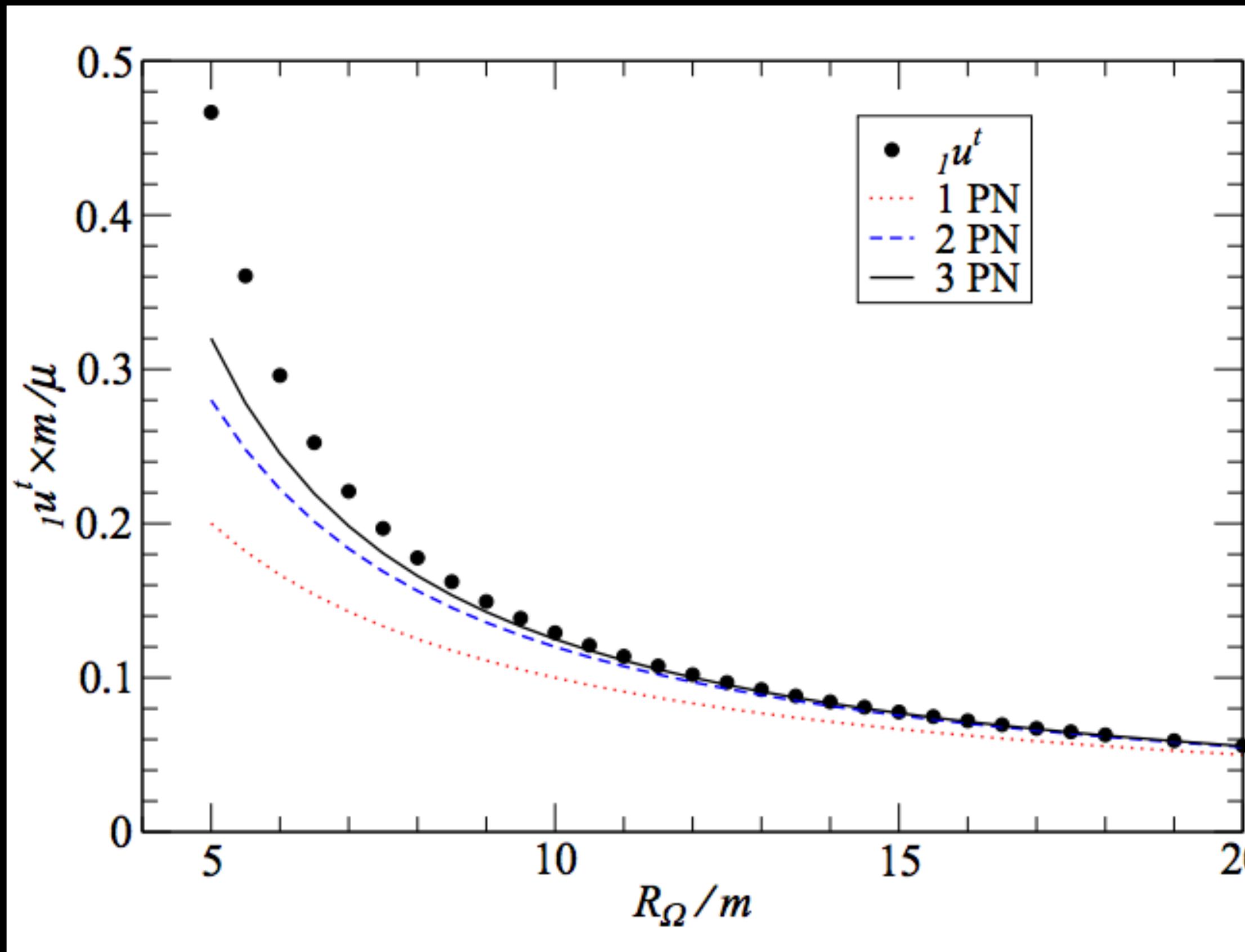




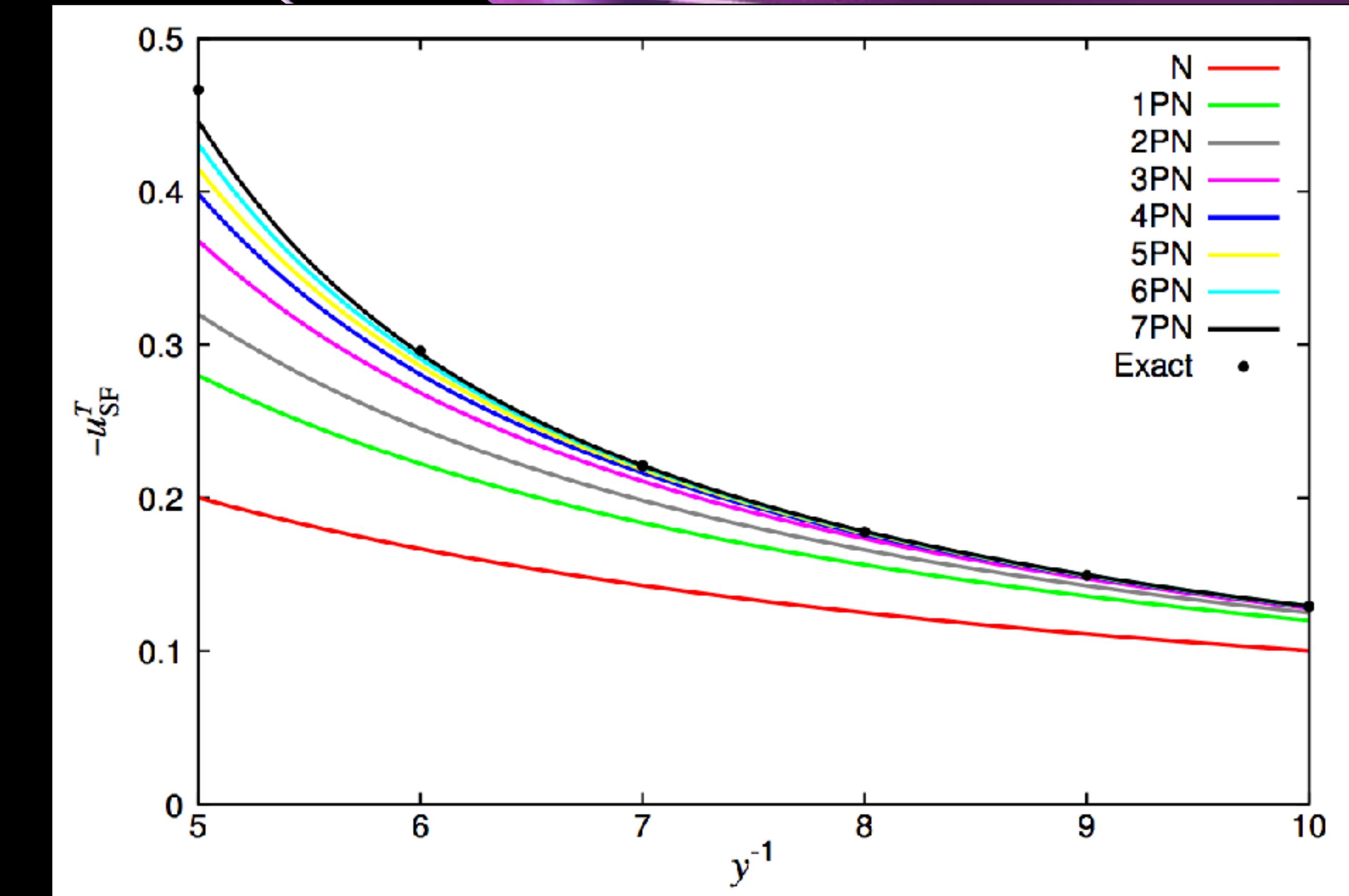
# PN comparison

Detweiler's redshift observable in Circular Schwarzschild

First gauge invariant quantity:



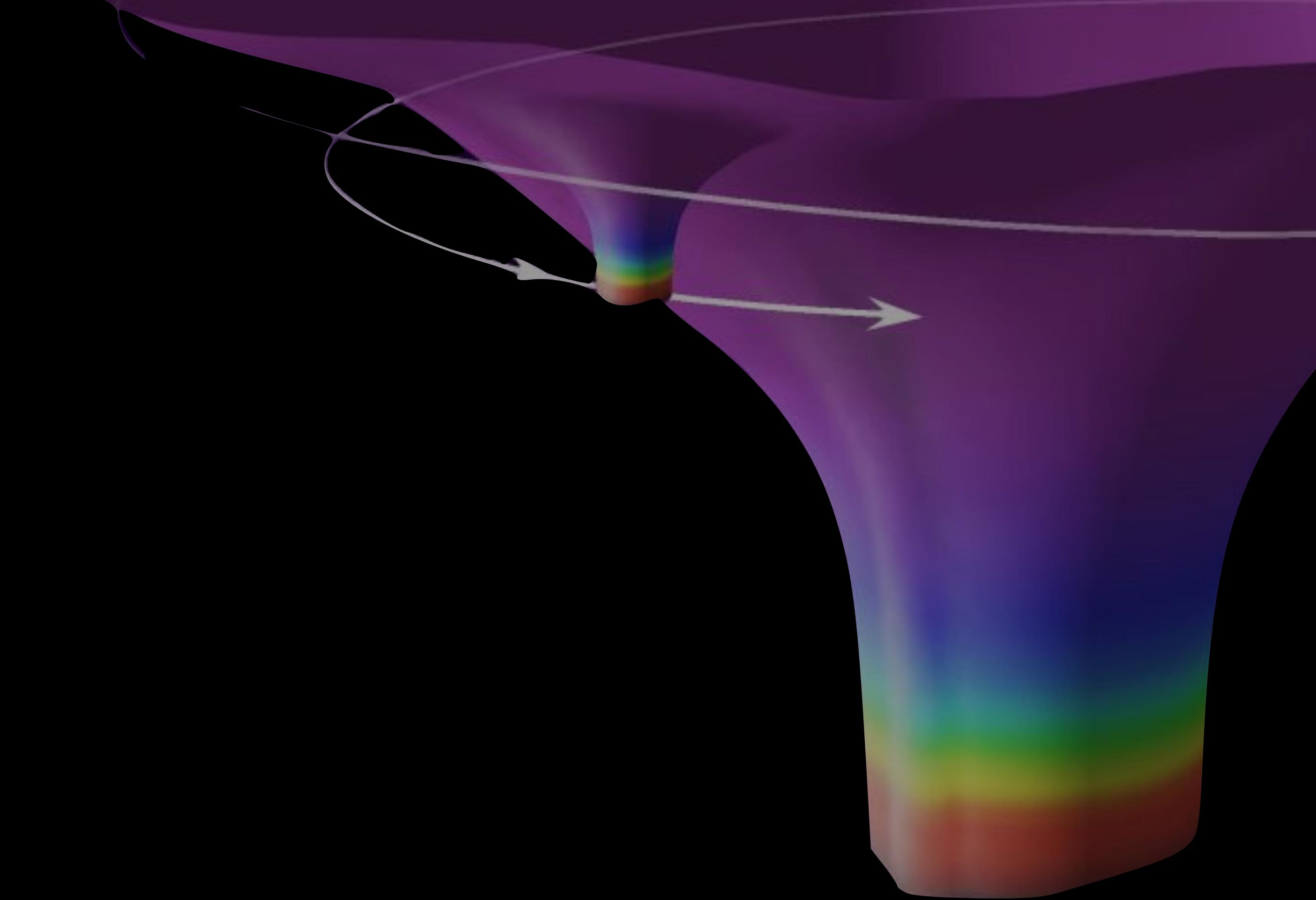
Reading off unknown PN coefficients:





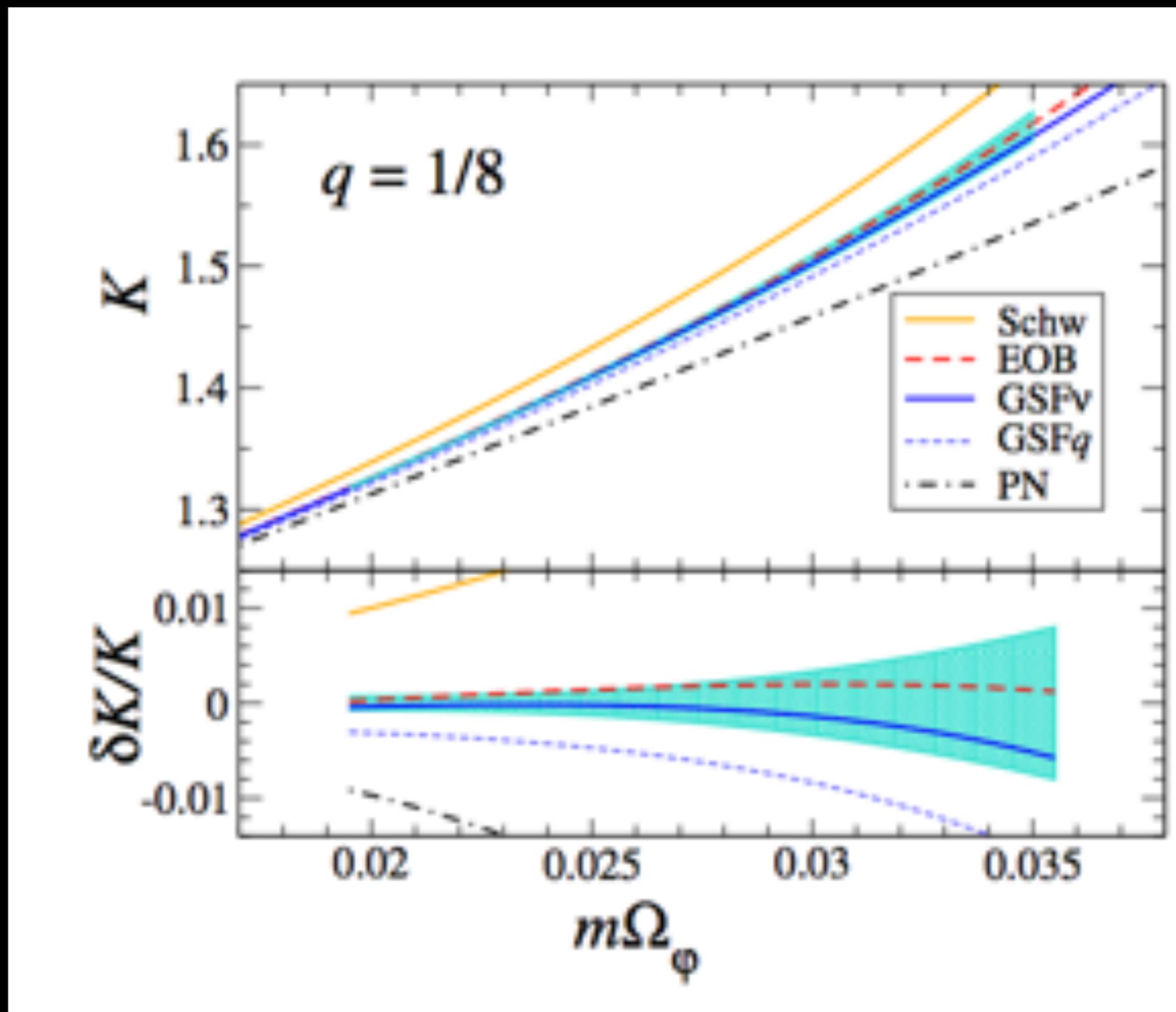
# PN comparison

Image credit: NASA JPL



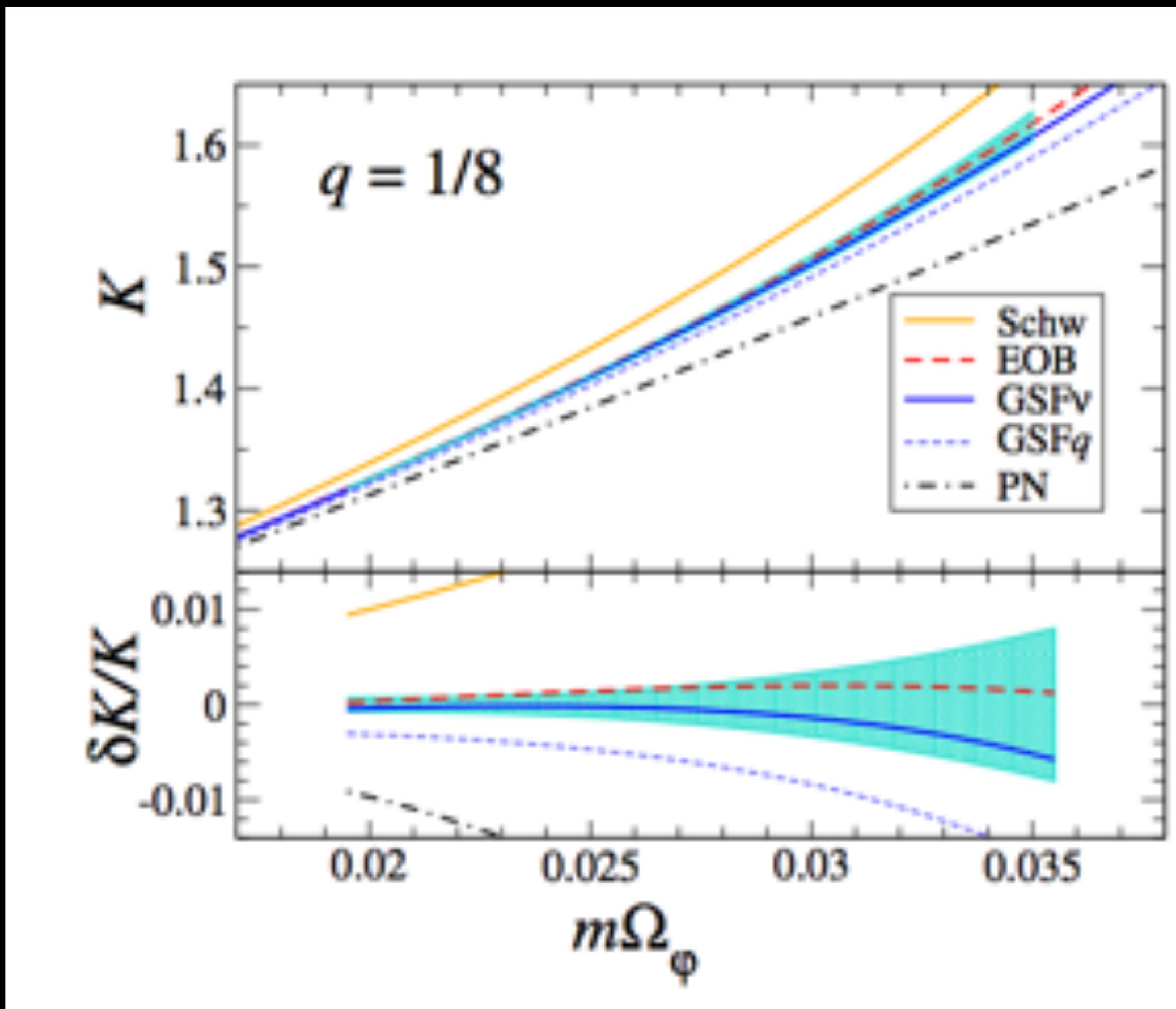
# PN comparison

PN, GSF, NR comparison with symmetric mass:  
periastron advance in black hole binaries



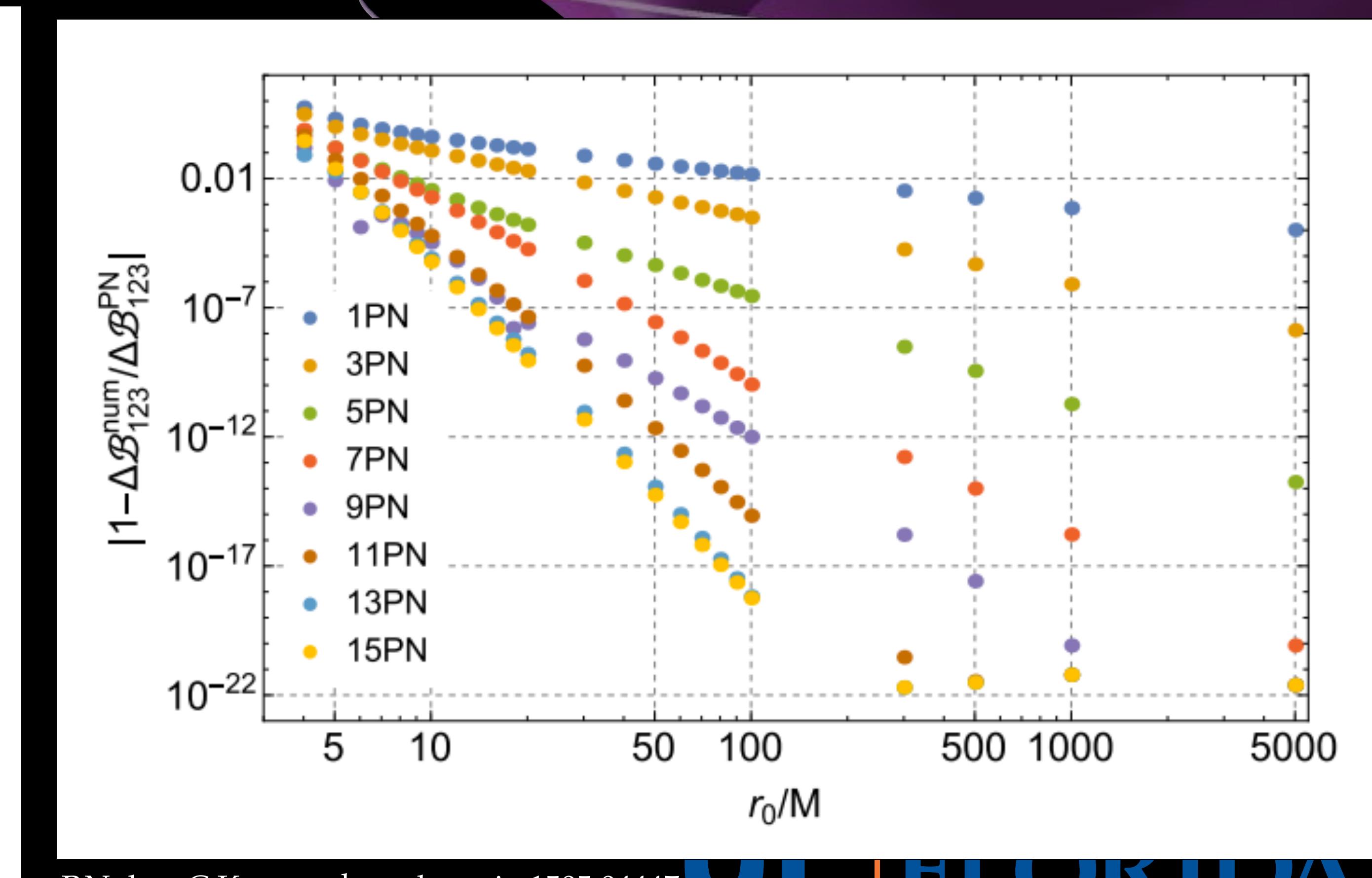
# PN comparison

PN, GSF, NR comparison with symmetric mass:  
periastron advance in black hole binaries



A.LeTiec et al., PRL107, 141101 (2011)

MST: Analytical method extended to 30PN:  
Octupolar Invariants

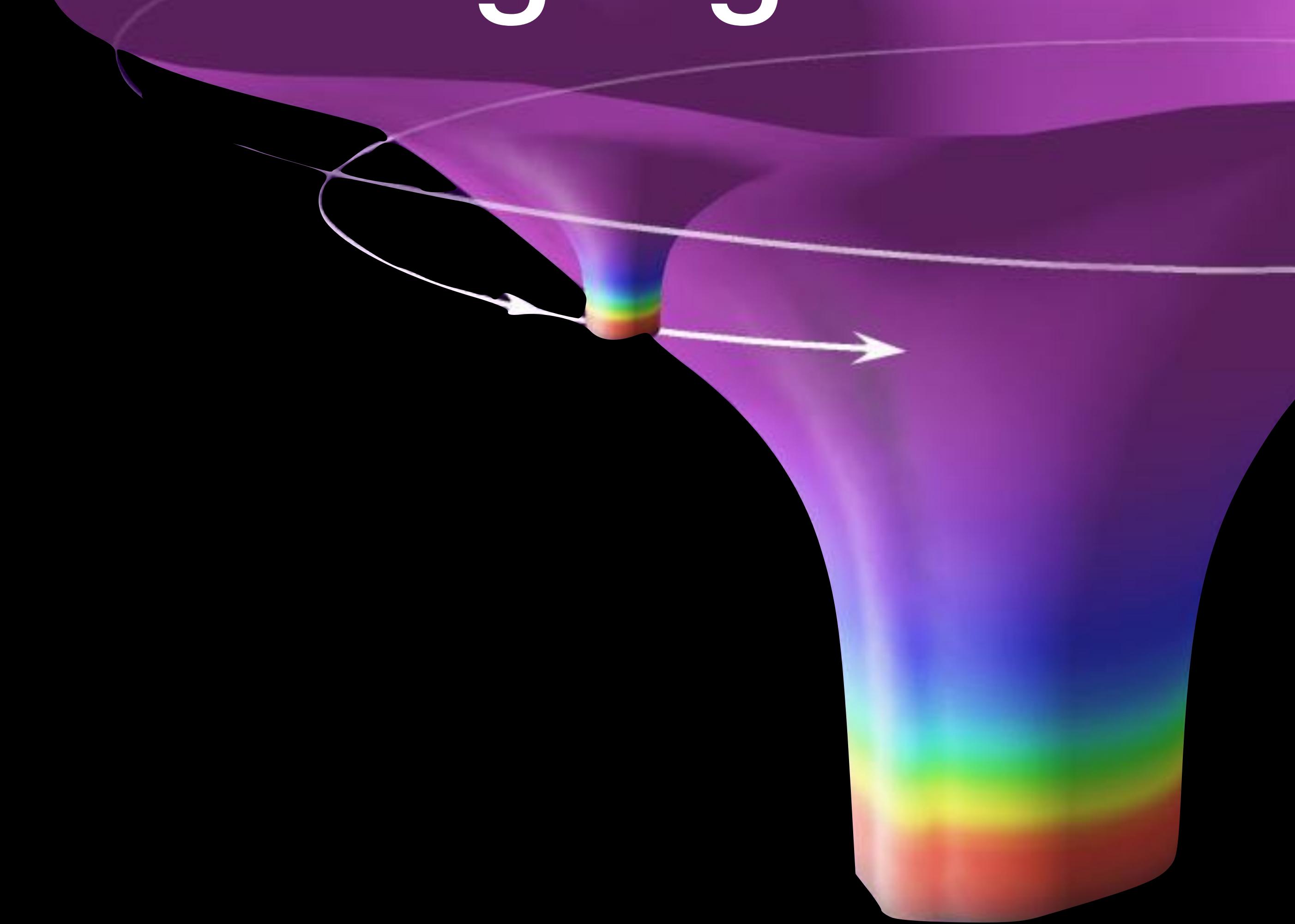


P.Nolan, C.Kavanagh et al., arxiv:1505.04447



Image credit: NASA JPL

# Waveform missing ingredients



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Image credit: NASA JPL

# Waveform missing ingredients

- Second order

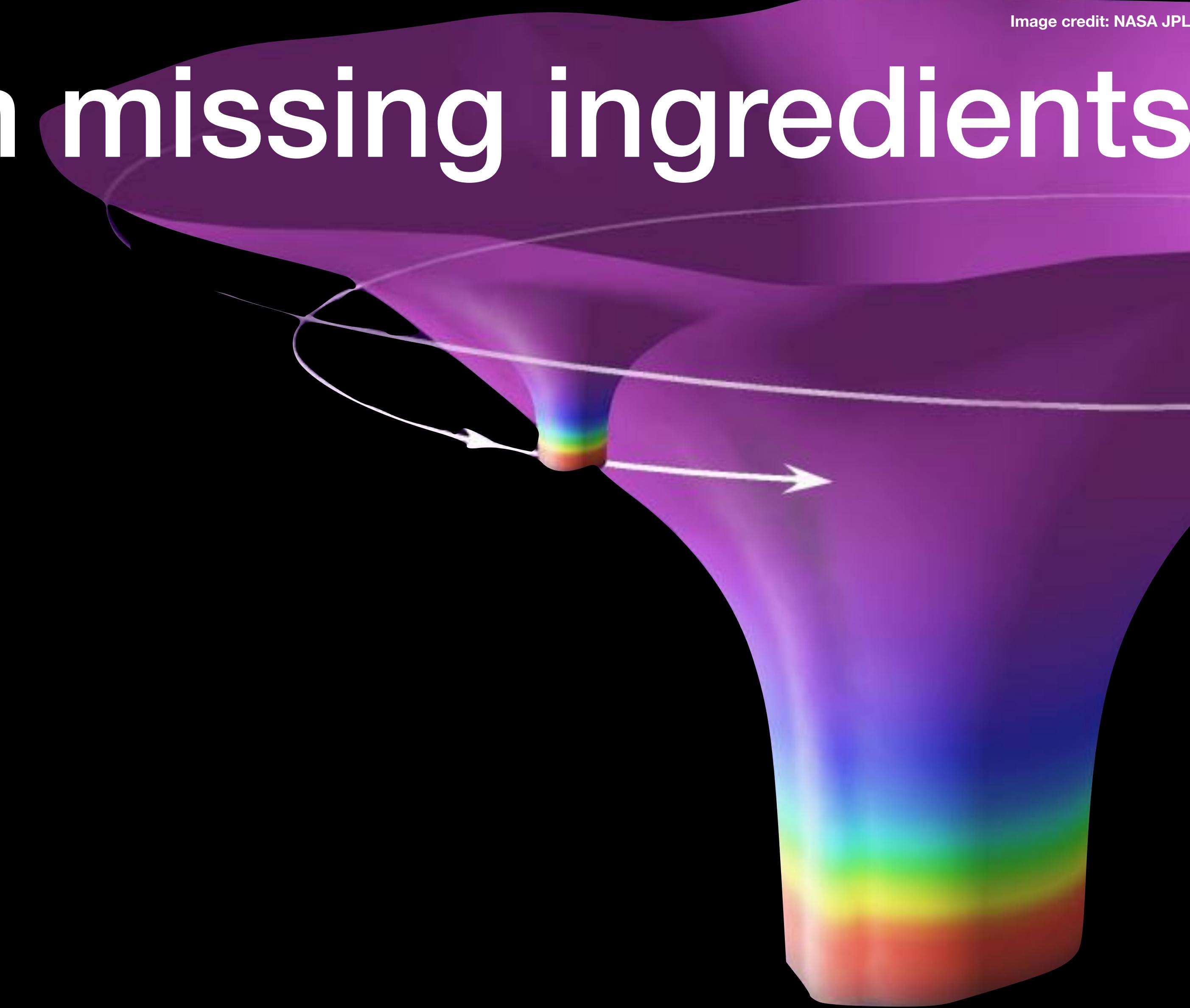
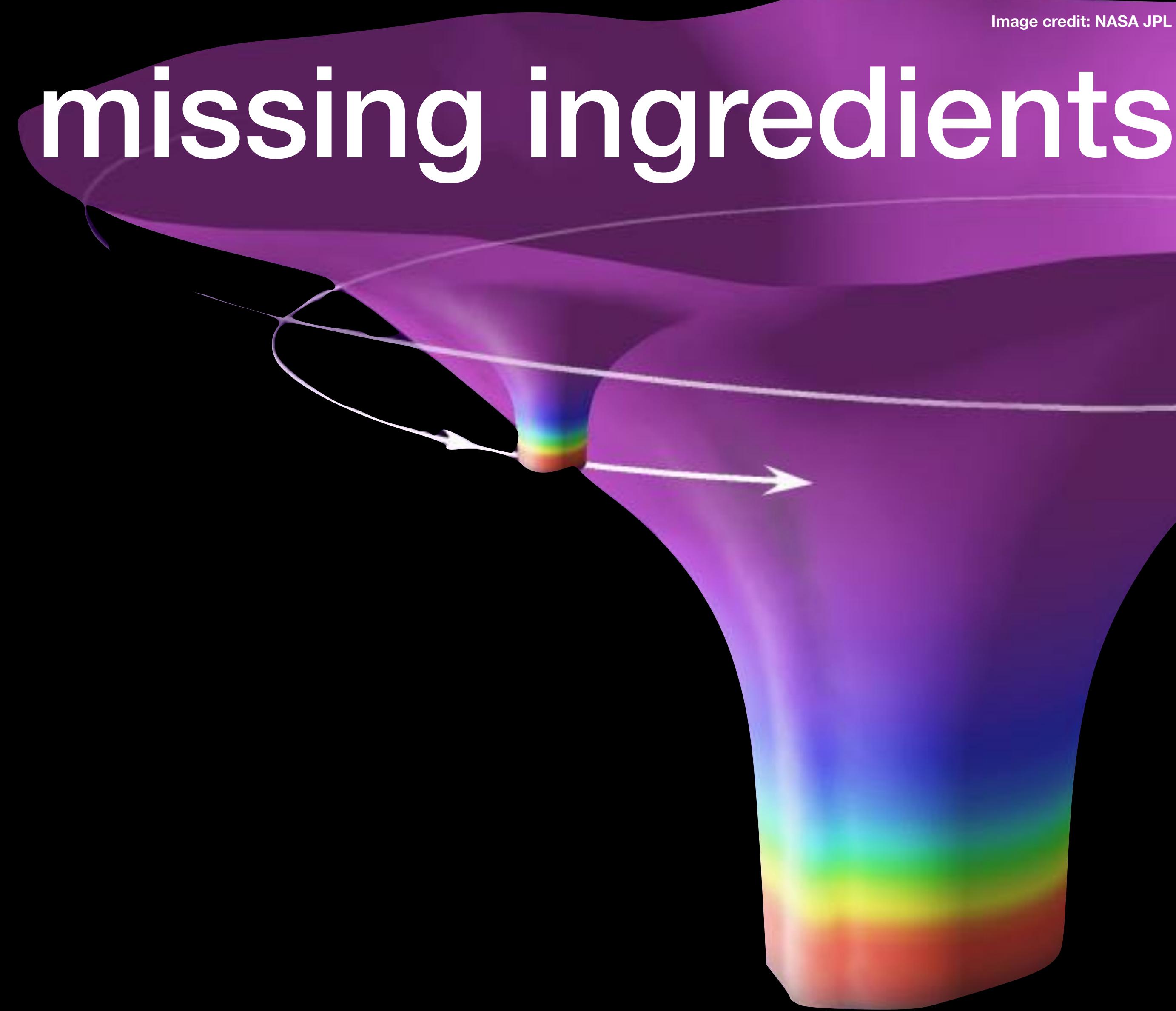




Image credit: NASA JPL

# Waveform missing ingredients

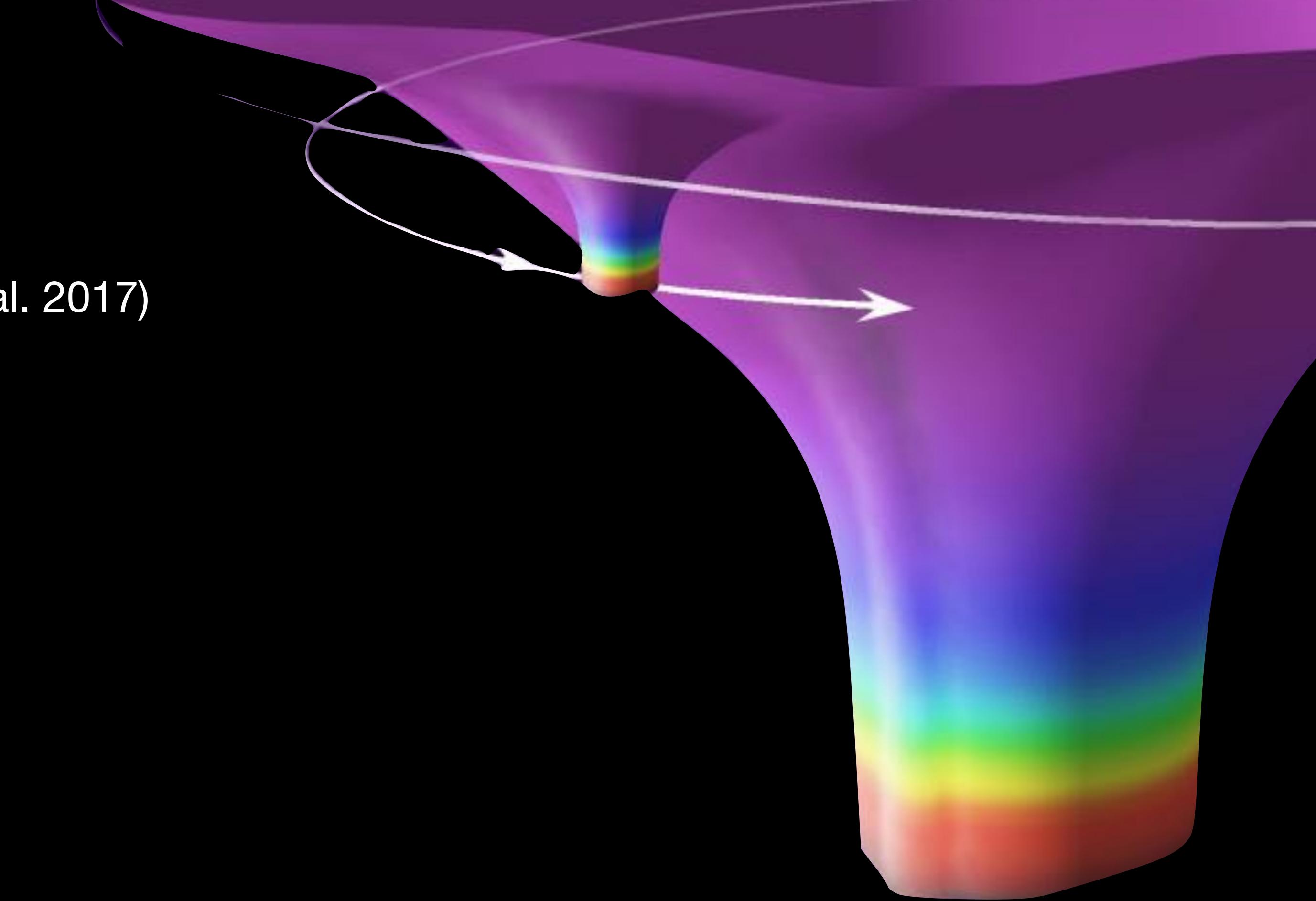
- Second order
  - Scalar case third order (C.Galley, 2010)





# Waveform missing ingredients

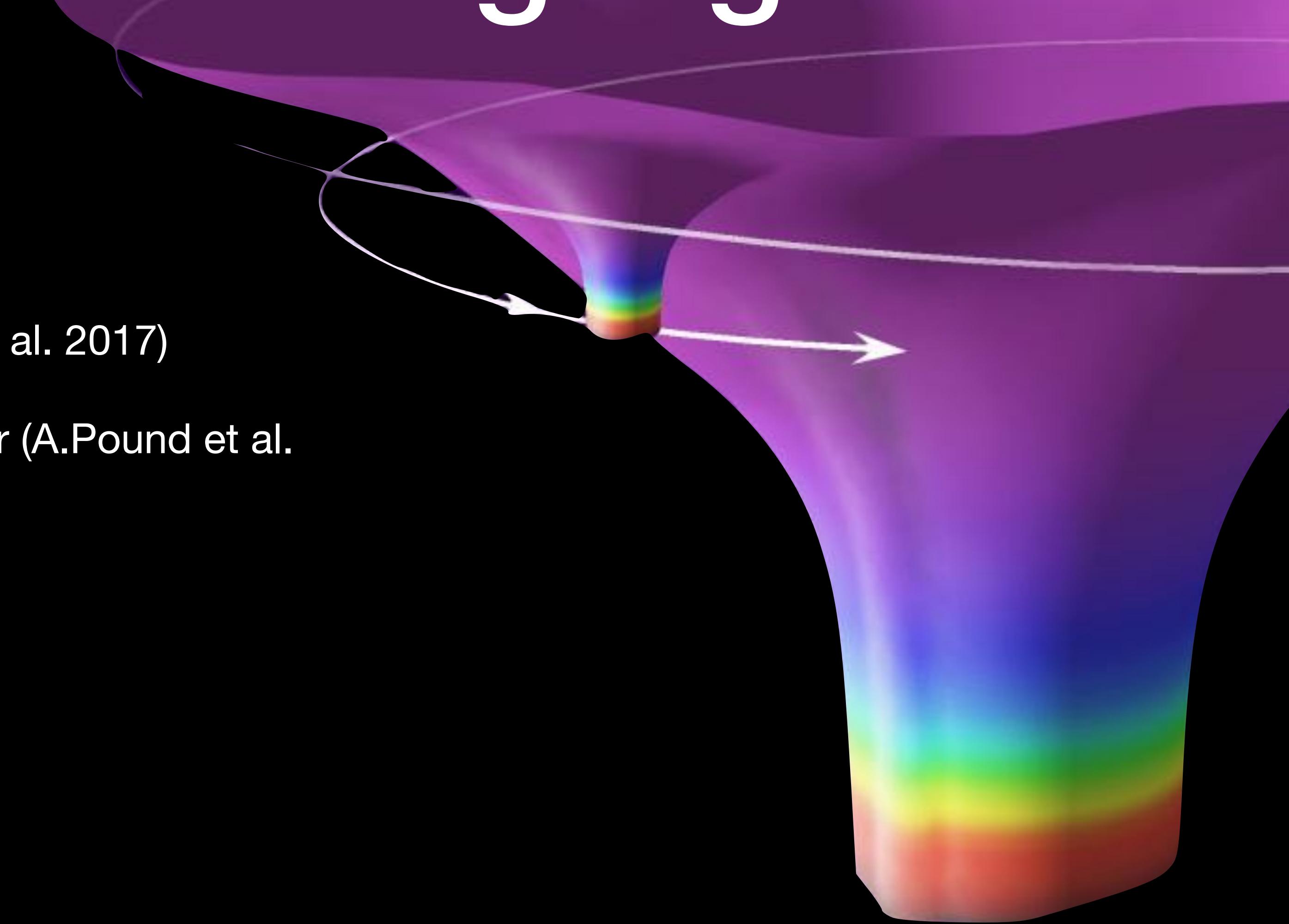
- Second order
  - Scalar case third order (C.Galley, 2010)
  - Electromagnetic second order (J.Moxon et al. 2017)





# Waveform missing ingredients

- Second order
  - Scalar case third order (C.Galley, 2010)
  - Electromagnetic second order (J.Moxon et al. 2017)
  - Ongoing work in gravitational second order (A.Pound et al. 2012-2017)

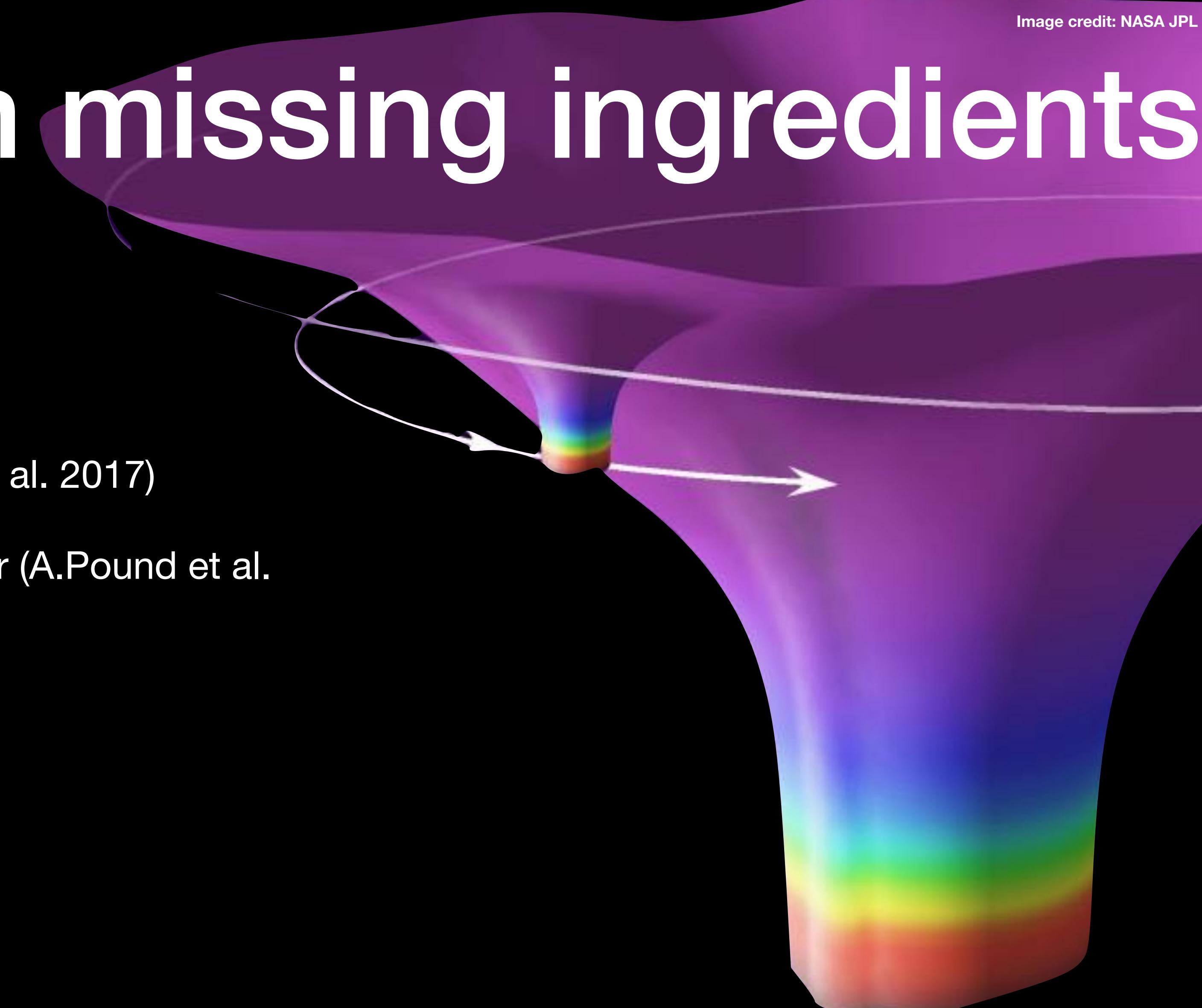




# Waveform missing ingredients

Image credit: NASA JPL

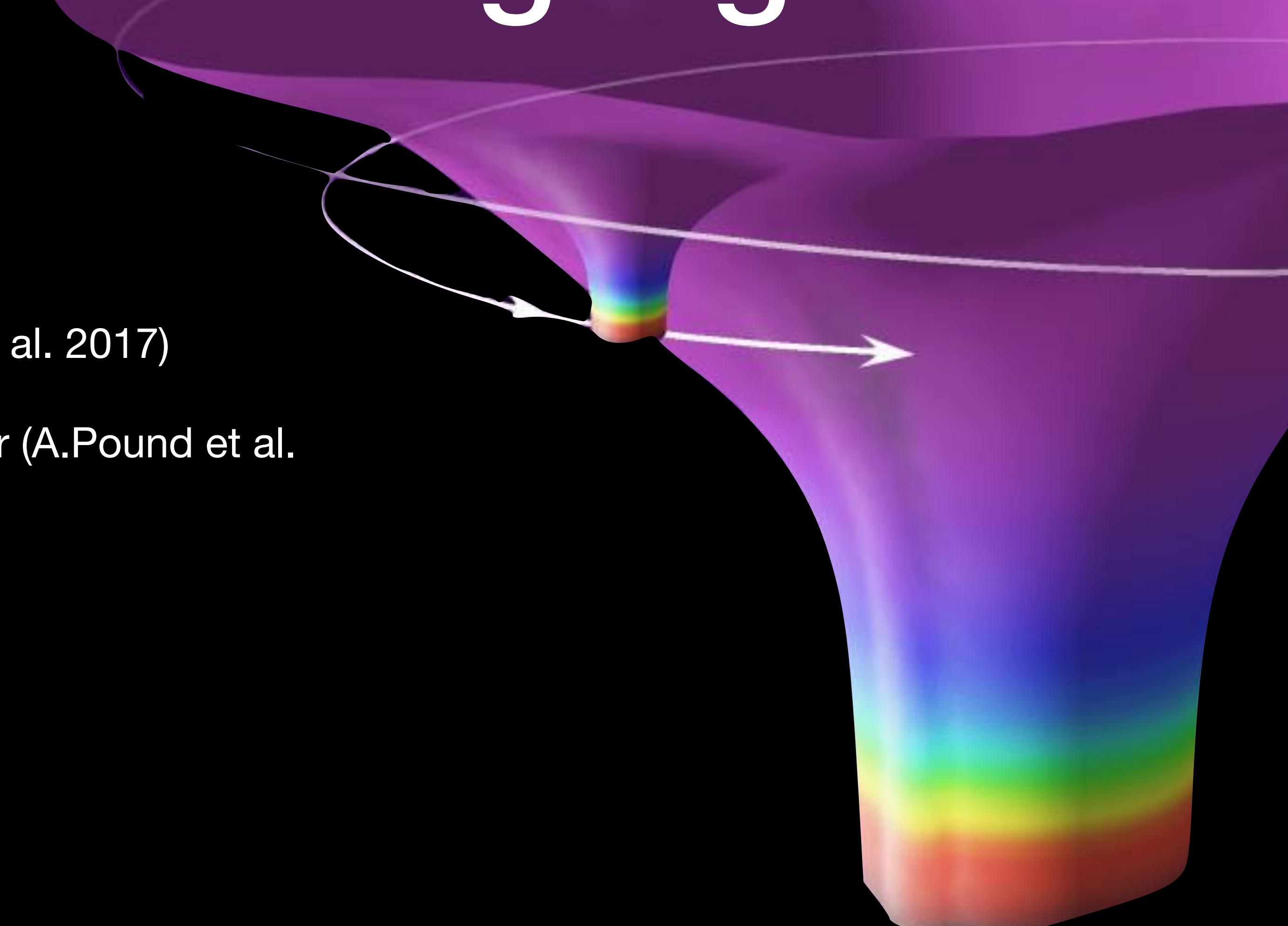
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  - Scalar case third order (C.Galley, 2010)
  - Electromagnetic second order (J.Moxon et al. 2017)
  - Ongoing work in gravitational second order (A.Pound et al. 2012-2017)
- Evolving the orbit





# Waveform missing ingredients

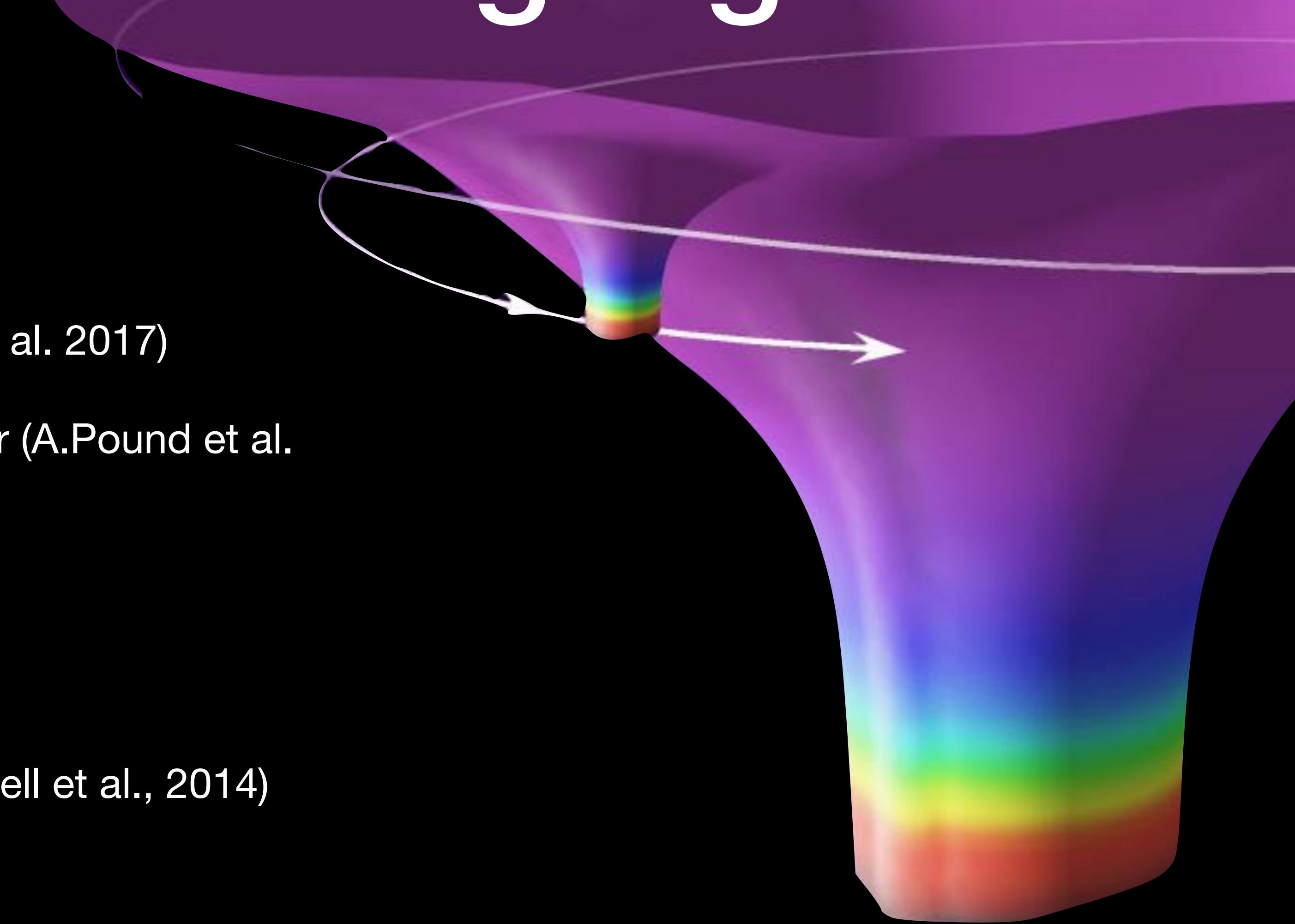
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# Waveform missing ingredients

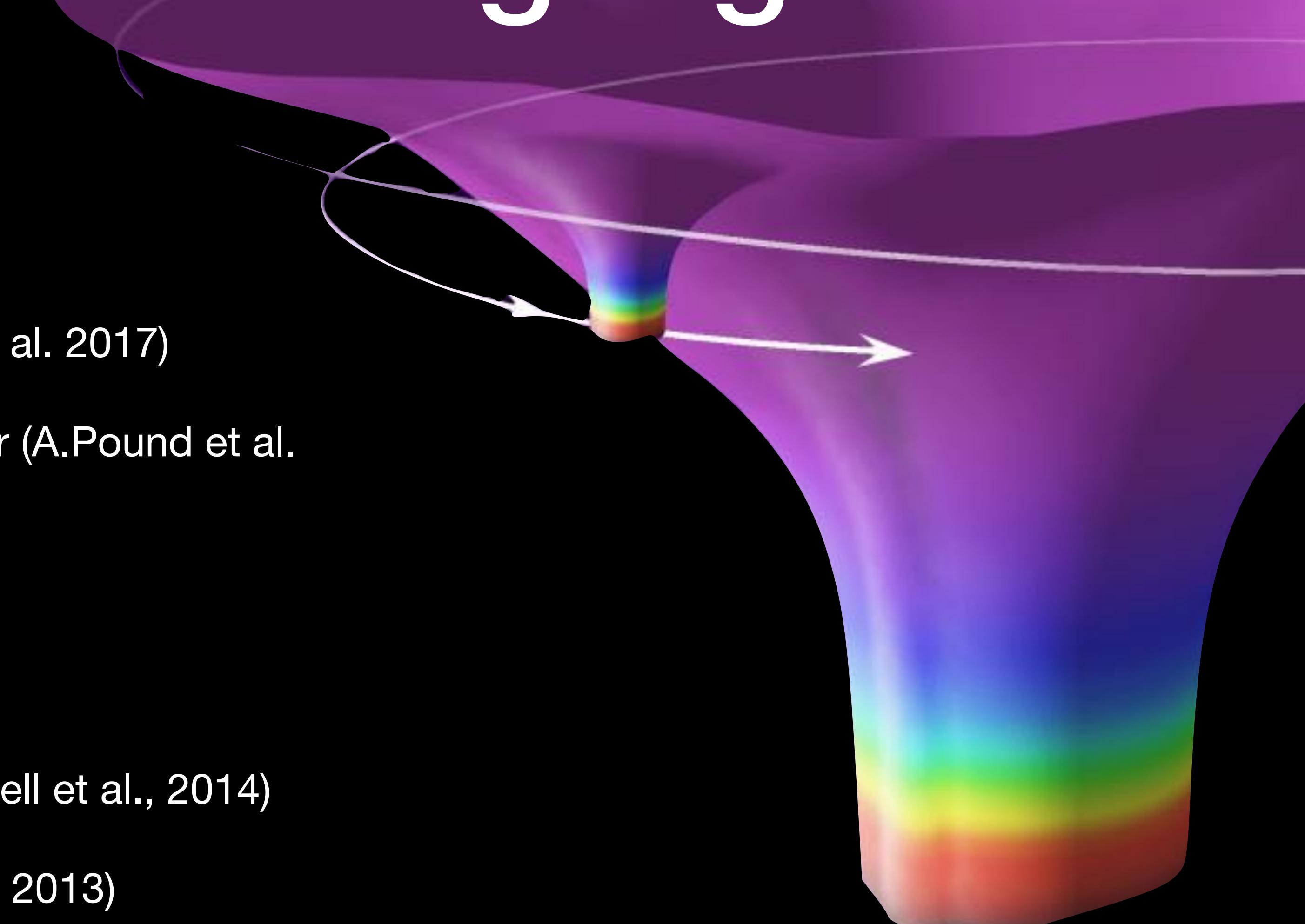
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  - Self consistent evolution in scalar (B. Wardell et al., 2014)





# Waveform missing ingredients

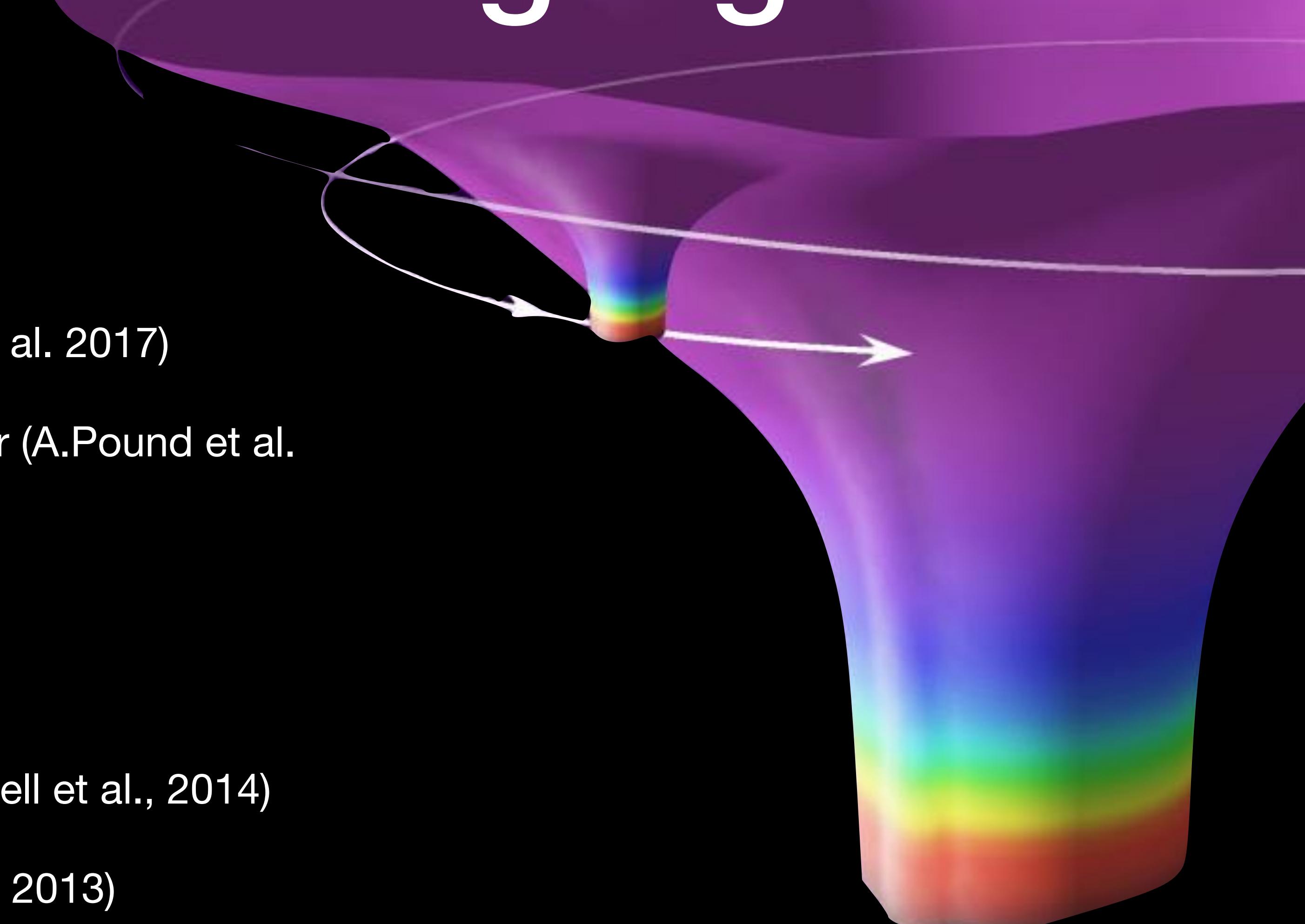
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  - Osculating Geodesics (N. Warburton et al., 2013)





# Waveform missing ingredients

- Second order
  - Scalar case third order (C.Galley, 2010)
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  - Near Identity Transformations (M.DeMeent, N.Warburton, 2018)

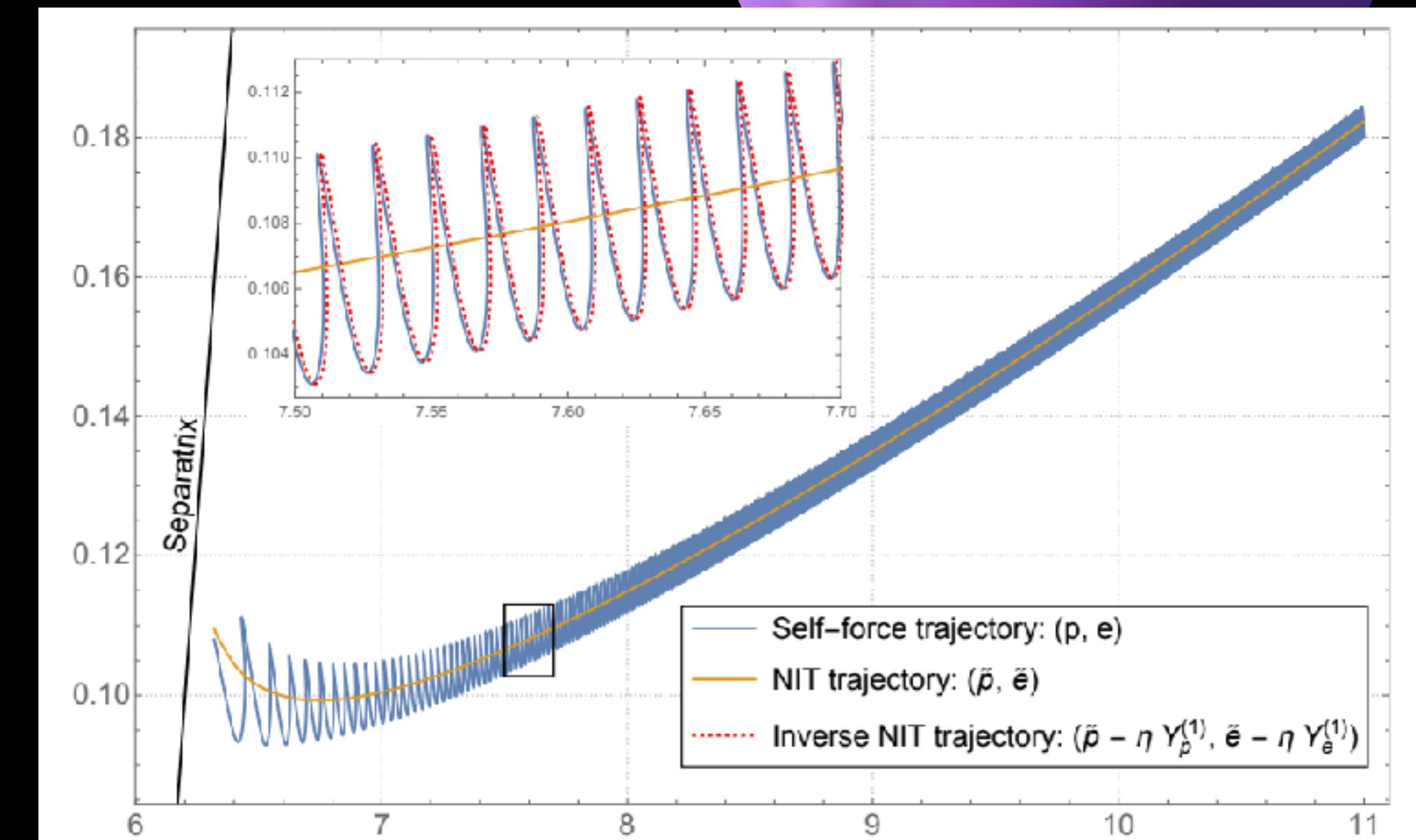




# Waveform missing ingredients

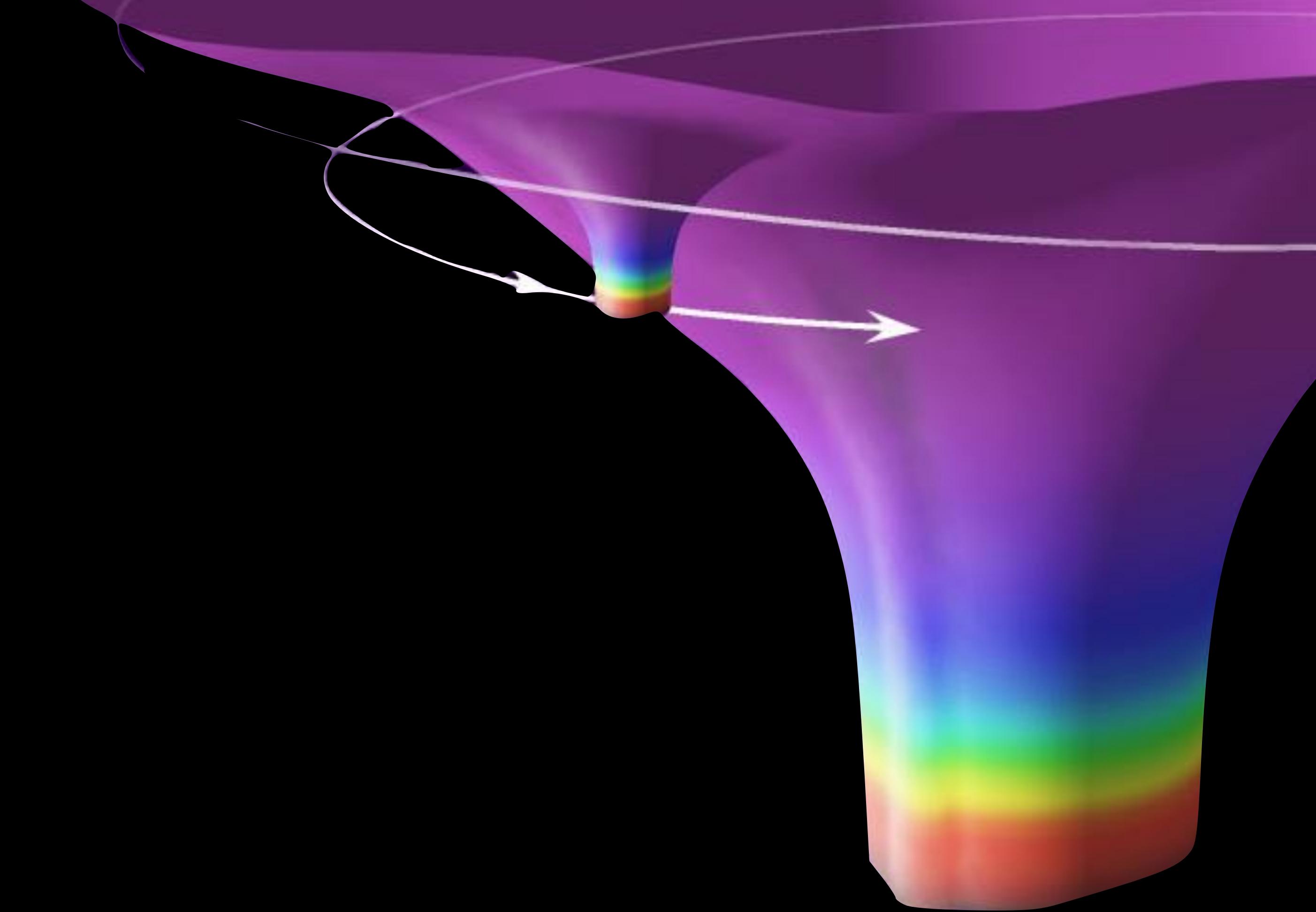
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  - Near Identity Transformations (M.DeMeent, N.Warburton, 2018)

Near Identity Transformations Vs Fully consistent





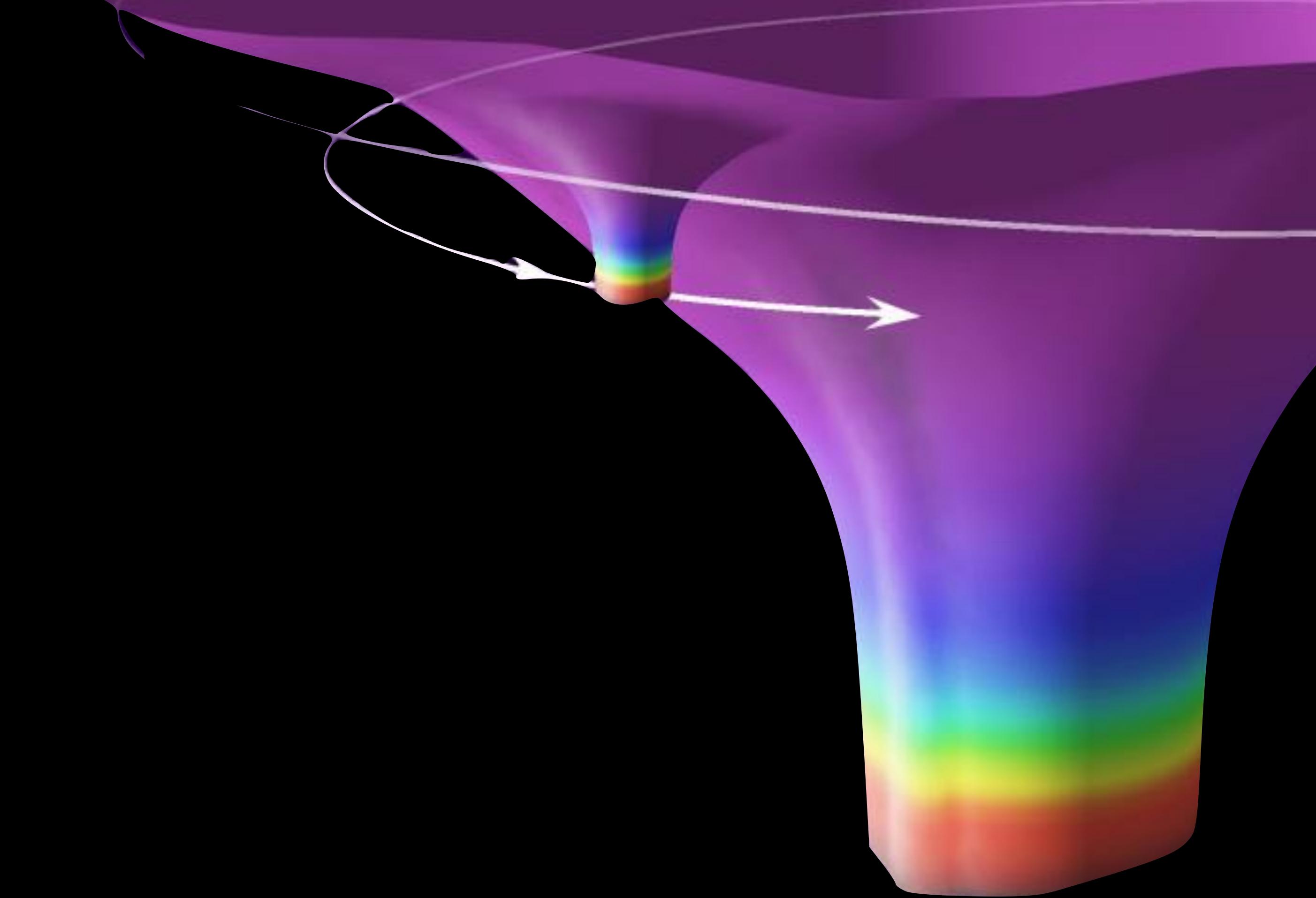
# Ongoing research: Waveforms





# Ongoing research: Waveforms

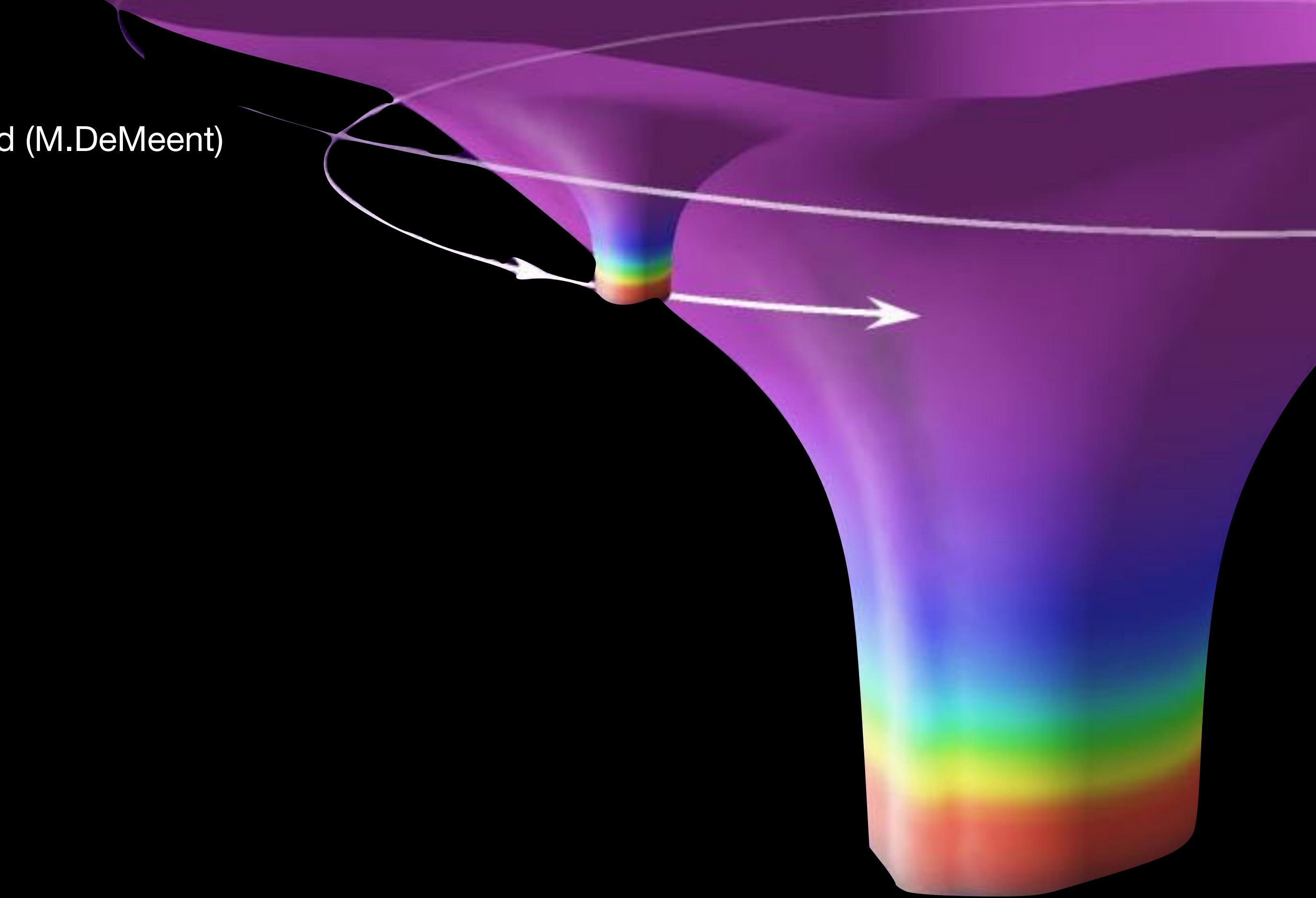
- First order





# Ongoing research: Waveforms

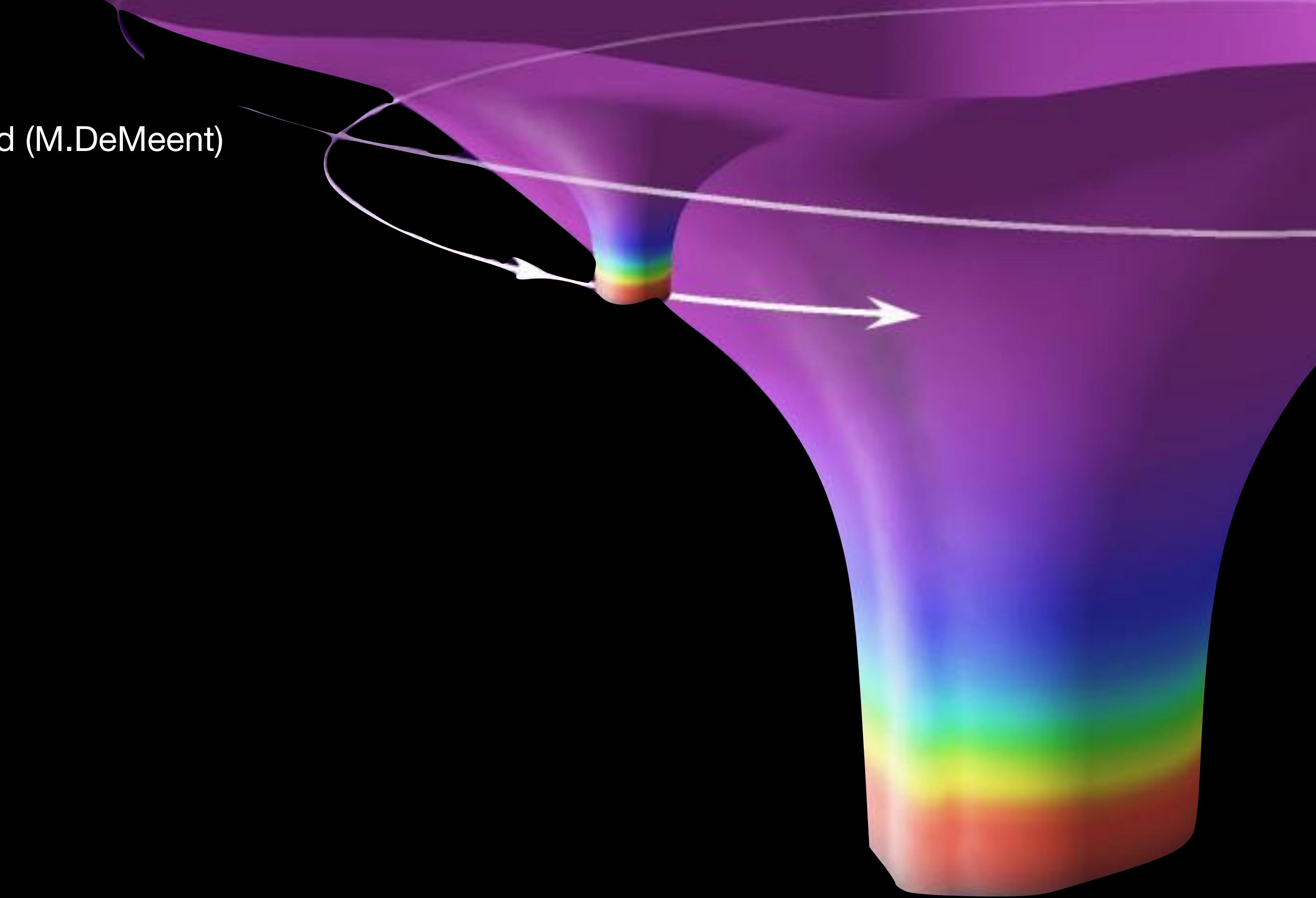
- First order
  - More accurate inclined eccentric Kerr models needed (M.DeMeent)





# Ongoing research: Waveforms

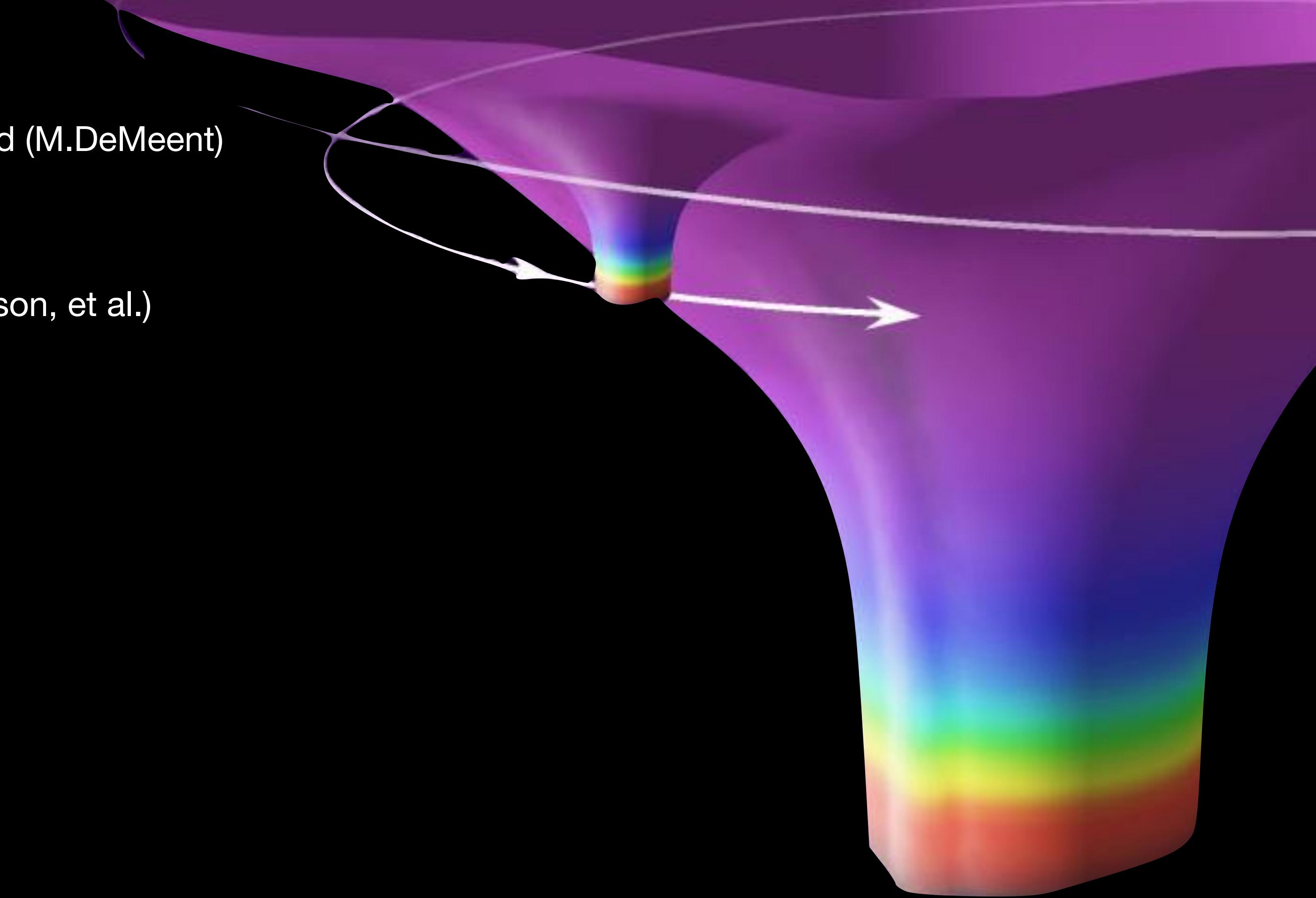
- First order
  - More accurate inclined eccentric Kerr models needed (M.DeMeent)
  - Complementary calculations needed





# Ongoing research: Waveforms

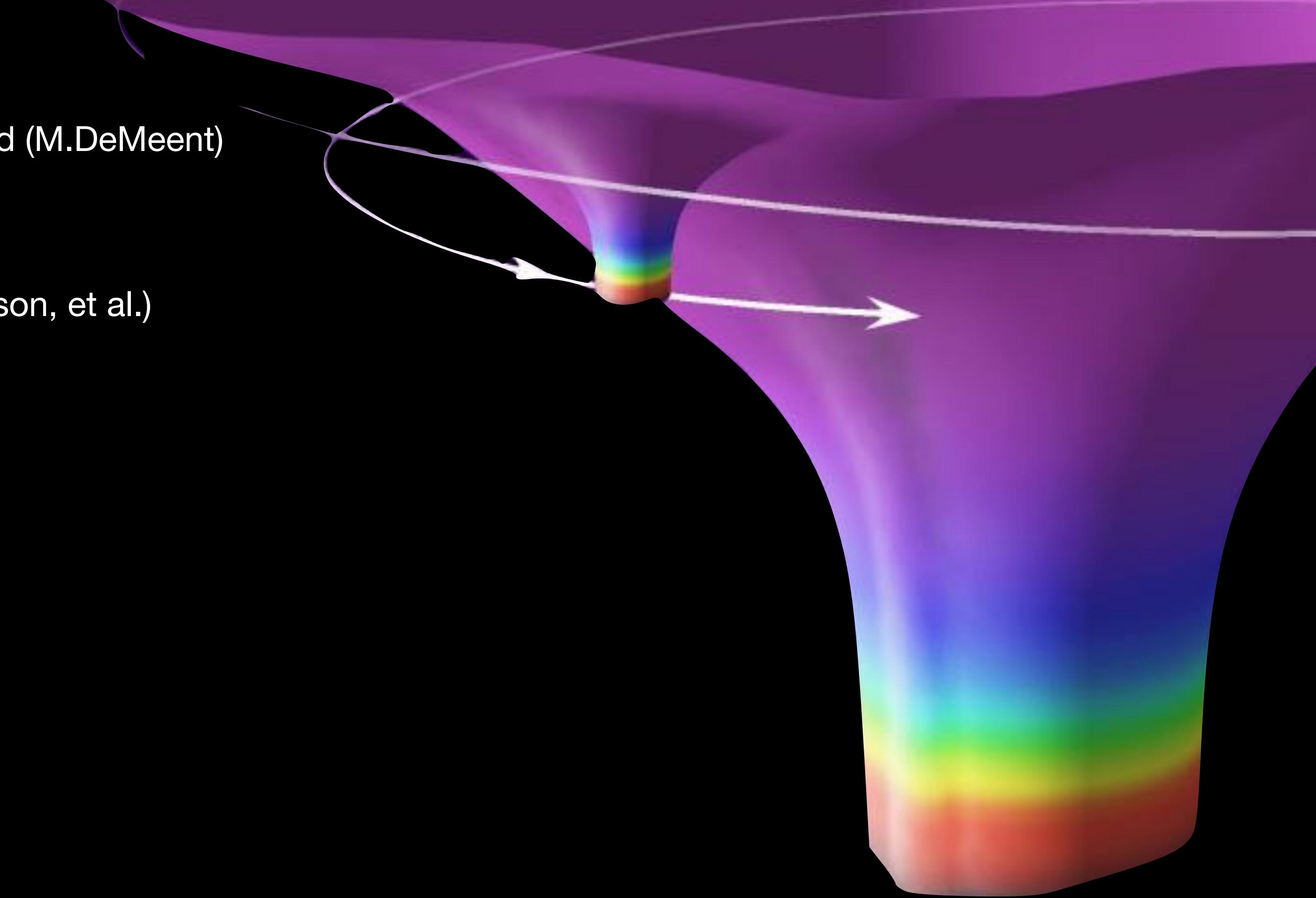
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  - More accurate singular fields (A.Heffernan, J.Thompson, et al.)





# Ongoing research: Waveforms

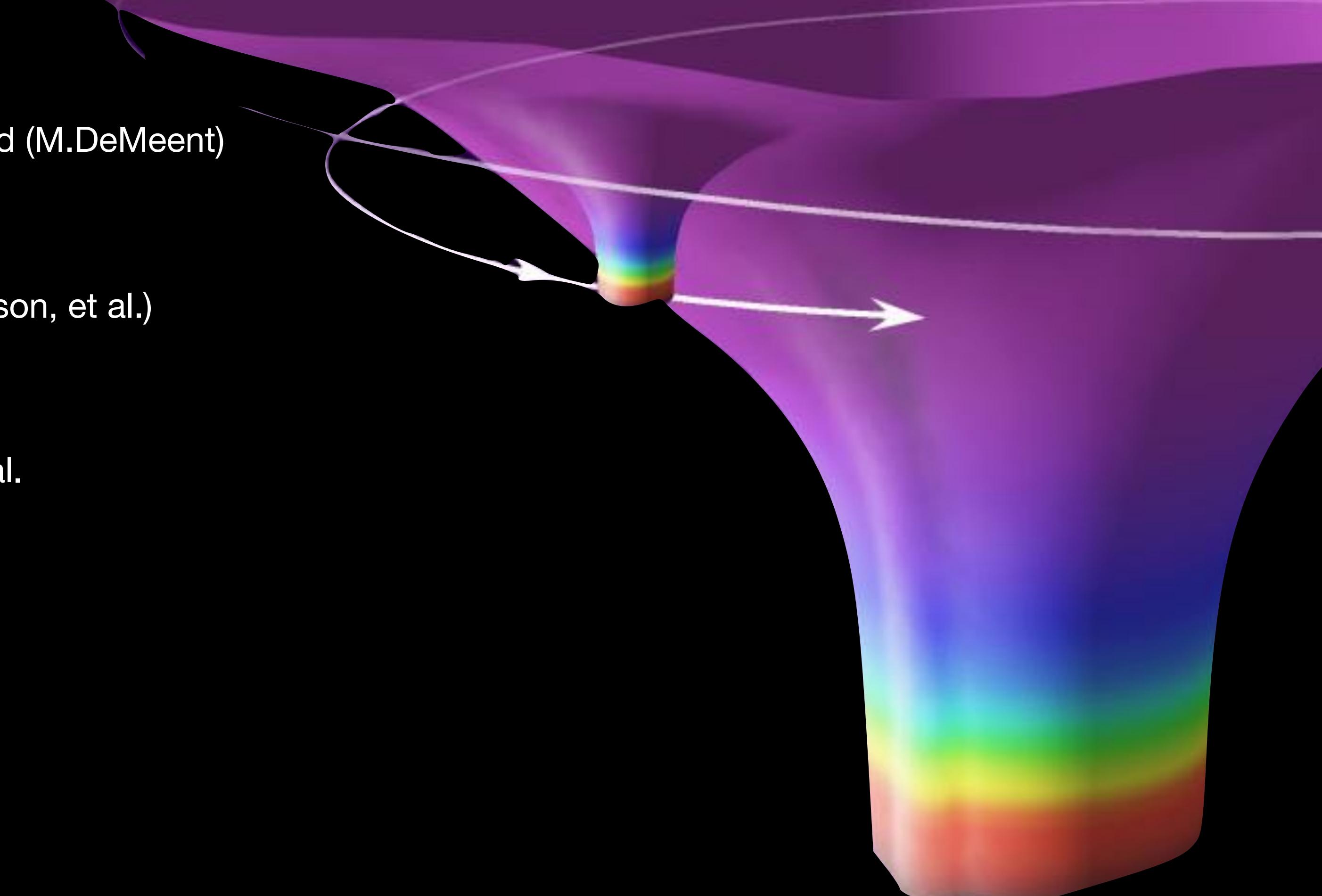
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  - More accurate singular fields (A.Heffernan, J.Thompson, et al.)
- Second order





# Ongoing research: Waveforms

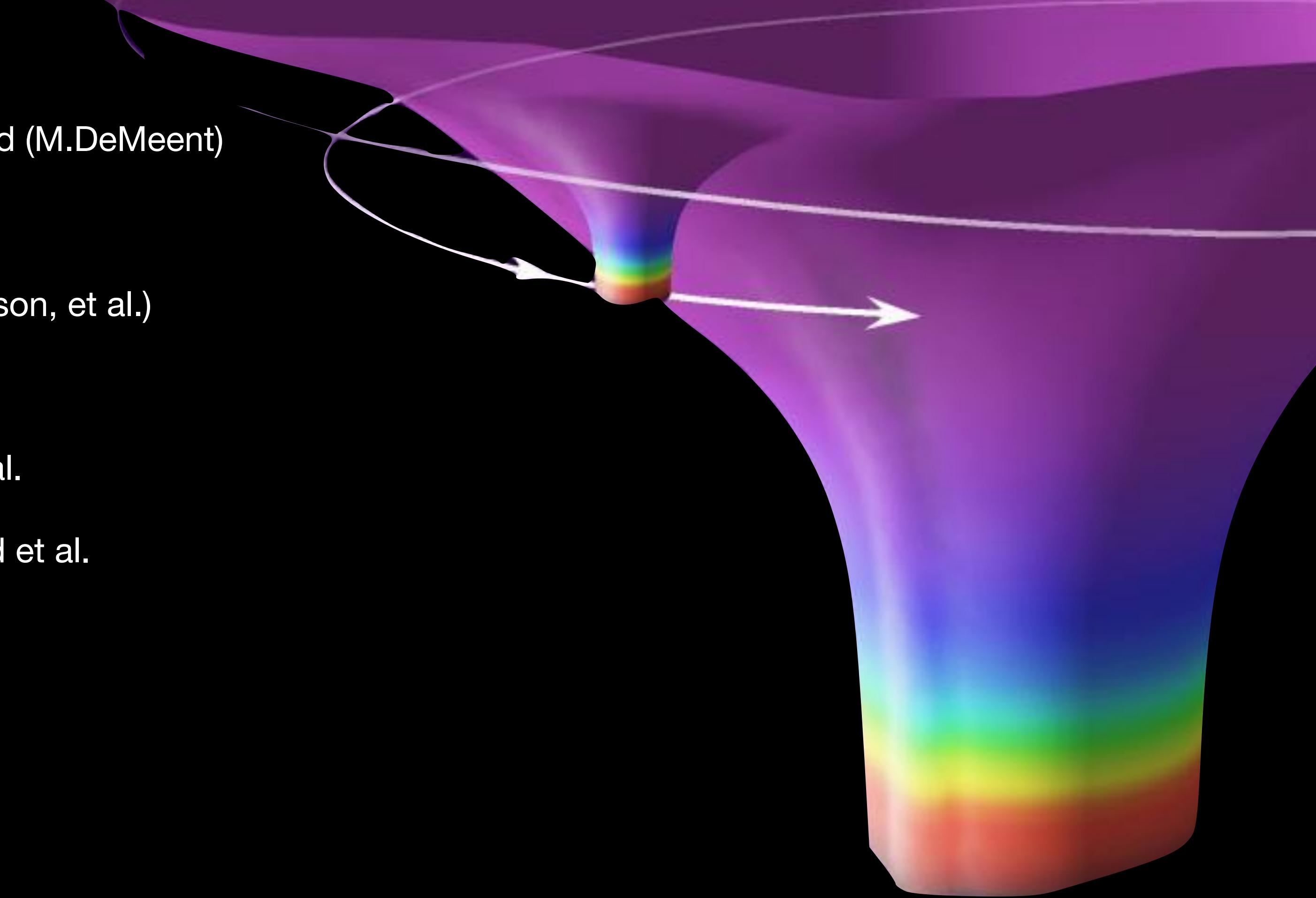
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# Ongoing research: Waveforms

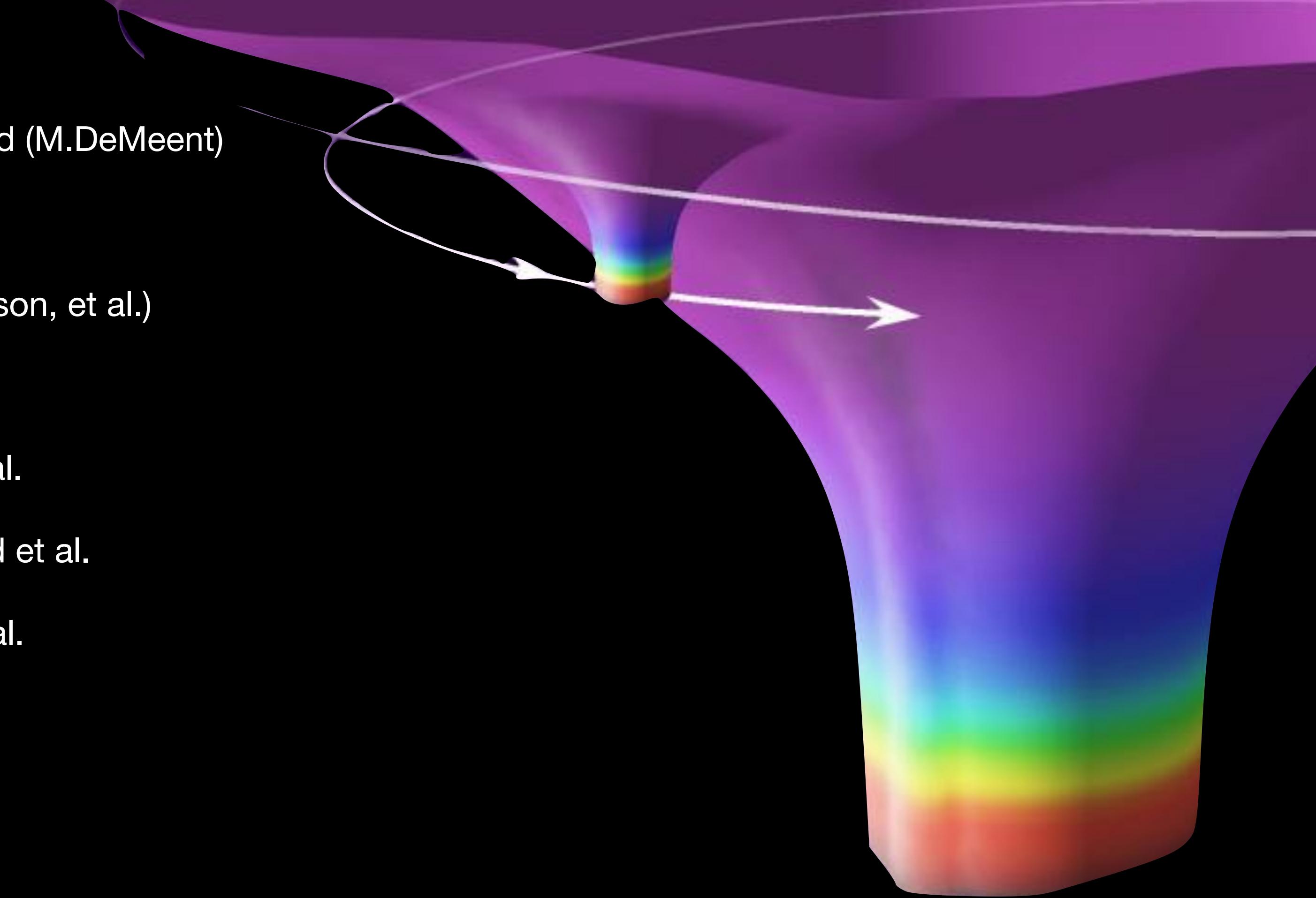
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  - Grall-Wald method being developed by J.Moxon et al.
  - Self-consistent method begin developed by A.Pound et al.





# Ongoing research: Waveforms

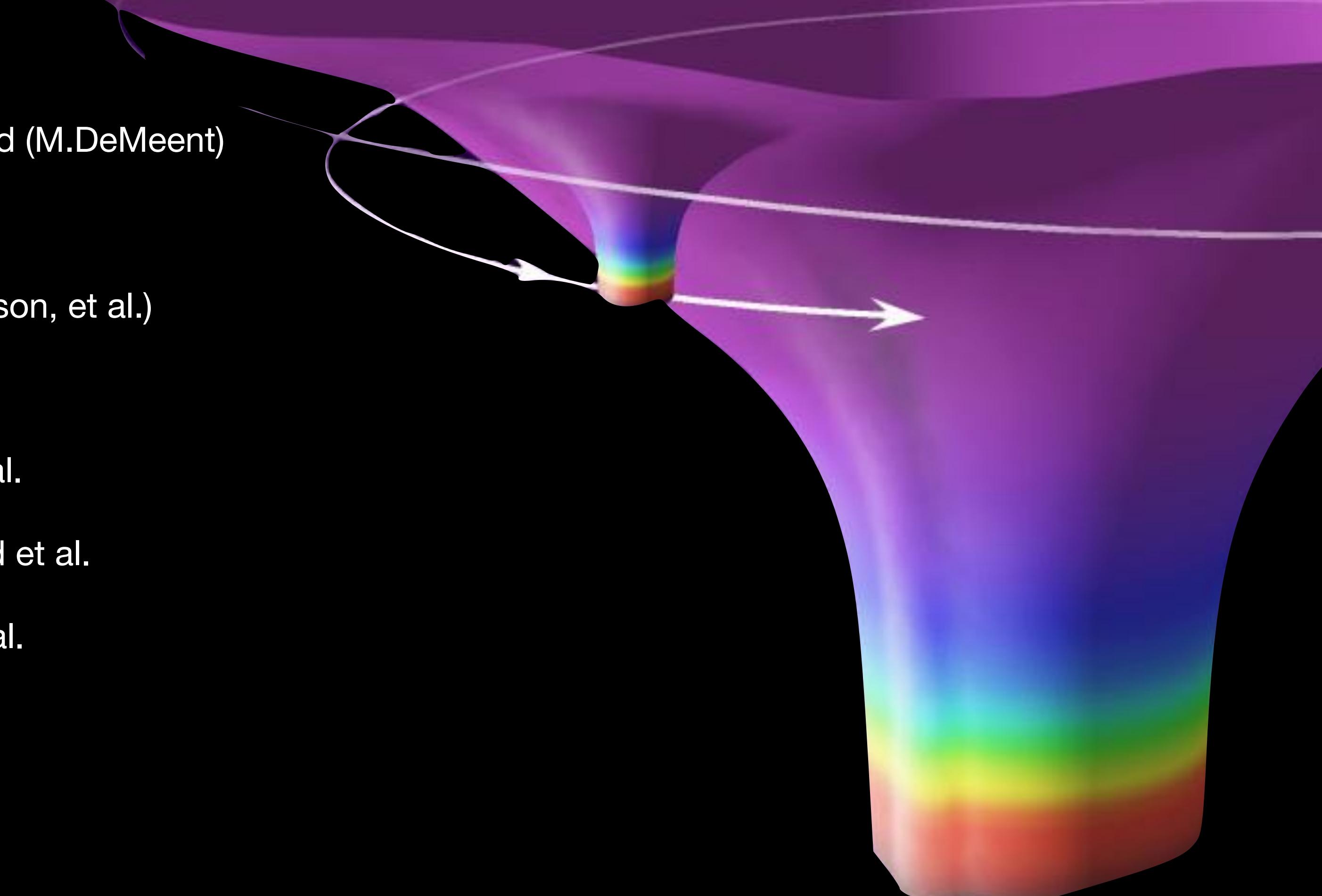
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  - Self-consistent method begin developed by A.Pound et al.
  - Other gauges being investigated by J.Thompson et al.





# Ongoing research: Waveforms

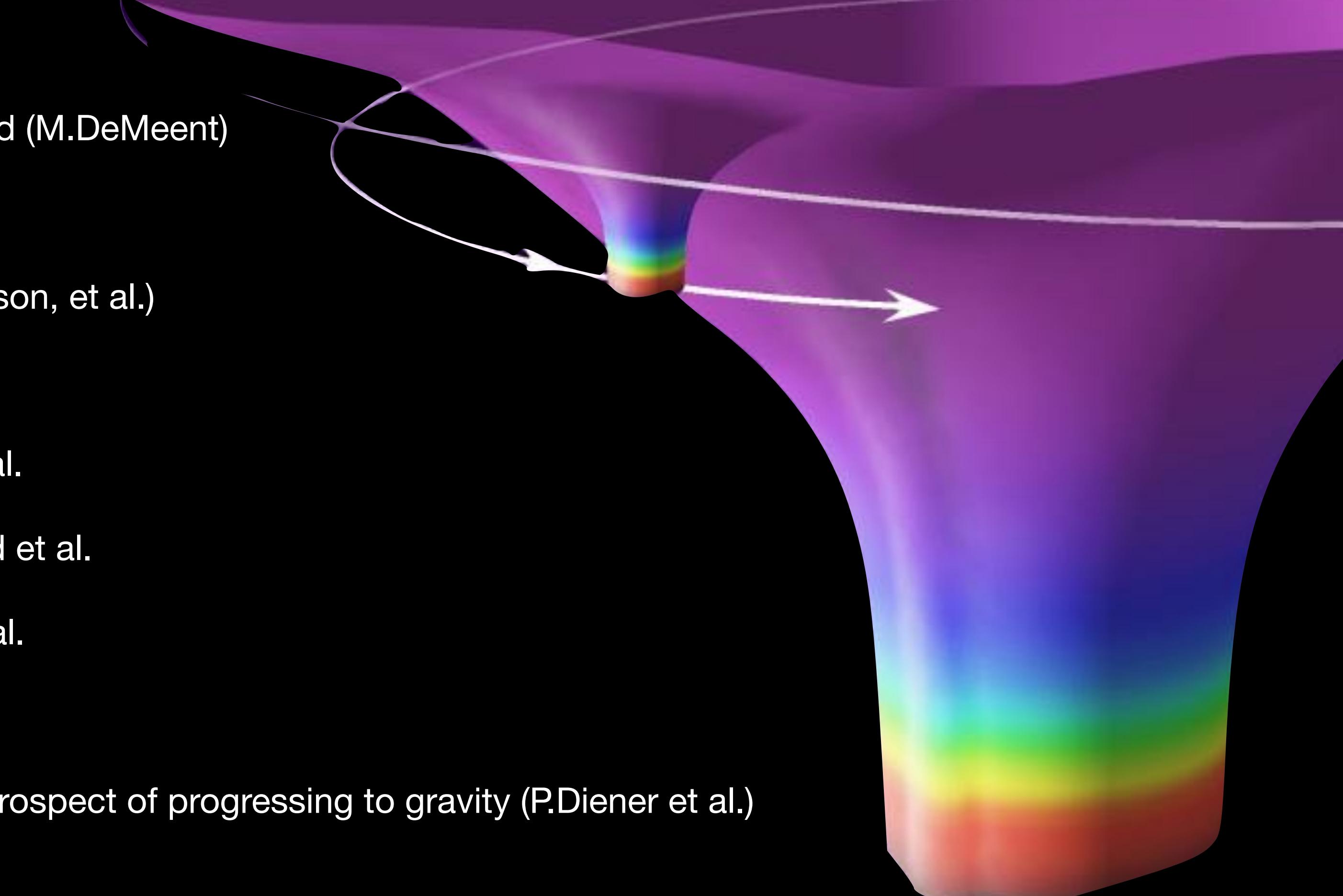
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# Ongoing research: Waveforms

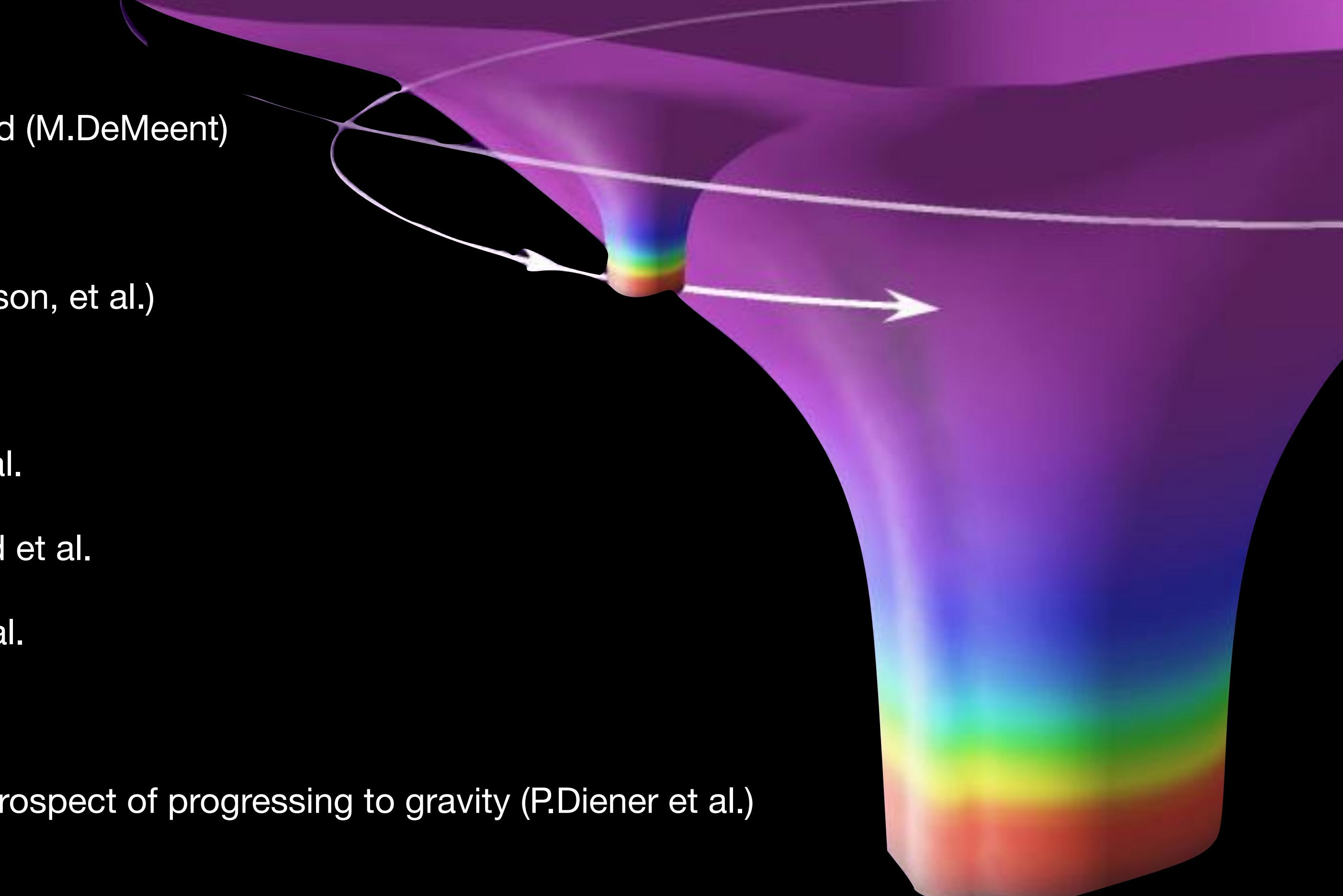
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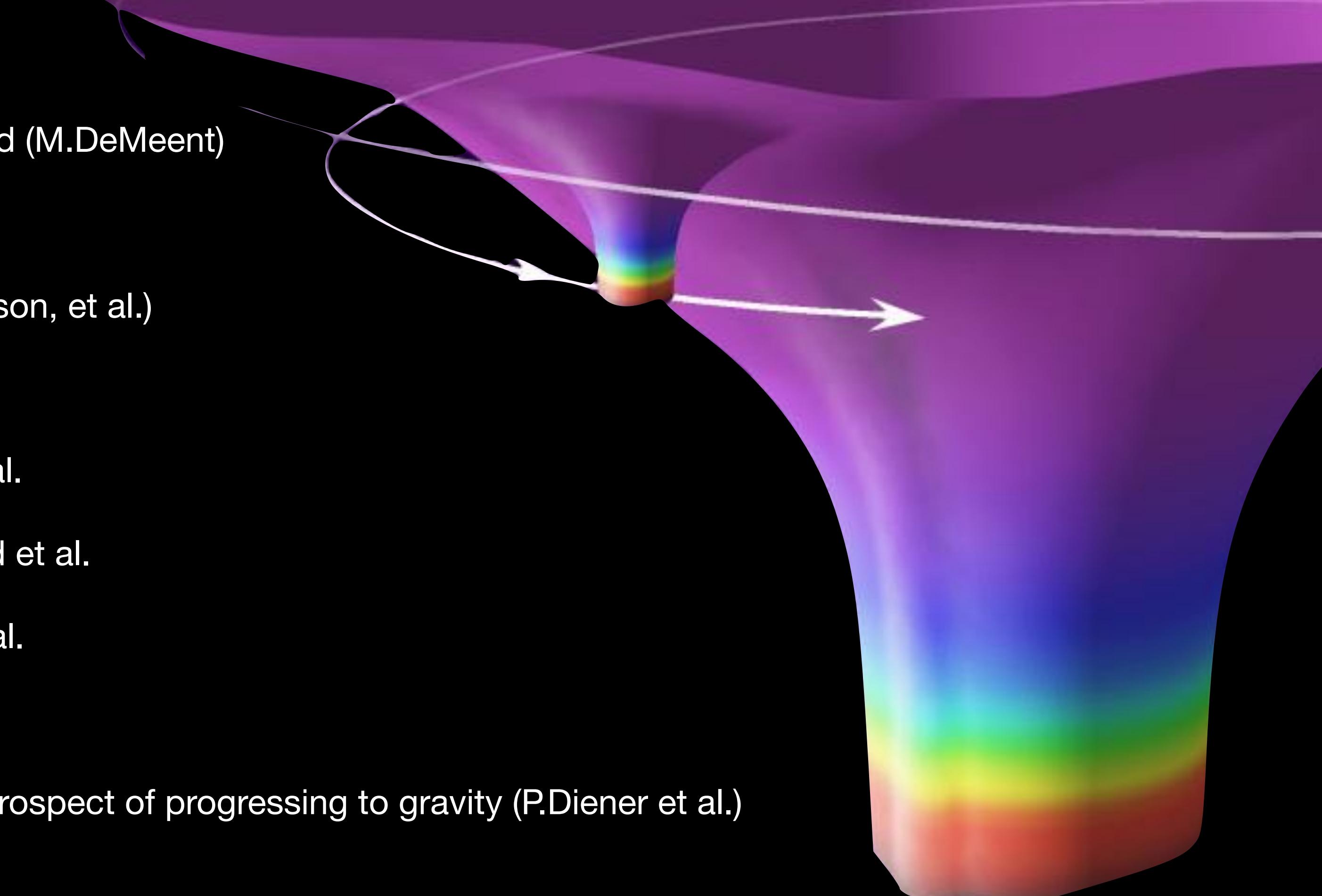
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  - NIT model similar to Kludge but can 'learn' from self consistent models

