

SMASH: how to unify inflation with the axion, dark matter, baryogenesis and the see-saw



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Minimal extension of the SM for:

1. Inflation
2. Baryogenesis
3. Dark matter
4. Smallness of neutrino masses
5. Strong CP problem

Basic structure

1. Inflation

2. Baryogenesis

3. Dark matter

4. Smallness of neutrino masses

5. Strong CP problem



An example of minimality: ν Minimal SM

SM + Three singlet neutrinos, N_i , with Majorana masses

- Small masses of SM neutrinos from see-saw
- The lightest N_i is a DM candidate with \sim keV mass
- Baryogenesis from oscillations of the two heavier N_i

Asaka, Blanchet and Shaposhnikov 2005

- The Higgs, non-minimally coupled to gravity, gives inflation

Bezrukov and Shaposhnikov 2008

ν MSM

1. inflation



2. baryogenesis



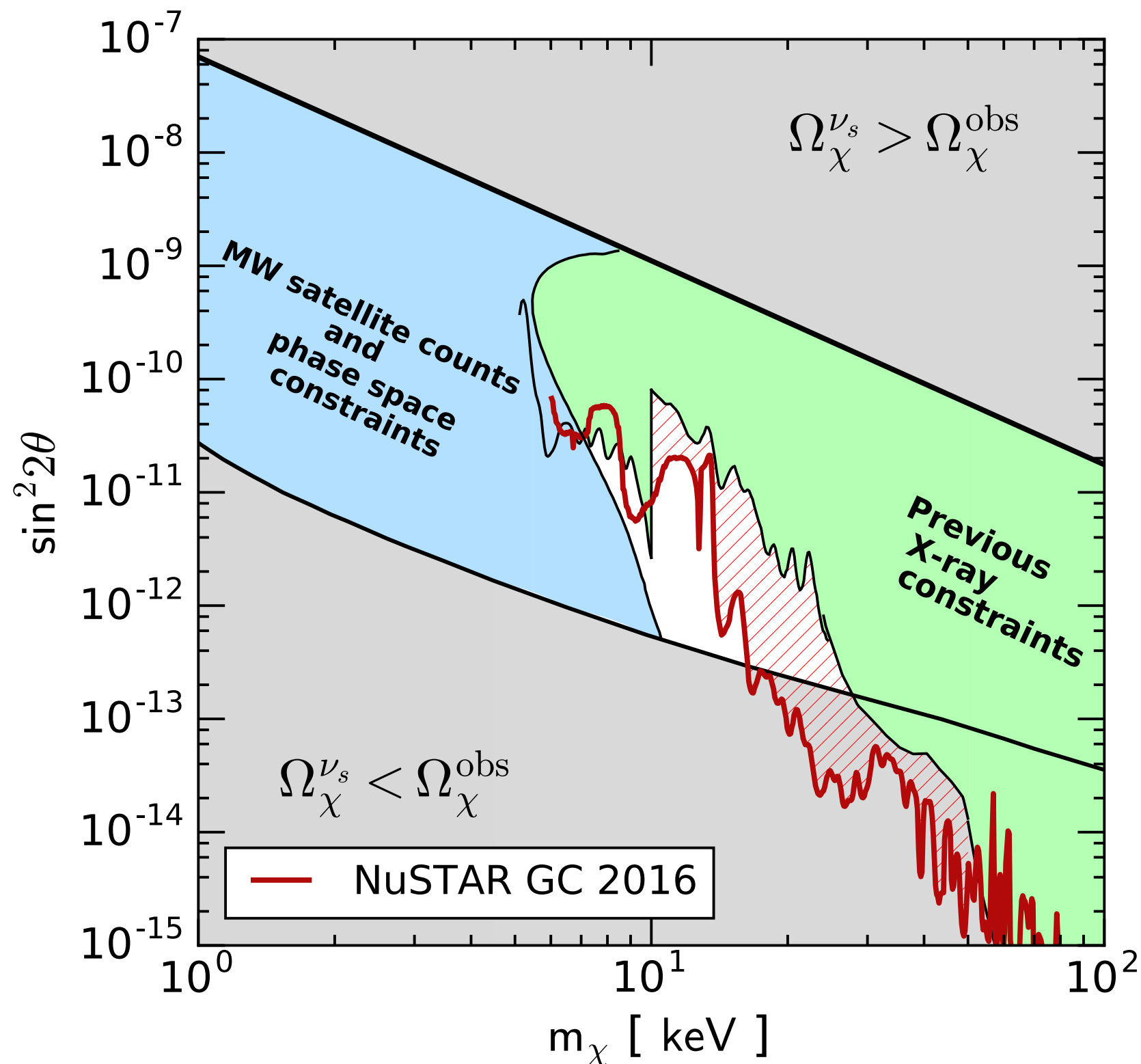
3. dark matter (now small window, *Perez et al. 2016*)

4. smallness of neutrino masses



5. strong CP problem





ν MSM
dark matter

NuSTAR

Observations of the Galactic Center to search for X-ray lines from the radiative decays of sterile neutrino DM.

$$\chi \rightarrow \gamma \nu$$

For sterile neutrino dark matter in ν MSM, only a tiny window remains near $m_{\chi} \simeq 10 - 16 \text{ keV}$.

1. Higgs inflation



- Negative SM potential at large field values
- Perturbative unitarity breaking \longrightarrow Loss of predictivity

SMASH

Standard Model -

Axion -

See-saw -

Higgs portal (inflation)

$$\text{SMASH} = \text{SM} +$$

★ Three singlet neutrinos, N_i

★ A complex singlet, σ

★ Q and \tilde{Q} in the fund. and anti-fund. reps. of $SU(3)_c$
(with hypercharges $-1/3$ and $1/3$, allowing them to decay into SM quarks)

Dias, Machado, Nishi, Ringwald and Vaudrevange 2014

★ New global $U(1)$ symmetry with charges:

q	u	d	L	N	E	Q	\tilde{Q}	σ
$1/2$	$-1/2$	$-1/2$	$1/2$	$-1/2$	$-1/2$	$-1/2$	$-1/2$	1

Strong CP problem

Q , \tilde{Q}

complex scalar, σ

modulus

phase

Axion

Dark Matter

Baryogenesis
(*through leptogenesis*)

Gives mass to
RH neutrinos

N_i

*see-saw
mechanism*

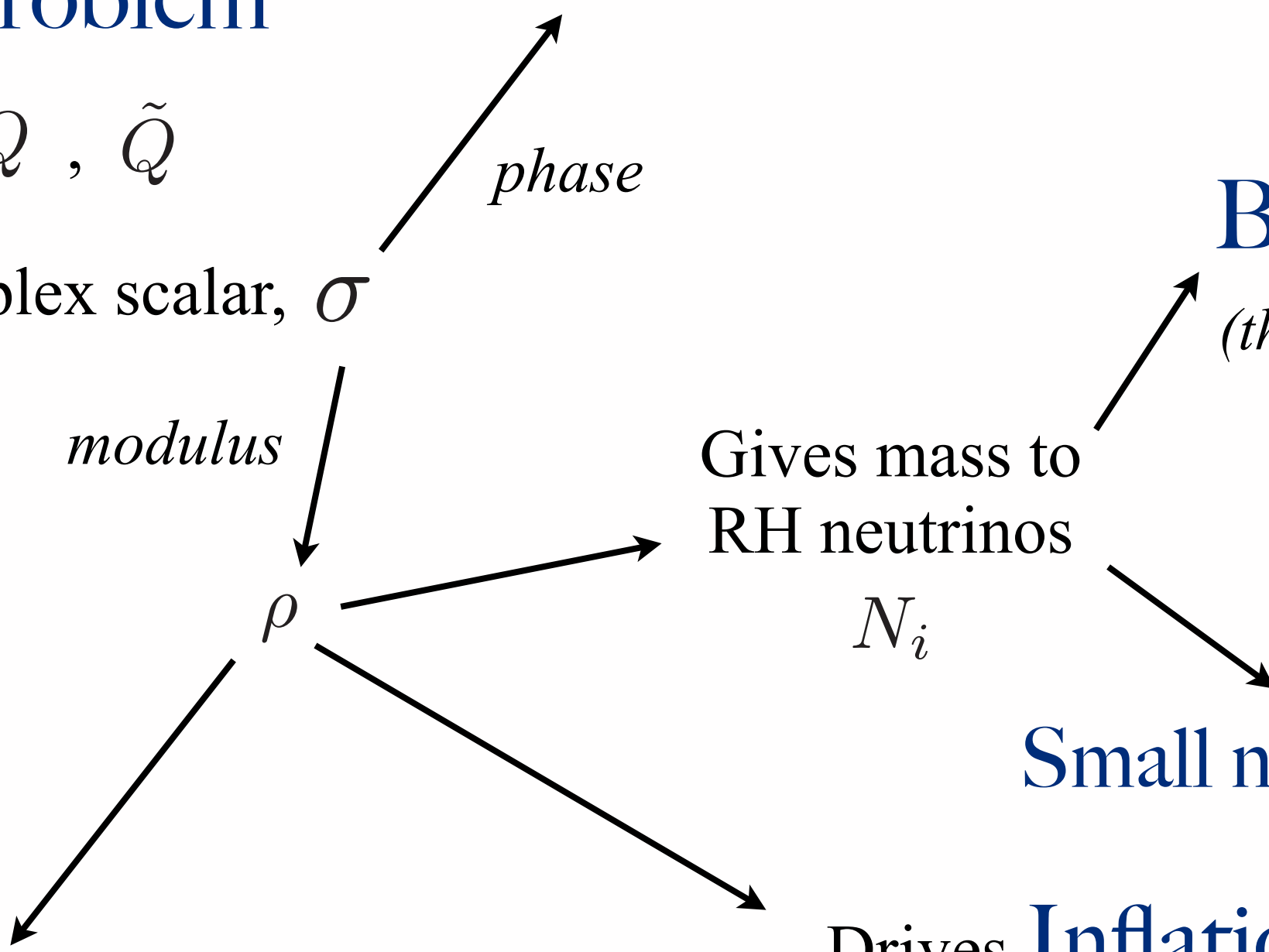
Small neutrino masses

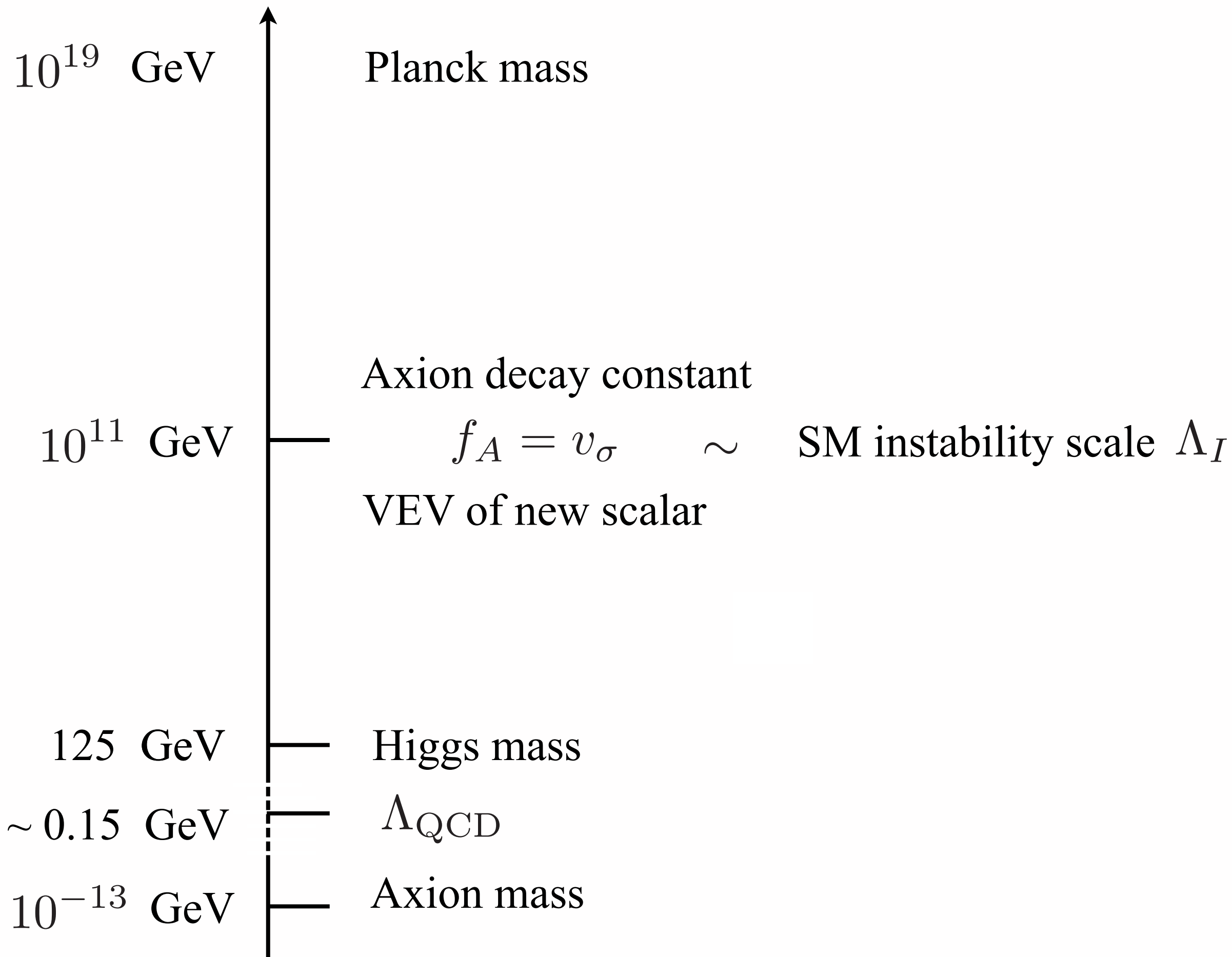
Drives Inflation

(together with the Higgs)
and **reheats** the Universe

Stabilizes the
Higgs potential

.....➤





Mass spectrum from a single new scale, f_A

$v_\sigma = f_A \sim 10^{11} \text{ GeV}$ ensures all the DM is in axions

Axion mass $m_A = (57.2 \pm 0.7) \left(\frac{10^{11} \text{ GeV}}{f_A} \right) \mu\text{eV}$
Borsanyi et al. 2016 from lattice QCD

$$\frac{M_{N_i}}{Y} \sim \frac{m_Q}{y} \sim \frac{m_\rho}{\sqrt{\lambda_\sigma}} \sim v_\sigma + \mathcal{O}(v) \sim 10^{11} \text{ GeV}$$

Upper limit on Yukawas Y, y for stability

$$10^{-13} \lesssim \frac{\lambda_\sigma}{5} \lesssim 10^{-10} \text{ from inflation}$$

Yukawa couplings and potential:

$$\mathcal{L} \supset - \left[Y_{u_{ij}} q_i \epsilon H u_j + Y_{d_{ij}} q_i H^\dagger d_j + G_{ij} L_i H^\dagger E_j + F_{ij} L_i \epsilon H N_j + \frac{1}{2} Y_{ij} \sigma N_i N_j \right. \\ \left. + y \tilde{Q} \sigma Q + y_{Q_{d_i}} \sigma Q d_i + h.c. \right],$$

.....
See-saw

.....
Strong CP problem (and DM)

$$V(H, \sigma) = \lambda_H \left(H^\dagger H - \frac{v^2}{2} \right)^2 + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + 2\lambda_{H\sigma} \left(H^\dagger H - \frac{v^2}{2} \right) \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)$$

.....
Stability, inflation and reheating

Couplings to gravity:

$$S \supset - \int d^4x \sqrt{-g} \left[\frac{M^2}{2} + \xi_H H^\dagger H + \xi_\sigma \sigma^* \sigma \right] R$$

.....
Inflation

Neutrino masses, from see-saw

$$F_{ij} L_i \epsilon H N_j + \frac{1}{2} Y_{ij} \sigma N_i N_j$$

σ takes a large VEV $v_\sigma \sim 10^{11} \text{ GeV}$

$$M_\nu = \begin{pmatrix} 0 & M_D \\ M_D^T & M_M \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 & F v \\ F^T v & Y v_\sigma \end{pmatrix}$$

$$m_\nu = -M_D M_M^{-1} M_D^T = -\frac{F Y^{-1} F^T}{\sqrt{2}} \frac{v^2}{v_\sigma} = 0.04 \text{ eV} \left(\frac{10^{11} \text{ GeV}}{v_\sigma} \right) \left(\frac{-F Y^{-1} F^T}{10^{-4}} \right)$$

The strong CP problem

$$\mathcal{L}_{\text{QCD}} \in -\frac{\theta_0}{32\pi^2} G\tilde{G} \quad \text{breaks CP}$$

$$\theta \equiv \theta_0 - \arg(\det M)$$

$$\theta \lesssim 10^{-10}$$

from neutron e.d.m.

↑
Invariant under chiral
transformations

↑
Quark mass
matrix

Solutions?

e.g. another transformation under which $\delta S \propto \int G \tilde{G}$
making θ unphysical.

Global sym. that is anomalous under $\text{SU}(3)_c$
(but there is no such symmetry in the SM)

$$\mathcal{L} \in \frac{1}{2} \partial_\mu A \partial^\mu A + i \frac{A}{32\pi^2} G \tilde{G}$$

The KSVZ axion

Kim-Shifman-Vainshtein-Zakharov 1979

The coupling of the axion to QCD is a dim. 5 operator.

UV completion ?

$$\frac{1}{2} \partial_\mu \sigma \partial^\mu \sigma^* + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + y \tilde{Q} \sigma Q + h.c.$$

$$\sigma \rightarrow e^{i\alpha} \sigma, \quad Q \rightarrow e^{-i\frac{\alpha}{2} \gamma_5} Q$$

Redefine Q with a chiral transformation of parameter $\alpha = \frac{A}{v_\sigma}$

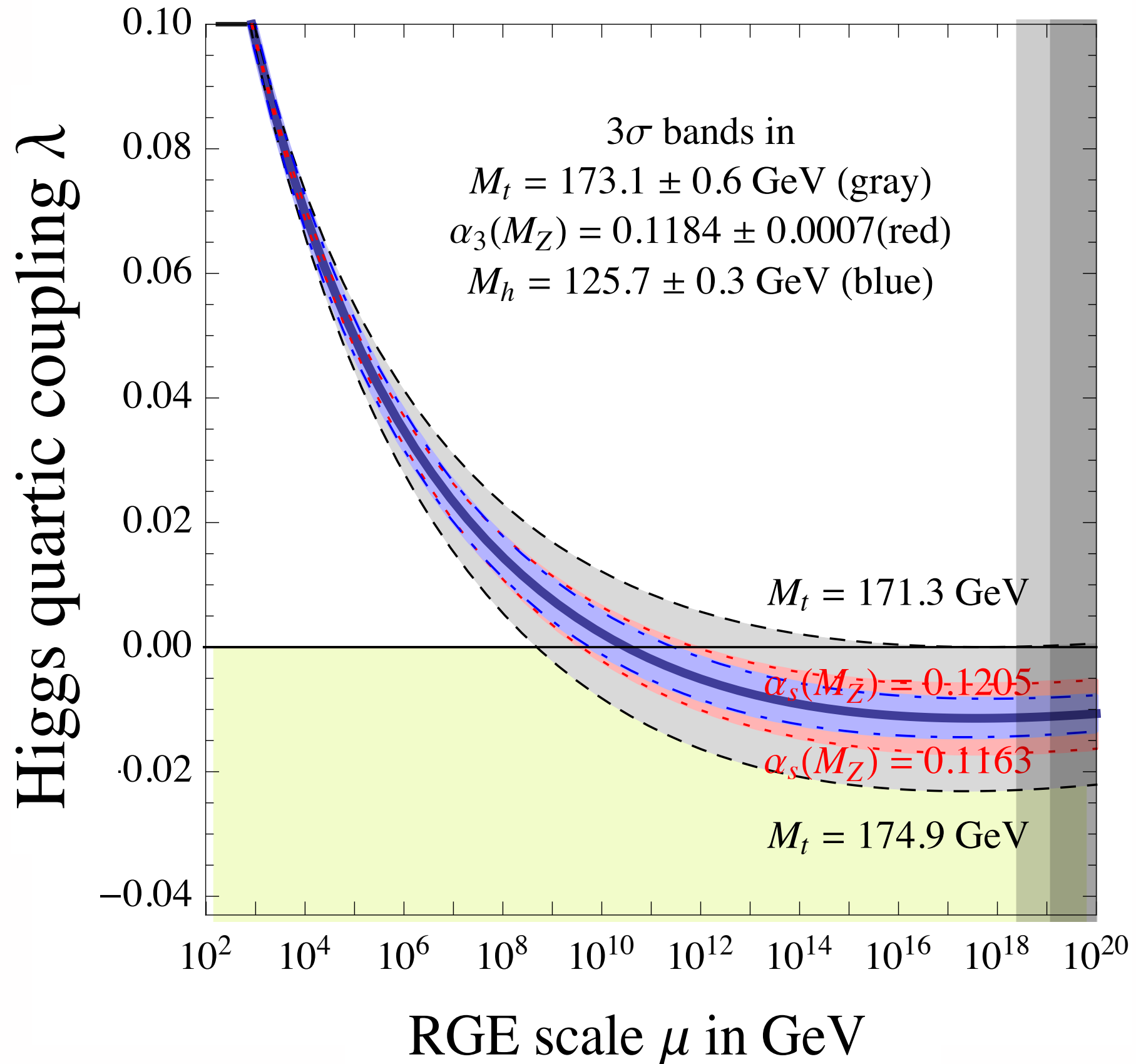
and integrate out Q and $|\sigma|$ below v_σ

$$\sigma(x) = \frac{1}{\sqrt{2}} [v_\sigma + \rho(x)] e^{iA(x)/v_\sigma}$$

Solving the strong CP problem gives us
a DM candidate (the axion, A) and
a heavy scalar, ρ , relevant for inflation and stability

Inflation and the SM as a motivation for SMASH

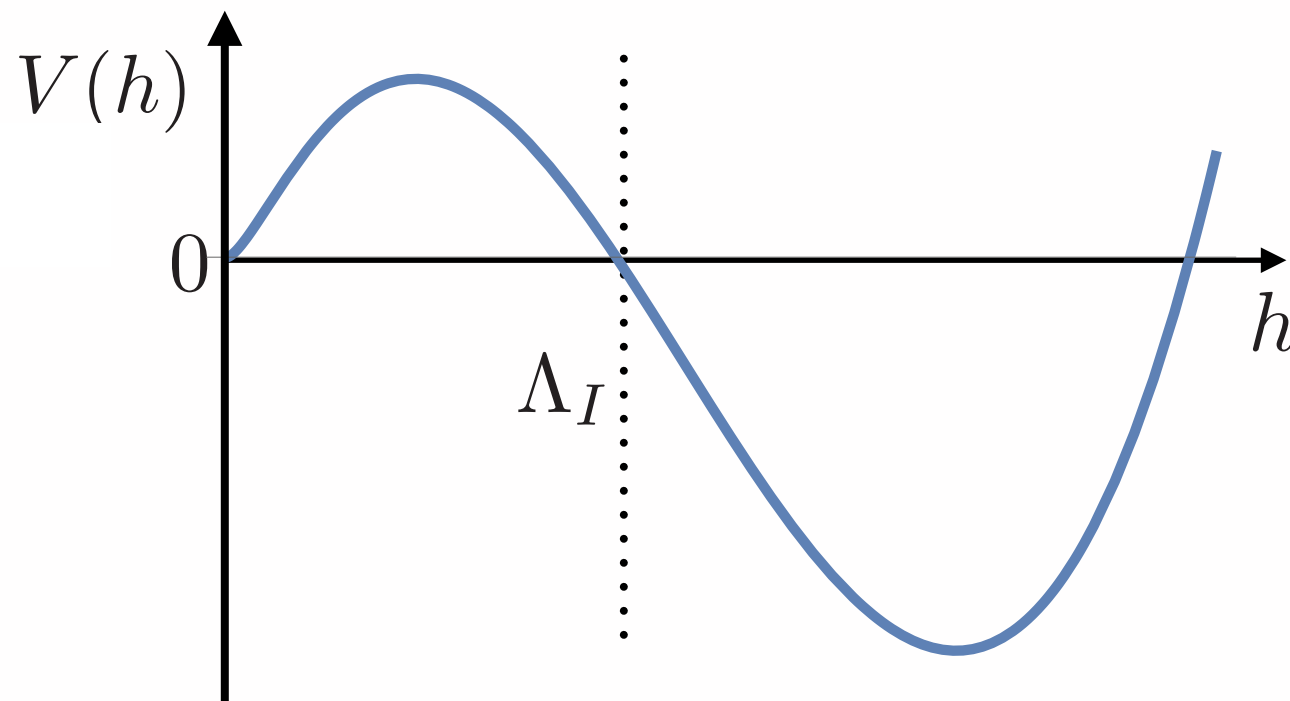
Inflation and the SM instability



Degrassi et al. arXiv:1205.6497

Inflation and the SM instability

Higgs potential: $V(h) \simeq \frac{\lambda_H(h)}{4} h^4, \quad \beta_{\lambda_H} \sim \frac{1}{16\pi^4} (-y_t^4 + \dots)$



$$V(h) < 0 \quad \text{at} \quad h = \Lambda_I \sim 10^{11} \text{ GeV}$$

Inflation and the SM instability

Two problems

1) Higgs Inflation

If the Higgs has to inflate the Universe (ν MSM)
its potential **must** be positive

2) Quantum fluctuations of the Higgs:

Even if the Higgs is not the inflaton

$$\sqrt{\langle h^2 \rangle} \sim \mathcal{H} \sim 10^{-5} M_P \sim 10^{14} \text{GeV} \gg \Lambda_I$$

Threshold stabilization

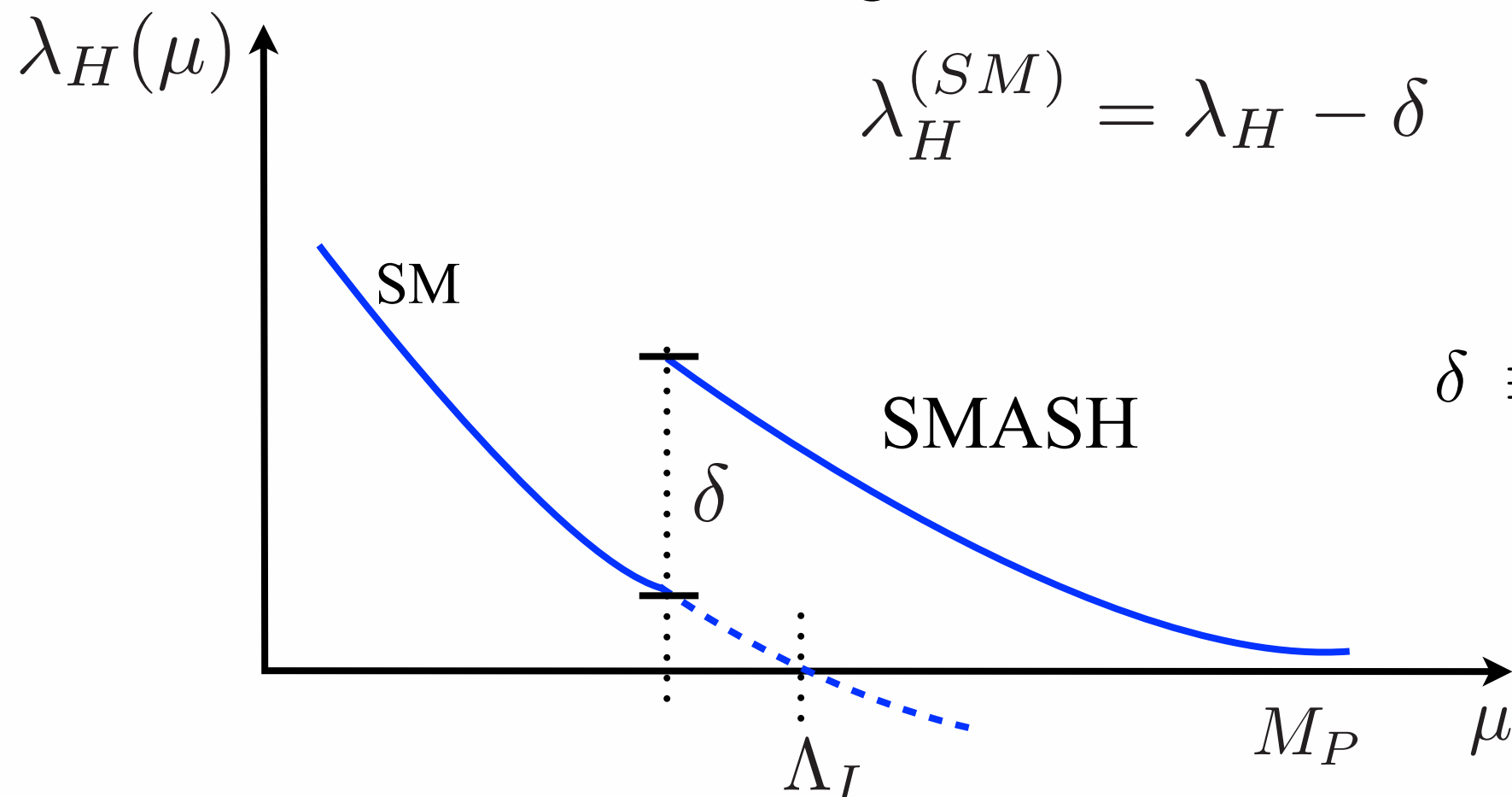
Lebedev 2012

Elias-Miro et al. 2012

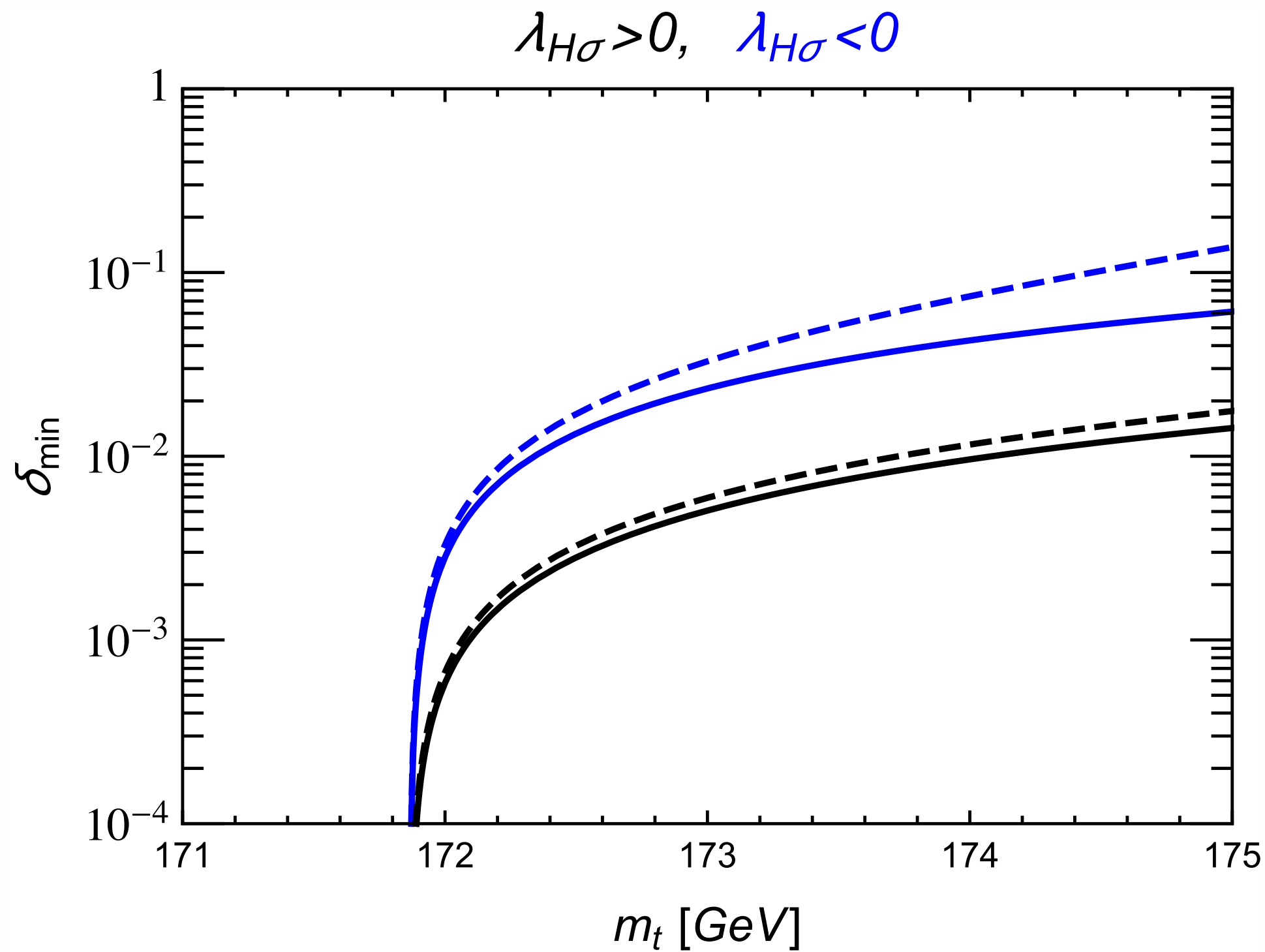
$$V(H, \sigma) = \lambda_H \left(H^\dagger H - \frac{v^2}{2} \right)^2 + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + 2\lambda_{H\sigma} \left(H^\dagger H - \frac{v^2}{2} \right) \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)$$

At low energies, below the mass of $|\sigma|$,

$$\lambda_H^{(SM)} = \lambda_H - \delta$$



$$\delta \equiv \lambda_{H\sigma}^2 / \lambda_\sigma \sim 10^{-2}$$



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$\mu = m_\rho$ (solid) and $\mu = 30M_P$ (dashed)

Stability conditions

Higgs direction

$$\begin{array}{l|l}
 \lambda_{H\sigma} < 0 : & \tilde{\lambda}_H, \tilde{\lambda}_\sigma > 0 \quad \text{for all } h. \\
 \lambda_{H\sigma} > 0 : & \left\{ \begin{array}{ll} \tilde{\lambda}_H, \tilde{\lambda}_\sigma > 0, & \text{for } h < \sqrt{2}\Lambda_h \\ \lambda_H, \lambda_\sigma > 0, & \text{for } h > \sqrt{2}\Lambda_h \end{array} \right.
 \end{array} \quad \left| \quad \begin{array}{l} \tilde{\lambda}_\sigma \equiv \lambda_\sigma - \frac{\lambda_{H\sigma}^2}{\lambda_H}, \quad \tilde{\lambda}_H \equiv \lambda_H - \delta \\ \Lambda_h^2 = \frac{\lambda_{H\sigma}}{\lambda_H} v_\sigma^2 \end{array} \right.$$

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$|\sigma|$ direction

$$\beta_{\lambda_\sigma} \sim \frac{1}{16\pi^4} (-Y^4 - y^4 + \dots)$$

$$\frac{y^4 + Y^4}{16\pi^2} \lesssim \frac{\lambda_\sigma}{\log(h/m_{|\sigma|})}$$

Higgs inflation and perturbative unitarity

$$- \int d^4x \sqrt{-g} \left(\frac{M_P^2}{2} + \xi_H H^\dagger H \right) R + \int d^4x \sqrt{-g} (\partial_\mu H^\dagger \partial^\mu H - V(H^\dagger H))$$

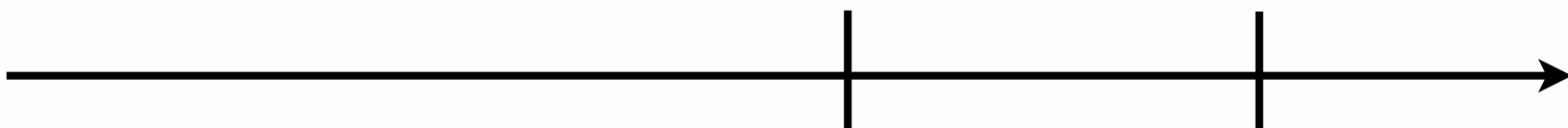
$$\tilde{V} \sim \frac{\lambda_H}{\xi_H^2} M_P^4 \qquad \xi_H \sim 10^5 \sqrt{\lambda_H} \sim 10^4$$

Unitarity breaking

$$\Lambda_U = \frac{M_P}{\xi_H} \sim 10^{14} \text{ GeV} \ll \frac{M_P}{\sqrt{\xi_H}} \sim 10^{16} \text{ GeV}$$

To restore unitarity physics must change at or below Λ_U ,
very likely altering the inflationary dynamics
and its predictions

Loss of unitarity in Higgs inflation



$$\mathcal{O} \sim \frac{(H^\dagger H)^{N+2}}{\Lambda_U^{2N}}$$

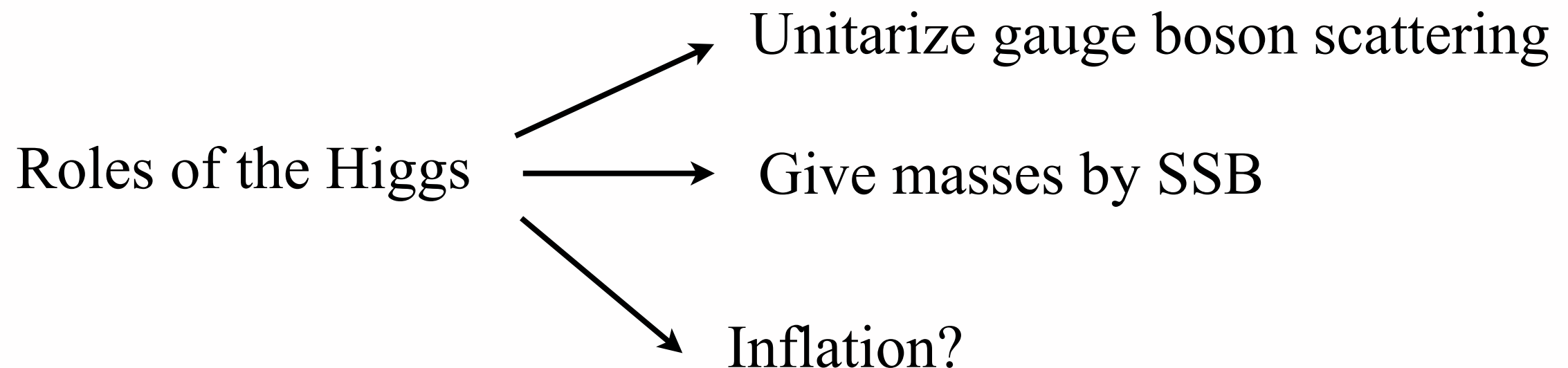
$$h \sim \frac{M_P}{\sqrt{\xi_H}} \rightarrow \mathcal{O} \sim \frac{M_P^{2(N+2)}}{\xi_H^{N+2} \Lambda_U^{2N}} \sim \xi_H^{N-2} M_P^4$$

$$V \sim \frac{\lambda_H}{\xi_H^2} M_P^4 \qquad \frac{\mathcal{O}}{V} \sim \frac{\xi_H^N}{\lambda_H} \gg 1$$

The inflationary predictions depend critically on the potential shape

$$\mathcal{H} \sim \frac{\sqrt{V}}{M_P} \sim \sqrt{\lambda_H} \Lambda_U$$

Loss of unitarity in Higgs inflation



Simple solution: the other field

$$V(H, \sigma) = \lambda_H \left(H^\dagger H - \frac{v^2}{2} \right)^2 + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + 2\lambda_{H\sigma} \left(H^\dagger H - \frac{v^2}{2} \right) \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)$$

$$\lambda_\sigma \ll 1$$

$$\Lambda_U \sim M_P / \xi_\sigma \sim M_P$$

Inflation with the new singlet

$$S \supset - \int d^4x \sqrt{-g} \left[\frac{M^2}{2} + \xi_H H^\dagger H + \xi_\sigma \sigma^* \sigma \right] R,$$

ξ_H and ξ_σ are always generated radiatively

$$\tilde{V}(\chi) = \frac{\lambda}{4} \rho(\chi)^4 \left(1 + \xi_\sigma \frac{\rho(\chi)^2}{M_P^2} \right)^{-2}$$

Same effective potential, two possibilities:

$$\lambda_{H\sigma} > 0 \longrightarrow \rho = |\sigma|, \quad \lambda = \lambda_\sigma$$

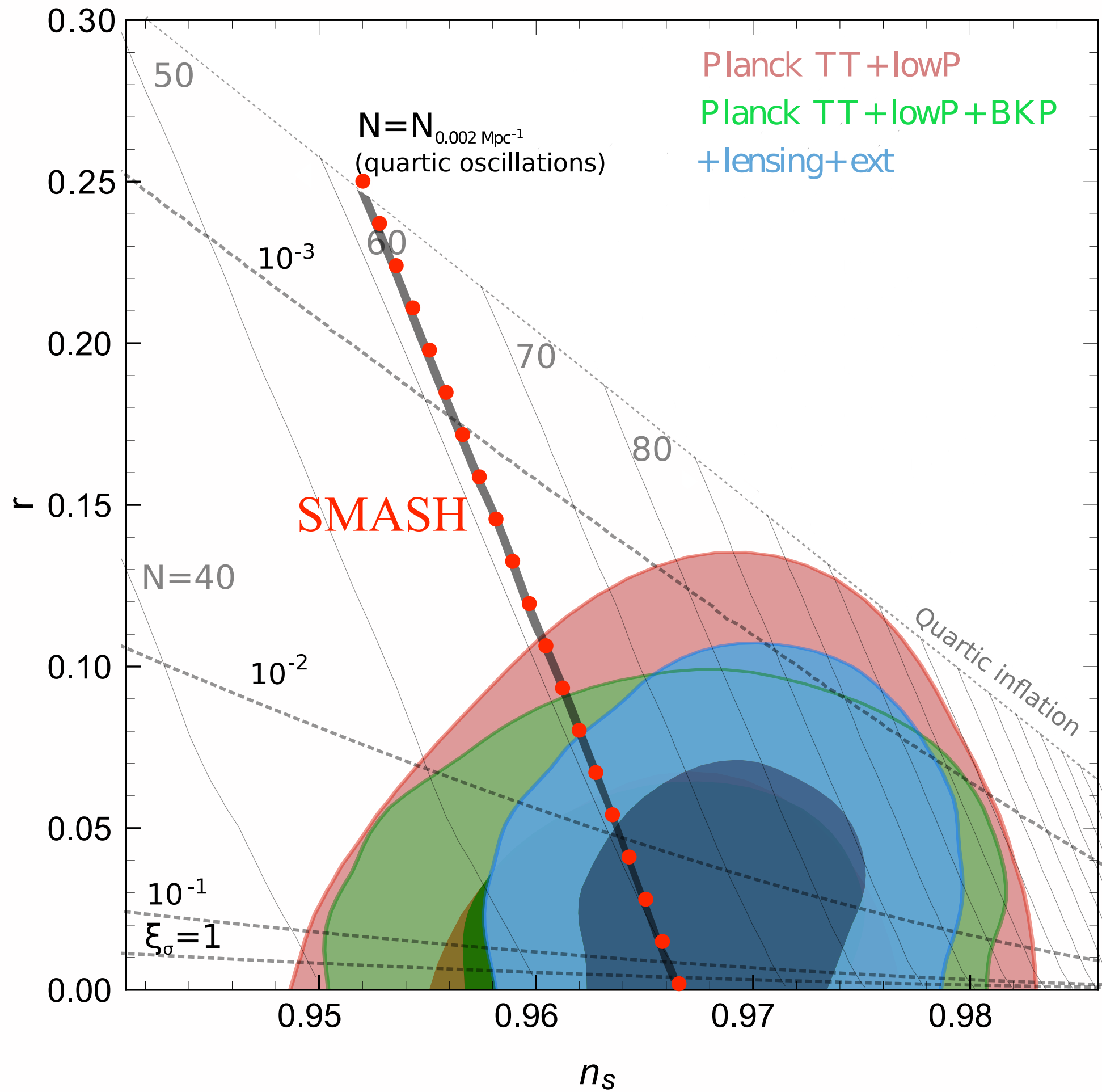
$$\lambda_{H\sigma} < 0 \longrightarrow \begin{aligned} \rho &= |\sigma| + \text{small Higgs component} \\ \lambda &= \lambda_\sigma - \lambda_{H\sigma}^2 / \lambda_H \end{aligned}$$

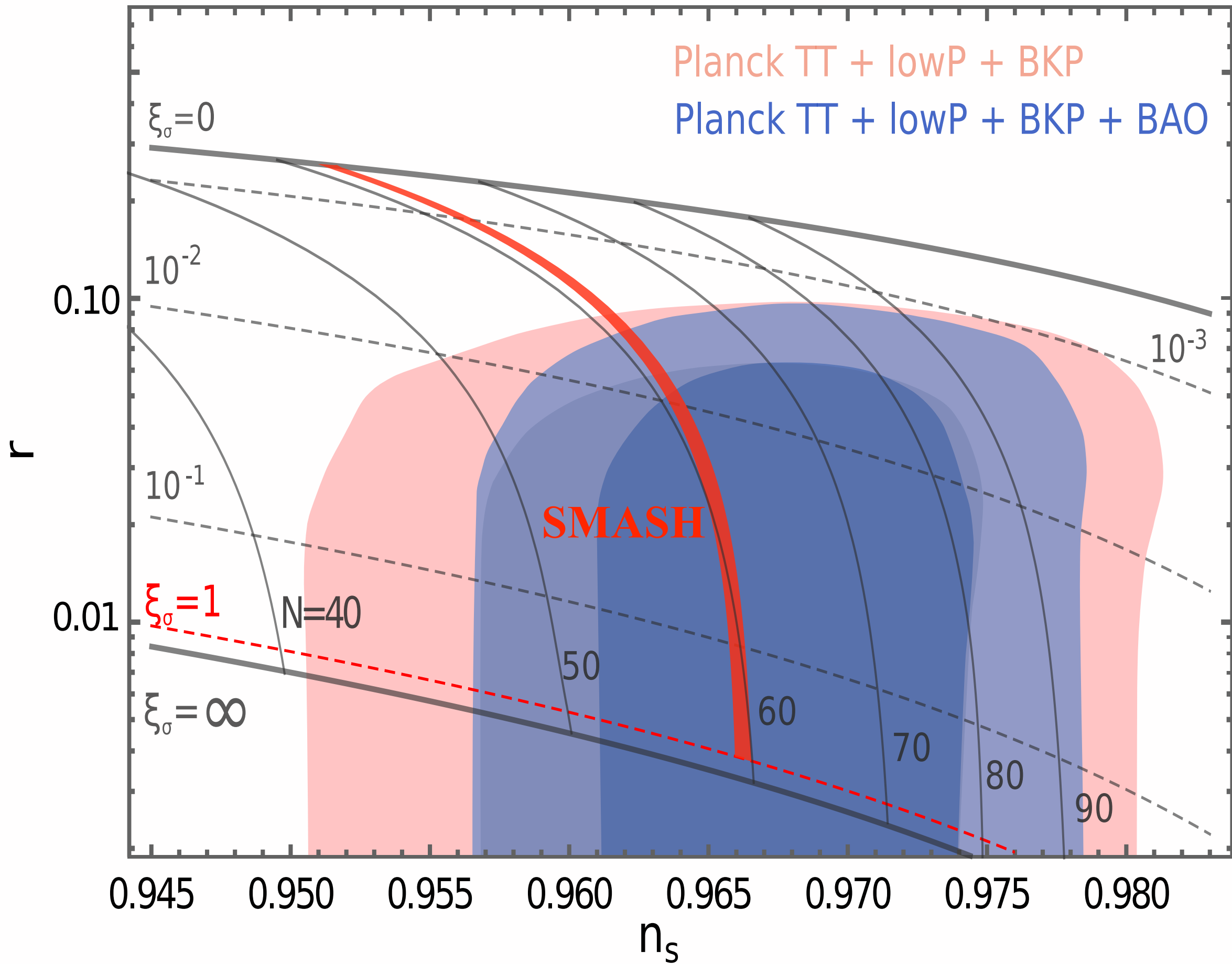
SMASH

is

a model of particle physics and cosmology
from the electroweak scale to the Planck scale
and from inflation until today

Reheating process is fully computable \longrightarrow Precise CMB predictions





Predictions from inflation

From the CMB: $r \lesssim 0.07$ and $\xi_\sigma \sim 10^5 \sqrt{\lambda}$

From unitarity: $\xi_\sigma \lesssim 1 \longrightarrow 0.004 \lesssim r$

CORE
LiteBird
Pixie

$$5 \times 10^{-13} \lesssim \lambda \lesssim 5 \times 10^{-10}$$

Small non-Gaussianities, and isocurvature

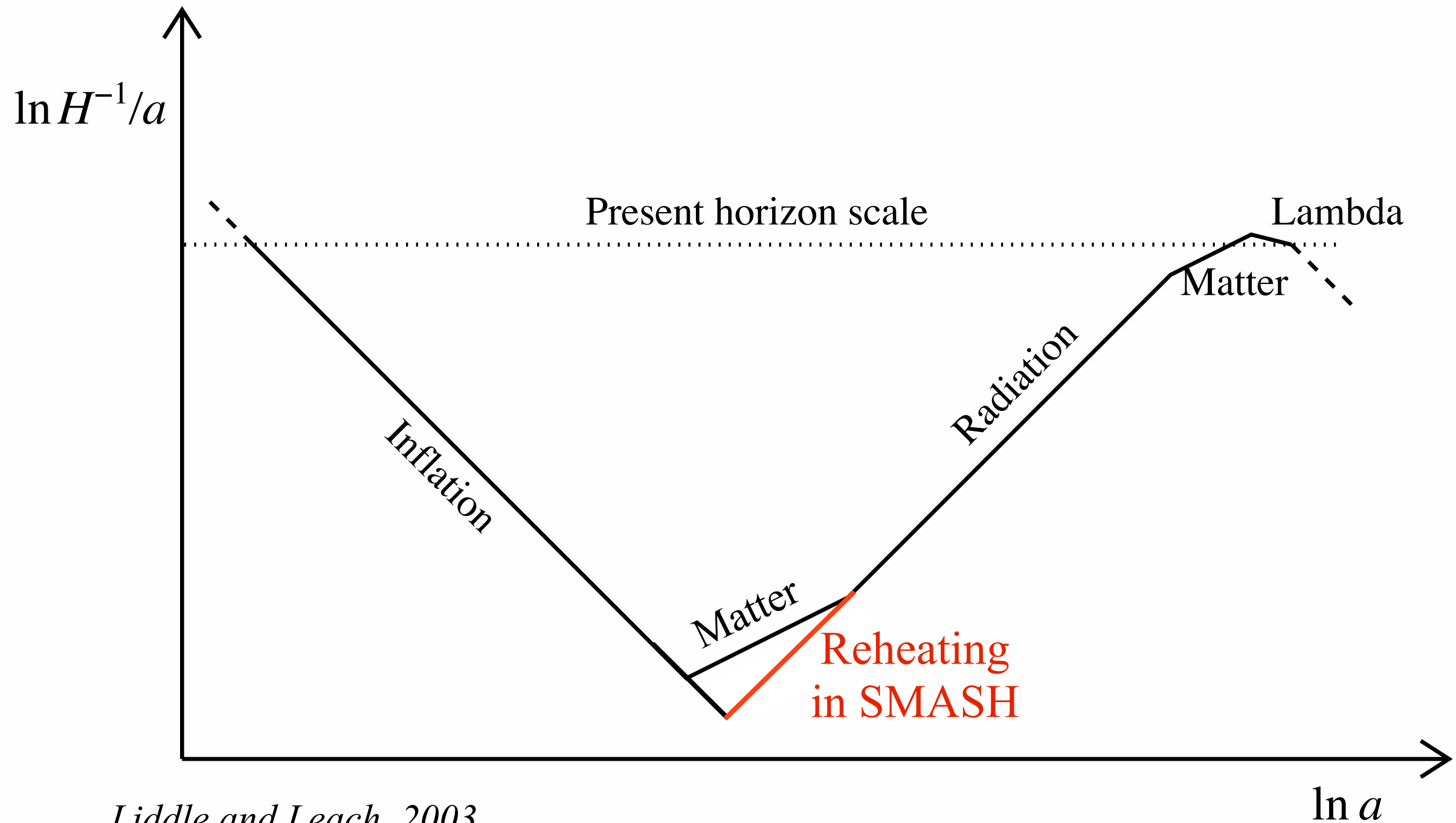
Scalar spectral index running $\alpha \simeq -7 \times 10^{-4}$

21 cm line of neutral Hydrogen

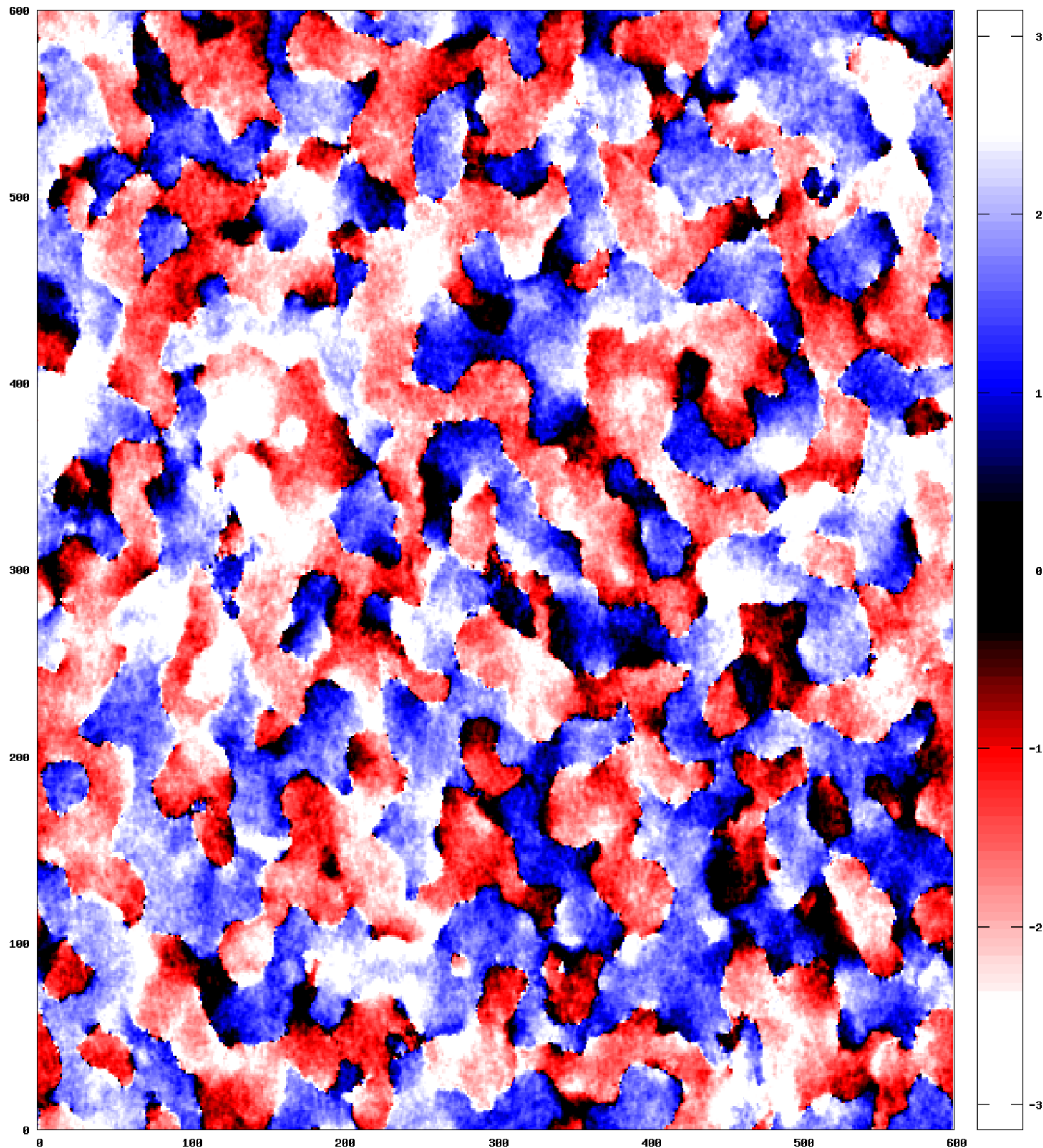
Specific range of spectral index $0.962 \lesssim n_s \lesssim 0.966$

Quartic potential \longrightarrow Radiation domination

$$N_e(k) \simeq \log \frac{a_{\text{eq}} H_{\text{eq}}}{a_0 H_0} - \frac{1}{4} \log \frac{3 H_{\text{eq}}^2}{M_P^2} - \log \frac{k}{a_0 H_0} + \frac{1}{2} \log \frac{V_k}{M_P^4} + \frac{1}{4} \log \frac{M_P^4}{V_{\text{end}}}$$



Liddle and Leach, 2003



Preheating

Parametric resonance
of fluctuations of σ

θ

PQ symmetry
non-thermally
restored after
 ~ 14 oscillations

After preheating: Reheating

A small Higgs component in the inflaton of SMASH is crucial for successful reheating

Two possibilities:

$$\lambda_{H\sigma} > 0, \quad T_R \sim 10^7 \text{ GeV}$$

Axions remain decoupled
from thermal bath

$$\Delta N_{\text{eff}} \sim 1$$

Too much axion radiation

$$\lambda_{H\sigma} < 0, \quad T_R \sim 10^{10} \text{ GeV}$$

$$\Delta N_{\text{eff}} \sim 0.03$$



$$N_{\nu}^{\text{eff}} = 3.04 \pm 0.18$$

from CMB and BAO data

Axion dark matter

$\lambda_{H\sigma} < 0$ Inflaton = new singlet + a bit of Higgs

SSB of PQ symmetry after inflation

- vacuum misalignment mechanism

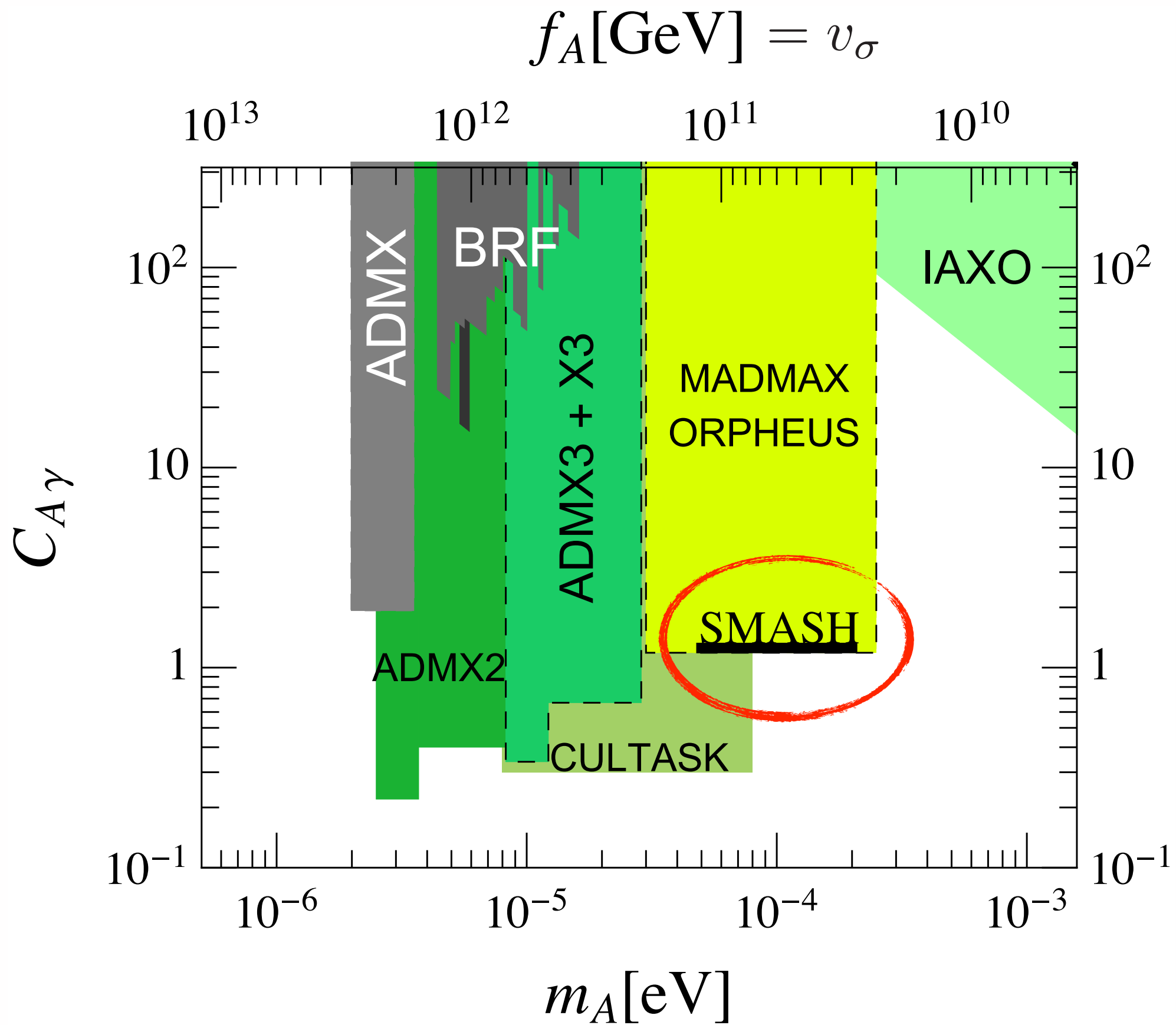
$$\ddot{A} + 3\mathcal{H}\dot{A} + m_A^2 A = 0$$

- decay of Peccei-Quinn strings

$$3 \times 10^{10} \text{ GeV} \lesssim v_\sigma \lesssim 1.2 \times 10^{11} \text{ GeV},$$

Axion mass window

$$50 \mu\text{eV} \lesssim m_A \lesssim 200 \mu\text{eV},$$



Matter/anti-matter asymmetry

Obtained from thermal leptogenesis:

Fukugita and Yanagida, 1986

Vanilla leptogenesis:

Hierarchical RH neutrino mass spectrum $3M_1 \lesssim M_3 \sim M_2$
(determined by the Yukawas in our case)

For a thermal distribution of the lightest RH neutrino
and neglecting flavour effects, the observed baryon asymmetry
is generated if

$$M_1 \gtrsim 5 \times 10^8 \text{ GeV}; \quad (M_D M_D^T)_{11}/M_1 \lesssim 10^{-3} \text{ eV}$$

Davidson and Ibarra, 2002

Buchmüller, di Bari and Plumacher 2002

For larger RH masses, resonant leptogenesis may occur

Pilaftsis and Underwood, 2003

Summary

$$\text{SMASH} \sim \text{SM} + \text{KSVZ} + \text{RH } \nu$$

Solves

the strong CP problem, with a *KSVZ-like axion*

and explains:

the smallness of neutrino masses, by *the see-saw*;

the nature of dark matter, which is *the axion*;

baryogenesis, via *leptogenesis*

&

and the origin of *primordial inflation*.

Summary

Testing SMASH

CMB and LSS:

Spectral index and running, tensor-to-scalar ratio, N_{eff}

Axion dark matter:

Axion-photon coupling and mass